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THE ATHLETIC MUSICIAN: A GUIDE TO PLAYING WITHOUT PAIN (PAPERBACK)



Scarecrow Press, United States, 1999. Paperback. Condition: New. Language: English. Brand new Book. The Athletic Musician is an innovative approach that teaches musicians how to prevent and manage injuries, presented in a unique format that combines sound medical protocol with a musician's point of view. Harrison, a musician, discusses the magnitude of the problem of musicians' injuries with reference to statistical surveys and discusses the emotional and psychological impact of injury on the individual musician. Paull, an orthopedic physiotherapist describes

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- Authored by Barbara Paull, Christine Harrison
- Released at 1999



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