**Reflect**

Consider how you can apply prioritizing your goals to all aspects of your work and life. How have you done this week?

***Click or tap each checkbox online as you complete the task.***

* How well did your actions last week match the urgency and importance of your goals? What worked and what didn't?
* What choices would help you focus more attention on the right goals next week?

| Journal ***Set Goals Week 1 Day 4 Reflect*** DATE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
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