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| **Set Goals –** **How do you stay aligned?** |
| Schedule a meeting (30 minutes to 1 hour) with your leader to go over these items. |
| **To prepare, review the:**  Feedback you received last week.  SMART goal model.  Most recent revisions of goals you have created so far. |
| **Share what you have learned** **about goal setting**:  why it’s important, how it can be helpful, and how to do it. |
| **Share the goals you developed and solicit feedback.**  Are the goals in line with your leader's goals? Are they appropriately challenging? What does the goal contribute to the larger team? |
| **After the meeting consider the following questions.**  What did you learn from this? What will you do with what you learned? |