**Your Lungs**

What's something that you do all day, every day, no matter where you are or who you're with?

(a) think about what's for lunch tomorrow  
(b) put your finger in your nose  
(c) hum your favorite song  
(d) breathe

Breathing air is necessary for keeping humans (and many animals) alive. And the two parts that are large and in charge when it comes to breathing? If you guessed your lungs, you're right!

Your lungs make up one of the largest organs in your body, and they work with your respiratory system to allow you to take in fresh air, get rid of stale air, and even talk.

