# Indicator 1 - Income above the Poverty Line

Shortname: Income

Lifemap name: We have enough income



My family's per capita household income is above the poverty line.



My family's per capita household income is below the poverty line but above the extreme poverty line.



My family's per capita household income is below the extreme poverty line.

#### **Definition:**

How much does the family earn in a month? If the family's total income is divided by total number of people in the family, what would be the household monthly income per person? Is the family per capita income below or above poverty or extreme poverty line in Rwanda? areas: line: 1500 Rwf per day poverty line: Equal to or less than per day areas: line: 1000 Rwf per day

Urban Poverty Extreme

Rural

poverty line: Equal to Less than per day

Indicator 2 - Access to credit

Shortname: Credit

Lifemap name: We can access credit



At least one of my family members has no difficulties in re-paying back loans under prevailing market conditions.



At least one of my family members has difficulties in repaying back loans under prevailing market conditions.



None of my family members is able to repay back loan under prevailing market conditions.

#### **Definition:**

The family has ability to repay back loans (banks, cooperatives, etc.) under the prevailing market conditions and are able to repay and sustain their families.

# Indicator 3 - Family savings

Shortname: Savings

Lifemap name: My family has savings



My family has savings constantly in terms of either cash, bank, Sacco, livestock, and farming made for the last 6 months at least.



My family occasionally has savings or we have been saving in terms of either cash, bank, Sacco, livestock, and farming for less than 6 months.



My family has never made any kind of savings.

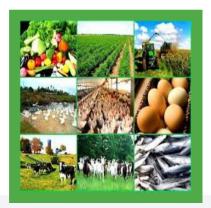
### **Definition:**

Part of the income is saved in cash, bank, Sacco, livestock, and farming for future needs.

## Indicator 4 - Diversified source of income

Shortname: Diversified

Lifemap name: We have diverse sources of income



My family has multiple sources of income.



My family has only one source of income.



My family has unreliable sources of income.

#### **Definition:**

The family has more than one source of income in the household. Sources are considered different when they are generated by different people contributing to the family unit and/or by other businesses or jobs. The diversity of sources includes remittances, farm income, nonfarm income, revenues, and others.

# Indicator 5 - Identity card

Shortname: Identity card

Lifemap name: We have identity cards



All my family members have a valid identity document appropriate for their age (ID card, passport, birth certificate).



At least one member of my family does not have a valid identity document.



No one in my family has a valid identity document.

#### **Definition:**

An Identity Card is an identification document issued by the Country, such as a National Identity Card(for those above 16 years old), Passport or Birth Certificate(for those under 16 years) which can be used for legal purposes of identification of the person for almost any purpose and it is required to access financial services, voting, and social services provided by the government.

## Indicator 6 - Access to clean drinking water

Shortname: Water

Lifemap name: We have access to clean drinking water



My family has access to Piped sources regularly flowing within the dwelling, yard, plot, and in the household's premises.



My family has access to a public tap, tube well, borehole, protected well or spring, rainwater. less than one Takes

hour to fetch water by foot, bicycle or wheelbarrow.



My family relies on Unprotected wells, rivers or streams, and, ponds, dams, tanker trucks, carts with jerry cans/small tanks, surface water. It takes more than one hour to access the water by foot, bicycle, or wheelbarrow.

#### **Definition:**

The family has constant access to clean drinking water that can be consumed by people and animals without risk of disease because its source contains no hazardous substances for health or has been treated for human consumption

## Indicator 7 - Garbage disposal

Shortname: Garbage

Lifemap name: We manage our garbage responsibly



My family disposes of their waste until the time of its collection and final disposal in a garbage dump, decomposes organic and puts it in the garden, and reuses their inorganic waste.



My family buries their garbage in a compost pit far from the home and occasionally separates its organic and inorganic waste.



My family disposes of their garbage by burning, burying it close to the home, etc. causing contamination and health problems.

#### **Definition:**

The family disposes of their organic and inorganic waste appropriately either by organized disposal systems, compost pits

#### Indicator 8 - Access to health services

Shortname: Health services

Lifemap name: We have access to health services



My household has physical access to emergency and general medical health services.



My household has physical access to general medical health services but not emergency health services.



My household does not have access to physical health services but only to community health workers.

### **Definition:**

The family has access to close active Health Center or Hospitals that provides basic and specialized health services: emergencies and general medicine.

#### Indicator 9 - Balanced diet

Shortname: Balanced diet

Lifemap name: We eat a balanced diet



In the past week, my family consumed three square meals per day containing the essential nutrients i.e. protein, vitamins, minerals, carbohydrates, roughages, water, and , oil/fat.



In the past week my family consumed only two square meals per day containing most of the essential nutrients.



In the past week, my family did not consume two meals per day and they usually don't contain most of the essential food nutrients.

### **Definition:**

Food is made up of proteins (beans, meat, fish, eggs), vitamins (spinach, vegetables, carrots, pumpkins), and carbohydrates (Cassava, potatoes, rice, wheat) that humans need to stay in good health.

# Indicator 10 - Healthy Eyesight

Shortname: Healthy eyesight

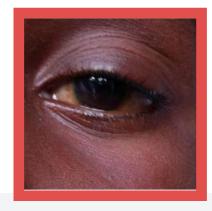
Lifemap name: We have healthy eyesight



My family has no eyesight problems, if they do, they are regularly checked and properly treated.



My family has at least one member who has eyesight problems with irregular checkups and treatment.



My family has at least one member that has eyesight problems but they don't go for checkups or treatment.

### **Definition:**

Healthy eyesight is when there are no conditions that affect any of the eye components such as the cornea, iris, pupil, optic nerve, lens, retina, macula, choroid, conjunctiva, or the vitreous.

### Indicator 11 - Dental Care

Shortname: Teeth

Lifemap name: We take care of our teeth



My family members do not have any dental issues, or if they do, they are being properly treated.



One of my family members has dental problems that are not being treated.



More than one of my family members has dental problems and they are not being treated.

#### **Definition:**

Having healthy teeth is the absence of any oral illness that can be caused by infections, diseases of the gums, decay, loss of teeth, and other diseases and disorders that limit the ability of the affected person to bite, chew, smile, and speak while having repercussions in their psychosocial well-being.

## Indicator 12 - Personal Hygiene

Shortname: Hygiene

Lifemap name: We have take care of our hygiene



My family members have access to toiletries, understand the values, and do carrying out all hygiene practices daily.



My family members have access to toiletries and understand the values but carrying out all hygiene practices is not regularly done.



My family members have access to toiletries but they do not understand the values and they rarely carry out all hygiene practices.

#### **Definition:**

The family understands hygiene practices and takes appropriate care of their general health. Hygiene practices include: Family members bath and brush their teeth every day, wash their hands whenever they have used the washroom and before eating and preparing food, visit health centers when required for regular checkups, and their home looks clean and tidy.

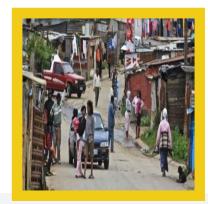
## Indicator 13 - Healthy Environment

Shortname: Unpolluted environment

Lifemap name: We live in an unpolluted environment



My family lives in an unpolluted environment. There are no bad odors or inappropriate fumes from industries, livestock production or other sources, residues of chemical products, poor disposal, or lack of waste treatment.



My family lives in a generally healthy environment, but it occasionally presents some of the problems such as inappropriate fumes, and water pollution.



My family lives in a polluted environment where there is the presence of water, air, pesticides, and agrochemical pollution.

### **Definition:**

The environment around the family is healthy; i.e. it is not continuously contaminated inappropriately by natural or man-made pollutants. Eq. Water, air, pesticides, and agrochemicals pollution.

### Indicator 14 - Insurance

Shortname: Insurance

Lifemap name: We have insurance



My family has at least one insurance cover for all the members each year.



My family has at least one insurance cover for all the members of the family for a half of year.



My family does not have any insurance coverage for within the year.

## **Definition:**

The family has access to Annual health insurance.eg: UAP,RSSB,MMI,Sanlam,Radiant,Britam, etc.

### Indicator 15 - Safe home

Shortname: Safe home

Lifemap name: We have a safe home



My family has a house that has sufficient roof and walls. Has secure windows and doors, has a cemented floor, and is well ventilated.



My family has a house that has a roof and walls that are made of locally available materials. The windows and doors are insufficiently secure. The floor is cemented. The house is not well ventilated.



My family has a poorly roofed house, that has no doors and windows and the floor is earthen. The walls are made from recycled materials.

### **Definition:**

A house is considered safe if (a) The roof of the house is sufficiently resistant to protect the home (b) the windows and doors have resistant locks, and (c) has a cemented, wooden, or tiled floor.

# Indicator 16 - Latrine/Toilet

Shortname: Latrine/Toilet

Lifemap name: We have an improved toilet



My household uses improved toilet facilities connected to a piped sewer system, septic tank, and pit latrine with slabs that are not shared with other households.



My household uses a non-improved open pit latrine with walls but it doesn't have washable slabs. It is not shared with other households.



My household has no toilet facility, instead, we use that have no pits builts walls, pits from neighbors, or in the forest

### **Definition:**

A clean structure that provides privacy to the person and a good evacuation system (sewer or pit).

## Indicator 17 - Household Appliances

Shortname: Household appliances

Lifemap name: We have household appliances



My family has most of the following household appliances and they work properly: cooking stove, refrigerator, blender, iron, and phone chargers.



My family has some of the household appliances on the green level like an iron, phone charger, and cooking stove (we either don't have some or they don't work properly).



My family has one or none of the Household appliances on the green level or the appliance we have doesn't work.

#### **Definition:**

Appliances are tools or machines which are used in our household for various day-to-day functions like cooking, cleaning, exercising, purifying, food preservation, etc. eq: Cooking stove, refrigerator, blender, Iron.

## Indicator 18 - Separate bedrooms

Shortname: Separate bedrooms

# Lifemap name: We sleep in separate bedrooms



My family has separate bedrooms for parents and children and gender, each with a bed and beddings.



My family has separate bedrooms for parents but children must share bedrooms regardless of their gender, each with beddings.



My family members have one sleeping room for parents and children with insufficient beddings.

#### **Definition:**

Adequate housing provides sufficient space and they use it regularly, safety and privacy to every household member, avoiding overcrowding and coexistence in the same bedroom. The bedroom also provides proper/ adequate beddings: mattress, blankets, pillows, bed sheets parents have their own separate bedroom.

The

## Indicator 19 - Cook stove and ventilated kitchen

Shortname: Ventilated kitchen

Lifemap name: We have a proper kitchen



My family has an energy-saving cook stove in a well-ventilated kitchen and uses it always.



My family has an energy-saving cook stove but not in a sufficiently ventilated kitchen or my family does not use it regularly.



My family does not have an energy-saving cook stove but cooks in the open.

### **Definition:**

Availability of an energy-saving cook stove that has sufficient ventilation so that smoke does not saturate the environment.

## Indicator 20 - Means of transport

Shortname: Transportation

Lifemap name: I have access to means of transportation la have access to means of transportation



My family has a reliable means of transport (car, motorcycle, bicycle) available when they need it and/or access to buses providing frequent service.



My family has unreliable means of transport and/or access to buses that provide a service that is not frequent but takes less than one day to get one



The family has no means of transport in their area and has to wait for days to get one.

#### **Definition:**

The family has regular access to means of transport (car, motorcycle, bicycle) or collective means of transport (bus, motorcycle-taxi, taxi available). unreliable means of private transportation can include: shared car/motorcycle/bicycle, a car/motorcycle that

Δr

sometimes doesn't work or breaks down, etc.

### Indicator 21 - All-weather access road

Shortname: All-weather access road

# Lifemap name: We have reliable roads for regular use



My family is located where we have reliable, accessible all-weather roads.



My family is located where we have murram roads that are sometimes not accessible.



My family is located where we have no accessible roads.

## **Definition:**

The access road to the family home can be traveled on by motorized means of transport ("regular" vehicles, without requiring four-wheel drive) regardless of the weather.

## Indicator 22 - Cellular telephone and services

Shortname: Telephone and services

Lifemap name: We have a telephone



Most of my family members of age have a phone and constant telephone services with sufficient network.



At least one of my family members of age has a phone with constant telephone service but an insufficient network.



None of my family members of age have a phone.

### **Definition:**

Family members aged 16 or older have a mobile phone or smartphone with an active line and sufficient network connection.

# Indicator 23 - Personal safety

Shortname: Personal safety

# Lifemap name: We have not suffered any acts of violence



In the last 12 months, none of my family members have suffered from acts of physical violence.



In the last 12 months, at least one member of my family suffered an act of physical violence, but it didn't impact their normal activities or their capacity to go to work.



In the last 12 months, at least one member of my family suffered an act of physical violence and as result, that member could not go to work for an entire day or more, or the act of violence caused a death.

### **Definition:**

Personal safety refers to situations without physical (assaults with or without weapons, beatings, threats, wounds, murders, etc.) against family members, independent of where the incident occurred.

# Indicator 24 - Security of property

Shortname: Security

Lifemap name: We live in a safe neighborhood



In the last 12 months, there were no acts of violence against our property in our neighborhood.



In the last 12 months, there were some acts of violence against our property in our neighborhood.



In the last 12 months, there have been a lot of violent acts against our property in our neighborhood.

## **Definition:**

It refers to peace and tranquility that is free from acts of violence to the family's property in their neighborhood.

# Indicator 25 - Power supply

Shortname: Power connection

Lifemap name: We have constant power supply



My household has access to electricity and/or gas and can afford to pay for it all of the time.



My household has electricity and/or gas but can't use it all of the time because of the cost or because the connection is illegal or inconsistent.



My household has no access to electricity and/or gas, or it is currently turned off or it is not available or they cannot afford it.

### **Definition:**

Access to constant power supply and lighting in the house at all times. Eg Solar, electricity or generator.

# Indicator 26 - Sufficient and appropriate clothing

Shortname: Clothing

Lifemap name: We have sufficient clothing



All members of my family have enough clothing and shoes to change daily based on different kinds of events.



Some of my family members have enough clothing and shoes for different kinds of events or we have adequate clothing for only some events.



Most or all of my family members lack adequate clothing and shoes in both quantity and quality.

#### **Definition:**

Enough quantity and quality of clothing and shoes suited to different events (weddings, going to church, work, school, etc.).

#### Indicator 27 - Knows how to read and write

Shortname: Read and write

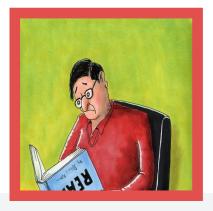
Lifemap name: We know how to read and write



All family members of age are able to read, write and understand Kinyarwanda and English.



At least one family member of age is able to read and write simple texts in Kinyarwanda and/or English but has difficulty understanding them.



None of my family members of age are able to read or write Kinyarwanda.

#### **Definition:**

Family members of age(from 16 and above) Know how to read and write which allows the family to communicate better provide the most economic opportunities, collaborate with the education of their children, and enhance their personal development, cultural enrichment, and social integration.

# Indicator 28 - Schooling up to secondary school (12th grade)

Shortname: Schooling

Lifemap name: Our children go to school



All the children in my household who are 20 years and below have completed secondary education or are currently in school.



Some of the children in my household who are 20 years and below have not completed secondary education or are currently in school.



None of the children in my household who are 20 years and below completed secondary education or are currently enrolled.

#### **Definition:**

Children in the household up to the age of 20 should have completed or should be enrolled in secondary education.

## Indicator 29 - Expertise and skills to generate income

Shortname: Skills and Knowledge

Lifemap name: We know how to generate income



All adults in my family have the expertise and skill to constantly generate income and they constantly experience new strategies (for example: innovating their business, having new ideas, etc.)



At least one adult in my family has the basic expertise and skill to generate income and has occasionally experienced new strategies.



Adults in my family have expertise and skill but do not use them to generate new income. Or, we don't have the expertise or skills to generate new income.

#### **Definition:**

The family has expertise and skills to generate income, such as new businesses, appropriately managing their assets, developing new products, marketing their products, getting a job, reducing costs, and diversifying their suppliers.

# Indicator 30 - Capacity to plan and budget

Shortname: Budget

Lifemap name: We have a monthly budget



My family has an annual family plan and a monthly budget in writing. Both permanently govern the family economy.



My family has an annual family Plan and a Monthly budget in writing but does not use them regularly.



The family does not have any annual family Plan or budget in writing.

### **Definition:**

Planning and budgeting are basic skills required for good management of cash inflows and outflows of the business and the family.

# Indicator 31 - School supplies and books

Shortname: School supplies

Lifemap name: Our children have the necessary school supplies



School-aged family members have all the necessary school supplies required for good performance of their school work. Or there are no school-aged family members.



School-aged family members have most of the school supplies required, but not all of them.



School-aged family members do not have the required school supplies.

#### **Definition:**

School-age family members have all the necessary supplies to perform appropriately at school: School uniforms, pencils, ballpoints, rulers, pencil sharpener, eraser, exercise books, colored pencils, crayons, markers, paint brushes, scissors, glue and reading books, and school handbooks recommended by the teacher

### Indicator 32 - Access to information

Shortname: Information

Lifemap name: We have television, radio, or smartphone



My family has a television, radio, and/or smartphone in our home to access current news within the country and outside the country when we want to.



My family has a television, radio, and/or smartphone that we can use to access current news within the country and outside the country. However, we can't always use them (don't work properly, are shared with others, etc).



My family has no radio, television nor smartphone.

#### **Definition:**

The family has a radio, Television, or smartphone that they use to get current news within the country and outside the country.

# Indicator 33 - Recreation during Holidays

Shortname: Holidays

Lifemap name: We have recreation during holidays



All my family members have entertaining activities to carry out regularly during holidays and/or school breaks.



Some members of my family have entertaining activities to carry out during holidays and/or school breaks. Or we have activities, but they aren't very regular.



The majority of my family members don't have activities to do during holidays and/or school breaks. Or we don't have holidays.

### **Definition:**

The family has leisure activities to do during holidays and school breaks (summer camp, sports, etc.).

## Indicator 34 - Values, cultural traditions and historical heritage

Shortname: Culture and Heritage

Lifemap name: We value our culture



My household is practice most of the activities of its cultural traditions and historical heritage because they are proud of them.



My household practices just a few of its cultural traditions and/or historical heritage but not necessarily because they are proud of them.



My household does not take care of or practice the historical heritage.

#### **Definition:**

Cultural traditions: All that a generation inherits from previous ones and is appreciative of its value, passes it on to the next generations.

The following are some of what is considered traditional: values, beliefs, customs, and forms of artistic expression.

Heritage: It

Historical

is the set of assets, both material and intangible, accumulated over time. These assets may include artistic, historical, archaeological, and documentary.

# Indicator 35 - Respect for diversity

Shortname: Respects other cultures

Lifemap name: We value diversity



All my family members can easily relate to, understand and respect diversity.



At least one of my family members sometimes does not relate to, understand, or respect diversity.



Most of my family members do not relate to, understand, or respect diversity.

### **Definition:**

The family tolerates and values cultural differences. They treat persons with different ideas, religions, lifestyles, languages, races, or with a disability, on equal standing.

# Indicator 36 - Awareness of human rights

Shortname: Human rights

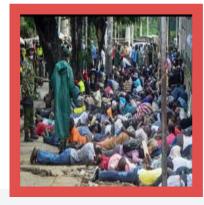
Lifemap name: We know and respect human rights



I am aware of human rights (dignity, fairness, equality, respect, and independence) and that everyone should have and respect them.



I am aware of a few human rights among dignity, fairness, equality, respect, and independence, and that everyone should have and respect them.



I am not aware of human rights ( dignity, fairness, equality, respect, and independence)

#### **Definition:**

Human rights are basic rights and freedoms that belong to every person from conception until death. They are based on shared values like dignity, fairness, equality, respect, and independence. They are intended to protect some of the most vulnerable populations: women, children, the elderly, and people with disabilities.

## Indicator 37 - Influence in the public sector

Shortname: Influence

Lifemap name: We know how to petition the authorities



One or more of my family members petition the public sector whenever there is a problem in the community and has made an official request and followed up on it or there wasn't a problem that needed to be addressed.



One or more of my family members have petitioned the public sector occasionally to solve a problem in the community but they haven't followed up on it.



None of my family members has ever petitioned the authorities to solve a problem in the community.

#### **Definition:**

The family has the capacity to organize themselves appropriately to request authorities to solve problems relating to their community.

## Indicator 38 - Problem and conflict-solving ability

Shortname: Problem-solving

Lifemap name: We solve our problems peacefully



My family recognizes when problems and conflicts arise because of their responsibility and they solve them positively.



My family recognizes when there are problems. They are able to address and/or solve some of them positively, but other times they blame others.



My family does not admit there is a problem and when confronted with conflicts, they evade the responsibility and expect others to solve the problem.

### **Definition:**

The family is able to address complex problems and conflicts with others without avoiding or delegating the responsibility for their solution.

# Indicator 39 - Registered voters and votes in elections

Shortname: Registered voters

Lifemap name: We vote in the elections



All the adults in my family voted in the last general and local elections.



Only some of the adults in my family voted in the last general and local elections.



None of the adults in my family voted in the last general and local elections.

### **Definition:**

Adults of the household are registered voters and usually vote in general and local elections.

## Indicator 40 - Communication & Social Capital

Shortname: Communication

Lifemap name: I am part of a group



More than one member of my family is in a social network group where they meet and share their ideas, achievements, and challenges and are empowered on how to improve their lives, and are mutually accountable.



One of my family members has a social network group where they meet and share ideas, Achievements, and challenges and are empowered on how to improve their lives and are mutually accountable.



My family members are not in any form of a social network where they can be empowered or be mutually accountable.

### **Definition:**

The family has a broad social network that includes support monthly and quarterly meetings that they are able to communicate with, are mutually accountable to, and draw support from.

### Indicator 41 - Awareness of needs

Shortname: Needs awareness

Lifemap name: We have a life map



My family has the capacity to reflect on and understand their present situation. They can visualize, plan, and implement targets for the short, medium, and long term.



My family has the capacity to reflect on their present situation, and imagine how it could be different but does not have concrete targets or only has short-term targets.



My family is only aware of their basic needs, they feel content. They do not have any targets of living differently.

### **Definition:**

The family is aware that their needs go beyond the basic needs of food, housing, and others. Therefore, they have short, medium, and long-term goals.

Indicator 42 - Self-confidence (self-esteem)

Shortname: Self-confidence

Lifemap name: I feel confident in who I am



I feel confident in what I am and what I do no matter who I'm with. I trust myself and my abilities and am generally not affected by my surroundings.



I only feel confident with people known to me, but very rarely with new people. I feel more secure in surroundings known to me.



I am not confident in what I am and do, I find it difficult to relate to others.

### **Definition:**

Family members trust themselves. Their confidence is fully reflected in their relationship with their social groups, rules of society, or in their targets and personal standards.

## Indicator 43 - Moral conscience

Shortname: Morality

# Lifemap name: We think about others when taking decisions



My family takes into account who their actions might affect when they make decisions.



My family sometimes makes decisions without regard for how their actions might affect others.



My family makes decisions thinking only about themselves, we did not know that the consequences of our actions would affect others.

### **Definition:**

The ability to make decisions that respect the individual, the family, and the community is called moral conscience.

## Indicator 44 - Emotional-affective capacity

Shortname: Emotional capacity

Lifemap name: We control our emotions



My family members have no problems identifying their emotions and those of others. They are able to control their actions within a wide range of emotions.



My family members are often able to identify their emotions or those of others and control their reactions.
Under stress or when facing a problem, they might close up emotionally or act impulsively.



My family members only respond to impulses without identifying emotions . They, act without thinking of the consequences to themselves and others.

#### **Definition:**

The family members are aware of their emotions and those of others and are able to relate to them and adapt to the environment even when experiencing a wide range of emotions.

## Indicator 45 - Entrepreneurial spirit

Shortname: Entrepreneurship

Lifemap name: We have an entrepreneurial spirit



All members of my family have an entrepreneurial spirit, they do not conform to the current situation and do things to change it.



Some members of my family have an entrepreneurial spirit, do not conform to the current situation, and want to change it.



The members of my family do not undertake new challenges. We believe that nothing can change or we do not want to change; we conform

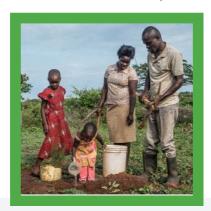
#### **Definition:**

Entrepreneurship is a way of thinking, an attitude, and a way of acting that actively seeks to change a situation instead of conforming to the existing reality. People with an entrepreneurial spirit seek proactively and not reactively to solve the situations that life throws at them. The main characteristics of people with an entrepreneurial spirit are initiative, autonomy, perseverance, self-confidence, creativity, risk-taking, flexibility, decision-making capacity, and critical sense.

# Indicator 46 - Autonomy and decision making

Shortname: Autonomy

Lifemap name: I know how to make decisions and I can make them



I participate in a series of decision-making that affects my personal life or business. I make decisions independently or in an active and participative way.



I make my own decisions in some areas of my life. Sometimes I make my own decision but most of the time I follow someone else advice



I have little or no participation in the decision-making that might affect me personally, whether in family or business.

#### **Definition:**

The person in general controls their day-to-day activities. They participate and are able to make decisions on various aspects of their life (personal and family budget, work, health problems, their education and that of their children, religious practice, participation in community events, and their vote in elections).