Agent-Based Modelling of Vector-Borne Diseases: Exploring the Effects of Risk Perception and Human Behaviour on Infection Dynamics

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1 Introduction

Vector-borne diseases (VBDs) such as malaria, dengue, and chikungunya represent 17% of all infectious diseases, accounting for more than 700,000 deaths annually [1]. While vector control methods such as mosquito repellents and insecticide-treated nets effectively reduce disease transmission, these methods rely primarily on self-participation and voluntary adoption, which are driven by individuals' perceived risk of infection and personal behavioural attitudes. To help health practitioners address VBD spread, mathematical models have become increasingly popular to anticipate downward pressure on health systems and guide policy decisions for outbreak responses [2]. However, these models often do not incorporate human behaviour, despite it being a major factor in determining vector control campaign efficacy. Agent-based modelling is an emerging computational technique that simulates the individual components (agents) of a system to generate complex phenomena indirectly [3], potentially offering a solution to directly encoding human behaviour. Despite the existing success of these models in VBD applications, there is still a lack of research investigating the interaction between human behaviour and vector control campaigns for VBD spread. In this research proposal, I propose a project to address this gap in the literature by using agent-based modelling to investigate the dynamics between VBDs, vector control campaigns, and risk perception alongside human behaviour.

Vector-borne diseases (VBDs) such as malaria, dengue, and chikungunya represent 17% of all infectious diseases, and account for more than 700,000 deaths annually [1]. With more than 80% of the global population living in areas vulnerable to at least one VBD [4], VBDs are evidently a major threat to public health infrastructure worldwide. Infections from VBDs occur when pathogens are transmitted to humans via arthropods (such as mosquitoes, sand flies, and ticks), and resulting epidemics place large burdens on health institutions, often stunting the economic development of communities and

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I'm saying "VBD" consecutively - does it sound unnatural?

disproportionately affecting poorer nations [5, 6].

Vector control aims to limit human-vector contact through chemical and non-chemical preventive measures such as mosquito coils or repellent, insecticide-treated nets, and long-sleeved clothing. Vector control methods are the primary strategy for reducing the spread of VBDs, and for some diseases such as Zika and chikungunya, they are the only viable method due to a lack of a vaccine or preventive drug [7]. While vector control methods are effective [7, 8], they are arguably insufficient as standalone remedies due to issues such as rising mosquito resistance to insecticides [9], labour and funding disputes [10], and insufficient coverage and access rates within communities [11]. The current over-reliance on vector control commodities combined with the historical failings of global health institutions to respond timely and effectively to emerging diseases [12] has recently motivated a community-oriented approach for addressing VBDs.

Community-based interventions (CBIs) are targeted approaches to address the expansion and emergence of VBDs that emphasise the "needs and capacities of vulnerable population groups and local stakeholders" [12]. Examples of CBIs include community empowerment campaigns, ecosystem management projects, and waste management programs [13]. While CBIs can ultimately increase vector control efficacy and reduce VBD severity, they primarily rely on influencing community participation and voluntary adoption of preventive practices, which are mainly driven by individuals' perceived risk of infection and personal behavioural attitudes [14–16]. Therefore, in order to effectively support self-protection against VBDs within at-risk communities, policymakers need to understand the interaction between risk perception, preventive behaviours, and disease spread.

Agent-based models (ABMs) are computational tools that have been extensively used in epidemiology to study the dynamics of diseases in the context of public health [17, 18]. In contrast to traditional equation-based models that express the dynamics of systems holistically through relationships in system variables [19], agent-based modelling is a

bottom-up approach that employs a population of heterogeneous and autonomous agents to reproduce emergent behaviour through stochastic interactions [3]. Due to their computational implementation, ABMs allow practitioners to easily implement counterfactual scenarios to study hypothetical interventions, and explicitly represent properties of systems, such as schedules that dictate when agents go to school or work [20], or hierarchical social structures that determine agents' habits [21].

ABMs have previously been used to examine how risk perception and preventive behaviours may affect disease dynamics in other infectious diseases [22–27], and specifically applied to VBDs to study disease spread in various geographical and spatial regions [28–35]. There is sparse research, however, that investigates how CBIs affect the spread of VBDs alongside the adoption of preventive measures, despite the fact that active community engagement has been shown to be necessary for effective vector control campaigns [10, 36]. Furthermore, there is a minimal body of modelling research that explores how human behaviour and risk perception interact to compel the adoption of preventive measures for VBDs, despite existing literature suggesting the importance of incorporating agent decision-making processes in such models [37, 38].

The two gaps in the literature outlined above form the basis of the following research questions:

Should I explicitly state the research gaps, or is this segue OK?

- **RQ1.** How do alternative behavioural frameworks influence disease spread and the adoption of preventive measures in an agent-based model for a vector-borne disease?
- **RQ2.** How do targeted community-based interventions affect risk perception and the long-term adoption of preventive behaviours for a vector-borne disease within an agent-based model?

Should I motivate why *long-term*?

This research aims to address these questions through a project of two phases with the following aims: **RQ1** aims to answer the open question of how encoding different behavioural frameworks in ABMs affects disease dynamics by creating a general VBD ABM with integrated agent decision-making processes. Within this baseline model, **RQ2** aims to investigate how targeted CBIs influence disease dynamics through the interaction of risk perception and preventive behaviours.

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The structure of this proposal is as follows: First, I present an overview of existing work surrounding agent-based modelling, risk perception, mitigation methods for VBDs, and human behaviour to establish context and motivation for the project. Second, I outline the intended methods to carry out the research and the objectives of the two phases. Finally, I describe the prospective contributions and implications the research will have if successfully carried out.

Some additional concerns: I haven't formally defined preventive measures, preventive behaviour, or what a behavioural framework is. Are these OK to wait until the literature review, or should I have one/two-liners for these where appropriate?

There are also no visuals, which I feel may make this less pleasant to read. If you think the ABM introduction could be aided by more detail (and perhaps a comparison to ODEs), I could add SIR figures, or a basic visualisation of Schelling's model of segregation as a seminal example of agent-based modelling?

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