

# Machine Learning

## Regression

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# Regression – Forecasting continuous values

- Supervised task
- The **target** variable is numeric
- **Minimize** the **error** of the prediction with respect to the target

This topic was already included in the Statistics and Data Analysis module, it is included here only for completeness

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3	Regularised Regression	21
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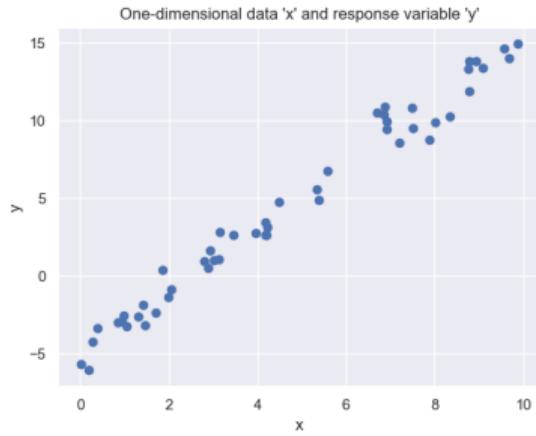
# Linear Regression

- data set  $\mathcal{X}$  with  $N$  rows and  $D$  columns
  - $x_i$  is a  $D$  dimensional **data element**
- response vector  $\bar{y}$  with  $N$  values  $y_i$
- $w$  is a  $D$ -dimensional vector of coefficients that needs to be learned
- we model the dependence of each response value  $y_i$  from the corresponding independent variables  $x_i$  as

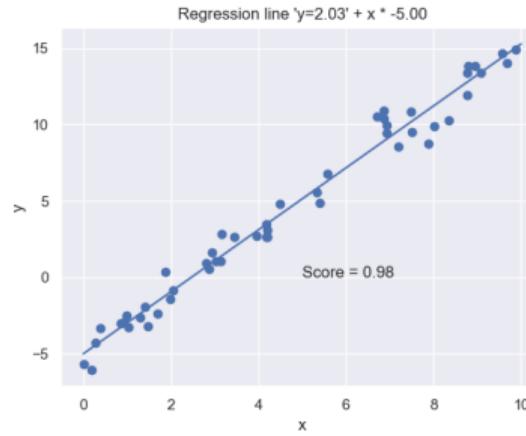
$$y_i \approx w^T \cdot x_i \quad \forall i \in [1 \dots N]$$

- such that the **error of modelling** is minimised
- Classical statistic method (1805)

# Data and regression line



One-dimensional data and response variable



Regression and score - Score range ( $-\infty : 1$ )

# Objective function and minimisation I

OPTIONAL

$$\begin{aligned}\mathcal{O} &= \sum_{i=1}^N (w^T \cdot x_i - y_i)^2 = \|Xw^T - y\|^2 \\ &= (Xw^T - y)^T \cdot (Xw^T - y)\end{aligned}$$

Gradient of  $\mathcal{O}$  with respect to  $w$

$$2X^T(Xw^T - y)$$

Constraining the gradient to 0 we obtain the optimisation condition

$$X^T X w^T = X^T y$$

# Objective function and minimisation II

OPTIONAL

If the symmetric matrix  $X^T X$  is **invertible** the solution can be derived as

$$w = (X^T X)^{-1} X^T y$$

and the forecast is given by

$$y^f = X \cdot w^T$$

# Matrix calculus

OPTIONAL

- Issues related to matrix calculus if  $\bar{x}^T \bar{x}$  is not invertible
- Moore–Penrose pseudoinverse
- Tikhonov regularisation (also known as ridge regression)
- Lasso regularisation

# Quality of the fitting - $R^2$

Mean of the observed data

$$y^{avg} = \frac{1}{N} \sum_i y_i$$

Sum of squared residuals

$$SS_{res} = \sum_i (y_i - y_i^f)^2$$

Total sum of squares

$$SS_{tot} = \sum_i (y_i - y^{avg})^2$$

**Coefficient of determination**  $R^2 = 1 - \frac{SS_{res}}{SS_{tot}}$

# Intuition about $R^2$

- It compares the fit of the chosen model with that of a horizontal straight line
- With perfect fitting the numerator of the second term is zero and  $R^2 = 1$
- If the model does not follow the trend of the data the numerator of the second term can reach or exceed the denominator, and  $R^2$  can also be negative
- Despite the name,  $R^2$  isn't the square of anything

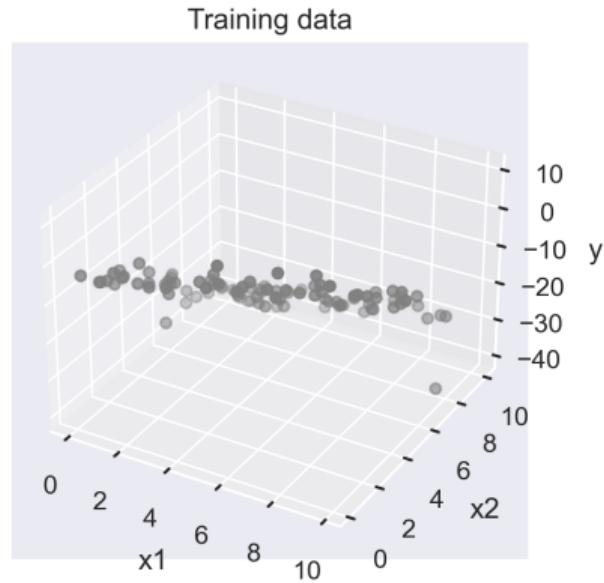
# $R^2$ and Mean Squared Error

OPTIONAL

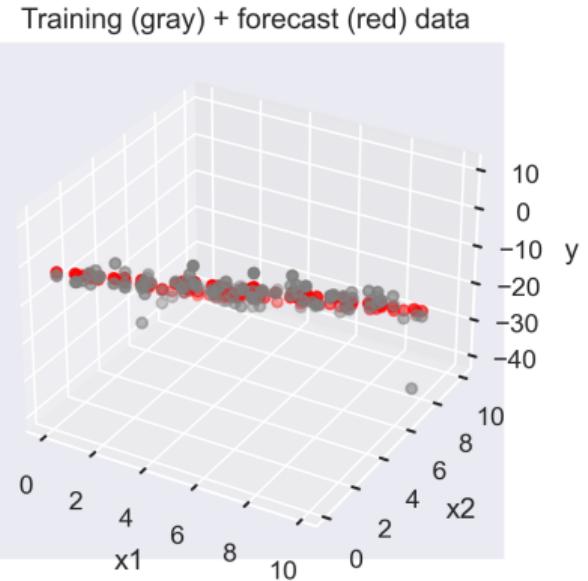
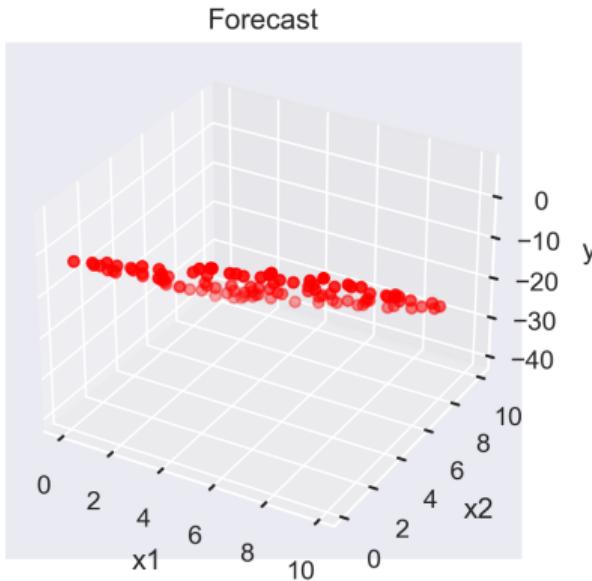
- Both refer to the error of the predictions
- $R^2$  is a standardised index,
- $RMSE$  measures the mean error, this it is influenced by the order of magnitude of the data,
- Both  $RMSE$  and  $R^2$  quantifies how well a linear regression model fits a dataset
- The RMSE tells how well a regression model can predict the value of a response variable in absolute terms
- $R^2$  tells how well the predictor variables can explain the variation in the response variable
- For comparing the accuracy among different linear regression models, RMSE is a better choice than R Squared
- $R^2$  is not meaningful for non-linear or non-algebraic regression models

# Multiple regression

- The response variable depends by two or more features
- The regression technique is quite similar to that of simple regression
- In scikit-learn the estimator is the same



# Multiple regression - forecast



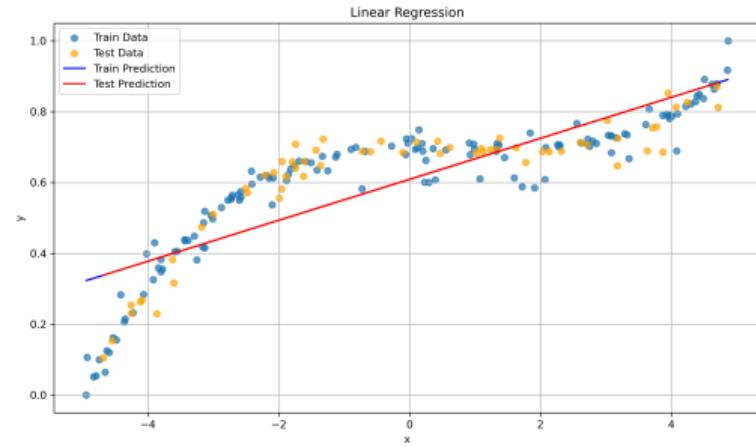
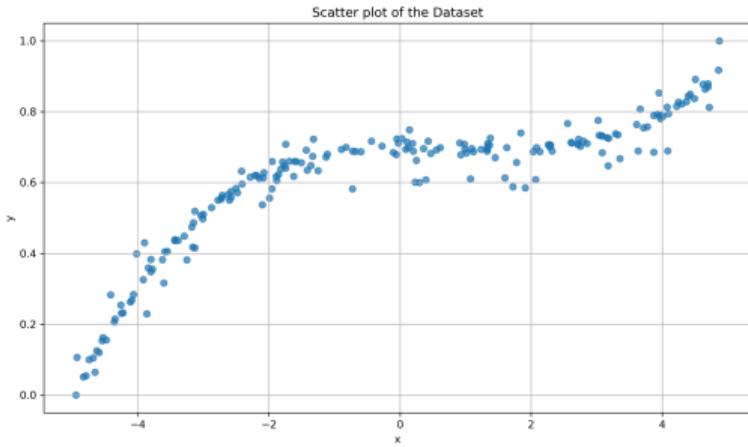
# Overfitting and Regularisation

- In presence of high number of features **overfitting** is possible
  - performance on test data becomes much worse
- Regularisation reduces the influence of less interesting attributes and therefore reduces overfitting
  - see section 3

- |   |                        |    |
|---|------------------------|----|
| 1 | Linear Regression      | 3  |
| 2 | Polynomial regression  | 15 |
| 3 | Regularised Regression | 21 |
| 4 | Conclusion             | 60 |

# Polynomial regression (univariate)

What if the relationship between the independent variable and the target is **not linear at all**?



# Univariate Polynomial Regression

- It is an extension of linear regression that models the relationship between the independent variable  $x$  and the dependent variable  $y(x)$  as an  $n$ -degree polynomial.
- It fits nonlinear relationships between the input and output variables with a polynomial.
- The general equation for polynomial regression is:

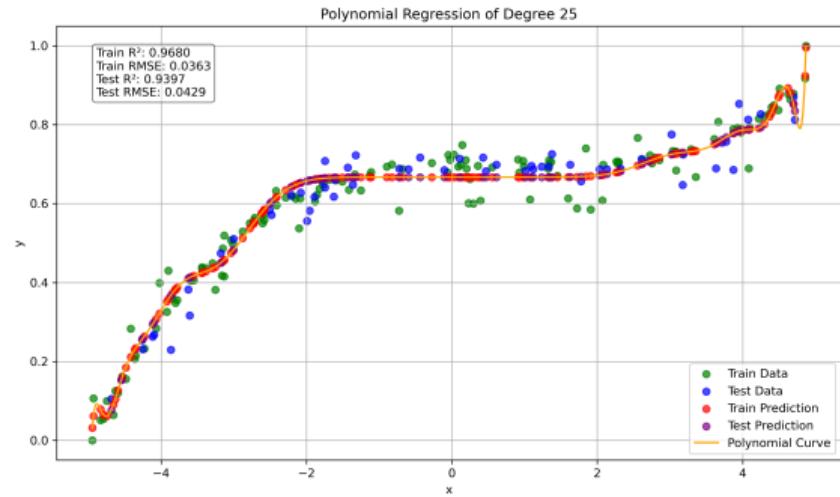
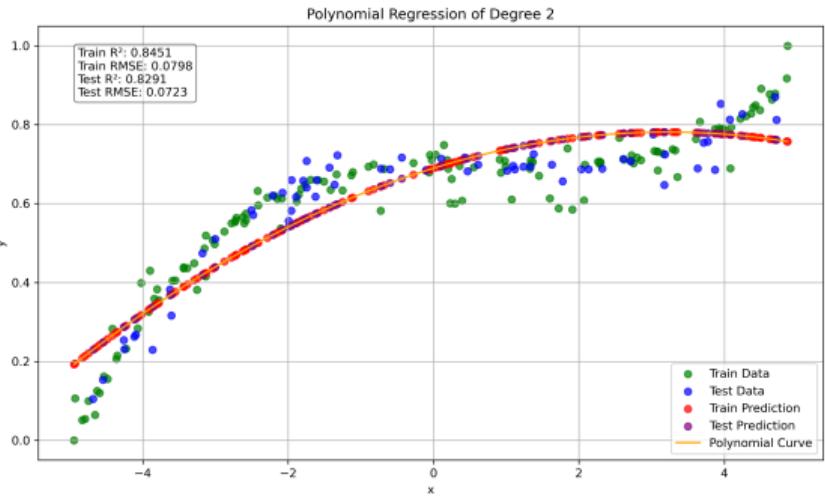
$$y(x) = \beta_0 + \beta_1 x + \beta_2 x^2 + \cdots + \beta_n x^n + \epsilon$$

- Here,  $\beta_0, \beta_1, \dots, \beta_n$  are the model parameters, and  $\epsilon$  represents the error term.

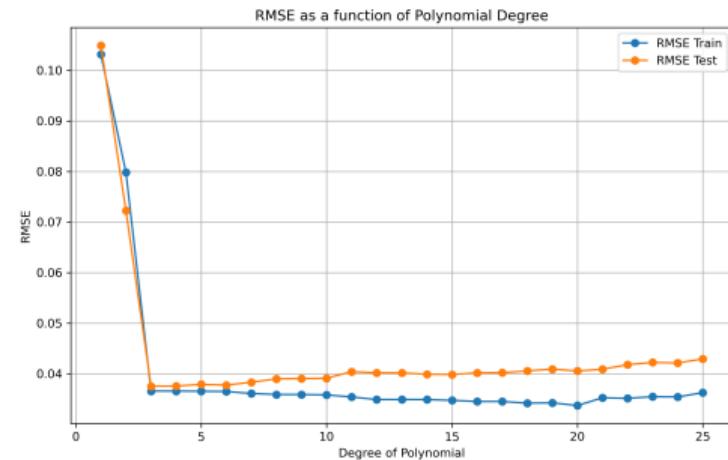
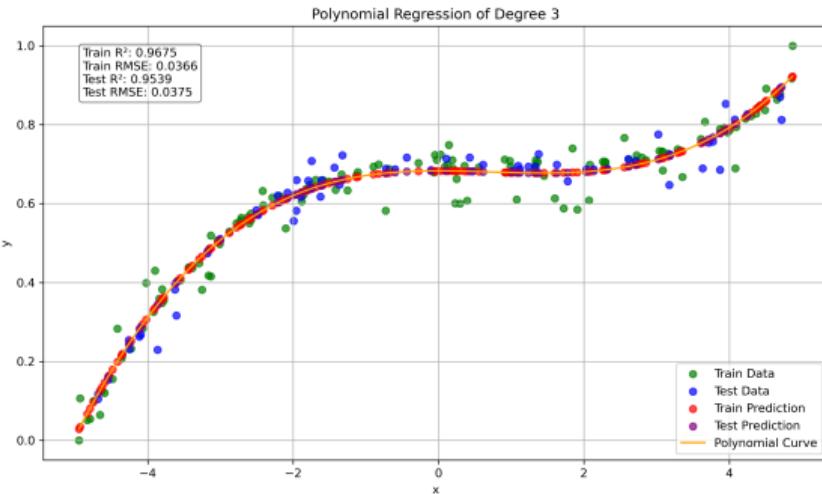
# Steps in Polynomial Regression

- Step 1: Generate the Polynomial Features
  - Transform the original input variable  $x$  into higher-order polynomial terms.
  - For example, if the degree  $n = 2$ , the polynomial features would be:
$$\mathbf{X} = [1, x, x^2]$$
  - The transformation can be extended for higher degrees,  $n = 3, n = 4$ , etc.
- Step 2: Fit a Linear Regression Model
  - Despite being polynomial, the problem is treated as a linear regression problem in terms of the parameters  $\beta_0, \beta_1, \dots, \beta_n$ .
  - The model is fit using least squares estimation to minimize the sum of squared residuals.
- Step 3: Evaluate the Model
  - Use standard regression metrics such as Root Mean Squared Error (RMSE).
  - Overfitting must be controlled using cross-validation to assess the optimal degree.

# Underfitting and Overfitting



# Good fitting and RMSE versus degree



1	Linear Regression	3
2	Polynomial regression	15
3	Regularised Regression <ul style="list-style-type: none"><li>● Lasso Regression</li><li>● Ridge Regression</li><li>● Elastic Net Regression</li><li>● Comparison</li></ul>	21
4	Conclusion	60

# Regularised regression

- The standard multivariate linear regression does not have hyperparameters for controlling the fitting quality, in particular to guarantee good performance on the test set
- A general way for controlling overfitting is to **simplify the model**
- How can we simplify a linear multivariate (and possibly polynomial)?

# Regularised regression

- The standard multivariate linear regression does not have hyperparameters for controlling the fitting quality, in particular to guarantee good performance on the test set
- A general way for controlling overfitting is to **simplify the model**
- How can we simplify a linear multivariate (and possibly polynomial)?

*Using a **loss function***

# Loss in Regression

- The **loss function** quantifies the error between the model's prediction and the actual value
- In regression, the most common loss is the **Root Mean Squared Error (RMSE)**

$$\text{MSE} = \frac{1}{n} \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

- Other loss functions:
  - Mean Absolute Error (MAE)
  - Log-loss (for probabilistic classifiers)

# OLS - Ordinary Least Squares

- Cost function:

$$L(\mathbf{w}) = \sum_{i=1}^N (y_i - \mathbf{w}^T \mathbf{x}_i)^2$$

- OLS regression simply determines the coefficient vector  $\mathbf{w}$  that minimizes the **loss** of predictions with respect to the ground truth

# Regularisation

- Ordinary Least Squares (OLS) regression minimizes the prediction error on the training set
- Risk: **overfitting**, especially with many variables or noisy data
- **Regularization**: technique to penalize model complexity
  - a way to reduce the complexity is to reduce, in several ways, the values of the coefficients
- Goal: find a good trade-off between accuracy and model simplicity

# Lasso Regression

Least Absolute Shrinkage and Selection Operator [Tibshirani(1996)]

- A linear regression method that adds  $L1$ -regularization to the cost function
- Encourages sparse models by shrinking some coefficients to exactly zero
- Useful for feature selection and regularization in high-dimensional data

# Cost Function <sup>1</sup>

$$L(\mathbf{w}) = \frac{1}{2N} \sum_{i=1}^N \left( y_i - \sum_{j=1}^D x_{ij} w_j \right)^2 + \alpha \sum_{j=1}^D |w_j|$$

- Components

- Residual sum of squares: Measures prediction error
- $L1$ -norm penalization  $= \sum_{j=1}^D |w_j| = ||\mathbf{w}||_1$ 
  - penalizes the sum of absolute values of coefficients

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<sup>1</sup> For simplicity, here we do not consider the intercept

# L1 Regularization: Penalizes Coefficients with an Absolute Value Constraint

- The Lasso penalty,  $\alpha \sum_{j=1}^D |w_j|$ , grows linearly with the magnitude of the coefficients
- This penalty creates a strong incentive to make some coefficients exactly zero due to:
  - Equal contribution to the penalty:
    - Small changes in the magnitude of a coefficient contribute equally to the penalty, whether the coefficient is large or small
  - Efficient penalty reduction:
    - When coefficients are near zero, shrinking them to zero entirely results in a significant penalty reduction with minimal cost to the residual sum of squares (RSS)

# Lasso Regression: Compact Coordinate Descent

OPTIONAL

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**Input** :  $\mathbf{X} \in \mathbb{R}^{N \times D}$ ,  $\mathbf{y} \in \mathbb{R}^N$ ,  $\alpha$ ,  $\epsilon$

**Output:**  $\mathbf{w} \in \mathbb{R}^D$

Initialize  $w \leftarrow \mathbf{0}$ ;

**repeat**

**for**  $j = 1$  **to**  $D$  **do**

$$r \leftarrow \mathbf{y} - \mathbf{X}\mathbf{w} + X_j w_j;$$

$$\rho \leftarrow \frac{1}{N} \sum_i X_{ij} r_i;$$

$$z \leftarrow \frac{1}{N} \sum_i X_{ij}^2;$$

$$w_j \leftarrow \text{sign}(\rho) \cdot \max(|\rho| - \alpha, 0) / z;$$

**until**  $\|\Delta\mathbf{w}\|_\infty < \epsilon$ ;

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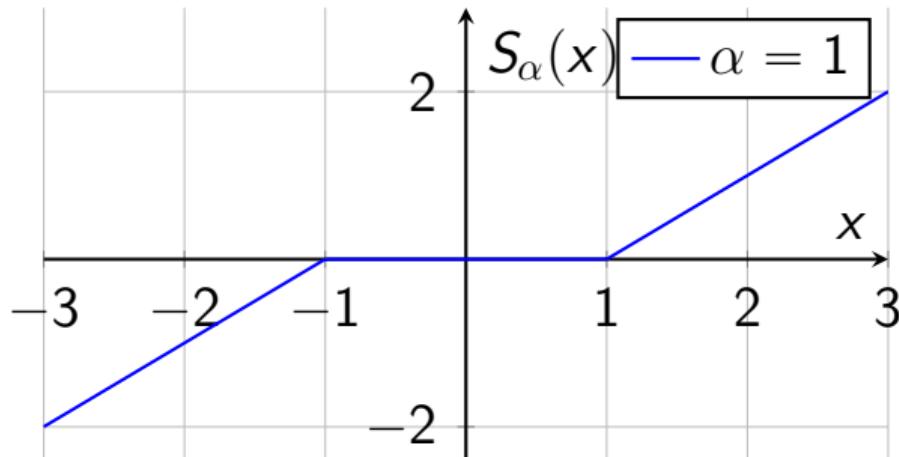
# Soft-Thresholding Function in Lasso

OPTIONAL

- Lasso updates coefficients using the **soft-thresholding function**:

$$S_\alpha(x) = \text{sign}(x) \cdot \max(|x| - \alpha, 0)$$

- Promotes sparsity by shrinking small values to zero.



# Computational Complexity

OPTIONAL

- Training Complexity

- Depends on the number of features  $D$ , samples  $N$ , and iterations  $T$
- for coordinate descent:

$$\mathcal{O}(TND)$$

- for large datasets, this is linear in  $N$  and  $D$

- Convergence

- Faster convergence if many coefficients are sparse
- Slower for high-dimensional dense datasets

- Prediction Complexity

- Linear in  $\bar{D}$  (number of nonzero coefficients):

# Understanding $w$ in Lasso Regression

OPTIONAL

- $w$  represents the **coefficients** (or **weights**) of the linear regression model
- Structure of  $w$ :
  - $w = [w_0, w_1, \dots, w_p]$ 
    - $w_0$ : The intercept term of the model
    - $w_j$ : The weight for the  $j$ -th feature, where  $j = 1, \dots, D$
- Predicted value  $\hat{y}_i$  for a sample  $x_i$ :

$$\hat{y}_i = w_0 + \sum_{j=1}^D w_j x_{ij}$$

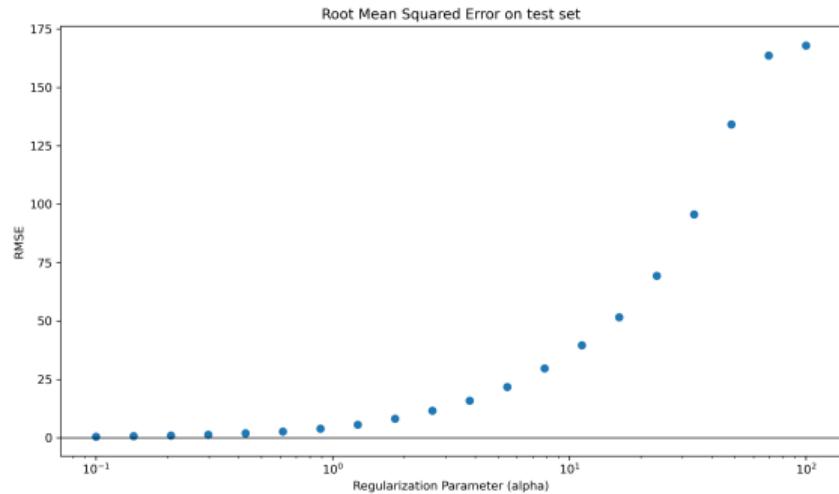
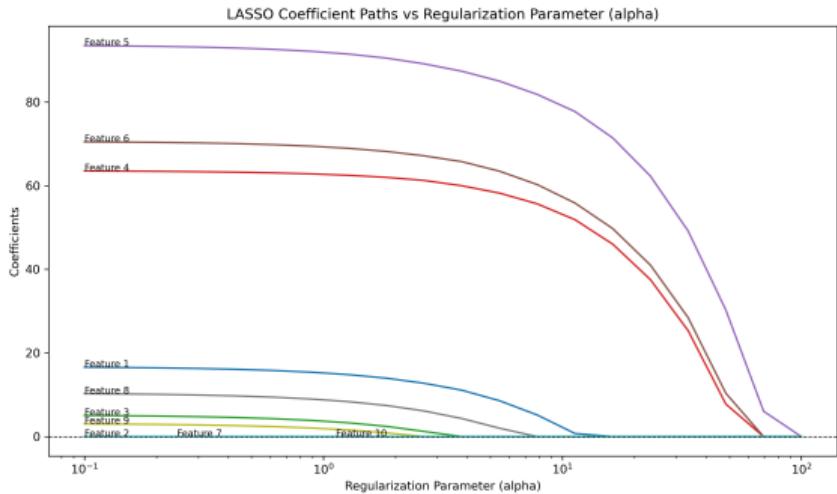
- $\hat{y}_i$ : Predicted output for the  $i$ -th sample
- $x_{ij}$ : Value of the  $i$ -th feature for the  $i$ -th sample

# Role of $\mathbf{w}$ in Lasso Regression

OPTIONAL

- The optimization process adjusts  $\mathbf{w}$  to:
  - Minimize residual error:  $\frac{1}{2N} \sum_{i=1}^N (y_i - \hat{y}_i)^2$
  - Penalize large values of  $w_j$  using  $L1$ -norm regularization:  $\alpha \sum_{j=1}^D |w_j|$ 
    - $\alpha$  is a multiplying factor: a **hyper parameter** allowing to calibrate the penalty
    - try several values for  $\alpha$  together with cross-validation
- Effect of  $L1$ -regularization:
  - Encourages sparsity in  $\mathbf{w}$ 
    - Many coefficients  $w_j$  are set to exactly zero
- $\mathbf{w}$  embodies the importance of each feature in the regression model, while ensuring simplicity and robustness

# LASSO effect and RMSE



# Lasso: Summary

- Advantages
  - Produces sparse models for feature selection
  - Scales linearly with the size of the dataset
- Limitations
  - Struggles with collinearity among features
  - Computationally expensive for very large  $D$  due to iterative updates
- Applications
  - High-dimensional datasets where feature selection is essential

# Ridge Regression<sup>2</sup>

- Ridge Regression is a type of linear regression
  - It adds a penalty term to the cost function to prevent overfitting
- Key Features:
  - Reduces model complexity
  - Improves generalization performance

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2 The name derives from the matrix representation of the solution, where the  $\alpha$  value adds a ridge to the main diagonal

# The Ridge Regression Cost Function

- Ridge Regression modifies OLS by adding a penalty:

$$L(\mathbf{w}) = \sum_{i=1}^N (y_i - \mathbf{w}^T \mathbf{x}_i)^2 + \alpha \|\mathbf{w}\|$$

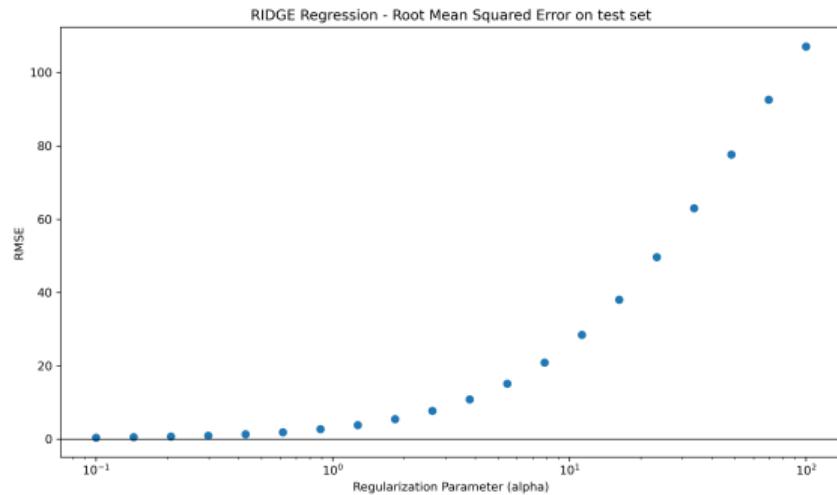
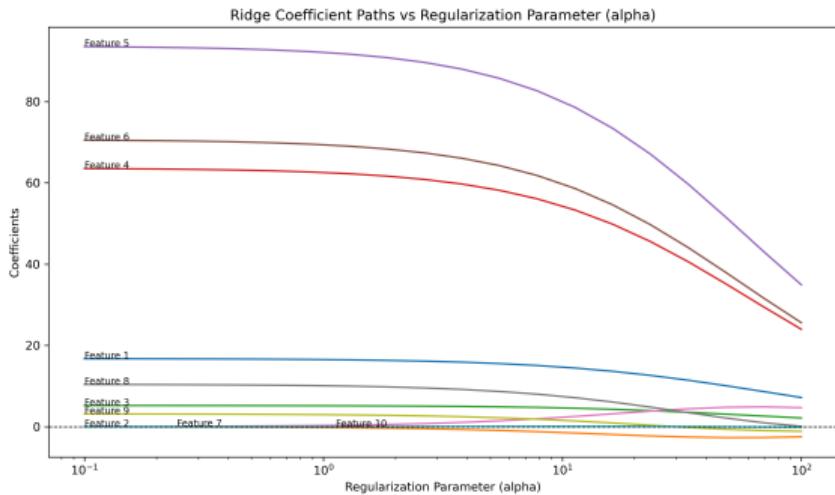
- $\alpha$ : Regularization parameter controlling penalty strength
- $\|\mathbf{w}\|$ : L2 norm of the weight vector

$$\beta_j \leftarrow \frac{1}{1 + \alpha} \cdot \left( \frac{1}{N} \sum_{i=1}^N X_{ij} \left( y_i - \sum_{k \neq j} X_{ik} \beta_k \right) \right)$$

# Effects of Regularization

- High  $\alpha$ :
  - More penalty, leading to smaller weights
  - Reduces variance but increases bias
- Low  $\alpha$ :
  - Less penalty, resembling OLS regression
  - Retains variance but may overfit the data
- Choosing  $\alpha$ :
  - Cross-validation is commonly used to find the optimal  $\alpha$

# RIDGE effect and RMSE



# Ridge Regression: Coordinate Descent<sup>3</sup>

OPTIONAL

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**Input** :  $\mathbf{X} \in \mathbb{R}^{N \times D}$ ,  $\mathbf{y} \in \mathbb{R}^N$ ,  $\alpha$ ,  $\epsilon$

**Output:**  $\mathbf{w} \in \mathbb{R}^D$

Initialize  $\mathbf{w} \leftarrow \mathbf{0}$ ;

$z \leftarrow 1 + \alpha$ ;

**repeat**

**for**  $j = 1$  **to**  $D$  **do**

$r \leftarrow \mathbf{y} - \mathbf{X}\mathbf{w} + X_j w_j$ ;

$\rho \leftarrow \frac{1}{N} \sum_i X_{ij} r_i$ ;

$w_j \leftarrow \rho/z$ ;

**until**  $\|\Delta\mathbf{w}\|_\infty < \epsilon$ ;

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Coefficient update

$$w_j \leftarrow \frac{1}{1 + \alpha} \cdot \left( \frac{1}{N} \sum_{i=1}^N X_{ij} \left( y_i - \sum_{k \neq j} X_{ik} w_k \right) \right)$$

# Ridge - Applications and Summary

- Applications:
  - Multicollinear data where features are highly correlated
  - Scenarios requiring reduced overfitting
- Summary:
  - Ridge Regression introduces a regularization term
  - Balances bias and variance for better generalization
  - Cross-validation helps in optimal parameter selection

# Elastic Net Regression

- Elastic Net Regression is a linear regression method
  - Combines penalties from Ridge Regression and Lasso Regression
- Why Elastic Net?
  - Addresses limitations of Ridge and Lasso:
    - Ridge cannot perform feature selection
    - Lasso struggles when features are highly correlated
  - Offers a balance between these methods

# The Elastic Net Cost Function

- Ordinary Least Squares (OLS) cost function:

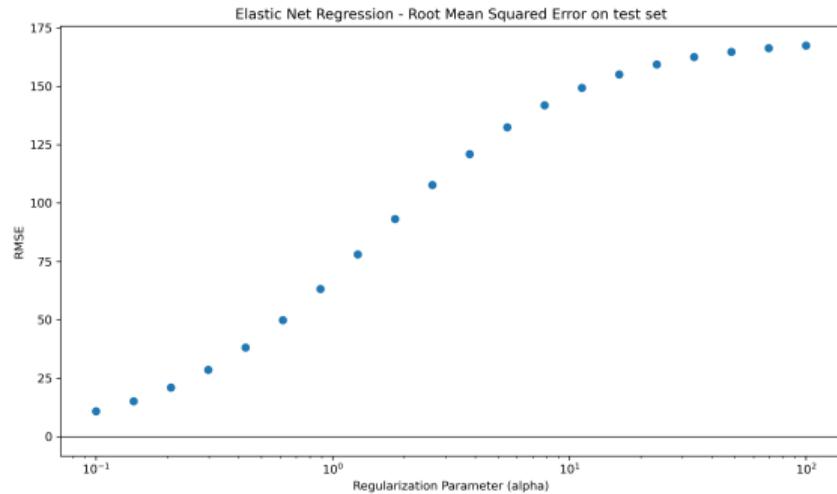
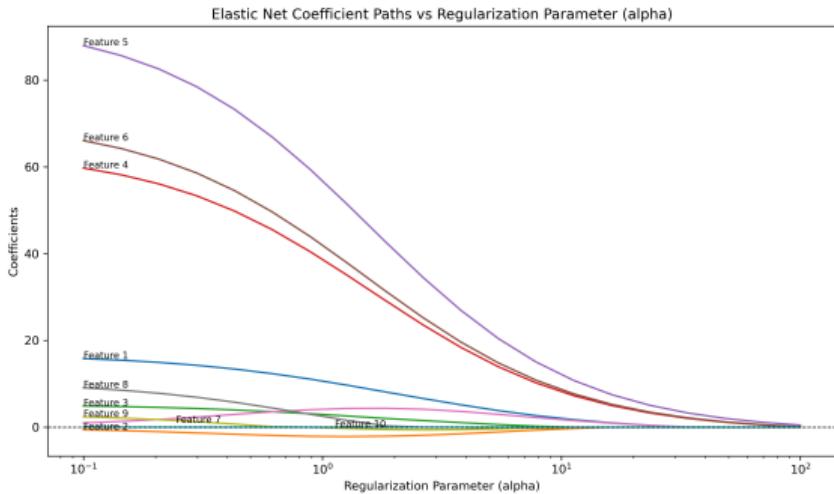
$$L(\mathbf{w}) = \sum_{i=1}^N (y_i - \mathbf{w}^T \mathbf{x}_i)^2$$

- Elastic Net modifies OLS with two penalties:

$$L(\mathbf{w}) = \sum_{i=1}^N (y_i - \mathbf{w}^T \mathbf{x}_i)^2 + \alpha_1 \|\mathbf{w}\|_1 + \alpha_2 \|\mathbf{w}\|^2$$

- $\alpha_1$ : Controls the Lasso penalty (L1 norm)
- $\alpha_2$ : Controls the Ridge penalty (L2 norm)

# Elastic Net effect and RMSE



# Elastic Net: Coordinate Descent

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**Input** :  $\mathbf{X} \in \mathbb{R}^{N \times D}$ ,  $\mathbf{y} \in \mathbb{R}^N$ ,  $\alpha$ ,  $\eta$ ,  $\epsilon$

**Output:**  $w \in \mathbb{R}^D$

Initialize  $w \leftarrow \mathbf{0}$ ;

**repeat**

**for**  $j = 1$  **to**  $D$  **do**

$$r \leftarrow \mathbf{y} - \mathbf{X}w + X_j w_j;$$

$$\rho \leftarrow \frac{1}{N} \sum_i X_{ij} r_i;$$

$$z \leftarrow \frac{1}{N} \sum_i X_{ij}^2 + \alpha(1 - \eta);$$

$$w_j \leftarrow \text{sign}(\rho) \cdot \max(|\rho| - \alpha\eta, 0)/z;$$

**until**  $\|\Delta w\|_\infty < \epsilon$ ;

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# Properties and Advantages

- Properties:
  - Encourages sparsity in coefficients (like Lasso)
  - Groups correlated features (like Ridge)
- Advantages:
  - Handles multicollinear data effectively
  - Can select relevant features while maintaining stability
  - Useful in high-dimensional data scenarios

# Applications and Summary

- Applications:
  - Genomics (e.g., selecting gene expressions)
  - Financial modeling with highly correlated features
  - High-dimensional datasets with potential multicollinearity
- Summary:
  - Elastic Net combines Lasso and Ridge penalties
  - Effective in handling multicollinear data and sparse solutions
  - Requires hyperparameter tuning ( $\alpha_1, \alpha_2$ )

# Comparison of regularized regression techniques

- Lasso, Ridge, and Elastic Net are regularization techniques used in regression
- They address overfitting and multicollinearity by introducing penalties in the cost function
- This presentation compares their real-world use cases, strengths, and limitations

# Lasso Regression

- Strengths:
  - Performs feature selection, producing sparse models by setting some coefficients to zero
  - Useful for high-dimensional datasets with many irrelevant features
- Limitations:
  - Struggles with datasets where predictors are highly correlated
- Use Cases:
  - Genomics: Identifying relevant genes influencing a disease
  - Text Processing: Selecting keywords or n-grams in sentiment analysis
  - Sparse Sensor Networks: Identifying critical sensors in IoT or environmental monitoring

# Ridge Regression

- Strengths:
  - Handles multicollinearity by shrinking coefficients
  - Retains all predictors, avoiding the elimination of variables
- Limitations:
  - Does not perform feature selection
- Use Cases:
  - Finance: Predicting stock prices using correlated economic indicators
  - Marketing: Modeling customer demand influenced by correlated factors
  - Engineering: Calibration of multivariate systems like chemical processes
  - Medical Imaging: Predicting outcomes from high-dimensional MRI or CT data

# Elastic Net Regression

- Strengths:
  - Combines Lasso and Ridge penalties, balancing sparsity and multicollinearity handling
  - Selects groups of correlated features, unlike Lasso alone
- Limitations:
  - Requires careful tuning of two parameters ( $\alpha_1$  and  $\alpha_2$ )
- Use Cases:
  - Genomics: Selecting groups of genes associated with traits
  - Healthcare Analytics: Modeling patient outcomes from clinical predictors
  - Customer Segmentation: Identifying clusters of customer behaviors in retail
  - Climate Science: Modeling climate variables with correlated predictors
  - Social Media Analysis: Predicting trends from sparse and correlated features

# Comments

- Lasso, Ridge, and Elastic Net offer distinct strengths tailored to different data characteristics
- Choosing the right method depends on:
  - Presence of multicollinearity
  - Sparsity of the solution required
  - Dimensionality of the dataset
- Elastic Net is often a robust choice when both sparsity and correlation must be addressed

# Comparison of Lasso, Ridge, and Elastic Net Regression

Feature	Lasso	Ridge	Elastic Net
<b>Feature Selection</b>	Yes	No	Yes groups correlated features
<b>Handles Multicollinearity</b>	Weak	Strong	Strong
<b>Model Interpretability</b>	High (sparse coefficients)	Moderate	Moderate (sparse, but groups features)
<b>Dataset Characteristics</b>	High-dimensional, sparse predictors	Correlated predictors	Sparse and correlated predictors

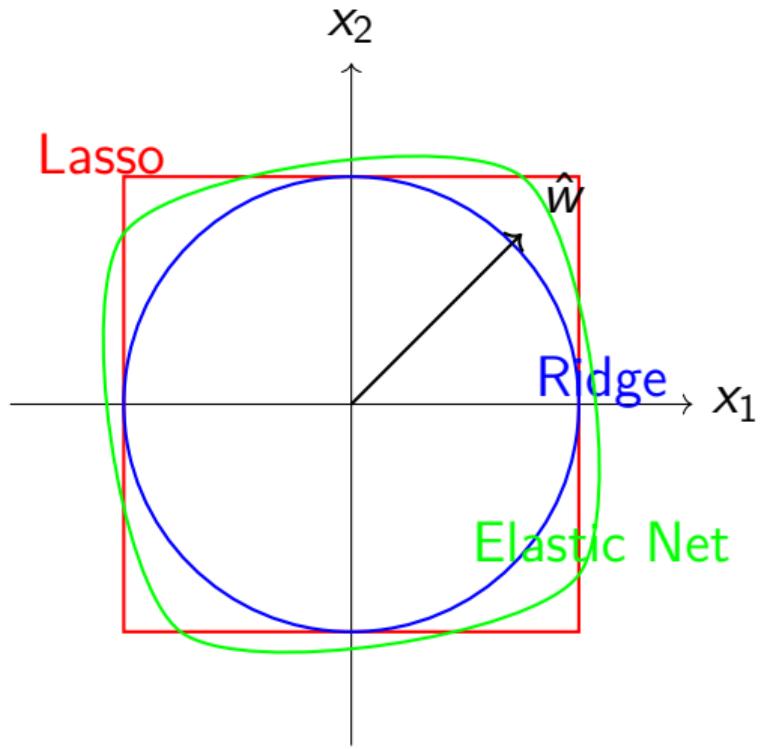
# Explanation

- Sparsity:
  - Elastic Net can set some coefficients to zero, removing irrelevant predictors
  - This results in a simpler and more interpretable model, similar to Lasso
- Groups Features:
  - When predictors are highly correlated, Elastic Net:
    - Tends to select them together rather than choosing one arbitrarily
    - Shrinks their coefficients toward each other using the Ridge-like penalty
  - This behavior arises because Elastic Net combines:
    - L1 penalty (Lasso) for sparsity
    - L2 penalty (Ridge) for handling multicollinearity

# Practical Example: Correlated Predictors

- Suppose two predictors,  $x_1$  and  $x_2$ , are highly correlated:
  - Lasso:
    - May select only  $x_1$  or  $x_2$ , ignoring the other entirely
  - Ridge:
    - Keeps both  $x_1$  and  $x_2$ , but shrinks their coefficients
  - Elastic Net:
    - Selects both  $x_1$  and  $x_2$ , but their coefficients may be reduced (shrunk) in different proportions
    - Balances between sparsity and correlation handling

# Visualization of Sparse and Grouping Behavior



# Description of the figure I

- Visual representation of the constraints applied by Lasso, Ridge, and Elastic Net regression
- The axes represent the coefficient of two predictors
- Shapes of Constraints
  - Lasso: A diamond-shaped constraint indicating L1 penalty, which promotes sparsity (coefficients set to zero)
  - Ridge: A circular constraint indicating L2 penalty, which shrinks coefficients uniformly but does not set them to zero
  - Elastic Net: A combination of Lasso and Ridge constraints, allowing both sparsity and handling of correlated groups

# Description of the figure II

- Interpretation of Coefficient Paths

- In Lasso, coefficients are pushed to the edges, setting some to zero
- In Ridge, coefficients shrink but remain non-zero, resulting in a smoother path
- Elastic Net provides a balance, with paths that follow the L1 and L2 constraints, enabling feature selection and correlation handling

# Key Takeaways

- Elastic Net combines the best of Lasso and Ridge:
  - Sparsity: Sets some coefficients to zero for simpler models
  - Handles Correlated Predictors: Selects groups of features rather than one arbitrarily
- Ideal for:
  - High-dimensional datasets with multicollinearity
  - Applications requiring both feature selection and robust performance

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2	Polynomial regression	15
3	Regularised Regression	21
4	Conclusion	60

# Selection of Regression Models

Method	Library	Model Name
Linear Regression	sklearn.linear_model	LinearRegression
Elastic Net Regression	sklearn.linear_model	ElasticNet
Stochastic Gradient Descent Regression	sklearn.linear_model	SGDRegressor
Bayesian Ridge Regression	sklearn.linear_model	BayesianRidge
Lasso Regression	sklearn.linear_model	Lasso
Support Vector Machine	sklearn.svm	SVR
Kernel Ridge Regression	sklearn.kernel_ridge	KernelRidge
Gradient Boosting Regression	sklearn.ensemble	GradientBoostingRegressor
XGBoost Regressor	xgboost	XGBRegressor
CatBoost Regressor	catboost	CatBoostRegressor
LGBM Regressor	lightgbm	LGBMRegressor

# Bibliography I

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