

♦ 3649

EXERCISES IN EXTENSION FOR THE FINGERS

EXERCICES D'EXTENSION POUR LES DOIGTS

(INTRODUCTION TO "FINGER GYMNASTICS")

FOR THE
PIANOFORTE

BY
ISIDOR PHILIPP

THEODORE PRESSER CO.
1712 CHESTNUT STREET
• PHILADELPHIA •

Exercises in Extension for the Fingers

There is to be found in these exercises a new and useful principle.

They are intended to give the greatest possible flexibility to the fingers and hand. To obtain the best results they should be practiced with moderation and for short periods of time only, working very slowly and thoughtfully. It will not be necessary to exaggerate the binding of the tones; it will be useful to pay strict attention to the contact of the finger with the key, to listen carefully and to draw from the piano a sonority round and full. The hand should be held lightly, the wrist, the arm and the body being free from all contraction.

I. PHILIPP.

Exercices d'Extension pour les Doigts

On trouvera dans les Exercices suivants un élément nouveau et utile.

Ils ont pour but d'assouplir le plus possible les doigts et la main. Pour obtenir ce résultat, on fera bien de ne les exercer que *modérément* et par *petites fractions de temps*, d'un travail *très lent* et *très réfléchi*. Il ne faudra pas articuler exagérément; il sera plus utile de *penser* au contact du doigt et de la touche, de *s'écouter* beaucoup et de tirer du clavier une sonorité *ronde* et *pleine*. La main sera *légère* et le poignet le bras et le corps absolument *souples*.

I. PHILIPP.

Exercises in Extension for the Fingers

N^o 5649

EXERCICES D'EXTENSION POUR LES DOIGTS

NEW EDITION

Revised and augmented by the author.

I. PHILIPP

All the exercises are to be practiced after the manner of No. 1; they should be transposed in all keys.

Tous les exercices doivent être travaillés d'après le No. 1; on pourra les transposer dans tous les tons.

1

N. B. The exercises marked with a * are suited to large hands only. The sign // means: continue after the same manner as Exercise 1.

N. B. Les exercices marqués d'un * ne conviennent qu'aux grandes mains. Le signe // veut dire: continuation de la même formule d'après l'exercice 1.

SERIES I

PREMIÈRE SÉRIE

2* 3 4

(*) To be practiced *staccato*, *legato*, slurred in pairs thus: and with various rhythms: ;

(*) A travaillés *staccato*, *legato*, lié 2 par 2 ainsi: et avec divers rythme: ;

5 6 7

8 9 10

11 12 13

14 15 16

17 18 19 20

5 6 7

8 9 10

11 12 13

14 15 16

17 18 19 20

SERIES II

DEUXIEME SERIE

21 Allegro (*).

22

23

24

25

26

27

28

29

*) A travailler avec divers rythmes:

*) To be practiced with different rhythms:

Measures 30-32 of Series III. Treble and bass staves with fingerings: 4 8 2 1 2 3 5 3 2 1 5 3 (30); 4 5 1 2 3 1 2 3 5 3 2 1 (31); 4 1 2 5 3 1 2 3 2 1 3 5 (32).

33

34

35

Measures 33-35 of Series III. Treble and bass staves with fingerings: 5 4 3 2 1 2 3 4 3 1 2 5 (33); 5 3 1 2 3 1 2 4 3 2 1 3 (34); 5 1 2 3 4 3 2 3 2 1 2 3 (35).

SERIES III

TROISIÈME SÉRIE

36 Very Slowly
Tre. lent

37

Measures 36-37 of Series III. Treble and bass staves with dynamics (f, p) and articulation (ten.).

38

39

40

Measures 38-40 of Series III. Treble and bass staves with dynamics (f, pp, p) and articulation (ten.).

Very Slowly
Tre. lent

SERIES IV

QUATRIÈME SÉRIE

41

42

43

Measures 41-43 of Series IV. Treble and bass staves with triplets.

44

45

46

Measures 44-46 of Series IV. Treble and bass staves with triplets.

47 48 49

50 51 52

SERIES V

CINQUIÈME SÉRIE

53 54 55 56 57

58 59 60 61 62

SERIES VI

Slowly

Lent

SIXIÈME SÉRIE

63 64

65 66

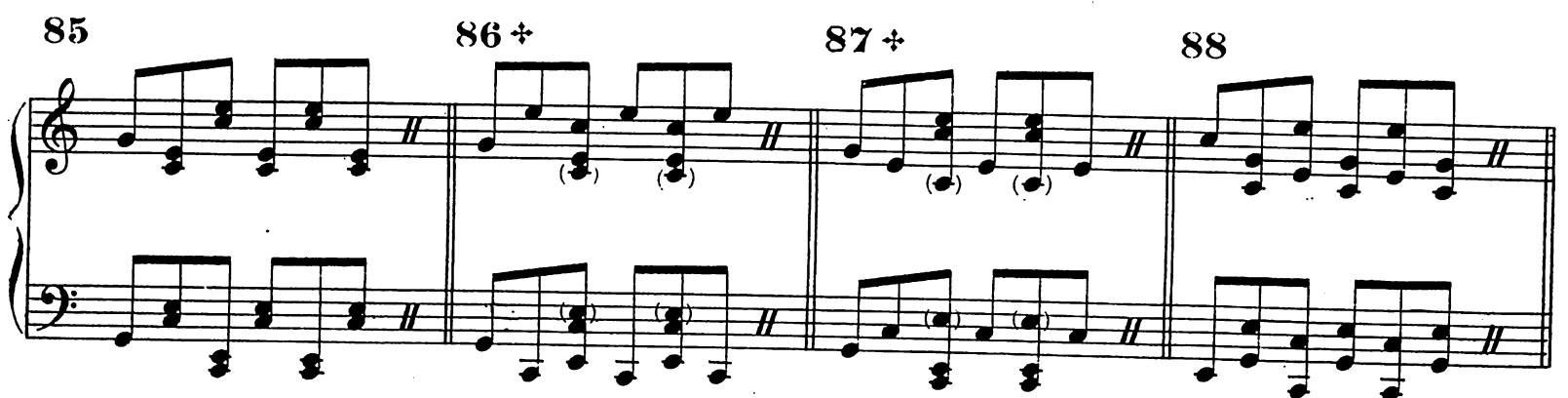
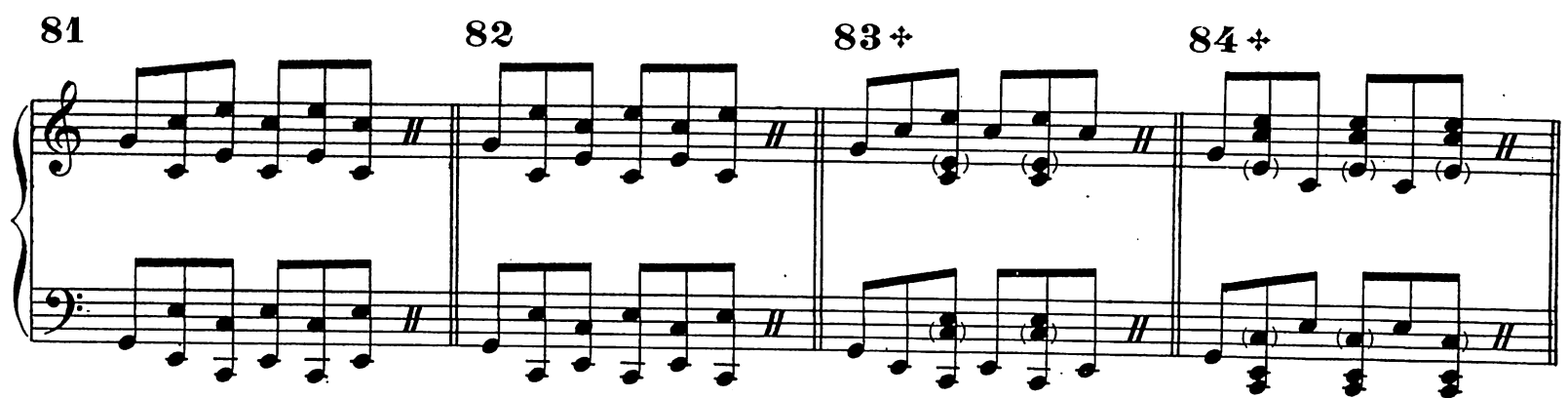
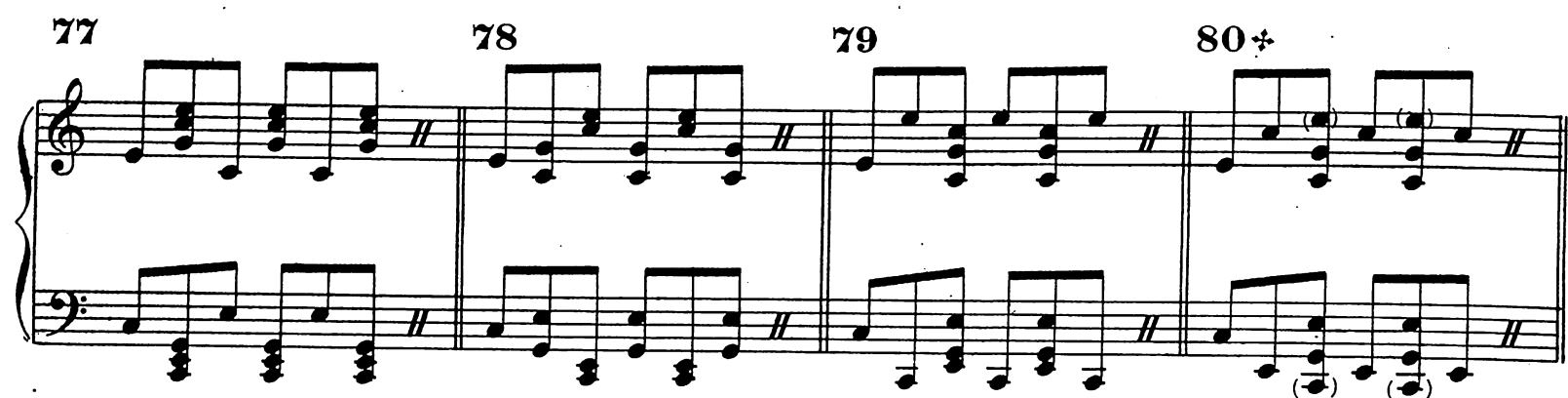
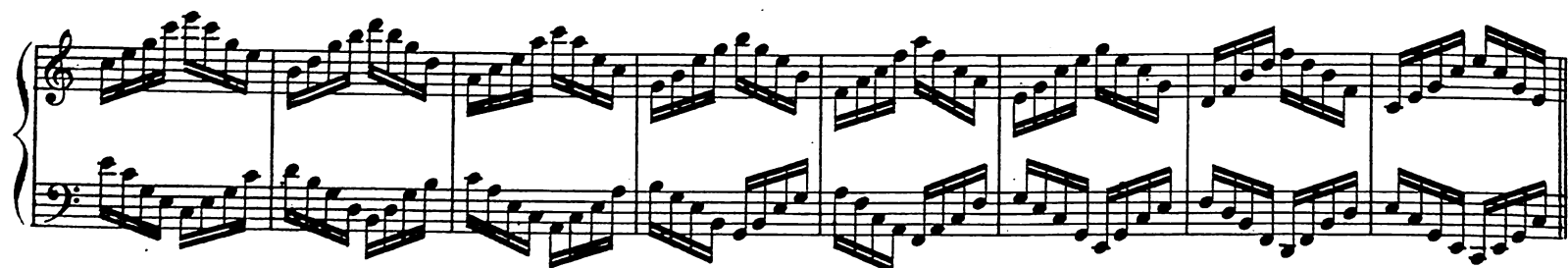
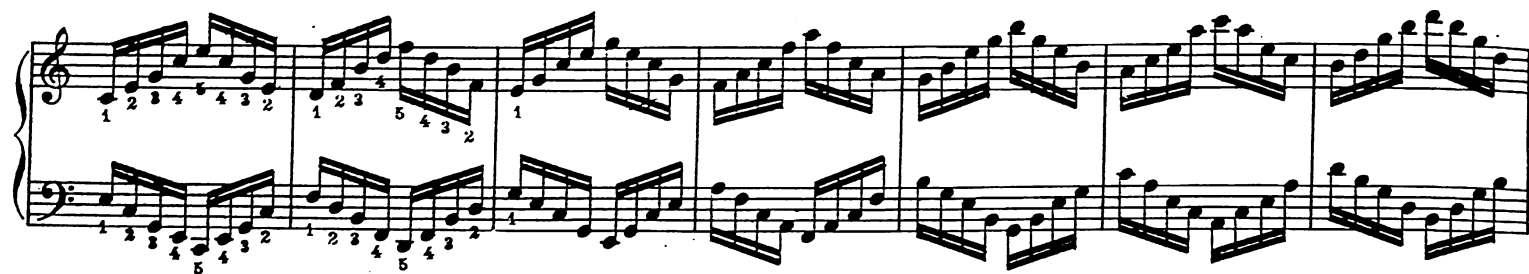
SERIES VII

SEPTIÈME SÉRIE

67 Very slowly
Très lent

68 69 70 71

72 73 74+ 75+ 76+



89 90 91 92

93 ✦ 94 ✦ 95 96

97 98 99 100 101

SERIES VIII

HUITIÈME SÉRIE

Very slowly
102 Très lent 103 104 105 106 107 108

109 110 111 112 113 114 115 116



SERIES IX

NEUVIÈME SÉRIE

Very slowly
117 Très lent

118

119

120

121



122

123

124

125

126



127

128

129

130

131



132 133 134 135 136

Handwritten musical notation for measures 132 through 136. Each measure is written on a grand staff with a treble and bass clef. The notation consists of eighth and sixteenth notes, often beamed together, with double bar lines indicating measure boundaries.

137 138 139 140 141

Handwritten musical notation for measures 137 through 141. The notation continues with eighth and sixteenth notes on a grand staff, maintaining the same rhythmic and melodic patterns as the previous measures.

142 143 144 145 146

Handwritten musical notation for measures 142 through 146. The notation continues with eighth and sixteenth notes on a grand staff, maintaining the same rhythmic and melodic patterns as the previous measures.

147 148 149 150 151

Handwritten musical notation for measures 147 through 151. The notation continues with eighth and sixteenth notes on a grand staff, maintaining the same rhythmic and melodic patterns as the previous measures.

152 153 154 155

Handwritten musical notation for measures 152 through 155. The notation continues with eighth and sixteenth notes on a grand staff, maintaining the same rhythmic and melodic patterns as the previous measures.

SERIES X

DIXIÈME SÉRIE

Very slowly
156 Très lent

157

158

159

160

161

162

163

164

165

166

167

168

169

170

171

172

173

174

175

176 Presto leggiero

177

178

Exercise 176: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (1, 2, 1, 3, 1, 4, 1, 5), Bass (1, 2, 1, 3, 1, 4, 1, 5).

Exercise 177: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (2, 1, 2, 3, 2, 4, 2, 5), Bass (2, 1, 2, 3, 2, 4, 2, 5).

Exercise 178: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (3, 1, 3, 2, 3, 4, 3, 5), Bass (3, 1, 3, 2, 3, 4, 3, 5).

179

180

181 Allegro

Exercise 179: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (4, 1, 4, 2, 4, 3, 4, 5), Bass (4, 1, 4, 2, 4, 3, 4, 5).

Exercise 180: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (5, 1, 5, 2, 5, 3, 5, 4), Bass (5, 1, 5, 2, 5, 3, 5, 4).

Exercise 181: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (5, 1, 2, 3, 4, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1), Bass (1, 2, 3, 4, 5, 1, 2, 3, 4, 5, 1, 2, 3, 4, 5, 1, 2, 3, 4, 5).

182 Prestissimo

Exercise 182: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (1, 2, 1, 2, 3, 4, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1), Bass (1, 2, 1, 2, 3, 4, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1).

183 Presto

8

Exercise 183: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (1, 2, 3, 4, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1), Bass (5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1).

184 Presto

8

Exercise 184: Treble clef, ascending and descending eighth-note patterns. Bass clef, ascending and descending eighth-note patterns. Fingerings: Treble (1, 2, 3, 4, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1), Bass (5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1, 5, 4, 3, 2, 1).