

	FT Dojo Daily Planner						
	(70-90 hours/wk)						
	[Blake Jensen]						
	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
6:00 AM	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day
7:00	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day	Breakfast/get ready for day
8:00 AM	Chores	Classwork	Classwork	Classwork	Classwork	Classwork	Chores
9:00	Chores	Classwork	Classwork	Classwork	Classwork	Classwork	Chores
10:00 AM	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork
11:00	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13:00	Lunch	Classwork	Classwork	Classwork	Classwork	Classwork	Lunch
2:00 PM	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork
15:00	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork
4:00 PM	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork
17:00	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork
6:00 PM	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork	Classwork
19:00	Dinner/feed dogs	Workout	Workout	Workout	Workout	Workout	Dinner/feed dogs
8:00 PM	Clean/vacuum	Workout	Workout	Classwork	Workout	Workout	Clean/vacuum
21:00	Meal prep	Dinner/feed dogs	Dinner/feed dogs	Classwork	Dinner/feed dogs	Dinner/feed dogs	Bed
10:00 PM	Bed	Bed	Bed	Bed	Bed	Bed	Bed
23:00							