

## **Barracuda Training Schedule**

### **Monday**

5:30 am - 7:00 am @ WIATC

4:00 pm - 5:30 pm @ WIATC

5:40 pm - 6:40 pm Dryland @ WIATC

### **Tuesday**

4:00 pm- 6:00 pm @ WIATC

### **Wednesday**

4:00 pm - 5:30 pm @ WIATC

5:40 pm - 6:40 pm Dryland @ WIATC

### **Thursday**

4:00 pm- 6:00 pm @ WIATC

### **Friday**

5:30 am - 7:00 am @ WIATC

4:00pm - 5:30 pm @ WIATC

5:40 pm - 6:40 pm Dryland @ WIATC

### **Saturday**

11:30 am - 1:30 pm @ WIATC