

Cook well. Eat well. Live well



How it works

Our Chefs Do The Shopping for You

Every week you get new healthy recipes and all the fresh, pre-portioned ingredients delivered straight to your door. Say goodbye to long grocery lines, parking lot power-struggles



Sign up

1



Pick your meal plan

2



Get your weekly box

3



Cook a delicious meal

4

The chef



Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam hendrerit eleifend magna vitae varius. Donec sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit amet facilisis nunc. Pellentesque nec convallis quam, vel feugiat odio. Nunc porttitor sed neque id consectetur. Curabitur id mauris at nunc congue consectetur eu a sapien. Donec laoreet nibh a erat accumsan, sit amet cursus lectus dignissim. Donec vel ante volutpat, pretium erat eget, semper ante.



RECENT REVIEWS



"Beautiful custom walnut raised dog dishes! Love mud century modern ! Great craftsmanship!"



Rhianna wrote on May 15

Sign up for special deals and recipes

email

go




The menu of the week of

< From Date - Until Date >

Name of the Meal

see full detail >>



CREATED BY	CHEF JON DOE
SERVING SIZE	2 SERVINGS
PREP AND COOK TIME	30-40 MIN
Low Carb Diet under 600 Cal No Gluten	
download	close

You have be a subscriber*



★★★★★

Name of the Meal

Donec sagittis mollis sapien, in laoreet dolor tempus ut.

facts



★★★★★

Name of the Meal

Donec sagittis mollis sapien, in laoreet dolor tempus ut.

facts

Top choices



★★★★★

Name of the Meal

Donec sagittis mollis sapien, in laoreet dolor tempus ut.

facts



★★★★★

Name of the Meal

Donec sagittis mollis sapien, in laoreet dolor tempus ut.

facts



★★★★★


Name of the Meal

Donec sagittis mollis sapien, in laoreet dolor tempus ut.

facts

RECENT REVIEWS

<



>

"Beautiful custom walnut raised dog dishes! Love mud century modern ! Great craftsmanship!"

★★★★★

Rhianna wrote on May 15

Sign up for special deals

email go

back to full menu



Name of the Meal

sign up to order

download

ingredients:

- 2

mushrooms
- 2

mushrooms
- 2

mushrooms
- 2

mushrooms
- 2

mushrooms

what you'll need:

- salt
- pepper
- 12" large pot with lid

allergies:

- egg
- soy
- wheat

calories

protein

carb

fat

560

49g

149g

22g

how to cook:

- 1

Donec sagittis mollis sapien, in laoreet dolor tempus ut.
- 2

Donec sagittis mollis sapien, in laoreet dolor tempus ut.

- 3

Donec sagittis mollis sapien, in laoreet dolor tempus ut.
- 4

Donec sagittis mollis sapien, in laoreet dolor tempus ut.

- 5

Donec sagittis mollis sapien, in laoreet dolor tempus ut.
- 6

Donec sagittis mollis sapien, in laoreet dolor tempus ut.

RECENT REVIEWS



"Beautiful custom walnut raised dog dishes! Love mud century modern ! Great craftsmanship!"

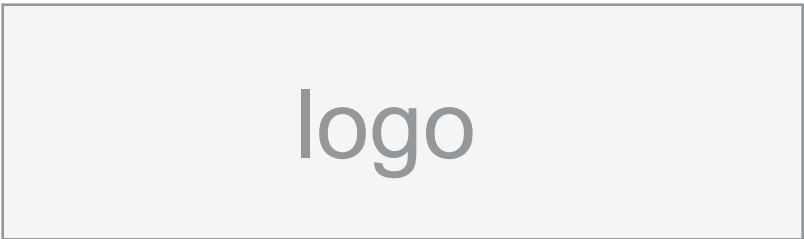


Rhianna wrote on May 15

Sign up for special deals

email

go



menus gifts contact us

sign in | sign up



Account Info

Email

Create Password



Confirm Password

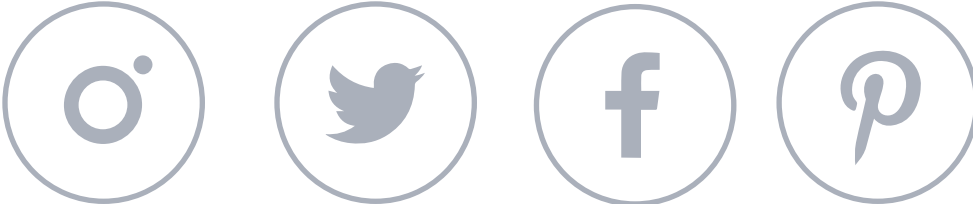


continue

MENUS
SWAG
GIFTS

CONTACT US
FAQ

BLOG
COOKBOOK





Your Shipping Details

Free shipping anywhere on Oahu and \$8 for other Islands

First Name

Last Name

Street Adress

Phone number

we will notify you when the box is delivered

Zip Code *

** Sorry, we don't deliver to your area*
** We charge \$8 for shipping to your area*

** Your meal would be delivered on Tuesday*
** Your meal would be delivered on Wednesday*

☐

use this as my billing info

Additional Notes:

before

continue

Choose a meal plan and preferences

You can update your preferences at anytime through your hiFreshbox account.

How many meals
would you like each week?

2 ▾

How many people are
you cooking for?

2 ▾

Which of the following do you prefer?

meat
2X

pork
1X

seafood
1X

vegetables
1X

low-cal

low-carb

Do you NOT like any of these?

soy

nuts

gluten

dairy

mushrooms

shellfish

We strive to ensure that the meals we customize for you do not contain ingredients you'd like to avoid. However, as all meals are prepared in the same production facility, we cannot guarantee that some cross-contamination will not occur. Therefore, our service may not be right for you if you have a severe allergy.

?

Didn't find it? Please enter here:

before

continue

Credit Card Info

Cardholder’s First and Last Name

Credit Card Number

MMYYCVV?

Billing Zip/Postal Code

Enter Voucher or gift card code

apply code

☐ I accept the TERMS and CONDITIONS.

before

continue

Order Summary

Meals Per Week

3 meals

Servings Per Meal

3 servings

Dietary Preferences
(please, uncheck)

☒ low-calorie
avoid soy

change

Weekly Delivery Day
Tuesday

First Delivery
Tuesday, June 02

Delivery Address
471 Broadway
New York City NY 10036
1617-895-9444

Confirm Your Order

Meals Per Week

3

meals

edit

Servings Per Meal

3

servings

edit

Dietary Preferences (please, uncheck)



low-calorie
avoid soy

edit

Weekly Delivery Day

Tuesday

First Delivery

Tuesday, June 02



Delivery Address

471 King St.
Honolulu
HNL 96836
1617-895-9444

edit

Phone Number

808. 000. 0000

edit

Your Order Total

Subtotal
Tax

\$74.00

Shipping

FREE

Total\$72.00

You will be charged now for your first delivery. For all future deliveries, you will be charged the Friday before your order arrives. You can choose to skip a future delivery by the Friday before the delivery date at Noon HST.

Additional Notes:

before

continue





give a gift



redeem a gift

Share your caring and love

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam hendrerit eleifend magna vitae varius. Donec sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit amet facilisis nunc.



Cook well. Eat wel. Live well.

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam hendrerit eleifend magna vitae varius. Donec sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit amet facilisis nunc



RECENT REVIEWS



"Beautiful custom walnut raised dog dishes! Love mud century modern ! Great craftsmanship!"



Rhianna wrote on May 15

Sign up for special deals

email

go

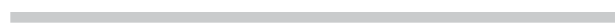




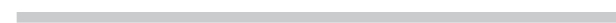
1



2



3



4

Redeem now

Code

☐

I am a member

apply

MENUS

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FAQ

BLOG

COOKBOOK





Shipping Details

Free shipping anywhere on Oahu and \$8 for other Islands

First and Last Name

Your email

Street Adress

Phone number

we will notify you when the box is delivered

Zip Code *

** Sorry, we don't deliver to your area*

** We charge \$8 for shipping to your area*

** Your meal would be delivered in Tuesday*

** Your meal would be delivered in Wednesday*

Additional Notes:

continue

MENUS

SWAG

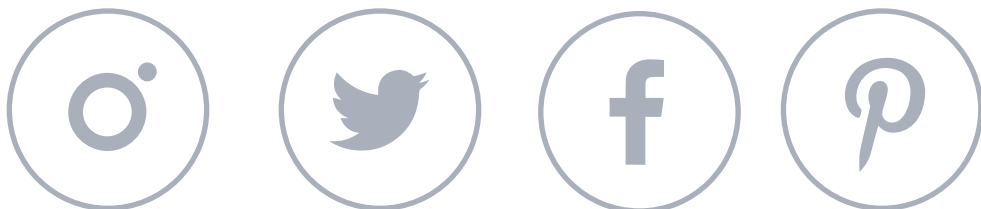
GIFTS

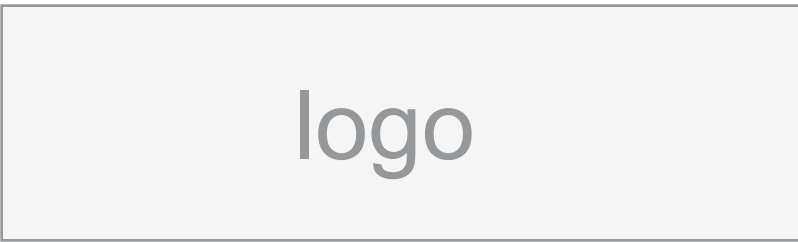
CONTACT US

FAQ

BLOG

COOKBOOK





Choose a meal plan and preferences

How many meals
would you like each week?

2

How many people are
you cooking for?

2

You are getting:

meat
1

pork
1

seafood
1

vegetables
1

Which of the following do you prefer?

low-cal

low-carb

Do you NOT like any of these?

soy

nuts

gluten

dairy

mushrooms

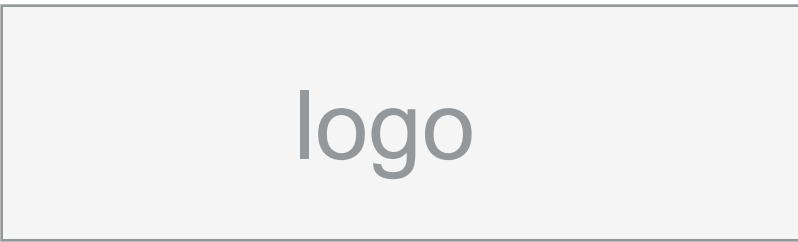
shelfish

We strive to ensure that the meals we customize for you do not contain ingredients you'd like to avoid. However, as all meals are prepared in the same production facility, we cannot guarantee that some cross-contamination will not occur. Therefore, our service may not be right for you if you have a severe allergy.

Didn't find it? Please enter here:

back

continue



Confirm Your Order

Meals Per Week

3

meals

Servings Per Meal

3

servings

Delivery

Tuesday, June 02

▼

Dietary Preferences (please, uncheck)

☒

low-calorie
avoid soy

edit

Delivery Address

471 Broadway
New York City
NY 10036
1617-895-9444

edit

Phone Number

808. 000. 0000

edit

Would you like to become a member?

☐

Yes

Your Order Total

Subtotal	\$74.00
Tax	blah blah
Shipping	FREE

Total

\$72.00

Additional Notes:

back

confirm

Share your stories

We had a cook-off this week and I won.



Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam hendrerit eleifend magna vitae varius. Donec sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit amet facilisis nunc. Pellentesque nec convallis quam, vel feugiat odio. Nunc porttitor sed neque id consectetur. Curabitur id mauris at nunc congue consectetur eu a sapien. Donec laoreet nibh a erat accumsan, sit amet cursus lectus dignissim. Donec vel ante volutpat, pretium erat eget, semper ante.

03.19.2017

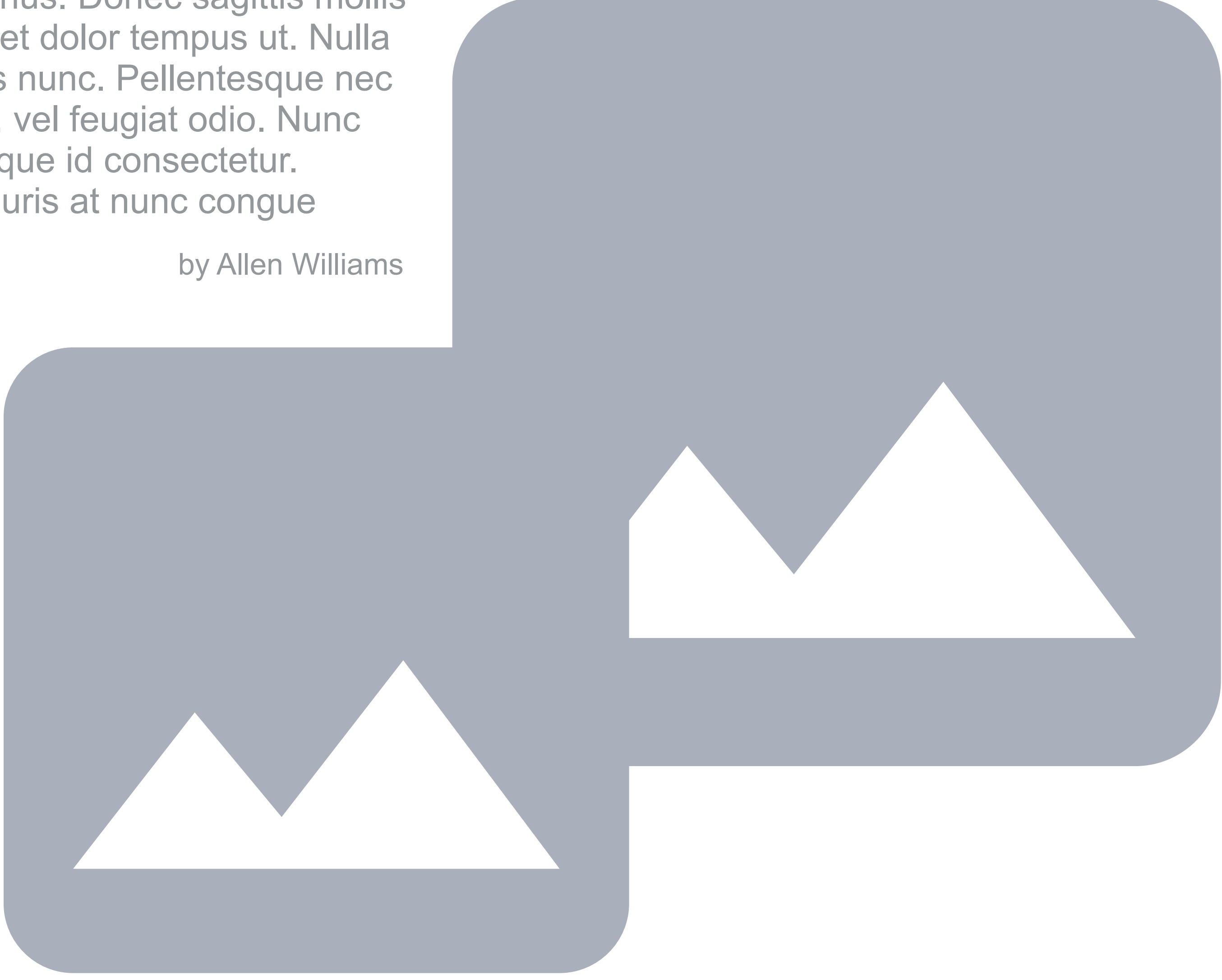
by Allen Williams

This amazing recipe became my favorite.

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam hendrerit eleifend magna vitae varius. Donec sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit amet facilisis nunc. Pellentesque nec convallis quam, vel feugiat odio. Nunc porttitor sed neque id consectetur. Curabitur id mauris at nunc congue

03.19.2017

by Allen Williams



We had a cook-off this week and I won.



Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam hendrerit eleifend magna vitae varius. Donec sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit amet facilisis nunc. Pellentesque nec convallis quam, vel feugiat odio. Nunc porttitor sed neque id consectetur. Curabitur id mauris at nunc congue consectetur eu a sapien. Donec laoreet nibh a erat accumsan, sit amet cursus lectus dignissim. Donec vel ante volutpat, pretium erat eget, semper ante.

03.19.2017

by Allen Williams

load more

RECENT REVIEWS



"Beautiful custom walnut raised dog dishes! Love mud century modern ! Great craftsmanship!"

Rhianna wrote on May 15

Sign up for special deals

email

go

Password



Confirm the password



sign up

WooHoo !



We're excited that you are excited!

Login Info

Email



Password



log in

Choose a meal plan and preferences

How many meals
would you like each week?

2 ▾

How many people are
you cooking for?

2 ▾

Which of the following do you prefer?

- meat

- 1 +
- pork

- 1 +
- seafood

- 1 +
- vegetables

- 1 +
- low-cal
- low-carb

Do you NOT like any of these?

- soy
- nuts
- gluten
- dairy
- mushrooms
- shellfish

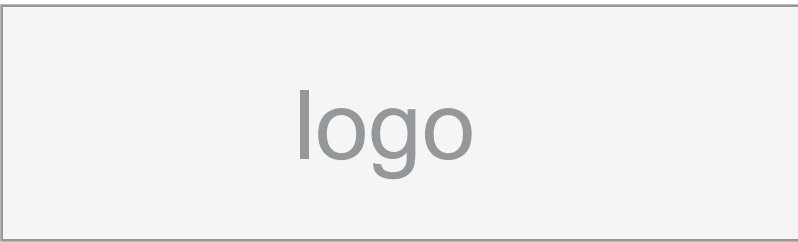
We strive to ensure that the meals we customize for you do not contain ingredients you'd like to avoid. However, as all meals are prepared in the same production facility, we cannot guarantee that some cross-contamination will not occur. Therefore, our service may not be right for you if you have a severe allergy.

?

Didn't find it? Please enter here:

before

continue



Confirm Your Order

Meals Per Week

3

meals

edit

Servings Per Meal

3

servings

edit

Delivery

Tuesday, June 02

▼

Dietary Preferences (please, uncheck)

☒

low-calorie
avoid soy

edit

Delivery Address

471 Broadway
New York City
NY 10036
1617-895-9444

edit

Phone Number

808. 000. 0000

edit

Your Order Total

Subtotal	\$74.00
Tax	blah blah
Shipping	FREE

Total\$72.00

Additional Notes:

before

confirm

Your Account > Your Addresses > Edit Addresses

Edit your address

First Name

Last Name

Street Adress

Zip Code *

** Sorry, we don't deliver to your area*

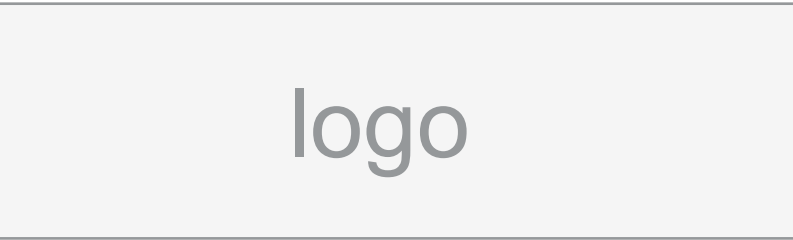
** We charge \$8 for shipping to your area*

** Your meal would be delivered in Tuesday*

** Your meal would be delivered in Wednesday*

Additional Notes:

save changes



[Your Account](#) > [Login & Security](#) > [Change your Name](#)

Change your name

If you want to change the name associated with your hiFreshBox account, you may do so below. Be sure to click the Save Changes button when you are done.

New name:

Alice Williams

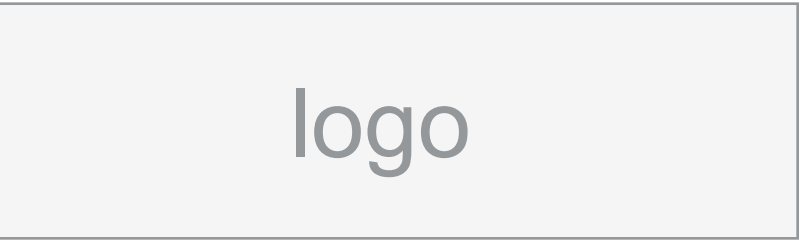
save changes



WooHoo !



We're excited that you are excited!



Your Account > Login & Security

Login & Security

name:
Alice Williams

edit

email:
email@email.com

edit

contact number:
808. 000. 0000

edit

password:

edit

advanced security settings:
Two-Step Verification?

edit

done



Your Account > Change Your Meal Preferences

Meal preferences due date message (must be in by Friday 11.59pm, may 19th,2017)

Change your meal preferences

How many meals
would you like each week?

2

▼

How many people are
you cooking for?

2

▼

Which of the following do you prefer?

meat

2X

pork

2X

seafood

1X

vegetables

1X

low-cal

low-carb

Do you NOT like any of these?

soy

nuts

gluten

dairy

mushrooms

shelfish

We strive to ensure that the meals we customize for you do not contain ingredients you'd like to avoid. However, as all meals are prepared in the same production facility, we cannot guarantee that some cross-contamination will not occur. Therefore, our service may not be right for you if you have a severe allergy.

Didn't find it? Please enter here:

save

Your Payment

Expires

Master card ending in 0000

Expires on mm/dd/yyyy

^

Name on card

Alice Williams

Billing Address

Alice Williams

3107 HAYDEN ST THE BACK HOUSE

HONOLULU, HAWAII, 96815-4322

United States

6178959365

delete

edit

Expires

Gift Card		Expires on mm/dd/yyyy
Gift Card Number	Balance	
Alice Williams5630920f#sd	\$ 0.00	
		<div>redeem</div>
“redeem” in case somebody		

“redeem” in case somebody gave you a gift card and you want to apply it to your balance.

Your Account > Your Addresses

Your Addresses

Click to Add Address

Alice Williams

3107 Hayden St The Back House
Honolulu, Hawaii 96815-4322
United States
Phone number: 6178959365

edit | delete

Bruce Williams

3107 Hayden St The Back House
Honolulu, Hawaii 96815-4322
United States
Phone number: 6178959365

edit | delete | set as default

“delete” add confirmation

done

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[menus](#) [gifts](#) [contact us](#)

[my account](#) [sign out](#)



Please rate your last week order     

Hello Alice Williams! (not Alice Williams? sing out)

Your Upcoming Order:

May 21st, 2017

Change your order and meal preferences by:

May 19th, 2017

Customer since:

April 19th, 2015

[unsubscribe](#)

Orders & Subscription

Update, rate, or return your orders

Share this link to refer friends and receive \$5:

[https:// eofjggfgg.f564.rgrter.rtet](https://eofjggfgg.f564.rgrter.rtet)

Login & Security

Edit Log In, Name, and Mobile number

Payment Info

Edit or add payment methods

Gifts

Purchase or redeem a box or gift card

Meal Preferences

Edit your meal preferences, add allergies.

Addresses

Edit addresses for orders and gifts

Recipes

View my recipes and cookbook

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GIFTS




Your Account > Your Recipes

Your favourite recipes

Menu Item #1


prep time: 40min



add to cookbook


view

download



Menu Item #1


prep time: 40min



add to cookbook


view

download



Menu Item #1


prep time: 40min



add to cookbook

view

download



Your cookbooks

The name of the cookbook #1

send as a gift

view

download

Create a New Cookbook

done



Your Account > Your Recipes

Add to an existing cookbook

Make a new one

Filter cookbooks

Cookbook #1

add to cookbook

Cookbook #2

add to cookbook

Cookbook #3

add to cookbook

send as a gift | view | download

Create a New Cookbook

done

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Your Account > Your Recipes

Add to an existing cookbook

Make a new one?

Cookbook Title

Recipe you have chosen



save

send as a gift

|

view

|

download

Create a New Cookbook

done

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Your Account > Gifts

Choose the amount of meals you would like to gift

How many meals would you like to gift?

2

▼

How many people is each meal for?

2

▼

Which of the following do you prefer?

meat

- 1 +

pork

- 1 +

seafood

- 1 +

vegetables

- 1 +

continue



[Your Account](#) > [Gifts](#)

Choose the amount of meals you would like to gift

How many meals would you like to gift?

2

▼

How many people is each meal for?

2

▼

Which of the following do you prefer?

meat

- 1 +

pork

- 1 +

seafood

- 1 +

vegetables

- 1 +

continue

What is fresh BOX?	^
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam hendrerit eleifend magna vitae varius. Donec sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit amet facilisis nunc	
Can i get emails for new and future menus?	▼
When can i expect my first fresh BOX?	▼
What do i get in my fresh BOX?	▼
Where do you deliver?	▼
What are the shipping costs?	▼
What is this membership i keep hearing about?	▼
What is your return policy on merchandise?	▼

Sounds great! where do i order?

Yay! we are excited that you are excited. [order here](#) to get started

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Your Account > Orders and Subscription

Orders and Subscription

Upcoming Order:

May 2nd

cancel

Delivery Date:

Tuesday

** The cancellation cut off date is the Friday of the week before.*

Customer since:

April 19th, 2015

unsubscribe

[See the menus](#) >

Modify the blocked weeks

<

May 1st - May 7th

>

←

May 2017

June 2017

→

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Order History

menu for the week of	meals	price	feedback
05.01.2017 – 05.07.2017	Meal Name #1 Meal Name #2 Meal Name #3	\$0.00	★★★★★ ★★★★★ ★★★★★
05.01.2017 – 05.07.2017	Meal Name #1 Meal Name #2 Meal Name #3	\$0.00	★★★★★ ★★★★★ ★★★★★
05.01.2017 – 05.07.2017	Meal Name #1 Meal Name #2 Meal Name #3	\$0.00	★★★★★ ★★★★★ ★★★★★
05.01.2017 – 05.07.2017	Meal Name #1 Meal Name #2 Meal Name #3	\$0.00	★★★★★ ★★★★★ ★★★★★

load more

logo

menus gifts contact us

my account sign out



Are you sure you would like to Unsubscribe?



confirm

Your Account > Your Recipes > Your Cookbook

The name of the cookbook

edit

download

mail as a gift

Notes

Click and drag to order:

Recipe #1

prep time: 40min



delete | view | download

Notes...

Recipe #2

prep time: 40min



delete | view | download

Notes...

Recipe #3

prep time: 40min



delete | view | download

Notes...

save changes

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[Your Account](#) > [Your Payment](#) > Redeem a gift card

Redeem or check value of a gift card

Enter the number (dashes or spaces not requires)

check

Current Gift Card Balance: \$0.00

apply to your balance

give as a gift

Once redeemed, the entire gift card amount will be stored in your account’s gift card balance, which doesn’t expire. Your gift card balance can’t be transferred to other accounts or used to buy gift cards. Review terms and conditions.

Have an issue with your gift card? [contact us](#).

[Give Feedback about gift](#)

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How would you like to give your gift?

EMAIL

we will directly send them a coupon code for their gift BOX to redeem

PRINT

print your gift at home and deliver it in person

From:

Your name

To:

Recipient's First Name

Recipient's Last Name

Recipient's Email

Message

Because you like cooking so much and I like eating :)

proceed to checkout



[Your Account](#) > [Gifts](#)

How would you like to give your gift?

EMAIL

we will directly send them a coupon code for their gift BOX to redeem

PRINT

print your gift at home and deliver it in person

From:

Your name

To:

Recipient's First Name

Recipient's Last Name

Recipient's Email

Message

Because you like cooking so much and I like eating :)

proceed to checkout

Show off your new found love for cooking to all of those around you.



Hat

\$0.00



Mug

\$0.00



Apron

\$0.00



Cookbook

\$0.00



Mittens

\$0.00



Cutting Board

\$0.00

RECENT REVIEWS



"Beautiful custom walnut raised dog dishes! Love mud century modern ! Great craftsmanship!"



Rhianna wrote on May 15

Sign up for special deals

email

go



Hat

\$0.00

Share on:



hiFreshBox hat

Price \$0.00

1

add

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam hendrerit eleifend magna vitae varius. Donec sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit amet facilisis nunc.

Product Details

Return Policy

Order and Shipping

Lorem ipsum dolor sit amet
consectetur adipiscing elit
Nullam hendrerit eleifend
magna vitae varius

RECENT REVIEWS



"Beautiful custom walnut raised dog dishes! Love mud century modern ! Great craftsmanship!"

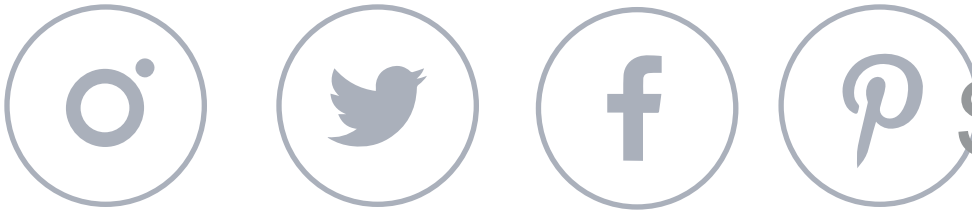


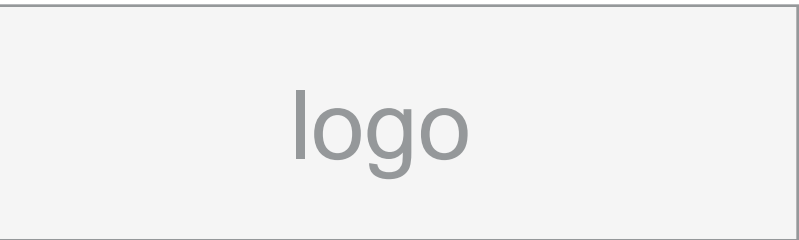
Rhianna wrote on May 15

Sign up for special deals

email

go





Sing In to Your Account

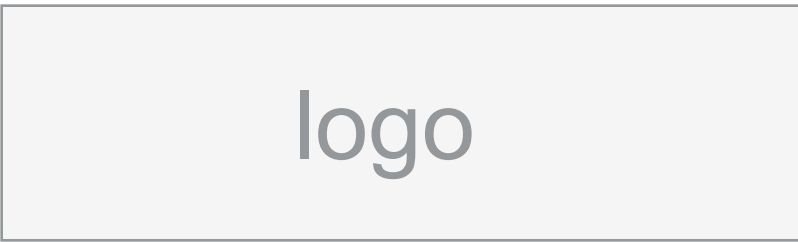
Your Email

Your Password



[forgot your password?](#) NOT A MEMBER? [sign up](#)

sing in



Confirm Your Order

Meals Per Week

2

meals

edit

Servings Per Meal

2

servings

edit

Expires by: 1 year

Dietary Preferences (please, uncheck)



low-calorie
avoid soy

edit

Delivery Address

471 Broadway
New York City
NY 10036
1617-895-9444

edit

Phone Number

808. 000. 0000

edit

Would you like to become a member?

☐

Yes

Your Order Total

Subtotal	\$74.00
Tax	blah blah
Shipping	FREE

Total \$72.00

Additional Notes:

back

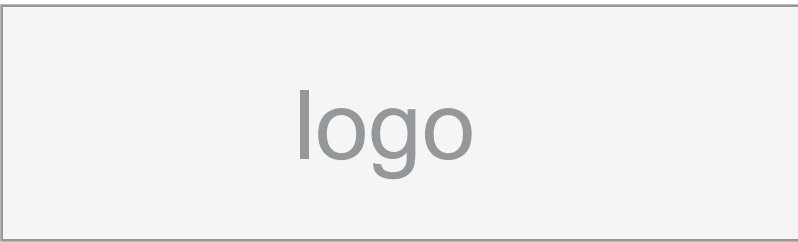
confirm

MENUS
SWAG
GIFTS

CONTACT US
FAQ

BLOG
COOKBOOK





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meals

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confirm

MENUS
SWAG
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BLOG
COOKBOOK





\$0.00

1

Subtotal: \$0.00

[continue browsing](#)

checkout

Price \$0.00

1

add

Lorem ipsum dolor sit amet, consectetur adipiscing elit.
 Nullam hendrerit eleifend magna vitae varius. Donec
 sagittis mollis sapien, in laoreet dolor tempus ut. Nulla sit
 amet facilisis nunc.

\$0.00

Product Details

Return Policy

Order and Shipping

Lorem ipsum dolor sit amet
 consectetur adipiscing elit
 Nullam hendrerit eleifend
 magna vitae varius

