# The BSMS

# **Trace bleeding**

Minimal bleeding or bleeding detectable by laboratory measures only. Bleeding does not have any impact on patient or on the level of care provided to the patient.

# Mild bleeding

Non-clinically significant bleeding. Bleeding does not have any impact on patient or level of care provided to the patient.

# Serious bleeding

Bleeding directly resulting in one or more of the following:

- Significant pain (requiring medical treatment or intervention)
- Need for interventions (including transfusion, surgery, invasive procedures, administration of medication, etc.)
- Need for invasive investigations or increased monitoring

# Serious bleeding with significant morbidity

Any bleeding meeting one or more of the following criteria:

- All central nervous system bleeding
- Resulting in hemodynamic instability:
  - Tachycardia (increase in resting heart rate by at least 20 bpm) or
  - Hypotension (decrease in systolic and/or diastolic BP by at least 20 mmHg)
- Resulting in vision loss
- Resulting in significant morbidity

# **Fatal bleeding**

Any bleeding directly contributing to patient's death

# **General instructions**

**Type or site of bleeding:** Answers are optional and **do not affect the BSMS Score**. This additional information might be interesting for research purposes.

- In most instances, the scale is meant to document new or ongoing bleeding. For example, a bruise should be documented on its first occurrence. After initial documentation, it should only be documented if it is worsening in severity.
- 2. The highest scoring bleeding determines the patient's bleeding severity on that day.
- 3. Sources of information to help document bleeding include the patient (examination, history) and the hospital chart (medications prescribed, investigations ordered, physicians/nurses notes, etc.), and health care providers looking after the patient.
- 4. Note that an isolated decrease in Hb may not be considered sufficient evidence of a bleed.

# Examples of bleeding signs or symptoms and their classification

# **Trace bleeding**

## Type or site of bleeding

Minimal bleeding or bleeding detectable by laboratory measures only. Bleeding does not have any impact on patient or care provided to patient.

#### Oral and nasal

- Trace blood in nasal secretions. Oral petechiae (new).
- Trace blood from gums with brushing teeth.

## Skin, soft tissue, musculoskeletal

- Petechiae (new or increased in number).
- Bruising of skin (new or increased size).

#### Abdominal and GI

- Occult blood in stool.
- Mild hemorrhoidal bleeding (blood present on toilet paper only).
- Blood-tinged nasogastric drainage.
- Trace blood in peritoneal fluid.

# Genitourinary

- Laboratory evidence of Hb or RBC in the urine.
- Vaginal spotting not at time of normal period.

## Cardiopulmonary

- Blood-tinged sputum.
- Trace blood in pleural fluid.
- Trace blood in pericardial fluid.

## Central nervous system

Laboratory evidence of blood in CSF with no symptoms.

## Related to invasive procedures

 Mild oozing at the site of a placement of venous catheter, venipuncture site, or other invasive surgical site.

# Mild bleeding

## Type or site of bleeding

Non-clinically significant bleeding. Bleeding associated with no impact on patient or level of care provided to patient. (Bleeding does not meeting criteria listed for "Grade 2/ Clinically significant bleeding.")

#### Oral and nasal

- Oral mucosal blood blisters (new or increased in number).
- Epistaxis not requiring intervention or transfusion.

## Skin, soft tissue, musculoskeletal

Hematoma (new or increased in size).

#### Abdominal and GI

- Melena or hematochezia.
- Hematemesis, coffee ground emesis.
- Frank blood in peritoneal fluid.

## Genitourinary

- Gross hematuria.
- Vaginal bleeding not at time of normal period or vaginal bleeding at time of normal period but of greater quantity or duration than normal period.

## Cardiopulmonary

Hemoptysis (gross blood in sputum).

## Central nervous system

Retinal bleeding with no visual impairment.

## Related to invasive procedures

 Brisk bleeding at the site of placement of a venous catheter, venipuncture site, or other invasive surgical site.

# Serious bleeding

## Type or site of bleeding

Any bleeding resulting in one or more of the following: pain; need for interventions (including transfusion, surgery, invasive procedures, administration of medication); or need for invasive investigations or increased monitoring.

#### Oral and nasal

Epistaxis requiring intervention (i.e., nasal packing, cautery), medical treatment, transfusion.

#### Abdominal and GI

GI bleeding requiring endoscopy to investigate.

## Genitourinary

- Hematuria causing renal impairment or necessitating bladder irrigation.
- Vaginal bleeding requiring transfusion.

# Cardiopulmonary

- Hemoptysis associated with shortness of breath, hypoxia, new or increased requirement of supplemental oxygen.
- Hemoptysis requiring bronchoscopy.
- Hemoptysis necessitating transfusion of blood product.

## Related to invasive procedures

• Bleeding at surgical site necessitating return to OR to investigate.

# Serious bleeding with significant morbidity

## Type or site of bleeding

Any bleeding meeting one of the following criteria: all central nervous system bleeding, resulting in hemodynamic instability, resulting in vision loss, resulting in significant morbidity.

#### Skin, soft tissue, musculoskeletal

- Joint bleeding.
- Hematoma causing compartment syndrome.

#### Abdominal and GI

GI bleeding resulting in hemodynamic instability

# **Central nervous system**

- Retinal bleeding with visual impairment.
- Hemorrhagic stroke (asymptomatic, temporary symptoms, or permanent morbidity).

#### Other

Bleeding occurring in critical area or organ (e.g., intraocular).

# **Fatal bleeding**

# Type or site of bleeding

Any bleeding directly contributing to patient's death