

## Containerisation with Docker exercise

In this exercise we will create a Docker container for an example R project. The project is the same that is created in the first workflow [exercise](#), however to save time or in case you haven't completed this exercise we will start with the finished output from it.

### Step 1: Download the resources

- Click [here](#) to download the resources for the exercise: Download resources for exercise
- Unzip the downloaded file and move the folder to a location on your computer where you can easily find it.

### Step 2: Download Docker

- Download Docker Desktop for your operating system from the [Docker website](#).
- Once downloaded run the installer like you would for other software. You may need to restart your computer after installation.
- While this is happening it is useful to make a Docker account. This is not necessary but can be useful for managing your containers. You can also sign in with your GitHub account.