

# AI-01738 Doomed Friendship

👤 Owner	© Rigel Arcayan
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**I have a close friend/cousin in 1980s but now we have nothing to talk about. Is the friendship doomed? List 22 ways to restart it.**

There's no definitive answer to whether a friendship is "doomed" just because you've grown apart. Many relationships evolve over time, and it's common for connections to wax and wane. The fact that you're thinking about ways to restart it suggests there's still a desire to connect, which is a great starting point!

Here are 22 ways to try and restart your friendship:

Rekindling a Friendship: 22 Approaches

1. Send a heartfelt message: A simple text, email, or card saying you've been thinking of them and miss your connection can go a long way.
2. Reference a shared memory: Bring up a funny or significant moment from your past together to jog their memory and yours.
3. Ask about their current life: Show genuine interest in what they've been up to since you last connected.
4. Share an update about your life: Briefly tell them something interesting or important that's happened to you.
5. Suggest a casual catch-up: Propose a low-pressure activity like coffee, lunch, or a quick phone call.
6. Invite them to a group event: If you're comfortable, invite them to something where there will be other people, which can ease the pressure of one-on-one interaction.
7. Offer to help with something: If you know they're going through a busy time or have a project, offer your assistance.

8. Send a small, thoughtful gift: Something related to a shared interest or a nostalgic item can be a nice gesture.
9. Comment on their social media (if applicable): A genuine comment on a post can open a door to conversation.
10. Share an article or link: If you see something that reminds you of them or a shared interest, send it their way.
11. Apologize if there was a past misunderstanding: If there's an unspoken issue, addressing it directly can clear the air.
12. Be patient: It might take time for them to respond or for the connection to rebuild.
13. Be open to new shared interests: While reminiscing is good, also explore what new things you might enjoy doing together.
14. Suggest a shared activity from your past: If you used to do something specific together, propose doing it again.
15. Listen more than you talk: When you do connect, give them space to share their thoughts and feelings.
16. Be vulnerable: Share something personal (but appropriate) to foster a deeper connection.
17. Acknowledge the distance: You can briefly mention that you've noticed you've drifted apart, without making it accusatory.
18. Don't pressure them: If they're not ready to reconnect, respect their space.
19. Send a "thinking of you" card: A simple gesture that doesn't demand a response.
20. Propose a virtual hangout: If distance is an issue, a video call can bridge the gap.
21. Ask for their advice: People often feel valued when their opinion is sought.
22. Accept that the friendship might look different now: It might not be the same as it was in the 1980s, and that's okay. Focus on building a new foundation. Remember, rebuilding a friendship takes effort from both sides. Give it a try, be genuine, and see where it leads!