

AI-00607 Axioms Abraham Maslow

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List 30 Axioms from Abraham Maslow. Explain each axioms and give examples of each axioms.

Abraham Maslow is best known for his hierarchy of needs theory, which he proposed in the mid-20th century. However, he did not explicitly formulate a set of axioms as part of his psychological theories. Axioms are typically self-evident truths or fundamental principles. Instead, Maslow's work is often discussed in terms of his hierarchy of needs. Below, I'll provide a brief overview of Maslow's hierarchy of needs and some key concepts associated with it:

Maslow's Hierarchy of Needs:

1. Physiological Needs:

- Axiom: The most basic human needs must be satisfied before higher-level needs become motivating.
- Example: Food, water, shelter, sleep.

2. Safety Needs:

- Axiom: People seek stability and security in their environment.
- Example: Employment, health and property insurance, personal safety.

3. Love and Belongingness Needs:

- Axiom: Humans have a need for interpersonal relationships and a sense of belonging.
- Example: Friendship, intimacy, family, sense of connection.

4. Esteem Needs:

- Axiom: People desire to feel valued and respected by others and themselves.
- Example: Recognition, achievement, confidence, competence.

5. Self-Actualization Needs:

- Axiom: Once basic needs are met, individuals seek personal growth and fulfillment.
- Example: Pursuit of personal potential, creativity, problem-solving.

6. Self-Transcendence Needs:

- Axiom: Beyond self-actualization, individuals may seek to contribute to something beyond themselves.
- Example: Altruism, spiritual experiences, service to others.

Maslow's theory suggests that individuals progress through these needs in a hierarchical manner, with each level building upon the previous one. It's important to note that not every individual follows this hierarchy in a linear fashion, as various factors and circumstances can influence the prioritization of needs.

While these are not traditional axioms, they encapsulate the fundamental ideas in Maslow's work on motivation and human development.