## AI-00714 Dream-Two Swimmers

2 Owner	R Rigel Arcayan
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Extract the objects and subjects of my dream. Explain the meaning of the dream.

## My life context:

I am 57 father of two adult children female and male. They are now working as a nurse and an MD. I am a long distance swimmer and swims 3 times a week in our pool at Marco Polo. My wife is 56, also an early retiree. We left our house in Texas and relocated to Cebu Philippines.

In my dream I was in the swimming pool area and saw two swimmers enjoying a swim in the pool. They were swimming on the edge of the square pool making several loops. They were not using the swim lane. The female swimmer was doing a backstroke while the male swimmer which looks like an Olympic swimmer was doing a freestyle and flipping when he reached the corner.

Objects: Swimming pool, two swimmers (female and male), square pool, loops, swim lane, backstroke, freestyle, flipping, corner.

Subjects: You, two swimmers (female and male), wife.

The dream may symbolize aspects of your life and relationships. The swimming pool, a place where you regularly engage in your long-distance swimming, represents a familiar and personal space. The two swimmers could symbolize your adult children or aspects of your own personality. The female swimmer doing a backstroke may represent a relaxed and reflective approach, while the male swimmer with Olympic-like skills could signify excellence and achievement.

The absence of a swim lane and the unconventional way they navigate the pool may suggest a departure from traditional paths or expectations. It could be a metaphor for the unique journeys your children are taking in their careers.

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The dream might reflect a blend of familiarity and admiration for the accomplishments of those around you, mirroring the dynamics in your real-life relationships. The relocation to Cebu Philippines may also be influencing the dream, with the pool as a symbolic space for reflection on the changes and opportunities in your life.

From Google Gemini

Unfortunately, based solely on the details provided, it's impossible to definitively interpret your dream as it lacks further context about your personal feelings and associations with certain elements. However, I can offer some potential interpretations based on common dream symbolism and your life context:

## **Objects and Subjects:**

- **Swimming pool:** Represents relaxation, pleasure, exercise, and potentially subconscious desires for escape or emotional cleansing.
- **Two swimmers:** Could symbolize different aspects of yourself, your children, or a relationship between two people you know.
- **Square pool:** Might represent order, structure, or limitations.
- **Swimming on the edge:** Could indicate non-conformity, exploring boundaries, or a desire for freedom.
- **Swim lane:** Symbolizes following the rules, structure, and discipline.
- Backstroke: Associated with introspection, reflection, and looking back.
- Freestyle: Represents flexibility, adaptability, and expressing oneself freely.
- Flipping: Symbolizes change, transformation, or overcoming challenges.

## **Potential Interpretations:**

- 1. **Self-reflection and freedom:** The two swimmers could represent different aspects of you, one desiring introspection (backstroke) and the other embracing freedom and change (freestyle). The pool boundary might signify limitations you're contemplating exceeding.
- 2. **Observing your children's success:** The swimmers could represent your children, the doctor (freestyle) embodying achievement and the nurse

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(backstroke) symbolizing care and reflection. You might be observing their paths with pride and wonder.

3. **Longing for past athleticism:** The dream could reflect a nostalgia for your swimming days, with the younger swimmer mirroring your past self and the pool representing a familiar arena.

**Remember:** These are just suggestions. To gain a deeper understanding, consider:

- Your emotional response during the dream (joy, fear, excitement?).
- Real-life situations related to swimming, your children, or freedom.
- Any personal associations you have with the symbols (pool, swim styles).

Reflecting on these points might help you unlock a more meaningful interpretation personalized to your life experience.

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