Al-00841 The Instigator



What are real-life examples of instigators?

Instigators can pop up anywhere, stirring up trouble in different ways. Here are some more real-life examples:

- The Office Gossip: This person thrives on spreading rumors and creating tension between colleagues. They might exaggerate situations, twist the truth, and pit people against each other https://hodgescoaching.com/2019/02/19/five-ways-to-spot-an-instigator/.
- The Antagonistic Classmate: This student enjoys disrupting lessons and arguments with teachers or other students. They might constantly challenge rules, make provocative remarks, and try to get a rise out of others.
- **The Online Troll:** These people thrive on negativity in online spaces. They might post inflammatory comments, deliberately offend others, and enjoy provoking arguments on social media forums.
- The Attention Seeker: This person might try to instigate drama to draw attention to themselves. They might create unnecessary conflict, exaggerate their own importance, or try to be the center of focus at any cost.

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