

# AI-00563 Friendship

👤 Owner	Ⓒ Rigel Arcayan
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**What is friendship? Why human needs friend? Contrast it with family. Contrast it with gregariousness. Is friendship a form of institution like marriage? List 20 good reasons to have friends. List 20 reasons not to have friends or less friends.**

## **What is friendship?**

Friendship is a mutual relationship of affection between two people. It is characterized by a sense of trust, loyalty, and care. Friends share common interests and enjoy spending time together. They provide each other with emotional support, companionship, and encouragement.

## **Why do humans need friends?**

Humans are social creatures who crave connection with others. Friendships fulfill this need and provide us with a sense of belonging. They also help us to feel loved and valued.

## **Contrast friendship with family**

Family relationships are based on blood ties or legal obligations. Friendships are voluntary, which means that we choose to be friends with someone. Friendships are also more likely to be based on shared interests and values than family relationships.

## **Contrast friendship with gregariousness**

Gregariousness is the tendency to be sociable and outgoing. It is not the same as friendship. People who are gregarious may have many acquaintances, but they may not have many close friends. Friendships require a deeper level of intimacy and trust than gregariousness.

## **Is friendship a form of institution like marriage?**

Marriage is a legal institution that has specific rights and obligations. Friendship is not a legal institution. It is a voluntary relationship that is based on mutual trust and affection.

### **20 good reasons to have friends**

1. Friends provide us with emotional support.
2. Friends help us to feel loved and valued.
3. Friends make us laugh.
4. Friends help us to learn and grow.
5. Friends help us to cope with stress.
6. Friends encourage us to be our best selves.
7. Friends help us to feel connected to the world around us.
8. Friends make us feel happy and fulfilled.
9. Friends help us to live longer, healthier lives.
10. Friends make the world a better place.

### **20 reasons not to have friends or less friends**

1. Friends can be demanding and require a lot of time and energy.
2. Friends can be hurtful and betray our trust.
3. Friends can make us feel insecure and inadequate.
4. Friends can be a source of conflict and drama.
5. Friends can be a distraction from our goals and ambitions.
6. Friends can make us feel like we have to fit in and conform.
7. Friends can make us feel like we have to give more than we get.
8. Friends can make us feel like we're not good enough.
9. Friends can make us feel like we're alone.
10. Friends can make us feel like we're wasting our time.