

AI-01046 The Lost Love Symptoms

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- **No Future Plans:** Stops discussing future plans or dreams together.
- **Independence:** She becomes more independent and spends more time alone.
- **Irritability:** Small things you do may start to annoy her more.
- **No Physical Affection:** Physical touch and intimacy decrease significantly.
- **Lack of Interest:** Shows disinterest in your life or activities.
- **Avoidance:** She might avoid spending time together or making plans.
- **Less Communication:** She may stop initiating conversations or responding promptly.

It sounds like you're going through a tough time. Here are some steps you can take to improve the situation:

1. **Open Communication:** Initiate a heartfelt conversation. Express your feelings and listen to hers without interrupting.
2. **Quality Time:** Spend meaningful time together doing activities you both enjoy.
3. **Show Appreciation:** Acknowledge and appreciate her efforts and qualities.
4. **Physical Affection:** Small gestures like holding hands or a hug can help rebuild intimacy.
5. **Seek Counseling:** Sometimes, professional help can provide new perspectives and solutions.