Al-00699 Cannot buy or give happiness



Can happiness be given to another human being? Or each person must attain happiness on their own effort?

Happiness is often a personal journey, influenced by both internal factors and external circumstances. While others can contribute to one's well-being, true and lasting happiness generally involves individual effort and perspective.

Can I buy happiness for another human being?

While you can contribute to someone's well-being through thoughtful gestures or support, genuine and lasting happiness is ultimately a subjective and personal experience that individuals must cultivate themselves. Money or material gifts may provide temporary joy, but sustained happiness often involves personal growth and fulfillment.

So you answer is no?

Correct, you cannot directly buy or give someone lasting happiness; it's a nuanced and personal aspect of life that individuals must discover and nurture on their own.

Can I setup a condition for happiness for another human such as giving financial resources, materials, logistics?

Providing support, including financial resources and material comfort, can create conditions for a more comfortable and stable life. However, sustained happiness often

involves a combination of external factors and internal well-being, which individuals must navigate and cultivate themselves.

Your response is good to hear! We are in early retirement with 2 adult children with stable professional jobs in health care, will this mean that I can spend all our retirement money to see and not thinking leaving a good amount of inheritance to our children?

Balancing enjoying your retirement and leaving an inheritance for your children is a personal decision. Consider discussing your financial plans and goals with a financial advisor to ensure a comfortable retirement while also addressing any desires for legacy or support for your children. Finding a balance that aligns with your values and priorities is crucial.

Do not deflect from your previous idea of happiness which you said a person must navigate on their own ways to find a sustainable happiness on their own

Certainly, I understand. The decision on how to manage your retirement funds is a personal one, and the balance between enjoying your retirement and leaving an inheritance is subjective. It's important to consider your own financial goals, values, and priorities in making such decisions.