

AI-00079 50 signs of cardiac problems

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50 signs of cardiac problems

1. Chest pain or discomfort
2. Shortness of breath
3. Palpitations
4. Fatigue
5. Dizziness
6. Nausea or vomiting
7. Sweating
8. Weakness
9. Irregular heartbeats
10. Fainting or passing out
11. Swelling in the legs, ankles, or feet
12. Rapid or pounding heartbeat
13. High blood pressure
14. Low blood pressure
15. Heart murmur
16. Difficulty breathing when lying down
17. Coughing or wheezing

18. Loss of appetite
19. Anxiety or depression
20. Lightheadedness
21. Confusion or disorientation
22. Headaches
23. Chest tightness
24. Jaw pain
25. Arm pain
26. Shoulder pain
27. Back pain
28. Neck pain
29. Numbness or tingling in the arms, hands, or fingers
30. Numbness or tingling in the legs, feet, or toes
31. Chest discomfort or pain that spreads to the shoulders, neck, jaw, or arms
32. Shortness of breath when at rest or during light physical activity
33. Increased heart rate during physical activity
34. Difficulty catching your breath during physical activity
35. Fatigue or weakness during physical activity
36. Swelling in the abdomen or legs
37. Fainting or feeling lightheaded during physical activity
38. Heart palpitations during physical activity
39. Chest pain or discomfort during physical activity
40. Shortness of breath when lying flat
41. Sleep disturbances or insomnia
42. Rapid weight gain
43. Loss of consciousness

- 44. Sudden cardiac arrest
- 45. Chest pain or discomfort that occurs during or after eating
- 46. Excessive sweating
- 47. Severe heartburn
- 48. Increased or decreased appetite
- 49. Rapid breathing
- 50. Bluish discoloration of the skin or lips.

It is important to note that these symptoms can also be caused by other health conditions, and not all individuals with cardiac problems will experience all of these symptoms. If you experience any of these symptoms, it is important to seek medical attention as soon as possible.