## Al-01151 Human Default Responses

22 Owner	R Rigel Arcayan
: Tags	Life
<ul><li>O Created time</li></ul>	@September 21, 2024 12:50 AM

In the context of human behavior, we do have default responses, default interactions, default feeling, default solutions, list 10 examples of each

## 10 Examples of Default Responses in Human Behavior

1.

**Greeting:** Saying "Hello" or "Hi" when encountering someone new.

2.

Apologizing: Saying "Sorry" when making a mistake or inconvenience.

3.

**Thanking:** Saying "Thank you" when receiving something or a favor.

4.

Smiling: Smiling when happy or pleased.

5.

Frowning: Frowning when sad, angry, or confused.

6.

**Nodding:** Nodding to indicate agreement or understanding.

7.

Shaking one's head: Shaking one's head to indicate disagreement or disapproval.

8.

Yawning: Yawning when tired or bored.

9.

**Scratching:** Scratching an itch without conscious thought.

10.

**Blinking:** Blinking to keep the eyes moist and clear.

## 10 Examples of Default Interactions in Human Behavior

1.

Eye contact: Making eye contact with someone during a conversation.

2.

**Personal space:** Maintaining a certain distance from others.

3.

Handshake: Shaking hands as a greeting or farewell.

4.

**Hugging:** Hugging someone as a gesture of affection or support.

5.

Patting on the back: Patting someone on the back as a congratulatory gesture.

6.

**Pointing:** Pointing with a finger to indicate direction or attention.

7.

Waving: Waving as a greeting or farewell.

R

**Nodding:** Nodding to indicate agreement or understanding.

9.

Shaking one's head: Shaking one's head to indicate disagreement or disapproval.

10.

**Cross-armed:** Crossing one's arms as a defensive or closed-off gesture.

## 10 Examples of Default Feelings in Human Behavior

1.

**Happiness:** Feeling joyful or content.

2.

Sadness: Feeling sorrowful or down.

3.

**Anger:** Feeling irritated or furious.

4.

Fear: Feeling afraid or anxious.

5.

**Surprise:** Feeling astonished or amazed.

6.

**Disgust:** Feeling aversion or repulsion.

7.

**Guilt:** Feeling remorse or shame.

8.

**Embarrassment:** Feeling awkward or self-conscious.

9.

**Love:** Feeling affection or fondness.

10.

Jealousy: Feeling envious or possessive.

10 Examples of Default Solutions in Human Behavior

1.

Avoidance: Avoiding a problem or situation.

2.

**Denial:** Refusing to acknowledge a problem or situation.

3.

**Blame:** Blaming others for problems or mistakes.

4.

Rationalization: Justifying one's actions or decisions.

5.

**Projection:** Attributing one's own negative qualities to others.

6.

**Displacement:** Directing anger or frustration towards a less threatening target.

7.

**Regression:** Returning to a previous stage of development.

8.

**Acting out:** Expressing emotions through aggressive or disruptive behavior.

9.

**Isolation:** Withdrawing from social interaction.

10.

**Compensating:** Making up for perceived deficiencies in one area by excelling in another.