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CRACKING THE AGING CODE: THE NEW SCIENCE OF GROWING OLD-AND WHAT IT MEANS FOR STAYING YOUNG



MACMILLAN AUDIO, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 150 x 130 mm. Language: English . Brand New. A revolutionary examination of why we age, what it means for our health, and how we just might be able to fight it. In *Cracking the Aging Code*, theoretical biologist Josh Mitteldorf and award-winning writer and ecological philosopher Dorion Sagan reveal that evolution and aging are even more complex and breathtaking than we originally thought. Using meticulous multidisciplinary science, as well...

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- Authored by Josh Mitteldorf, Dorion Sagan
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