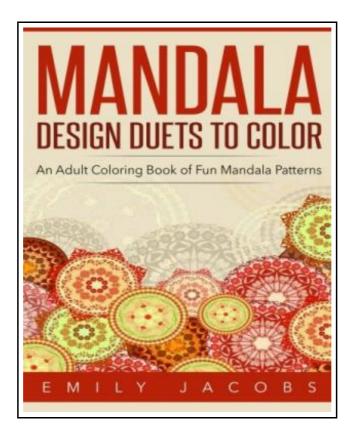
# Mandala Design Duets to Color: An Adult Coloring Book of Fun Mandala Patterns (Paperback)



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#### Reviews

This is actually the best book i actually have go through right up until now. It generally will not price an excessive amount of. I discovered this book from my dad and i suggested this book to understand. (Norma Carroll)

## MANDALA DESIGN DUETS TO COLOR: AN ADULT COLORING BOOK OF FUN MANDALA PATTERNS (PAPERBACK)



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Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Ultimate Low-Tech Way for High-Strung Adults to Unwind and Relax This adult coloring book is filled with 35 different designs and packs hours of peaceful entertainment, no electronics required. Each design is repeated once, giving you the chance to create 70 different mandala patterns. If you are looking for the ultimate grown-up coloring experience, you need this book. The mandala has been used for thousands of years in the East as a ritual symbol of harmony, balance, and completeness. When you color in this mandala pattern book you will find your cares and stresses fade away. Many find that after spending time in the mandala coloring book that not only do their worries disappear, but also the activity of mindful coloring unlocks their creativity. New ideas and ways around seemingly impossible obstacles suddenly appear. Do you remember the simple joy of coloring as a child? You probably spent hours of your young life combining your personal creativity in your color choices with the discipline of staying in the lines. Scientists have learned that these activities aren t just important for kids, but for adults too. Lose yourself in the simple joy of coloring again. Buy this book of mandalas to color and feel your troubles fade and your creativity increase. Buy Your Copy Today.

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