



Fresh Food from Small Spaces: The Square-Inch Gardeners Guide to Year-Round Growing, Fermenting, and Sprouting

By R. J. Ruppenthal

Chelsea Green Publishing Company. Paperback. Book Condition: New. Paperback. 192 pages. Dimensions: 10.4in. x 7.5in. x 0.8in. Books on container gardening have been wildly popular with urban and suburban readers, but until now, there has been no comprehensive how-to guide for growing fresh food in the absence of open land. Fresh Food from Small Spaces fills the gap as a practical, comprehensive, and downright fun guide to growing food in small spaces. It provides readers with the knowledge and skills necessary to produce their own fresh vegetables, mushrooms, sprouts, and fermented foods as well as to raise bees and chickens all without reliance on energy-intensive systems like indoor lighting and hydroponics. Readers will learn how to transform their balconies and windowsills into productive vegetable gardens, their countertops and storage lockers into commercial-quality sprout and mushroom farms, and their outside nooks and crannies into whatever they can imagine, including sustainable nurseries for honeybees and chickens. Free space for the city gardener might be no more than a cramped patio, balcony, rooftop, windowsill, hanging rafter, dark cabinet, garage, or storage area, but no space is too small or too dark to raise food. With this book as a guide, people living in apartments, condominiums,...



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