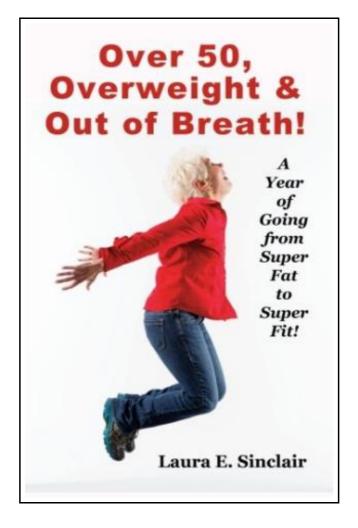
# Over 50, Overweight Out of Breath: A Year of Going from Super Fat to Super Fit. (Paperback)



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