



## Adolescent Psychotherapy Homework Planner (Paperback)

By Arthur E. Jongsma, L. Mark Peterson, William P. McInnis

John Wiley Sons Inc, United States, 2016. Paperback. Book Condition: New. 5th Revised edition. 278 x 215 mm. Language: English . Brand New Book. \* Contains 146 ready-to-copy homework assignments that can be used to facilitate brief adolescent therapy \* Homework assignments and exercises are keyed to the behaviorally based presenting problems from The Adolescent Psychotherapy Treatment Planner, Fifth Edition \* Assignments are available online for quick customization Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Adolescent Psychotherapy Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: \*146 ready-to-copy exercises covering the most common issues encountered by adolescent clients including such problems as blended families, substance use, and eating disorders \* A quick-reference format the interactive assignments are grouped by behavioral problems including academic underachievement, anger control problems, depression, social anxiety, and sexual abuse \* Expert guidance on how and when to make the most efficient use of the exercises \* Assignments cross-referenced to The Adolescent Psychotherapy Treatment Planner, Fifth Edition so you can quickly identify the right exercises for a given situation or problem \*...



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