Quantum Mechanics Solutions

1. (a) If \mathcal{H} has an orthonormal basis consisting of the eigenvectors $\{|v_i\rangle\}$ of A with eigenvalues $\lambda_i \in \mathbb{C}$, then A can be written in terms of its spectral decomposition as $A = \sum_i \lambda_i |v_i\rangle \langle v_i|$. We are given in this case that $|\lambda_i| = 1$, $\forall i$. Notice that the adjoint of A is $A^{\dagger} = \sum_i \lambda_i^{\star} |v_i\rangle \langle v_i|$. Then, we have

$$A^{\dagger}A = \sum_{i} \sum_{j} \lambda_{i} \lambda_{j}^{\star} |v_{j}\rangle \langle v_{j}|v_{i}\rangle \langle v_{i}|.$$

Since $\{|v_i\rangle\}$ is orthonormal, $\langle v_j|v_i\rangle = \delta_{ij}$. Then, we have

$$A^{\dagger}A = \sum_{i} \sum_{j} \lambda_{i} \lambda_{j}^{\star} \delta_{ij} |v_{j}\rangle \langle v_{i}| = \sum_{i} |\lambda_{i}|^{2} |v_{i}\rangle \langle v_{i}| = \sum_{i} |v_{i}\rangle \langle v_{i}| = \hat{I} = AA^{\dagger},$$

where we have used $|\lambda_i| = 1$ and the resolution of identity operator $\hat{I} = \sum_i |v_i\rangle\langle v_i|$ in terms of any orthonormal basis. Since $A^{\dagger}A = AA^{\dagger} = \hat{I}$, this proves that A is unitary.

(b) (i) Since we are asked to prove that two states are orthogonal to each other, it is natural to start with their inner product. Let $|\phi\rangle = T|\psi\rangle$, and let us start with $\langle\phi|\psi\rangle$:

$$\langle \phi | \psi \rangle = \langle T \phi | T \psi \rangle^* = \langle T \psi | T \phi \rangle = \langle T \psi | T^2 \psi \rangle = \langle T \psi | - \psi \rangle = -\langle T \psi | \psi \rangle = -\langle \phi | \psi \rangle,$$

where we have used the definition of an anti-unitary operator (first step), an axiom of an inner product (second step), definition of $|\phi\rangle$ (third step), the given $T^2 = -I$ property (fourth step), linearity of an inner product in the second slot (fifth step), and again the definition of $|\phi\rangle$ (last step). Since we find $\langle \phi | \psi \rangle = -\langle \phi | \psi \rangle$, this means $\langle \phi | \psi \rangle = 0$ proving that $|\psi\rangle$ and $T|\psi\rangle$ are orthogonal to each other.

(ii) Let $|n\rangle$ be an eigenstate of H with eigenvalue E_n , $H|n\rangle = E_n|n\rangle$. We know E_n is real, since H is Hermitian. Starting with $[H,T] = \hat{O}$ (where \hat{O} is the zero operator) and applying this operator equality to the H eigenstate $|n\rangle$, we find

$$HT|n\rangle - TH|n\rangle = |0\rangle \Rightarrow H(T|n\rangle) = T(H|n\rangle) = T(E_n|n\rangle) = E_n(T|n\rangle).$$

Notice that in the second to last step above, we used the fact that E_n is real $[T(E_n|n)]$ is actually $E_n^*T|n\rangle$ from the definition of an anti-unitary operator]. Since we see from above that $H(T|n) = E_n(T|n)$, the state $T|n\rangle$ has the same eigenvalue E_n as that of $|n\rangle$. This does not automatically imply degeneracy, since the state $T|n\rangle$ might differ from $|n\rangle$ by only a pure phase factor. However, this is not possible, since it was proven in part (i) that the states $T|n\rangle$ and $|n\rangle$ are orthogonal to each other. Hence, $T|n\rangle$ must be a distinct state compared to $|n\rangle$, which proves that H has a degenerate spectrum. If H were not Hermitian, this would not hold true in general, since the H eigenvalue E_n in that case could, in principle, be complex. $|n\rangle$ and $T|n\rangle$ would be different H eigenstates (with eigenvalues E_n and E_n^* , respectively).

2. (a) Writing down the representation of the A operator in the $\{|1\rangle, |2\rangle, |3\rangle\}$ orthonormal basis, it is straightforward to calculate the eigenvalues of A as a_0 (doubly degenerate eigenvalue with eigenvectors $|2\rangle$ and $\frac{1}{\sqrt{2}}(|1\rangle + |3\rangle)$, and $-a_0$ with eigenvector $\frac{1}{\sqrt{2}}(|1\rangle - |3\rangle)$. If a measurement of A on $|\psi\rangle$ is sure to yield a_0 , then $|\psi\rangle$ must lie in the degenerate subspace spanned by the two eigenvectors of A with eigenvalue a_0 (that is, $|\psi\rangle$ is, in general, a linear combination of the eigenvectors of A with eigenvalue a_0). Hence, $|\psi\rangle$ must be of the form:

$$|\psi\rangle = \alpha|1\rangle + \beta|2\rangle + \alpha|3\rangle,$$

for some $\alpha, \beta \in \mathbb{C}$. The second statement implies that b_0 is an eigenvalue of the B operator. Let $|\chi\rangle$ be the corresponding eigenvector, i.e. $B|\chi\rangle = b_0|\chi\rangle$. Expressing both the B operator and the $|\chi\rangle$ eigenvector in the $\{|1\rangle, |2\rangle, |3\rangle\}$ orthonormal basis and writing down the eigenvalue equation, one finds (after solving a linear equation) that $|\chi\rangle = \frac{1}{\sqrt{2}}(|1\rangle - i|2\rangle)$. Notice that we do not need to diagonalize the entire B matrix (which would be cumbersome); all we need is the eigenvector of B with eigenvalue b_0 . Since the probability of obtaining an eigenvalue of a Hermitian operator (when a measurement of that operator is made on some state $|\psi\rangle$) is given by the modulus square of the inner product of $|\psi\rangle$ with the corresponding eigenvector, the second statement means that $\langle\psi|\chi\rangle = 0$. This means that $\alpha + i\beta = 0$. Finally, we impose the normalization of $|\psi\rangle$ and find

$$|\psi\rangle = \frac{1}{\sqrt{3}}|1\rangle + \frac{i}{\sqrt{3}}|2\rangle + \frac{1}{\sqrt{3}}|3\rangle.$$

(b) Let $|\phi_{-}\rangle$ denote $|\phi(t=0^{-})\rangle$. The normalized $|\phi_{-}\rangle$ is $\frac{1}{\sqrt{2}}(|1\rangle + |2\rangle)$. The normalized eigenvectors of A with eigenvalue a_0 are $|\gamma_1\rangle = |2\rangle$ and $|\gamma_2\rangle = \frac{1}{\sqrt{2}}(|1\rangle + |3\rangle)$. The reduction postulate tells us that if the state of the system just before the measurement of A is $|\phi_{-}\rangle$, then the state of the system right after the measurement will be

$$|\phi(t=0^+)\rangle = \frac{\langle \gamma_1 |\phi_-\rangle |\gamma_1\rangle + \langle \gamma_2 |\phi_-\rangle |\gamma_2\rangle}{|\langle \gamma_1 |\phi_-\rangle|^2 + |\langle \gamma_2 |\phi_-\rangle|^2} = \frac{1}{\sqrt{6}}|1\rangle + \sqrt{\frac{2}{3}}|2\rangle + \frac{1}{\sqrt{6}}|3\rangle.$$

Now diagonalizing the Hamiltonian, it is straightforward to write down its eigenvectors and eigenvalues as $|h_1\rangle = \frac{1}{\sqrt{2}}(|1\rangle + |2\rangle)$ ($\lambda_1 = \hbar\omega$); $|h_2\rangle = \frac{1}{\sqrt{2}}(|1\rangle - |2\rangle)$ ($\lambda_2 = -\hbar\omega$); $|h_3\rangle = |3\rangle$ ($\lambda_3 = 2\hbar\omega$). Expressing $|\phi(t=0^+)\rangle$ in terms of the Hamiltonian eigenstates, we find $|\phi(t=0^+)\rangle = \frac{\sqrt{3}}{2}|h_1\rangle - \frac{1}{2\sqrt{3}}|h_2\rangle + \frac{1}{\sqrt{6}}|h_3\rangle$. Using the time-evolution postulate, one then finds

$$|\phi(t)\rangle = \frac{\sqrt{3}}{2}|h_1\rangle e^{-i\omega t} - \frac{1}{2\sqrt{3}}|h_2\rangle e^{i\omega t} + \frac{1}{\sqrt{6}}|h_3\rangle e^{-2i\omega t}.$$

3. (a) (i) Since $[\Pi, H_0] = \hat{0}$, V_0 is an even function of x, and H_0 eigenstates $\psi_n^{(0)}$ are also parity eigenstates (even, odd, even, ... as n = 0, 1, 2...) First-order correction to the ground state energy can be written as the expectation value of the perturbing potential in the ground state of H_0 . Using integration by parts, we have

$$E_0^{(1)} = \langle \psi_0 | H_1 | \psi_0 \rangle = \lambda \int_{-\infty}^{\infty} \psi_0 x \psi_0' \psi_0 \ dx = \lambda x \psi_0^3 \Big|_{-\infty}^{\infty} - \lambda \int_{-\infty}^{\infty} \psi_0^3 \ dx - 2\lambda \int_{-\infty}^{\infty} x \psi_0' \psi_0^2 \ dx.$$

The surface term vanishes as ψ_0 dies sufficiently fast. Then, we have

$$3\int_{-\infty}^{\infty} x\psi_0'\psi_0^2 dx = -\int_{-\infty}^{\infty} \psi_0^3 dx \quad \Rightarrow \quad E_0^{(1)} = -\frac{c\lambda}{3}$$

(ii) The second-order correction to the first excited state can be written as the sum

$$E_1^{(2)} = \sum_{m \neq 1} \frac{|\langle \psi_m^{(0)} | H_1 | \psi_1^{(0)} \rangle|^2}{E_1^{(0)} - E_m^{(0)}} = \frac{|\langle \psi_0^{(0)} | H_1 | \psi_1^{(0)} \rangle|^2}{E_1^{(0)} - E_0^{(0)}} + \sum_{m \geq 2} \frac{|\langle \psi_m^{(0)} | H_1 | \psi_1^{(0)} \rangle|^2}{E_1^{(0)} - E_m^{(0)}}.$$

Now, since $\psi_0(x)$ is an even function of x, $\psi_0'(x)$ is odd, which makes $\psi_0^{(0)}x\psi_0'(x)\psi_1^{(0)}$ an odd function of x. Hence, the first (m=0) term vanishes. For the remaining $(m\geq 2)$ terms, the numerator is always positive and $E_1^{(0)}-E_m^{(0)}<0$ which leads to $E_1^{(2)}<0$.

(b) Since the given $\psi(x)$ (which is odd and has one node) is orthogonal to the exact ground state wavefunction $\phi_0(x) = \sqrt{\frac{1}{a}}\cos(\frac{\pi x}{2a})$ (which is even and nodeless), it can be used to get an estimate for the first excited state energy. By inspection, it also looks very similar to the true first excited state wavefunction. Normalizing $\psi(x)$, we get $\psi(x) = \sqrt{\frac{105}{16a^7}} \ x(x^2 - a^2)$. Using the variational principle for the 1st excited state (since $\langle \psi | \phi_0 \rangle = 0$) we have

$$E_1 < \langle H \rangle_{|\psi\rangle} = \int_{-a}^{a} dx \ \psi(x) \left[-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} \right] \psi(x) = \frac{21\hbar^2}{4ma^2} = 5.25 \frac{\hbar^2}{ma^2}.$$

This estimate is only 6.4% larger than the true first excited state energy of $E_1 = \frac{\hbar^2 \pi^2(2)^2}{2m(2a)^2} \approx 4.93(\frac{\hbar^2}{ma^2})$.

4. (a) The parity of $|\phi_{n\ell m}\rangle$ eigenstates of the hydrogen atom is $(-1)^{\ell}$ (due to the parity of the spherical harmonics $Y_{\ell m}$). Since the uncertainty of the parity operator is finite, the given $|\psi\rangle$ cannot be a parity eigenstate, hence, it must be a linear combination of an even and odd eigenstate. Assume for the time being that ℓ_1 = even (with parity eigenvalue +1) and ℓ_2 = odd (with parity eigenvalue -1). Then we have (using $\Pi^2 = I$)

$$(\Delta\Pi)^{2}_{|\psi\rangle} = \langle \Pi^{2} \rangle_{|\psi\rangle} - \langle \Pi \rangle^{2}_{|\psi\rangle} = 1 - \left[|c_{1}|^{2}(+1) + (1 - |c_{1}|^{2})(-1) \right]^{2} = 1 - (2|c_{1}|^{2} - 1)^{2} = \frac{3}{4},$$

which implies that $|c_1|^2 = \frac{1}{4}$ or $\frac{3}{4}$ and $|c_2|^2 = 1 - |c_1|^2 = \frac{3}{4}$ or $\frac{1}{4}$. Then, $|\psi\rangle$ becomes (up to an overall phase)

$$|\psi\rangle = \frac{1}{2} |\phi_{n_1\ell_1 m_1}\rangle + \frac{\sqrt{3}e^{i\delta}}{2} |\phi_{n_2\ell_2 m_2}\rangle.$$

where δ is some arbitrary real number. Now, the H-atom energy eigenvalues are $-13.6 \text{ eV}/n^2$ (n=1,2,...). Notice that the Hamiltonian expectation value of -4.0375 eV, which is the average of two H-atom energy eigenvalues with weights of $|c_1|^2 = 1/4$ and $|c_2|^2 = 3/4$, falls between the n=1 (-13.6 eV) and n=2 (-3.4 eV) energy eigenvalues. Hence, one of the states must have the principal quantum number of n=1, otherwise there would be no way of averaging two numbers which are both greater than or equal to -3.4 eV and come up with an average of -4.0375 eV. Choosing $n_1=1$ and looking for an (integer) solution for n_2 as

$$\langle H \rangle_{|\psi\rangle} = \frac{1}{4} \left(-13.6 \text{ eV} \right) + \frac{3}{4} \frac{(-13.6 \text{ eV})}{n_2^2} \stackrel{?}{=} -4.0375 \text{ eV},$$

we can obtain a solution with $n_2 = 4$. If n_2 were chosen as 1 (so that the weight of the -13.6 eV eigenvalue would be 3/4), it can easily be shown that there is no integer (or real, for that matter) solution for n_1 that would satisfy the H expectation value requirement. Since $n_1 = 1$, this implies $\ell_1 = 0 = m_1$ as $0 \le \ell_1 < n_1$ and $-\ell_1 \le m_1 \le \ell_1$. That $|\psi\rangle$ must be an eigenstate of the L_z operator (third piece of information in the problem) also constrains $m_2 = 0$. The value of ℓ_2 , on the other hand, cannot be determined uniquely. We know $0 \le \ell_2 < 4$ and ℓ_2 has to be odd (due to the parity argument above). Hence, $\ell_2 = 1$ or 3. Therefore,

$$|\psi\rangle = \frac{1}{2}|\phi_{100}\rangle + \frac{\sqrt{3}e^{i\delta}}{2}|\phi_{4\ell_20}\rangle, \text{ with } \ell_2 = 1 \text{ or } 3.$$

(b) Define the total spin operator $\vec{S} = \vec{S}_1 + \vec{S}_2$. We are free to choose the coordinate axis so that \vec{A} is aligned along the z-axis, so that $\vec{A} \cdot (\vec{S}_1 + \vec{S}_2) = |\vec{A}|(S_{1z} + S_{2z}) = AS_z$ where S_z is the z component of the total spin operator. Writing $\vec{S}_1 \cdot \vec{S}_2 = (\vec{S}^2 - \vec{S}_1^2 - \vec{S}_2^2)/2$, we can express the given Hamiltonian as

$$H = \frac{A}{2\hbar^2} (\vec{S}^2 - \vec{S}_1^2 - \vec{S}_2^2) + \frac{A}{\hbar} S_z$$

The set of operators $\{\vec{S}_1^2, \vec{S}_2^2, \vec{S}^2, S_z\}$ commutes with H, hence the eigenstates can be labeled (dropping the S_1, S_2 indices for brevity) with kets of the form $|S, M\rangle$ where $-S \leq M \leq S$. Since $\vec{S}_i^2 = 2\hbar^2 I$ (i = 1, 2) for spin 1 objects, the above H can further be simplified in the $S_1 = S_2 = 1$ sector as

$$H = \frac{A}{2\hbar^2}(\vec{S}^2 - 4\hbar^2) + \frac{A}{\hbar}S_z$$

From angular momentum addition rules, with $S_1 = S_2 = 1$, S = 0, 1, or 2 (with $|M| \leq S$ for each S). Using $\vec{S}^2|S,M\rangle = S(S+1)\hbar^2|S,M\rangle$ and $S_z|S,M\rangle = M\hbar|S,M\rangle$, the eigenvalues of the Hamiltonian corresponding to the $|2,2\rangle$, $|2,1\rangle$, $|2,0\rangle$, $|2,-1\rangle$, $|2,-2\rangle$, $|1,1\rangle$, $|1,0\rangle$, $|1,-1\rangle$, and $|0,0\rangle$ states can be computed straightforwardly as 3A, 2A, A, 0, -A, 0, -A, 0, -A, and -2A, respectively. Since A > 0, the ground state energy is -2A (two-fold degenerate with eigenvectors $|1,-1\rangle$ and $|0,0\rangle$). The first excited state energy is -A (also two-fold degenerate with eigenvectors $|2,-2\rangle$ and $|1,0\rangle$).

5. (a) For a single particle under a one-dimensional harmonic oscillator potential of frequency ω , the spectrum is $E_n = (n + \frac{1}{2})\hbar\omega$ (n = 0, 1, 2, ...) Since the particles are non-interacting, the total energy of the 4-particle system can be written as a sum of one-particle energies. Since the particles are bosons, one can place any number of them in any single-particle state. The total energy of the system can then be determined by identifying how many particles are in each single-particle state. The energy eigenstates for the 4-particle system can be labeled by 4 integers (n_1, n_2, n_3, n_4) as $E_{n_1 n_2 n_3 n_4} = (n_1 + n_2 + n_3)$ $n_2+n_3+n_4$) $\hbar\omega+2\hbar\omega$ ($n_i=0,1,2,...$) Or, one can use a single quantum number $N=n_1+n_2+n_3+n_4$ (N=0,1,2,...) to label the energy eigenstates. Let n=0,1,2,... denote a generic single-particle state. Clearly, the ground state is obtained with N=0 (placing all particles in n=0), the first excited state is obtained with N=1 (placing one of the particles in n=1, the other three in n=0). For the second excited state (N=2), one can place two particles in the n=0 and the other two in n=1, OR three of them in n=0 and one of them in n=2 (hence, the second excited state is 2-fold degenerate). For the third excited state (N=3), the energy is $E_3 = 3\hbar\omega + 2\hbar\omega = 5\hbar\omega$. This state can be obtained by (A) placing one particle in n=0 and the other three in n=1, or (B) placing two particles in n=0, one particle in n=1, and one particle in n=2, or (C) placing three particles in the n=0 and the remaining one in n=3. Hence, the N=3 third-excited state of the 4-particle system has an energy of $5\hbar\omega$ and is 3-fold degenerate.

To write the normalized wavefunctions for the 4-particle system, we use products of single-particle wavefunctions $\psi_n(x_i)$. Since the particles are identical bosons, we should not be able to distinguish which particle is in which particular single-particle state. That is, the 4-particle wavefunctions should be properly symmetrized. For the cases of (A) and (C) above, this means that there will be 4!/3! = 4 product wavefunctions in the expansion (for example, in A, we should not be able to tell which particle is in the n = 0 state) that results in the following normalized wavefunctions

$$\psi_A(x_1, x_2, x_3, x_4) = \frac{1}{2} (\psi_0(x_1)\psi_1(x_2)\psi_1(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_0(x_2)\psi_1(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_1(x_2)\psi_0(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_1(x_2)\psi_1(x_3)\psi_0(x_4))$$

$$\psi_C(x_1, x_2, x_3, x_4) = \frac{1}{2} (\psi_3(x_1)\psi_0(x_2)\psi_0(x_3)\psi_0(x_4) + \psi_0(x_1)\psi_3(x_2)\psi_0(x_3)\psi_0(x_4) + \psi_0(x_1)\psi_0(x_2)\psi_0(x_3)\psi_0(x_4) + \psi_0(x_1)\psi_0(x_2)\psi_0(x_3)\psi_3(x_4))$$

For (B), since two particles are in the same (n = 0) state, there will be a total of 4!/2! = 12 product wavefunctions:

$$\psi_B(x_1, x_2, x_3, x_4) = \frac{1}{\sqrt{12}} (\psi_0(x_1)\psi_0(x_2)\psi_1(x_3)\psi_2(x_4) + \psi_0(x_1)\psi_0(x_2)\psi_2(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_0(x_2)\psi_0(x_3)\psi_2(x_4) + \psi_2(x_1)\psi_0(x_2)\psi_0(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_2(x_2)\psi_0(x_3)\psi_0(x_4) + \psi_2(x_1)\psi_1(x_2)\psi_0(x_3)\psi_2(x_4) + \psi_0(x_1)\psi_2(x_2)\psi_0(x_3)\psi_1(x_4) + \psi_0(x_1)\psi_2(x_2)\psi_0(x_3)\psi_1(x_4) + \psi_0(x_1)\psi_2(x_2)\psi_1(x_3)\psi_0(x_4) + \psi_1(x_1)\psi_0(x_2)\psi_2(x_3)\psi_0(x_4) + \psi_2(x_1)\psi_0(x_2)\psi_1(x_3)\psi_0(x_4) + \psi_1(x_1)\psi_0(x_2)\psi_2(x_3)\psi_0(x_4) + \psi_2(x_1)\psi_0(x_2)\psi_1(x_3)\psi_0(x_4) + \psi_1(x_1)\psi_0(x_2)\psi_2(x_3)\psi_0(x_4) + \psi_2(x_1)\psi_0(x_2)\psi_1(x_3)\psi_0(x_4) + \psi_1(x_1)\psi_0(x_2)\psi_2(x_3)\psi_0(x_4) + \psi_2(x_1)\psi_0(x_2)\psi_1(x_3)\psi_0(x_4) + \psi_1(x_1)\psi_0(x_2)\psi_2(x_3)\psi_0(x_4) + \psi_2(x_1)\psi_1(x_2)\psi_2(x_3)\psi_0(x_4) + \psi_2(x_1)\psi_1(x_2)\psi_1(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_1(x_2)\psi_2(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_1(x_2)\psi_1(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_1(x_2)\psi_1(x_3)\psi_1(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_1(x_2)\psi_1(x_3)\psi_1(x_3)\psi_1(x_3)\psi_1(x_4) + \psi_1(x_1)\psi_1(x_2)\psi_1(x$$

(b) For a single particle under a two-dimensional harmonic oscillator potential of frequency ω , the spectrum is $E_{n_x,n_y}=(n_x+n_y+1)\hbar\omega$ ($n_x=0,1,...$ and $n_y=0,1,...$) Adding also the spin degree of freedom, let us label the single-particle states with $|n_x,n_y,m_s\rangle$ (where $m_s=\uparrow$ or \downarrow). For non-interacting many particle systems, the total energy will simply be the sum of single-particle energies (one cannot, however, put more than 1 electron in a given single-particle quantum state). For N=1 particle, the ground state will have a degeneracy, since $|0,0,\uparrow\rangle$ and $|0,0,\downarrow\rangle$ states have the same energy. For N=2 particle system, on the other hand, one of the electrons can be in the $|0,0,\uparrow\rangle$ state, while the other can be in the $|0,0,\downarrow\rangle$. For this case, the ground state is non-degenerate. The next value of N for which the ground state will be non-degenerate will be when the electrons occupy all of the single-particle states that are in the next "shell". These would be the single-particle states $|1,0,\uparrow\rangle$, $|1,0,\downarrow\rangle$, $|0,1,\uparrow\rangle$, and $|0,1,\downarrow\rangle$, which all have the same energy. If all these states are occupied, the corresponding ground state will again be non-degenerate. This requires 2 (to fill the $n_x=n_y=0$ states) plus 4 (to fill $n_x+n_y=1$ states) electrons, i.e. a total of N=6 electrons. Therefore, the lowest two values of N for which the ground state is non-degenerate are N=2 and 6.

With N=2, the first excited state is obtained when an electron gets transferred from either the $|0,0,\uparrow\rangle$ or $|0,0,\downarrow\rangle$ to one of the 4 possible single-particle states mentioned above (with $n_x+n_y=1$). There would be 1 electron with $n_x=n_y=0$ (contributing an energy of $\hbar\omega$) and another with $n_x+n_y=1$ (contributing an energy of $2\hbar\omega$). Hence, the total energy of the first excited state will be $E_1=\hbar\omega+2\hbar\omega=3\hbar\omega$. Since the electron to be transferred from the $n_x=n_y=0$ level can be chosen in 2 ways (up or down spin) and put into one of the 4 possible single-particle states (with $n_x+n_y=1$ and up/down spin), the degeneracy of the first excited state of the N=2 particle system will be $2\times 4=8$ -fold.

With N=6, the first excited state is obtained when an electron gets transferred from one of the 4 states (with $n_x+n_y=1$ and up/down spin) to a single-particle state in the next "shell". There are a total of 6 single-particle states in the next shell (with $n_x+n_y=2$ and up/down spins). Altogether, in this N=6 electron system, there are 2 electrons with $n_x=n_y=0$ (each contributing an energy of $\hbar\omega$), 3 electrons with $n_x+n_y=1$ (each contributing an energy of $2\hbar\omega$), and 1 electron with $n_x+n_y=2$ contributing an energy of $3\hbar\omega$. Hence, the total energy of the first excited state will be $E_1=2\hbar\omega+6\hbar\omega+3\hbar\omega=11\hbar\omega$. Since the electron to be transferred from the $n_x+n_y=1$ level can be chosen in 4 ways and put into one of the 6 possible single-particle states (with $n_x+n_y=2$ and up/down spin), the degeneracy of the first excited state of the N=6 particle system will be $4\times 6=24$ —fold.