

# Tevene Cyrus Tyson

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## PROFESSIONAL SUMMARY

Aspiring nutritionist, knowledgeable about women's and children's health issues. Effective leader with excellent organizational, interpersonal communication skills. Well- rounded, skilled at preparation of nutritional foods, to cater to hypertensive and diabetic conditions. Professionally dedicated to improving dietary habits and long term health of people of all ages.

## EDUCATION

BACHELOR OF SCIENCE | CURRENT | UNIVERSITY OF THE WEST INDIES, ST. AUGUSTINE

➤ Major: Human Nutrition and Dietetics

ASSOCIATE IN APPLIED SCIENCE | 2015 | TRINIDAD AND TOBAGO HOSPITALITY AND TOURISM INSTITUTE

➤ Major: Culinary Management

DIPLOMA /2013/TRINIDAD AND TOBAGO HOSPITALITY AND TOURISM INSTITUTE

➤ Major: Baking and Pastry Arts

CSEC/JUNE 2012/HOLY FAITH CONVENT, PENAL

➤ Subjects (Grade): Biology(III), English A(I), Geography(III), Mathematics(I), Principles of Accounts(II), Principles of Business(II), Spanish(III).

CSEC/JANUARY 2012

➤ Subjects (Grade): English A(II), Mathematics(II) Principles of Accounts(I), Principles of Business(II), Spanish(III).

## SKILLS AND ABILITIES

Excellent problem solver, Fast learner, Great interpersonal Communication skills, Flexible, Goal-oriented, Team Player, Computer literate, Culinary expertise

## WORK EXPERIENCE

CHEF | SIMPLY BOUGE CAFE | 03/2016 TO 07/2016

➤ Responsible for the preparation (mise en place) of items for menu, cooking of the menu items, grilling of meats, cleaning and seasoning of meats and the plating (presentation) of the menu items.

CASHIER | PERSAD'S INVESTMENTS LIMITED | 10/2015 TO 02/2016

➤ Interpersonal communication, scanning grocery items, Basic Accounting skills.

STUDENT RECEPTIONIST/ TRINIDAD AND TOBAGO HOSPITALITY AND TOURISM INSTITUTE/ 04/2015 TO 06/2015

➤ Interpersonal skills, Phone etiquette, Database entry

STUDENT RECEPTIONIST/ TRINIDAD AND TOBAGO HOSPITALITY AND TOURISM  
INSTITUTE/ 09/2014 TO 11/2014

➤ Interpersonal skills, Phone etiquette, Database entry

BAKER/ NICHOSSA RESTAURANT, BAKERY AND DESSERTS/ 06/2013 TO 08/2013

➤ Responsible for mixing and making of bakery items, baking bakery items, assisting in the setting up of the showcase and presentation of baking items.

OWNER, SELF- EMPLOYED/ TRAITES AVEC FLAIR/ 2011-PRESENT

➤ Own and operates catering business alongside a business partner. Caters baked goods and food to small events.

## **REFERENCES**

➤ GENELLE JEROME/302-1444/LABIDCO LIMITED