



Great Foods Boneless Picnic Ham



Pork Split Spareribs
2268 per lb



New Zealand Lamb Legs Chumps Off  $29^{48}_{
m 64.99/kg}$ 













## Meat - Oh - Licious ..... we MEAT all your needs at Massy Stores!















Verdant Valley Seasoned Boneless Chicken Breast Roast



Verdant Valley Seasoned Boneless Turkey Breast Roast







French



#### MARKET SHOPPING AT YOUR CONVENIENCE





















# Baking our way into your Home



Massy Stores 8" Chocolate Mousse Cake

62<sup>50</sup>



Massy Stores Fruit Cake

39 99 SAVE \$6.

Massy Stores Black Forest Cake



Father's Table Variey Cheese Cake

14399 400z



Massy Stores Red Velvet Cake



Kimberley's Celebration Cupcakes







## Merry Christmas 📑 🖪 📵































## DOUBLE POINTS on ALL items in this catalogue.

























### Happy Holidays!









Cuisine Full Cream Evaporated Milk 410g



Cuisine Whole Kernel Corn 340g



Cuisine Cream Style Corn 426g



Cuisine Green Pigeon Peas 425g

Q99



Cuisine Pineapple

Chunks 565g 1199



Libby's Fruit Cocktail

in Heavy Syrup 850g SAVE S6.

Carbonell Stuffed Olives 210g 1949



Carbonell Capers 100g

 $16^{49}$ 



Carbonell Olive Oil 750ml

6999



Habanero Pepper Sauce 150ml



Habanero Scorpion Pepper Sauce 150ml







## Merry Christmas































### Happy Holidays!







Nestle Quality Street Chocolate 480g



Hershey's Kisses 524q **59**<sup>99</sup>

Paynes Just Brazils Chocolates 180g

\* Dark Chocolate \* Milk Chocolate

Just Just

Fingers





Pringles Xmas 20% FREE

(Asst'd) 165g



Snyder's Tortilla Chips White / Yellow 453g

1999



Snyder's Salsa 425g Medium / Mild

America's Best Cheez Ballz & Curlz



\* Cheese

\* Original

\* Sour Cream & Onion

Minueto Wafers (Asst'd) 115g





Regal Cocktail Peanuts 500g

SNYDERS



SNYDERS #

Singh's Whole Channa Pepper 340g

 $18^{49}$ 







## Merry Christmas 📑 🖪 📵











Johnnie Walker Black Scotch Whisky 750ml

23999















## Happy Holidays!

















Cascine 7

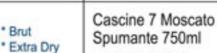
Prosecco 750ml































### Your Massy Stores Phistmas Special Recipe



### Spinach and Ricotta-Stuffed Chicken Breasts with Lemony White Wine Sauce

Total Time: 40 min Prep: 30 min Cook: 10 min

#### Ingredients

#### Stuffing:

1 cup cooked, chopped, and drained fresh spinach

1/2 cup Crystal Farms Whole Ricotta 15oz Retail \$27.49 Save \$2.80

1/2 cup Crystal Farms Shredded Mozzarella 8oz Retail 32.29 Save \$4.00

4 slices cooked bacon, crumbled

Kosher salt and freshly ground black pepper

1 large egg

#### Sauce:

1/2 cup Vina Maipo Sauvignon Blanc Wine Retail \$99.99 Save 21.00

1/2 cup homemade chicken stock

1 tablespoon Dijon mustard

1 lemon, juiced

Kosher salt and freshly ground black pepper

Chopped parsley leaves, for garnish

#### SAVE BIG WITH OUR CHRISTMAS RECIPI

#### Chicken:

2 (8-ounce) USA boneless, skinless chicken breast halves Retail \$49.99/kg Save \$10.00/kg

Kosher salt and freshly ground black pepper 2 tablespoons Cuisine Soyabean Oil

#### **Directions**

Make the Stuffing: In a bowl, combine the spinach, ricotta, Crystal Farms Shredded Mozzarella, and bacon and mix well. Season with salt and pepper. Add the egg, mix well, and set aside.

Make the Sauce: Combine the Vina Maipo Sauvignon Blanc wine and stock in a saucepan. Bring to a boil and reduce to a sauce-like consistency. Whisk in the mustard, lemon juice, and season with salt and pepper, to taste. Set aside.

Make the Chicken: Place each chicken breast between 2 doubled-up sheets of plastic wrap, and pound to an even 1/4-inch thickness with a meat-pounder or rolling pin. Divide the stuffing between the breasts, mounding it along the center of each. Fold the bottom edge of each breast over the stuffing, fold in the sides, and roll forward until completely wrapped, to form a tight rolled package. Secure each flap with a toothpick. Season the chicken all over with salt and pepper, to taste.

Heat the oil in a large skillet over medium heat. Add the chicken and cook, turning occasionally, until browned, about 2 minutes per side. Cover the skillet, turn the heat down to low, and cook until just cooked through, about 5 minutes more.

Transfer the chicken to a cutting board and let rest for 5 minutes.

Meanwhile, pour the sauce into the skillet over high heat and cook, stirring and scraping the bottom with a wooden spoon.

Slice the chicken into medallions, divide among plates, and spoon some of the sauce over each. Garnish with parsley and serve immediately.



## Your HOUSEHOLD Supplies

Glade Holiday 2016 Aerosols Assorted





Glade Holiday 2016 Jar Candles Assorted



Duracell AA Coppertop Batteries 8pk

**Buy 6 Get 2 FREE** 





Pledge Furniture Polish Assorted





Diamond Aluminum Foil 75ft, with FREE 25ft Diamond Foil



and GET 25ft FREE

Hefty EZ Foil Roaster Pan Crown Rectangular



**Bounty Paper Towels** 40Sheet



Dove Bagth Soaps (Asst'd) 2349 2x4oz Dove. Dove. White Cloud Bathroom Tissue 400 Shts



Fabuloso Multi Purpose Cleaner

BANDED **OFFER** 





Get DOUBLE POINTS on ALL items in this catalogue

# Have a **CLEAN BRIGHT Christmas** with our Household Specials





Quix Turbo Diswashing Liquid (Asst'd) 2pk

99 2X735ml





**OFFER** 

Lanher Oven Cleaner with Trigger 650ml









Breeze Multiactive Powdered Detergent (Asst'd)

99 1950g













Blue Wash Liquid Laundry Detergent 1.8ml

Plus Bleach Regular Colour Safe









## Have a Wellness Christmas



Advil Cold & Sinus 20ct

 $47^{95}$ 



Panadol Tablets 16ct



Pharmaton Liquid 100ml

 $61^{15}$ 





Nutiva Coconut Oil 14oz

 $114^{72}$ 







Genuine Muscle Milk Protein Powder Vanilla & Chocolate

299<sup>99</sup> 39.5oz



Bioré.

Dirty Self Heating 1Minute Mask



Dirty Deep Pore Charcoal Cleanser 6.77oz



(Asst'd) 150ct 22<sup>50</sup>

Tums





Redoxon Effervescent 1000g

23 60 Redox



Use your Massy Reward Card and

EARN DOUBLE POINTS
On Wednesdays at Massy Stores Pharmacy
WELLNESS PAYS

TRINCITY 609-2021 ST. AUGUSTINE 662-2273 ST. ANN'S 621-2273 MARAVAL, MOKA 609-2301 WESTMOORINGS 633-2273

MARABELLA 658-2273

653-8495

**GULF VIEW** 

Pay for your prescriptions and other pharmacy items with your Massy Points.

#### Remember:

TTARP members and Massy employees enjoy a

3% discount when they present their Massy Reward Card

Food Vouchers can be redeemed at our pharmacies



### Get the gift that Keeps on Giving

Win 1 of 18 shopping sprees or a brand new Hyundai Elantra!











Our family serving your family.

## Now you can redeem your points for any item on our shelves!

Have a very Massy Christmas!







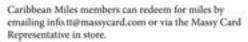














Gift Certificates can be used at any Bluegrass outlet. Locations Includes: Long Circular Mall, St James; The Falls at Westmall, Westmoorings; Grand Bazaar, Valsayn; Trincity Mall, Tricnity and Gulf City Shopping Complex, La Romain.



Gift Certificates can be used at any one of R.I.K's eight outlets. Location include: Queen St, Port of Spain; Long Circular Mall, St James; The Falls at Westmall, Westmoorings; Grand Bazaar, Valsayn; Trincity Mall, Trincity; Gulf City Shopping Complex, La Romain; Price Plaza North, Chaguanas; High St, San Fernando.