

US Heart Disease Analysis for 2014

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Motivation & Summary

We looked at heart disease because it is the number one cause of death in the United States.

According to the CDC:

- ▶ About **610,000 people** die of heart disease in the United States every year—that's **1 in every 4 deaths**
- ▶ Heart disease is the leading cause of death for both men and women. **More than half** of the deaths due to heart disease in 2009 were in men

<https://www.cdc.gov/heartdisease/facts.htm>

We found that there is a high number of occurrence of heart disease in every state. We drilled down on gender, poverty, obesity and risk factors such as smoking, alcohol consumption, high school obesity, and adult obesity. We also found a strong correlation between the risk factors and data values.

Data Sources and Questions

► Data sources:

- Data.gov: Heart_Disease_Mortality_Data 2014
- CDC: Heart Disease Death Rates (2014)
- US census 2014

► Questions :

- What is the rate of heart disease among the US population?
- Is there a difference in occurrence for gender, poverty, and other groups?
- What are possible causes? i.e. smoking, alcohol, adult obesity, high school obesity?

These data sources contained data for each of these questions.

From the first, we gained information about gender

From the second data source, we gained data for mortality and risk factors.

From the census, we found poverty data.

Data cleanup and exploration

We did minor cleanup on the data. There were some renamed columns, and we sliced the csv columns. For example, different data sources had different nomenclature for the states. We picked good sources.

```
selected_df = selected_df[0:1000000]
```

```
In [35]: heartDiseaseDF = selected_df.rename(index=str, columns={"LocationAbbr":"State",  
                                                                "Data_Value":"Mortality Count",  
                                                                "Stratification1":"Gender"})  
  
heartDiseaseDF.head()  
#heartDiseaseDF.columns
```

Out[35]:

State	Mortality Count	Gender
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Pivot table and pie: gender

Out[8]: pandas.core.groupby.groupby.DataFrameGroupBy object at 0x0000010200045510

```
In [9]: ▶ #gender.size().unstack()
#Pivot table for all states
print("Total heart disease 10^5 by state grouped by gender")
heartDiseaseDF.pivot_table(index='Gender', columns = 'State', values = 'Mortality Count', aggfunc = 'sum')
```

Total heart disease 10^5 by state grouped by gender

Out[9]:

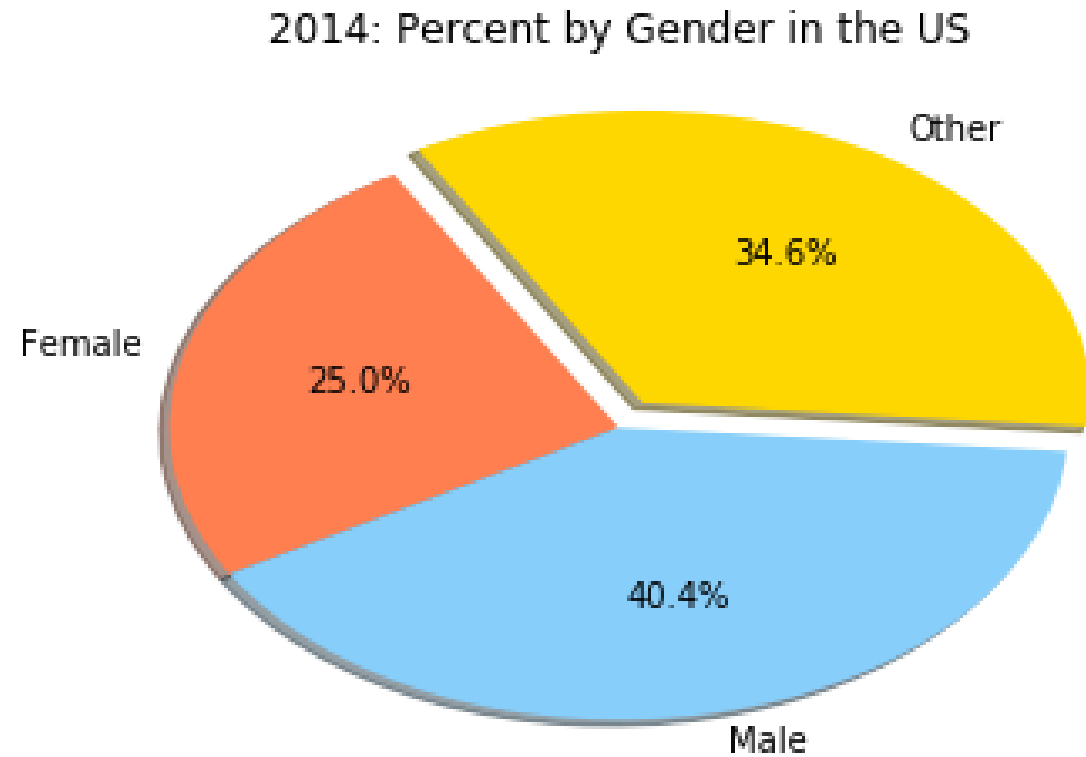
State	AK	AL	AR	AS	AZ	CA	CO	CT	DC	DE	...	TX	US	UT	VA	VI	VT
Gender																	
Female	13428.4	80202.6	80573.6	563.6	17973.9	74522.5	42227.1	8931.6	2124.4	4241.5	...	270205.2	1408.7	21941.7	111639.2	64.3	7337.3
Male	28056.2	125456.1	128588.2	803.0	29690.4	124250.5	68598.8	14395.3	3553.7	6201.8	...	412804.0	2245.3	31584.8	175420.1	114.3	11924.9
Overall	22513.1	103700.0	108849.3	694.6	24124.8	101083.9	60649.9	11442.3	2894.9	5257.6	...	354848.1	1776.6	31105.6	147851.8	86.3	9730.7

3 rows × 57 columns

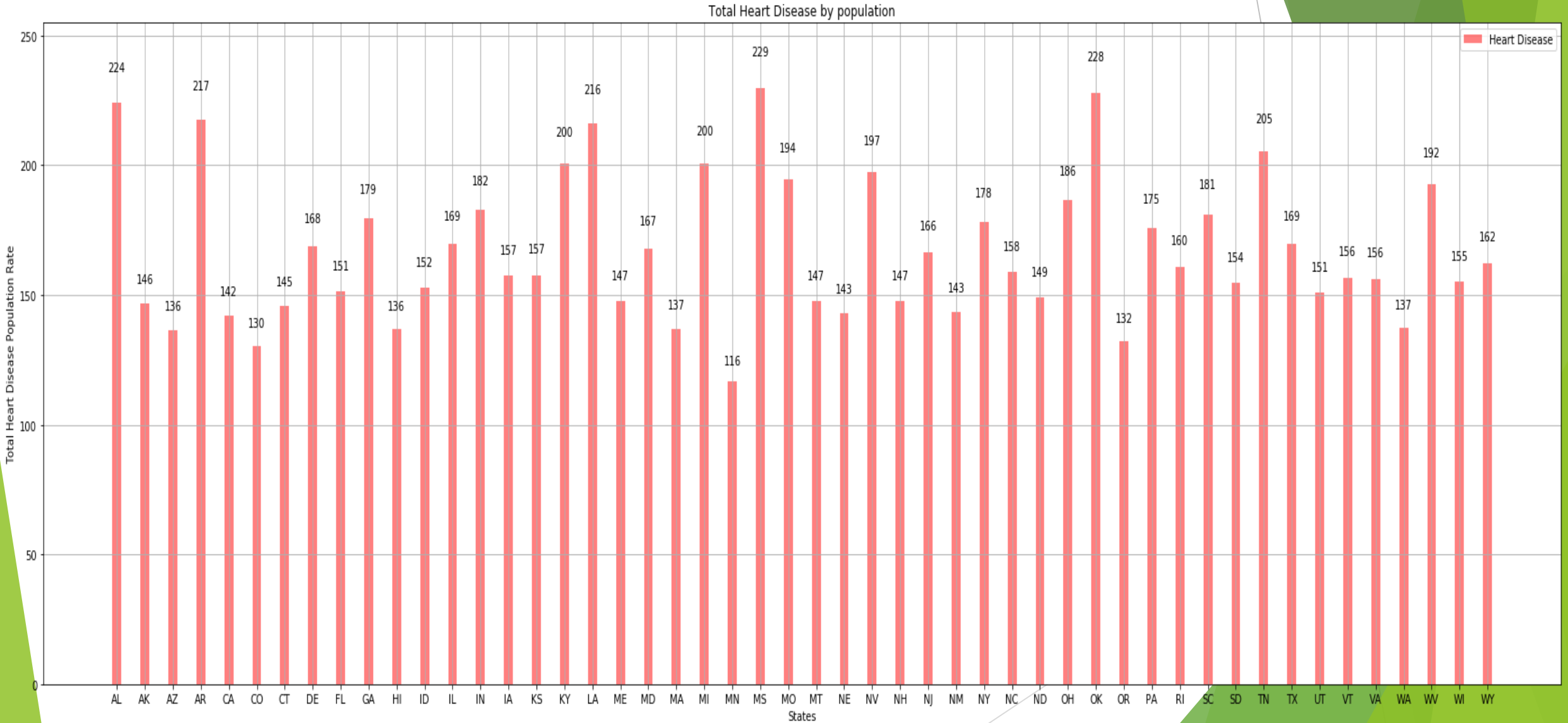
```
In [12]: ▶ #Construct a Pie Chart to indicate the HD % suffered by every Gender
colors = ['Coral', 'LightSkyBlue', 'Gold']
explodeTuple = [0,0,0.1]
labels=['Female', 'Male', 'Other']

#Build the Pie Chart
plt.pie(x=totalHDBByGenderType, explode=explodeTuple, colors=colors, labels=labels,
        shadow=True, autopct="%1.1f%%", startangle = 120)
plt.axes().set_aspect(0.65)
plt.title("2014: Percent by Gender in the US")
plt.savefig("Images/Percent_by_Gender_2014.png")
plt.show()
```

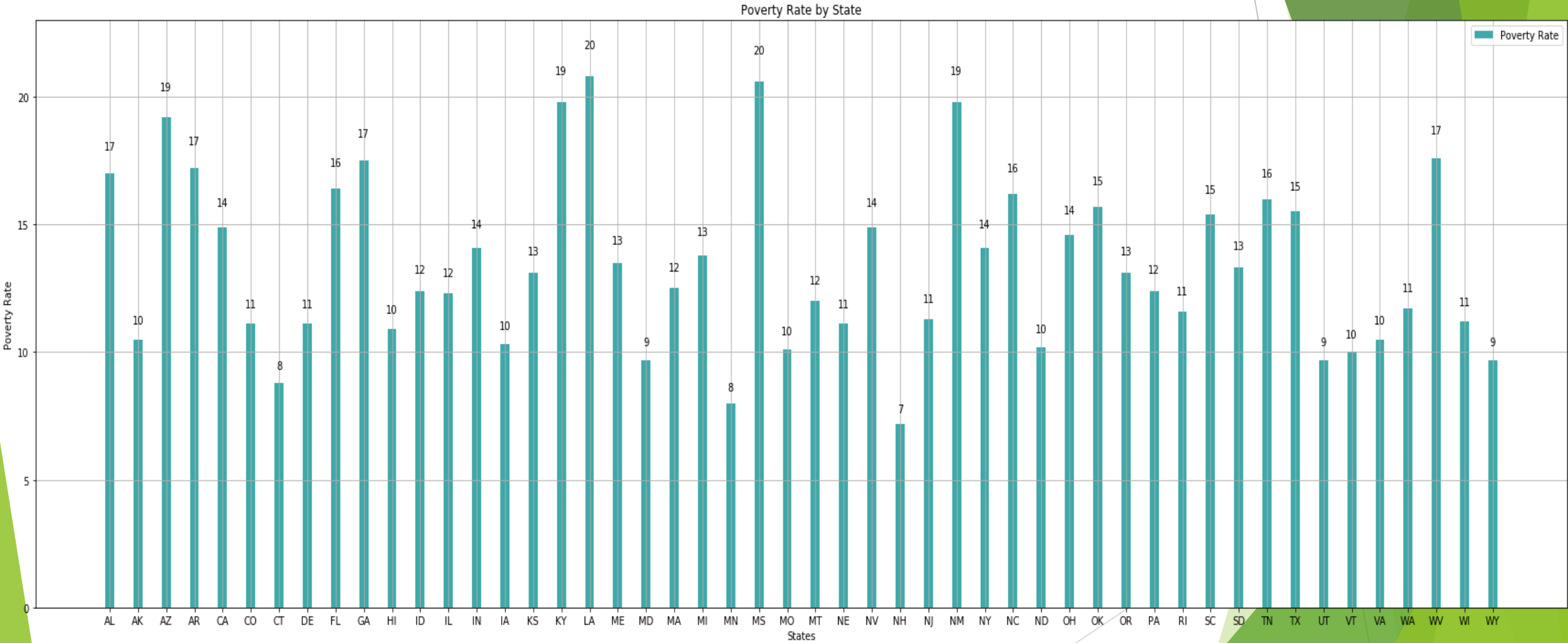
Males had a higher occurrence of heart disease in US



Heart Disease Analysis by States

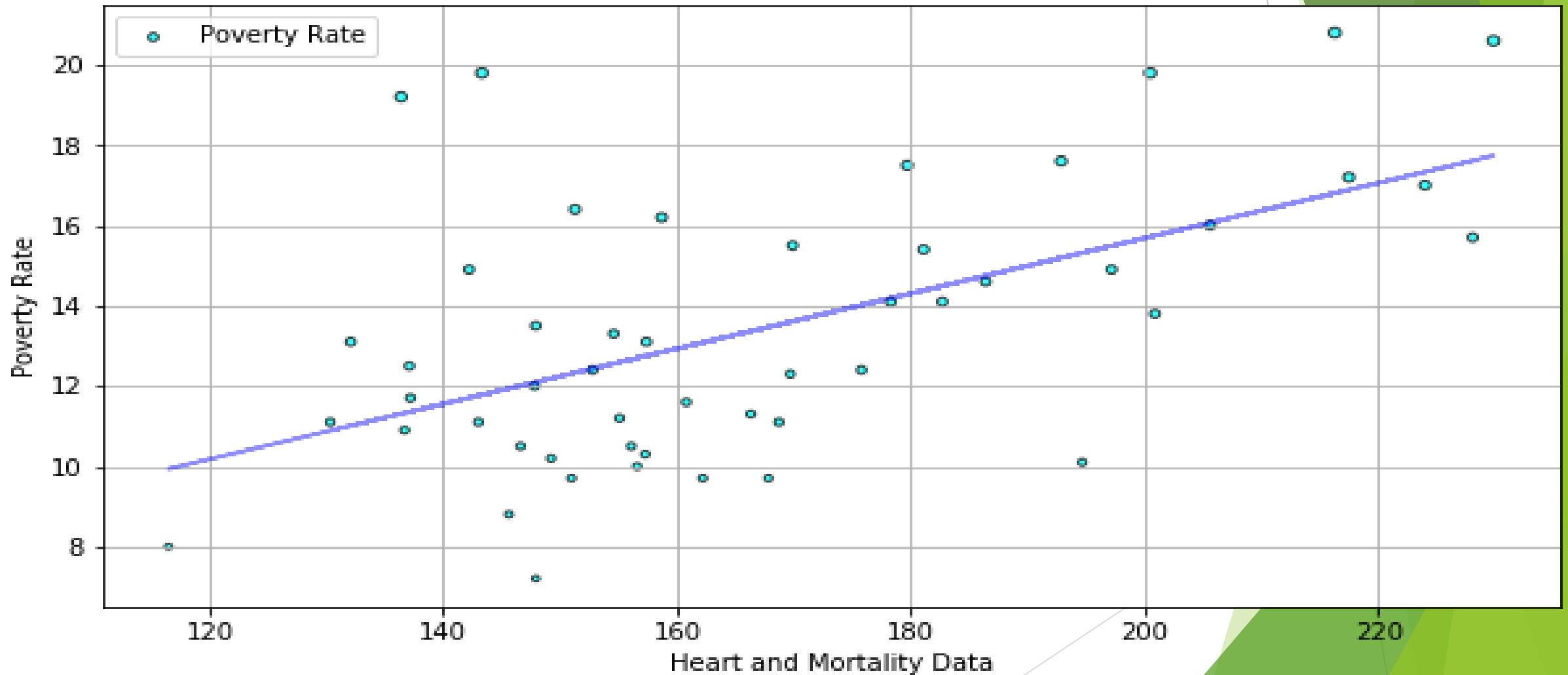


Poverty Rate by State

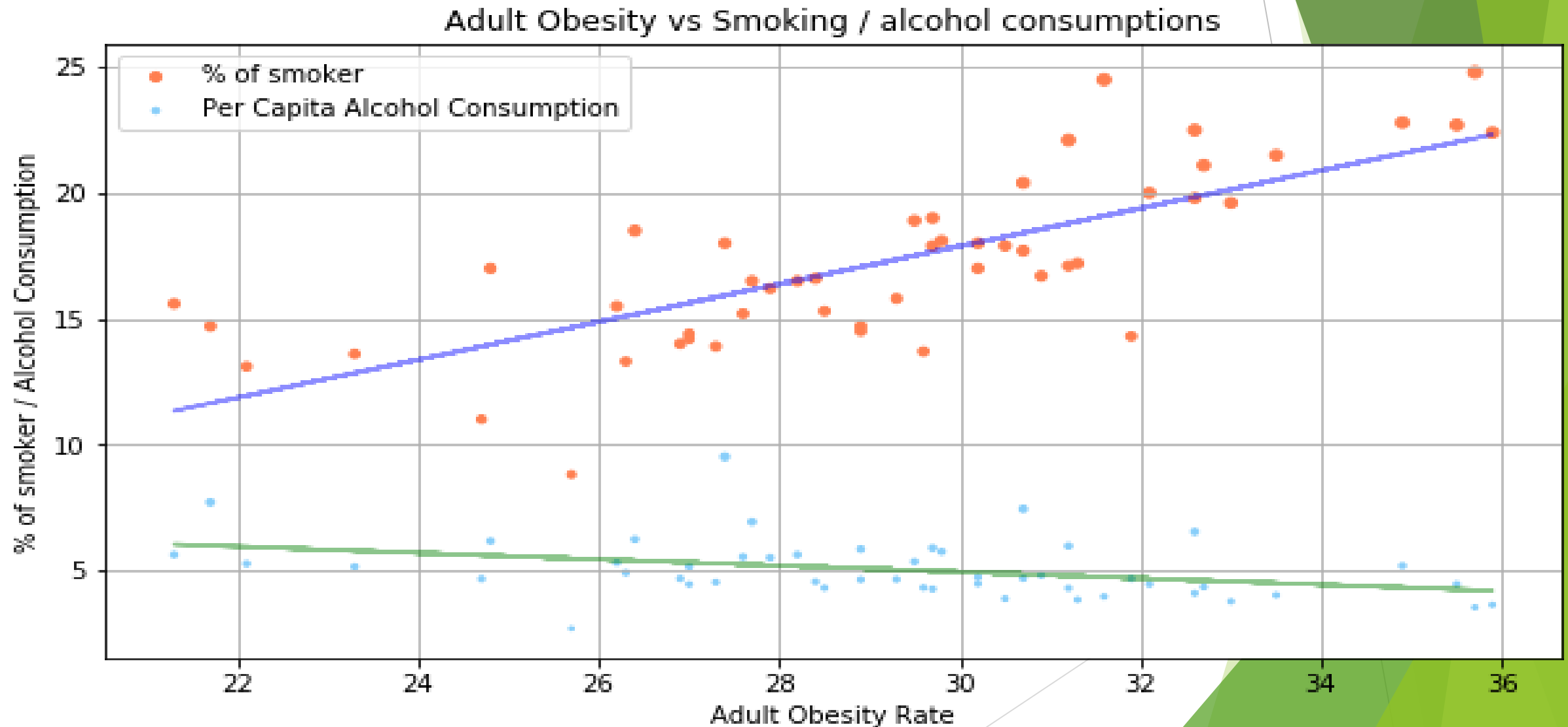


Poverty Rate by Mortality

Poverty Rate against Mortality



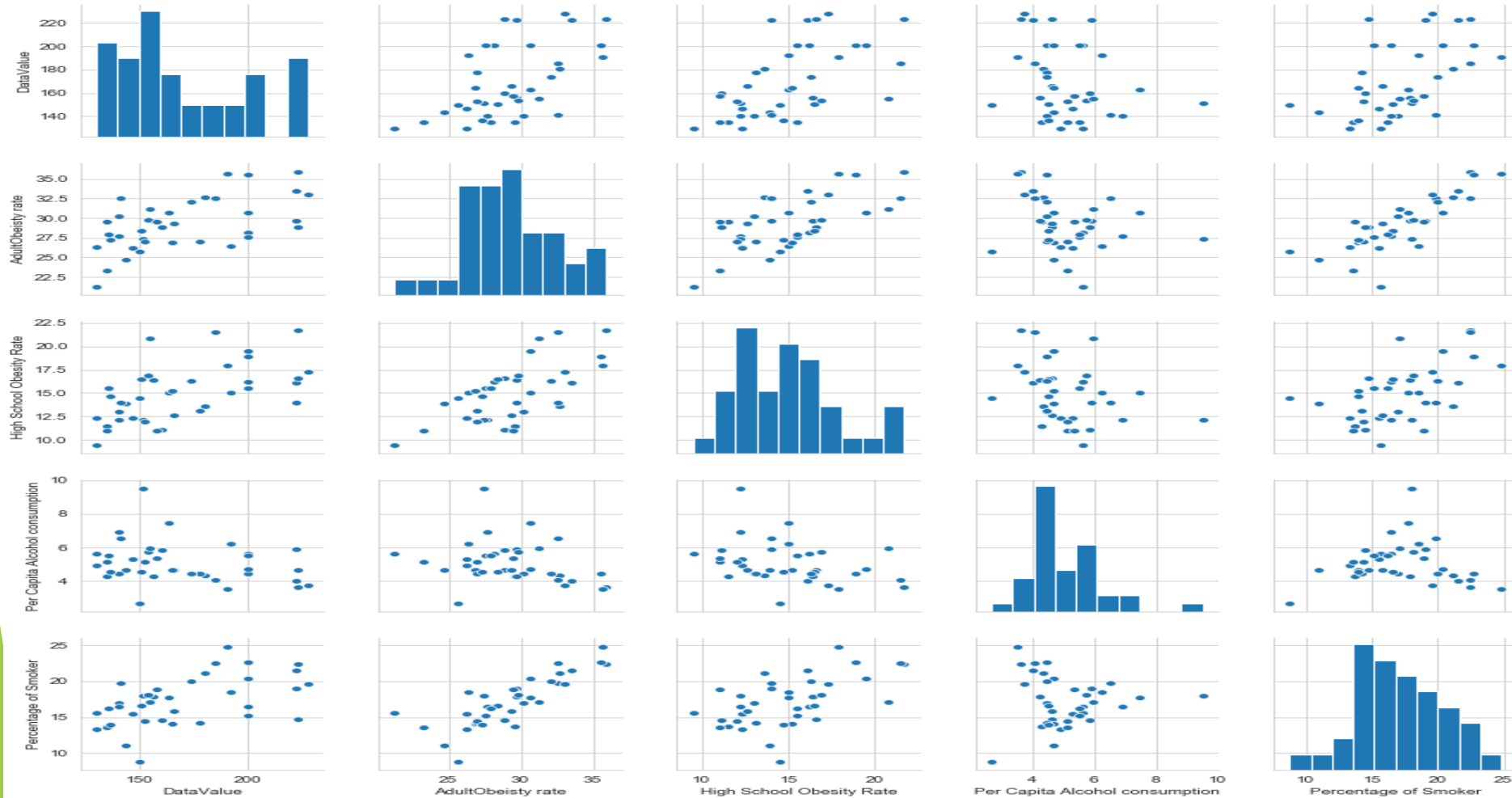
Adult Obesity Vs Smoking / Alcohol



Analyzing Diabetic Cause Relation

```
#scatter plot matrix to check for linearity and normalization  
sb.pairplot(to_model_data)  
plt.savefig("Scatter Plot showing linear relationship")
```

Checking for Normalization and Linearity

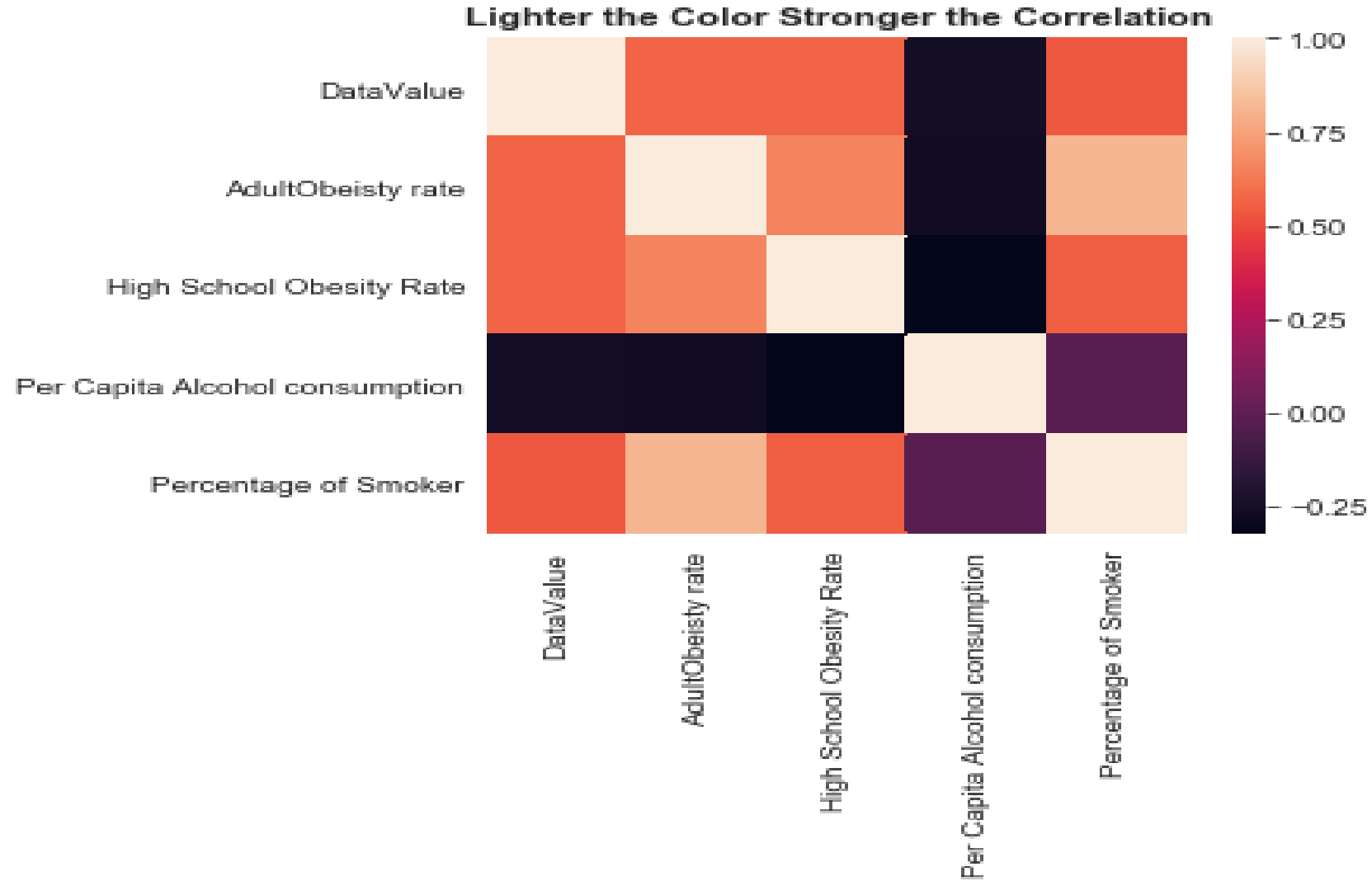


Correlation Coefficient Value (P Value)

- ▶ #Calculate Pearson correlation Coefficient
- ▶ `corr = test_new.corr()`
- ▶ `corr.to_csv('Correlation Values.csv')`

	DataValue	AdultObeisty rate	High School Obesity Rate	Per Capita Alcohol consumption	Percentage of Smoker
DataValue	1.000000	0.566523	0.569675	-0.256754	0.539957
AdultObeisty rate	0.566523	1.000000	0.661010	-0.262613	0.814704
High School Obesity Rate	0.569675	0.661010	1.000000	-0.322937	0.551538
Per Capita Alcohol consumption	-0.256754	-0.262613	-0.322937	1.000000	-0.021730
Percentage of Smoker	0.539957	0.814704	0.551538	-0.021730	1.000000

Correlation Coefficient



Observations

- ▶ Males have a greater % of heart disease rate than the females.
- ▶ The top 3 states with Heart Disease are Mississippi, Oklahoma and Alabama.
- ▶ The bottom 3 states with Heart Disease are Minnesota, Oregon and Colorado.
- ▶ There is a linear relationship between poverty rate and Heart / Mortality rate.
- ▶ The P values indicate people who smoke more tend to be more Obese.
- ▶ The P values also indicate that High School Students who are obese tend to more likely to be Obese if they continue with the lifestyle.

Further Research

- ▶ Considered additional years to understand trend over time for all the factors.
- ▶ Consider additional factors such as Nutrition, Education, % of grocery stores etc.
- ▶ Heatmap visualization of the data.
- ▶ Created Models to demonstrate top 5 causes.

Death by State

