

May 26, 2023

Name: John Doe

DOB: 01/01/1991

Provider: Christopher Brockington, MS MSPC, LAC

Diagnosis:

- F10.20 Alcohol Use Disorder, Severe
- F15.20 Stimulant Use Disorder, Moderate, amphetamine-type substance
- F41.1 Generalized Anxiety Disorder
- Z59.0 Homelessness

Presenting Problem:

John Doe reports current struggles with alcohol and substance abuse, anxiety, and homelessness.

1. History of Presenting Problems:

John Doe reports that dealing with economic and social trauma has contributed to his addiction. He also mentions that he suffered the loss of loved ones during the Covid pandemic, which has further contributed to his addiction.

2. Family Mental Health History:

John Doe is uncertain about his family's mental health history.

3. Current Family and Significant Relationships:

John Doe has some relationships with family members.

4. Childhood/Adolescent History:

John Doe recalls his childhood and adolescent years as being generally normal, with both good and bad days.

5. Spiritual/Religious:

John Doe identifies as Christian.

6. Legal:

John Doe has fines related to a DUI offense.

7. Employment/Vocational:

John Doe is currently unemployed and has attained some college education.

8. Physical Health:

No physical health issues reported.

9. Counseling/Prior Treatment:

John Doe has received counseling or treatment in the past.

10. DTS/DTO/AVH:

John Doe reports not being a danger to himself or others, and he does not experience hallucinations or visions.

Therapist's Assessment:

Based on the information provided, John Doe presents with severe Alcohol Use Disorder, moderate Stimulant Use Disorder, Generalized Anxiety Disorder, and is currently experiencing homelessness. The therapist recommends addressing his addiction issues, providing support for his anxiety, and exploring options for stable housing. Continued counseling and treatment are essential for his overall well-being and recovery.

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