



## ❤️ LOLA ROSE

- 📍 Clearwater, Florida
  - 📏 5'5"
  - ⚖️ 120 lbs
  - 🎂 Age: 22
  - ⭐ Debut: 2025 (CFW SpeedRun)
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## ✿ Overview

Lola Rose is the kind of rookie that reminds fans why they fell in love with wrestling in the first place. Bright-eyed but battle-tested, she burst onto the scene with a four-match win

streak during her SpeedRun debut, quickly earning a loyal following among The Foundry crowd.

What she lacks in experience, she makes up for with pure heart and adaptability—blending crisp technical grappling, fearless high-flying, and an ever-growing sense of ring awareness. There's an undeniable spark about Lola: part underdog energy, part rising star. She doesn't just wrestle—she connects.

New, maybe even a little naïve, but every setback becomes another lesson. Her passion for the craft burns through every move, every bump, and every comeback. She's the type that takes a hit, smiles, and gets right back up—because that's what wrestlers do.

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### **Style & Strengths**

- Versatile hybrid—combines technical grappling, aerial agility, and natural ring instincts
  - Learns fast under pressure—turns mistakes into momentum
  - Resilient and fearless, thrives in underdog situations
  - Driven by heart, not hype—fights for the love of wrestling itself
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### **Signature Traits**

- Enters to upbeat rock-pop with fan chants echoing her name
  - Known for smiling through pain—never backs down, even when outmatched
  - Regularly interacts with fans before and after matches, symbolizing her grassroots rise
  - Keeps a pink rose symbol on her gear as a reminder of why she started
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### **Finishing Move**

**Heartbreaker**—Starts from a scoop or fireman's carry; she spins with intensity and plants them in a sit-out slam, clutching them tight for the pin.

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### **Notable Moments**

- 4-match win streak on SpeedRun debut—one of the strongest rookie starts in CFW
  - Earned standing ovations from The Foundry crowd for resilience and sportsmanship
  - Featured in Black Light promo segments highlighting her rise through the prospect ranks
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 **Quote**

“I might not have all the experience yet... but I’ve got everything I need — right here.” 