



GRAYSIE PARKER

 Birmingham, Alabama

 5'3"

 150 lbs

 Age: 29

 Contract Status: Signed – CFW

Overview

They call her *The Iron Butterfly* for a reason.

Graysie Parker is built different. Raised in Birmingham's working-class grind, she cut her teeth in powerlifting gyms before ever stepping into a ring. Strength came first. Wrestling came second. Respect came last.

Mentored by a Hall of Fame veteran from the previous generation, Graysie was taught to treat the ring like a proving

ground — not a stage. No wasted motion. No empty flash. Just leverage, pressure, and punishment.

At 5'3", she's rarely the tallest in the ring — but she's often the strongest. Her base is unshakeable. Her hips are explosive. And once she locks in position for a suplex, it's usually already too late.

CFW represents the next step in her evolution — a place where wins matter, and strength actually means something.

She didn't come here to be impressive.

She came here to plant people.

Style & Strengths

- Powerhouse technician with legitimate lifting strength
 - Elite suplex variation arsenal — snap, delayed, deadlift, high-angle
 - Heavy, clubbing strikes that wear opponents down
 - Exceptional body control and ring awareness
 - Thrives in grinding, momentum-shifting matches
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Signature Traits

- Compact, muscular build — thick, strong, unapologetic
 - Calm, almost stoic demeanor before matches — intensity builds once contact is made
 - Known to string together multiple suplexes in waves
 - Doesn't taunt often — lets the damage speak
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Finishing Moves

Graysie Driver

Butterfly Piledriver — devastating lift, tight control, straight-down impact.

Butterfly Lock

Steiner Recliner-style straight jacket hold — once she sits back, it's suffocating.

Signature Offense

- Suplexes. All of them.
 - Butterfly Bomb (Vader Bomb variation)
 - Delayed vertical suplex with full crowd count
 - Rolling German suplex chains
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Entrance Theme

Kittie – Eyes Wide Open

Role in CFW

- A natural threat in the Women's Division hierarchy
- A stylistic contrast to Lena Wilde's grit, Brandi Blight's precision, Shayna Vex's MMA control, and Sudio's chaos
- Built for high-stakes, physical matches where strength decides momentum