



## Gale

**Nickname:** *The Rising Storm*

**Height:** 5'8"

**Weight:** 145 lbs

**Hometown:** Chicago, Illinois

**Division:** Women's Division

**Debut:** *Iron Ring Pro* (CFW crossover debut)

**Affiliation:** Brandi Blight (Best Friend & Occasional Partner)

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### Bio:

Gale isn't just another Iron Ring Pro export—she's *the* Iron Ring Pro success story. Known for her sharp in-ring instincts and unmatched physical conditioning, Gale has carved a name for herself as a no-nonsense, hard-hitting competitor with deep Chicago roots.

Tight-knit with Brandi Blight since their early days on the circuit, the two have formed a unique dynamic—Gale is the grounded, level-headed powerhouse to Brandi's volatile, fiery

bravado. Though they've teamed across various promotions, Gale isn't just a sidekick—she's a proven threat in singles competition, known for her resilience and relentless drive.

In the ring, she's a precision striker and a methodical powerhouse—favoring clean takedowns, hard strikes, and brutal power moves. Her fighting style blends traditional wrestling fundamentals with Iron Ring Pro's signature stiff striking.

Unlike Brandi, Gale stays out of the spotlight outside the ring, rarely cutting promos unless pushed. When she speaks, she's direct—focused on facts, not flash.

Her CFW arrival turns heads immediately—bringing both respect and tension to the Women's Division, especially as her friendship with Brandi inevitably pulls her into CFW's chaotic storylines.

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### **In-Ring Style:**

- Technical powerhouse with a focus on strikes and slams.
  - Uses chain wrestling and suplex variations as her foundation.
  - Known for wearing opponents down with body shots and grounded offense before going for high-impact finishers.
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### **Notable Traits & Themes:**

- Fierce loyalty to her friends—but refuses to compromise her principles in the ring.
  - Keeps her circle small and guarded.
  - Often portrayed as “the adult in the room” compared to Brandi’s unpredictable energy.
  - Wears gear inspired by Iron Ring Pro’s colors and aesthetic, usually simple, bold designs with sharp lines and athletic cuts.
  - Treats wrestling like a craft—not a spectacle—and carries herself like a professional fighter more than an entertainer.
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### **Signature Moves:**

- **Gale Force Driver:** High-angle powerbomb into a sit-out pin.

- **Chicago Blitz:** Flurry of rapid body shots followed by a stiff spinning backfist.
  - **Iron Hook Slam:** Capture suplex transitioned into a spinebuster slam.
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**Quote:**

*"I don't need smoke and mirrors. I don't need chants. I just need five minutes to prove I'm better."*