## GCM2000 – Grading Checklist Self-Assessment and Reflection Summary

| Student:   |  |  |  |  |
|------------|--|--|--|--|
|            |  |  |  |  |
| Evaluator: |  |  |  |  |
|            |  |  |  |  |
| Date:      |  |  |  |  |

Purpose: This assessment is designed for students to collect the results from their personal assessments undertaken during the online and in-class portion of week 2.

Instructions: fill out the assessment results template (provided by the instructor) and submit related documentation via the dropbox feature in eConstoga. Complete all sections to receive a grade. Incomplete submissions will not be accepted.

Value: The Self-Assessment and Reflection Summary is worth 5% of final grade.

| Entry   | Completed? |        |
|---|------------|--------|
|   | YES (1)    | NO (0) |
| Self-Reflection Questions (5 questions)             |            |        |
| Three Accomplishments (3 accomplishments)           |            |        |
| Accomplishments Reflection                          |            |        |
| Keirsey Results Type                                |            |        |
| Keirsey Results Reflection                          |            |        |
| Bridges Results Interest Profiler (4 questions)     |            |        |
| 7. Bridges Results Work Values Sorter (6 questions) |            |        |
| 8. Bridges Results Work Preferences Appraiser (5    |            |        |
| questions)  |            |        |
| Me Myself and Us Self-Monitoring Score              |            |        |
| 10. Me Myself and Us Self-Monitoring Results        |            |        |
| 11. Values (3 values)                               |            |        |
| 12. Interests (3 interests)                         |            |        |
| 13. Transferrable Skills Inventory (5 skills)       |            |        |
| 14. Accomplishment Skills (3 skills)                |            |        |
| 15. Additional in-class test 1                      |            |        |
| 16. Additional in-class test 2                      |            |        |
| 17. Additional in-class test 3                      |            |        |
| 18. In-class Skills Passport Results                |            |        |
| 19. In-class SMART Goals Worksheet                  |            |        |
| Total: /19  |            |        |

Comments: