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TITLE	INGREDIENTS	INSTRUCTIONS	
Lamb Curry	Lamb, curry powder, cumin, tumeric, salt, pepper, onion, chopped tomatoes	Place in pan and simmer	
Beef Curry	Beef, curry powder	Place in pan and simmer	
Chicken Curry	Chicken, curry powder	Place in pan and simmer	
Veggie Curry	Chicken, curry powder	Place in pan and simmer	
Beef Curry	Beef, curry powder	Place in pan and simmer	
Vegan Curry	Veggies, curry powder	add ingredients and simmer	