

# Wound Healing & Regeneration

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# Current Life Science Topics

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1. Fundamentals in Basic Biochemistry & Cell Biology
2. Introduction to Tissue Engineering & Regenerative Medicine
3. Developmental Tissue Reconstruction
- 4. Wound Healing & Regeneration**
5. Natural Tissue Composition & Cell-ECM Interaction
6. Stem Cells & Cell-Based Therapy
7. Biomaterials
8. *Mid-Term Exam*
9. Mechano-transduction & Bioreactors
10. Discussions on Tissue Reconstruction
11. Regulation & Ethics
12. AI in Current Life Science
13. Machine Learning & Github
14. Deep Neural Network
15. Convolutional Neural Network
16. *Final Exam*

# Study Materials

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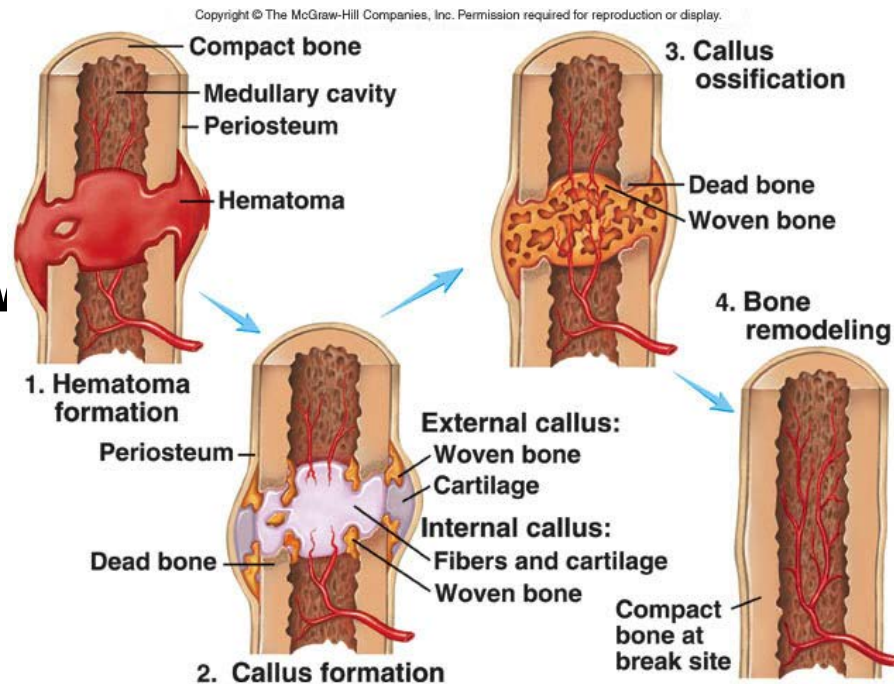
Principles of Regenerative Medicine by A. Atala A, Chapter 6

Eming SA 2014 Sci Transl Med

Keeley EC 2010 Int J Biochem Cell Biol

Bucala R 2012 Q J Med

- Scar in various tissues
- Gastrointestinal surgery
- Ligaments & tendons
- Nervous system
- Cornea
- Skin
- Exception: bone and liv



# Clinical Burden of Scar

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- **Adult normal scar is preferable to the two extreme outcomes**
- **Non-healing chronic ulcer**
  - **Underlying conditions:**
    - *Diabetes mellitus*
    - Vascular insufficiency
    - Paraplegia (Local pressure effects)
    - Systemic factors: Compromised nutrition, Immunological status, Age
- **Excessive fibro-proliferative scarring**
  - Hypertrophic scar
  - Keloids
- **Mechanisms underlying pathological scarring are elusive  
: Efficient treatment options are currently missing**

# Chronic Wound

## Venous Leg Ulcer (VLU)

Mechanism remain unknown

Theories include...

- Persistent inflammation
- Interruption of keratinocyte migration
- Mis-regulated signaling

## Arterial Ulcer

Consequence of reduced arterial blood supply

- Tissue hypoxia
- Tissue damage



# Chronic Wound

## Diabetic foot ulcer

Most common metabolic disease

Impaired wound healing condition

Mechanism unknown

- Insulin deficiency??
- Hyperglycemia??
- Hyperlipidemia??
- Peripheral neuropathy??
- Obesity??

5-year mortality rate for patients with diabetic-related amputation is about 50%.

## Pressure sore

Tissue necrosis caused by unrelieved pressure to soft tissue for a prolonged period of time

Etiologic factors

- Biomechanical force
- Moisture
- Local ischemia

Advanced stage pressure ulcer shows high mortality (no efficacious therapy)



# Chronic skin ulcers

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- **Frequency increases as the population ages**
- **Biologic marker: excessive neutrophil infiltration**
- **Neutrophil (-> chronic inflammation)**
  - **>release elastase**
  - **>destroy PDGFs & TGF-beta**  
**(important for normal wound healing)**



# Scarring

- **Scar**: damaged tissue replaced by a pathological connective tissue
- **Heterogeneity** among diverse organisms
- In human, perfect tissue regeneration has only been described in fetal skin

Hypertrophic scar	E	F	Keloid
<ul style="list-style-type: none"><li>- Rapid growth</li><li>- Generally regress &lt;6 months</li><li>- <math>\alpha</math>SMA<sup>+</sup> myofibroblasts</li><li>- Collagen fibers parallel to skin surface</li><li>- Vertically oriented blood vessels</li></ul>			<b>Keloid</b> <ul style="list-style-type: none"><li>- Constant growth</li><li>- No spontaneous regression</li><li>- Extend beyond margins of tissue damage</li><li>- Genetic predisposition</li><li>- Thick, haphazardly oriented collagen bundles</li></ul>

# Hypertrophic Scars

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- **Develop after...**
- **Surgery**
- **Trauma**
- **Burns**
- **spontaneously in predisposed patients**
- **Higher incidence compared with keloids**
- **Erythematous, brownish-red in color**  
**(can become pale with age)**
- **Tends to be less nodular than keloids**  
**(do not raise more than 4 mm above skin)**
- **Histology: characterized by collagen bundles that are fine, well organized, and parallel to the epidermis**
- **Traits different from Keloids:**
  - **Myoblasts are present**
  - **Alpha-SMS is expressed in nodular pattern**
  - **Mucin is absent**
  - **Hyaluronic acid is a major component of papillary dermis**

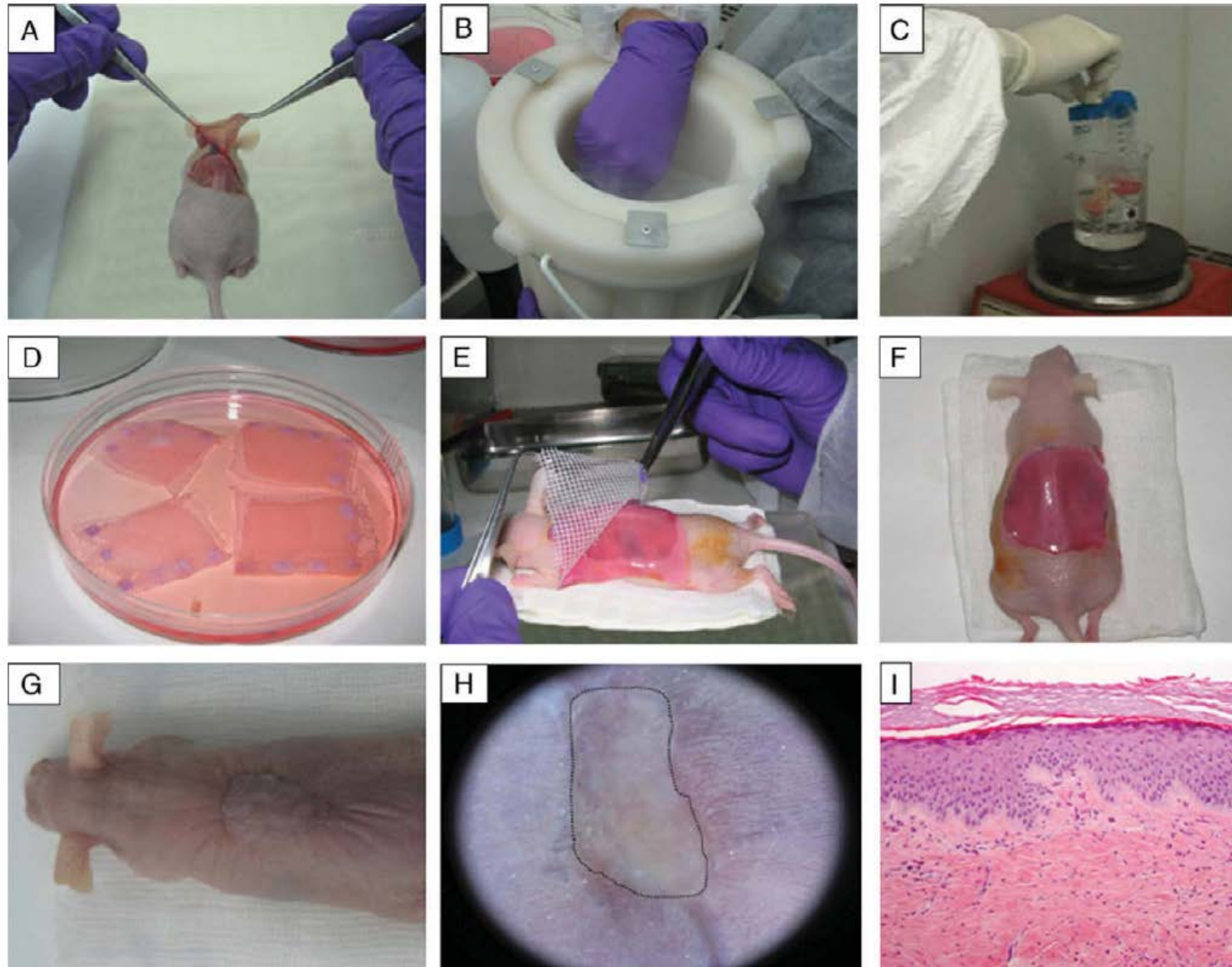
# Keloids

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- **Keloids: benign tumors that develop at sites of skin injury over a period of months to years (disfiguring, nodular appearance tends to be dark and erythematous)**
- **Can cause pain, burning, and itching**
- **Tend not to regress spontaneously**
- **Can continue to slowly grow over many years**
- **Histology: thick, large, closely packed bundles of disorganized collagen**

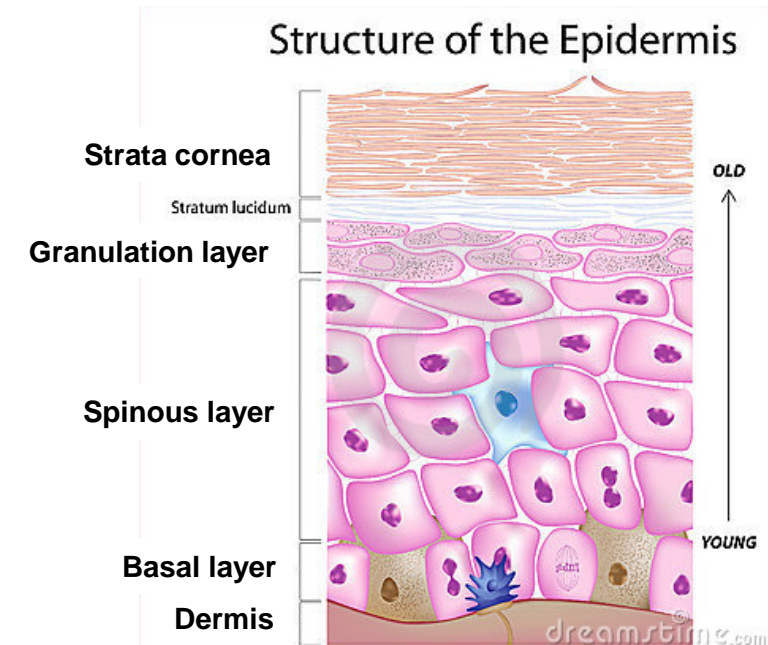
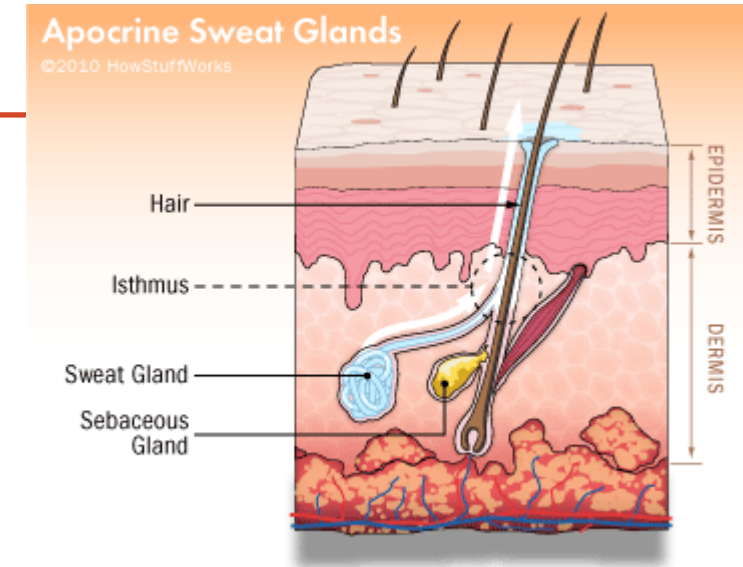
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- **Tissue damages can result from multiple acute or chronic stimuli**
  - **Autoimmune reactions**
  - **Infections**
  - **Mechanical injury**
  - **Difficulty due to paucity of animal models for wound healing research:**
  - **Paucity of animal models that precisely correlate with the human condition**
  - **Current state of knowledge is in its infancy and is based on integration of data resulting from analysis of human wound samples (predominantly from VLU and DFUs)**
  - **Pig models of wound healing were used in the early days because of similarities to human skin**  
: major drawback is poor genetic tractability and complicated procedure
  - **Recent model - “Humanized skin on mice” take over the predominant model**

# Skin-humanized mouse model



# Anatomy of Adult Skin

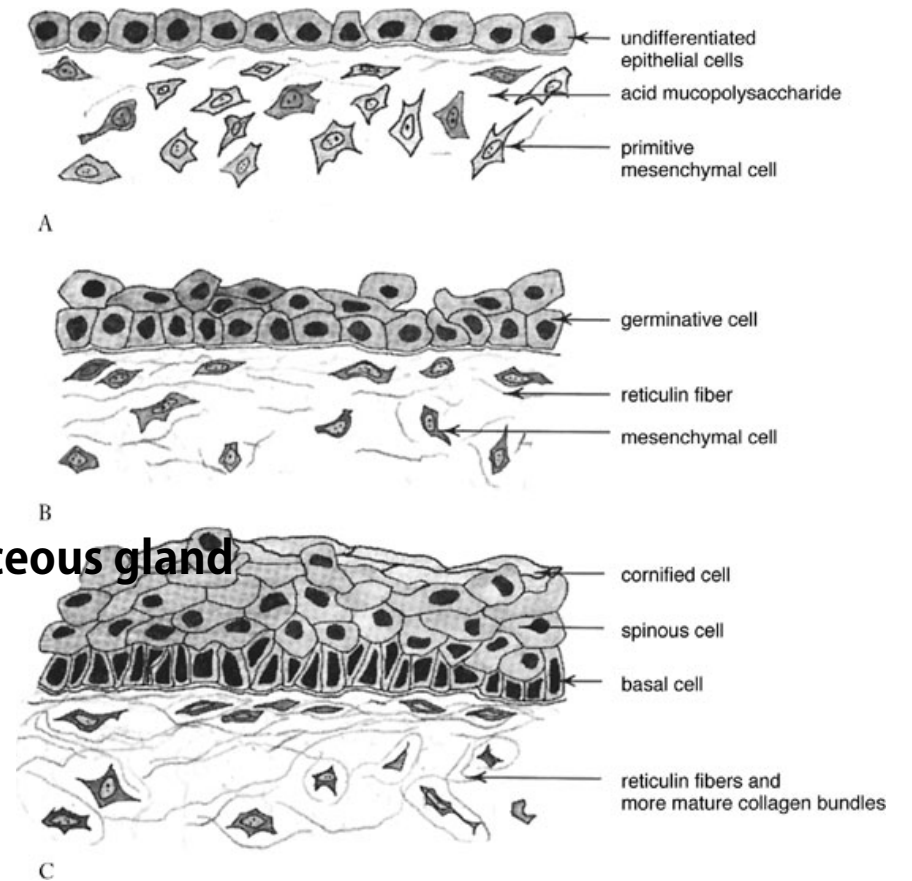
- **Epidermis**
- 5 distinct layers: characterized by keratinocyte maturation
- **Epidermal appendages:**
  - sebaceous gland
  - Apocrine sweat glands
  - hair follicles
- **Dermis**
- Papillary layer - superficial, highly vascular
- Reticular layer - deeper, densely packed collagen fibers, less vascular





# Development of Fetal Skin

- Developmental origin
  - Epidermis - ectoderm
  - Dermis - mesoderm
- Single layer stage
- Periderm stage (at 2 mo.)
- Outer layer of tissue
- Until 4 mo.:
  - epidermis becomes highly cellular
  - Continuously keratinized & shed
  - Vernix caseosa (greasy, white film): contains sebum from sebaceous gland
- 21 wks
- Periderm replaced by strata cornea  
-> epidermis stratifies into 4 layers
- Melanocytes of neural crest origin invade the epidermis



# Difference between Fetal & Adult Skin ECM

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- **Fetal ECM is now known to be a reservoir of GFs essential to development**
- **Fetal ECM has a different structural protein composition**
- **Fetus - relatively high III/I collagen ratio**
  - > shift to adult phenotype in the post-natal period (less type III collagen)**
- **Hyaluronic acid content initially increases dramatically during adult repair and decrease at Day5~10**
- **This hyaluronic acid profile is not the case in the fetal wound ECM (hyaluronic acid level remains high)**
- **Other substances**
  - **Decorin, lysyl oxidase, matrix metalloproteases (MMPs)- up-regulated**
  - **Fibromodulin - down-regulated**
  - **Those molecules play a role in the development and maturation of collagen.**



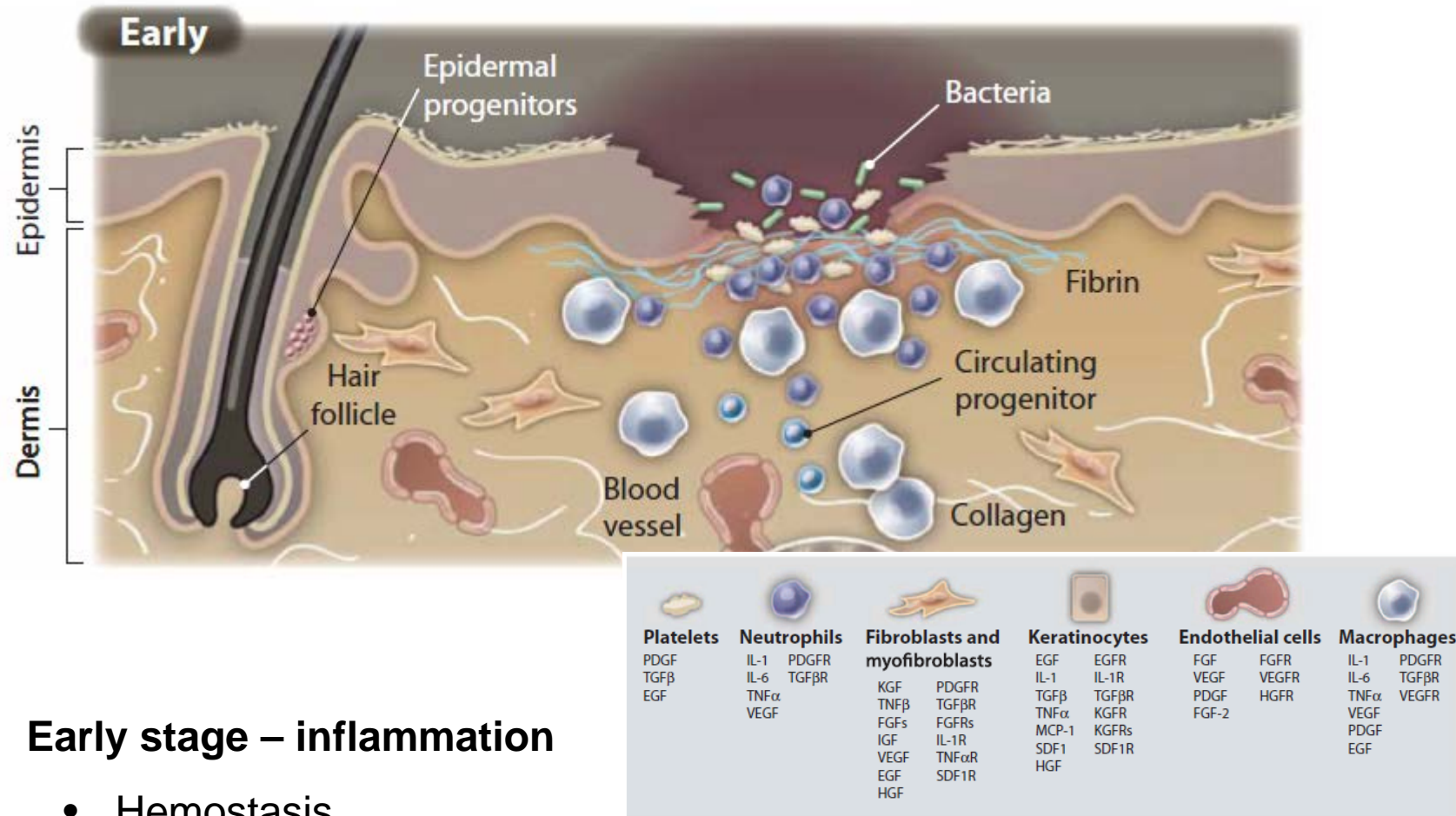
# Fetal Scarless Repair Phenotype

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- Adult wounds heal with fibrous tissue (scarring)
- Fetal wounds heal scarlessly
- Mechanism of scarless wound healing is...
- Intrinsic to fetal tissue
- Independent of environmental or systemic factors
  - Bathing in sterile amnionic fluid
  - Perfusion with fetal serum
  - Fetal immune system
    - > no influence on scarring
- Fetal human skin transplanted subcutaneously to athymic mice heals without a scar. (Intrinsic mechanism)
- Scarless wound repair outcome depends on 2 factors
- Gestation age
  - Transitional period of human (24 wks), rats (16.5 & 18.5 day)
- Size of the wound

# Stages of wound healing

# Molecular & Cellular Mechanisms in Normal Skin Repair



## Early stage – inflammation

- Hemostasis
- Activation of keratinocytes & inflammatory cells

# Inflammatory Phase

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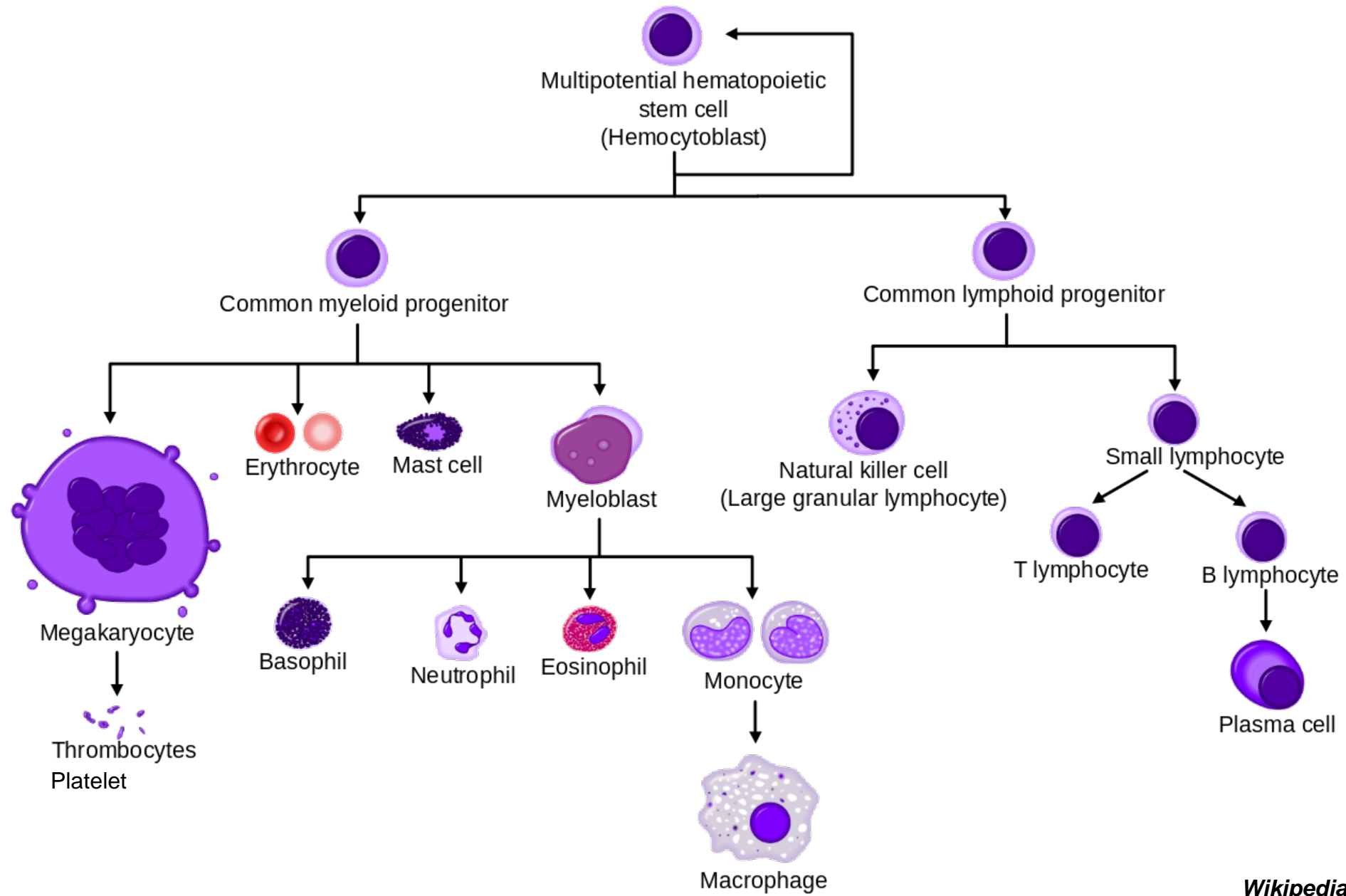
- Hemostasis
  - Under influence of platelet-derived inflammatory molecules
  - Neutrophils & monocytes migrate to the wound
  - Inflammation is prolonged in chronic wounds (trapped in chronic inflammatory state and fails to progress)
- 
- Injury -> immediate activation of the clotting cascade (Fibrin clot)
    - Provide basic matrix architecture to initiate the invasion & recruitment of inflammatory and other cells
  - Platelet trapped in the clot
    - Release GFs & Chemokines
    - Preclinical model of platelet disorder : impaired healing

# Inflammatory Phase

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## Cellular infiltrates

- **Neutrophils**
  - Primarily produce degradative enzyme
  - Phagocytose foreign & necrotic materials
  - Produce VEGF, TNF- $\alpha$ , IL-1 $\cdots$  and other GFs
- **Macrophages**
  - Macrophages are essential to the normal wound healing process through their stimulation of collagen production, angiogenesis, and re-epithelialization
  - However, similarly to the activity of neutrophils, if macrophages persist, the result is excess scar formation. (macrophages produce high amounts of cytokines that activate fibroblasts to deposit excessive amounts of collagen)
  - > Contribute to delayed healing in chronic ulcers
- **Level of inflammation depends..**
  - On the presence or absence of infection
  - In the presence of infection:
    - Neutrophils continue to be active in high concentration leads to farther inflammation & fibrosis
  - In the absence of infection:
    - Neutrophils greatly diminish activity at day 2 or 3
    - Monocyte increase in number in response to both extravascular and intravascular chemoattractants
  - During the late inflammatory phase, monocytes transform into tissue macrophage -> release cytokines & scavenge dead neutrophils



**Continual presence of a high bacterial load in wounds results in a sustained influx of inflammatory cells and increased inflammation also leading to delayed healing**

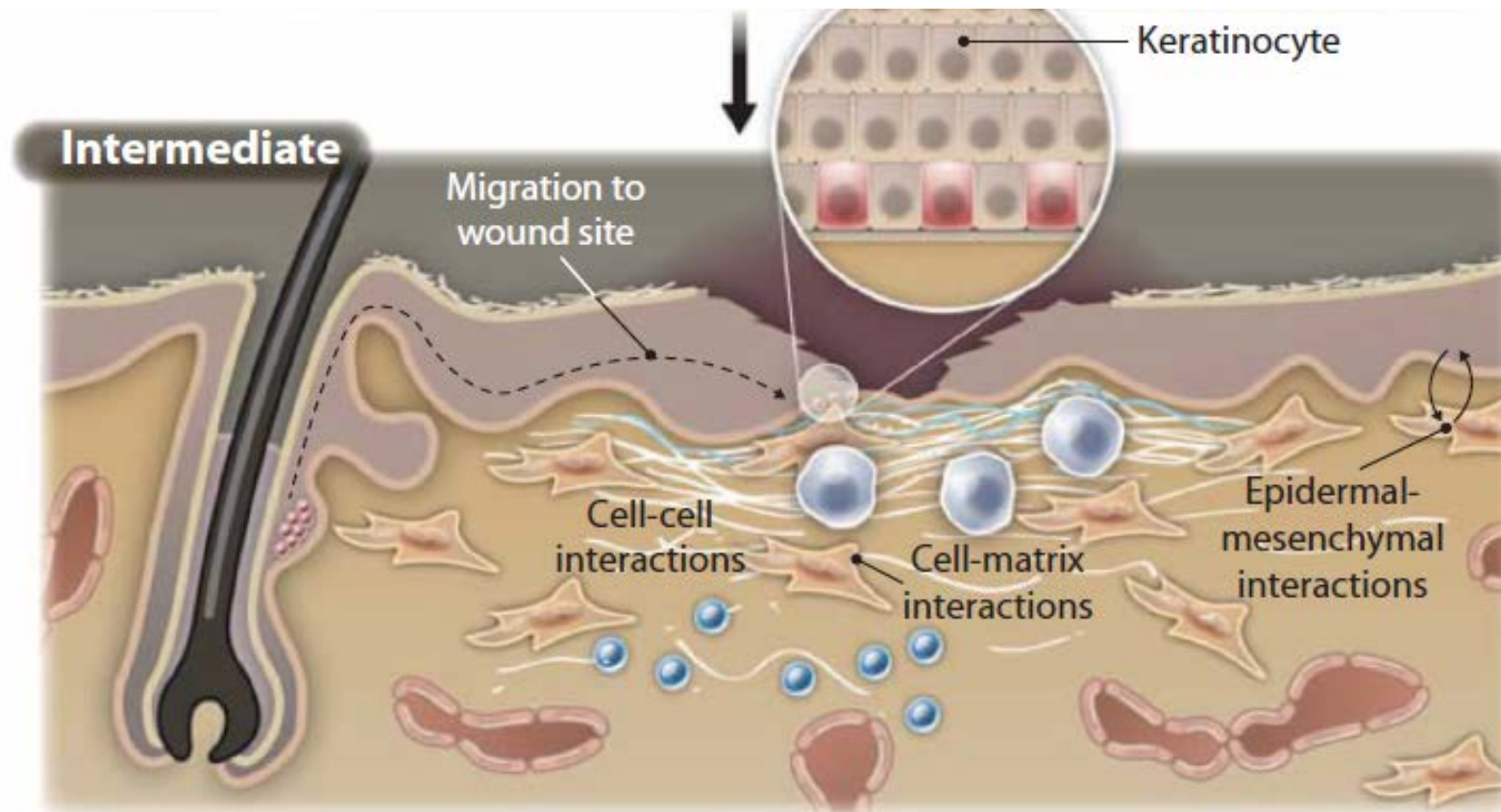
**During wound healing, there is continual competition between inflammatory and anti-inflammatory signals**

**IL-1  $\beta$  and TNF-  $\alpha$  are increased in chronic wounds**

- **> leads to elevated metalloproteinases**
- **> excessively degrade the local ECM**
- **> impair cell migration**

## **Proteases**

- **Tissue proteases are normally under tight regulation during acute wound-healing process**
- **MMPs are elevated in chronic wounds**



### Intermediate stage - proliferation

- Proliferation & migration of keratinocytes
- Proliferation of fibroblasts
- Matrix deposition
- Angiogenesis

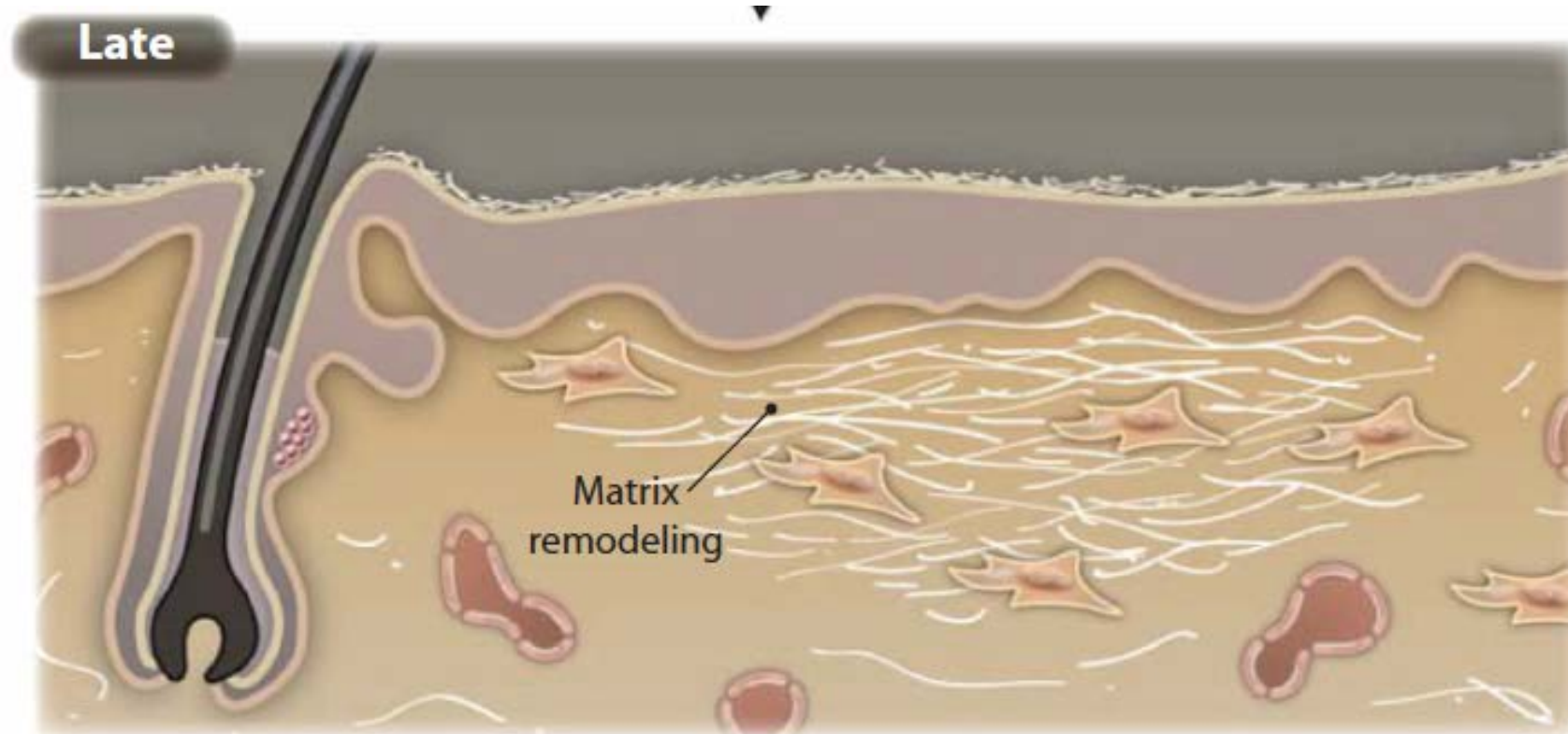


# Proliferative Phase

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- Presence of macrophage in the wound marks the transition between the inflammatory phase and the proliferative phase of wound healing
- Begins around day 4~5 post injury. (in uninfected open wounds)
- Granulation tissue begins to form
- Start to form loose network of collagen, FN, hyaluronic acid... embedding a dense population of macrophages, fibroblasts, and newly formed blood vessels move into wound space.
- Fibroblasts at the wound site deposit collagen and a proteoglycan-rich provisional matrix (stimulated by TGF- $\beta$  1 &  $\beta$  2)

- 
- **Collagen deposition**
  - **Day5~day14 post-wounding**
  - **Collagen is deposited at the wound site**  
-> later, suppressed by negative feedback
  - **Re-epithelialization**
  - **Begins in the first 24 hours after wounding**
  - **Basal keratinocyte detach from ECM and migrate laterally to fill the void in the epidermis**  
(In this process, keratinocytes are exposed to serum for the first time)
  - **Neo-vascularization**
  - **Formation of blood vessels is induced by lactic acid, plasminogen activator, collagenases, & low oxygen tension (hypoxia)**



### Late stage - remodeling

- Remodeling of ECM
- Results in scar formation
- Restoration of barrier

 Platelets	 Neutrophils	 Fibroblasts and myofibroblasts	 Keratinocytes	 Endothelial cells	 Macrophages
PDGF TGFβ EGF	IL-1 IL-6 TNFα VEGF	PDGFR TGFβR KGF TNFβ FGFs IGF VEGF EGF HGF	EGF IL-1 TGFβ TNFα MCP-1 SDF1 HGF	EGFR IL-1R TGFβR KGF KGFRs SDF1R	FGF VEGF PDGF FGF-2
				FGFR VEGFR HGFR	IL-1 IL-6 TNFα VEGF PDGF EGF
					PDGFR TGFβR VEGFR

# Collagen Remodeling

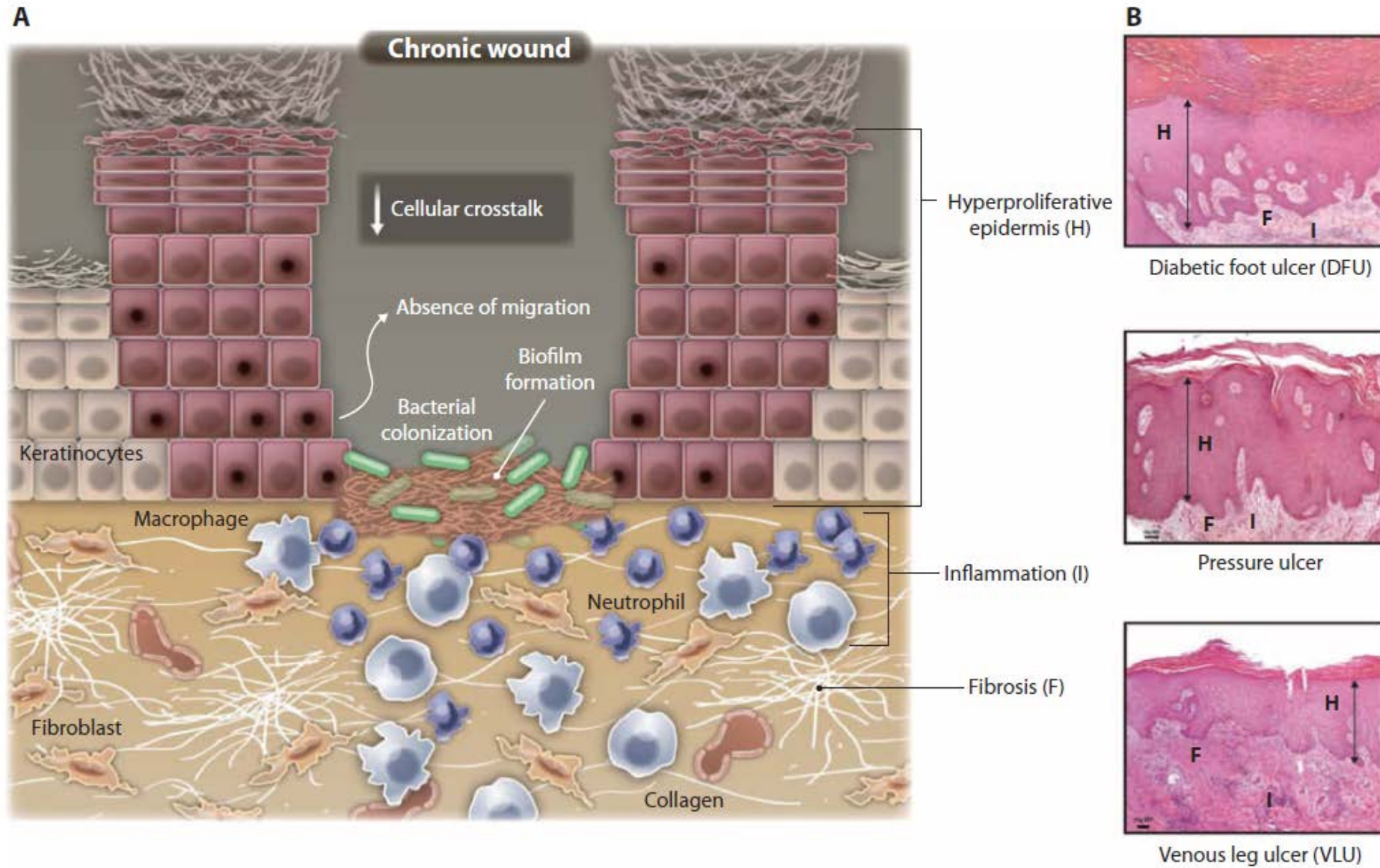
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- **Maturation stage of wound healing**
- **Begins during the 2<sup>nd</sup> week of healing**
- **Fibroblasts become myofibroblasts**
- **Scar tissue gains strength as collagen cross-links increase during remodeling.**  
**However, never reach the original strength of unwounded skin**
- **Initial, randomly oriented type I & type III collagen**
  - > **replaced by type I collagen**
  - > **organized along the lines of tension**

# Natural wound healing proceeds through...

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- **Inflammatory response**
  - **Cell recruitment**
  - **Angiogenesis**
  - **Proliferation**
  - **Matrix deposition**
  - **Tissue remodeling**
- Disruption or deregulation of one or more phases of the wound-healing process leads to nonhealing (chronic) wounds



# Angiogenesis & vasculogenesis

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- **Angiogenesis**: sprouting of capillaries from existing blood vessels
- **Vasculogenesis**: mobilization of BM-derived endothelial progenitors
- Impaired healing of DFU is due to inadequate local angiogenesis
- Reduced angiogenesis -> elevated cell death
- Modulation of fine balance is needed between pro- and anti- angiogenic molecules for proper wound healing



# Cell recruitment

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- **Activated fibroblasts transform into  $\alpha$ -SMA-expressing myofibroblasts that promote wound contraction**
- **Fibroblasts can be derived from two additional source**
  - **From epithelial cells in a process known as epithelial-mesenchymal transition (EMT)**
  - **From bone marrow-derived circulating progenitor cells (fibrocytes)**
- **Recruitment of bone marrow and endothelial progenitors to the site of injury is coordinated by specific chemokines**  
**: depletion of recruitment -> compromised healing response**
- **Stem cell modulation is becoming one the of most explored potential therapeutic strategies**



# Fibro-proliferative Scarring

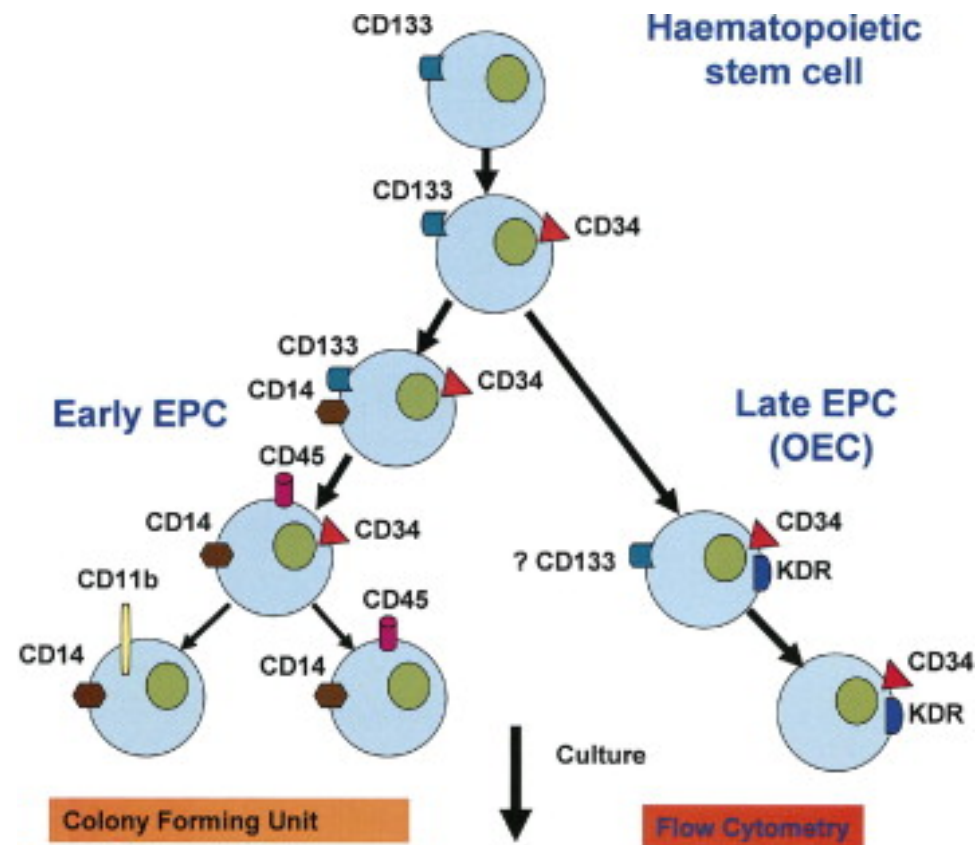
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- **Fibrosis: the replacement of the normal structural elements of the tissue by distorted, non-functional, and excessive accumulation of scar tissue**
- **Many medical problems are linked to excessive fibrosis  
: keloids & hypertrophic scars are clinical examples of excessive cutaneous fibrosis**
- **Excessive fibro-proliferative scarring occurs when the mechanisms of wound healing go into overdrive.  
(Abnormal scar = excess accumulation of an unorganized collagenous ECM)**
- **Factors that influence the severity of scarring tissue site, gender, race, age, magnitude of injury, wound contamination**
- **Thicker dermis tend to scar greater**
- **Estrogen is believed to promote scarring**
- **Darkly pigmented skin are more prone to thicker scarring**
- **Young people are prone to thicker scarring**
- **Larger, deeper, and more contaminated wounds also tends to produce increased scar formation**

# Fibrocytes – a double-edged sword

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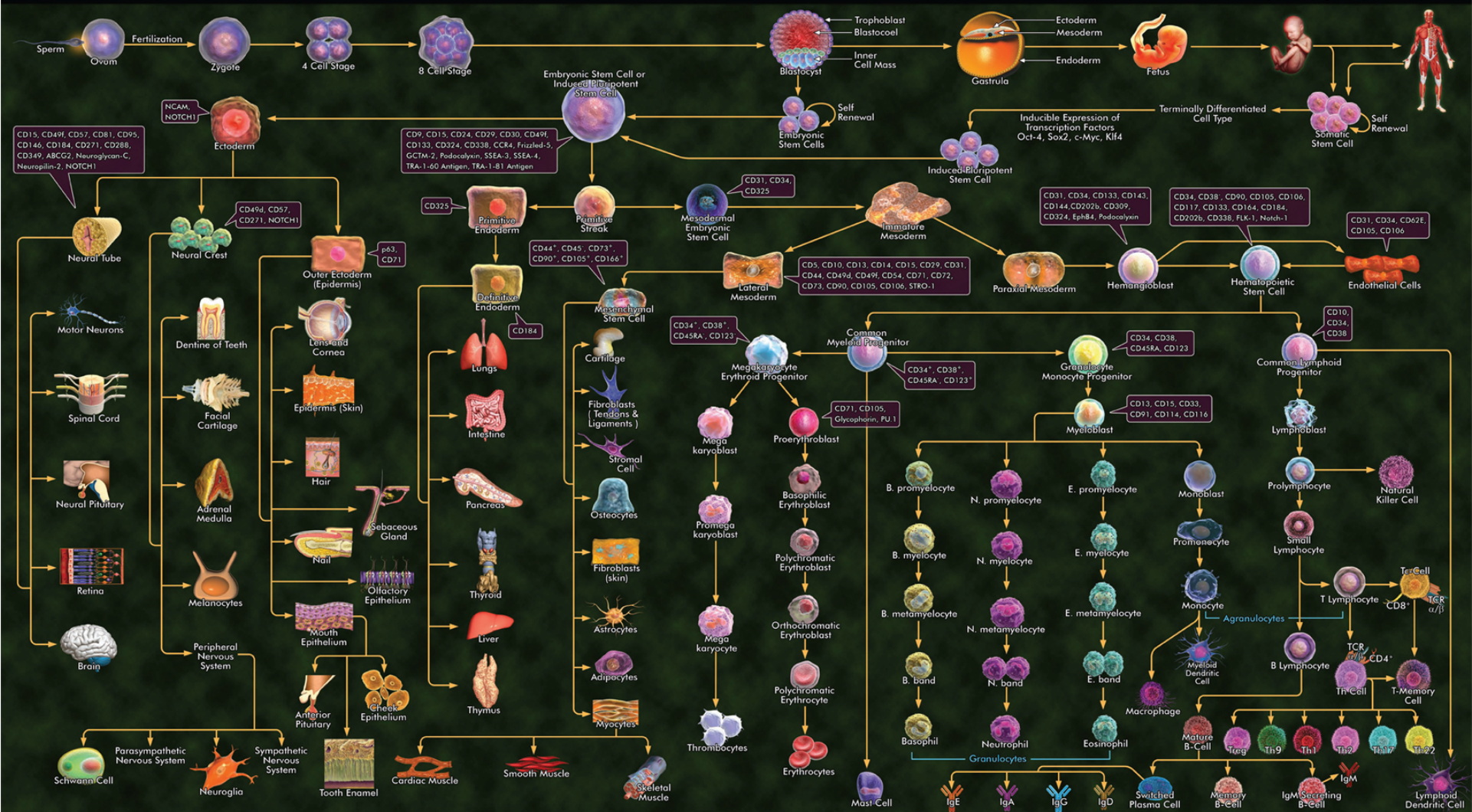
- Originally described in 1994.
- Spindle shaped
- Express collagen and procollagen
- CD34+, CD45+ cell population that are distinct from monocytes, dendritic cells, T cells, fibroblasts, epithelial cells, and endothelial cells
- Fibrocytes increase upto 10% in wound chamber while they comprise 0.1-1% of peripheral blood in healthy donors
- Substantial information support the hypothesis that fibrocytes are derived from the bone marrow
- Differentiation of fibrocyte -> myofibroblast is augmented in the presence of TGF- $\beta$ . (result in production of FN and Col and express  $\alpha$ -SMA)
- Fibrocyte contribute to normal wound healing by several important mechanisms including...
- acting as antigen-presenting cells
- Serving as the contractile force of wound closure via  $\alpha$ -SMA expression
- Promoting angiogenesis
- Producing cytokines, chemokines and GFs that induce fibroblast hyperplasia
- Secreting components of ECMs



Early EPC	Characteristics	Late EPC
3-5 days	Duration	7-14 days
Heterogeneous	Morphology	Homogenous
CD14/CD45/KDR <sub>Low</sub> CD31/vWf	Antigen markers	CD34/KDR CD31/vWf
+++	Secretion of angiogenic cytokines	+
Low	<i>In-vivo</i> angiogenic effects	High



# Stem Cells and Development



[www.biolegend.com](http://www.biolegend.com)

Interactive Poster: [biolegend.com/stemcellposter](http://biolegend.com/stemcellposter)

**BioLegend Japan KK**  
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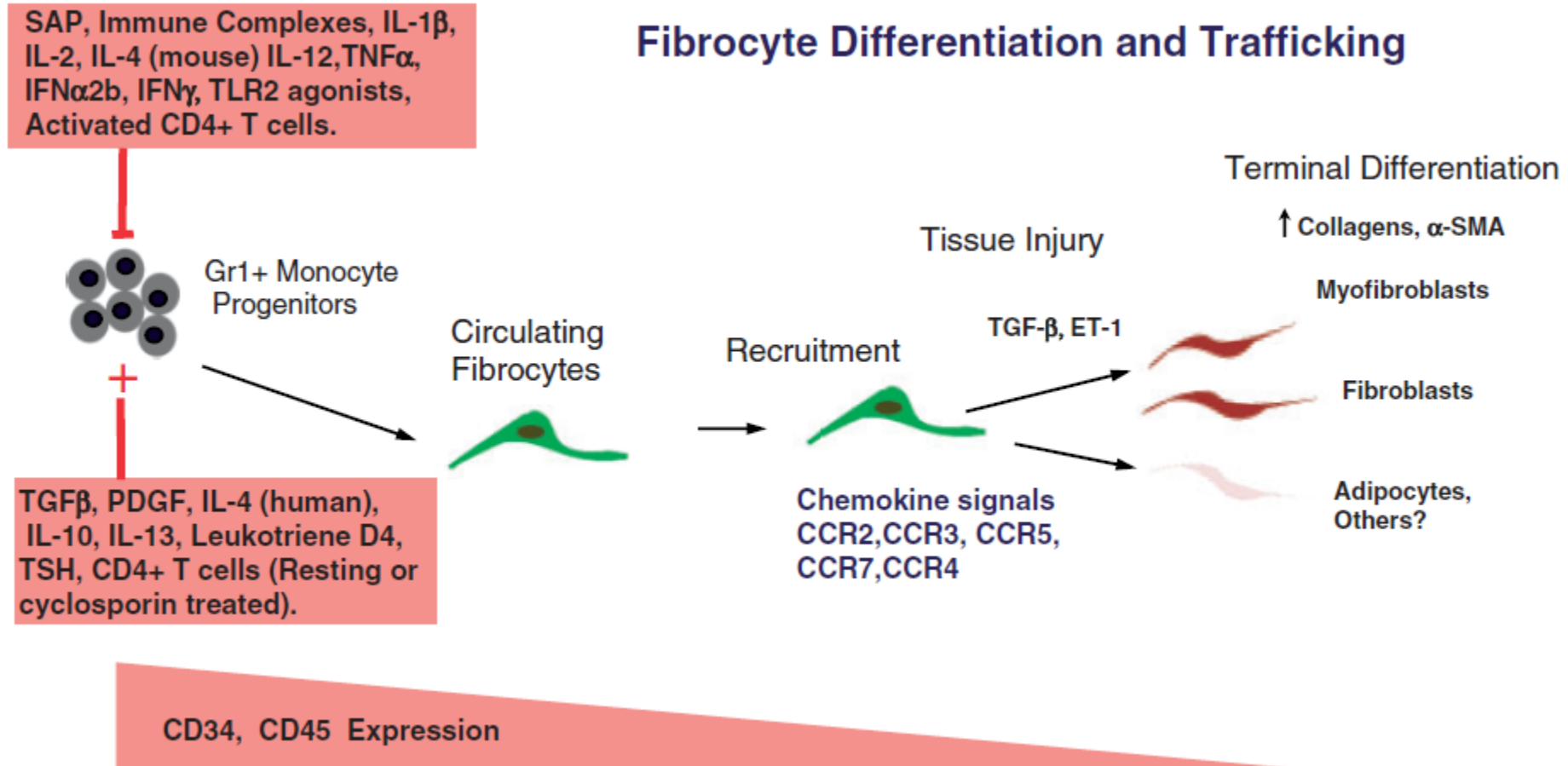
**BioLegend (Headquarters)**  
 11080 Roselle Street, San Diego, CA 92121, USA  
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We would like to thank **Dr. Brile Chung** of the University of California, Los Angeles & **Dr. Chintan Parekh** of the University of California, Los Angeles for their contributions to this poster.

# Fibrocytes



# Main signal known to induce fibrosis

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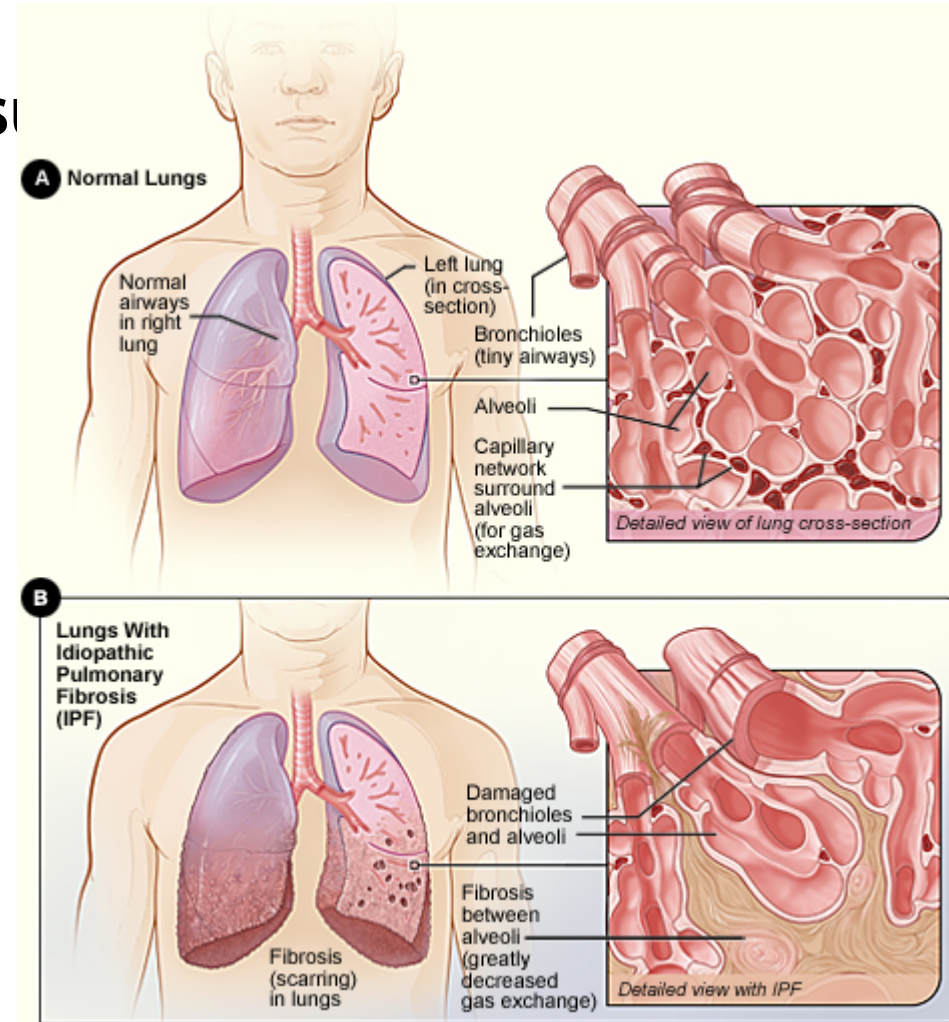
- **Transforming Growth Factor- $\beta$  (TGF- $\beta$ )**
- **Connective Tissue Growth Factor (CTGF)**
- **Interleukin-4 (IL-4)**
- **IL-13**
- **Platelet-Derived Growth Factor (PDGF)**
- **Osteopontin (OPN)**

# Fibrotic diseases

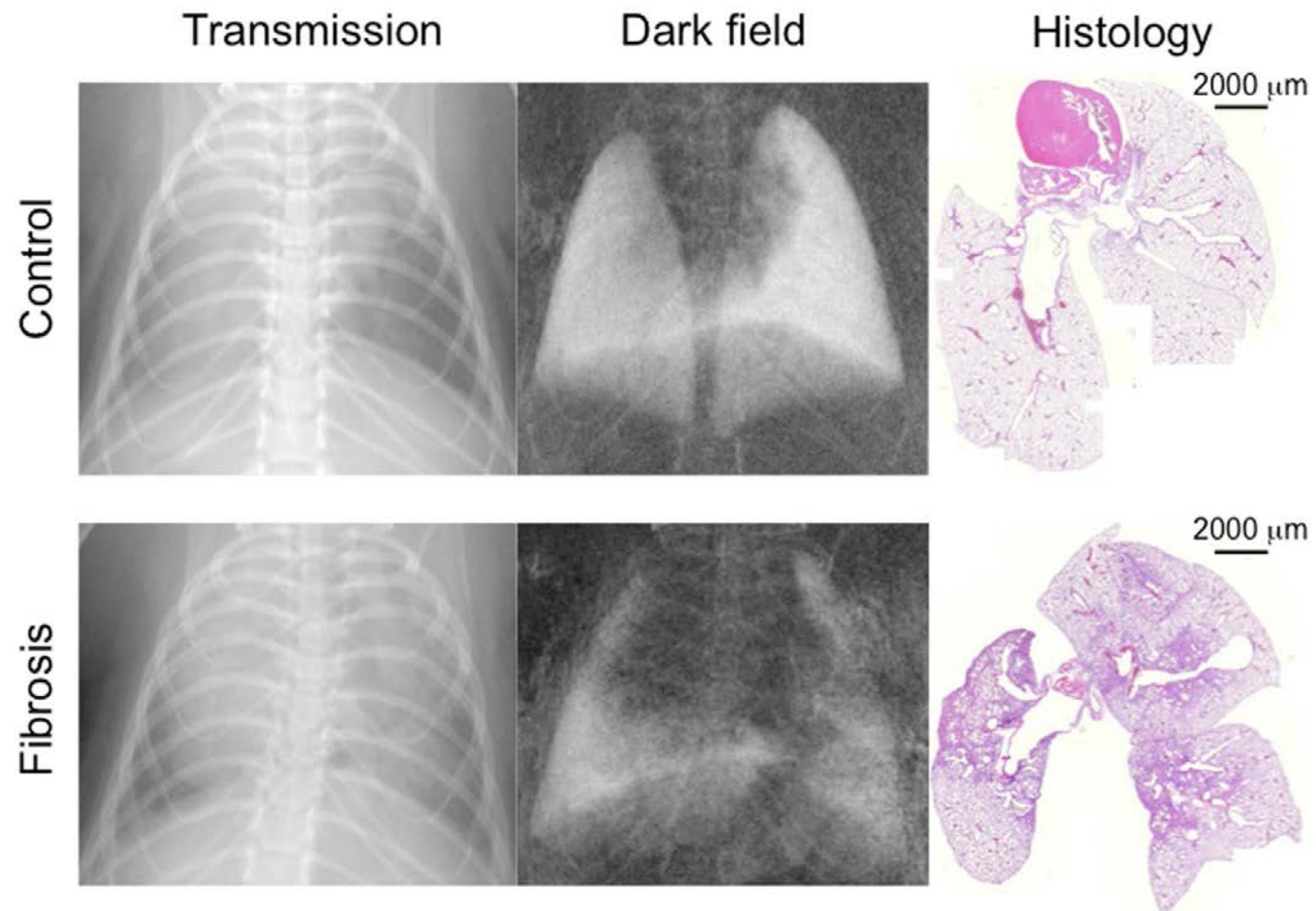


# Fibrotic Lung Disease

- Fibrosis of lung parenchyma
- Progressive replacement of lung tissue
- Lead to thickening of the wall
- Perpetual shortness of breath





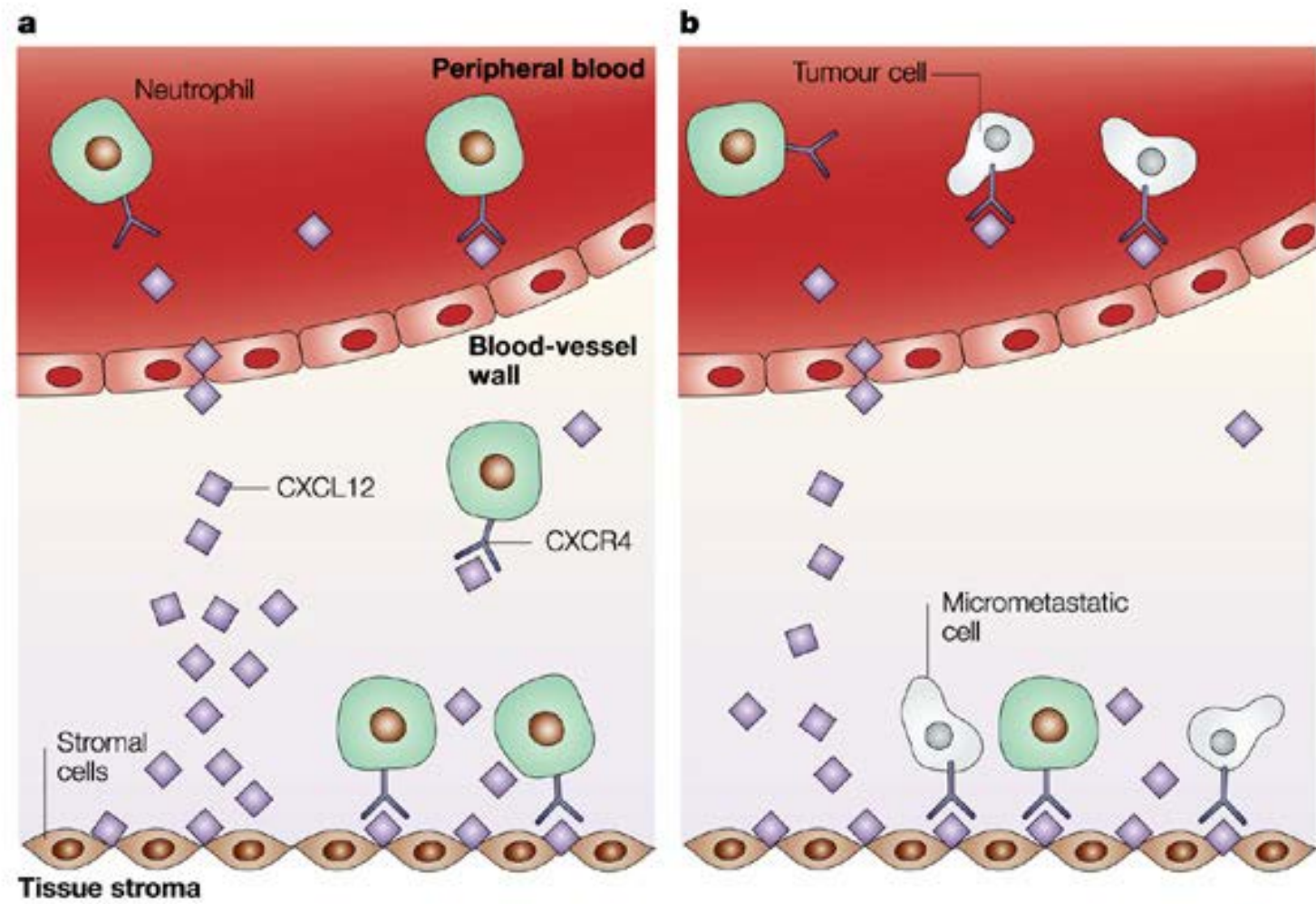


Helbach K 2017 Sci Rep

# Idiopathic pulmonary fibrosis

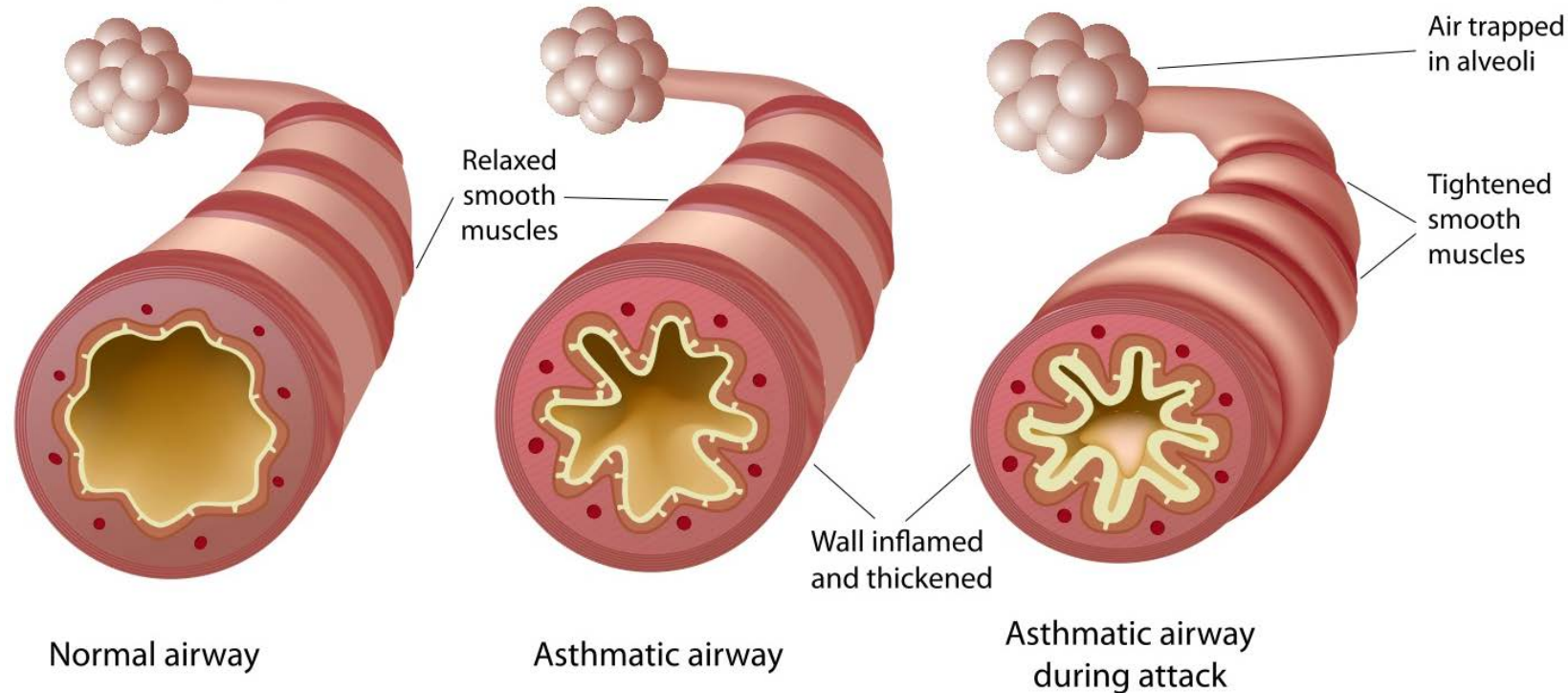
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- **Animal model: Bleomycin-induced pulmonary fibrosis**
- **Human fibrocytes that were administered intravenously to SCID mice preferentially homed to the lungs**
- **The magnitude of lung procollagen I and III upregulation correlated with the number of CD45+, Col I+, CXCR4+ fibrocytes in the BM, blood, and in the lung**
- **CXCL12 was significantly increased in bleomycin-treated lung**
- **Administration of neutralizing anti-CXCL12 antibodies resulted in...**
  - **significantly reduced Fibrocyte extravasation into the lung**
  - **Reduced collagen deposition in the lungs**
  - **Reduced  $\alpha$ -SMA expression**



# Asthma

- Characterized by persistent airway inflammation and structural aberrant remodeling of the airways
- Extensive deposition of ECM
- Fibrocytes expressing CD34, procollagen I, and  $\alpha$ -SMA (myofibroblasts) resulted in increased thickness of the lamina reticularis)

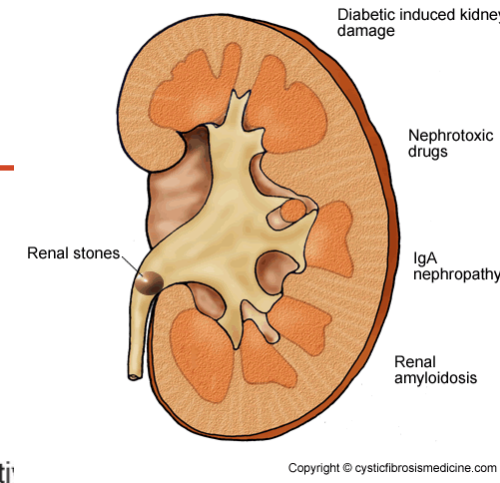
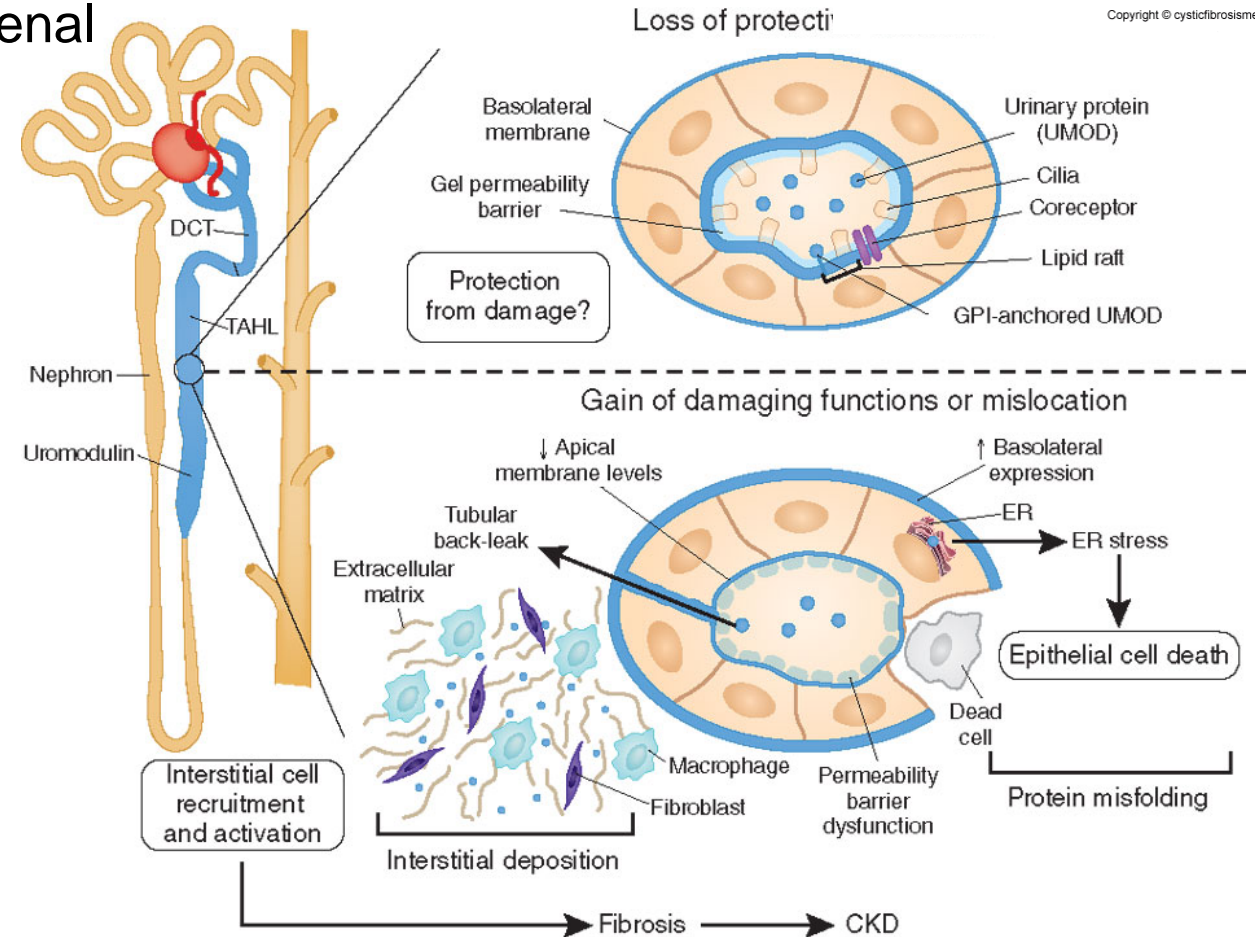
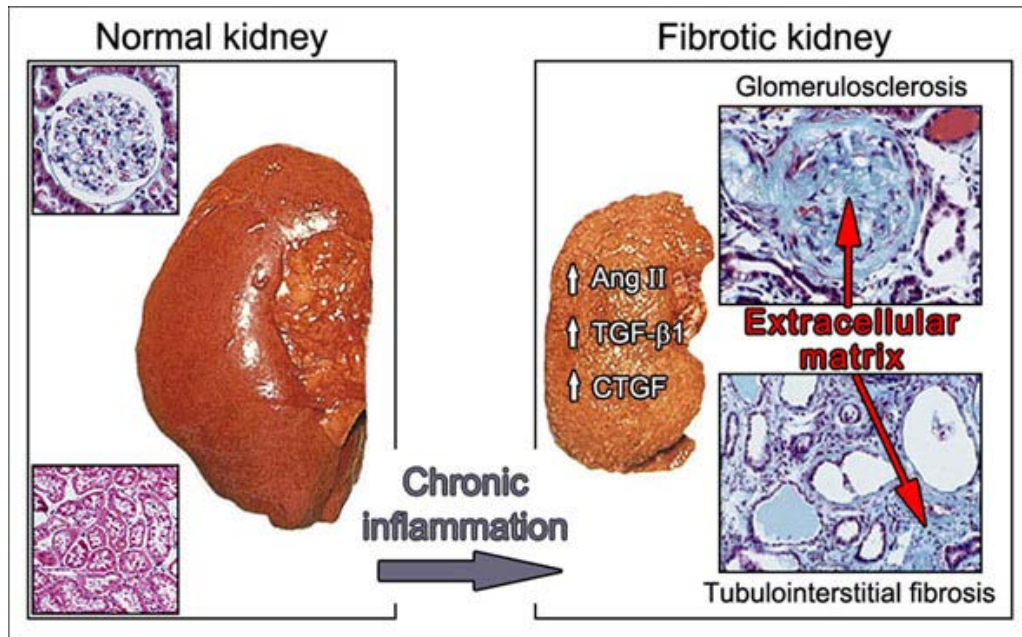




# Chronic Kidney Disease (CKD)

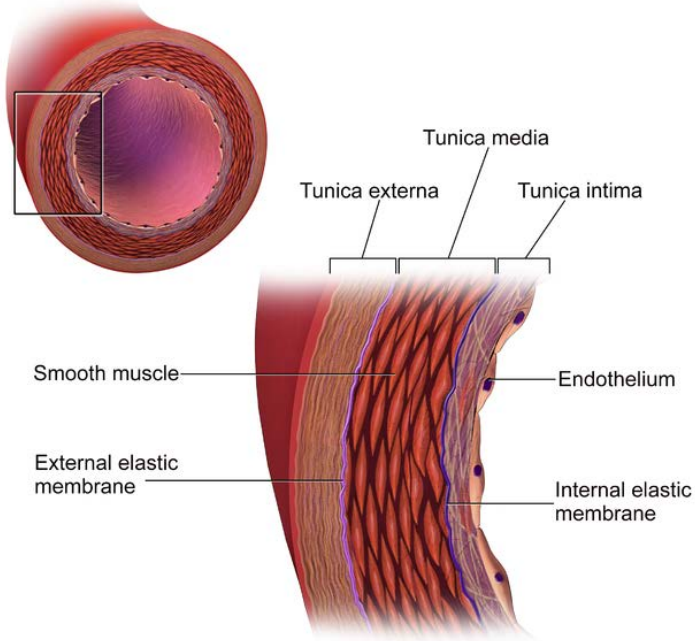
Renal fibrosis is defined by...

- Tubular atrophy and dilation
- Interstitial leukocyte infiltration
- Increased interstitial matrix deposition
- Upto 15% of myofibroblasts contributing to renal fibrosis are of BM origin

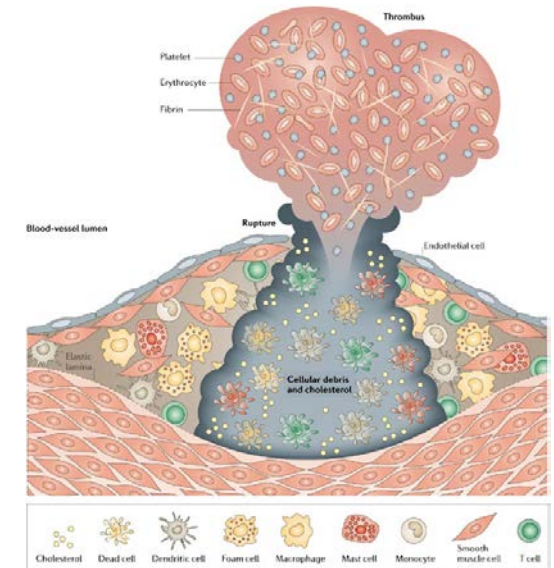
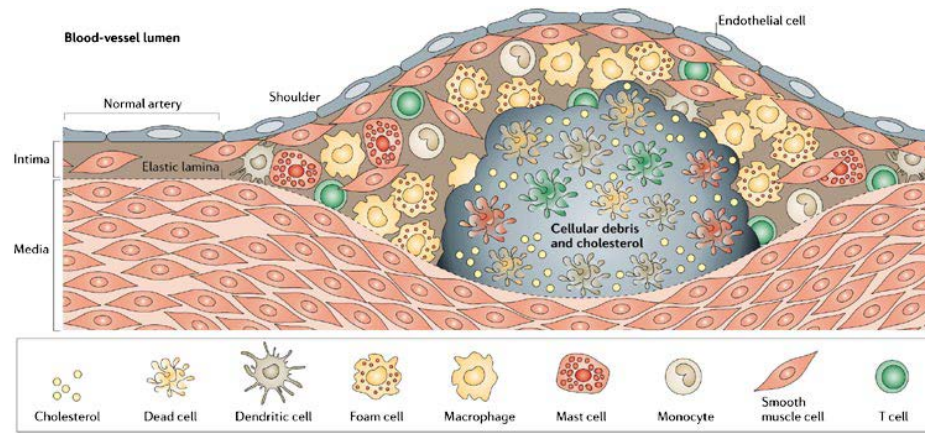
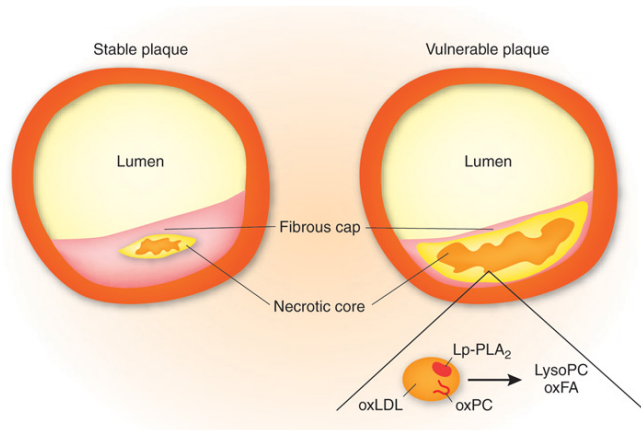


# Atherosclerosis

## The Structure of an Artery Wall



- Thickening of tunica intima of blood vessels is a universal response to vessel injury
- Atherosclerotic plaque contains cells positive for CD34, CD45, and  $\alpha$ -SMA



Hansson et al. 2006 *Nature Reviews Immunology*

# Regenerative Healing & Scar Reduction Theory



# Targeting the Inflammatory Response

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- **Regenerative wound healing is replaced by scarring as the immune system in the embryo develops (Martin, 1997)**
- **Reduction of inflammation in post-natal skin wounds correlates with reduced scarring**
- **Mice devoid of functional neutrophils & macrophages**
  - **healed wounds over a similar time course**
  - **Exhibited scar-free healing similar to embryonic wound healing**
- **Wound inflammatory cells produce signals that either directly or indirectly induce collagen deposition and granulation tissue formation -> increase scarring**

## Recent studies

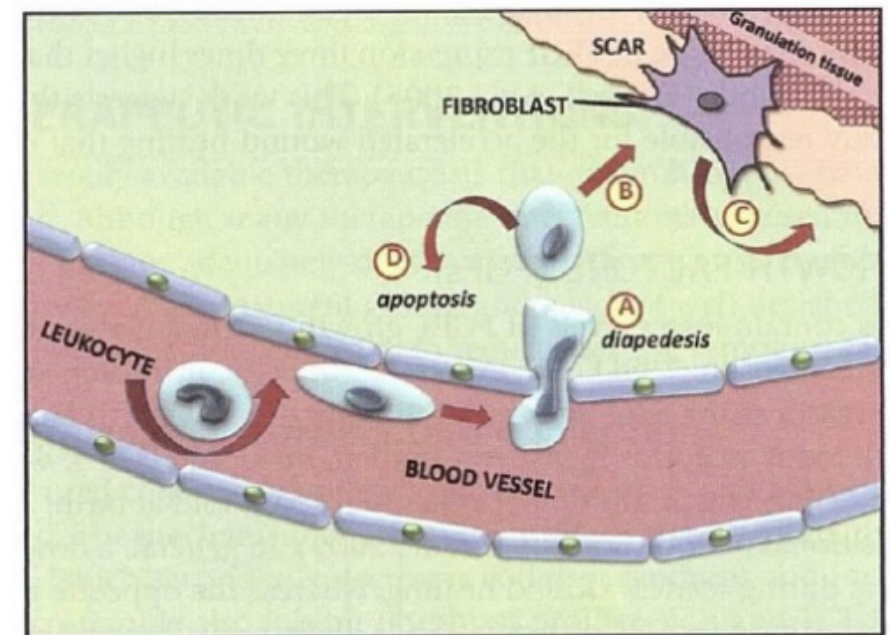
- The inflammatory phase & scarring might not be as directly linked
  - <EX> Cox-2  
(enzyme involved in prostaglandin production)
  - Effect of Cox-2 inhibition is controversial (reduction vs no difference)

## Fibrocytes

- Have a role in granulation tissue deposition and scar formation (neutrophils & macrophages might not be the only mediators implicated)
- Sub-population of circulating leukocytes, fibroblast-like characteristics
  - Express both leucocyte marker (CD34) and ECM protein (Collgen)
- Increase the intensity of the inflammatory response
- Secretion of PDGF & TGF-beta  
-> Guide the action of fibroblast at the wound site

## Major target - Inflammatory response

- Leucocytes (at any point as they migrate...)
  - Through the vessel wall
  - To the wound
  - Transmit a signal to fibroblasts
- Fibroblasts (block their response to leucocyte signaling)



# Targeting Cytokines and GFs

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- **TGF-beta superfamily**
- **Connective tissue growth factor (CTGF)**
- **Vascular Endothelial Growth Factor (VEGF)**
- **Fibroblast Growth Factors (FGFs)**
- **Platelet-derived Growth Factor (PDGF)**
- **Wnt signaling**
- **Interleukins**

# TGF-beta Superfamily

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- **Secreted by keratinocytes, fibroblasts, platelets, and macrophages**
- **Influence the migration of keratinocytes and fibroblasts to the wound bed**
- **Matrix remodeling**
- **Collagen synthesis**
- **Myofibroblast differentiation**
- **Fetus TGF-beta isoform profile**
  - **TGF-beta3 - relatively high**
  - **TGF-beta1 & beta2 - relatively low**
- **Those profile experimentally proved to reduce scar**

# Connective tissue growth factor

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- **Pro-fibrotic**
  - Mechanism related to TGF-beta3
  - Activated by Smad proteins
- **Stimulates the deposition of ECM**
- **Higher expression in adult fibroblasts**

# VEGF

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- **Produced by keratinocyte, fibroblasts, macrophages**
- **Scarless wound healing shows an increase of VEGF expression 3x higher**
  - **Increased VEGF expression is partially responsible for the accelerated wound healing**

# FGFs

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- **In general, down regulation of the FGF isoforms occurs during scarless wound healing (embryonic)**
- **The opposite is true during adult wound healing**
- **FGF up-regulation is likely partially responsible for scar formation**



# PDGF

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- **Pro-fibrotic growth factor**
- **Adult wounds contain very high amount of PDGF**
- **PDGF is virtually absent in embryonic wounds**
- **Administration of PDGF to fetal wound**
  - **increased inflammation, fibroblast recruitment, collagen deposition**
  - **induce scarring**

# Wnt signaling

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- **With wounding, fetal wnt expression remains stable at its high basal level**
- **In adult skin, increases during repair**

# Interleukins

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- **Class of cytokines involved in activation of the inflammatory cascade**
- **With insult to skin integrity IL-6 & IL-8 rapidly increase expression**
- **IL-6**
  - **Produced by fibroblasts in response to stimulation by PDGF**
  - **Activate macrophage**
  - **Stimulate monocyte chemotaxis**
- **IL-8**
  - **Stimulates neovascularization**
  - **Attracts neutrophils**
- **Elevated expression is..**
- **Maintained over a period of 72 hours during adult repair**
- **Suppressed after 12 hours during carless fetal repair**
- **Early fetal fibroblasts express lower level of both IL-6 & IL-8**

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- **IL-10 is thought to be anti-inflammatory**
  - **Antagonism of IL-6 & IL-8**
  - **Fetal skin grafts from IL-10 KO mice**
    - **Grafted to syngeneic mice -> showed scar formation (proves intrinsic mechanism)**
  - **Administration of IL-10 over-expression Adenoviral vector...**
    - **Reduced inflammation**
    - **Induced scarless wound healing in adult mouse wounds (Gordon et al., 2008)**

# Senescence

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- **Cellular senescence is implicated in pathological tissue repair**
- **Fibroblasts become prematurely senescent within a chronic wound setting**

# Current Therapeutic Intervention

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- **Corticosteroid injections**
- **5-fluorouracil (5-FU)**
- **Imiquinod**
- **Laser therapy**
- **Bleomycin**
- **Silicone gel sheeting**
- **Pressure dressings**
- **Radiation therapy**
- **Cryotherapy**
- **surgery**
  - Non of these are optimal and effective
  - Therapy based on molecular targets remain elusive

# Future Therapeutic Intervention

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- **TGF-beta associated therapies**
- **PDGF (approved by US FDA for treatment of DFUs)**
- **Targeting gap junctions and connexins  
(to stop propagation of a signal from one cells to an adjacent cells)**
- **Other drugs & biologics**
- **Stem cells**
  - **ES cells**
  - **MSCs**
  - **Epidermal stem cells**
  - **iPS cells**
- **Wound dressing incorporated with GFs and live cells**

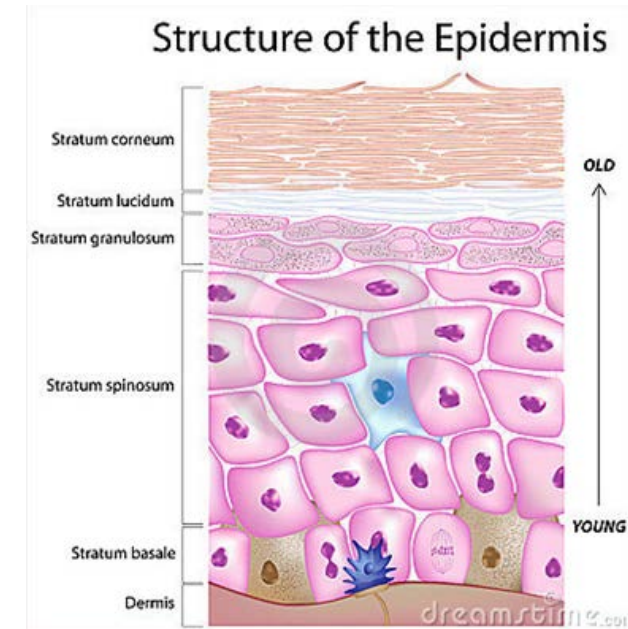
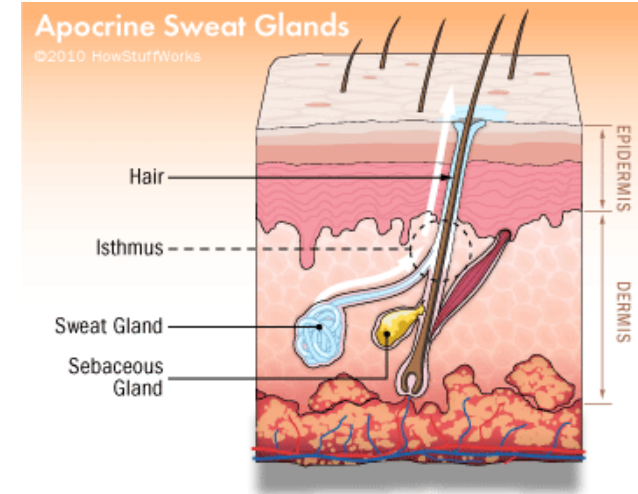


# Epithelial stem cell niche

- The bulge of the hair follicle
- The base of the sebaceous gland
- The basal layer of the epidermis



- Progenitors:
- Local adipocyte progenitor cells
- Local melanocyte progenitor cells
- Recruitment of bone marrow and endothelial progenitors



EOD