# Predicting instabilities of a tuneable ring laser with an iterative map model

BRADY METHERALL AND C. SEAN BOHUN<sup>2,\*</sup>

Compiled November 24, 2020

We propose a nonlinear iterative map for tuneable ring lasers. Using the generalized nonlinear Schrödinger equation, expressions for the transformations undergone by the laser pulse are derived for each of the five components (gain, loss, dispersion, modulation, and nonlinearity) within the laser cavity. These transformations are then iteratively composed to give the overall effect of one round trip of the cavity. We first examine the linear version of the model which we solve analytically. Then the full nonlinear model is investigated numerically. The nonlinear model is able to exhibit wave breaking as well as modulation instability. We highlight the rich landscape and sharp divide for a particular plane of the parameter space. © 2020 Optical Society of America

http://dx.doi.org/10.1364/ao.XX.XXXXXX

## 1. INTRODUCTION

Tuneable lasers have the ability to vary the frequency of their output by up to about 100 nanometres [1–3]. This ability to vary the frequency leads to applications such as optical coherence tomography [1, 3, 4], coherent anti-Stokes Raman spectroscopy [4], deep tissue multi-photon microscopy [5], and diagnostics of ultrafast processes [4, 6]. Tuneable lasers are usually constructed in a ring with five main components: output coupler, chirped fibre Bragg grating (CFBG), modulator, Er-doped fibre, and pump laser. A typical ring laser cavity is depicted in Fig. 1. Due to the high power and short duration of the pulses, the Kerr nonlinearity plays a crucial role in the dynamics within the cavity.

Several effects arise within the cavity due to the interplay of dispersion, modulation, and the nonlinearity [1, 7–11]. The two effects of most interest for this paper are wave breaking, and modulation instability. Wave breaking causes the leading edge of a pulse to be red shifted, and the trailing edge blue shifted (in the anomalous dispersion regime, the effect is reversed) to the point that a shock is developed [12–16]. The shifts in frequencies cause the pulse to become more rectangular in the frequency domain with a linear chirp over most of the pulse. In optics, wave breaking manifests from self-phase modulation (SPM) which is a direct effect of the Kerr nonlinearity causing the pulse to interfere with itself. New frequencies are then generated which induces the rectangular profile [11, 17]. Outside of optics, wave breaking occurs in other areas with nonlinear waves such as plasmas, heat propagation, transmission lines, and fluid dynamics [14]. Modulation instability—which typically arises in the anomalous dispersion regime—is the other effect that will be of interest. However, in the presence of multiple frequencies, modulation instability can emerge in the normal dispersion regime as well through cross-phase modulation and four-wave mixing [17–19]. Modulation instability causes a wave to break into short pulses, and can cause a laser to lose coherence [7, 18, 19]. Within a ring laser cavity wave breaking and modulation instability can become parasitic leading to an unstable and unsustainable pulse. This gives rise to the need of understanding the rich landscape of the parameter space, and determining design principles to guarantee the ring laser is stable and sustainable [1, 8, 11, 20, 21].

The standard equation for studying nonlinear optics is the nonlinear Schrödinger equation (NLSE),

$$\frac{\partial A}{\partial z} = -i\frac{\beta_2}{2}\frac{\partial^2 A}{\partial T^2} + i\gamma |A|^2 A. \tag{1}$$

Here,  $A = A(T,z) : \mathbb{R}^2 \mapsto \mathbb{C}$  is the complex pulse amplitude,  $\beta_2 \in \mathbb{R}$  is the second order dispersion, and  $\gamma \in \mathbb{R}$  is the coefficient of nonlinearity. In practice, the NLSE, Eq. (1), lacks a few key terms, thus, it is often generalized by adding amplification and loss (and occasionally higher order terms). These additions give the generalized nonlinear Schrödinger equation (GNLSE) [1, 17, 21–24],

$$\frac{\partial A}{\partial z} = -i\frac{\beta_2}{2}\frac{\partial^2 A}{\partial T^2} + i\gamma |A|^2 A + \frac{1}{2}g(A)A - \alpha A,$$
 (2)

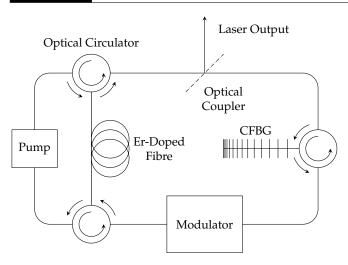
where g(A) is an amplifying term due to the gain, and  $\alpha \in \mathbb{R}^+$  is the loss due to scattering and absorption.

<sup>&</sup>lt;sup>1</sup>Mathematical Institute, University of Oxford, Radcliffe Observatory Quarter, Woodstock Rd, Oxford OX2 6GG, UK

<sup>&</sup>lt;sup>2</sup> Facutlty of Science, University of Ontario Institute of Technology, 2000 Simcoe St N, Oshawa, ON L1G 0C5, Canada

<sup>&</sup>lt;sup>3</sup>brady.metherall@maths.ox.ac.uk

<sup>&</sup>lt;sup>4</sup>sean.bohun@ontariotechu.ca



**Fig. 1.** Typical cavity of a fibre ring laser [4, 5, 8, 10]. The laser pulses travel clockwise around each loop.

The GNLSE, Eq. (2), has many applications in nonlinear optics and fibre optic communications, however, in the context of lasers a modulation term is typically also added to ensure mode-locking, this yields the master equation of mode-locking (see [25–31]). Due to the nonlinear term in Eq. (2) and the often non-trivial form of g(A), as well as the possible addition of a modulation term, no analytic solution is known. See Haus [29] for a comprehensive description and history of the theory of mode-locked lasers.

In this paper, we will build an iterative map model for the evolution of a laser pulse as it travels though the cavity. In Section 2, we will briefly review previous iterative mathematical models, then, we will present our own iterative map model. We will then non-dimensionalize the model and introduce four dimensionless parameters that govern the dynamics of the system. We will then examine the results of our model in Section 3—first solving the model analytically, by assuming the absence of the nonlinearity, then numerically solving the full nonlinear model. We will identify a sharp boundary in the parameter space separating the region of stability, and the region where modulation instability degrades the pulse. Finally, the concluding thoughts and possible ideas for future work are given in Section 4.

# 2. ITERATIVE MAP MODEL

The GNLSE well represents the dynamics in, say, a single optical fibre, it is not completely representative of the underlying physics within a laser cavity. It is assumed in Eq. (2) that each process affects the pulse continuously within the cavity. As highlighted by Fig. 1, this can be a poor assumption as we have discrete components. Within the cavity, each effect is localized to its corresponding component: almost all of the dispersion happens within the CFBG [32], the pulse is only amplified within the Erbium-doped fibre, et cetera. Thus, a better model is one where we consider separate, simplified, versions of Eq. (2) within each component. These simplified equations can then be solved, giving an analytic expression for how an input pulse will be transformed after passing through each component. We are then able to iteratively send a pulse through each process map to give the total effect of one round trip around the cavity. An iterative map method has the advantage of modelling each component directly, which allows us to portray the geometry of the cavity

as it is constructed.

Such a method was first proposed in 1955 by Cutler [33] while analyzing a microwave regenerative pulse generator. His method was adapted for mode-locked lasers in 1969 by Siegman and Kuizenga [34–37]. The effects of the nonlinearity would not be considered until Martinez *et al.* [38, 39] modelled passively mode-locked lasers. This issue has recently been readdressed by Burgoyne [4] in the literature for tuneable lasers. In each of these models the effect of each block is described by a transfer function.

Despite the development of discrete, iterative models, several short-comings exist. None of the previous models have contained every component within a laser cavity—either the nonlinearity or the modulation have been omitted. Each component of a tuneable plays a pivotal role and the laser will not function correctly without the inclusion of all of the components. Another drawback is that the functional operations of some of the components used in their models are phenomenological. While these functions are chosen based on the observed output, they are not necessarily consistent with the underlying physics. Finally, the previous models have been unsuccessful in exhibiting the instabilities described in Section 1.

We continue by deriving our own iterative map model by solving a reduced GNLSE for each component—except modulation, which we consider to be applied externally by an electro-optic modulator. Within the gain fibre, we assume all other effects are negligible, allowing us to simplify Eq. (2) to

$$\frac{\partial A}{\partial z} = \frac{1}{2}g(A)A. \tag{3}$$

To proceed, we assume the gain has the form

$$g(A) = \frac{g_0}{1 + E/E_{\text{sat}}},$$
  $E = \int_{-\infty}^{\infty} |A|^2 dT,$  (4)

where  $g_0$  is a small signal gain, E is the energy of the pulse, and  $E_{\text{sat}}$  is the energy at which the gain begins to saturate [6, 23, 25]. Thus, Eq. (3) becomes

$$\frac{\partial A}{\partial z} = \frac{g_0 A}{2(1 + E/E_{\text{sat}})}.$$
 (5)

By assuming the energy entering the gain fibre is  $E_g$  and the energy after travelling through the gain fibre of length  $L_g$  is  $E_{\text{out}}$ , we find the energy after amplification is

$$E_{\text{out}} = E_{\text{sat}} W \left( \frac{E_g}{E_{\text{sat}}} \exp(E_g / E_{\text{sat}}) \exp(g_0 L_g) \right),$$
 (6)

where W is the Lambert W function. Rewriting Eq. (6) in terms of the pulse gives

$$G(A) = \left(\frac{E_{\text{sat}}}{E_g} W \left(\frac{E_g}{E_{\text{sat}}} \exp(E_g / E_{\text{sat}}) \exp(g_0 L_g)\right)\right)^{1/2} A \quad (7)$$

for the amplification of the pulse within the Er-doped fibre.

Repeating this same procedure for the loss, dispersion, and nonlinearity yields

$$L(A) = (1 - R) \exp(-\alpha L_T) A, \tag{8}$$

$$D(A) = \mathcal{F}^{-1} \left\{ \exp(i\omega^2 L_D \beta_2/2) \mathcal{F}\{A\} \right\}, \tag{9}$$

$$F(A) = A \exp(i\gamma |A|^2 L_f), \tag{10}$$

where *R* is the reflectivity of the output coupler (depending on the layout of the laser cavity the loss may instead take the

form  $L(A) = R \exp(-\alpha L_T)A)$ ,  $L_T$  is the total length of the laser circuit,  $L_D$  is the length of the dispersive medium,  $L_f$  is the length of fibre between the amplifier and the output coupler, and  $\mathcal F$  denotes the Fourier transform. Finally, we consider the modulation. Here, we assume the pulse is modulated by an electro-optic modulator. This gives the freedom of choosing the profile of the modulation how ever the operator sees fit. For simplicity the representation is taken as the Gaussian

$$M(A) = \exp(-T^2/2T_M^2)A,$$
 (11)

where  $T_M$  is the characteristic width of the modulation. This assumption is not particularly restrictive. Calcaterra and Boldt [40] have shown that a sum of Gaussian functions can approximate any square integrable function. Therefore, our solution extends to any continuous, bounded modulation function. Additionally, it is common to use a saturable absorber in place of a modulator. In this case, Eq. (11) can freely be replaced by [8, 9]

$$S(A) = 1 - \frac{q_0}{1 + |A|^2 / P_{\text{sat}}},$$
 (12)

where  $q_0$  is the modulation depth,  $|A|^2$  is the instantaneous power of the pulse, and  $P_{\text{sat}}$  is the saturation power.

## A. Non-Dimensionalization

Non-dimensionalization is a technique used in mathematical modelling to better understand the relative importance of different processes within a system. In essence, we scale all variables by typical values of the system based on the geometry and boundary conditions (see, for example, [41]). Doing so 'factors' the dimensional units out of the problem, leaving only dimensionless equations with dimensionless parameters. The magnitude of the dimensionless parameters characterizes the dominant dynamics of the system—much like how fluid flow can be described with only the Reynolds number. The structure of each process in the laser can be better understood by re-scaling the time, energy, and amplitude by the convenient scalings:

$$T = T_M \widetilde{T}, \qquad E = E_{\text{sat}} \widetilde{E}, \qquad A = \left(\frac{E_{\text{sat}}}{T_M}\right)^{1/2} \widetilde{A}.$$
 (13)

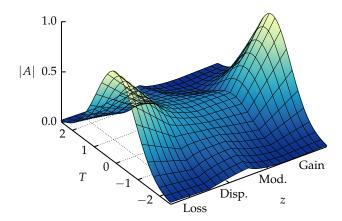
Revisiting the process maps Eq. (7)–Eq. (11) yields the new, non-dimensional, mappings—after dropping the tildes—

$$\begin{split} G(A) &= \left( E_g^{-1} W \Big( a E_g \mathrm{e}^{E_g} \Big) \right)^{1/2} A, \quad F(A) = A \exp(i b |A|^2), \\ D(A) &= \mathcal{F}^{-1} \Big\{ \exp(i s^2 \omega^2) \mathcal{F} \{A\} \Big\}, \quad L(A) = h A, \end{split} \tag{14} \\ M(A) &= \exp(-T^2/2) A, \end{split}$$

with the four dimensionless parameters, as defined by the values in Table 1.

$$a = \exp(g_0 L_g) \sim 8 \times 10^3, \quad h = (1 - R) \exp(-\alpha L_T) \sim 0.04,$$
 $b = \gamma L_f \frac{E_{\text{sat}}}{T_M} \sim 1, \qquad s = \left(\frac{\beta_2 L_D}{2T_M^2}\right)^{1/2} \sim 0.2.$ 
(15)

Here, a is a measure of the strength of the gain fibre, h is the loss due to absorption and the output coupler, b is the ratio of the frequency shift due to the Kerr nonlinearity to the width of the pulse, and s is the ratio of the effectiveness of the CFBG to the width of the pulse. Furthermore, notice that in this non-dimensional form, the modulation has no associated parameter, and each of the other processes in Eq. (15) have their own independent, non-dimensional parameter.



**Fig. 2.** Evolution of the envelope during one round trip of the cavity at equilibrium. The pulse decays due to the output coupler, disperses due to the CFBG, is modulated by the modulator, and finally, is amplified by the gain fibre (the envelope is unaltered by the nonlinearity). Note, the *z* axis is not to scale.

## B. Combining the Effects

Now that we have the algebraic effect of each section of the cavity, we are ready to take the composition of the maps to give the effect of one round trip of the cavity. Thus, we must now consider the order of the components. As we are most interested in the output of the laser cavity, we shall start with the loss. We then pass the pulse through the CFBG followed by the modulator. The pulse then travels through the Er-doped fibre to be amplified, and finally we consider the effect of the nonlinearity. The nonlinearity must immediately follow the gain in this model—this is where the nonlinearity will have the largest effect since this is where the pulse is most energetic. Note, the permutation of the components is indeed important as the process maps do not, in general, commute—unlike the models described in the beginning of Section 2. Moreover, we prefer the loss to follow the gain and nonlinearity as we wish to minimize the length over which the nonlinearity has an effect, and maximize the output power. Functionally we denote one round trip of the cavity by

$$\mathcal{L}(A) = F(G(M(D(L(A))))). \tag{16}$$

The pulse after one complete circuit of the laser cavity is then returned back into the cavity to restart the process. A steady solution to this model is one in which the envelope and chirp are unchanged after traversing every component in the cavity—we are uninterested in the phase due to the nature of experimental measurements. That is, such that  $\mathcal{L}(A) = Ae^{i\phi}$ —for some  $\phi \in \mathbb{R}$ . An example of the evolution of the envelope during one round trip of the laser cavity can be found in Fig. 2.

# 3. RESULTS

We split the results into two subsections. In the following subsection we investigate the low nonlinearity limit, and in Section 3B we look at the full nonlinear model.

#### A. Linear Solution

By neglecting the effect of the nonlinearity, that is, b=0, a solution can be found analytically. We proceed by assuming the solution will take the form of a chirped Gaussian. There are a few reasons for this; the solution to the models presented

	D (			/. 1			4 - 00	00 047
Table 1.	. Kange of	parameter	values	(taken	trom	14.	17, 20,	. 30. 311).

Symbol	Parameter	Value	Units
α	Absorption of fibre	$10^{-4}$ – $0.3$	$\mathrm{m}^{-1}$
$\beta_{2}^{f}$	Fibre dispersion	-50-50	$ps^2/km$
$\gamma$	Fibre nonlinearity	0.001-0.01	${ m W}^{-1} \ { m m}^{-1}$
$\beta_2^g L_D$	Grating dispersion	10-2000	$ps^2$
$L_T$	Length of cavity	10-100	m
$L_f$	Length of fibre between gain and output coupler	0.15–1	m
$L_{\mathcal{g}}$	Length of gain fibre	2–3	m
$T_{M}$	Modulation Time	15–150	ps
R	Reflectivity of optical coupler	0.1-0.9	-
$E_{sat}$	Saturation energy	$10^3 - 10^4$	рJ
<b>g</b> 0	Small signal gain	1–10	$m^{-1}$

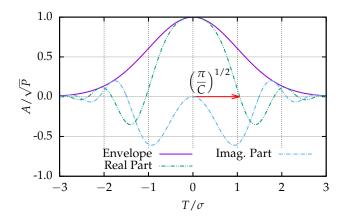


Fig. 3. Linearly chirped Gaussian pulse, Eq. (17).

in [33, 34, 37–39] were Gaussian, the equilibrium shape will be highly correlated to the modulation function, and since a Gaussian is a fixed point of the Fourier transform. Furthermore, this form is chosen because it resembles the envelope and linear chirp expected from the literature [4, 26, 29, 31, 42].

Consider the pulse

$$A = \sqrt{P} \exp\left(-(1+iC)\frac{T^2}{2\sigma^2}\right) \mathrm{e}^{i\phi_0}, \tag{17}$$

where P is the peak power, C is the chirp,  $\sigma^2$  is the variance, and  $\phi_0$  is the phase (Fig. 3). By computing  $\mathcal{L}(A)$  using Eq. (16), and equating to  $Ae^{i\phi}$ , we obtain the conditions

$$\frac{\sigma^4}{1 - \sigma^2} = (\sigma^2 + 2Cs^2)^2 + 4s^4,\tag{18}$$

$$\frac{C}{1 - \sigma^2} = C + 2\frac{s^2}{\sigma^2}(1 + C^2),\tag{19}$$

$$1 = \frac{W(aE_g e^{E_g})}{E_{\sigma}} h^2 (1 - \sigma^2)^{1/2}$$
 (20)

for Eq. (17) to be in equilibrium. Manipulating Eq. (18) and Eq. (19) we are able to eliminate the chirp, and find an expression

in terms of  $\sigma$  only, that is,

$$\sigma^8 + 4s^4\sigma^6 - 20s^4\sigma^4 + 32s^4\sigma^2 - 16s^4 = 0.$$
 (21)

4

As Eq. (21) is a quartic in  $\sigma^2$ , it has an analytic solution, namely,

$$\sigma^2 = \sqrt{2}s\left(s^6 + 3s^2 + \sqrt{4 + s^4}\left(1 + s^4\right)\right)^{1/2} - s^4 - s^2\sqrt{4 + s^4}.$$
 (22)

Additionally, we find the chirp to be

$$C = \frac{\sigma^4 - \left(\sigma^8 - 16s^4(1 - \sigma^2)^2\right)^{1/2}}{4s^2(1 - \sigma^2)},$$
 (23)

in terms of s and  $\sigma^2$ . Moreover, we can obtain the energy of the pulse entering the gain fibre,  $E_g$ , from Eq. (20), and thus, the equilibrium energy at the output coupler. Doing so gives

$$E = \frac{\log\left(ah^2(1-\sigma^2)^{1/2}\right)}{1-h^2(1-\sigma^2)^{1/2}}.$$
 (24)

By equating the energy of the pulse in Eq. (17) and Eq. (24), the peak power is found to be

$$P = \frac{\log(ah^2(1-\sigma^2)^{1/2})}{\sqrt{\pi}\sigma(1-h^2(1-\sigma^2)^{1/2})}.$$
 (25)

The nature of Eq. (21)–Eq. (25) makes it difficult to work with. However, by asymptotically expanding Eq. (21)–Eq. (25) in terms of the dispersion parameter, s, we find the simpler relations

$$\sigma^2 \sim 2s(1-s) + \mathcal{O}\left(s^3\right),\tag{26}$$

$$C \sim 1 - s + \frac{1}{2}s^2 + \mathcal{O}(s^3),$$
 (27)

$$E \sim \frac{\log(ah^2)}{1 - h^2} - \frac{1}{1 - h^2} \left( 1 + \frac{h^2 \log(ah^2)}{1 - h^2} \right) s + \mathcal{O}(s^2),$$
 (28)

$$P \sim \frac{\log(ah^2)}{\sqrt{2\pi}(1-h^2)}s^{-1/2} + \mathcal{O}(s^{1/2}),$$
 (29)

in the case  $s \to 0$ . And

$$\sigma^2 \sim 1 - \frac{1}{4}s^{-4} + \frac{3}{8}s^{-8} + \mathcal{O}(s^{-12}),$$
 (30)

$$C \sim \frac{1}{2}s^{-2} - \frac{3}{8}s^{-6} + \mathcal{O}(s^{-10}),$$
 (31)

in the case  $s \to \infty$ . We have no asymptotic expansion of the energy or peak power as  $s \to \infty$  since in this limit the gain is unable to balance the energy lost due to modulation, as indicated by the logarithm in Eq. (24). Expanding the condition  $ah^2(1-\sigma^2)^{1/2} > 1$ , from Eq. (24), using Eq. (30) (for a first-order approximation), we find

$$s^* = \left(\frac{ah^2}{2}\right)^{1/2} \tag{32}$$

is the maximum value of *s* to facilitate a sustainable pulse.

Our linearized model indeed exhibits a solution of the same form as previous linear models. However, by including the effects of the nonlinearity we uncover the rich interplay between dispersion, modulation, and nonlinearity.

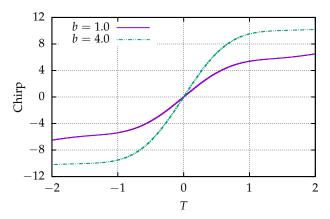
#### B. Nonlinear Solution and Instability

In this iterative map model—as well as within the laboratory—we must specify the input pulse. One of the most common forms is a hyperbolic secant [7, 14, 15, 21], which we assume has the exact form

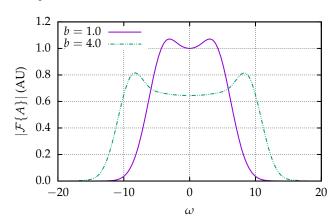
$$A_0 = \Gamma \operatorname{sech}(2T) e^{i\pi/4}, \tag{33}$$

where  $\Gamma$  is a normalizing factor chosen so the pulse has the initial energy  $E_0$ , which we take as  $E_0 = 0.1$ , unless specified otherwise. Using Eq. (33) as a seed, we simulate the pulse as it travels around the cavity using  $2^{18}$  points, and a time span of 16.

In Fig. 4 we show the chirp and Fourier transform of the pulse Eq. (33) once it has reached equilibrium for the nominal parameter values given in Eq. (15), and an additional b value. In this nonlinear case, we find that the equilibrium pulse is no longer Gaussian—as evidenced by the Fourier transforms. Notice that compared to the linear case, higher frequency modes are introduced due to the nonlinearity, giving a bi-modal appearance. Moreover, we find the pulse is linearly chirped near the peak, but, in the tails, |T| > 1, the chirp begins to saturate—consistent with the experimental results [14, 16, 43]. As the nonlinearity parameter, b, is increased, the chirp increases more sharply across the pulse, and saturates at a larger value. Also, the two lobes in the Fourier transform become more pronounced and further apart, and the pulse becomes more rectangular. However, after a critical point, SPM plays a more substantial role, leading to modulation instability. This phenomenon is highlighted in Fig. 5. By increasing the nonlinearity, and decreasing the dispersion we find the pulse begins to 'breathe'. During the first two dozen round trips of the cavity, the SPM compounds and becomes too parasitic to the pulse. This in turn induces modulation instability, and degrades the pulse, until the pulse is no longer stable or sustainable. On the other hand, having a more moderate value of *b*, the pulse is able to equilibrate even with a less favourable, random, initial pulse (Fig. 6), as in [9]. The pulse is able to shed the initial left lobe (T = -1/2) because of dispersion and modulation, and a central lobe (T = 0) is formed and is able to grow due to the gain medium. This then allows the pulse to come to equilibrium very quickly. Furthermore, since the intensity of the initial pulse is relatively small, the effect of SPM is negligible during the first few round trips which allows

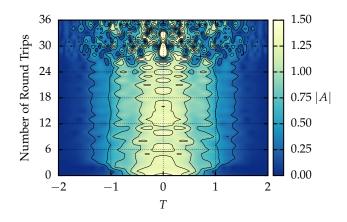


(a) Chirp.

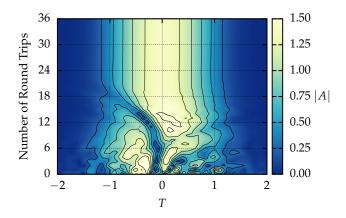


(b) Fourier transform.

**Fig. 4.** Chirp and Fourier transform at equilibrium (500 round trips) initiated by Eq. (33) for two values of b, the nonlinearity parameter ( $a = 8 \times 10^3$ , h = 0.04, s = 0.2, and  $E_0 = 0.1$ ).



**Fig. 5.** Example of a pulse destabilizing from the initial pulse Eq. (33) ( $a = 8 \times 10^3$ , h = 0.04, b = 1.6, s = 0.1, and  $E_0 = 0.1$ ).



**Fig. 6.** Example of a pulse coming to equilibrium from noise  $(a = 8 \times 10^3, h = 0.04, b = 1.0, s = 0.1, and <math>E_0 = 0.1)$ .

the laser to select preferable modes. The preferable modes then get amplified which stabilizes the pulse. From this, it is clear the initial shape of the pulse is much less important than the initial energy of the pulse,  $E_0$ , or the strength of the nonlinearity, b.

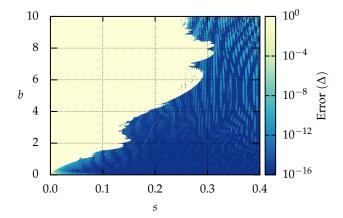
We now turn our attention to a more quantitative analysis, and characterize the stability of a laser by exploring the parameter space. We focus on the s-b plane in particular since a and h effect only the amplitude of the pulse, whereas the interplay of dispersion and nonlinearity give rise to the instabilities. Additionally, as mentioned, a conservative initial energy will effect the dynamics much less than a more intense pulse since the nonlinearity will be negligible while coming to equilibrium. To identify the stability of a pulse we examine the relative change in the pulse's envelope between consecutive round trips of the cavity. We compute this error by

$$\Delta = \frac{\||\mathcal{L}^n(A_0)| - |\mathcal{L}^{n-1}(A_0)|\|_2}{\|\mathcal{L}^{n-1}(A_0)\|_2},$$
 (34)

where

$$||f||_2^2 := \int_{-\infty}^{\infty} |f|^2 dT,$$
 (35)

and n is chosen to be sufficiently large to guarantee the pulse reaches equilibrium or degrades due to modulation instability—we use n=500 in our experiments. We take the modulus of the pulse since we are only interested in the evolution of the

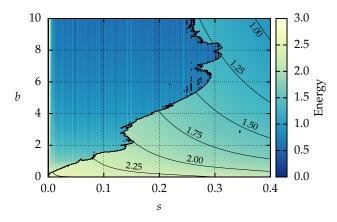


**Fig. 7.** Relative error of a pulse's envelope between round trips 499 and 500 ( $a = 8 \times 10^3$ , h = 0.04, and  $E_0 = 0.1$ ).

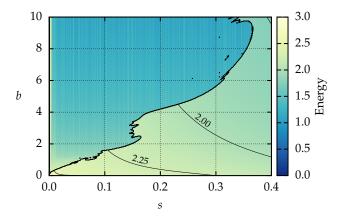
envelope because of the methods used experimentally. We plot the error in Fig. 7. It is clear the parameter space is split into two distinct regions, divided by an incredibly sharp and complex boundary. In the upper-left region the error is  $\mathcal{O}(1)$ ; here, the nonlinearity is too strong, and the SPM induces modulation instability. In the lower-right region we find the opposite behaviour—the pulse reaches an equilibrium state and is stable. The increase in dispersion, coupled with modulation, allows the laser to balance the nonlinear effects. The error in this region is on the order of machine precision, or slightly higher due to the discretization.

Also of interest is the energy of the pulse at equilibrium, which we compute numerically by Eq. (4). Recall from Eq. (16), this energy is immediately before passing through the output coupler, and so the energy of each pulse emitted by the laser is  $(1 - h^2)E$ , and  $h^2E$  remains in the cavity. We plot the energy in the *s*–*b* plane in Fig. 8. Unsurprisingly, we find the same sharp boundary as we saw in Fig. 7. In the unstable region (upper-left) the energy is relatively small. Since the pulse is not sustainable in this region it is not able to foster prominent modes, thus, the intensity is low across the entire pulse. In the stable region (lower-right) we find that the energy smoothly decays as both b and s increase, with the contours being hyperbolic-esque. As s increases, more energy is lost due to modulation since the tails of the pulse become larger. Similarly, as b increases, high frequencies generated by SPM are reduced by our choice of modulation function. From this, we find that a more energetic laser requires weaker dispersion, however, the nonlinearity must be correspondingly low, otherwise modulation instability will destroy the pulse. Moreover, the maximum energy, which occurs in the limit that both s and b go to zero, is slightly larger than 2.5. With our choice of parameters, Eq. (28) predicts an energy of 2.55 at the origin, inline with Fig. 8.

Finally, we briefly investigate the effect the order of the components has on the dynamics. In Section 2B we justified the order of the gain, nonlinearity, and loss, but, just assumed dispersion preceded modulation. Here, we consider the effect of swapping the dispersion and modulation components. The energy landscape (Fig. 9) is as we would expect. In the previous case of having modulation following dispersion, more energy is removed from the pulse tails. Whereas, having modulation first, more of this energy remains in the cavity. This has the effect of making the laser more powerful than in the previous case, which in turn increases the size of the unstable region. Comparing with



**Fig. 8.** Energy of the pulse after 500 round trips ( $a = 8 \times 10^3$ , h = 0.04, and  $E_0 = 0.1$ ).



**Fig. 9.** Energy of the pulse after 500 round trips with dispersion and modulation swapped ( $a = 8 \times 10^3$ , h = 0.04, and  $E_0 = 0.1$ ).

Fig. 8, the unstable upper-left region spreads farther rightward, and the energy is larger in the stable region—especially farther away from the origin. Lastly, once again, the energy at the origin is somewhat larger than 2.5, as predicted by Eq. (28).

#### 4. CONCLUSION

Expanding upon the ideas originally proposed by Cutler [33], and Kuizenga and Siegman [34, 36, 37], we developed a nonlinear iterative map model for tuneable ring lasers. We recovered linearly chirped Gaussian solutions in the case of a Gaussian modulation function when omitting the nonlinearity. Moreover, the solution of the linear model can easily be extended to any modulation function using results of [40]. In contrast, with the inclusion of the nonlinearity we were able to recover wave breaking and modulation instability, and found a sharp boundary of stability. This phenomenon has been demonstrated in a laboratory setting [12, 14, 16, 17, 21], but, has proven difficult to predict with simple mathematical models [9].

It is of interest to analyze the nonlinear model analytically using an asymptotic expansion for small values of the nonlinearity parameter, *b*. Doing so would provide insight to how the nonlinearity impacts the linearized solution to better understand the manifestation of wave breaking and modulation instability.

#### ACKNOWLEDGEMENT.

Portions of this work were presented at The V AMMCS International Conference in 2019, "A new method of modelling tuneable lasers with functional composition" [44]. BM acknowledges the support provided by the EPSRC Centre for Doctoral Training in Industrially Focused Mathematical Modelling (EP/L015803/1).

#### DISCLOSURES.

The authors declare no conflicts of interest.

#### **REFERENCES**

- C. S. Bohun, Y. Cher, L. J. Cummings, P. Howell, T. Mitre, L. Monasse, J. Mueller, and S. Rouillon, "Modelling and specifying dispersive laser cavities," in Sixth Montréal Industrial Problem Solving Workshop, (2015), pp. 11–25.
- B. Burgoyne and A. Villeneuve, "Programmable lasers: Design and applications," in *Proc.SPIE*, vol. 7580 (2010), pp. 29–43.
- S. Yamashita, Y. Nakazaki, R. Konishi, and O. Kusakari, "Wide and fast wavelength-swept fiber laser based on dispersion tuning for dynamic sensing," J. Sensors 2009, 572835 (2009).
- B. Burgoyne, A. Dupuis, and A. Villeneuve, "An experimentally validated discrete model for dispersion-tuned actively mode-locked lasers," IEEE J. Sel. Top. Quantum Electron. 20, 390–398 (2014).
- H. Chung, W. Liu, Q. Cao, F. X. Kärtner, and G. Chang, "Er-fiber laser enabled, energy scalable femtosecond source tunable from 1.3 to 1.7 *µ*m," Opt. Express 25, 15760–15771 (2017).
- W. T. Silfvast, Laser Fundamentals (Cambridge University Press, 2004),
- S. Coen and M. Haelterman, "Modulational instability induced by cavity boundary conditions in a normally dispersive optical fiber," Phys. Rev. Lett. 79, 4139–4142 (1997).
- C. Lapre, C. Billet, F. Meng, P. Ryczkowski, T. Sylvestre, C. Finot, G. Genty, and J. M. Dudley, "Real-time characterization of spectral instabilities in a mode-locked fibre laser exhibiting soliton-similariton dynamics," Sci Rep 9, 13950 (2019).
- F. Meng, C. Lapre, C. Billet, G. Genty, and J. M. Dudley, "Instabilities in a dissipative soliton-similariton laser using a scalar iterative map," Opt. Lett. 45, 1232–1235 (2020).
- G. D. Shao, X. Hu, J. Guo, Y. F. Song, L. M. Zhao, D. Y. Shen, and D. Y. Tang, "Cavity-assisted modulation instability lasing of a fiber ring laser," Appl. Phys. B 125, 5 (2019).
- R. I. Woodward, "Dispersion engineering of mode-locked fibre lasers,"
   J. Opt. 20, 033002 (2018).
- D. Anderson, M. Desaix, M. Lisak, and M. L. Quiroga-Teixeiro, "Wave breaking in nonlinear-optical fibers," J. Opt. Soc. Am. B 9, 1358–1361 (1992)
- J. E. Rothenberg and D. Grischkowsky, "Observation of the formation of an optical intensity shock and wave breaking in the nonlinear propagation of pulses in optical fibers," Phys. Rev. Lett. 62, 531–534 (1989).
- J. E. Rothenberg, "Femtosecond optical shocks and wave breaking in fiber propagation," J. Opt. Soc. Am. B 6, 2392

  –2401 (1989).
- W. J. Tomlinson, R. H. Stolen, and C. V. Shank, "Compression of optical pulses chirped by self-phase modulation in fibers," in *Conference on Lasers and Electro-Optics*, (Optical Society of America, 1984), pp. 139–149.
- W. J. Tomlinson, R. H. Stolen, and A. M. Johnson, "Optical wave breaking of pulses in nonlinear optical fibers," Opt. Lett. 10, 457–459 (1985).
- 17. G. Agrawal, Nonlinear Fiber Optics (Academic Press, 2013), 5th ed.
- G. P. Agrawal, "Modulation instability induced by cross-phase modulation," Phys. Rev. Lett. 59, 880–883 (1987).
- M. Haelterman, S. Trillo, and S. Wabnitz, "Additive-modulationinstability ring laser in the normal dispersion regime of a fiber," Opt. Lett. 17, 745–747 (1992).

- B. Burgoyne (Personal communication, 2018). Halifax Biomedical Inc.,
   131 Shore Rd, Baddeck, NS B0E 1B0, Canada.
- C. Finot, B. Kibler, L. Provost, and S. Wabnitz, "Beneficial impact of wave-breaking for coherent continuum formation in normally dispersive nonlinear fibers," J. Opt. Soc. Am. B 25, 1938–1948 (2008).
- J. Peng, H. Luo, and L. Zhan, "In-cavity soliton self-frequency shift ultrafast fiber lasers," Opt. Lett. 43, 5913–5916 (2018).
- O. V. Shtyrina, A. V. Ivanenko, I. A. Yarutkina, A. V. Kemmer, A. S. Skidin, S. M. Kobtsev, and M. P. Fedoruk, "Experimental measurement and analytical estimation of the signal gain in an Er-doped fiber," J. Opt. Soc. Am. B 34, 227–231 (2017).
- 24. I. Yarutkina, O. Shtyrina, M. Fedoruk, and S. Turitsyn, "Numerical modeling of fiber lasers with long and ultra-long ring cavity," Opt. Express 21, 12942–12950 (2013).
- H. A. Haus, Waves and Fields in Optoelectronics (Prentice-Hall, Inc., 1984).
- H. A. Haus, "A theory of forced mode locking," IEEE J. Quantum Electron. 11, 323–330 (1975).
- H. A. Haus, "Laser mode locking with addition of nonlinear index," IEEE
   J. Quantum Electron. 22, 325–331 (1986).
- 28. H. A. Haus, "Analytic theory of additive pulse and Kerr lens mode locking," IEEE J. Quantum Electron. 28, 2086–2096 (1992).
- H. A. Haus, "Mode-locking of lasers," IEEE J. Sel. Top. Quantum Electron. 6, 1173–1185 (2000).
- K. Tamura and M. Nakazawa, "Dispersion-tuned harmonically modelocked fiber ring laser for self-synchronization to an external clock," Opt. Lett. 21, 1984–1986 (1996).
- N. G. Usechak and G. P. Agrawal, "Rate-equation approach for frequency-modulation mode locking using the moment method," J. Opt. Soc. Am. B 22, 2570–2580 (2005).
- G. Agrawal, Fiber-Optic Communication Systems (John Wiley & Sons, Inc., 2002), 3rd ed.
- C. C. Cutler, "The regenerative pulse generator," in *Proceedings of the IRE*, (IEEE, 1955), pp. 140–148.
- D. J. Kuizenga and A. E. Siegman, "FM and AM mode locking of the homogeneous laser - Part I: Theory," IEEE J. Quantum Electron. 6, 694–708 (1970).
- D. J. Kuizenga and A. E. Siegman, "FM and AM mode locking of the homogeneous laser - Part II: Experimental results in a Nd:YAG laser with internal FM modulation," IEEE J. Quantum Electron. 6, 709–715 (1970).
- D. J. Kuizenga and A. E. Siegman, "FM-laser operation of the Nd:YAG laser," IEEE J. Quantum Electron. 6, 673–677 (1970).
- A. E. Siegman and D. J. Kuizenga, "Simple analytic expressions for AM and FM modelocked pulses in homogenous lasers," Appl. Phys. Lett. pp. 181–182 (1969).
- O. E. Martinez, R. L. Fork, and J. P. Gordon, "Theory of passively mode-locked lasers including self-phase modulation and group-velocity dispersion," Opt. Lett. 9, 156–158 (1984).
- O. E. Martinez, R. L. Fork, and J. P. Gordon, "Theory of passively mode-locked lasers for the case of a nonlinear complex-propagation coefficient," J. Opt. Soc. Am. B 2, 753–760 (1985).
- C. Calcaterra and A. Boldt, "Approximating with gaussians," ArXiv (2008). ArXiv:0805.3795.
- S. Howison, Practical Applied Mathematics: Modelling, Analysis, Approximation, Cambridge Texts in Applied Mathematics (Cambridge University Press, 2005).
- H. A. Haus, "Theory of soliton stability in asynchronous modelocking,"
   J. Light. Technol. 14, 622–627 (1996).
- Q. Chen, N. Lu, and F. Jiang, "Characterization of the dispersion of chirped fiber Bragg grating through fourier transform spectrometry method," in *Proc.SPIE*, vol. 6837 (2008), pp. 216–223.
- B. Metherall and C. S. Bohun, "A new method of modelling tuneable lasers with functional composition," in *The V AMMCS International Conference*, (To appear).