

Technique Name _____ --- Push

It is easy to use

I strongly disagree

☐☐☐☐☐☐☐

I strongly agree

Using it is effortless

I strongly disagree

☐☐☐☐☐☐☐

I strongly agree

It is easy to learn to use it

I strongly disagree

☐☐☐☐☐☐☐

I strongly agree

I can use it successfully every time

I strongly disagree

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I strongly agree

I quickly became skillful with it

I strongly disagree

☐☐☐☐☐☐☐

I strongly agree

I learned to use it quickly

I strongly disagree

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I strongly agree