RSS Training Tool

The Rickets Severity Score (RSS) Training Tool is intended to familiarize you with the RSS, support you in assessing patients accurately, and help facilitate conversations about X-linked hypophosphatemia (XLH) and the RSS. This tool is responsive and can be viewed on whatever device is convenient for you.

What's covered in the tool?

SECTION 1:

LEARN ABOUT RSS

Learn about RSS and how to use the scoring guide.

SECTION 2:

PRACTICE SCORING

Follow a step-by-step RSS tutorial and then move on to practice scoring individual images.

SECTION 3:

ASSESS PATIENT CASES

Bring all your knowledge together to test your understanding of RSS with patient cases.

SECTION 4:

RSS CALCULATOR

The RSS Training Tool is also equipped with an RSS calculator, for you to use beyond training.

To explore the tool, visit www.rsstrainingtool.com

RSS Scoring Guide

RADIUS

0
Normal growth plate without changes of rickets

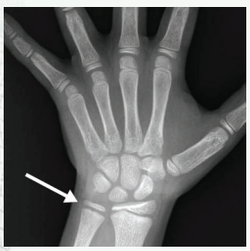
0.5
Lucency of metaphyseal margin without fraying or irregularity

1
Widened growth plate, irregularity of metaphyseal margin, but without concave cupping

1.5
Partial metaphyseal concavity or incomplete fraying of metaphyseal margin

2
Metaphyseal concavity with fraying margin

ULNA



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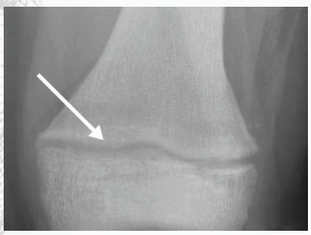
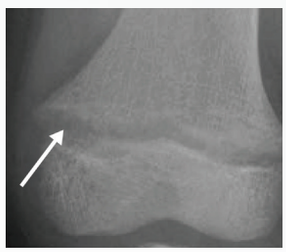
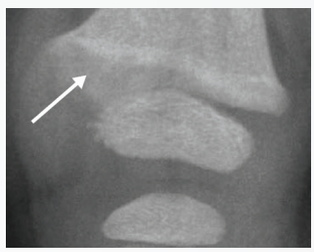
FEMUR



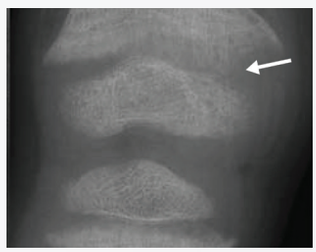
0
Normal growth plate without changes of rickets



1
Partial lucency, smooth margin of metaphysis visible

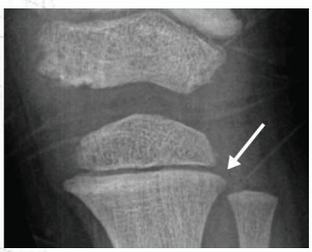


2
Partial lucency, smooth margin of the metaphysis NOT visible concave cupping



3
Complete lucency, epiphysis appears widely separated from distal metaphysis

TIBIA



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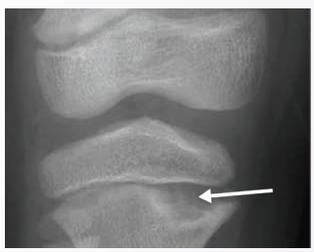
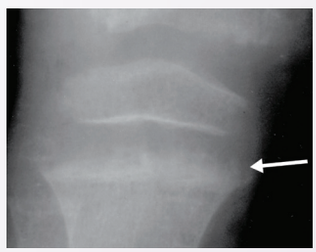


2
Partial lucency, smooth margin of the metaphysis NOT visible concave cupping



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