

Clinical Training Highlights

PhD supervised Pre-Doctoral Internship (Clinical Psychology)	1100 hrs
Applied Suicide Intervention Skills Training (ASIST)	14 hrs
Supervised Training to Become a NEED Crisis Line volunteer (NCIL)	50 hrs
Supervised crisis line assessment and counselling (NCIL)	246 hrs
Student Motivation: Strategies that Work (UVIC)	7 hrs
Motivating the Adult Learner (UVIC Instructor Training)	7 hrs
Identification and Assessment of Self-Harming Behaviour (NCIL)	5 hrs
National Training for Sex Offenders Group Therapy (CSC)	80 hrs
Coaching: Conversations that Count (PSA)	15 hrs

TOTAL

1524 hours

Pre-Doctoral Internship Details

Clinical Skills:

Interviewing, Ability Assessment, Personality Assessment, Neuropsychological Assessment, Report Writing, Ability to Conceptualise a Case, Interpersonal Skills with Clients, Individual Therapy, Group Therapy, Relationships with Professionals

Interpersonal Style:

Confidence, Sensitivity, Judgment

Professional Deportment:

Reliability, Independence, self-sufficiency, Seeking help when appropriate, Efficiency, punctuality, Eagerness to learn, Responsiveness to supervision

Summary of Internship Activities Completed

Direct Supervision by PhD psychologists registered to practice in BC 70 hours

Clinical Therapy Reports N=11

Risk Assessments N=5

30-day Segregation Reviews N=2

Consultation and Treatment Planning with Medical Professionals N=2

Acute Assessment and Triage N=7

Counselling/therapy Clients N=9

Facilitator of Victim/Offender Mediation Process N=2

Summary statistics for counselling/therapy clients:

Violent Offenders = 5, Sex Offenders =2, Dangerous Sex Offender=1

Neurologically Impaired Offenders=2

Facilitation of Sex Offender Maintenance Group N=8-10 group members weekly for 10 months

Additional Training:

Federal Training in the National Sex Offender Program resulting in national certification to counsel

Spousal Assault Risk Assessment Training

Critical Incident Stress Debriefing

Actuarial Risk Assessment Training (PCL-R, VRAG...)

Cognitive Behavioural Workshop "Healing the Effects of Generational Trauma"

Cognitive Behavioural Therapy for Personality Disorders

Attended Native Healing Circles and Restorative Justice Symposium, Culture-Free Assessment Skills

Supervisor Comments:

“Bonnice worked extremely hard at forming a therapeutic alliance with her clients. She developed good rapport with them and was clearly interested in their well-being. She displayed a good understanding of ethical issues and has good boundaries with her clients. She was able to conceptualise her clients' cases along a number of important dimensions and develop effective intervention strategies.

Bonnice displayed good assessment abilities and wrote effective and comprehensive risk assessment reports integrating file, interview and test material. Her speed of report writing is in acceptable boundaries but should improve with more exposure to this type of work. She displayed good initiative and made the extra effort to enhance her skills through workshops and additional training. Her relationship with staff at both the parole office and the institution was very good and her work was highly respected.

In our opinion, Bonnice has met or exceeded the requirement of her internship. The total number of hours of training was 1105.”

~Donald J. Salmon, Ph.D., R. Psych

“Bonnice has completed training in the National Sex Offender Programs and is now certified to deliver the Moderate, Low and Maintenance National Sex Offender Programs.”

~Pamela M. Yates Ph.D., R. Psych.

“Bonnice completed our extensive training program, which is approximately 50 hours and consists of two phases. The first phase addresses active listening, crisis and trauma, and risk assessment skills. During the second phase, volunteers attend advanced training sessions and work on the lines. Since beginning her volunteer work, Bonnice has demonstrated strength of patience, thoughtfulness, and tremendous compassion. Bonnice is very amiable, intentional, and client-centered. She is able to develop rapport easily with callers, and completes her work in a consistent and thorough manner. As we, Bonnice conducts herself with sound ethical orientation and integrity.

Bonnice has supported callers with a range of issues, including: mental health, addictions, suicide and self-harm, family issues, relationships, poverty and social isolation. In addition to the time Bonnice was in training, she volunteered 246 hours on the 24/7 crisis line and the 1-800-SUICIDE line.

Bonnice is an incredibly warm and caring person and has an outstanding attitude when it comes to her desire to help others in need.”

~Kristin L. Stein, M. Sc., Trainer/Clinical Supervisor NEED Crisis and Information Line