

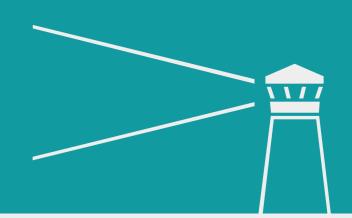


Check-in:

What in others inspire you?

## Blueprint of We

#### Blueprint of We



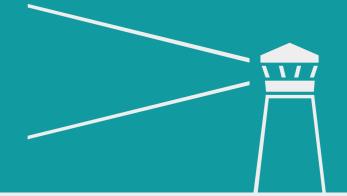
#### Maureen McCarthy

Center for Collaborative Awareness

Collaboration process for healthier relationships



#### Blueprint of We



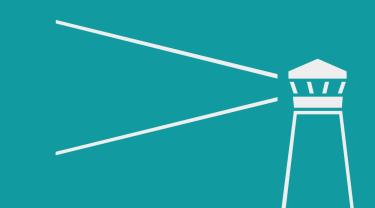
#### The five parts:

- 1. The story of us
- 2. Interaction styles & warning signs
- 3. Expectations
- 4. Questions for peace & possibility
- 5. Short- & long term agreements



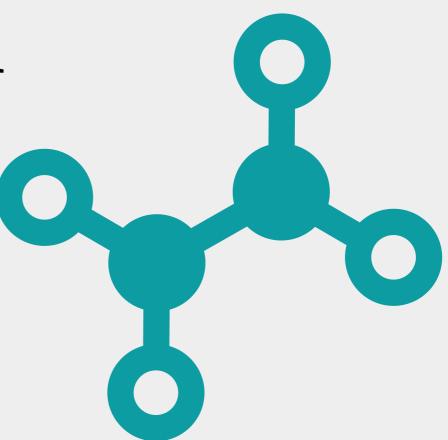
## 1. The story of us

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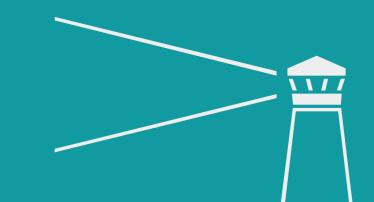


#### 1.1 Write about the other:

The things you admire Why you are drawn to them



#### 1. The story of us



#### 1.2 Share and combine

Share with your group members Create a shared story

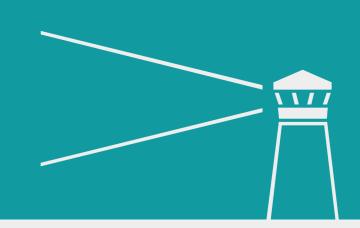






# 2. Interaction styles & warning signs

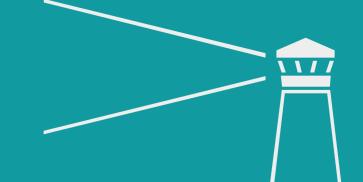
#### 2. Interaction styles





2.1 What are your interaction styles?

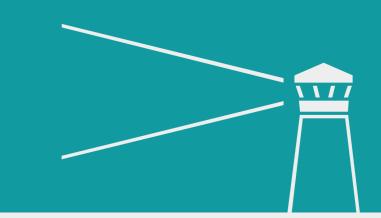
#### 2. Warning signs



2.2 What are the warning signs?



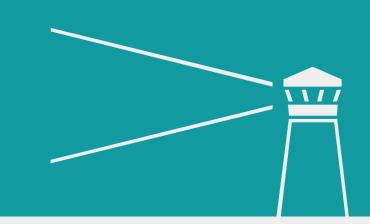
#### 2. Warning signs





2.3 How can others pull you out of the situation?

#### 2. Warning signs

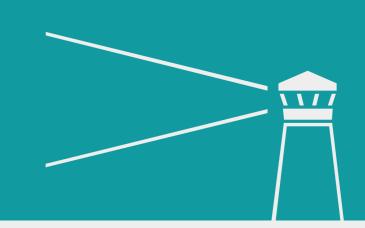




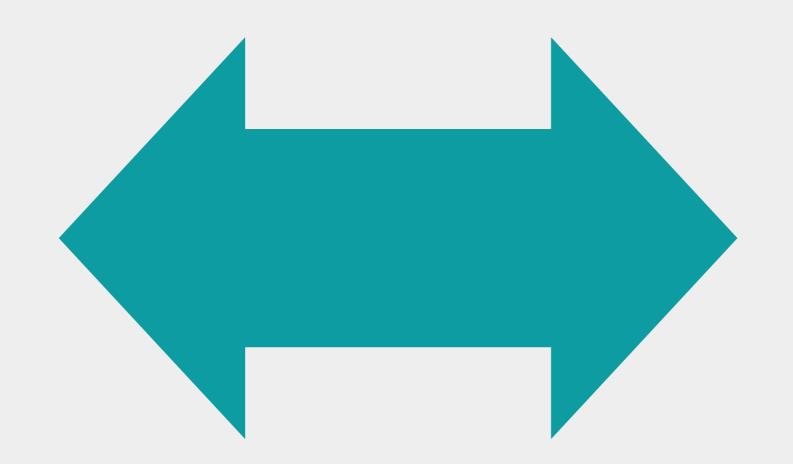
#### 2.4 Share and combine

### 3. Expectations

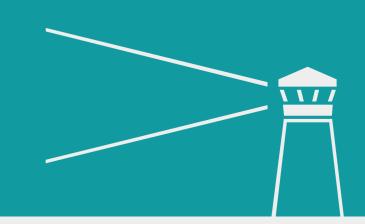
#### 3. Expectations



#### 3.1 What do you expect from others?



#### 3. Expectations

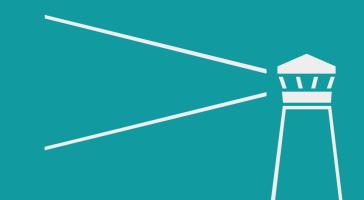




3.2 Share and reach agreements

# 4. Questions for peace & possibility

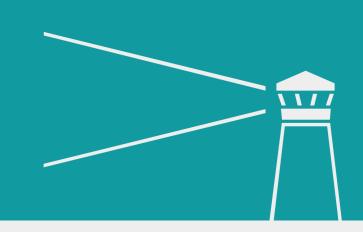
#### 4. Questions for peace



4.1 Write questions which might help to bring me back to peace



#### 4. Questions for peace





### 4.2 Merge into a shared list

### 5. Short- & long term agreements

#### 5. Agreements



- 1. How quickly to convene when needed
- 2. Long-range timeframe if it breaks
- 3. When to review blueprint

