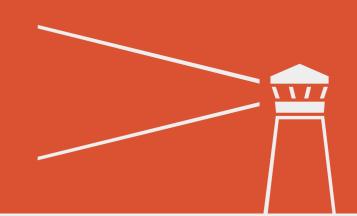




Today



Check-in
Project reflection
Fundamental Attribution Error
News update
Nonviolent communication
Check-out

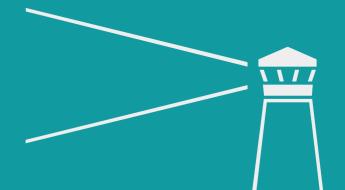


Check-in:

The last time you were really angry

project reflection

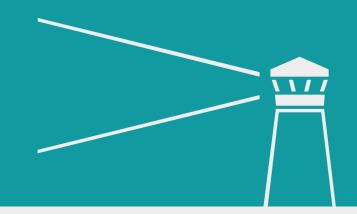
Project reflection



In silence, write down:

- Something which was good
- Something which could have been better
- A moment when you were annoyed
- A moment which excited you

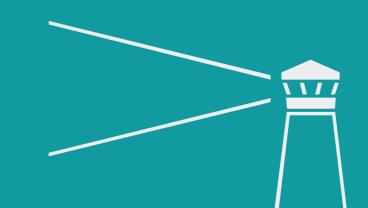
Project reflection



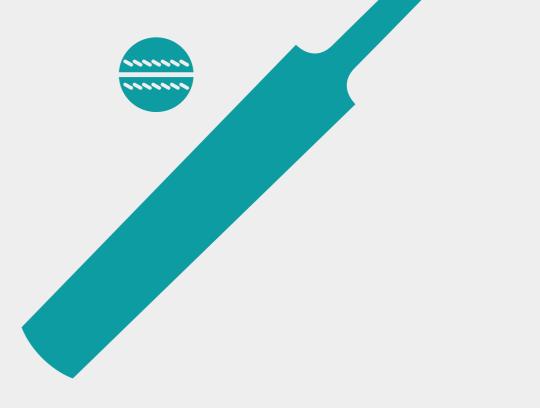


Share in pairs; pairs to group.

Project reflection



Pick your exercise for interpersonal feedback - painful or playful.



DISCLAIMER: Numbers are approximations, based on a western context - there are major cultural differences.





Professional help:

https://www.youtube.com/watch?v=Uq42Bis_uPU

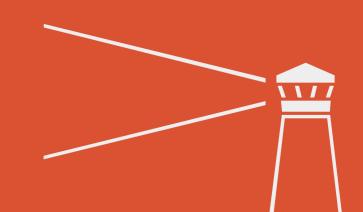
- 1. What was said?
- 2. Why?





news update

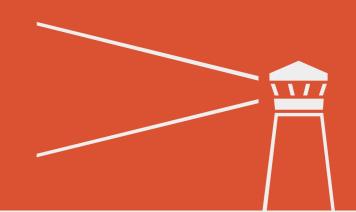
Course outline



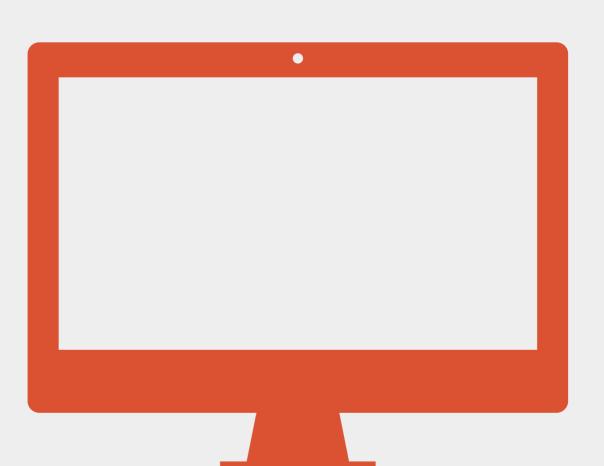
Two volunteers to decide upon a new process for next week.



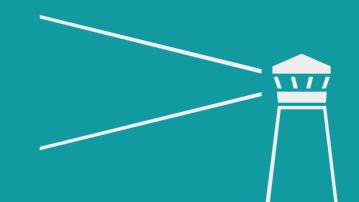
Course outline



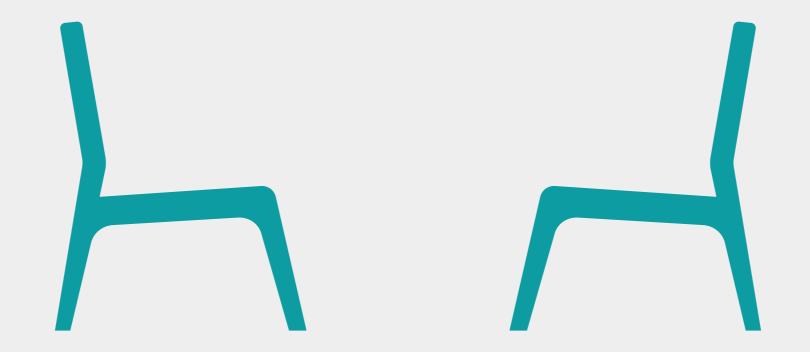
- 1. Group around stories
- 2. Why did this happen?
- 3. How can it be avoided?
- 4. Present to group



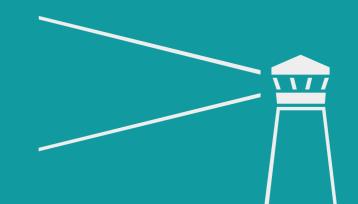
Nonviolent communication



Engineer a conflict, work through iterations.



Nonviolent communication



- 1. Observation
- 2. Feeling
- 3. Need
- 4. Request



Check-out:

What is your main takeaway from today?

Kthxbye