



COMPLIANCE CONSULTING
GROUP, LLC

Memorandum

March 25, 2020

As the country and our industry continue to deal with the upheaval and uncertainty related to the COVID-19 (Coronavirus) pandemic, nursing homes and skilled nursing facilities are being inundated with changing information, new protocols, and updated guidance. To assist your facility in processing the information available, we will be sending out regular updates related to relevant and important regulatory guidance.

Today's update is related to managing the mental health of staff.

Nursing homes and skilled nursing facilities are providing care to some of the country's most vulnerable individuals. Even in the best of times, this can be a stressful and demanding job. With the heightened issues related to COVID-19, it is important to acknowledge the stress and mental health challenges which your staff may be experiencing.

We would like to bring your attention to a "Mental Health Survival Guide for Physicians during COVID19" PowerPoint presentation created by Logan Lutton at Medical Economics (medicaleconomics.com). The article and attached presentation provide helpful suggestions in assisting your staff maintain mental health during this crisis. We urge you to review and disseminate this PowerPoint with and among your staff.

<https://www.medicaleconomics.com/view/mental-health-survival-guide-physicians-during-covid-19>

We are always available to discuss your concerns:
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