



EVS Worksheet -1 Answer key– August Unit Assessment 2024-25

Std: II – A,B,C,D,E

L-1 Me and My Body

Section A

Q1. Fill in the blanks.

- a. Activities that we like to do in our spare time are called **hobbies**.
(habits / hobbies)
- a. Our **knees** help us to bend our legs. (knees / elbows)
- b. The part of our body below our neck is called **trunk**. (head / trunk)
- c. Each part of our body is called an **organ**. (brain / organ)
- d. Our **skin** helps us to feel pain, pressure, heat and cold.
(forehead / skin)
- e. The organs of the body that we can see are called **external** organs.
(internal/external)
- f. Most children need **8 to 10 hours** of sleep every night.
(5 to 6 hours / 8 to 10 hours)

Q2. Name the following:

- a. Any four senses.
Ans: touch, taste, hearing, sight
- b. Any two organs that are in pairs.
Ans: ears, hands
- c. Any four external organs.
Ans: nose, legs, feet, ears

Q3. Tick the correct option:

A. Which of the following is incorrectly matched?

- a. Brain – helps us to think.
- b. Heart – pumps blood.
- c. ☒ Lungs – help us to move.

B. Our legs, hips and toes are also called ____

- a. sense organs.
- b. ☒ lower limbs.
- c. the head.

Section B

Q4. Answer the following:

a. What are Internal Organs? Give any three examples.

Ans. The organs that are inside our body are called Internal Organs.e.g. brain, heart ,stomach.

b. Give any three ways in which we can take care of our body.

Ans.

1. We should brush our teeth twice a day.
2. We should wash our hands before and after having meals.
3. We should exercise regularly to keep ourselves fit and healthy.