

Page 1 \*\*\*\*\*USATF Adirondack 4 Mile Championships Age Grade  
 RESULTS\*\*\*\*\* Runnin' of the GREEN 4 mile Organized by HMRRC  
 Saturday, March 12, 2016 - 10:00 a.m. Shalmont Middle School, Rotterdam,  
 New York Timing by Green Leaf Racing LLC greenleafracing.com,  
 events@greenleafracing.com Place Div Name Age S City St Time Agegrd%  
 =====  
 ===== 1 Derrick Staley 57 M  
 Ballston Lake NY 22:42 89.27 2 Bob Giambalvo 66 M Delhi NY 24:52 88.14 3  
 Beth Stalker 56 F Burnt Hills NY 26:37 86.63 4 Emily Bryans 48 F Delanson  
 NY 24:17 86.61 5 Renee Tolan 41 F Clifton Park NY 23:12 85.38 6 Julia  
 Flower 17 F Schenectady NY 23:04 85.06 7 Eric Macknight 27 M Ballston  
 Lake NY 19:57 84.71 8 Thomas Kracker 51 M Delmar NY 23:14 83.05 9  
 Aaron Lozier 27 M Albany NY 20:22 82.98 10 John Stadlander 50 M Clifton  
 Park NY 23:06 82.86 11 Lee Pollock 63 M Queensbury NY 25:47 82.75 12  
 John Noonan 56 M Ballston Spa NY 24:36 81.69 13 Alex Benway 25 M  
 Saratoga Spring NY 20:52 80.99 14 Erin Corcoran 41 F Schenectady NY  
 24:30 80.85 15 Volker Burkowski 44 M Gansevoort NY 22:38 80.74 16  
 Shaun Donegan 30 M Malta NY 20:58 80.71 17 Mark Stephenson 52 M  
 Esperance NY 24:09 80.54 18 Kim Law 58 F East Greenbush NY 29:23 80.41  
 19 David Roy 61 M Schoharie NY 26:12 80.03 20 Chuck Terry 33 M Albany  
 NY 21:21 79.81 21 Macky Lloyd 25 M Albany NY 21:13 79.65 22 Nancy  
 Taormina 56 F Albany NY 28:58 79.60 23 Jon Rocco 49 M Colonie NY 23:53  
 79.52 24 Colleen Brackett 56 F Albany NY 29:05 79.28 25 Dave Glass 69 M  
 Glenville NY 28:47 78.34 26 Ray Webster 41 M Altamont NY 22:49 78.32 27  
 Robert Irwin 43 M Guilderland NY 23:12 78.18 28 Pat Carroll 24 M Saratoga  
 Spring NY 21:38 78.12 29 Martha C. Degrazia 65 F Slingerlands NY 33:14  
 77.81 30 Mollie Turner 36 F Averill Park NY 24:55 77.61 31 Nancy  
 Nicholson 53 F Queensbury NY 28:43 77.50 32 Lisa D'Aniello 29 F Albany  
 NY 24:49 77.17 33 Elaine Morris 63 F East Greenbush NY 32:45 76.89 34  
 John J. Sestito 52 M Johnsonville NY 25:20 76.78 35 Nicole Soblosky 28 F  
 Albany NY 24:58 76.70 36 Jennifer Bennice 37 F Ballston Lake NY 25:19  
 76.66 37 Karen Dolge 45 F Valatie NY 26:39 76.61 38 John F. Parisella 58 M  
 Schenectady NY 26:45 76.39 39 Aaron Knobloch 39 M Niskayuna NY 23:05  
 76.29 40 Marge Rajczewski 75 F Ballston Lake NY 39:12 76.26 41 Mary  
 Buck 52 F Mechanicville NY 29:02 75.77 42 Todd Mesick 48 M Cohoes NY  
 24:53 75.73 43 Chris Buckley 54 M Burnt Hills NY 26:11 75.50 44 Jamie  
 Casline 56 M Ballston Lake NY 26:46 75.08 45 Nick Webster 27 M Albany  
 NY 22:31 75.06 46 Rob Picotte 62 M Malta NY 28:16 74.82 47 William  
 Drapeau 48 M Glenville NY 25:12 74.78 48 Pete Rowell 27 M Albany NY  
 22:36 74.78 49 Eric Young 24 M Latham NY 22:40 74.56 50 Sally Drake 43 F  
 Albany NY 26:58 74.48 Page 2 \*\*\*\*\*USATF Adirondack 4 Mile  
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 Middle School, Rotterdam, New York Timing by Green Leaf Racing LLC  
 greenleafracing.com, events@greenleafracing.com Place Div Name Age S  
 City St Time Agegrd% =====  
 ===== 51 Melanie Redfield 23  
 F Albany NY 25:53 73.99 52 Tom McGuire 64 M Slingerlands NY 29:09  
 73.85 53 Amy Babeu 23 F Guilderland NY 26:02 73.56 54 Samuel Mercado  
 53 M Albany NY 26:40 73.53 55 Kristen Hislop 50 F Clifton Park NY 29:15  
 73.52 56 William Hamel 44 M Clifton Park NY 24:56 73.29 57 George

Baranauskas 61 M Scotia NY 28:37 73.27 58 Liz Chauhan 31 F Albany NY 26:14 73.01 59 Todd Smith 42 M Voorheesville NY 24:51 72.45 60 Bill Douglas 54 M Rensselaer NY 27:20 72.32 61 Richard Loud 51 M Ballston Spa NY 26:55 71.68 62 James Larkin 68 M Clifton Park NY 31:09 71.66 63 Frank Horn 46 M Albany NY 25:54 71.64 64 David Rowell 63 M Albany NY 29:58 71.20 65 Andrea Hollinger 28 F East Greenbush NY 27:03 70.80 66 Mary Fenton 50 F Ballston Spa NY 30:25 70.70 67 Wade Stockman 81 M Rensselaer NY 39:19 70.67 68 Ray Scaringe 61 M Clifton Park NY 29:42 70.60 69 Tina Greene 42 F Scotia NY 28:16 70.53 70 Sarah Popovitch 22 F Saratoga Spring NY 27:12 70.40 71 John Pusateri 48 M Castleton NY 26:53 70.10 72 Danielle Maslowsky 37 F Ballston Lake NY 27:42 70.07 73 Thomas Rest 55 M Clifton Park NY 28:30 69.94 74 Robert Colborn 61 M Schenectady NY 30:00 69.89 75 Neil Sergott 44 M Clifton Park NY 26:10 69.84 76 Lauren Herbs 53 F Rexford NY 31:59 69.58 77 Denis Samburskiy 33 M Saratoga Spring NY 24:34 69.36 78 Hillary Johnson 29 F Albany NY 28:01 68.35 79 Daniel Brady 39 M Cohoes NY 25:48 68.25 80 Jonathan Golden 42 M Slingerlands NY 26:26 68.11 81 Jeffrey Mullen 33 M Ballston Lake NY 25:09 67.75 82 Peter Fish 57 M Castleton NY 30:12 67.10 83 Christopher Rush 79 M Schenectady NY 39:33 66.97 84 Virginia Larner 44 F Malta NY 30:20 66.74 85 Sunil Kumta 52 M Schenectady NY 29:09 66.72 86 Stephen Popovitch 52 M Saratoga Spring NY 29:15 66.50 87 Samantha McBee 30 F Saratoga Spring NY 28:50 66.42 88 Dallas Devries 38 M Cohoes NY 26:24 66.23 89 Joe Yavonditte 67 M Schenectady NY 33:30 66.02 90 Martin Patrick 62 M East Greenbush NY 32:13 65.65 91 Anny Stockman 83 F Rensselaer NY 54:24 63.97 92 Jay Quinn 51 M Voorheesville NY 30:17 63.71 93 Kirsten Leblanc 52 F Broadalbin NY 34:33 63.67 94 Frederick Kopff 47 M Guilderland NY 29:40 63.03 95 Hilary Claggett 51 F Saratoga Spring NY 34:31 63.01 96 Paul Cirillo 40 M Mohawk NY 28:14 62.83 97 Tom Law 44 M Saratoga Spring NY 29:11 62.62 98 Stephen Montanaro 50 M Hagaman NY 30:58 61.81 99 Joseph Richardson 76 M Slingerlands NY 40:19 61.81 100 Chester Tumidajewic 61 M Amsterdam NY 34:00 61.67 Page 3

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Place	Div	Name	Age	S	City	St	Time	Agegrd%
101		Cathy Soloyna	62	F	Wynantskill	NY	40:21	61.60
102		Meaghan Podlaski	18	F	Niskayuna	NY	31:47	60.90
103		Anthony Lupo	53	M	Saratoga Spring	NY	32:32	60.27
104		Perry Gava	57	M	Clifton Park	NY	34:04	59.48
105		Eiko Bogue	78	F	Schaghticoke	NY	53:51	58.24
106		Tim Leonard	67	M	Clifton Park	NY	38:07	58.03
107		Diane Thompson	61	F	Latham	NY	42:41	57.48
108		Sharon Strodl	41	F	Nassau	NY	35:46	55.38
109		Anne Miralles	48	F	Schenectady	NY	38:17	54.94
110		Nina Lynch	35	F	Clifton Park	NY	36:25	52.94
111		Raymond W. Lee, Jr.	74	M	Halfmoon	NY	51:32	46.73