HMRRC Runnin' of the Green Mini Team Grand Prix

Prizes: $400, $300, $200, $100, $75, $50, $35, $25

Teams of 4 consisting of

MALE

FEMALE

AGEGRADED1 (Male or Female)

AGEGRADED2 (Male or Female)

Team members DO NOT have to be from same USATF team

In fact it may be advantageous to form a team from different teams (meet new people). Team members all need to be HMRRC members.

Scoring: MALE and FEMALE do not have to have their times adjusted

AGEGRADED1 and AGEGRADED2 have their times age graded.

Hypothetical Example: Joe Smith (Male 27, 20:35), Jane Smith (Female 28, 22:54), Frank Smith (Age Graded Male 66, 24:52), Fran Smith (Age graded Female, 56, 26:37)

Joe and Jane would not have their times changed. Frank and Fran would have their times gender and age adjusted and the final result would be

Joe: 20:35

Jane: 22:54

Frank: 20:25 (age adjusted from 24:52)\*

Fran: 20:46 (age and gender adjusted from 26:37)\*

Total: 124:40

\* adjustment tables and formulas will be open and placed on github for peer review, Jan 2017.

Sign up:

a) sign up for Runnin' of the Green.

b) e-mail [bnorthan@gmail.com](mailto:bnorthan@gmail.com) with team info.

or

c) post team member names on message on: https://www.facebook.com/rotgusa/