

All Ages Content Inside | Issue 3 | Nov - Dec 2020

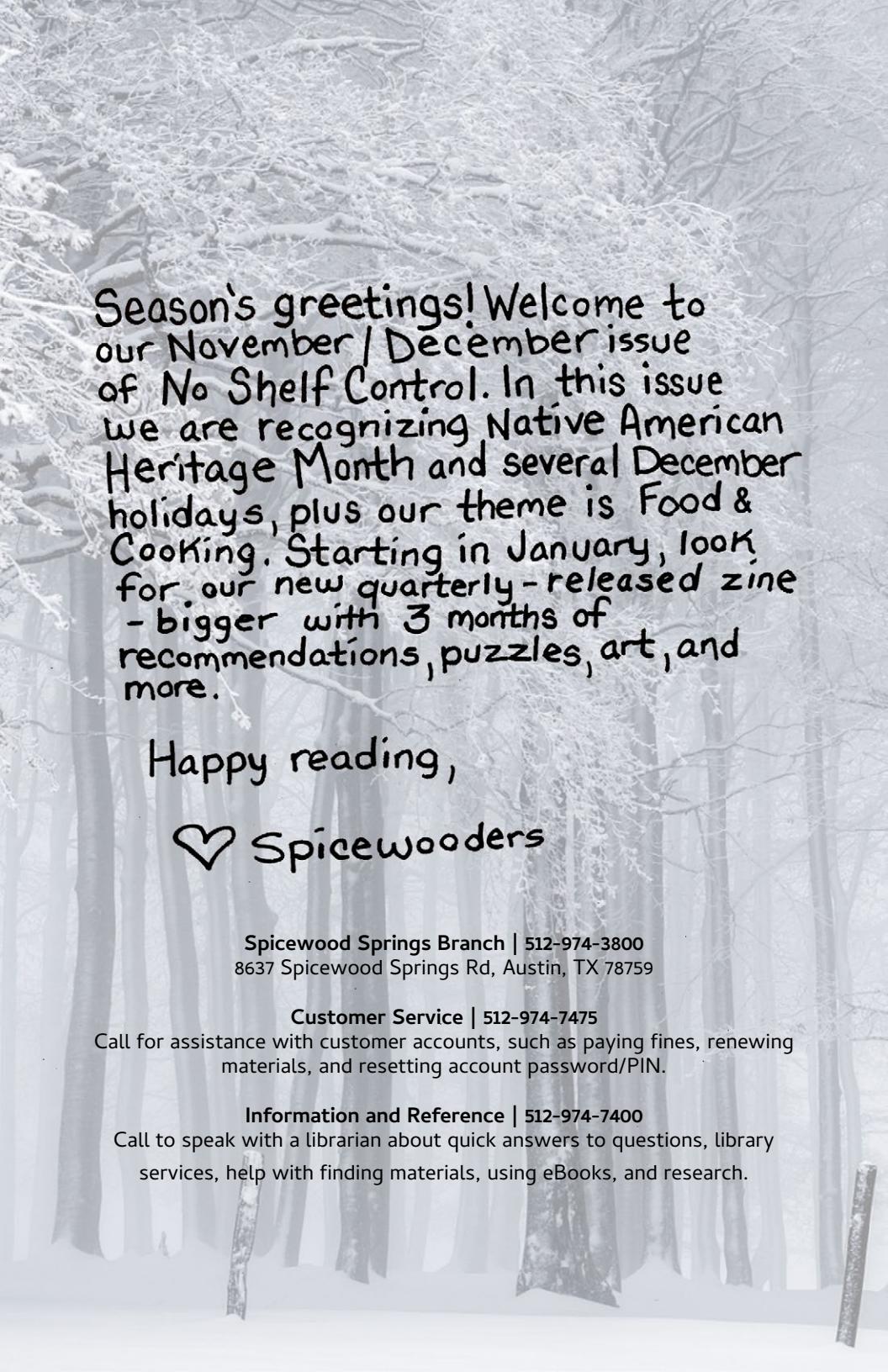
# Snow Shelf Control

A Spicewood Springs Branch Zine

AUSTIN  
PUBLIC  
LIBRARY







Season's greetings! Welcome to our November / December issue of No Shelf Control. In this issue we are recognizing Native American Heritage Month and several December holidays, plus our theme is Food & Cooking. Starting in January, look for our new quarterly - released zine - bigger with 3 months of recommendations, puzzles, art, and more.

Happy reading,

♡ Spicewooders

Spicewood Springs Branch | 512-974-3800  
8637 Spicewood Springs Rd, Austin, TX 78759

**Customer Service | 512-974-7475**

Call for assistance with customer accounts, such as paying fines, renewing materials, and resetting account password/PIN.

**Information and Reference | 512-974-7400**

Call to speak with a librarian about quick answers to questions, library services, help with finding materials, using eBooks, and research.

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# Books and Masks



# Contributors

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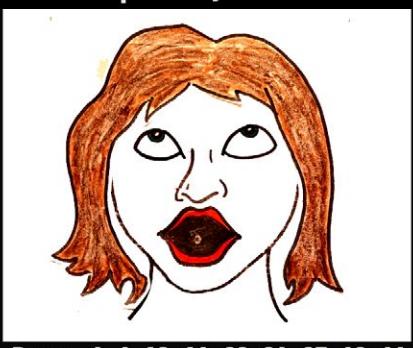
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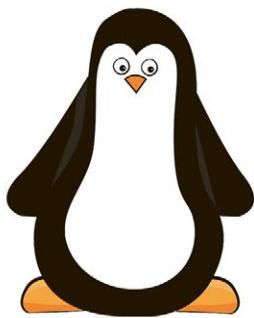
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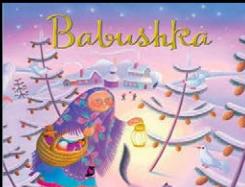
Page: 22 - 24

# Pairings

## Families Celebrating in December

The Austin Public Library has many books, videos, and CDs to help you learn about and celebrate different holidays. Here are a few book suggestions for December and your reading pleasure. They may be available as physical or virtual items, so check our catalog for more information: <https://austin.bibliocommons.com/>

### Christmas | December 25th



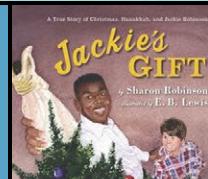
J NON-FICTION

#### *Babushka: A Christmas Tale* by Dawn Casey

The beautiful illustrations in this picture book help recount this classic Russian tale that focuses on Babushka's kindness and generosity as she follows three travelers who are on a journey to bring gifts to the newborn king.

#### *Jackie's Gift* by Sharon Robinson

When young Steve, who is Jewish, tells his new neighbor, Jackie Robinson, that his family does not have a Christmas tree, Jackie brings one to his neighbors, not knowing that they celebrate Hanukkah instead of Christmas. This picture book is based on a true story.



E FICTION

### Hanukkah | December 10th - 18th



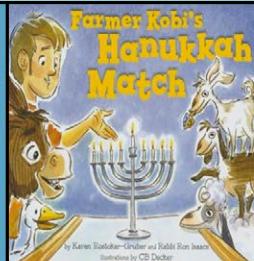
E FICTION

#### *Oskar and the Eight Blessings* by Richard Simon

A young Jewish refugee from Nazi Germany arrives in New York City on the seventh night of Hanukkah and receives small acts of kindness while exploring the city. This is a book that is wonderfully original in every way, right up to the afterward providing historical context and a map of Oskar's walk.

#### *Farmer Kobi's Hanukkah Match* by Karen Rostoker-Gruber

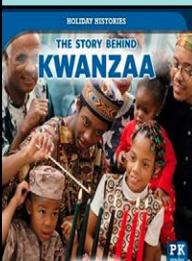
On the second night of Hanukkah, Farmer Kobi invites Polly to his home for dinner but her reaction to his animals proves she is not his perfect match, while a stranger who appears at the door just might be. This picture book includes a note about Jewish values and how the story can be used to teach them to one's children.



E FICTION

## Kwanzaa | December 26th - January 1st

### *The Story Behind Kwanzaa* by Melissa Raé Shofner



EBOOK

Kwanzaa is a seven-day festival that begins on December 26th and is celebrated until the first of January each year. It celebrates African American culture as well as family and community. Families gather to eat delicious foods, exchange gifts, and honor their heritage and traditions. Using age-appropriate language, this book explores Kwanzaa's roots and the social significance of its founding. Colorful images allow readers to visualize the celebration and make connections with the text. Each day of the holiday focuses on one of seven principles that readers will be able to appreciate in their own life, even if their family does not celebrate Kwanzaa.

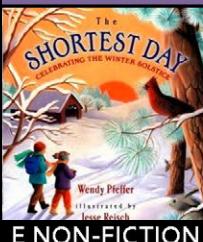
### *Seven Spool of Thread: A Kwanzaa Story* by Angela Shelf Medearis



EBOOK

When they are given the seemingly impossible task of turning thread into gold, the seven Ashanti brothers put aside their differences, learn to get along, and embody the principles of Kwanzaa. This book also includes information on Kwanzaa, West African cloth weaving, and instructions for making a belt.

## Winter Solstice | December 21st



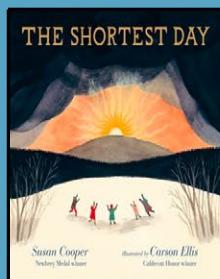
E NON-FICTION

### *The Shortest Day: Celebrating the Winter Solstice* by Wendy Pfeffer

This book describes how and why daylight grows shorter as winter approaches, the effect of shorter days on animals and people, and how the winter solstice has been celebrated throughout history. It concludes with several activities.

### *The Shortest Day* by Susan Cooper

This lovely celebration of winter solstice blends imagery from the long-ago revelries of northern Europeans with modern-day observations and global traditions. Originally created for a 1974 theatrical production of the Christmas Revels, the poem is filled with ear-pleasing rhythms, lyrical language, and a dramatic momentum that pulls listeners in. The gouache illustrations open with atmospheric renderings of old Europe; the curved outlines and warm earth tones bring to mind ancient cave paintings.



E FICTION

## Guess the Book Titles

Written in Emojis!

1. 🌸 \_\_\_\_\_

2. 🐍 \_\_\_\_\_

3. 🧑  ➔ 🧓? \_\_\_\_\_

4. 🍯 \_\_\_\_\_

5. 🌳  ⬆️ \_\_\_\_\_

6. 🧑 \_\_\_\_\_

7. 📄 \_\_\_\_\_

8. 🧑 \_\_\_\_\_

9. 📚 A \_\_\_\_\_

10. \_\_\_\_\_

# Foodstagram



Carrot, cabbage, broccoli, rice, and chick peas



Miso udon soup with broccoli, mushroom, carrot, and tofu



Caesar salad wrap with vegan chikn'



Pancakes and scrambled eggs with broccoli



Egg fried rice



Pasta with kale, feta, and almonds



Kale pesto pasta, strawberry, feta, & spinach salad, and garlic bread



Roasted cauliflower, eggs on arugula, and avocado



Savory oatmeal with peas and miso from *The Ultimate Vegan Breakfast Book*

# FOODIE FICTION

If you enjoy reading stories that make your mouth water and your tummy rumble, give one of these books a try — each one contains at least one recipe, so you can take the deliciousness from page to plate!

## *Recipe for:* **Bear and Chicken**

*Ingredients:*  
by Jannie Ho



## *Instructions:*

When Bear finds a chicken frozen in the winter snow, he brings her home to defrost her. As Chicken thaws — um, awakens — she fears that Bear is actually preparing to eat her. Oh no! Will Chicken become Bear's lunch? Or does Bear have a different plan in mind?

Picture book

Available via hard copy

## *Recipe for:* **How To Feed Your Parents**

*Ingredients:*  
by Ryan Miller



## *Instructions:*

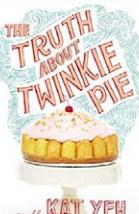
Who's the picky eater? Not Matilda! A little girl with adventurous tastes turns the tables on her food-fussy parents and teaches them that dinner can be more than chicken nuggets.

Picture book

Available via hard copy

*Recipe for:*  
**The Truth About Twinkie Pie**

*Ingredients:*  
by Kat Yeh



*Instructions:*

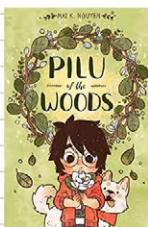
Take two sisters making it on their own. Add a million dollars in prize money from a national cooking contest and a move from the trailer parks of South Carolina to the North Shore of Long Island. Mix in a fancy new school, new friends and enemies, a first crush, and a generous sprinkling of family secrets.

Middle grade fiction

Available via Overdrive and hard copy

*Recipe for:*  
**Pilu of the Woods**

*Ingredients:*  
by Mai K. Nguyen



*Instructions:*

When Willow's turbulent emotions get the better of her, she runs away into the woods near her house, where she meets Pilu, a lost tree spirit who can't find her way home. Willow offers to help Pilu, and the two become friends. But the journey is long, and Pilu isn't sure she's ready to return home yet. As a storm rages and Willow's emotions bubble to the surface, she must confront her inner feelings.

Middle grade graphic novel

Available via Hoopla and hard copy

*Recipe for:*  
**With The Fire On High**

*Ingredients:*  
by Elizabeth Acevedo



*Instructions:*

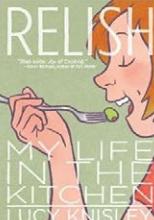
Ever since she got pregnant freshman year, Emoni Santiago's life has been about making the tough decisions—doing what has to be done for her daughter and her abuela. The one place she can let all that go is in the kitchen, where she adds a little something magical to everything she cooks, turning her food into straight-up goodness.

YA fiction

Available via Hoopla, Overdrive, and hard copy

*Recipe for:***Relish: My Life In The Kitchen***Ingredients:*

by Lucy Knisley

*Instructions:*

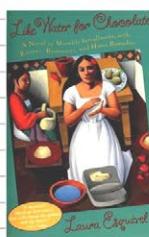
Lucy Knisley loves food. The daughter of a chef and a gourmet, this talented young cartoonist comes by her obsession honestly. In her forthright, thoughtful, and funny memoir, Lucy traces key episodes in her life thus far, framed by what she was eating at the time and lessons learned about food, cooking, and life.

YA graphic novel

Available via Overdrive and hard copy

*Recipe for:***Like Water For Chocolate***Ingredients:*

by Laura Esquivel

*Instructions:*

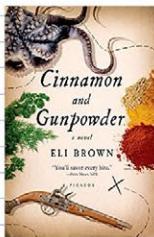
This sumptuous feast of a novel blends romance and wit as it tells the history of the De La Garza family. As a pregnant Mama Elena chops onions, her unborn daughter weeps so violently she causes an early labor, and little Tita slips out amid the spices and fixings for noodle soup. Tita grows into a master chef, using cooking to express herself and sharing recipes with readers along the way.

Adult fiction

Available via Overdrive and hard copy

*Recipe for:***Cinnamon and Gunpowder***Ingredients:*

by Eli Brown

*Instructions:*

The year is 1819, and renowned chef Owen Wedgwood has been kidnapped by a beautiful yet ruthless pirate. He will be spared, as long as he can conjure an exquisite meal every Sunday from the ship's meager supplies. A gripping adventure, a seaborne romance, and a twist on the tale of Scheherazade—with the best food ever served aboard a pirate's ship.

Adult fiction

Available via Overdrive and hard copy

# Virtual Book Clubs

We miss seeing your faces! Join one of the Spicewood Springs Branch staff (and friends) virtual book clubs.

Visit the Austin Public Library at [library.austintexas.gov](http://library.austintexas.gov) to find these and other book clubs. For registration, go to APL's page on Eventbrite.com

## Graphic Novel Book Club Jr.

**Goldie Vance: Vol 1** by Hope Larson

4:30 pm on Thursday Dec. 17



Move over Nancy, Harriet, & Veronica. There's a new sleuth on the block! Sixteen-year-old Marigold "Goldie" Vance lives at a Florida resort and has an insatiable curiosity, which explains her dream to one day become the hotel's in-house detective.

## True Crime

**My Friend Dahmer** by Derf Backderf

7 pm Thursday Dec. 17



A haunting and original graphic novel, writer-artist Backderf creates a surprisingly sympathetic portrait of a disturbed young man struggling against the morbid urges emanating from the deep recesses of his psyche.

## Adult Graphic Novels

6:30 pm on Monday Dec. 14

No assigned reading. Come as you are. Hang out. Get some recs. Give some recs. BYOC&WB (bring your own cookies and warm beverage). Hope to see you there!

## YA for Adults

**There's Something About Sweetie** by Sandhya Menon

7 pm Thursday Dec. 3



Told in two voices, disappointed-in-love Ashish Patel and self-proclaimed fat athlete Sweetie Nair begin to find their true selves while dating under contract.

## Romance

**The Right Swipe** by Alisha Rai

7 pm on Thursday Dec. 17



Two rival dating app creators find themselves at odds in the boardroom but in sync in the bedroom.

## Mother Daughter

6 pm Wednesday Dec. 16

This month is our annual holiday book share! Book share is where everyone recommends a book (or two) that they read in the last year and wants to share with the group

# Virtual Resources for Home Chefs

Are you looking for fresh meal ideas? Do you want to wow your family over the holidays with your culinary skills? Are you in a pinch and need a recipe fast? APL has your back! Books, magazines, and videos are available from our Virtual Library 24/7. Access the Virtual Library through APL's website and log in using your full-purpose or digital APL account number.

<https://library.austintexas.gov/virtual>

## RBdigital Magazines

This service offers current and past issues of several magazine titles including Saveur, VegNews, Food Network Magazine, BBC Good Food Magazine, Cook's Country, and Cook's Illustrated. You can search by title or subject, but the easiest way to find these titles is to use the genre drop menu on the top right of the homepage – Food & Cooking.



Magazines



## OverDrive

OverDrive has hundreds of cookbooks that you can access digitally. Joan Nathan's Jewish Holiday Cookbook, A Literary Holiday Cookbook, Gluten-Free and Vegan Holidays, and Cookie Advent Cookbook are four delicious titles in the collection. And OverDrive has a few cooking videos, as well. Selections include "The Everyday Gourmet" series from The Great Courses and Jacques Pépin's "Chanukah Celebration."

## The Hobbies & Crafts Reference Center

The Hobbies & Crafts Reference Center offers detailed instructions and creative ideas for hobby enthusiasts, including home chefs. You can access recipes and projects from books and periodicals. For example, one can learn how to make Christmas stollen, Hanukkah kugel, a Yule log, and Kwanzaa sweet potatoes.



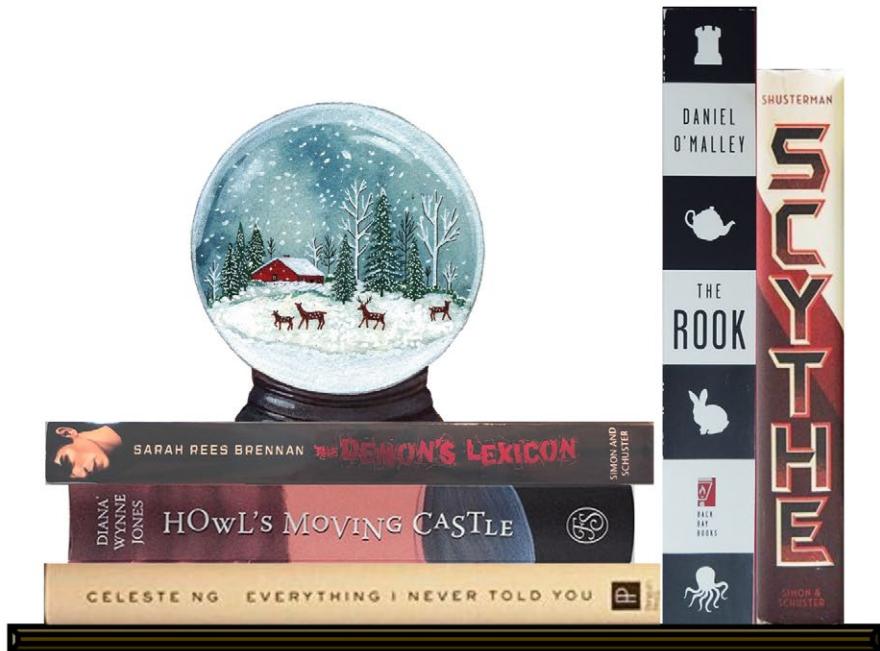
# hoopla

## Hoopla

Hoopla is another one of APL's ebook providers. One difference is that with Hoopla, all titles are instantly available; you never have to put items on hold. One of their current search categories is Fall Cooking Inspiration. Clicking on that link brings you to a page with titles to check out including A Platter of Figs and Other Recipes, Friendsgiving, Fire Cider, and The Winter Harvest Cookbook.

# You Had Me From Hello...

Sometimes a book reaches out and grabs you on the very first page—from the very first line. Below, enjoy a few of the opening lines that have grabbed us over the years. See if you can match them to their titles!



- \_\_\_\_ 1. *The Demon's Lexicon* by Sarah Rees Brennan
- \_\_\_\_ 2. *Howl's Moving Castle* by Diana Wynne Jones
- \_\_\_\_ 3. *Everything I Never Told You* by Celeste Ng
- \_\_\_\_ 4. *The Rook* by Daniel O'Malley
- \_\_\_\_ 5. *Scythe* by Neal Shusterman

A.

1

In the land of Ingary, where such things as seven-league boots and cloaks of invisibility really exist, it is quite a misfortune to be born the eldest of three. Everyone knows you are the one who will fail first, and worst, if the three of you set out to seek your fortunes.

B.

We must, by law, keep a record of the innocents we kill.

C.

THE PIPE UNDER THE SINK WAS LEAKING AGAIN. IT WOULDN'T have been so bad, except that Nick kept his favorite sword under the sink.

D.

Lydia is dead. But they don't know this yet.

E.

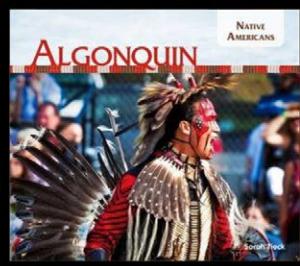
Dear You,

The body you are wearing used to be mine.

# Native American Heritage Month

November is Native American Heritage month and I'd like to celebrate with a list of books selected specifically for our younger patrons. Enjoy these titles and learn more about First Nation Peoples, their history, folklore, and vibrant cultures.

*Contributed By Christopher Noel*



## Algonquin

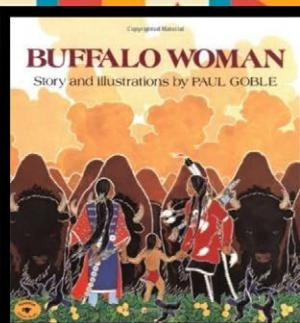
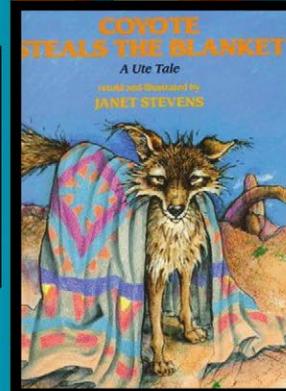
By Sarah Tieck

Easy-to read text and oversized photographs introduce readers to the Algonquin and their traditions including social structure, homes, food, art, clothing, and more.

## Coyote Steals the Blanket

By Janet Stevens

Coyote receives his comeuppance when he tries to take something that does not belong to him.



## Buffalo Woman

By Paul Goble

A young hunter marries a female buffalo in the form of a beautiful maiden, but when his people reject her he must pass several tests before being allowed to join the buffalo nation.

## The Story of Jumping Mouse

By John Steptoe

The gifts of Magic Frog and his own hopeful and unselfish spirit bring Jumping Mouse finally to the Far-Off Land where no mouse goes hungry.

Copyright © 1990 Scholastic Inc.  
*The Story of Jumping Mouse*



A NATIVE AMERICAN LEGEND  
RETOLD AND ILLUSTRATED BY  
JOHN STEPTOE

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## MANY NATIONS

An Alphabet of Native Americans



SCHOLASTIC

by Joseph Bruchac and illustrated by Robert E. Lopresti

## Many Nations

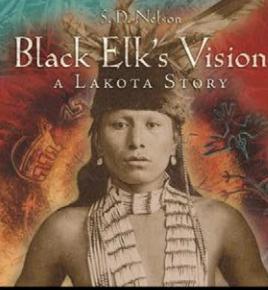
By Joseph Bruchac

Illustrations and brief text present aspects of the lives of the many varied native peoples across North America.

## Black Elk's Vision

By S.D. Nelson

A simple biography of Lakota-Oglala medicine man Black Elk, from his childhood vision which shaped his life through his battles with the whites and his travels with Buffalo Bill's Wild West show.

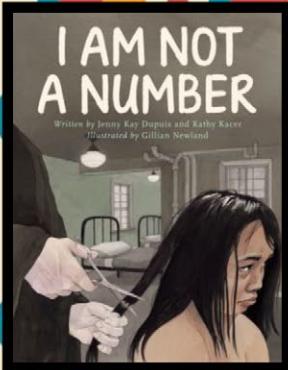


What Was It Like, Grandma?  
**GRANDMA MAXINE REMEMBERS**  
A Native American Family Story  
Photographs and Illustrations by Carol Thompson

## Grandma Maxine Remembers

By Ann Morris

A Shoshone grandmother relates family and cultural history to her granddaughter as they share their daily tasks on the Wind River Indian Reservation in Wyoming.



## I Am Not a Number

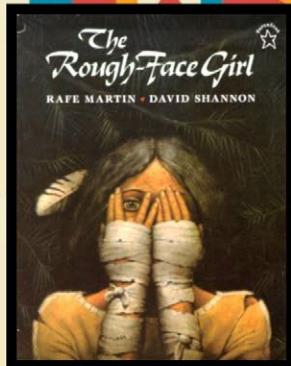
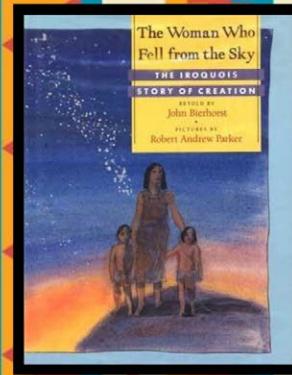
By Jenny Kay Dupuis

Based on the life of Jenny Kay Dupuis' own grandmother, *I Am Not a Number* brings a terrible part of Canada's history to light in a way that children can learn from and relate to.

## The Woman Who Fell From the Sky

By John Bierhorst

Describes how the creation of the world was begun by a woman who fell down to earth from the sky country, and how it was finished by her two sons Sapling and Flint.



## The Rough-Face Girl

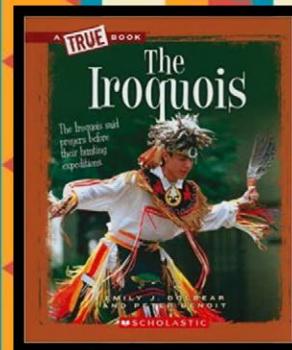
By Rafe Martin

From Algonquin Indian folklore comes one of the most haunting, powerful versions of the Cinderella tale ever told.

## The Iroquois

By Emily J. Dolbear

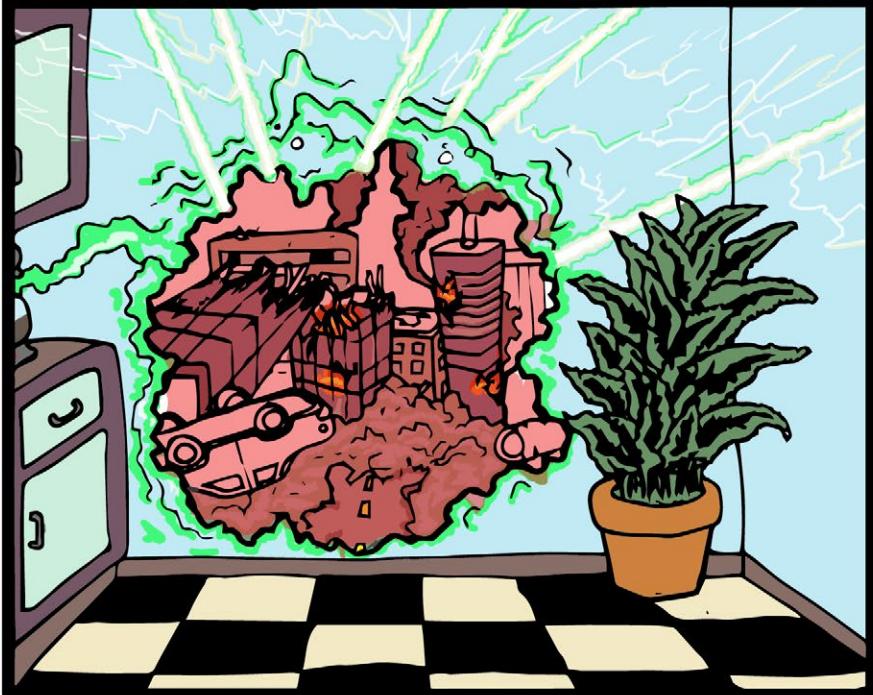
An exploration of the Iroquois Indians, discussing the nation's housing, relationship with settlers, culture, and more.



# Recipe For Disaster 2020

Based on a true conversation.







## The Girl from New York

I saw you--hair blacker than blue  
I saw you--beneath night's moon  
Sullen and pallid, such beauty morose  
I saw you--this death in June.

I saw you--lips redder than wine  
I saw you--before me loom  
Bewitching figure, tall Goddess in noir  
I saw you--rise from your tomb.

Like a fiendish angel, you're haunting my mind  
Confronting me endless with whispers sublime.

I saw you--shadow unbroken  
I saw you--pale rose in bloom  
With serpentine tongue yearning to kiss me  
I saw you--shrouded in gloom.

I saw you--my icy temptress  
I saw you--my icy doom  
Display the sigils, inscribe the runes  
I saw you--to death I swoon.

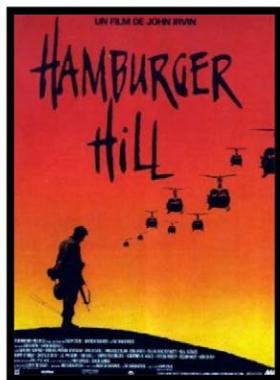
Eternal and boundless, you strike at my heart  
Regretfully knowing you'll tear me apart.

By Christopher Noel

Background Image: Promo photo of Ingrid Pitt  
from the Hammer film, *The Vampire Lovers*

# Veterans Day Staff Selections

In honor of the 101<sup>st</sup> Veterans Day, initially celebrated on the first anniversary of the end of WWI (then called Armistice Day), the Spicewood Springs Branch military veterans have selected a few stories that they have enjoyed and continue to recommend to their friends, family and fellow veterans. We hope that you will also consider reading, watching and recommending these stories, as they recall our country's history through the events that ensured its perseverance. Happy Veterans Day!



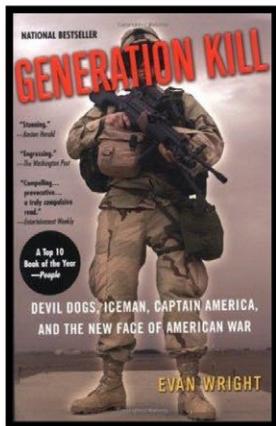
## Hamburger Hill (film)

Directed by John Irvin

*Hamburger Hill* is a well-acted, well directed movie about the 101st Airborne Division assault of Hill 937 during the Vietnam War. As opposed to films with a larger scope, *Hamburger Hill* focuses strictly on the day-to-day events of 3rd Squad, B Co 3/187 Infantry, 101st Airborne Division, as seen from the point of view of an external observer. When five new replacements

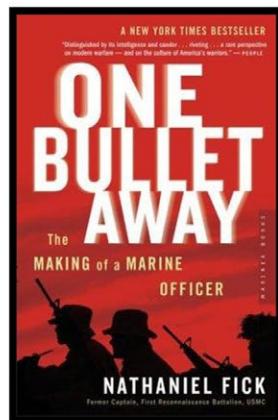
arrive, the squad leader Staff Sargent Franz struggles to get them up to speed quickly as they will be soon mounting an assault to take a hilltop in the A Shau Valley. During the quiet times, the film touches on topics like racism, the futility of war, and the indifference and contempt of persons back home, punctuated by sudden and unexpected short bursts of fear and panic. The dialogue is realistic, the look and feel of the film is accurate, and the characters are all very believable. The monologue by the squad medic (excellently played by Courtney V. Vance) to the new 'grunts' on the importance of proper dental hygiene is unforgettable. As an infantryman who served with several veterans from this era, I found the film very relatable and recommend it for anyone who's interested in the Vietnam War.

*Contributed by Jorge*



## Generation Kill: Devil Dogs, Iceman, Captain America, and the New Face of American War

by Evan Wright

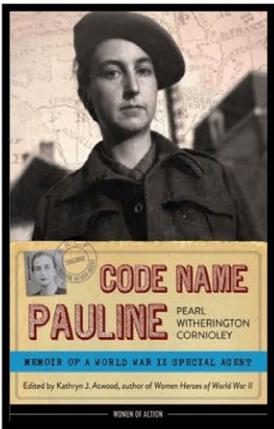


## One Bullet Away: The Making of a Marine Officer

by Nathaniel Fick

Wonderful books! Both titles offer views of the young men who were thrust into the initial push into Iraq in 2003. They are written not as pieces to glorify, sanctify or deify these young men, but as accounts of their actions and the circumstances in which they came together. These young Marines were expected to be the tip of the spear, which faced obvious and less obvious obstacles, with outdated and subpar equipment and support. The reader gets to know the young Marines as individuals who exemplify the Esprit de Corps that the USMC has come to be known for, yet reminds us each one is the American kid from down the street. The battles they fought, the crucibles they endured and survived, the sacrifices they made make up a story of Generation Kill from the eyes of the embedded Rolling Stones reporter in Generation Kill and Lt. Nathaniel Fick in One Bullet Away. These were the Marines from the era in which I served, so I feel a deep connection to these stories.

*Contributed by Jeff*



## Code Name Pauline: Memoirs of a World War II Special Agent

By Pearl Witherington  
Cornioley and Atwood, Kathryn J.

Code Name Pauline follows Pearl Witherington Cornioley from her childhood growing up in France to her important service during the Second World War. Pearl's parents were English, but due to her father's job the family lived in France and she grew up speaking fluent French. In May

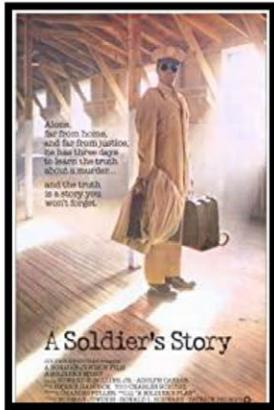
of 1940 the Nazis invaded and Pearl and her family eventually escaped the occupation returning to England. Midway through the war the British Special Operations Executive (SOE) recruited Pearl and she began her training in weapons, communications and sabotage before being parachuted back into France. This incredible book recounts her experiences working for the SOE and leading the French Resistance in their fight against their occupiers. It also goes into the fight at home. Pearl faced struggling to win recognition for herself and the many other women who sacrificed so much in the fight against the Axis Powers.

*Contributed by Christopher*

## Honoring All Who Served

"To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service, and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of nations."

-Woodrow Wilson



## A Soldier's Story (film)

Directed by Norman Jewison

A Soldier's Story was an off-Broadway play before becoming a multiple Oscar-nominated film in 1984, generating incredible performances by the late Adolph Caesar (nominated for Best Supporting Actor), Howard Rollins, Jr and a very young Denzel Washington in only his second theatrical role. Taking place during World War Two in a segregated Army base in Louisiana, a black JAG lawyer is sent to

investigate the murder of a Master Sergeant against the wishes of his predominately white fellow officers, who assume the Sergeant was murdered by the Klu Klux Klan. A deeper mystery begins to emerge as each interview reveals new, shocking details, and the complexities of segregation during wartime take center stage.

*Contributed by Patrick*

## Veterans Day Facts

Veterans Day (November 11<sup>th</sup>) celebrates all those who have served our country both in war and in peace. Memorial Day (May 31<sup>st</sup>) remembers those who have given their lives in service to our country.

The signing of the Treaty of Versailles on June 28, 1919 marked the end of World War One, but the fighting actually ceased seven months earlier when an armistice was signed on the eleventh hour of November 11, 1918. Armistice Day was celebrated every year until President Eisenhower signed a bill into law on May 26, 1954 officially establishing the Veterans Day holiday.

Australia, Canada, and England celebrate Remembrance Day which is their own nation's holiday to celebrate veterans.



Jorge, US Army 8<sup>th</sup> Infantry Division,  
Germany, (1987-1991).

Jeff, US Marines (2003-2009).  
MCAS: Japan; Marine Embassy  
Guards: England, Ivory Coast,  
Germany; Presidential Security,  
South Korea.



Chris, US Army 1<sup>st</sup> Cavalry Division,  
Air Defense (1996-1999)  
Pennsylvania National Guard, 28<sup>th</sup>  
Infantry Division, Public Affairs Office  
(2000-2001).

Patrick, US Army Signal Corp (1993-  
1997), DoD Medical Library Director  
for the 67th Combat Support  
Hospital, Germany (2002-2005),  
DoD Technical Information Specialist  
for the Armed Forces Medical  
Library, Virginia (2005-2009).



*Nikki*

Photo by Christopher Noel

# "Easy One Dish Peach Cobbler"



## Ingredients:

- |                                      |   |
|--------------------------------------|---|
| - Butter to grease a 9 x 11 inch pan | - 2 cups almond milk                      |
| - 2 cups all purpose flour           | - 1 lb sliced peaches (frozen works fine) |
| - 1 1/2 cups sugar                   | - 2 tsp cinnamon (more or less to taste)  |
| - 2 Tablespoons baking powder        | - 1 tsp vanilla can be added if you like  |

**Cooking time: 40 minutes**

This is a quick and easy recipe for some great Texas comfort food. The cobbler can be made with fresh or frozen peaches. If peaches are frozen, make sure they are at least partially thawed before assembling the cobbler.

## Directions:



1. Pre-heat oven to 325 degrees. Grease 9 x 11 inch glass baking pan.
2. Measure flour, sugar, and baking powder directly into baking pan.

3. Mix dry ingredients with fork. Add almond milk directly into pan.

Mix very gently with fork just until all dry and wet ingredients are incorporated together. Try not to over mix.

At this point bubbles should be seen on the surface of the dough. The bubbles are the action of the baking powder.





4. Place peach slices directly on top of the surface of the dough. Peach slices should be distributed evenly.

5. Bake at 325 degrees uncovered for about 20 minutes then open the oven and sprinkle cinnamon over the top of the partially cooked cobbler.



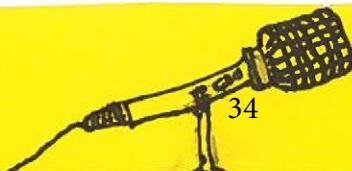
6. Replace the cobbler in the oven and cook for an additional 20 minutes.

After the final 20 minutes, remove the cobbler and allow to cool. Enjoy!

# Spicewood Sounds: Podcast Recommendations



In Toasted Sister, food and Native American Culture come together a fascinating and educational podcast hosted by Navajo journalist Andi Murphy. In each episode she travels to interview Native Americans across the country preserving their culture through foodways, farming practices, food preparation, production, and distribution in both traditional and contemporary ways. Exploring topics and issues relevant to indigenous Americans, this is an award-winning podcast with excellent production values and something new to learn each episode. Check out episode 45, the El Paso episode, to learn about indigenous food culture at Yselta del Sur Pueblo, one of only three federally recognized Indian reservations here in Texas!



# **READING & RECIPES:**

## **INDIGENOUS EDITION**

### **KEVIN'S FRY BREAD**

FROM FRY BREAD : A NATIVE AMERICAN FAMILY STORY BY KEVIN NOBLE MAILLARD

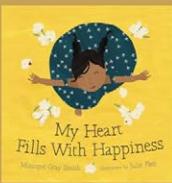
#### **INGREDIENTS**

1 pint boiling water  
1 cup cornmeal  
1 1/2 cups cold water  
1/2 oz of dry or instant yeast, approx. 2 packages  
1 cup raw sugar  
1 tsp. sea salt  
3 1/2 cups flour  
32 oz. unrefined coconut oil

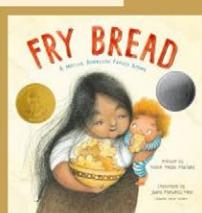
#### **DIRECTIONS**

1. Bring 1 pint of water to a boil in a medium pot. Add corn-meal to boiling water. Whip slowly until smooth. Reduce heat to medium, add cold water, and cook until thick. Stir continuously to prevent lumps in the mixture. Remove from heat and let cool in pot.
2. In a large bowl, add yeast, sugar, and salt to the cooled corn-meal, along with small sprinkles of water to moisten the mixture. Gradually add flour, using a metal whisk or potato masher to get rid of lumps. Sprinkle water to keep dough moist but thick. Cover with a damp cloth and let rise for 3 hours.
3. Once the dough has risen, it should be springy and sticky. Heat the coconut oil in an iron skillet to medium temperature. Test the heat by dropping a small portion of dough into the oil. It should gently sizzle but not splatter. Use two large, oiled spoons to make golf ball-sized portions and dip immediately into the oil, submerging the entire ball. Re-oil the spoons in the skillet to make new balls of dough. Leave room in skillet, as the balls will expand in the hot oil.
4. Let dough fry until it cooks to your desired color: light golden or dark brown--about 3 minutes. Using tongs, flip balls over to cook the other side. Remove from oil and transfer to a paper towel-lined bowl, separating each level with a new paper towel. Eat while hot.

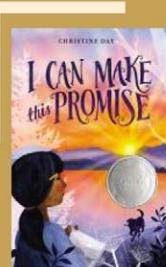




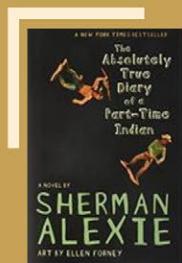
Cree and Lakota writer Monique Gray Smith offers this simple, yet joyous board book with warm gouache and digital collage illustrations of Native children and families finding joy in the small moments of life. Among these delights *My Heart Fills with Happiness* offers is when "I smell bannock baking in the oven." One of several simple pleasures of nature, family, and culture depicted in this lovely book.



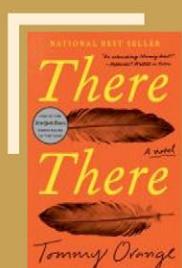
*Fry Bread* describes both the physical and symbolic aspects of fry bread, a dish historically developed by American Indians in an attempt to keep old traditions and create new ones using scarce government-provided rations. Each spread features a statement and short poem about the many aspects of fry bread, accompanied by warm, joyful illustrations of a diversity of modern Native American peoples and families. The extensive author's note goes much more in depth to the history and culture of fry bread and Native American peoples, following the same pattern format as the poems. Award winning, and highly recommended, this is essential reading for both children and adults seeking to broaden their understanding of Indigenous people.



*I Can Make This Promise* is a mild contemporary middle-grade novel about family, friendships, and learning about ones' cultural heritage. Edie knows little of her Native American ancestry because her mother was adopted. Her interest in fry-bread and the local reservation demonstrates her curiosity about her native culture, but her mothers' ancestry is a blank slate. However, when she and her friends find a box in the attic full of letters and a photo of a woman with a striking resemblance to Edie, she begins to wonder if her parents aren't keeping things from her. With gentle explorations of historic injustices to American Indian people and a strong reverence for family and heritage, this novel makes a good introduction for young readers beginning to explore the contemporary Native American experience.



*The Absolutely True Diary of a Part Time Indian* is the highly controversial book written by the equally controversial, yet canonical contemporary Native American author Sherman Alexie. Winner of multiple awards including the 2007 National Book Award and the 2009 Odyssey audio-book award, this first-person fictional narrative of 14-year-old Arnold Spirit Jr. details his struggles to navigate bullying, racism, and identity between his impoverished reservation home life and upwardly mobile white school life. Culinary references include mentions of fry bread and Junior's passion for fried chicken. It is a funny, profane, and also disturbing book, frequently at the top of banned book lists both for reinforcing negative stereotypes of Native Americans as well as profanity, racist dialogue, and explicit scenes. Others, including the author, defend it as a well-written, realistic, and ultimately uplifting story of resilience. At the very least, it is excellent storytelling with a distinctive Native American voice and perspective. Read it and decide for yourself.



*There, There* is a complex, award-winning novel opening with a passionate prologue by the Native author Tommy Orange. The story begins with seemingly disparate short stories, each from a different contemporary Native American characters' perspective. By the end, however, is a tightly woven and devastating narrative as the multiple characters are inevitably drawn together by events at a powwow in Oakland, California. Though this book does reinforce certain negative stereotypes of Native Americans, the quality of the storytelling and the multifaceted exploration of the modern, urban Native American experience make this a worthwhile, satisfying, and thought provoking read.

# Native American Authors

## Juvenile Fiction

*Apple in the Middle* by Dawn Quigley

*The Birchbark House* by Louise Erdrich

*Elatsoe* by Darcie Little Badger

*Indian No More* by Charlene Willing McManis

## Picture Books

*Jingle Dancer* by Cynthia Leitich Smith

*All Around Us* by Xelena González

*First Laugh: Welcome Baby* by Rose Ann Tahe

*At the Mountain's Base* by Traci Sorell

*Bowwow Powwow* by Brenda Child

*Fry Bread* by Kevin Maillard

*A Boy Called Slow* by Joseph Bruchac

*Fall in Line, Holden* by Daniel Vandever

## **Adult Books**

*Perma Red* by Debra Magpie Earling

*There There* by Tommy Orange

*Bad Indians: A Tribal Memoir* by Deborah Miranda

*The Tao of Raven: An Alaska Native Memoir* by Ernestine Hayes

*The Only Good Indians* by Stephen Graham Jones

*The Round House* by Louise Erdrich

*Savage Conversations* by LeAnne Howe

*Ceremony* by Leslie Marmon Silko

*American Sunrise* by Joy Harjo

*The Beadworkers* by Beth Piatote

*Eyes Bottle Dark with a Mouth Full of Flowers* by Jake Skeets

*Crazy Horse's Girlfriend* by Erika Wurth

## **Teen**

*The Absolutely True Diary of a Part Time Indian* by Sherman Alexie

*The Marrow Thieves* by Cherie Dimaline

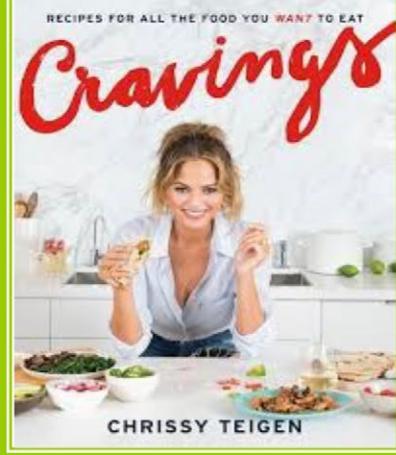
*If I Ever Get Out Of Here* by Eric Gansworth

*Rain Is Not My Indian Name* by Cynthia Leitich Smith

# Roasted Cauliflower, Feta, And Orzo Salad

One of the perks of working for a library is having so many books pass through your hands.

I found one of my absolute favorite recipes by flipping through a library cookbook. The recipe is so delicious that it has become one of my go-to's and I love sharing with friends



## For the CAULIFLOWER AND ORZO

- \* 1 small head cauliflower, broken into small florets (about 5 cups)
- \* 4 tablespoons olive oil
- \* 3 cloves garlic, minced
- \* 1 teaspoon kosher salt
- \* 1/2 teaspoon freshly ground black pepper
- \* 1 cup orzo pasta

## For the DRESSING AND SALAD

- \* 3 tablespoons extra-virgin olive oil
- \* 3 tablespoons fresh lemon juice
- \* 1 teaspoon honey
- \* 1 teaspoon Dijon mustard
- \* 1/2 teaspoon kosher salt
- \* 1/2 teaspoon freshly ground black pepper
- \* 1/4 cup thinly sliced red onion
- \* 1 cup crumbled feta cheese
- \* 2/3 cup dried cherries
- \* 4 cups baby spinach

## PREPARE THE CAULIFLOWER AND ORZO:

Preheat the oven to 400°F.

1. In a bowl, toss the cauliflower with 3 tablespoons of the olive oil, the garlic, salt, and pepper. Spread on a rimmed baking sheet and roast until softened and the edges are charred, 20 to 25 minutes. Let cool and set aside.
2. Meanwhile, in a pot of salted boiling water, cook the orzo according to the package directions, but for 1 or 2 minutes less than called for (so it's just a little underdone). Drain in a colander, rinse under cold water, drain well, and toss with the remaining 1 tablespoon right in the colander.

MAKE THE DRESSING AND TOSS THE SALAD: in a big bowl, whisk together the olive oil, lemon juice, honey, mustard, salt, and pepper. Add the cooked orzo, roasted cauliflower, onion, feta, and cherries and toss until coated with the dressing. Throw the spinach on top and toss one more time.

### Notes:

- \* Use garlic powder if you don't have fresh garlic
- \* Substitute dried cranberries for dried cherries
- \* I use an entire bag of baby spinach and wilt it slightly in the same pot as the orzo, right before I drain it



# PETS AND PLANTS



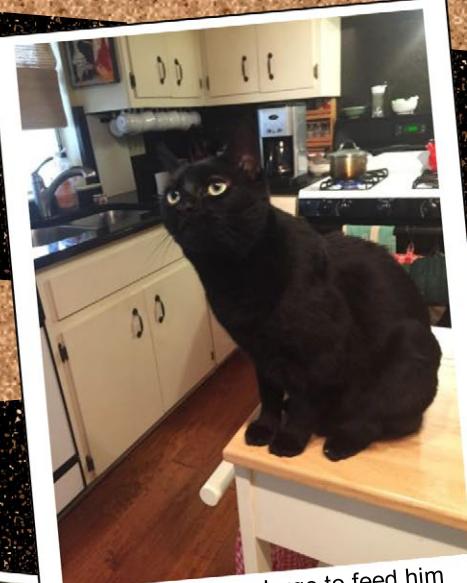
A beautiful bouquet of flowers from  
Monica's garden.



Lemmy enjoys posing for  
Monica's camera.



Lina is a very good girl and excited to  
go on a camping adventure with  
Jessica W.



Concho wants Jorge to feed him  
five star food.



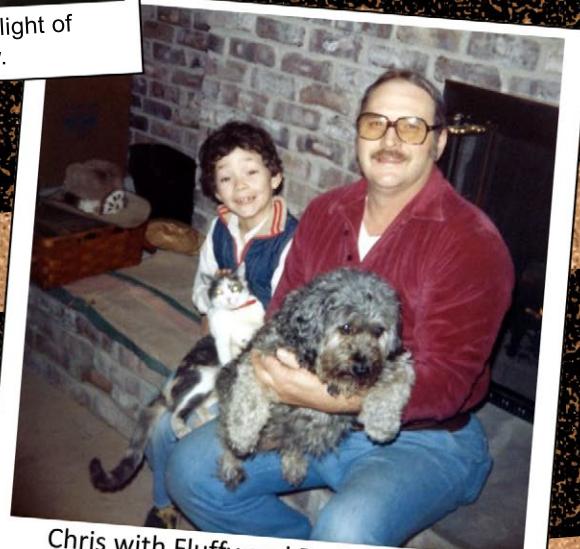
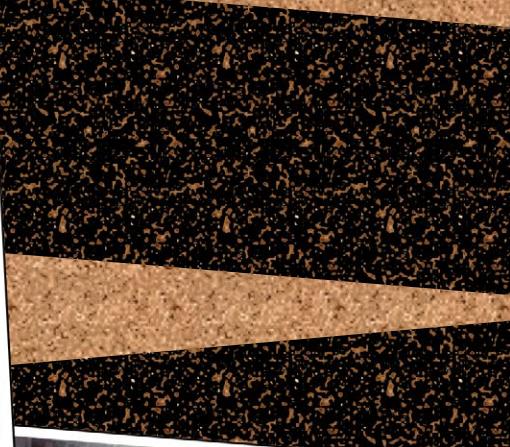
Jorge's cat Concho loves a comfy bed.



Laurie's cat Oliver has a face that will  
melt your heart.



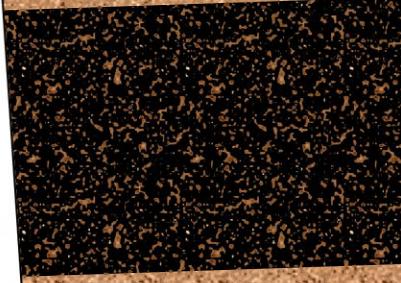
Seedlings bask in the light of  
Laurie's window.

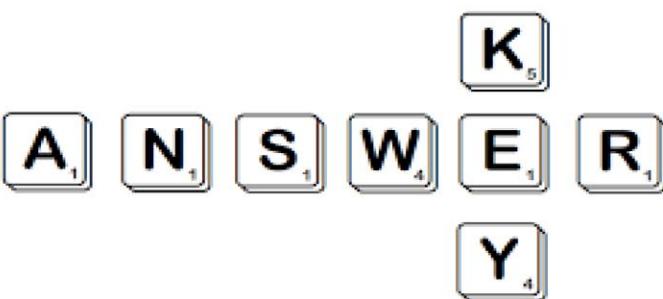


Chris with Fluffy and Dad with Misty.  
(Early 1980's)



Chris's cat Scraggles taking a much  
needed nap.





## Guess the Book Titles Written in Emojis!

1. The Secret Garden
2. The Metamorphosis
3. The Life of Pi
4. Winnie the Pooh
5. A Tree Grows in Brooklyn
6. Matilda
7. A Tale of Two Cities
8. The Old Man and the Sea
9. The Scarlet Letter
10. The Cat in the Hat

You Had Me at Hello...

1. C
2. A
3. D
4. E
5. B





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