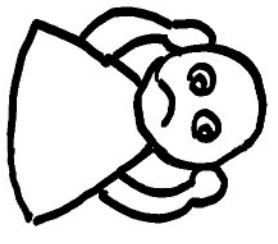


Money Too much!
 多すぎる!

School
 Health
 Friends
 Family
 News
 Work



I have too many things in my head.
 考えごとがバタクさんで、頭がババババババ!

I don't want to do anything...
 何もしたくないよ

What's the Point?
 意味ある?

Why should I?
 なんぞしないといけないの?

My body is heavy, my heart is heavy...
 からだが重いし、こころも重い...

Take it very easy!
 気楽にやろう!



You don't have to be productive!
 You don't have to be positive!
 がんばらなくていい!
 元気がなくてもいい!

Forget them!
 忘れちゃえ!

One day at a Time
 1日1日を
 1つ1つ

Today's Goal
 今日の目標

Do what makes you feel good!
 気分がよくなることをしよう!

Yuko Weiner
 ワイナ-ユナ子