

That  
Plant  
Fucker

April 2020

# Bad Poems

COVID-19

Waiting here for news  
Expecting much creation  
Bingeing, napping full

Nature is my balm  
The sun heals, the air cleanses  
Are you still with me?

# Brambles: Don't Call me Berry



Blackberry  
*Rubus fruticosus*

Devils Fruit: Cursed because it gave him a Prickly landing after he was cast out of heaven.



Raspberry  
*Rubus idaeus*



Marionberry  
*Rubus 'Marion'*



Dewberry  
*Rubus trivialis*

## Blackberry Curd

- 80z (200g) blackberries (frozen is fine)
- juice of 1 lemon
- 1 1/2 sticks (150g) butter
- 9 oz (150g) caster sugar (superfine sugar)
- 2 eggs, beaten

1. Place the blackberries and lemon juice in a saucepan and cook until the blackberries begin to soften.

2. Mash with a potato masher, to get out as much juice as possible, and then press this through a sieve into a heat-proof mixing bowl.

3. Add the butter and the sugar to the berry puree in the bowl and place the bowl over a pan of simmering water (this is called a bain marie).

4. Heat, stirring until the butter is melted, and then add the beaten eggs and continue heating until the mixture thickens.

5. Place in the fridge to chill.

# Rant

What will I do if I really get sick? Maybe it's coronavirus, maybe cancer. I don't have a lot of faith in the medical system. (I shouldn't need faith btw). Loving plants and seeing them as our friends, I want to lean on them during a health crisis. I create herbal protocols for various illnesses. Getting a cold: greek mountain tea (*Sideritis scardica*), elderberry tincture (homemade with brandy, yum), kombucha or water kefir, vitamin D. Under this regime, I didn't get that cold. Or maybe it wasn't even a cold.

What if I get coronavirus? And it becomes so severe that my lungs are choked with sticky mucus? Do I go to the hospital? Do I treat at home knowing I may die for a principle? My lack of faith.



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