Bms 14/15/0387

OLABISI ONABANJO UNIVERSITY

DEPARTMENT OF BIOCHEMISTRY

2016/2017 RAIN SEMESTER EXAMINATION

COURSE CODE: BCH 314

TIME ALLOWED: 1 Hour

COURSE TITLE: NUTRITIONAL BIOCHEMISTRY DATE: 11THJULY 2017

INSTRUCTION: ANSWER ALL QUESTIONS

- 1. (a) What is nutrient requirement?
 - (b) How can you estimate nutrient requirement?
- 2. (a) What causes obesity?
 - (b) What are the health risks of obesity?
 - (c) How can overweight be controlled?
- 3. Write short notes on:
 - (a) BMI (b) BMR (c) RDA (d) EAR (e) Energy requirement (f) Malnutrition
 - (g) Marasmus (h) Kwashiorkor (i) Nutritional Status
- 4. Describe a method of determining body fat.