

Building a Platform for the Escape Game Community

COM3610 Dissertation Project

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This report is submitted in partial fulfilment of the requirement for
the degree of Computer Science with a Year in Industry by Simon Fish.

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Signed Declaration

All sentences or passages quoted in this report from other people's work have been specifically acknowledged by clear cross-referencing to author, work and page(s). Any illustrations that are not the work of the author of this report have been used with the explicit permission of the originator and are specifically acknowledged. I understand that failure to do this amounts to plagiarism and will be considered grounds for failure in this project and the degree examination as a whole.

Simon Fish

Abstract

Escape rooms are physical, interactive experiences in which a group of participants must solve puzzles to escape a locked room, solve a mystery, or otherwise meet some goal in a particular timespan. This project aimed to build a tool primarily to serve the needs of escape room maintainers. Though the original brief expressed intent to craft a networked solution for use within the escape room itself, research and scope changed this focus. Instead, a web application was developed as a social network between escape room maintainers and enthusiasts. The final product is built with industry-standard knowledge, principles, tools and best practices amassed during the degree programme. This dissertation paper serves to document, and justify decisions made along, the process of development of this product.

COVID-19 Impact Statement

COVID-19 has reduced the value of the initial product specification to its intended audience. This in turn has made it impractical to begin user testing. Plans were in place to engage with the local escape room maintainers and show them the platform as part of user testing. These were made impractical by the lockdown orders, which jeopardise escape room businesses. As discussed in the chapter on the results of the project, changes could be made to the final product to cater for the changing nature of the industry in the face of the virus.

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Chapter 1

Introduction

Escape rooms are physical, interactive experiences in which a group of participants must solve puzzles to escape a locked room, solve a mystery, or otherwise meet some goal in a particular timespan. They are a phenomenon that has existed since around 2007 (Nicholson 2015), and are a growing industry. The concept of an escape room is applied in a variety of forms, from portable escape rooms run in shopping centres (Gündüz 2018) to similarly challenging and captivating experiences that assist education (López 2019; Rouse 2017; Peleg et al. 2019; Beguin et al. 2019). Of late, the importance of virtual reality escape rooms and in-home escape rooms is on the rise.

Though many escape rooms live up to their name, the aim in an overwhelming 54% of cases is not to escape the room - goals in escape rooms can be to investigate a crime or mystery, engage with the supernatural, or solve a murder (Nicholson 2015). This can be particularly unique in educational applications of escape rooms, in which the subject matter and goal often relate directly to a learning objective.

Please note the following definitions:

Maintainers refer to those who own and run escape rooms. They are responsible for such things as building and maintaining the escape room, and running the experience for groups. In many cases, they are also responsible for elements of the escape room experience outside of the room itself, such as maintaining its image on social media.

Enthusiasts refer to attendees of escape rooms - particularly those who take a firm interest in them, regardless of their degree of experience.

My goal in this project was to understand the needs of the commercial escape room industry, such that a product could be developed to remedy them. Such a product would aim to increase efficiency or expand the industry with new capabilities. The escape room industry has a wide variation of scale in application, from maintainers running singular escape rooms to major companies such as SCRAP delivering escape games to dozens, if not hundreds, of people. It also has varied contexts - escape rooms on permanent fixtures, portable escape games, and applications in education such as EscapED (Clarke et al. 2016). It can also be noted that during the COVID-19 pandemic taking hold at the time of writing, maintainers are moving towards products that enthusiasts can use in their own homes.

With a strong understanding of this in mind, and feedback from the community itself, a product could then be designed and built to target some subset of these needs. These needs may be related to various issues, such as making sure a timer is visible to the participating group and maintainer, or to processes that currently take more time than necessary, such as posting photos of teams to social media (Woff 2019).

Research Questions

Two research questions were identified, which the literature review stage of the project is focused towards answering:

RQ1: What has been reported about concepts used in escape rooms applied in different environments?

RQ2: Based on this, what can be established as the requirements for escape games, independent of their environment?

Relationship between Project and Degree Programme

The project did not directly tie in with any of my modules this year. I acknowledged during research that my solution could potentially build on skills learned from modules such as *COM3505 Internet of Things*, should my solution have incorporated microcontroller hardware. In such an instance, I would likely have elected to use the ESP32 microcontroller out of familiarity.

However, my approach has been influenced by learnings from software development-focused modules such as *COM1001 Introduction to Software Development* and *COM3420 Software Hut*. The concept of agile processes was introduced in the former, though my experience with *COM390 Year in Industry* presented this in a practical manner that more directly inspired my approach. The limited time available meant that many Rails best practices were not transferred through Software Hut - instead, many of these came through to me during my year in industry.

My approach was not reminiscent of the Scrum process used in my team last year. Instead, I elected to move towards use of Kanban, which would allow me to be more flexible with my priorities and adjust my principles in light of time constraints. This created a challenge for me. My work at UKCloud during *COM390 Year In Industry* gave me a strong set of principles regarding software development, particularly as regards programming. I wished to include industry-standard processes in my work, including continuous integration, vulnerability testing, and measurement of test coverage. While I was able to make efforts towards tackling the first two, I lament that I could not commit to any figure on test coverage, let alone track it. In essence, my experience during my year in industry widened the scope of my capabilities and priorities alike, but due to time constraints, I could not apply them to the fullest.

Chapter 2

Literature Survey

Process

Keywords

The following keywords were identified for use in the search. The search was conducted using the Google Scholar search engine.

- escape room / puzzle hunt
- maintainer / owner / host
- implementation
- software
- virtual reality
- education / classroom

This led to the following searches.

- escape room owner
- escape room host
- escape room maintainer
- escape room software
- escape room education
- escape room classroom
- virtual reality escape room
- portable escape room

Additional searches were made based on discoveries such as escapED (Clarke et al. 2016) and Breakout EDU (“Breakout Edu,” n.d.) to see where they had been applied.

Survey

Escape rooms are run both by enthusiasts as solo ventures, and as franchises across the country. Nicholson (2015) documents escape rooms as the culmination of a variety of media. He identifies puzzle hunts as team-based problem-solving challenges, which, with treasure hunts, appears most similar to escape rooms. Various others have lent features to escape rooms, such as immersion in a story as the “*hero*”, which DuPlessie (2013) reports as being something enthusiasts enjoy. This is embodied by live-action roleplaying, another inspiration for the genre (Nicholson 2015). Nicholson presents the precursors to escape rooms in further depth in his paper - Figure 2.1 summarises these.

Escape rooms have grown popular in many locations across the world as a recreational activity (Nicholson 2015; Stasiak 2016), even serving as a tourist attraction (Dilek and Kulakoglu Dilek 2018). Nicholson reports that the *Real Escape Game* by SCRAP was the earliest well-documented activity branded as such. SCRAP has gone on to develop escape rooms at a much larger scale



Figure 2.1: Nicholson (2019) presents the precursors to, and inspirations for, the escape room phenomenon in this diagram. Adapted with permission from Nicholson, Scott. 2015. “Peeking Behind the Locked Door: A Survey of Escape Room Facilities.” *White paper available online at <http://scottnicholson.com/pubs/erfacwhite.pdf>.*

than the typical escape room, which serves teams of an average size of 4.58 people (Nicholson 2015).

Escape room maintainers are able to apply technology to varying degrees. On the outside of the escape room experience, maintainers implement leaderboards, share team photos to social media, and interact with the team via a screen or handheld transceiver in the room. Inside the room, entire puzzles can be based on technology, if the maintainer has the necessary expertise. Some more unique applications within the room are also possible, such as using a hidden camera to take a photo of the team, apply filters, and display the photo among works of art as demonstrated in *The Gallery*¹ (visited in July 2019). However, there is a general aversion to the use of technology in escape rooms, for a variety of reasons. Woff (2019) suggests that the time investment, reliability, and necessary expertise are some of the greatest contributing factors.

Reliability is one of the strongest factors in an escape room maintainer’s decision to apply technology. Application of technology in escape rooms comes with some uncertainty, and a break in the flow of the escape room experience can shatter participants’ immersion and lead to negative reviews (Woff 2019). Immersion can be defined as captivating the participant and making them feel invested in a situation or story. It can be achieved through the use of theatrics such as special effects, acting, props, and room design.

In his example, DuPlessie (2013) creates immersion through sound and steam to cover for his room’s rotating mechanic - distracting the participants from this gives a sense of reality to the situation they are in, immersing them in the environment and story fully. DuPlessie is critical of digital, rather than physical, interaction in escape rooms, citing the importance of immersion, and recommends movement away from what he calls the “*glowing rectangles*” as our medium of choice.

Physical interaction is often forgone in favour of making escape rooms easy to reset to their initial state. It can be considered a foundation point of many escape rooms - 70% of escape rooms employ a search for physical objects as part of the experience (Nicholson 2015). However, temporary escape rooms, particularly those used in the classroom, tend to forgo this for various reasons. In discussing this, the apparent necessity for physical interaction in escape games can be broken down.

A study by López (2019) organised its puzzles in a manner whereby puzzles could be completed in

¹<https://escapist.nl/en/>

any order, allowing multiple groups to attend the room at once. One example puzzle given in the study was an exercise likely done on paper. In this instance, physical interaction and immersion were traded in favour of allowing multiple groups to attend the room at once. This is important in the context of education, where the whole class should engage with the subject matter in the allotted time.

Woff (2019) highlights that visibility of the puzzle to the entire team should be a priority. This is particularly an issue if a puzzle requires one person to work at a computer alone - Nicholson (2015) warns of the danger of removing just one player from the “*mental space*” of the team. Even if a screen-based puzzle calls for multiple people, the available space and the visibility of the screen dictates how many members of the group can interact with it. Unless monitors are suitably placed and large enough to be viewed by a full party, the whole team may not be able to interface with a puzzle that applies technology.

A greater number of monitors, or larger monitors that allow for multiple users to interact with the puzzle (e.g. a multi-touch screen), could both counteract this. Having said that, these come with both a literal and figurative price - the cost of the resources themselves, and the space within the escape room in which they can be implemented. As such, these factors make them difficult to implement with repeat effectiveness across different escape rooms.

Rouse (2017) applied the idea of using a computer in the classroom using a game loaded from a memory stick. This application seems understandable; Rouse’s audience was likely to have some basic level of expertise in, and enthusiasm for, handling computers as part of the digital native generation. Though never directly stated, they can be assumed to be under 18. In practice, this application of technology brings to mind the image of a small group of people crowding around a screen, embodying a negative example in following this law of visibility.

Poor implementation does not necessarily mean technology should not be excluded from escape room environments outright. Instead, technology has the potential to inspire change in escape rooms by targeting the time it takes to reset a room back into a playable state. Escape rooms and technology are inherently linked - digital escape-the-room games such as *Myst* precede and inspire physical escape rooms (Nicholson 2015). In these games, participants solve similar puzzles through digital means, sometimes applying and combining an inventory of objects to create new tools for use in their escape.

These forms of escape room can be reset instantly by resetting the game. Whether this is done by restarting an attempt, restarting the game, or removing save files and starting over, it is often trivial compared to how long it takes to reset escape rooms. Woff (2019) explains that resetting physical escape rooms can often take as long as 15 minutes, and that it is something escape room maintainers seek to optimise; the shorter a reset takes, the more time is available to welcome customers.

Quick resets are a priority in many different situations. Tuzak develops portable escape games that are run in shopping centres (Gündüz 2018) - the move to shopping centres, made as part of their blue ocean strategy, was likely chosen in an effort to capture new customers, making it all the more important that the room could be reset quickly. Several studies cover the use of escape rooms as a means for education (López 2019; Rouse 2017; Peleg et al. 2019; Beguin et al. 2019). In particular, the previously-mentioned application by López (2019) allowed multiple groups to tackle the escape rooms at the same time by removing the need to reset puzzles entirely.

Woff (2019) theorises that virtual reality (VR) escape rooms such as *EXIT VR*² may be the next stage for the industry, which allow immersive rooms to be created while effectively eliminating the issue of resetting the room as above. This would bring the escape room cycle full circle, reincarnating the modern wave of physical escape rooms in the digital form that inspired them.

Pendit et al. (2017) exercised this in the creation of their virtual escape room *The Last Breakout*. This application revealed some potential caveats that may be visible in the creation of VR escape rooms. Unreal Engine 4 assisted in making the project feasible, but limited knowledge of how to use it resulted in difficulties. These included motion sickness from excessive movement, user experience as regards knowing when they might have picked up an object, and display of reading materials (Pendit et al. 2017).

²<https://exit-vr.de/en/>

These could be remedied with more effective VR development experience, but user interface issues remain something that cannot be tackled without the correct principles. In a study by Smith and Ericson (2009), it was found that the context of virtual reality clouded the line between a video game and a simulation of reality - one child reportedly asked “*How do I kneel?*” when inside the simulation. This misunderstanding could be attributed to how crouching in video games works - it is most often toggled by, or activated by holding, a button input. While Smith and Ericson (2009) acknowledges the “*built-in capability for higher levels of actual human-computer interaction than traditional video games*”, this boundary should not be ignored.

While the escape room industry cautiously explores the “*glowing rectangles*” DuPlessie (2013) warns against, the video games industry that lent it inspiration sometimes takes small strides to recede from them. This has resulted in concepts that escape rooms, and interactive experiences of all kinds, can learn from. *Keep Talking and Nobody Explodes*³ focuses on asynchronous gameplay, in which one player must defuse a bomb while the others guide them using the bomb’s manual⁴. Conceptually, the game shares fundamentals with escape rooms, but what is of most importance to the point is that the foremost task in the game is communication, encouraged by its asynchronous gameplay. Escape rooms already apply asynchronous gameplay - The Lockup Escape Rooms’ *Meltdown* (Woff 2019) begins with most of the party in individual chambers, with the designated ‘leader’ communicating from outside - but *Keep Talking and Nobody Explodes* demonstrates that with technology, it is possible in almost any location.

*1-2-Switch*⁵ similarly pulls away from the screen, with the majority of its minigames relying on what is done physically with the Joy-Con controller and instructing players to face their opponent directly. It is an effective example of how to apply technology in a way that does not lock singular players into staring at a screen. Such examples as these can serve as positive influences in escape room development.

In summary, technology brings a variety of benefits, from quick resets when used as part of a puzzle to interesting and reactive ideas that may not otherwise be possible. Many ideas and inspirations have been discussed here. The strength of escape rooms as an educational tool has also been demonstrated here, which is worth consideration when building for the escape room industry. However, there is a debate as to whether the use of technology in escape rooms is always a viable option. Escape room maintainers value reliability, with negative reviews being the consequence for ill implementation (Woff 2019). One of the greatest points of contention is immersion. Care must be taken to ensure that if the implementation separates one player from the group, it is applied in an engaging manner. Excessive reliance upon screens is something that should be avoided in the name of immersion.

It is clear that a balance should be maintained between these factors, and as such, it is difficult to approach a one-size-fits-all solution for use inside an escape room. However, it is clear that technology can advance escape rooms with careful implementation. In particular, it can be used outside of the experience itself in matters such as booking rooms, keeping a leaderboard, or advertising through social media or otherwise. This research goes on to define the latter of these as a feature of interest to maintainers, particularly when technology is applied.

³<https://keertalkinggame.com/>

⁴<https://bombmanual.com>

⁵<https://www.nintendo.co.uk/Games/Nintendo-Switch/1-2-Switch-1173186.html>

Chapter 3

Requirements and Analysis

The objective of the project was to build a tool for the escape room community. The exact form in which this would come was to be dictated by the nature of the problem - if the scenario called for a tool that would be active inside escape rooms themselves, it would have been more likely to be hardware. At the initial stage, this was the intent - a set of networked microcontrollers/SoCs that would unite to track the escape room experience - but this was abandoned. The idea of building an escape room, even in the form of a prototype, was out of scope. Additionally, Woff (2019) warned that digital uptake in traditional escape rooms may be middling due to the inherent risk and time involvement, as discussed in the literature survey.

To find some insight into the challenges escape room maintainers face, I met with Liam Woff on the 20th November. Liam and I discussed some areas that could be targeted, which inspired a survey I sent to the Facebook group created by Nicholson (2015). This group is for escape room enthusiasts, of which a subset are maintainers. I sought and gained access to the group as part of my work. The majority of posts during research were from enthusiasts who would report back from rooms they have attended, though I have seen posts about types of puzzles that can be implemented. I chose to survey this group as it appeared to be a central hub for what seemed, to an outsider, to be a sparse online community.

From the seven responses received, the following conclusions were drawn:

- The majority of the group already shares photos online, but those that do not are all interested by the prospect of it
- Memberships, in-character communications, advertisement among other escape rooms, and participant metrics are all of interest
- Memberships are agreed upon by those interested as something that should not be done without the involvement of technology

Comments of note included that use of technology in escape rooms is “*limit[ed]/eliminate[d]*” due to loss of revenue in the event of failure without failover - “*dependability and available work around (sic)*” were agreed to be of importance. Additionally, investment in technology as a showpiece is avoided as “*each room only lasts 1-[1.5] years*” in that particular offering.

I was able to elicit a direction from these conclusions - the idea of a social network shared by escape room maintainers and enthusiasts allowed me to potentially target several of these factors at once. In particular, the purpose of this social network would be to allow escape rooms to advertise among others of their ilk and share photos. I concluded my analysis of the results by setting a goal statement.

Goal Statement

To design and build a system that:

- allows escape room maintainers to share photos with their community
- allows escape room maintainers to advertise among other escape rooms

- allows escape room enthusiasts to discover new escape rooms to tackle
- allows escape room enthusiasts to track which escape rooms they have cleared

With these as an initial guide, I began to set requirements using the MSCW system (see Appendix I), aiming to complete all defined as **Must-** and **Should-Have** by the end of the project. Though these were not formally defined and did not dictate the order in which I completed tasks, I thought on what I had learned during my year in industry - while haste was of the essence, I made strides to emulate the software development process as I had seen it firsthand.

Stories were written with parts of the goal statement ('epics') in mind and estimated according to their complexity using a modified Fibonacci scale. In agile software development, complexity estimates are preferred to time estimates as the former are easier to settle upon (Karlesky and Voord 2008). Stories with estimates any greater than 13 would need to be broken down into smaller stories. This was a principle I kept in mind from my year in industry. Atlassian suggests a differing scale and limit, but the basic principle of keeping stories small and manageable is there. Velocity is of the essence, and smaller tickets assist with that.

Another factor that was kept in mind when creating stories was keeping them open. Stories, as often as possible, would need to describe what the user would wish to achieve, as opposed to what the developer working on them should aim to do. Framing stories from this perspective allowed their implementation to remain open to change and interpretation.

As mentioned in the previous chapter, I have had more hands-on experience with Scrum than with Kanban. Kanban is employed when more flexibility is desired. It prioritises throughput and encourages a "culture of 'done'" by enforcing work-in-progress limits (Rehkopf 2018). With this in mind, it would be difficult to set more than two development milestones. Treating each MSCW category as an epic and taking the amount of time necessary for work on this report and my other modules into account, I aimed to work on the project for a month, devoting two to three weeks to each milestone.

I figured that each milestone would take a similar amount of time - while Rails' built-in generators would likely ease the burden of scaffolding the initial functionality, setting that groundwork in the right way would take slow and careful decisions. Scaffolds would dictate the flow of the rest of the project to a degree. In the end, the following deadlines were decided:

- **Development commences** March 12th
- **Must milestone completed** March 26th (*actual completion date: March 24th*)
- **Should milestone completed** April 16th (*actual completion date: April 13th*)



Figure 3.1: A Gantt chart representing my set goals versus the final completion dates.

After setting my focus, I decided my solution would take the form of a web application. Ruby on Rails was chosen as the development platform. The QOC analysis below was the source of this decision, in which I weighed up other potential candidates such as Iron (Rust), ASP.NET MVC 5 (C#), and Next.js.

Table 3.1: QOC chart (MacLean et al. 1991) for choice of stack, with priority values and totals revealed.

	Priority	4	5	4	2	4	3	3	5	
Total	Tool	Criteria	Familiarity	Documentation	Stability	Linux support	Docker resources	Developer tools (generators)	Community	Development cycle
145	Rails (ERB)	5	5	5	5	5	5	5	5	4
108	Next.js	3	4	3	5	5	5	1	2	5
109	ASP.NET MVC 5	2	5	5	1	5	5	5	3	2
66	Iron	1	2	1	5	3	3	1	1	4
130	Rails (React)	4	4	5	5	5	5	3	5	4

Originally, I weighed ERB and React against one another as view engines. This estimation was taken on the assumption that I would use React even where interactivity and state management were not required. In hindsight, this approach would have slowed development. Instead, my final decision to apply React only where functional improved the quality of the application without hampering development time.

However, doing so came at the cost of accessibility. With wider prior knowledge, perhaps this not have been the case - the web design strategy of progressive enhancement (Champeon and Finck 2003), in combination with use of the WAI-ARIA standard (“Accessible Rich Internet Applications (Wai-Aria) 1.1” 2017), could have been used to mitigate this from the outset. I was not aware of progressive enhancement as a priority during development. I realise that it is not practical to dismiss the absence of progressive enhancement - after all, 1.1% of users are not getting JS enhancements (Herlihy 2013).

Chapter 4

Design

This chapter discusses choices I made with regards to design methodology and choice of approach.

Atomic Design

In summary, Atomic Design¹ serves as “*not a linear process, but rather a mental model to help us think of our user interfaces as both a cohesive whole and a collection of parts* at the same time” (Frost 2016). While Atomic Design in full uses a five-level hierarchy - atoms, molecules, organisms, templates, and pages - I employed three of these, of which two were expressed in React.

I was introduced to the concept by an internal development team during my year in industry. Personal projects I have taken on in React thus far were all in motion before I was introduced to this, so I saw Blacklight as an excellent opportunity to apply it.

Atoms were designed with the intent of taking in one or several Rails objects as props, and representing those. They would not use asynchronous calls to APIs. Molecules would comprise atoms, and in some specific cases use API calls to retrieve the objects to display. Both of these would be used for rendering as part of a page by the Rails templating engine.

Atomic Design helped me to define a purpose and a set of rules for components that I created. I could limit the scope of a component with quicker self-justification if I could express that its capabilities should sit within certain bounds I had defined on principle. However, while it served useful in that regard, it was at times difficult to ascertain what should be an atom and what should be a molecule. In the final codebase, some components are considered atoms where they should be molecules.

Choosing an Authentication Service

Authentication, as one of the first and most fundamental areas tackled on the project, was of high importance to get right. Personal familiarity lies with Keycloak in this instance. Other options explored included Dex, ORY Hydra, FreeIPA and Auth0. Auth0 differs from the others in that it is authentication as a service - it hosts its own authentication instance for one to use and manage through their platform, with similar flexibility to the other options. The rest are self-hosted. Self-hosting was a trade-off I almost immediately acknowledged - control and convenience were in the balance.

In principle, I would always choose control over convenience. Personally, I am strongly in favour of self-hosting, though during my time at the University, I have made necessary compromises here to avoid the pitfalls of self-hosting from interfering with my work. This would be another situation in which I would choose to compromise, as will be explained.

Again, my year in industry drew me in the direction of Keycloak and its Red Hat-supported twin, Red Hat SSO. Both are OAuth authentication platforms, and have provisions for setting policies

¹<https://atomicdesign.bradfrost.com/chapter-2/>

and permissions and creating groups. Red Hat SSO was running in production at UKCloud while I was there, and I personally built up a lot of responsibility for implementations in that area. My familiarity with it and trust in its production-readiness made it one potential candidate for authentication.

One of Keycloak's primary problems, from a software architecture perspective, is that throughput is limited by the server. This is something of a guarantee with any authentication server, but particularly in Keycloak's instance, much overhead comes from its responsibility to serve the frontend.

Hydra presents itself as being a thinner and faster alternative which does not serve its own frontend. This is positive, but demands that the developer create their own frontend - combined with my unfamiliarity towards Hydra, this would use more time than necessary. Were time not an issue, Hydra would have taken my interest and had far stronger consideration.

Dex seems more accessible than Keycloak to one with knowledge of the OAuth2 protocol. Keycloak has extensive documentation, but much is left to the user to create and discover. Dex gave a strong impression as regards user-friendly documentation. As with Hydra, if time were not a constraint, Dex would have also been explored and considered to a far greater degree - most likely, it would win out over Hydra for developer-friendly documentation.

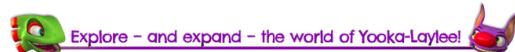
Of course, Rails' own option of Devise with database authentication was ever-present. However, I would not be as comfortable using this as a potential SSO provider - in the instance that vulnerabilities were revealed and patched in Ruby that affected Devise database authentication, I would need to upgrade all of Blacklight in line with this. OmniAuth in Devise would serve as a thinner layer over the top and allow me to easily migrate authentication providers, should I wish to.

Auth0 was chosen as my authentication provider, albeit as a compromise in the name of stability and convenience. One benefit is that it is externally hosted with a served login page, saving further frontend development and creating one less self-hosting dependency. Deployment also became much easier as a result of this choice - I was able to deploy Blacklight through Heroku buildpacks without needing to run an authentication service in a separate container, or additional networking configuration. Developer documentation is additionally very strong with Auth0 - I am glad to report that my experience in implementing Auth0 was mostly straightforward.

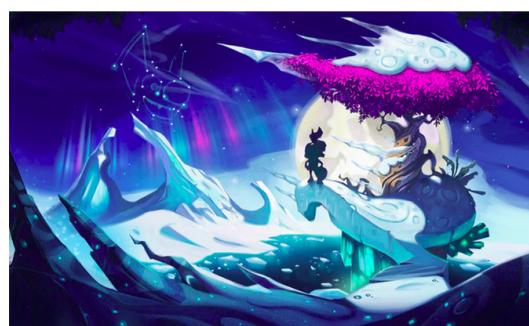
In this instance, the choice to use Auth0 as an authentication provider was valid for several reasons. Creating a dependency of large size would mean that in the event of a situation that called for further development, an extortionate amount of time would need to be expended. Such situations could include, for example, a security flaw or a significant update. Centralising this on two major dependencies - Auth0 and the `omniauth-auth0` gem, which are both managed by Auth0 Inc. - puts it in far safer hands.

Rich Text

My intent from the offset was to allow escape game maintainers a strong degree of control over their profile, with the intent that much of the data could be used by enthusiasts for filtering. This would allow them to find escape games to suit them. Part of this was allowing them to submit a rich-text description for their room, including text formatting and links. The aim here was to take inspiration from Kickstarter², which allows rich-text descriptions that campaign runners use to good effect with images acting as subtitles.



During their adventures Yooka and Laylee will complete challenges to unlock and collect Pagies. These golden collectibles are the main currency in the game, used not only to unlock new worlds but expand them too.



It's snow joke, this world's going to be cool.

In the jungle world showcased in this Kickstarter for example, new islands containing advanced features and challenges will become available once you've decided to hand your Pagies over to the world-building construction crew.

Figure 4.1: A rich-text description from Kickstarter, showcasing use of bold text and inline images with captions. Playtonic Games, viewed on April 17, 2020 “Yooka-Laylee - A 3D Platformer Rare-vival!” (Screenshot by author)

Ovadia (2014) thoroughly describes use and benefits of Markdown in a variety of contexts. In selection of Markdown as the engine to drive rich text for Blacklight, it was strongly acknowledged that users may find learning Markdown “prohibitively difficult”. However, Markdown is employed on blogging sites such as Tumblr, Reddit and WordPress (Ovadia 2014), with which I expected escape room maintainers may have some familiarity. Though I could not devote time to building a fully-fledged Markdown editor as a React component, I endeavoured to build a usable approach with a live preview and a link to a Markdown guide for those unfamiliar with it.

²<https://kickstarter.com>

Chapter 5

Implementation and Testing

My commitment to emulating industry best practices carried through to implementation. I felt it vital to use and work with such things as continuous integration servers, containerisation, and linting tools to maintain code quality and readability. Of course, none of these decisions were taken lightly.

While there is still some discourse over whether containerisation in development environments is entirely appropriate, I chose to use it to maintain some degree of parity between running locally and running in CI. Another reason why I made this choice was that popular production platforms such as Amazon Web Services are backed by containers - running the app using containers sets a good precedent to running it on a platform like Kubernetes with the right expertise.

Continuous integration tests code at each commit. I was able to configure CircleCI to build the Docker image used locally, and lint and test the code - this combined well with my use of the GitHub Flow¹, in which I would aim to get both tests and linting passing before merging. Towards the end of my development cycle, when I had deployed to Heroku, I would also run through a set of checkout testing steps I devised as a manual end-to-end regression test.

Automated Testing

I aimed to use test-driven development to the best of my ability. Primarily, this meant securing controller routes and making sure that novel routes outside the standard Rails scaffold functioned as expected. This included:

- additional routes created beyond a standard Rails scaffold, such as those that make the current user a maintainer/enthusiast or those that remove image associations from a `Clear` or `EscapeGame` object
- secured routes - tests were created that challenged whether some attacking user could change a user ID in a form to steal ownership of a record
- some validations, such as those relating to limits on the number of image uploads for `EscapeGames` and `Clears`.
- some queries, particularly those relating to user privacy and escape room hiding.

SimpleCov was the standard on my year in industry with regards to coverage testing. I would have employed this and aimed for at least 80% test coverage across controllers, models and helpers, had time allowed for it.

The RSpec test suite ran at each commit on CircleCI's platform, halting in the instance of a failed Docker build, linting failure, or failed test. Though the environment in which I ran tests locally reflected its configuration, continuous integration served to ensure that the `master` branch continued to pass and was stable.

There were instances in which merging was delayed. CircleCI limits usage and fails all builds that fall outside a given quota. In these instances, I would either wait until my credits with CircleCI

¹<https://guides.github.com/introduction/flow/>

had reset and rerun the build, or trust that running the tests locally qualified instead and merge. In the event of a CI failure in an industry scenario, this would be discussed in the department - generally, CI serves as a strict gatekeep to `master`, so in the majority of cases, development departments would resolve not to merge to `master` until their CI server functioned again. Due to time constraints, I was not quite so strict around it.

Below, an example from `spec/controllers/clears_controller_spec.rb` is featured. These tests ensure that none other than the creator of a clear can edit it - the helper method `random_user`, when given an `owner`, selects or creates a user other than the `owner`. This user becomes what the tests call the `attacking_user` - they are signed in and try to act against the `Clear` record. Both instances should raise a `404` error. `404` is generally returned across Blacklight when the user does not have access to the record in question, and is given back in the instance of an `ActiveRecord::RecordNotFound` error.

```
RSpec.describe ClearsController, type: :controller do
  before(:each) do
    @clear = create(:clear)
  end

  it 'does not allow users to edit others\' clears' do
    clear = @clear
    attacking_user = random_user(owner: @clear.user)
    sign_in attacking_user
    expect do
      put :update, params: {
        id: clear.to_param,
        clear: attributes_for(:clear).merge(user: attacking_user)
      }
    end.to raise_error(ActiveRecord::RecordNotFound)
  end

  it 'does not allow users to delete others\' clears' do
    clear = @clear
    attacking_user = random_user(owner: @clear.user)
    sign_in attacking_user
    expect do
      delete :destroy, params: {
        id: clear.to_param
      }
    end.to raise_error(ActiveRecord::RecordNotFound)
  end
end
```

Focused Frontend Testing

I omitted frontend testing that strayed too far beyond scaffolded tests due to time constraints. However, image attachment forms required testing to make sure that they behaved as users intended. One such case is detailed here.

Rails 6.0.0 introduced a change whereby newly-uploaded attachments replaced existing attachments, as opposed to being appended to the existing group of attachments. Pull request #36716² against the `rails` codebase describes the difference between `rails`' behaviour before and after 6.0.0 in this situation. Blacklight was generated as a `rails` 6.0.2 application, and so needed a workaround for the new behavior. This was to include the signed IDs as hidden fields.

The test below checks that if an image is attached to a record, a hidden field appears for it in the form when it is rendered.

```
it 'doesn\'t overwrite files on update' do
  # Attach an image so one already exists.
```

²<https://github.com/rails/rails/pull/36716>

```
image_to_attach = File.open(
  Rails.root.join(
    'spec',
    'fixtures',
    'files',
    'escape_game',
    'SSBU-Big_Blue.png'
  )
)
@clear.images.attach(
  io: image_to_attach,
  filename: 'original_image.png',
  content_type: 'image/png'
)
render
# Make sure there's a hidden field for the image that already exists on the
# clear
assert_select 'form[action=?][method=?]', clear_path(@clear), 'post' do
  assert_select 'input[multiple=multiple][type=hidden]' \
    '[name=clear\[images\]\[\]]'
end
end
```

However, my use of React components for major features like the Explore page means that swathes of the app are untested.

react-rails documents component testing against rendered Rails views³. Stateless components such as `Avatars` would be better tested this way - all that would need to be asserted is that they are rendered with the correct props. To state that more generically, the assertion is that the correct arguments are passed to them at page render.

Some components are dependent on asynchronous functionality - the Explore view makes a request to the app's `/explore.json` endpoint on first render, and again afterwards. In these situations, directly employing Facebook's Jest⁴ would be preferable.

Automated Regression and Checkout Testing Against Production

Checkout testing usually comprises a series of steps taken from an end user perspective against a production instance. It ensures that end users can continue to use the application as intended by checking that all features of the experience work as intended.

During my year in industry, checkout testing after deployment was not automated. Developers sought to automate the process so that deployment might not consume as much time. Libraries such as Puppeteer⁵ can be useful for such a purpose - previously, I have used Puppeteer to create PDF forms of webpages repeatably⁶.

I have documented checkout testing steps in Blacklight's README, with clear indication that if the project were to continue, checkout testing would be automated. If possible, I would also follow up deployment with automated checkout testing at every instance. The checkout testing steps are replicated below.

Checkout Testing Steps

Check that the...

- ... homepage renders correctly, particularly with regards to React components like the navbar (visual check)

³<https://github.com/reactjs/react-rails/blob/d5da11129459cd75fd003c75319b1f7440c37322/README.md#test-component>

⁴<https://jestjs.io>

⁵<https://github.com/puppeteer/puppeteer/>

⁶<https://github.com/boardfish/CV/blob/ed664d0e87e4d0ec1d6afab8214a5753e033669e/topdf.js>

- ... CSS is applied to the elements (visual check)
- ... Bootstrap JS from asset pipeline works (try to open the Filters dropdown on Explore)
- ... Auth0 login flow works - i.e. it is possible to log in and hold a session
- ... Auth0 logout flow works - i.e. it is possible to log out and your session is destroyed
- ... controllers work - i.e. Explore returns escape games if they exist. Create one if it does not exist and make sure that the list of escape games you own on your user#show page works.
- ... JS views work - i.e. it is possible to remove images from a listing and have the corresponding table row disappear

Security Concerns

I aimed to make as complete a software product as possible, given the time. Part and parcel of this was ensuring security. In Rails, this tends to mean enforcing restraints on which users can edit models, and which fields a user is able to submit. There are two parts to this:

1. ensuring that users not associated with the object cannot edit it
2. ensuring that the object's associated user cannot be changed

In Blacklight, this is done as follows:

1. retrieving the object by way of a query that asks for it among only the current user's escape games; returning a 404 status code otherwise
2. setting the object's associated user to the current user

On its own, the second part of my solution would be insecure. The more standard way of doing this on update would be to strip out the incoming user ID from the hidden field in the form. However, there is good reasoning behind it. This methodology is used on create as well as on update, which means that users cannot create records in other users' names.

Chapter 6

Results

The product of my development process is a web application written in Ruby on Rails, with React.js used to generate and drive some areas of the frontend. This is titled Blacklight - its namesake is the kind of UV light which is employed in puzzles in escape rooms all too regularly. Blacklight serves to emulate its namesake, being:

- ... present in the majority of escape rooms
- ... used by maintainers as an escape room tool
- ... used by enthusiasts to discover something new

At the time of writing, Blacklight can be accessed at <https://blacklight-dev.herokuapp.com>.

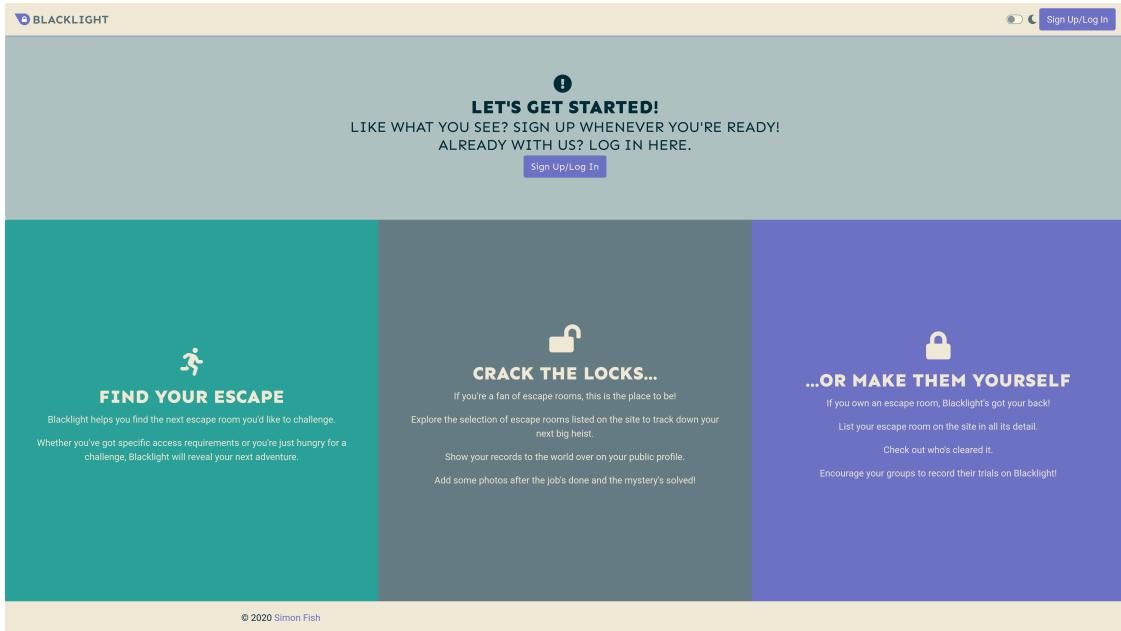


Figure 6.1: Blacklight's homepage as at commit `87a35f25`.

Functionality Overview

Blacklight allows users to log in through the Auth0 authentication service only, though this allows for plenty of expansion in and of itself. Users are prompted to define themselves as an escape game maintainer, enthusiast, or both. This only affects the user's experience, not their level of access.

Escape game maintainers have options revealed to them to create and manage escape games (Figure 6.2). These escape games have an array of associated data that can be added, including the expected time to complete them, their location (by way of Google Maps integration), images,

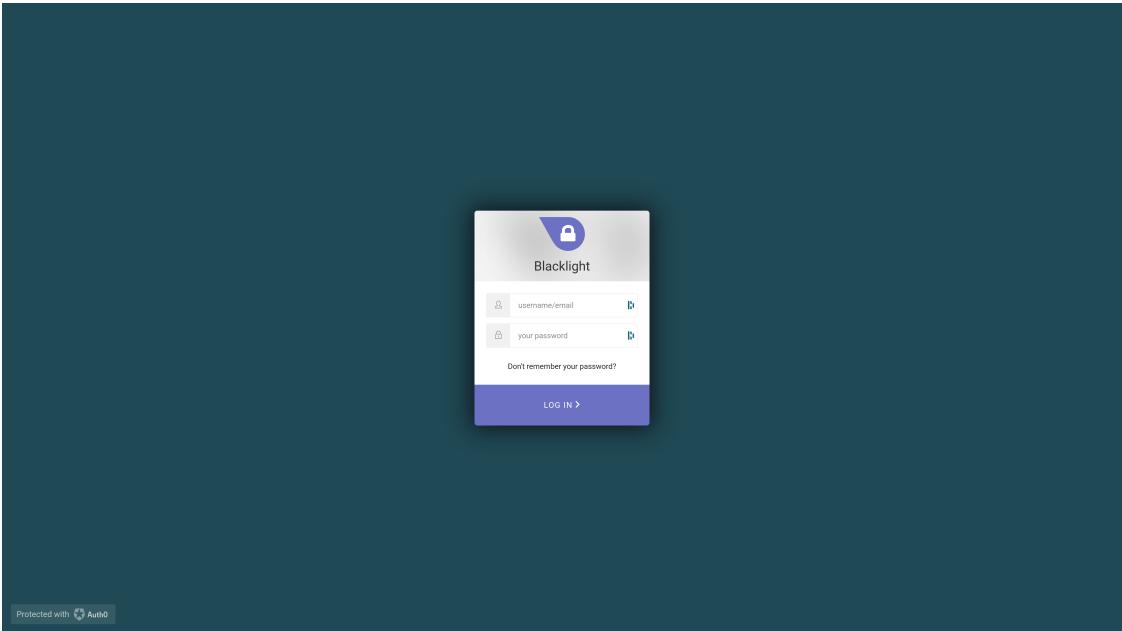


Figure 6.2: Logging in to Blacklight with Auth0. When this screenshot was taken, it was not possible to sign up as I did not want to expose the development instance to unwanted visitors.

and a Markdown-compatible extended description. Listings can also be hidden from view and access via a checkbox on the editing form.

Enthusiasts can browse these escape games and mark them as cleared by selecting the lock icon on any listing (Figure 6.4). This is consistent across the site. Doing so adds the escape game to the ‘My Cleared Games’ section of the site for that user. There, users can upload photos to associate with each escape room, which also appear to the left of the list in a singular photo gallery.

Users have profiles (Figure 6.5) on which they can write a bio, set their location, and link to their own website. Here, those interested can see all escape games by a single maintainer, and all escape games cleared by a user. Which of these is shown depends on whether they have self-assigned as a maintainer, enthusiast, or both.

Practical Use

Were Blacklight to be released, I would encourage its use in the following ways:

- Using the Explore view when searching for new escape games to tackle alone or with friends
- Linking to escape games during discussion and recommendations on other platforms
- After completion, marking an escape game as cleared and uploading photos directly to the site
- Showing records of escape games cleared, and the associated photos, to others

Discussion

To give a summary answer as regards the project’s success, the goals of the project have been met. A tool has been developed that allows escape room maintainers to advertise their rooms and upload photos, and allows enthusiasts to do the same in relation to escape rooms that they have cleared. Measures have been taken to ensure that it is secure, functionally consistent, well-designed and feature-complete. Despite this, I cannot shake the notion that with more time available, Blacklight would feel whole, and potentially viable for public rollout. Of course, in the current climate, Blacklight may serve little purpose unless it were repurposed - in any other world, my personal feelings towards it would be justified.

My implementation of continuous integration and containerisation surpasses previous attempts I have made in personal projects. I feel as though I have refined skills related to testing, and

CHAPTER 6. RESULTS

NEW ESCAPE GAME

Name: A Terrible Fate

Genre: Fantasy

Summary: Infiltrate the High Council for vital information!

Description:

You can use Markdown! Use no more than 1000 characters.

What are they hiding?
The rebels have always been suspicious of what's lurking deep in the High Council. Too little gets done in this city to warrant them spending their days in its halls... That's where you come in.

You've been tasked with cracking into the High Council and finding out exactly what's going on. But be prepared! You'll need wits, a bit of magic, and a few accomplices to make it in - and out - alive.

Opening Times
You can book slots 9-5 in the week at [this website] (<https://example.com>). But be careful - *they'll be gone soon**

Accessibility
Strobe lighting
Please be warned that strobe lighting is in use in this escape room.

Difficulty level: Intermediate

Available time: 60
How much time (in minutes) do you allow for participants to complete the room?

Website link: <https://example.com>

Figure 6.3: Blacklight's escape game creation form as at commit 87a35f25.

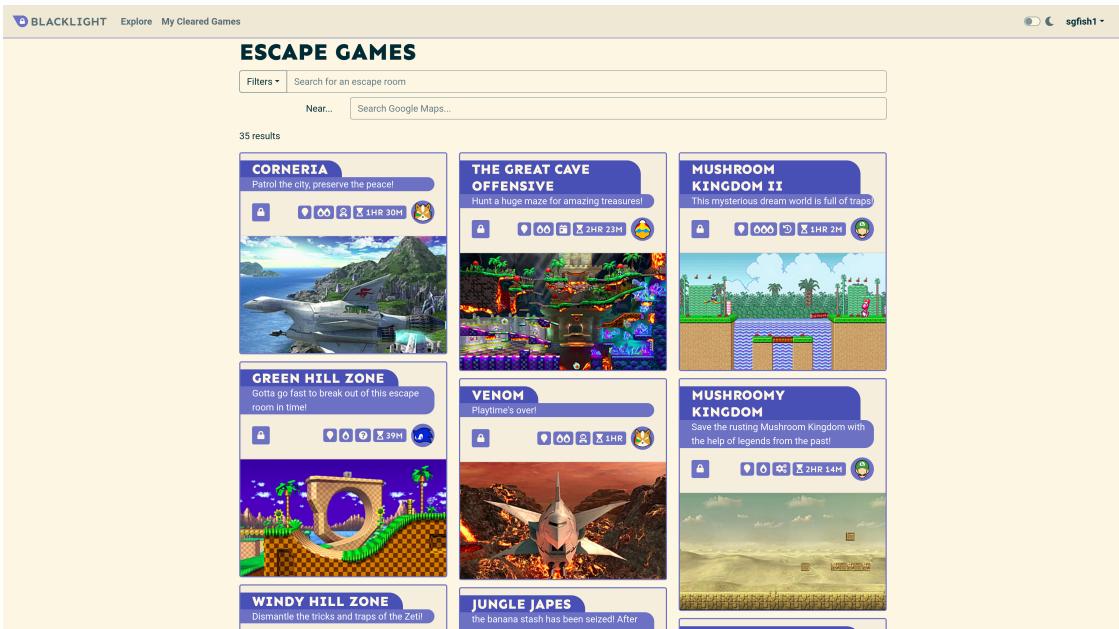


Figure 6.4: Blacklight's Explore view as at commit 87a35f25. Seed data used in this screenshot uses screenshots from *Super Smash Bros. Ultimate*.

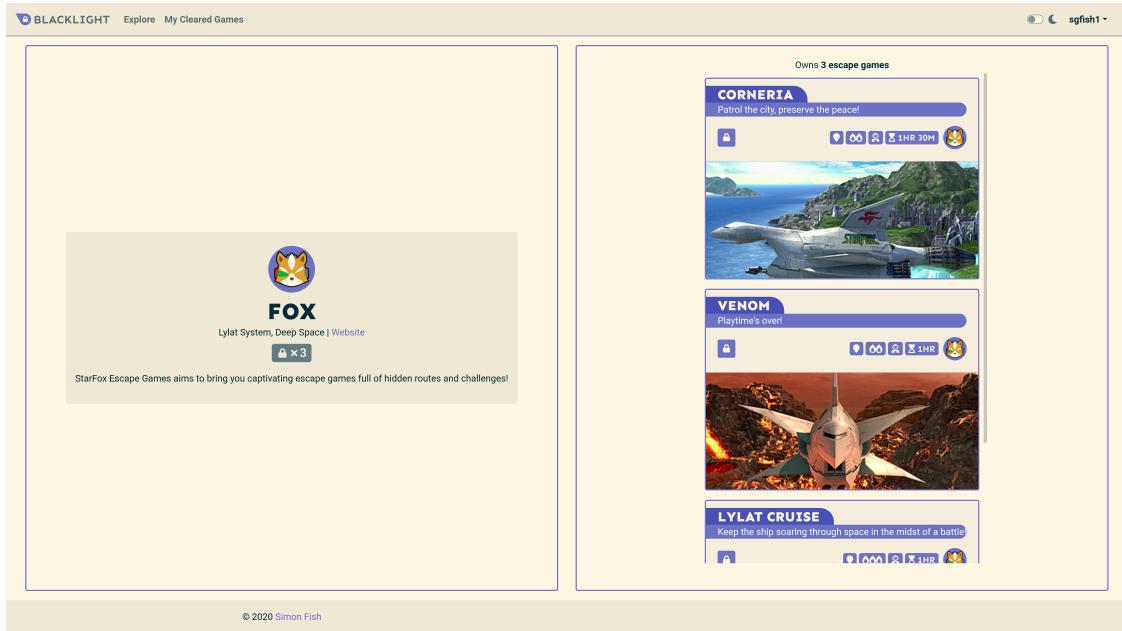


Figure 6.5: Blacklight’s profile view as at commit `87a35f25` from the perspective of a user who is a maintainer. Seed data used in this screenshot uses screenshots from *Super Smash Bros. Ultimate*.

have particularly made strides in building more interactive frontends with React. Room for improvement still remains - late in development of Blacklight, I encountered limits around my use of CircleCI, and I might have been able to capitalise on the premium feature of Docker layer caching. I was alerted to a potentially more suitable option in GitHub Actions, which would have alleviated both woes - with 3,000 free minutes of running available under my current GitHub plan, I would have been able to run somewhere over 400 builds at the average rate per month, which I expect would have been more than enough. For comparison, I have run 201 builds against CircleCI at the time of writing.

I recognise that my focus towards industry as opposed to academia complicated the process and used much of my available time. Some might also say that my focus on the practical, as opposed to the theoretical, limited the potential for my project to be particularly novel in its approach. One survey respondent even suggested that the intention was to introduce technology to “*trivial features*”. Still, in spite of having had to limit the scope of the project further and forgo many ideas that might have even given Blacklight commercial viability, I am very satisfied with the quality of the product that I was able to make.

Further Work

The existing framework should serve to make the following features straightforward to implement. Security, basic stability, and social features take priority. Blacklight would be in a deployable state with features listed under **Immediate Priorities** - these would provide a stable experience with strong social links between users. Particularly, the increase in test coverage would make Blacklight a more stable platform on which to develop.

Initial Scope

Immediate Priorities

- **Pagination of outputs**
- **>80% test coverage**
- **Improvements to factors relating to authentication**, such as:
 - introducing two-factor authentication
 - permitting the use of social network accounts such as Facebook and Twitter for login.

- **The ability for users to add others as friends**
Doing so would allow users to track other users' activity on their timeline
- **Leaderboards for each escape game**
- **A timeline for logged-in users**
This would show the aforementioned, alongside introducing new escape games that had opened in the vicinity of the user
- **The ability to reorder photos on escape games and clear records**

Additional Features

- **Time recording and milestones for escape games**
Design and functionality would take strong inspiration from LiveSplit¹, and escape game maintainers would have a method of completing these for enthusiasts who attend their rooms
- **Metrics for maintainers**
Feedback on how many times their escape games and profile had been viewed recently
- **Toggling of privacy on a user's profile per-field**
e.g. visible to friends only or private

Further Ideas

Many other ideas were discussed, but were not included in the original scope. These included the following:

Immediate Priorities

- **Measures to include “in-home” escape games**
These features would be immediately vital due to the COVID-19 outbreak. They would aim to ensure that Blacklight would remain a viable product for use by the industry. Blacklight has caveats that make it inappropriate for the industry at present, such as some reliance on escape rooms having a physical location. These features would encompass:
 - an additional filter to select only “in-home” escape-games or standard escape rooms
 - further fields available to the `EscapeGame` model, such as a definitive `price`This was omitted as a field in its own right in Blacklight, as 39% of escape rooms charge per team and 55% charge per person, with others pricing either via a “*base cost... plus an additional fee per player*”, or “*banded models*” in which groups of different sizes are charged differently. (Nicholson 2015). Such a difference calls for at least two unique approaches to both collecting the data from, and representing the data to, the user.
- **An extensive tagging system**
- **Increased depth of filtering in the Explore view**
Included with a view to allowing those with accessibility issues to quickly find rooms suitable for them. This would be particularly effective in tandem with the above suggestion. It is of note that maintainers can outline this kind of information in the description of their escape rooms. However, this cannot be searched or filtered.
- **Refinement of the API to be more standard**
This would include OpenAPI documentation², whose correctness could then be verified against the app using a tool such as Apivore³. OpenAPI documentation opens opportunities for a vast array of integrations with Blacklight’s API using tools such as OpenAPI Generator⁴, saving developers the need to stub or create their own language-specific clients for Blacklight.
- **The ability to bookmark escape games as an enthusiast**
- **A review system**
This would be specific to Blacklight (i.e. not backed by existing Google Maps data), with some way of weighing more experienced users’ feedback against newer users.

¹<https://github.com/LiveSplit/LiveSplit>

²<https://swagger.io/specification/>

³<https://github.com/westfieldlabs/apivore>

⁴<https://github.com/OpenAPITools/openapi-generator>

Additional Features

- **Additional measures to improve accessibility**

Blacklight's dark mode and use of the Solarized⁵ theme, which uses CIELAB ("Colorimetry — Part 4: CIE 1976 L*a*b* colour space" 2019) to maintain readable color contrasts, encourages readability and visibility across the site. However, additional measures could have been taken to improve usability of the site with assistive technologies in line with the WAI-ARIA specification ("Accessible Rich Internet Applications (Wai-Aria) 1.1" 2017), particularly with regards to React-heavy views such as the Explore view.

- **A searchable Google Maps view**

- **Integration with social media**

More specifically, this would be to allow Blacklight to consume more data from Google Maps and display other social media embeds for escape room pages. Doing so would allow Blacklight to support escape rooms' existing social media presence, and integrate location data into the experience in a more natural way.

- **Maintainer groups**

This has a use case particularly in the instance of large franchises where multiple people may be responsible for the franchise's online image. The feature would allow multiple users to have ownership of an escape game.

⁵<https://github.com/altercation/solarized>

Chapter 7

Conclusion

The escape room industry is wary in its use of technology, making a priority of stability. The experience delivered by escape rooms regularly relies on the physical, as opposed to the digital, in order to build excitement and immersion. For those reasons, it is difficult to develop technology for use inside the escape room itself. This was explored in the literature review.

The needs of escape room maintainers, both internally to the escape room experience and externally of the community, were investigated. This concluded in a decision to build a social network, which both allowed maintainers to advertise among other escape rooms and share photos. Enthusiasts would also gain a captivating experience and useful tool in the pursuit of new rooms to tackle.

The product of this was Blacklight, a responsive web application that meets needs expressed by maintainers and suggested by enthusiasts. Blacklight was engineered through thorough application of industry practices such as use of Kanban and automated testing, with some allowances made for time constraints. The result is a secured and usable web application using Ruby on Rails and React.

This was able to meet the basic requirements, but I believe that with more time available, I might have been able to give it enough features for it to be a fully compelling product in its own right. Should Blacklight be able to go public, there is more than enough room for it to grow as a platform, but these uncertain times seem to dictate its fate more than anything else.

Chapter 8

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¹<https://www.atlassian.com/agile/kanban/kanban-vs-scrum%3E>

Chapter 9

Appendices

Appendix I: initial requirements

Relates to...	As a... I want to...	So that...	Estimate
M sharing photos	maintain upload photos to the site	Potential customers have an idea of what the room is like and who else has been	5
M sharing photos	maintain remove photos from the site	In the event of a DMCA/GDPR request, i can answer appropriately	2
M advertising	maintain create a public listing	My room is advertised among others	8
M advertising	maintain remove a public listing	My room is no longer shown, if that's what i wish for	5
M advertising	maintain edit a public listing	My room's details are up to date	5
M advertising	maintain create multiple public listings against the same profile	All of my available escape games can be represented individually	2
S advertising	maintain show links to the rest of my public listings from each one	Customers can browse between my available rooms to find one that's suitable for them	2
S advertising	maintain define the difficulty of my room	Potential customers know what they're up against	2
S advertising	viewer see the difficulties of rooms	I know what i'm up against	1
M advertising	viewer search for escape rooms	It's easier for me to find a room suitable for me	13
S advertising	viewer filter a room search by difficulty	The room i choose to take on has the appropriate level of challenge	3
S advertising	viewer filter a room search by location	The room i choose to take on is in the appropriate location for me	5
S advertising	viewer filter a room search by distance from me	The room i choose to take on is in the appropriate location for me	5
S sharing photos	viewer upload photos to the site against my profile	I have a public record of which escape rooms i have attended	5
M sharing photos	viewer upload photos to the site against an escape room	The photos are visible on my public profile and friends/family can view them	5
M login	user sign up with email and password	I have an account	8
S login	user have my password checked for strength	It is verified secure	5
W login	user have a public profile	My records are visible to others	5
W login	user toggle privacy on my profile	It is not visible to others if i don't want it to be	2
W login	user toggle privacy on my profile per-field	I have control over what others can see about me	13
C login	user sign in with other social networks (facebook, twitter, tumblr)	It is easier for me to share to those networks	8
M social	viewer record that i have finished a room	It appears on my profile	8

Relates to...	As	So that...	Estimate
W	social	maintain non figure milestones for my room	13
W	social	user view a timeline	5
S	login	user reset my password via email	5
C	login	user use two-factor authentication	13
S	advertising	maintain new metrics for my profile	21
M	advertising	maintain doe which of my photos is the default shown	13
S	advertising	maintain change the order in which my photos appear	13
S	advertising	maintain use a markup language to write my profile	5