### Traps for neutral atoms

#### Trapping of atoms

- Study of quantum collective behavior (BEC, Fermi gazes)
- Guiding of atoms: towards guided atoms interferometers. Gyroscope?
- Traps for individual atoms : use as Qbits for quantum computation

#### Neutral atoms: small interaction with external fields.

 $\rightarrow$  Use of laser cooling technics to have cold sample :  $T \simeq 10~\mu {
m K}$ 

#### Interaction with electric field

- Static electric field. Induced dipole :  $V = -\alpha \mathbf{E}^2/2$ . Attraction towards high fields. No trap possible. Used in combination with other fields.
- Oscillating fields: CO<sub>2</sub> laser. Atoms confined in high intensity regions
- Laser light close to an atomic transition. Confinement towards high fields or low fields. Many possible geometries (standing wave etc ...) Higher confinement. But spontaneous emission.

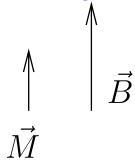
#### Interaction with magnetic field

- No population of excited states No spontaneous emission
- Large trapping volume
- Use of Radio-frequency fields : efficient evaporation

### Magnetic trapping

Use interaction between a dipole moment and a magnetic fi eld

$$W = -\vec{M}.\vec{B}$$



Order of magnitude :  $M \simeq \mu_B = 1.4 MHz/G$ 

To have W=1K,  $B\simeq 1.5$  T requiered

Experiment made with H: Superconducting coils, permanent magnets

Trap depth of about 1 K

With laser cooling: temperature of a few  $10 \,\mu\mathrm{K}$  available

Field of a few G suffi cient.

### Zeeman effect

Neglecting the diamagnetic term, the magnetic interaction between an atom and a magnetic field writes

$$W = -\mathbf{M}.\mathbf{B},$$

where M is the magnetic dipole of the atom. M writes

$$\mathbf{M} = \mathbf{M_I} - \sum_{i} \frac{\mu_B}{\hbar} (\mathbf{L}_i + 2\mathbf{S}_i)$$

where  $M_I$  is the magnetic dipole of the nucleous and the sum is performed on each electron.

 $\mu_B = \frac{\hbar |q|}{2m}$ : Bohr magneton

For small magnetic field, W can be computed in each unperturbed energy level.

M is a dipolar operator  $\Rightarrow M$  is proportional to F,

where F is the total spin of the atom.

An atom of zero spin such as the ground state of He or the alkali-earth do not interact with magnetic field. Zeeman effect large for an alkali.

### Zeeman effect: case of alkaline

Spin of the complete shells cancel. Ground state has L=0.

$$\mathbf{M} = \mathbf{M_I} - 2 \frac{\mu_{\mathbf{B}}}{\hbar} \mathbf{S},$$

where  $M_I$  is the nuclear spin. The gyromagnetic factor of the nucleus is much smaller than that of the electron (typically  $10^3$  smaller) as its mass is much larger. In the following we neglect it.

Ground state: hyperfi ne structure

$$E_{HF} \simeq GHz$$
  $F_{min} = I + 1/2$   $F_{min} = I - 1/2$ 

2 cases :
$$\mu_B B \ll E_{HF}$$
  
 $\mu_B B \gg E_{HF}$ 

### Zeeman effect: case of alkaline. 2

### 1. B small

Effect of W in each hyperfine state

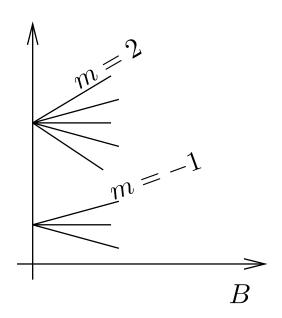
B along z. Then Wigner Eckart gives  $\langle m|W|m\rangle = \mu_B g_F m B$ 

- $F = F_{max} : g_{F_{max}} = 1/F_{max}$ .  $|F_{max}, m = F_{max}\rangle = |m_I = I, m_S = 1/2\rangle$  $F_{max}\mu_B g_{F_{max}} = \mu_B$
- $F = F_{min}$  :  $g_{F_{min}} = -1/F_{max}$

Seen easily by developing

$$|F_{max}, m = F_{max} - 1\rangle$$
 and  $|F_{min}, m = F_{max} - 1\rangle$  on  $|m_I = I, m_S = -1/2\rangle$  and  $|m_I = I - 1, m_S = 1/2\rangle$ .

Case of Rubidum 87



### Zeeman effect: case of alkaline. 3

#### 2. Second order zeeman effect

$$E = \mu_B g_F m + \delta E^{(2)} \qquad \qquad \delta E^{(2)} = (-1)^F a_m \frac{(\mu_B B)^2}{E_{HF}}, \begin{cases} a_2 = a_{-2} = 0 \\ a_1 = a_{-1} = 3/4 \\ a_0 = 1 \end{cases}$$

### 2. B large

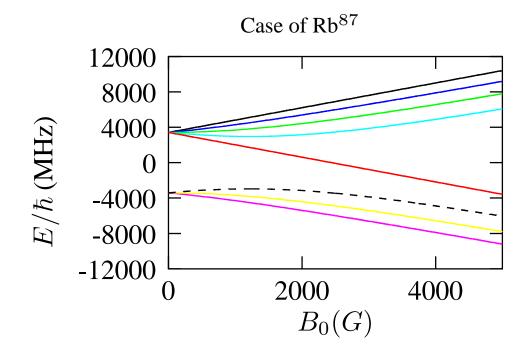
Good basis :  $m_S$ .

Zeeman energy :  $W = \pm \mu_B B$ 

For  $\mu_B B \gg \omega_{HF}$ :

for Rb :  $B \gg 0.4 \text{ T}$ 

#### 3. General case



Field used: e few G

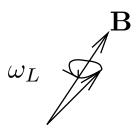
→ frist order zeeman effect suffi cient

Not suffi cient for:

- High fi elds
- Spectroscopy

# Magnetic trap

Trap for atom requieres a non homogeneous magnetic field. It a priori depends on the projection of the spin on the local direction of the magnetic field. However, a simplification can be made for large enough magnetic field: the adiabatic following condition



2 time scales :  $\omega_L \simeq \mu_B B$ 

 $\omega_{rot}$ : rotation of **B** 

If  $\omega_L \gg \omega_{rot}$ , then the spin follows adiabatically the direction of **B**. The potential seen by the atom reduces to

$$V = mg\mu_B |\mathbf{B}|$$

We will come back later on this condition.

### Wing theorem

To realize a trap: extremum of  $|\mathbf{B}|$  required.

Wing theorem : a maximum of  $|\mathbf{B}|$  is impossible in free space

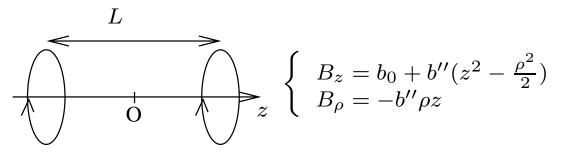
Let us suppose  $|\mathbf{B}|$  has a maximum in O and let us take  $\mathbf{B}(0) = B_0 \mathbf{z}^0$ .

$$|\mathbf{B}|^2 = B_0^2 + |\delta \mathbf{B}|^2 + 2B_0 \delta B_z$$

where  $\mathbf{B} = \mathbf{B}(0) + \delta \mathbf{B}$ .

Because  $|\delta \mathbf{B}|^2 \geq 0$ , if  $|\mathbf{B}|^2$  is maximum, then  $\delta B_z$  should be a minimum. But Maxwell equation gives  $\Delta \delta B_z = 0$  and a function f that fulfills  $\Delta f = 0$  has no extremum.

Field of a magnetic bottle:



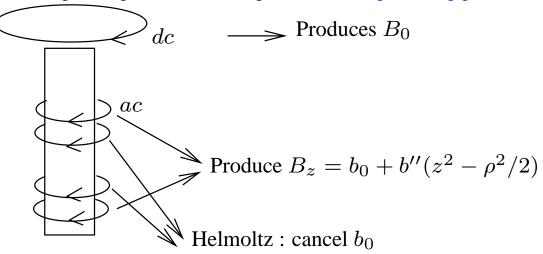
Trap for atoms: minimum of  $|\mathbf{B}|$ .

Trapped states: low-field seeker states

Disadvantage : large internal energy ⇒ unstable against spin flip transitions, two body inelastic collisions

# Trapping high fi eld seekers: time varying fi eld

Static trap for high field seeker impossible. ac magnetic trap possible



$$V = -\mu_B |\mathbf{B}| = -\mu_B \sqrt{(B_0 + b''(z^2 - \rho^2/2))^2 + b''^2 \rho^2} \simeq -\mu_B B_0 - \mu_B b''(z^2 - \rho^2/2)$$

Atoms confi ned radially, expelled longitudinaly

Oscillating b'': Regimes of stable motion of the atoms (like Paul trap)

Shallow trap ( $\mu$  K), small confi nement ( $\omega_{osc} \simeq 5$  Hz)

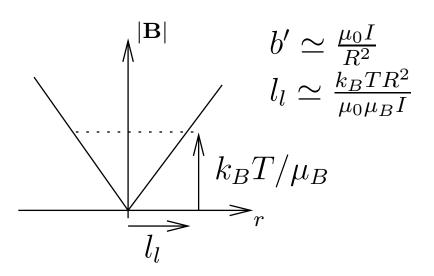
# Linear traps

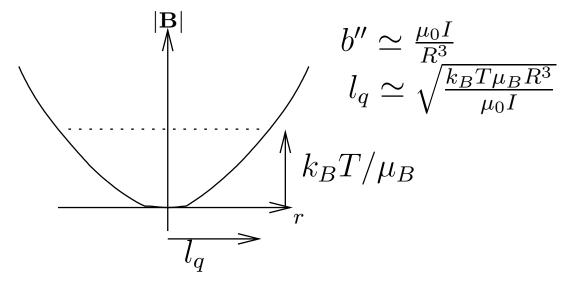
Goal: Reach a high confinement. Then linear tarps are a better solution than higher order traps.



Magnetic fi eld produced by similar coils

Linear traps





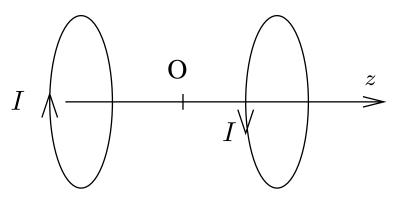
$$\frac{l_l}{l_q} \simeq \sqrt{\frac{k_B T R}{\mu_0 \mu_B I}} \simeq \sqrt{\frac{l_l}{R}}$$

$$l_l \ll R \Rightarrow l_l \ll l_q$$

# Realisation of linear trap

Linear trap :  $\mathbf{B} = \mathbf{0}$  at the center. ( $\mathbf{B}$  has no singularity)

Most simple realsisation: Anti-Helmoltz coils



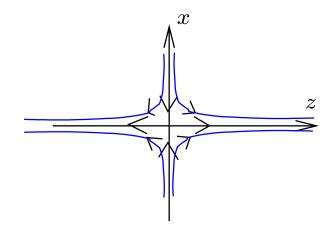
On the z axis, 
$$\mathbf{B} \| \mathbf{z}^{\mathbf{0}}$$

By symmetry : 
$$\mathbf{B}(O) = \mathbf{0}$$

$$\begin{cases} B_z = GB_z \\ B_x = -G/2x \\ B_y = -G/2y \end{cases}$$

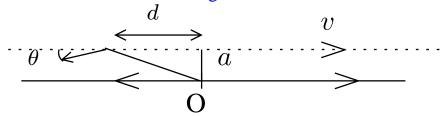
First trap for cold atoms 
$$\left\{ \begin{array}{l} 2.7 \mathrm{cm} \\ 1900 At \end{array} \right. \rightarrow \mathrm{depth} \ \mathrm{of} \ 17 \ \mathrm{mK}$$
 loaded from a zeeman slower (1985)

Now:  $\simeq 100$  G/cm, dissipation  $\simeq 100$  Watt



# Losses in a quadrupole trap

#### Losses due to non zero magnetic field at the center



The atom is lost if  $a < \sqrt{\hbar v/G\mu_B}$ . The loss rate is the flux of atoms going inside the sphere of radius a surrounding O

$$dN/dt \simeq 4\pi a^2 nv \simeq n \frac{\hbar v^2}{G\mu_B}$$

Using  $mv^2 \simeq k_BT$  and  $n \simeq N(\mu_BG/k_BT)^3$  we obtain

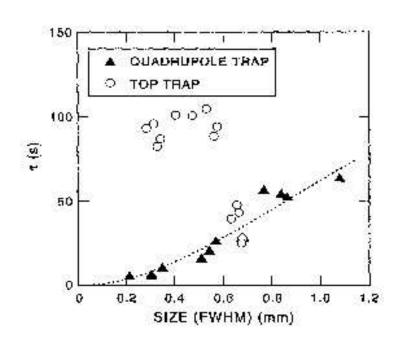
$$dN/dt = -N\hbar \frac{(G\mu_B)^2}{m(k_B T)^2} = -N\frac{\hbar}{m}\frac{1}{l^2}$$

Adiabatic condition :  $\dot{\theta} \ll \omega_l$ 

$$\Delta \theta \simeq \pi/2 \ {\rm for} \ d \simeq a$$

$$\rightarrow \dot{\theta} \simeq \frac{v}{a}$$

Larmor frequency :  $\omega_l \simeq G\mu_B a$ 

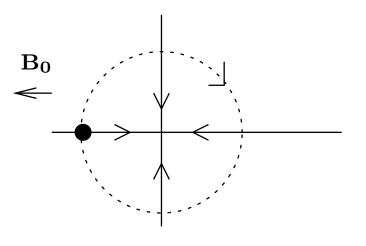


# Solution: TOP trap

To remedy the Majorana losses problem, two solutions were proposed: the Time Orbital Potential and the addition of an optical plug.

#### • Time Orbital Potential Trap (TOP trap)

The idea is to displace the zero of the trap using an external field  $bfB_0$ . If the direction of  $\mathbf{B_0}$  is turned, the zero of the field moves around a circle. If this rotation is fast enough, the atoms do not have time to follow and experience a time average potential.



Instantaneous potential seen by the atoms

$$U \simeq G\sqrt{4z^2 + (x - r_0\cos(\omega t))^2 + (y - r_0\sin(\omega t))^2}$$
  
 
$$\simeq \mu_B Gr_0(1 - x/r_0\cos(\omega t) - y/r_0\sin(\omega t) + \frac{x^2 + y^2}{4r_0^2} + 2z^2/r_0^2)$$

Here we used  $\sqrt{1+\epsilon} = 1 + \epsilon/2 - 1/8\epsilon^2$ . After average over a period

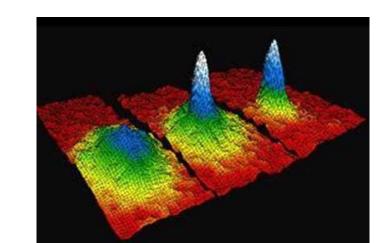
$$U_{TOP} = \mu_B G r_0 + \frac{\mu_B G}{4r_0} (x^2 + y^2 + 8z^2)$$

Condition of validity:

Adiabatic following of the spins :  $\omega \ll \mu_B G r_0 = \mu_B B_0$ 

Atom motion do not follow:  $\omega \gg \omega_{vib} = \sqrt{\mu_B G/2mr_0}$ 

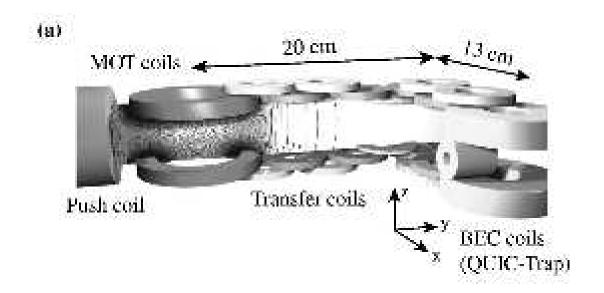
FIRST BEC obtained in such a trap in 1995.  $\omega=7.5 \mathrm{kHz}, \omega_{vib}=25 \mathrm{\; Hz}$ 



# Quadrupole trap used for transportation

Quadrupole trap used for transportation of "hot" clouds.

- Moving coils
   Motorized translation
- Transfer from coil to coil



## Static traps of non vanishing magnetic fi eld: IOFFE confi guration

Traps with non vanishing **B** at the center :  $\mathbf{B}(O) = B_0 \mathbf{z}^0$ 

$$|\mathbf{B}|^2 = B_0^2 + 2B_0\delta B_z + |\delta \mathbf{B}|^2$$

 $|\delta \mathbf{B}|^2$  at most of second order because  $\delta \mathbf{B}$  at most of first order.

 $|\mathbf{B}|$  minimum  $\Rightarrow \nabla |\mathbf{B}|^2 = 0 \Rightarrow \nabla \delta B_z = 0$ . Thus  $\delta B_z$  is at least of second order.

#### First order expansion of **B**

$$\nabla \mathbf{B} = 0 \Rightarrow \partial B_x / \partial x = -\partial B_y / \partial y$$
$$\nabla \wedge \mathbf{B} = 0 \Rightarrow \partial B_x / \partial y = \partial B_y / \partial x$$

Up to a rotation in the (xy) plane,

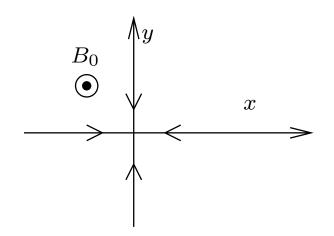
$$\Rightarrow B_{\perp} = \begin{pmatrix} G & G' \\ G' & -G \end{pmatrix} \begin{pmatrix} x \\ y \end{pmatrix}$$

$$\Rightarrow B_{\perp} = \begin{pmatrix} G & G' \\ G' & -G \end{pmatrix} \begin{pmatrix} x \\ y \end{pmatrix}$$

$$B_z = B_0$$

$$B_x = b'x$$

$$B_y = -b'y$$



2D quadrupole: responsible for transverse confinement.

### Longitudinal confinement

 $2^{\rm nd}$  order term in  $\delta B_z$ :  $b''z^2$ . Maxwell equations requieres that it does not come alone! Assuming invariance by rotation along z,

$$B_z^{(2)} = b''(z^2 - \frac{\rho^2}{2})$$
  

$$B_\rho^{(2)} = -b''\rho z$$

# IOFFE confi guration

Magnetic field modulus developed to second order

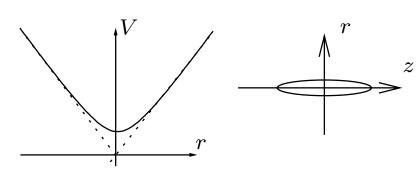
$$|\mathbf{B}| = B_0 + b''z^2 + r^2(\frac{b'^2}{2B_0} - b''/2).$$

Potential 
$$V = \mu |\mathbf{B}| = \frac{1}{2} M \omega_z^2 z^2 + \frac{1}{2} M \omega_\rho^2 \rho^2$$
,  $\omega_\rho = \sqrt{\mu (b'^2/B_0 - b''/2)/M}$ ,  $\omega_z = \sqrt{2\mu b''/M}$ 

 $B_0$  chosen small so that  $b^{\prime\prime} \ll b^{\prime 2}/B_0$ 

 $\Rightarrow$  cigar shape trap

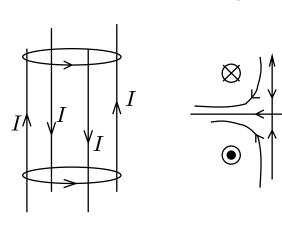
Validity of harmonic expansion :  $r \ll B_0/b'$ . At  $r_{\perp}$  large, linear trapping domain.



#### Realization

4 current carrying bars  $\rightarrow$  2 dimensional quadrupole field.

Longitudinal confinement realized with two coils running parallel current. (more separated than in the Helmholtz configuration) Two coils in Helmholtz configuration: decrease  $B_0$  in order to increase the transverse confinement.



BEC obtained in such a trap.

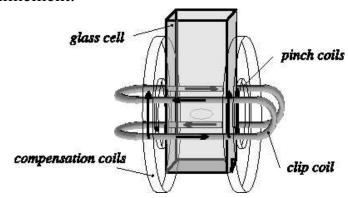
 $I \simeq 6 \times 575 A. b' = 275 \text{ G/cm}.$ 

 $I \simeq 0 \times .$   $\stackrel{=}{\longrightarrow} \text{Dipole coils}:$   $1 \simeq 0 \times .$ 

$$I = 6 \times 455A$$
,  $b'' = 365$  G/cm<sup>2</sup>.

Oscillation frequencies

$$\omega_{\perp}=2\pi\times280$$
Hz,  $\omega_{z}=2\pi\times24$ Hz.



### Value of $B_0$

In order to achieve a high transverse confinement, one want to decrease the minmum field  $B_0$ . But if  $B_0$  is reduced too much, then spin flip losses may occur.

#### Naive approach

As the atoms move in the transverse direction, the magnetic field direction rotates. The rotation frequency is smaller than  $\omega_{vib}$ . Then if  $\omega_{vib} \ll \omega_l = \mu_B B_0/\hbar$ , adiabaticity is fulfilled. How small is the spin flip rate?

#### A quantum approach

Let us study here a very simplified model where we consider spin 1/2.

#### **Assumptions:**

- Magnetic field direction depends only on x, y
- Size of cloud  $l \ll \frac{B_0}{b'}$ . angles given to first order in x, y

Case of ground state wave function :  $l = \sqrt{\hbar/2M\omega_{vib}} \Rightarrow \mu B_0 \gg \hbar\omega_{vib}$ ,  $B_0^3 \gg \frac{b'^2\hbar^2}{M\mu}$ 

Case of temperature  $T: k_B T \ll \mu B_0$ 

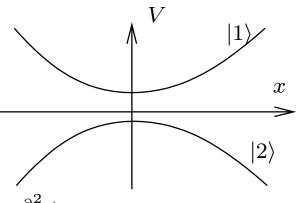
Adiabatic states:

$$|1\rangle(x) = e^{-i(\theta_x S_y + \theta_y S_x)} |\uparrow\rangle$$

$$\simeq |\uparrow\rangle + (b'x/2B_0 - ib'y/2B_0) |\downarrow\rangle$$

$$|2\rangle(x) = e^{-i(\theta_x S_y + \theta_y S_x)} |\downarrow\rangle$$

$$\simeq |\downarrow\rangle + (-b'x/2B_0 - ib'y/2B_0) |\uparrow\rangle$$



$$\oint \theta_x = b'/B_0 x$$

$$\mathbf{B}$$

Kinetic energy operator :  $\frac{P^2}{2m} = -\frac{\hbar^2}{2m} (\frac{\partial^2}{\partial x^2} + \frac{\partial^2}{\partial y^2} + \frac{\partial^2}{\partial z^2})$ 

$$\frac{P^{2}}{2m} = -\frac{\hbar^{2}}{2m} \Delta(|1\rangle \langle 1| + |2\rangle \langle 2|) - \frac{\hbar^{2}}{2m} b'/B_{0}(-\frac{\partial}{\partial x} - i\frac{\partial}{\partial y}) |2\rangle \langle 1| - \frac{\hbar^{2}}{2m} b'/B_{0}(\frac{\partial}{\partial x} + i\frac{\partial}{\partial y}) |1\rangle \langle 2|$$

# Spin flp rate

W couple  $|1\rangle$  to untrapped states  $|2\rangle$ .

**Initial state**: ground state of  $|1\rangle = |1, \varphi_0\rangle = |1, n_x = 0, n_y = 0, n_z = 0\rangle$ .

#### Final state: continuum

W acts only on x and  $y \rightarrow |f\rangle = |2, \mathbf{k_f}, n_z = 0\rangle$ .

 $\mathbf{k_f} = k_{f_x} \mathbf{x^0} + k_{f_y} \mathbf{y^0}$  (We will neglect the potential in the state  $|2\rangle$ .)

#### Fermi Golden Rule:

$$\Gamma = \frac{2\pi}{\hbar} \rho(E_f) |\langle 2, k_f | W | 1, \varphi_0 \rangle|^2.$$

$$\langle 2, k_f | W | 1, \varphi_0 \rangle = \frac{\hbar^2}{2m} \frac{b'}{B_0} \langle \mathbf{k_f} | \partial_x + i \partial_y | \varphi_0 \rangle = i \frac{\hbar^2}{2m} \frac{b'}{B_0} (k_x + i k_y) \langle \mathbf{k_f} | \varphi_0 \rangle$$

$$|\langle 2, k_f | W | 1, \varphi_0 \rangle|^2 = \frac{\hbar^4}{4m^2} \frac{b'^2}{B_0^2} k_f^2 \frac{1}{L^2} \left( \frac{\hbar}{2\pi m\omega} \right) e^{-\frac{\hbar k_f^2}{m\omega}}, \qquad \varphi_0 = \sqrt{\frac{\hbar}{2\pi m\omega}} e^{-\frac{\hbar k^2}{m\omega}}$$

density of states n 2D :  $\rho_{2D} = \frac{mL^2}{2\pi\hbar^2}$ 

We use : 
$$\frac{b'^2}{B_0}=m\omega^2/2\mu_B$$
 and  $\hbar^2k_f^2/(2m)\simeq\mu_BB_0$ 

$$\Gamma = \frac{\omega}{2\pi} e^{-\frac{2\mu_B B_0}{\hbar \omega}}$$

#### Thermal state

Similar calculation. Calculation of the probability to occupy the momentum  $k_f$ .

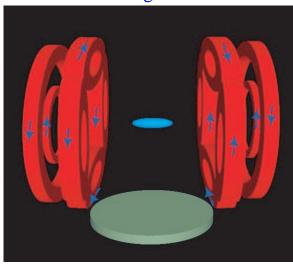
$$\Gamma = \frac{\hbar\omega^2}{4\pi k_B T} e^{-\frac{\mu_B B_0}{k_B T}}$$

We find

### Different coils confi gurations

Many different coils configurations can lead to a IOFFE trap. We give here some examples.

• Cloverleaf configuration



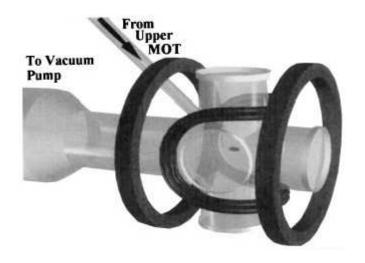
Advantage: Good optical access.

typical parameters:

 $\vec{b'} = 80 \text{ G/cm}, b'' = 25 \text{ G/cm}^2$ 

Heat dissipation :  $\simeq$  kW, water cooling with pressurised water (15 bar)

• Baseball configuration



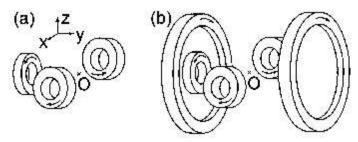
Advantage: Less heat dissipation  $b' = 300 \text{ G/cm}, b'' = 30 \text{ G/cm}^2$ 

For Rb  $^{87}$  in  $|F=2,m=2\rangle$  :  $\omega_{perp}=400$  Hz,  $\omega_{z}=10$  Hz

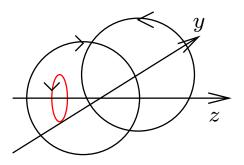
### Different coils confi gurations

#### • 3 coils trap

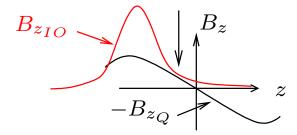
3 coils of same radius with same current.



• Not symmetric 3 coils trap



trap position



Advantage: small heat dissipation, simpler than baseball configuration. For a few hundred W dissipation:

$$b' = 100 \text{ G/cm}$$
$$b'' = 60 \text{ G/cm}^2$$

#### **QUIC** trap

For same current in the three coils, smaller bias field. No need of extra compensation coils.

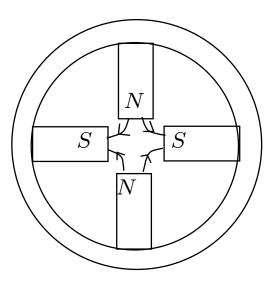
T. Esslinger et al. : 
$$b'=220$$
 G/cm,  $b''=260$  G/cm $^2$ . For Rb $^{87}$ ,  $B_0=2$  G :  $\omega_{\perp}=2\pi\times200$  Hz,  $\omega_z=2\pi$  Hz

Loading: merging of two quadrupoles

# Use of permanent magnet

Some experiments use permanent magnet to create the magnetic field.

Advantage: no heat dissipation, high gradiant



 $egin{array}{c|c} N & S \\ \hline S & N \\ \hline \end{array}$ 

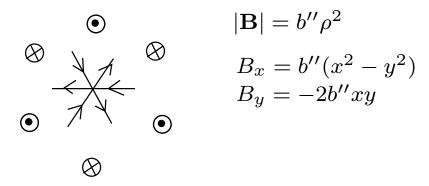
Cornell experiment : b' = 450 G/cm

Inconvenient: No possibility to switch off

# Higher order fi elds

Transverse field : grows in  $\rho^n$ , n > 1.

n=2: octopole field



Steeper potential.

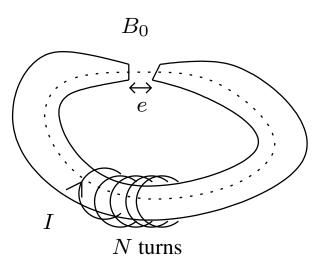
### Towards smaller structures

Gradiant and curvature proportionnal to  $1/R^2$  and  $1/R^3$  respectively. Thus small coils are preferred. But coils with their water cooling system takes a lot of room.

Size of the system: compromize between optical access and magnetic confinement.

To overcome this difficulty, one solution is to use magnetic material.

Use of magnetic material



$$\mathbf{H} = \frac{\mathbf{B}}{\mu_0} - \mathbf{M}$$
 Magnetic material :  $\mathbf{H} = \frac{\mathbf{B}}{\mu_r \mu_0}$ ,  $\mu_r \simeq 10^4$  for iron

Ampere law :  $\nabla \wedge \mathbf{H} = \mathbf{j_{ext}}$ 

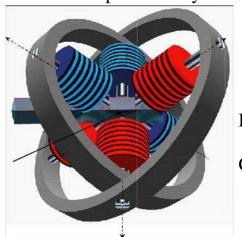
$$NI = \int_C \mathbf{H}.\mathbf{dl} = \int_C \frac{B}{\mu_r \mu_0} dl$$

Neglecting the contribution of the part inside the material gives

$$B_0 \simeq \mu_0 NI/e$$

Magnetic field similar to that produced by coils distant by e.

Coils can be put far away from the interesting region. Can be larger. Less heat dissipation.



Heat dissipation :  $\simeq 200 \, \mathrm{W}$ 

Confinement:  $\omega_{perp} = 750 \; \mathrm{Hz}$  .

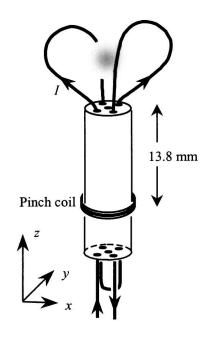
 $\omega_z = 5 \, \mathrm{Hz}$ 

### Use of micro-structures

2-D quadrupole field produced with wires of radius

 $R = 260 \, \mu \mathrm{m}$ 

Gradiant :  $b' = 5000 \,\text{G/cm}$ 



### Guiding atoms using a single wire and an homogeneous magnetic field

Single current carrying wire + homogeneous magnetic field

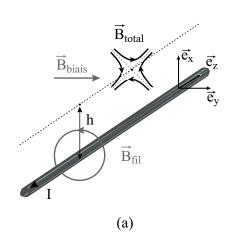
2 D quadrupole field : 
$$h = \frac{\mu_0 I}{2\pi B_{bais}}$$

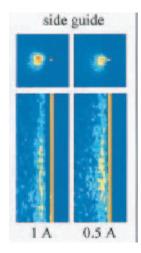
$$b' = \frac{\mu_0 I}{2\pi h^2}$$

Realised with 50  $\mu$ m wire.

$$h=300~\mu\mathrm{m}$$

$$b' = 1000 \, \text{G/cm}$$





## Chip mounted micro-structures

#### Wires mounted on a chip:

- → Good heat dissipation
- → Mechanical stability

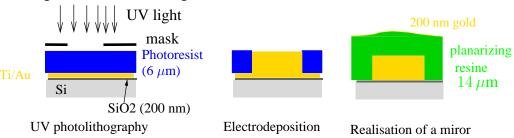
#### Fabrication technologies:

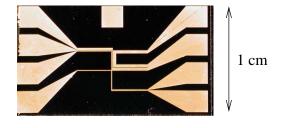
Substrate: Good heat conduction. Si, GaAS, Sapphire (glass also used)

Pattern design:

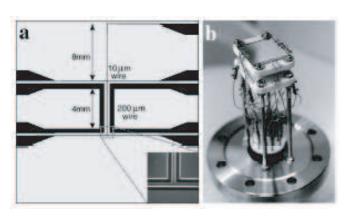
•UV lithography, electroplating for wires of size  $\simeq 10 \mu \mathrm{m}$ 

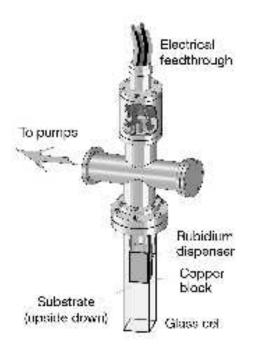
#### Example of fabrication process





•Electron beam lithography, metal evaporation for size  $< 1 \mu m$ 





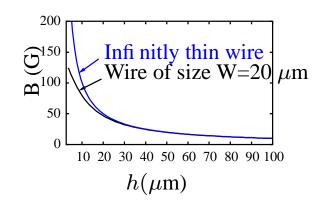
### Maximum confi nement

For infinilty small wire :  $b' = \frac{\mu_0 I}{2\pi h^2}$ 

For a wire of size  $W:b'_{max} \simeq \frac{\mu_0 I}{2\pi W^2}$ 

How large can be I?

Limited by heat dissipation process



#### Heat dissipation

**Assumptions**: Substrate at temperature  $T_0$ . Insulating layer: thermal conductivity K. Energy conservation for a unit length along the wire:

- Energy released by Joules effect in a second :  $W = \frac{\rho}{We} I^2$
- Energy flux from the wire to the substrate :  $J = KW(T T_0)$
- Energy stored in the wire : E = cWeT

$$\Rightarrow \frac{dT}{dt} = \frac{\rho I^2}{c(We)^2} - \frac{K}{ce}(T - T_0).$$

Equilibrium temperature : 
$$T_{eq} = T_0 + I^2 \frac{\rho}{KW^2e}$$
 Growing time :  $\tau = \frac{ce}{K}$ 

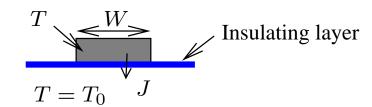
 $500 \text{ nm } SiO2 \text{ on Si}: K \simeq 10^6 W/Km^2.$ 

 $\tau \simeq 0.7 \ \mu \text{s} \text{ for } e = 1 \mu \text{m}.$ 

For  $T_{max} = T_0 + 30K$ ,  $W = 20\mu \text{m}$ ,  $e = 5\mu \text{m}$ ,  $I_{max} = 0.6A$ 

Scaling law for squarre wire (e = W)

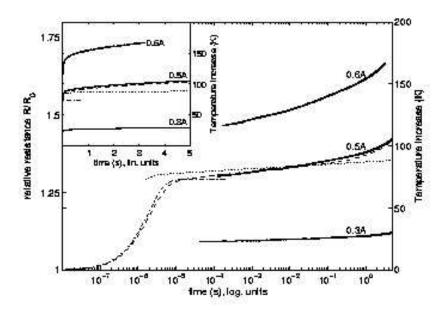
$$T - T_0 = \Delta T_{max} \Rightarrow I_{max} \propto W^{3/2} \Rightarrow b'_{max} \propto \frac{1}{\sqrt{W}}$$



### Heat transfer

#### Limit of the model

- Temperature dependence of  $\rho$ :  $\rho = \rho_0 (1 + \alpha (T T_0))$   $\alpha = 3.5 \times 10^{-3} \text{ K}^{-1}$  for gold  $\rho \uparrow$  when  $T \uparrow$ .  $\rightarrow$  instability if  $I > I_{crit} = \sqrt{\frac{KeW^2}{\alpha \rho_0}}$ . For  $W = 20 \mu\text{m}$ ,  $e = 5 \mu\text{m}$ ,  $I_c \simeq 2\text{A}$ .
- **Heating of the substrate**Slow increase of temperature on time scales of seconds.

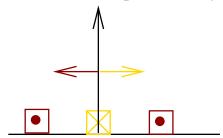


Importance of the substrate mount.

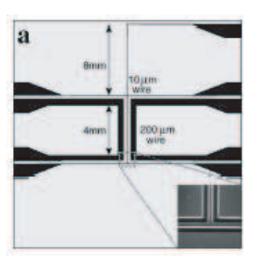
# Other guide geometries

### • A three wire guide

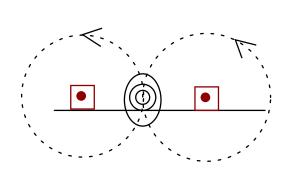
Field perpendicular to the wire produced by side wires.

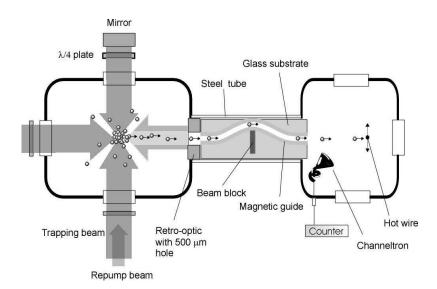


Possibility to realize curved guide.



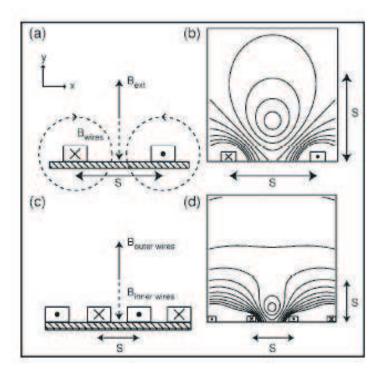
### • A 2 wires guide



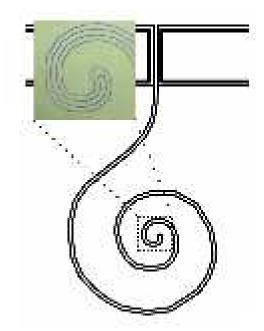


# Other geometries

### • A 2 wire guide with opposite current



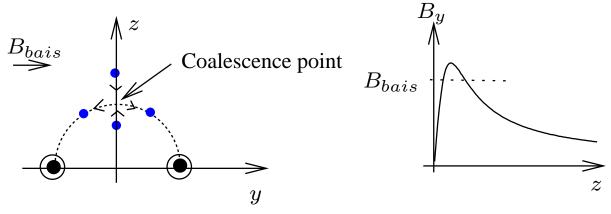
Atoms have been guided along a spiral (group of J.Schmiedmayer)



Experiment of M.Printiss :  $S=200~\mu\mathrm{m}, \nabla\mathbf{B}\simeq800~\mathrm{G/cm}$ 

# Towards atom interferometry?

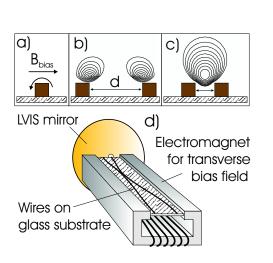
### 2 wires and a magnetic field

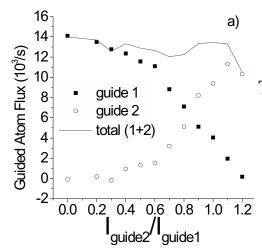


Possibility to split a wave packet in 2.  $\rightarrow$  interferometer Tunnel coupling between the potential minima near the coalescence point?

Difficulty: Very sensitive to magnetic field fluctuations

#### Demonstration of an atomic beam splitter





Thermal atoms. No demonstration of coherence

# Realization of a longitudinal confi nement

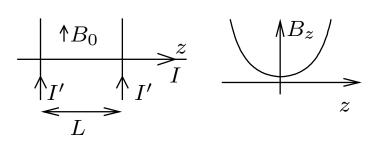
### Longitudinal magnetic field presenting a minimum

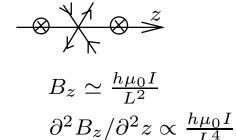
• Use of coils



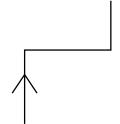
• Use of wires : the Z shape trap

Field produced by the bars for  $h \ll L$ 





Z-shape wire



For 
$$h \ll L$$

$$\partial^2 B_z / \partial z^2 = \frac{48\mu_0 I}{\pi} \frac{h}{L^4}$$

Advantage: less electrical connections

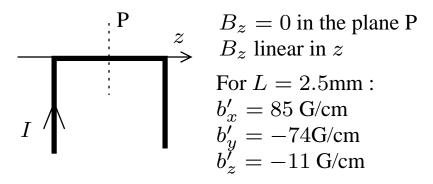
Addition of an extra longitudinal field to prevent spin flip



$$\begin{split} L &= 2.8 \text{ cm}, I = 300 \text{ mA} \\ B_0 &= 14 \text{ G}, B_{bias} = 1 \text{ G} \\ h &= 170 \text{ } \mu\text{m} \\ \omega_{perp} &= 3.5 \text{ kHz} \\ \omega_z &= 16 \text{ Hz} \end{split}$$

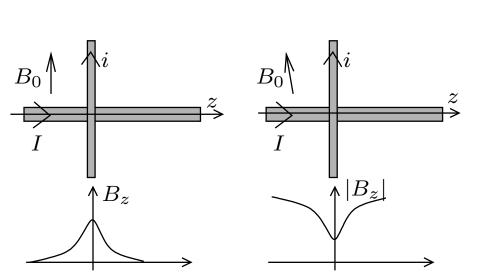
## Other geometries

#### • A micro quadrupole trap

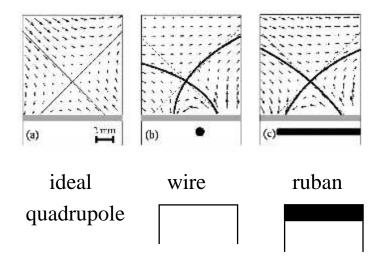


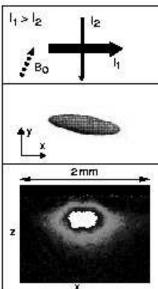
Used for MOT

### • Ioffe trap with only two wires



### Larger domain of quadrupole fi eld for a ruban shape

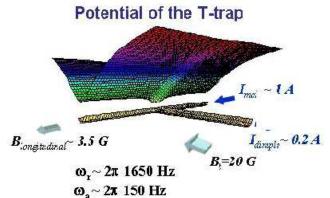


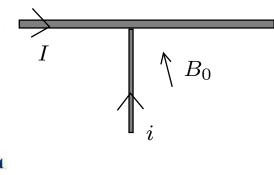


# Realization of a longitudinal confi nement

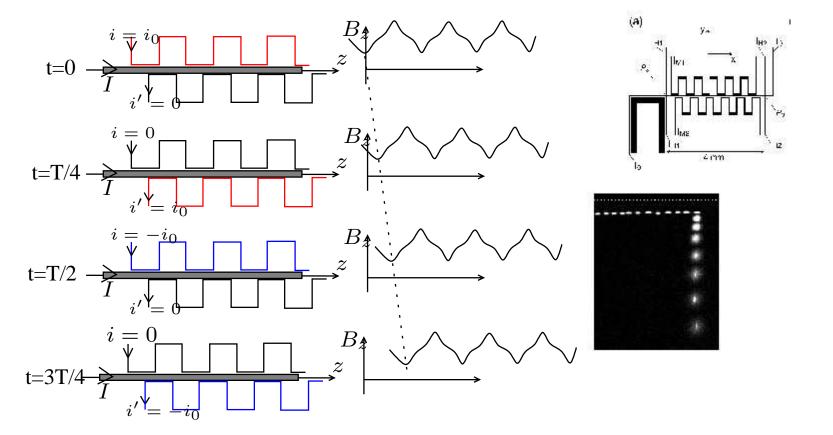
• T trap

2 wires trap simplified in T trap. Advantage: less electrical connections





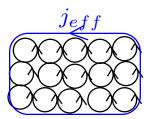
• Conveyor belt for atoms



# Use of magnetic material

#### Equivalence between magnetization and a fictitious current distribution

Case of a layer of magnetic material with magnetization perpendicular to the surface.



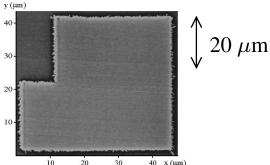
equivalent current distribution:

$$\mathbf{j}_{eff} = 
abla imes \mathbf{M}$$

Zone of unifrom magnetisation M:

equivalent current going around : I = eM

Geometry equivalent to a Z-shape trap



Possibility to write the magnetic pattern with laser (coercitive field decreases with temperature)

Size of pattern : limited to about 1  $\mu$ m.

Large magnetic field gradients: 10<sup>6</sup> G/cm

#### Not tested on atoms yet.

Advantages of magnetic structures

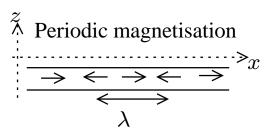
Absence of conductors nearby the atoms  $\rightarrow$  no thermally excited currents.

Stable in time

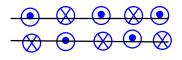
Disadvantages of magnetic structures

No possibility to turn on and off the magnetic field.

# Micro-magnetic traps produced by video tapes.



### Equivalent currents



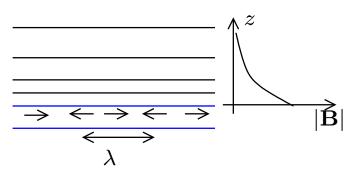
Magnetic field produced by a periodic current distribution:

$$\nabla \times \mathbf{B} = \nabla \cdot \mathbf{B} = 0 \rightarrow \vec{B} = \nabla \phi, \Delta \phi = 0$$

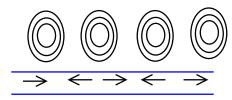
Periodicity and 
$$\Delta \phi = 0$$
:  $\rightarrow \phi = \sum_{n} e^{i2n\pi x/\lambda} e^{-2n\pi z/\lambda}$ 

$$\nabla \times \mathbf{B} = \nabla . \mathbf{B} = 0 \rightarrow \vec{B} = \nabla \phi, \, \Delta \phi = 0 \qquad \text{Periodicity and } \Delta \phi = 0 : \rightarrow \phi = \sum_{n} e^{i2n\pi x/\lambda} e^{-2n\pi z/\lambda}$$

$$\text{For } z > \lambda, \text{ terms } n = \pm 1 \text{ dominate } : \phi = \phi_1 e^{2i\pi x/\lambda} e^{-2\pi z/\lambda} + c.c. \Rightarrow \vec{B} = B_1 e^{-kz} (-\cos(kx)\mathbf{x}^0 + \sin(k\mathbf{x})\mathbf{z}^0).$$



Addition of a uniform field  $\mathbf{B_0}$  in the plane xz



Exponential decay of  $|\mathbf{B}|$ 

Used as a miror for atoms

Array of micro-traps

BEC achieved in such microtraps

















## Limitation of micro-traps

### Advantages of microtraps realized by microstructures

- Very high confinement.
- Very compact apparatus.
- Large variety of trapping and guiding configurations

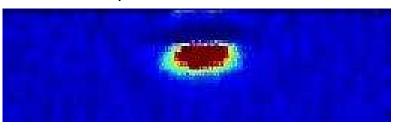
#### Limitations of micro-traps

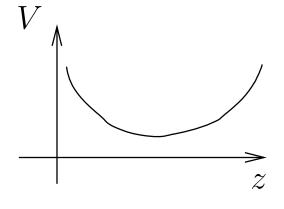
- Roughness of the magnetic potential
- Interaction with nearby materials at high temperature Coupling with thermally excited currents
- Van-der-Waals attraction force to the surface Effect of atoms adsorbed on the surface.

# Roughness of the longitudinal potentiel in an atom guide

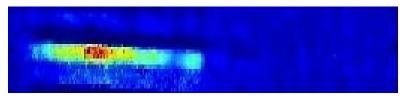
Cloud at small temperature get fragmented when brought close to wire

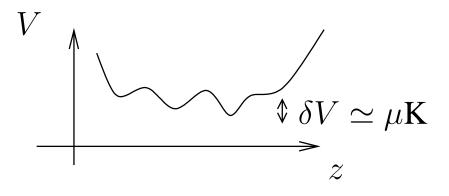
 $500\mu\mathrm{m}$  from wire





 $50\mu m$  from wire



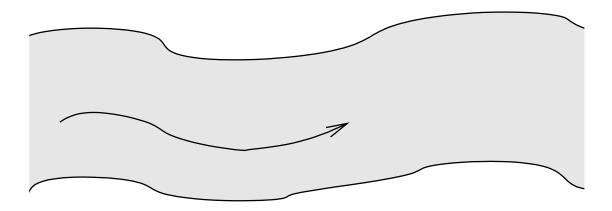


$$\delta V \propto I$$

Due to distortion of current flow in wire

# Origin of the roughness

## Roughness of the border edge



Induces deviation of the current flow inside the wire

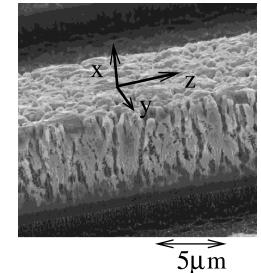
 $\rightarrow$  rough longitudinal magnetic fi eld  $\rightarrow$  potential roughness

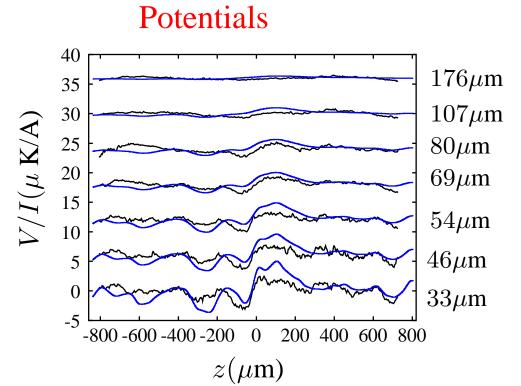
 $\Delta B/B_0 \simeq 10^{-4}$ :  $\rightarrow$  very sensitive to wire border fluctuations

Fluctuations of  $B_x$  produce a small displacement of the guide height.

# Origin of the roughness: experimental evidence

- Potential roughness measured with cold atomic cloud at thermal equilibrium .  $n(z) \propto e^{-V(z)/k_BT}$ Confi ning potential substracted.
- Wire border roughness measured with an SEM.
   Expected potential roughness computed.



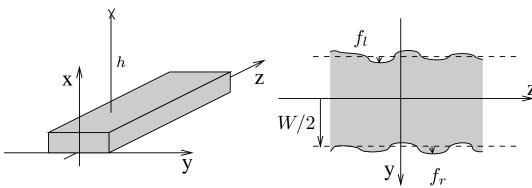


Potential measured with the atoms

Potential calculated from

the measurement of the wire edge roughness

# Scaling laws of the potential roughness



We consider only 
$$h \gg W \rightarrow B_z = B_z[I_y(z)], I_y = \int_x \int_y dx dy j_y$$

• k component  $f_{l/r} = f_k \cos(kz)$ .  $h \gg W \to k \ll 1/W$ .

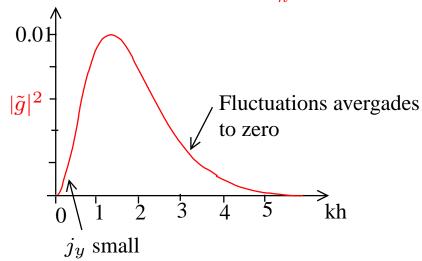
Only symmetric part  $f_l + f_r$  contribute to  $I_y$ .



$$I_{y_k} = -If_k k \sin(kx)$$

NB: If  $k \gg W$ , then current distortion localised near the borders

$$\to B_k = \mu_0 I f_k g(k,h) = f_k \frac{\mu_0 I}{h^2} \tilde{g}(kh)$$



Case of white noise rougness of f

$$|f_k|^2 = J_f = J_0$$

$$\langle B_z^2 \rangle = 0.044 J_0 \frac{(\mu_0 I)^2}{h^5}$$

Fluctuations of  $B_z$  peacked at  $k \simeq 1/h$ 

## Effect of Casimir Polder

## Interaction between an atom and a dielectric wall:

- ullet For  $h \ll \lambda_{at}$ : Van der Waals force  $V_{VdW} = -\frac{C_3}{R^3}$
- For  $h \gg \lambda_{at}$ : Casimir-Polder potential  $V(h) = -\frac{C_4}{R^4}$

 $\lambda_{at}$  atomic transition wavelength  $C_4 = K(\epsilon)\alpha$   $\alpha$  :polarisability

 $\epsilon$ : dielectric constant

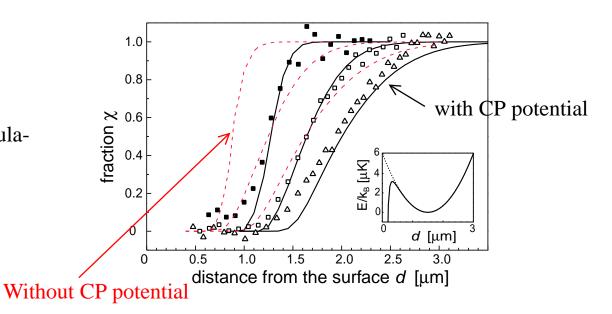
 $C_4 \simeq 6 \times 10^{-4} \mu \text{K} \mu \text{m}^4$ 

for Rb and  $\epsilon = 4$ 

h

## Experimental study

Effect of Casimir-Polder force: smaller depth of the potential  $\rightarrow$  losses of atoms by evaporation Measured loss rate compared with calculation based on 1D evaporation model

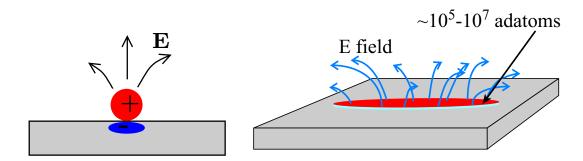


Limit the distance of approach to the surface

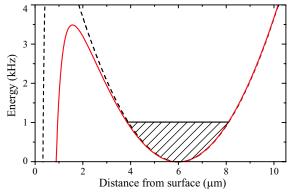
# Effect of adsorption of atoms on the surface

Atoms adsorbed on some surfaces get polarized  $\rightarrow$  electric field  $E \propto \frac{d}{r^3}$ 

- $\Rightarrow$  interaction energy with atoms :  $U=-\frac{\alpha}{2}E^2$   $\Rightarrow$  Attraction towards the surface.



Typical potential for  $10^7$  Rb atoms adsorbed on  $4\mu\text{m}\times150\mu\text{m}$  area



# Stability of a trapped cloud

- Background gas
- Fluctuations of the trap
- Spin flip transitions induced by magnetic field fluctuations
- $\bullet$  interaction with environment at temperature  $T=320~\mathrm{K}$

# Effect of the background gas

## Losses produced by collisions

Atoms of background gas at  $T \simeq 320 \text{ K} \gg \text{depth of the trap.}$ 

→ After a collision with a background atom, the trapped atom is lost almost certainly.

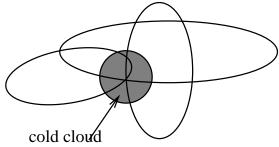
$$\Gamma = n_{bg}\bar{v}_T\sigma$$

where  $n_{bg} \propto P$  is the density of background gas at pressure P and  $\bar{v}_T = \sqrt{\pi k_B T/2m}$  is the thermal velocity.  $\Gamma \propto P$ .

For Rb atoms, for  $P = 10^{-9}$  mbar,  $\Gamma \simeq 0.1 \text{ s}^{-1}$ .

## Heating produced by large scattering impact collisions

Production of a hot atoms cloud  $\rightarrow$  heating rate of the cold cloud.



Production of a cloud of hot atoms: the Oort cloud

Very difficult to quantify. Role of multiple scattering: effect more important for dense

cloud

Solution: Trap depth small enough. Use of an RF shield.

A typical value :  $dT/dt \simeq 1~\mu\text{K/s}$ 

# Heating induced by trap fluctuations

Technical fluctuation of current in coils  $\Rightarrow$  fluctuation of trap parameter

## **Examples:**

Transverse magnetic field  $B \rightarrow \text{position fluctuation } \delta x = B/b'$ 

Fluctuation in current in the dipole coils  $\rightarrow$  fluctuation of  $\omega_z$ .

## Produces heating

## trap position fluctuations

Fluctuating force :  $F(t) = m\omega^2 \delta x$ .

Equation:  $\ddot{x} = -\omega^2 x + F(t)/m$  Solution  $x = x_0 \cos(\omega t) + \int_0^\infty \frac{F(\tau)}{m\omega} \sin(\omega(t-\tau))d\tau$ 

Calculation of  $\langle x^2 \rangle$  (statistical average over noise):

$$\langle x^2 \rangle(t) = x_0^2 \cos^2(\omega t) + \int_0^t \int_0^t d\tau_1 d\tau_2 \frac{\langle F(\tau_1) F(\tau_2) \rangle}{m^2 \omega^2} \frac{1}{2} (\cos(\omega(\tau_1 - \tau_2)) - \cos(2\omega t))$$

For  $t \gg t_{cor}$  the correlation time of F, using  $J_F(\omega) = \int_{\infty}^{\infty} dt e^{-i\omega t} \langle F(0)F(t) \rangle$  and averaging over a period, we have

$$\langle x^2 \rangle(t) = x_0^2 / 2 + t \frac{J_F(\omega)}{2m^2 \omega^2}$$

Thus, the potential energy  $E_p=m\omega^2x^2/2$  average over a period fulfills  $\frac{dE_p}{dt}=t\frac{J_F(\omega)}{4m}$  After average over an oscillating period,  $E_p=E_c=E/2$  so that

$$\frac{dE}{dt} = \frac{J_F}{2m}$$

Heating linear in time. Driven oscillator. Excitation of the dipole mode

Heating rate for a fluctuating homogeneous magnetic field:  $\frac{dE}{dt} = \frac{m^2 \omega^4}{b'^2} J_B(\omega)$ 

# oscillation frequencies fluctuations

$$\omega^2 = \omega_0^2 (1 + \epsilon(t))$$

Calculation easier using quantum mechanics

$$H = \frac{p^2}{2m} + \frac{1}{2}m\omega_0^2(1+\epsilon)x^2$$

Using 
$$x = \sqrt{\frac{\hbar}{2m\omega}}(a + a^+)$$
,

$$H = \hbar\omega_0(1 + \epsilon/2)a^{+}a + \frac{1}{2}m\omega_0^2\epsilon \frac{\hbar}{2m\omega}(a^2 + a^{+2})$$

$$|n\rangle$$
 coupled to  $|n-2\rangle$  ,  $|n+2\rangle$ 

# Transition rates induced by a fluctuating coupling

Sates  $|i\rangle$  and  $|f\rangle$  coupled by  $v(t)A_{if}$ , v fluctuates.

Initial state :  $\psi = |i\rangle$ .

## **Perturbation theory:**

At time t,  $|\psi\rangle = e^{-i\omega_i t} |i\rangle + c_f e^{-i\omega_f t} |f\rangle$ ,

$$c_i = \frac{1}{i\hbar} \int_0^t A_{if} v(\tau) e^{i(\omega_i - \omega_f)\tau} d\tau.$$

Population in f (averaged over random realization of v),

$$\langle |c_f|^2 \rangle = \frac{1}{\hbar^2} \int_0^t \int_0^t d\tau_1 d\tau_2 |A_{if}|^2 \langle v(\tau_1) v(\tau_2) \rangle e^{-i\omega_i f(\tau_1 - \tau_2)}$$

For  $t \gg t_{cor}$  the correlation time of v,

$$\langle |c_f|^2 \rangle = \frac{|A_{if}|^2}{2\hbar^2} \int_0^{2t} J_v(\omega_{if}) d\tau$$

Thus the transition rate is

$$\Gamma_{if} = \frac{|A_{if}|^2}{\hbar^2} J_v(\omega_{if})$$

## Link with Fermi Golden rule:

 $v = \sum_{i} v_i e^{-i\omega_i t}$ . In a dressed state approach, transition  $|i\rangle \to |f\rangle$  due to absorption of a quanta in a mode of v. Time independent coupling  $|i, n_i\rangle \to |f, n_i - 1\rangle$ . Fermi Golden rule gives transition rate.

# Heating rate induced by oscillation frequencies fluctuations

Here  $V = \frac{\hbar\omega}{4}\epsilon(t)(a^2 + a^{+2})$ . Initial state  $|n\rangle$ :

$$\Gamma_{n \to n+2} = \frac{\omega^2}{16} J_{\epsilon}(2\omega)(n+1)(n+2)$$
$$\Gamma_{n \to n-2} = \frac{\omega^2}{16} J_{\epsilon}(2\omega)n(n-1)$$

Heating rate (thermal average over initil state)

$$\frac{dE}{dt} = \sum_{n} p_n 2\hbar\omega \frac{\omega^2}{16} ((n+1)(n+2) - n(n-1)) J_{\epsilon}(2\omega)$$

$$\frac{dE}{dt} = \frac{\omega^2}{2} J_{\epsilon}(2\omega) \langle E \rangle.$$

Exponential heating. Parametric driving

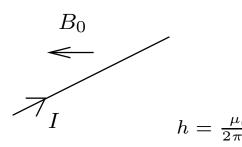
Higher order : heating for  $\omega_{mod}=2\omega/p$ , p integer.

1 D calculation. For a three dimensionnal harmonic trap,  $E_x = E/3$  and heating rate decreased by a factor 3.

# Heating produced by current fluctuations in a wire guide

## • Heating due to position fluctuation

Using 
$$F = m\omega^2 \delta x = \frac{m\omega^2 \mu_0}{2\pi B_0} I$$
,



$$J_F = \left(\frac{m\omega^2 \mu_0}{2\pi B_0}\right)^2 J_I.$$

Heating rate,

$$\frac{dE}{dt} = \frac{h^2 m\omega^4}{2} \frac{1}{I_0^2} J_I$$

Case 
$$I_0=1$$
 A,  $h=10$   $\mu$ m,  $\omega=2\pi\times 10$  kHz,  $J_I=1(\mu {\rm A}^2)/{\rm Hz}$  :  $dE/dt=8$   $\mu$ K/s. Very good power supply :  $J_I\simeq 10(n{\rm A}^2)/{\rm Hz}$ 

Do not happen if  $B_0$  and I have correlated fluctuations :  $\Delta I/I = \Delta B_0/B_0$  (circuit in series)

## • Heating due to fluctuations of oscillation frequency

 $\omega \propto 1/I$ . Thus

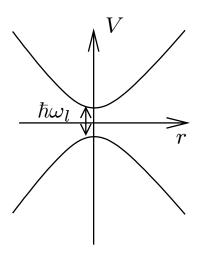
$$\frac{dE}{dt} = E \frac{\omega^2}{I^2} J_I.$$

Ratio of heating rates:

$$\frac{dE/dt)_{dip}}{dE/dt)_{naram}} = \frac{m\omega^2 h^2}{2E} = \frac{h^2}{2l^2} \gg 1,$$

for cloud of size  $l \ll h$ .

# Spin flp transitions induced by fluctuating magnetic field



 ${f B}$  along z in the trap

 $b_x$  and  $b_y$  couple trap state other Zeeman level

 $\rightarrow$  transition to untrapped states : losses

Transition rate : 
$$\Gamma \simeq \frac{\mu_B^2}{\hbar^2} J_{B_x}(\omega_l)$$

Case of current fluctuations in a micro-trap :  $\Gamma \simeq \left(\frac{\mu_B \mu_0}{2\pi h}\right)^2 J_I$ . For  $h=1~\mu\text{m}$ ,  $J_I=0.3~(\text{nA})^2/\text{Hz}$ ,  $\Gamma \simeq 1.3~\text{s}^{-1}$ 

# Interaction with environement at temperature $T \simeq 320~\mathrm{K}$

## blackbody radiation

Field at  $\omega \simeq \omega_l = \mu_B B_b$ : induce transitions to an untrapped state  $\Gamma \simeq \frac{\mu_B^2}{\hbar^2} J_B$ 

Black body field fluctuations:

Mode n of the electromagnetic field.  $B_x = B_{x_{n_0}}(a + a^+)/\sqrt{2}$ .

Average over thermal state (no coherence between different modes)

$$\langle B_x(t)B_x(0)\rangle = \sum_n \frac{B_{x_{n_0}}^2}{2} \langle (e^{-i\omega_n t}a_n + e^{i\omega t}a_n^+)(a_n + a_n^+)\rangle = \sum_n B_{x_{n_0}}^2 \langle np_n \cos(\omega_n t) + \underbrace{\frac{e^{-i\omega t}}{2}}_{\text{vaccum contribution}})$$

Spetcral density :  $J_{B_x} = \int \langle B_x(t) B_x(0) \rangle e^{-i\omega t} dt = \sum_n B_{xn_0}^2 n p_n \pi \delta(\omega - \omega_n)$ Repartition of energy between E and B and isotropie :  $\frac{3}{\mu_0} J_{B_x} = \pi \sum_n \frac{\hbar \omega}{L^3} n p_n \delta(\omega - \omega_n) = \pi \frac{dE}{L^3 d\omega}$ ,

where  $dE = \frac{\hbar \omega e^{-\hbar \omega/k_B T}}{1 - e^{-\hbar \omega/k_B T}} \frac{\omega^2}{\pi^2 c^3} L^3 d\omega$ . is the enrgy in the range  $\omega \to \omega + d\omega$ .

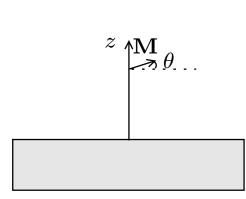
$$J_{B_x} = \frac{\mu_0 \hbar \omega^3}{3\pi c^3} \frac{e^{-\hbar \omega/k_B T}}{1 - e^{-\hbar \omega/k_B T}} \simeq \frac{k_B T \omega^2 \mu_0}{3\pi c^3}$$

Induced loss rate :  $\Gamma = 7 \times 10^{-18} \text{ s}^{-1}$  for  $\omega_l = 2\pi \times 1 \text{ MHz}$ . Negligible

# Interaction with nearby conductors

Atom chip: atoms close to a surface at temperature  $T: h \simeq 1 \mu \text{m}..100 \mu \text{m}$ Effect of thermally excited current in the wire or substrate? We need to know  $J_B$ 

## Fluctuating magnetic field close to a conductor



Small oscillating dipole. 
$$\theta \ll 1$$
:  $H = \frac{p_{\theta}^2}{2I} + \frac{K}{2}\theta^2$ ,  $\omega^2 = K/I$ . Interaction with the metal:  $V = -\mathbf{B}.\mathbf{M} \simeq \theta MB_z$ 

- damping of oscillations
- surface at temperature  $T \to \text{fluctuating currents} \to \text{fluctuating field} \to \text{heating of}$ the dipole
- Heating due to the fluctuating field: Using previous results:  $dE/dt)_{fluctu} = \frac{1}{2I}J_B(\omega)$
- Energy dissipation due to damping

Linear response: 
$$B = \theta_a M(\mathcal{R}_e(\alpha)\cos(\omega t) + \mathcal{I}_m(\alpha)\sin(\omega t))$$
 for  $\theta = \theta_a\cos(\omega t)$ .

Energy decrease: 
$$\frac{dE}{dt}\Big)_{diss} = \frac{\partial V}{\partial t} = \theta_a^2 M^2 \omega \cos(\omega t) (-\mathcal{R}_e(\alpha)\sin(\omega t) + \mathcal{I}_m(\alpha)\cos(\omega t))$$

Average over a period : 
$$\frac{dE}{dt}$$
  $\Big|_{diss} = \theta_a^2 M^2 \omega \mathcal{I}_m(\alpha)/2$ 

At thermal equilibrium  $dE/dt)_{diss} = dE/dt)_{fluctu}$ 

$$\Rightarrow \boxed{J_B = 2\frac{k_BT}{\omega}\mathcal{I}_m(\alpha)}$$
 we used  $\theta_a^2 = 2\langle E \rangle/K \simeq 2k_BT/K$  for  $k_BT \gg \hbar\omega$ 

Theorem fluctuation/dissipation

# Scaling low for the fluctuation of magnetic fi eld near conductors

 $J_B = 2 \frac{k_B T}{\omega} \mathcal{I}_m \alpha(\omega)$ 

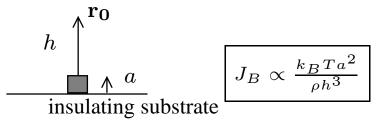
 $\mathcal{I}_m \alpha(\omega)$ : component in quadrature of the magnetic field produced in  $\mathbf{r_0}$  by the current induced by an oscillating dipole in  $\mathbf{r_0}$ .

## Case of low frequencies:

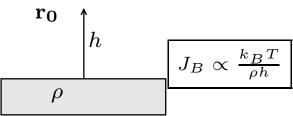
- Oscillating dipole  $\rightarrow$  oscillating magnetic field  $B_d \propto 1/|\mathbf{r} \mathbf{r_0}|^3$  $\rightarrow$  induced electric field  $E \propto \omega/|\mathbf{r} \mathbf{r_0}|^2$  ( $\nabla vect \mathbf{E} = -\partial \mathbf{B} \partial t$ )
- $\rightarrow$  induced currents  $j \propto \omega/(|\mathbf{r} \mathbf{r_0}|^2 \hat{\rho})$  ( $\mathbf{j} = \mathbf{E}/\rho$ ): Foucault currents
- $\rightarrow$  induced magnetic field in  ${f r}$

$$B_{ind} \propto \mathcal{I}_m \alpha \propto \frac{\omega}{\rho} \int d^3 \mathbf{r} \frac{1}{|\mathbf{r} - \mathbf{r_0}|^4}$$

fluctuations produced by a wire



fluctuations produced by a half space



# Case of high frequencies

Electromagnetic field attenuated in the metal after a distance  $\delta(\omega)$ .  $\delta = \sqrt{2\rho/\mu_0\omega}$  :skin depth If  $h > \delta$ , then previous scaling laws wrong.

For  $\omega=1.4$  MHz (1G/ $\mu_B$ ), in gold,  $\delta=60~\mu\mathrm{m}$ .

Correct calculation of  $\alpha$ : Maxwell equations for evanescent waves.

## Calculations for a half metallic space:

•  $h \gg \delta$ :

$$J_{B_i} = \frac{\mu_0^2 k_B T}{16\pi\rho} s_i \frac{3\delta(\omega)^3}{z^4}$$

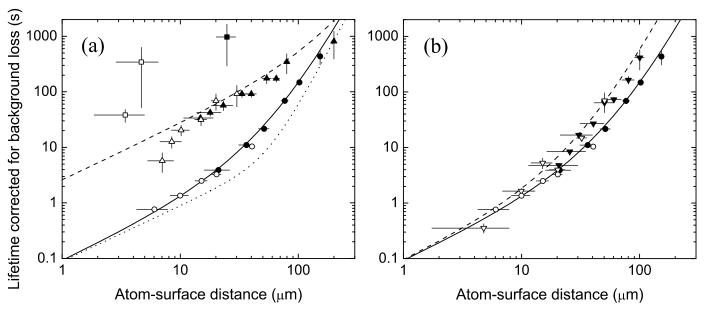
•  $h \ll \delta$ :

$$J_{B_i} = \frac{\mu_0^2 k_B T}{16\pi\rho} s_i \frac{1}{\delta}$$

 $s_i = 1/2$  for i=x,y and  $s_z = 1$ , (z normal to surface)

# Losses induced by thermally excited currents

Magnetic field fluctuation at  $\omega = \omega_l$  produces losses.

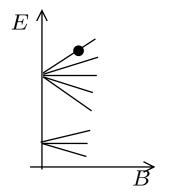


- (a) :  $\omega_l=1.8~\mathrm{MHz}$  . Copper, titanium and silicon
- (b) :  $\omega_l=1.8$  MHz and  $\omega_l=6.24$  MHz. Copper

# Stability of a magnetically trapped cloud with respect to collisions

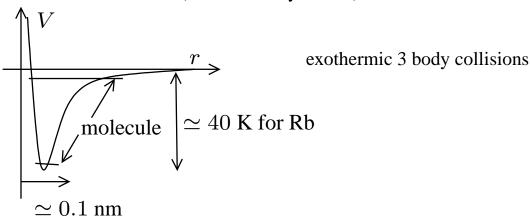
## Magnetically trapped cloud: metastable state

• Atoms are not in the lower energy state



Exothermic 2 body collisions to an untrapped state.

• Molecules (and ultimately a solid) should form

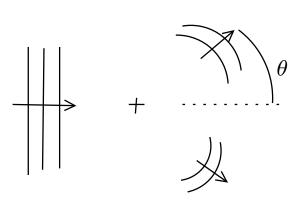


# A little of collision theory

## 2 body elastic collision by a central potential.

$$\psi(\mathbf{r_1}, \mathbf{r_2}) = \phi(\frac{\mathbf{r_1} + \mathbf{r_2}}{2}, \mathbf{r_1} - \mathbf{r_2}) = \phi(R, r)$$

Stationnary state : 
$$\phi = e^{iKR} \varphi_{k_{diff}}(r)$$
,  $\frac{\hbar k^2}{m} \varphi_{k_{diff}} = -\frac{\hbar^2}{m} \Delta \varphi_{k_{diff}} + V(\mathbf{r}) \varphi_{k_{diff}}$ 



Asymptotic behavior:  $\varphi_{k_{diff}} \to e^{ikz} + f(\theta, \phi) \frac{e^{ikr}}{r}$  $f(\theta)$ : scattering amplitude

Flux in the solid angle  $d\Omega$ :

$$\frac{\hbar}{im} \left( \varphi^* \nabla \varphi - \varphi \nabla \varphi^* \right) . d\mathbf{S} \simeq \frac{2k}{m} |f(\theta, \phi)|^2 d\Omega$$

Collisionnal cross section : 
$$\frac{\Gamma_{out}}{\phi_{in}} = \int \int |f(\theta,\phi)|^2 d\Omega = \sigma$$

Low energy behavior

$$k \to 0$$
:  $f(\theta, \phi) = f(k)$   $\Rightarrow \sigma \to \sigma_0$  independent of  $k$ 

#### Identical atoms

Symmetrisation of the wave function.

For Bosons : 
$$\sigma = 2 \int \int |f(\theta, \phi)|^2 d\Omega$$

For fermions : 
$$\sigma \rightarrow 0$$
 as  $k \rightarrow 0$ 

## Phase shift and scattering length

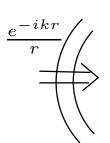
Central potential: angular momentum is concerved.

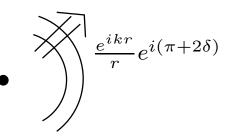
Low energy: f isotrop  $\Rightarrow$  only the wave function L=0 is scattered.

Only one parameter: phase shift of the scattered wave Only one parameter: phase shift of the scattered wave.

$$\begin{cases} f \simeq \frac{1}{2ik} (e^{2ik} - 1) \\ \delta \simeq ka \end{cases}$$

a: scattering length.





## Collisions rates

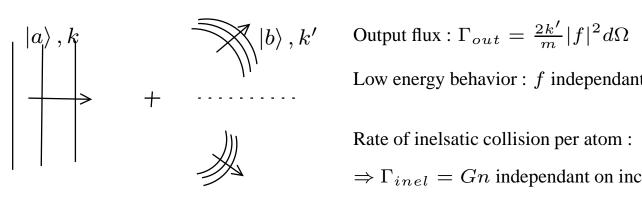
### Elastic collision rate

Element of volume  $d^3r$ . Number of atoms of velocity between  $\mathbf{v}$  and  $\mathbf{v} + d^3\mathbf{v} : f(\mathbf{v})d^3\mathbf{v}$ .

Collision rate for an atom of velocity  $v_1 \gamma = \int d^3 \mathbf{v}' \sigma |\mathbf{v_1} - \mathbf{v}'| f(\mathbf{v}')$ .

Collision rate per atom :  $\Gamma_{coll} \simeq n\sigma \sqrt{4k_BT}m$ .

## 2 body inelastic collision.



Low energy behavior: f independant on incident energy.

 $\Rightarrow \Gamma_{inel} = Gn$  independant on incident enrgy.

Ratio between elastic to inelastic collisions

$$\frac{\Gamma_{el}}{\Gamma_{inel}} \propto \sqrt{T}.$$

# Interaction between two alkali

First approximation:  $V = V_{el}$  electrostatic interaction

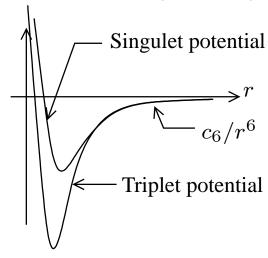
- Central potenial
- Depends on the spin via the symmetrisation of wave function

2 alkaline atoms : 2 spin 1/2.

Totla spin:

S=1: Symmetric by exchange of spins ( $|S=1,m=1\rangle=|1/2,1/2\rangle$ )

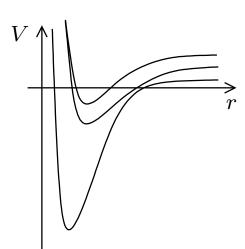
S=0: Antisymmetric by exchange of spins



Singlet state: Wave function symmetric by exchange of electrons
Two electrons in the same lowest energy wave function
Triplet state: Wave function antisymmetric by exchange of electrons
An electron in the first excited state.

## Hyperfine interaction.

At large distance, the hyperfine interaction in each atom dominates. State discribed by the hyperfine level  $f_1$ ,  $f_2$  of each atom.



## Selection rule and stable states

Total spin :  $\vec{F} = \mathbf{I_1} + \mathbf{I_2} + \mathbf{S_1} + \mathbf{S_2}$ 

Potential invariant by a rotation of all the spins.

 $\Rightarrow F, m_F$  concerved

 $\Rightarrow m_{f_1} + m_{f_2}$  is conserved.

#### Stable states

- $\bullet |F_{max}, m_{max}\rangle$ : Maximum value of  $m_F$ . Pure triplet state
- $|F_{min}, m = F_{min}\rangle$ : exchange collisions energetically forbidden

#### Unstable states

Any collision that preserved  $m_{f_1} + m_{f_2}$  is possible.

In Na: 
$$|2,1\rangle + |1,-1\rangle \rightarrow |1,0\rangle + |1,0\rangle = - \begin{bmatrix} \vdots \\ \vdots \\ 10^{-16} \end{bmatrix}_{10^{-16}}^{(1,1)+(1,-1)}$$

$$- \begin{bmatrix} \vdots \\ 10^{-18} \end{bmatrix}_{10^{-18}}^{(1,0)+(1,0)}$$

Typical rates :  $G \simeq 10^{-11} \text{cm}^3/\text{s}$ 

- ⇒ Mixture of states unstable
- $\Rightarrow$  Any state different from  $|F_{max}, m_{max}\rangle$  and  $|F_{min}, m = F_{min}\rangle$  unstable

# A special case: Rubidum 87

For Rb : exchange collisions rate very small :  $G_{(2,2)+(1,-1)}=2.3\times 10^{-14} {\rm cm}^3 {\rm s}^{-1}$ .

## Very naive explanation

Neglect hyperfine energy during scattering

Initial state:

$$\begin{array}{ll} \text{Initial State :} \\ |f_1,f_2,m_1,m_2\rangle &= \sum_{m_{i_1},m_{i_2}} c_{m_{i_1},m_{i_2}} \left| m_{i_1},m_{i_2},m_{s_1},m_{s_2} \right\rangle \\ &= \sum_{m_{i_1},m_{i_2}} \left| m_{i_1},m_{i_2} \right\rangle \left( c_{0,m_{i_1},m_{i_2}} \left| S = 0 \right\rangle + c_{0,m_{i_1},m_{i_2}} \left| S = 1,m_1+m_2-m_{i_1}-m_{i_2} \right\rangle \right) \\ \end{array}$$

Scattering of 
$$(c_0 | S = 0) + c_1 | S = 1, m)$$

$$\psi_{scatt} = c_0(e^{ikr} + f_s \frac{e^{ikr}}{r}) |S = 0\rangle + c_1(e^{ikr} + f_T \frac{e^{ikr}}{r}) |S = 1, m\rangle$$

For Rubidium, 
$$a_T \simeq a_S \Rightarrow f_T \simeq f_T = f$$

$$\rightarrow$$
 scattered component :  $f \frac{e^{ikr}}{r} (c_0 | S = 0) + c_1 | S = 1, m )$ 

## No change of state during scattering

Scattering amplitude is f: independant of internal state.

# Spin changing collisions

## Interactions between magnetic moment of the electrons

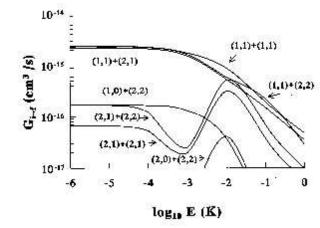
$$rac{\overset{\mathbf{S_1}}{\cancel{\!\!/}}}{\mathbf{r}}$$

 $V = \frac{\mu_0 \mu_B}{4\pi r^3} (\mathbf{s_1.s_2} - 3(\mathbf{s_1.r})(\mathbf{s_1.r}))$ 

V is not conserved by a rotation of the spins only.  $\Rightarrow$  **F** is not conserved.

Transfer of angular momentum from spin degree of freedom to orbital momentum of the relative motion.

Usually very small. For example, in Na,  $G \simeq 10^{-15} {\rm cm}^3 {\rm s}^{-1}$ .



Expected to decrease for low magnetic field in the lower hyperfine state. The energy realized becomes small Case of Cesium

Important inelastic rate. Both for higher hyperfine state and lower hyperfine state.  $G \simeq 10^{-12} \text{cm}^3 \text{s}^{-1}$ .

Prevent the realization of BEC in magnetic trap for Cs.

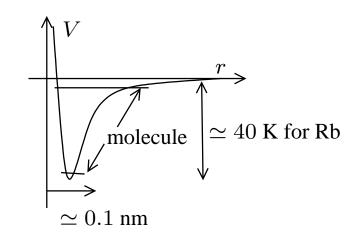
The spin-orbit coupling interaction has for Cs a similar role.

# 3 body losses

Formation of a molecule: 3 atoms required

Exothermic collision:

$$At + At + At \longrightarrow At_2 + At$$



Collision rate per atom:  $\Gamma_{3b} = Ln^2$ . Measured rate for Rb :  $L = 1.8 \times 10^{-29} \text{ cm}^6 \text{s}^{-1}$ 

Limit the lifetime of BEC.

Ratio with elastic collision rate:

$$\frac{\Gamma_{3b}}{\Gamma_{el}} \propto \frac{n}{\sqrt{T}}$$

In a harmonic trap,

$$\frac{\Gamma_{3b}}{\Gamma_{el}} \propto \frac{N\omega^3}{T^2}$$

Adiabatic decompression :  $T \propto \omega$ 

$$\Rightarrow \frac{\Gamma_{3b}}{\Gamma_{el}} \propto N\omega$$

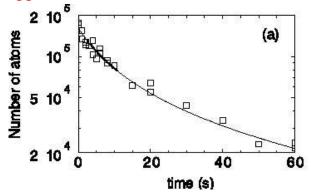
# Experimental observations

Evolution of atom numbre:

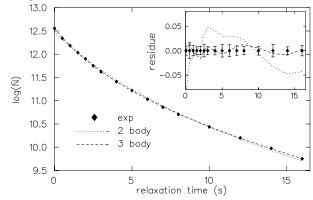
$$\frac{dN}{dt} = -\Gamma N - G\bar{n}N - L\bar{n^2}N$$

Inelastic process  $\rightarrow$  non exponential decay.

• 2 body spin relaxation losses in magnifically trapped Cs

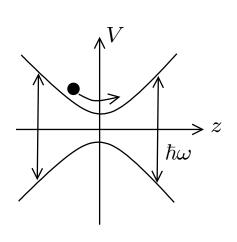


**fit**: Assume thermal distribution.



# Use of radio-frequency magnetic fi elds to decrease potential depth

## Spin 1/2



Magnetic fi eld :  $B_x \cos(\omega t)$ 

Can make a transition between  $|\uparrow\rangle$  and  $|\downarrow\rangle$ 

Transition resonant at  $\omega_l = \omega$ 

 $\longrightarrow$  atoms lost when they reach the equipotential  $V=\hbar\omega/2$ 

RF magnetic fi eld: current loop

Inside the vacuum chamber if metallic!

How strong should be the RF fi eld?

What happens for an atom of spin F>1/2?

# Stationary states at a given position

Stationary magnetic field :  $B_z \mathbf{z^0}$ .  $\omega_l = 2\mu_B B_z$  RF field :  $\mathbf{B}(t) = B_{RF} \cos(\omega t) \mathbf{x^0}$ 

$$H = \frac{\omega_l}{2} (|\uparrow\rangle \langle\uparrow| - |\downarrow\rangle \langle\downarrow|) + \mu_B B_{RF} \cos(\omega t) (|\uparrow\rangle \langle\downarrow| + |\downarrow\rangle \langle\uparrow|)$$

## Rotating wave approximation

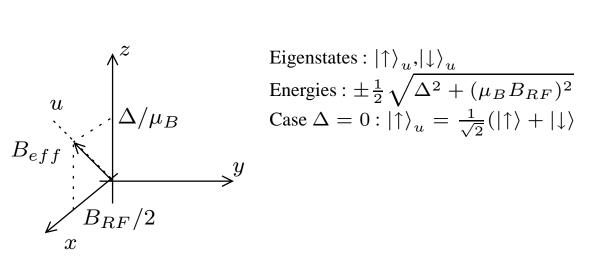
$$|\psi\rangle = c_{\uparrow} e^{-i\omega t/2} |\uparrow\rangle + c_{\downarrow} e^{i\omega t/2} |\downarrow\rangle$$

**Evolution:** 

$$\begin{cases} i\frac{d}{dt}c_{\uparrow} = (\frac{\omega_{l}}{2} - \frac{\omega}{2})c_{\uparrow} + \frac{\mu_{B}B_{RF}}{2}c_{\downarrow} \\ i\frac{d}{dt}c_{\downarrow} = (-\frac{\omega_{l}}{2} + \frac{\omega}{2})c_{\downarrow} + \frac{\mu_{B}B_{RF}}{2}c_{\uparrow} \end{cases}$$

$$\Delta = \omega_l - \omega, \quad \left| \tilde{\psi} \right\rangle = e^{i\omega S_z t} \left| \psi \right\rangle$$
 evolves with

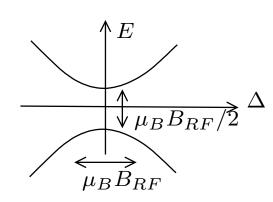
$$\tilde{H} = \begin{pmatrix} \frac{\Delta}{2} & \frac{\mu_B B_{RF}}{2} \\ \frac{\mu_B B_{RF}}{2} & -\frac{\Delta}{2} \end{pmatrix}$$



Eigenstates: 
$$|\uparrow\rangle_u, |\downarrow\rangle_u$$

Energies: 
$$\pm \frac{1}{2} \sqrt{\Delta^2 + (\mu_B B_{RF})^2}$$

Case 
$$\Delta = 0$$
:  $|\uparrow\rangle_u = \frac{1}{\sqrt{2}}(|\uparrow\rangle + |\downarrow\rangle$ 



# Dressed states picture

N: number of photons in the RF fi eld

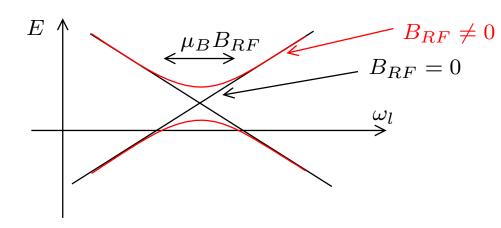
$$|N,\uparrow\rangle$$
  $\stackrel{\mu_B B_{RF}/2}{\longleftarrow}$   $|N+1,\downarrow\rangle$ 

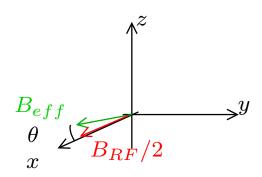
neglecting the state  $|N-1,\downarrow\rangle$  equivalent to rotating wave approximation

Energies:

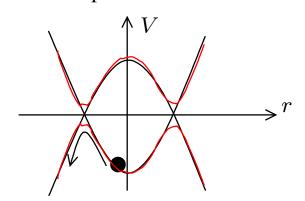
$$N\hbar\omega + \omega_l/2$$

$$N\hbar\omega + \omega_l/2$$
  $(N+1)\hbar\omega - \omega_l/2$ 





Dressed state potential



Adiabatic following:

$$\dot{ heta} \ll \omega_l = \mu_B B_{RF}/2\hbar$$
 
$$\begin{cases} b' = 100 \mathrm{G/cm} \\ v = 15 \mathrm{cm/s} \\ B_{RF} > 20 \mathrm{mG} \end{cases}$$

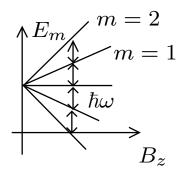
Another point of view :  $\Delta T \gg 1/\omega_l$ 

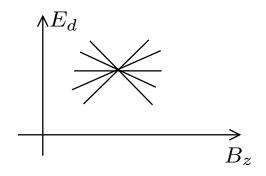
# Case of an atom of spin F>1/2

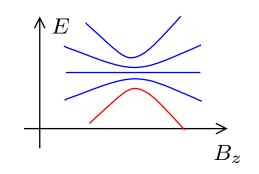
Case F=2

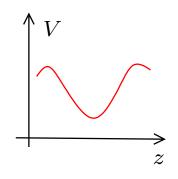
$$B_x \propto F_x = (F_- + F_+)/\sqrt{2}$$

$$|N,m=2\rangle \iff |N+1,m=1\rangle \iff |N+2,m=0\rangle \iff |N+3,m=-1\rangle \iff |N+4,m=-2\rangle$$

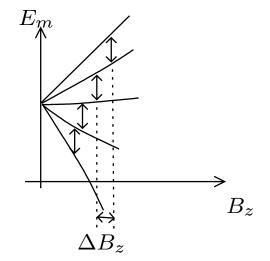


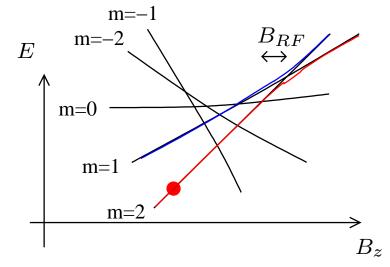






## Case of high magnetic fi elds: non linear Zeeman effect





Atom stays tarpped

Happens when

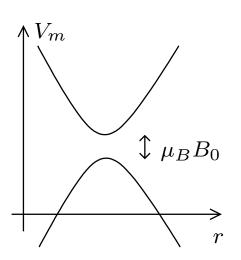
$$\Delta B_z > B_{RF}$$

No problem if

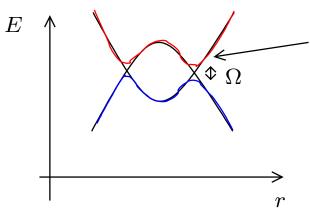
$$B_{RF} \gg B_z \frac{\mu_B B_z}{E_{HF}}$$

→ Does not work at high fi elds

# A trap for dressed states



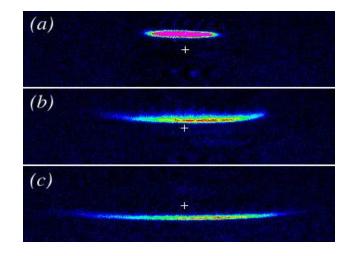
## Dressed states energy



Egg shell potential for dressed states

Confi nement 
$$\omega_{osc}=b'\sqrt{2\mu_B/m\hbar B_{RF}}$$

losses : same calculation as for normal trap  $\to \Gamma \propto e^{-\frac{\mu_B B_{RF}}{\omega_{osc}}}$ 



Loading : start from  $\omega_{RF} < \mu_B B_0$ 

Increase  $\omega_{RF}$ 

Effect of gravity: atoms accumlate at the bottom

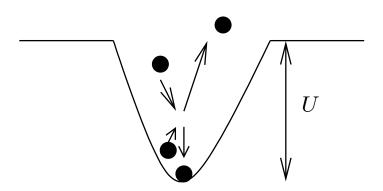
# Evaporative cooling

Principle Thanks to elastic collisions, an atom can gain an energy larger than the depth of the trap U. He takes away an energy

$$\Delta E > U > \langle E/N \rangle$$
.

Thus

$$\langle E/N \rangle \downarrow \to T \downarrow$$
.



## 2 conflicting conditions:

- ullet Strong decrease of T per lost atom : U large required
- ullet Time of evaporation smaller than the life time of the cloud: U not too large

## Forced evaporative cooling

While T decreases, U is decreased to maintain a high cooling time.

In the following we give a very simple model describing evaporative cooling.

# Evaporative cooling: a simple model

#### We assume:

- Any atom of energy larger than U leaves the trap immediately. This will be a good assumption for 3 dimensional evaporation and if  $\gamma_{col} \ll \omega_{osc}$ .
- There is a quasi-thermal equilibrium of the cloud in the trap. Energy distribution is given by the Boltzmann law.
- The trap is harmonic

We note  $\eta = \frac{U}{k_B}T$ . We assume  $\eta \gg 1$ .

**Effect of evaporation only** Number of atom decrease:

$$\dot{N} = -\Gamma_{ev} N.$$

Each lost atom carry an energy E>U. In average, the energy is  $\langle\epsilon\rangle=k_BT(\eta+\kappa)$ .  $\kappa$  is of the order of 1. Thus,

$$\dot{E} = -N\Gamma_{ev}(\eta + \kappa)k_BT.$$

 $k_BT = E/3N$ . Thus, if no other losses,

$$\frac{\dot{T}}{T} = \frac{\dot{N}}{N} \left( \frac{\eta + \kappa}{3} - 1 \right) = \alpha \frac{\dot{N}}{N} \rightarrow T \propto N^{\alpha}$$

Scaling lows:  $\Gamma_{el} \propto nv \propto N^{1-\alpha}$   $D \propto \frac{n}{T^{3/2}} \propto N^{1-3\alpha}$ 

$$D \propto \frac{n}{\pi^{3/2}} \propto N^{1-3\alpha}$$

If  $\alpha > 1$ ,  $\Gamma_{el}$  increases in time. Runaway evaporation

Role of atom losses due to background collisions?

# Equations in presence of a loss rate

Losses due to background gas:

$$\dot{N}_{bg} = -\Gamma N.$$

Not an energy dependent loss rate. Thus

$$\dot{E}_{bg} = -\Gamma E.$$

We thus have

$$\begin{cases} \dot{N} = -N\Gamma_{ev} - \Gamma N \\ \dot{E} = -\Gamma_{ev} E \frac{\eta + \kappa}{3} - \Gamma E \end{cases}$$

We will consider the quantities n and v which are the peak density and the thermal velocity  $v=2\sqrt{2k_BT/\pi m}$ .

$$n \propto NT^{-3/2}$$
 and  $v \propto \sqrt{T}$ .

We obtain (using  $E = 3Nk_BT$ ),

$$\begin{cases} \frac{\dot{n}}{n} = \frac{\eta + \kappa - 5}{2} \Gamma_{ev} - \Gamma \\ \frac{\dot{v}}{v} = -\Gamma_{ev} \frac{\eta + \kappa - 3}{6} \end{cases}$$

# Calculation of $\Gamma_{ev}$

#### local loss rate.

Small region of volume  $\delta V$ .

Let us suppose the trap has an infinite depth.

Number of atoms of energy larger than  $\eta k_B T$ :  $\delta N_{exc} \simeq n \delta V \frac{2}{\sqrt{\pi}} \sqrt{\eta} e^{-\eta}$ .

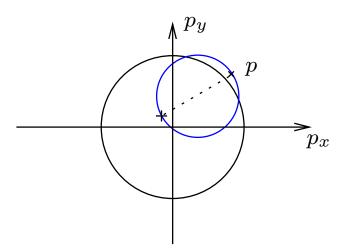
Velocity of atoms of energy  $\eta k_B T$ :  $\sqrt{\eta} \sqrt{2k_B T/m} = \sqrt{\pi} \sqrt{\eta} v/2$ .

Collision rate for an atom of energy  $\eta k_B T$ :  $\Gamma = n\sigma v \sqrt{\pi} \sqrt{\eta}/2$ .

 $\Gamma \delta N_{exc} = n^2 \delta V \sigma v \eta e^{-\eta} \simeq \text{loss rate from the high energy tail.}$ 

Thermal equilibrium:

$$n^2 \delta V \sigma v \eta e^{-\eta} = \delta \Gamma_{evap}.$$



After a collision, the probability that an atom stays in the high energy region is very small

## Sum on the volume of the trap

At a position  $\mathbf{r}$ ,  $U = U(\mathbf{r})$ .

Evaporation parameter:  $\eta(\mathbf{r}) = \eta - U(\mathbf{r})$ .

Density of atoms :  $n(\mathbf{r}) = n_0 e^{-U(\mathbf{r})}$ .

$$\delta\Gamma_{evap} \simeq nn_0 e^{-U(\mathbf{r})/k_B T} \delta V \eta e^{-(\eta - U(\mathbf{r}))} \sigma \bar{v}.$$

$$\int \delta \Gamma_{evap} d^3 \mathbf{r} = N \Gamma_{ev} \Rightarrow$$

$$\Gamma_{ev} \simeq n_0 \sigma v \eta e^{-\eta}$$
.

# Runnaway evaporation

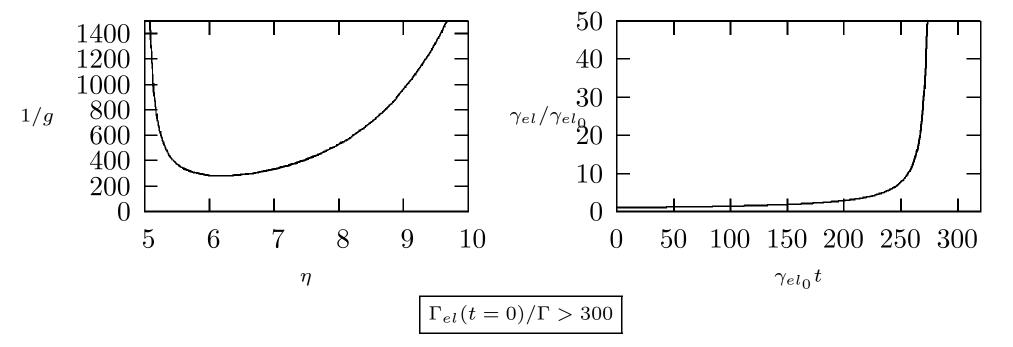
$$\begin{cases} \frac{\dot{n}}{n} = -\Gamma + \frac{\eta - 4}{2} n \sigma v \eta e^{-\eta} \\ \frac{\dot{v}}{v} = -\frac{\eta - 2}{6} n \sigma v \eta e^{\eta} \end{cases}$$

**Solution:** 

$$nv = n(t = 0)v(t = 0)\frac{e^{-\Gamma t}}{1 + rg(e^{-\Gamma t} - 1)}$$

$$r = \sqrt{2}n(t=0)v(t=0)\sigma/\Gamma = \Gamma_{el}(t=0)/\Gamma$$
 and  $g = \eta e^{-\eta} \frac{\eta - 5}{3\sqrt{2}}$ .

If r > 1/g, divergence : Runnaway evaporation



## Limit of the model

#### Limit of the model

- Beyond the approximation  $\eta \gg 1$  for the calculation of  $\Gamma_{evap}$ . Use kinetic theory. (Walravan 1996)
- ullet Spilling. Losses of atoms due to decrease of U, even in the absence of collisions.
- Computation of  $\kappa$ . Beyond the approximation  $\kappa = 1$ .

## Presence of 2 body losses

Dipolar spin changing collisions. Case for Hydrogen and Cesium.

 $\Gamma_{dip} \propto n \rightarrow \Gamma_{dip}/\Gamma_{el} \propto \frac{1}{\sqrt{T}}$  increases in time. no runaway regime

Losses more important at the center of the trap where U minimum  $\rightarrow$  evaporative heating

For Rubidium : 
$$\Gamma_{dip} = nG^2 = \Gamma_{el}$$
 for  $T_c = \frac{\pi mG^2}{16\sigma^2} \simeq 5$  pK

### Three body losses

Actual limit for evaporation with alkali.

 $\Gamma_{3b} \propto n^2$ . Are more and more important

 $\rightarrow$  decompression of the trap at the end of evaporation.

## Hydrodynamic regime

Model: 
$$\Gamma_{el} \ll \omega$$
 , ie  $\frac{\sigma}{n} = l \gg L = \sqrt{k_B T} \omega \frac{1}{m}$ .

→ Spatial evaporation equivalent to a,n energy cut off.

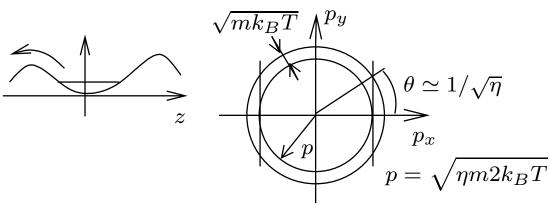
Case 
$$\Gamma_{el} \ll \omega$$
?

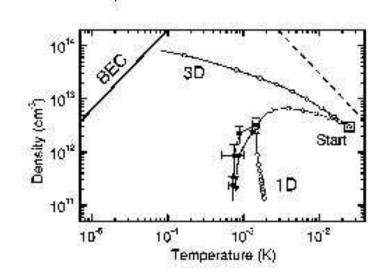
Inhomogeneity of temperature. Diffusion equations for heat transport and hydrodynamic equations.

# Role of the dimensionnality

Evaporation only in 1D: Case for the first experiment with H Evaporation efficiency decreased:

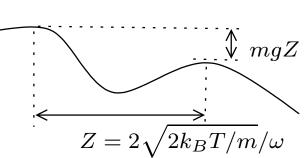
$$\Gamma_{evap_{1D}} = \Gamma_{evap_{3D}}/(4\eta)$$





At high temperature, ergodicity  $\rightarrow$  evaporation 3D

## Case of RF evaporation



Evaporation becomes 1D if  $mgZ > k_BT \Rightarrow k_BT < \frac{2\eta mg^2}{\omega^2}$ 

Case of Rubidium, with  $\omega=50$  Hz,  $T_{1D}\simeq20~\mu\mathrm{K}.$ 

**Evaporation 1D at the end of cooling** 

# **Experimental strategy and results**

**Strategy:** 

Optimize the phase space density as a function of time.

**Results:** 

Typically,  $D \propto \frac{1}{N\gamma}$ ,  $\gamma \simeq 2, ..., 3$ .

