INSTALLING R AND RSTUDIO

Step 1

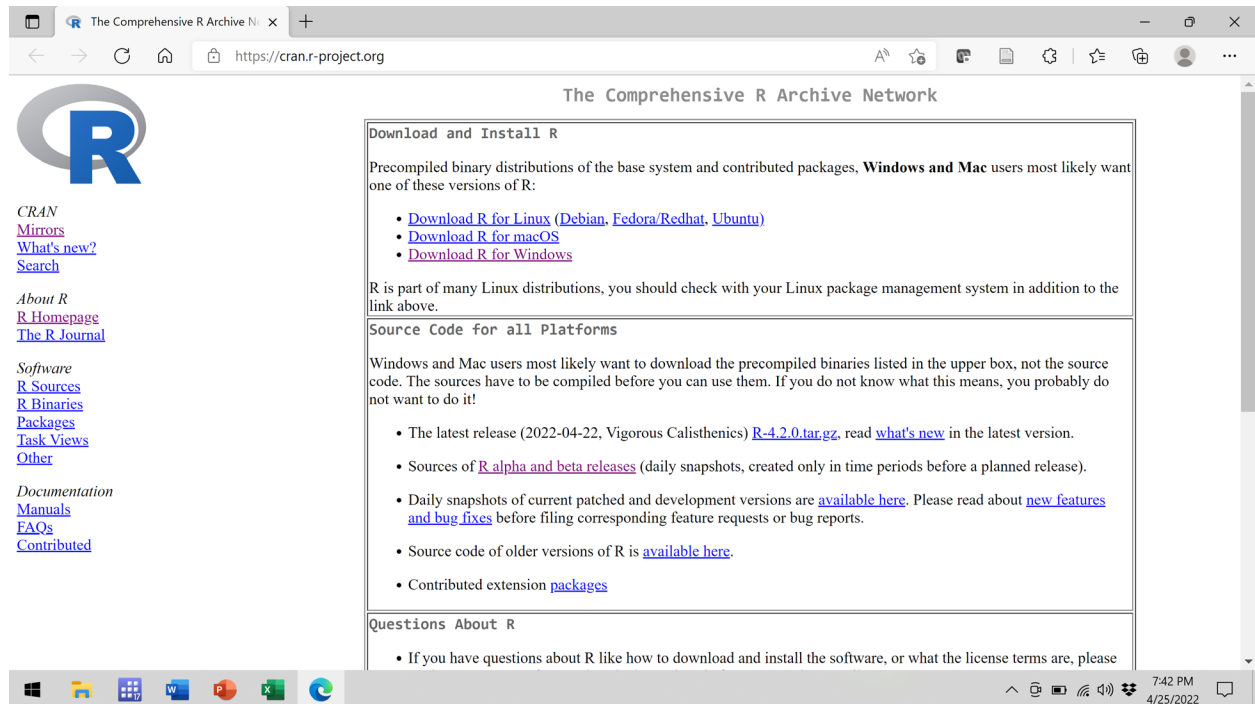Go to https://cran.r-project.org and click on the download link for your operating system. For example, if you are downloading R for Windows, click on the link for "base" and then the link for "Download R 4.2.0 for Windows." If you are downloading R for Mac, click on the link for the version of the operating system you are running.
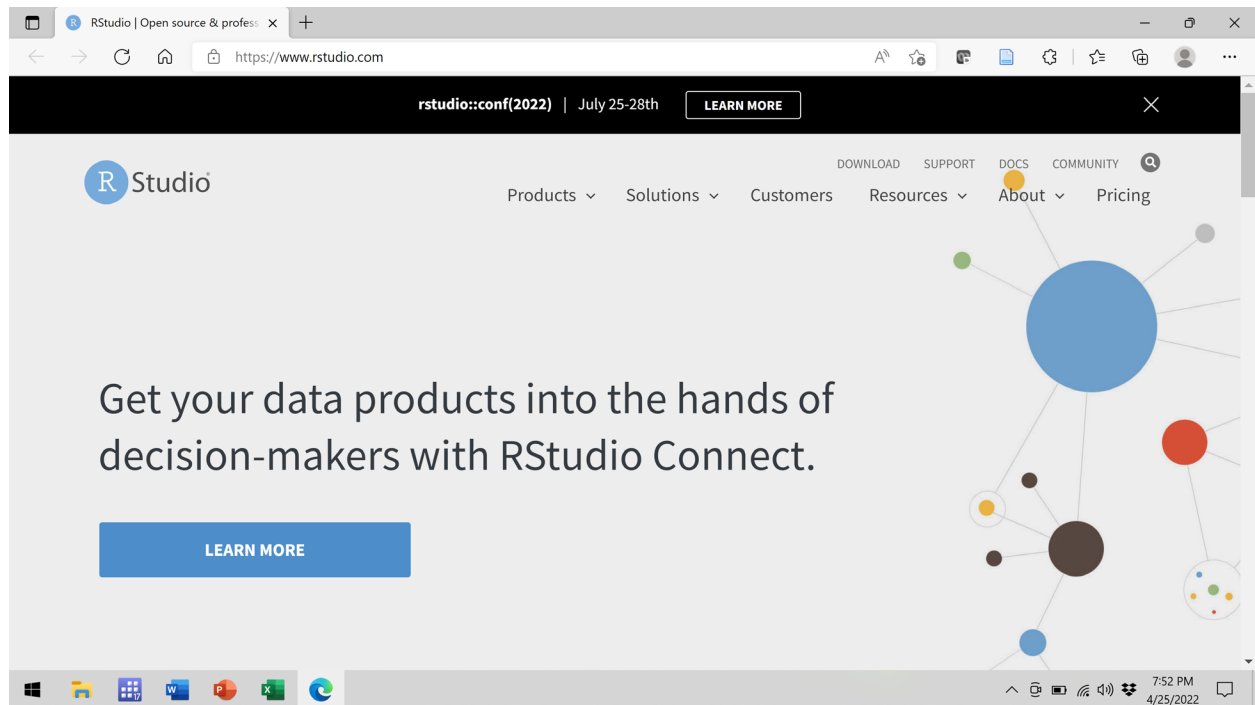

Step 2

When prompted, run the executable file. Alternatively, access your download folder and run the application from there. Just accept all of the default settings.

When you have completed these two steps, congratulations, you have installed R on your computer! Now we need to install RStudio, which is an integrated development environment (IDE).

Step 3

Go to https://www.rstudio.com. Click on the "Products" dropdown menu and then click on RStudio. Scroll down to click on "Download RStudio Desktop" and then click "Download" under RStudio Desktop. Download the appropriate version of RStudio for your computer.

Step 4

When prompted, run the executable file. Alternatively, access your download folder and run the application from there. Just accept all of the default settings.