



ADRIAN L SHUFORD JR YMCA

1104 Conover BLVD East, Conover 28613
(828) 464-6130 | www.ymcacv.org

HOURS OF OPERATION

Monday-Thursday	5:30a-8:30p
Friday	5:30a-7:30p
Saturday	8:00a-4:30p
Sunday	1:00p-4:30p

SWIM PLAY LEARN

LOGAN TAYLOR

Aquatics Director

(828) 464-6130 | logant@ymcacv.org



Indoor Pool Schedule: February 20th - March 31st, 2017

	OPEN/FAMILY SWIM	LAP SWIM	WATER FITNESS	CHILD CARE LESSONS	HIGH SCHOOL SWIM TEAM PRACTICES	OUTSIDE GROUP FOR SWIM LESSONS	SWIM LESSONS	POOL PARTIES	PARENT'S NIGHT OUT
MON	5:30a-8:30a (3) 11:00a-1:00p (3) 2:00p-5:00p (3) 7:00p-8:30p (4)	5:30a-8:30a (3) 8:30a-10:00a (1) 11:00a-1:00p(3) 1:00p-2:00p(2) 2:00p-5:00p(3) 7:00p-8:30p(2)	8:30a-9:30a(5) 10:00a-11:00(6) 1:00p-2:00p(4) 6:00p-7:00p(4)			11:00a-1:00p	5:00p-6:15p(3)		
TUE	5:30a-9:00a (3) 11:00a-5:00p (3) 7:00p-8:30p (3)	5:00a-7:30a (4) 8:00a-3:00p (4) 6:30p-8:30p (4)	6:00p-7:00p(4)	9:00a-11:00a(4)		11:00a-1:00p	5:00p-6:15p(3)		
WED	5:30a-8:30a (3) 11:00a-1:00p (3) 2:00p-5:00p (3) 7:00p-8:30p (4)	5:30a-8:30a (3) 8:30a-10:00a (1) 11:00a-1:00p(3) 1:00p-2:00p(2) 2:00p-5:00p(3) 7:00p-8:30p(2)	8:30a-9:30a(5) 10:00a-11:00(6) 1:00p-2:00p(4) 6:00p-7:00p(4)			11:00a-1:00p	5:00p-6:15p(3) 6:30p-7:15p(1)		
THU	5:30a-9:00a (3) 11:00a-5:00p (3) 7:00p-8:30p (3)	5:00a-7:30a (4) 8:00a-3:00p (4) 6:30p-8:30p (4)		9:00a-11:00a(4)		11:00a-1:00p	5:00p-6:15p(3)		
FRI	5:30a-8:30a (3) 11:00a-1:00p (3) 2:00p-5:00p (3) 6:00p-7:30p (4)	5:30a-8:30a (3) 8:30a-10:00a (1) 11:00a-1:00p(3) 1:00p-2:00p(2) 2:00p-5:00p(3) 6:00p-7:30p(2)	8:30a-9:30a(5) 10:00a-11:00(6) 1:00p-2:00p(4)			11:00a-1:00p			6:30p-8:00p(4)
SAT	1:00p-4:30p (3)	8:00a-9:00a(2) 9:00a-11:00a(1) 12:00p-4:30p(2)					9:00a-11:00a(4) 11:00a-12:00p(5)	12:00p-2:00(2) 2:00p-4:00p(2)	
SUN	1:00p-4:30p (3)	1:00p-4:30p(3)						12:00p-2:00(2) 2:00p-4:00p(2)	

(#) = Available lanes & subject to change without notice.

Pool always closes 30 minutes prior to the building hours

Swim Test: If you are under 18 years of age you must pass a swim test to swim in the deep end of the pool

Pool Area Guidelines:

- All children under the age of 12 must be accompanied by an Adult in the water and/or deck at all times.
- To swim without a parent or guardian, children must be 12 years of age or older OR able to pass the deep swim test.
- Whirlpool can only be used if you are 18 years of age OR older.