



9:41 AM

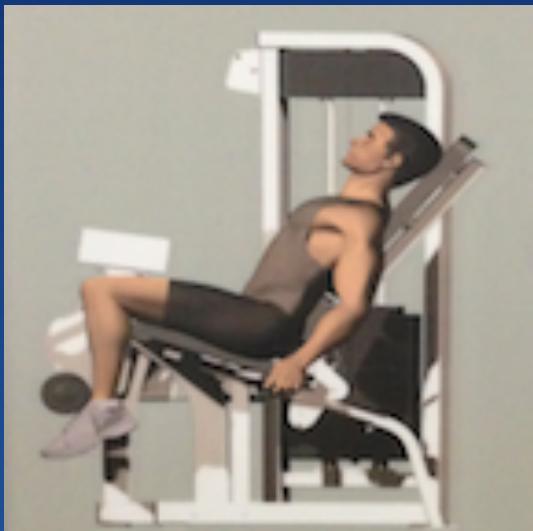
100%



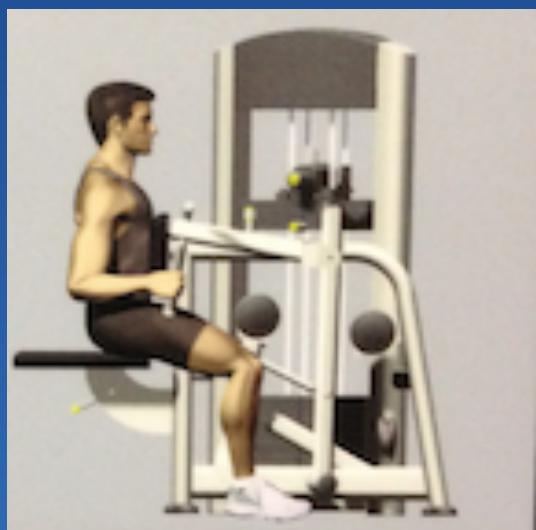
LOOK GOOD. FEEL GOOD.
DO GOOD.



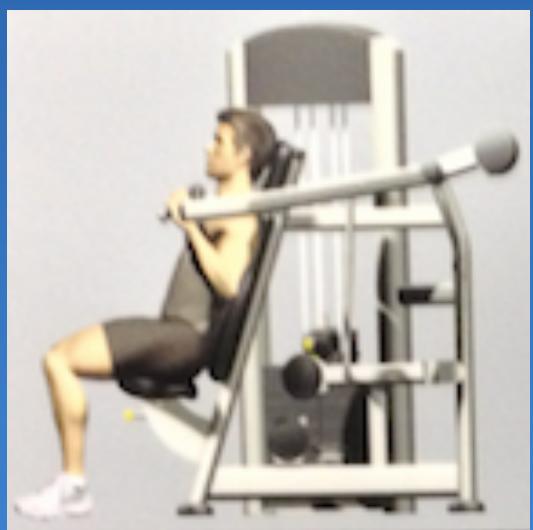
Equipment



Leg Extension
LifeFitness



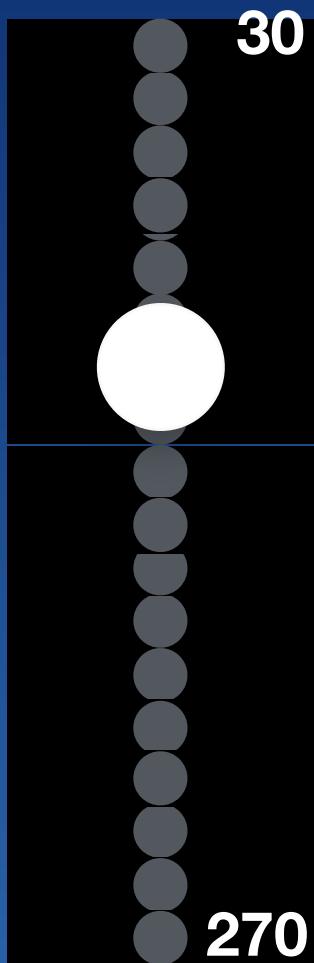
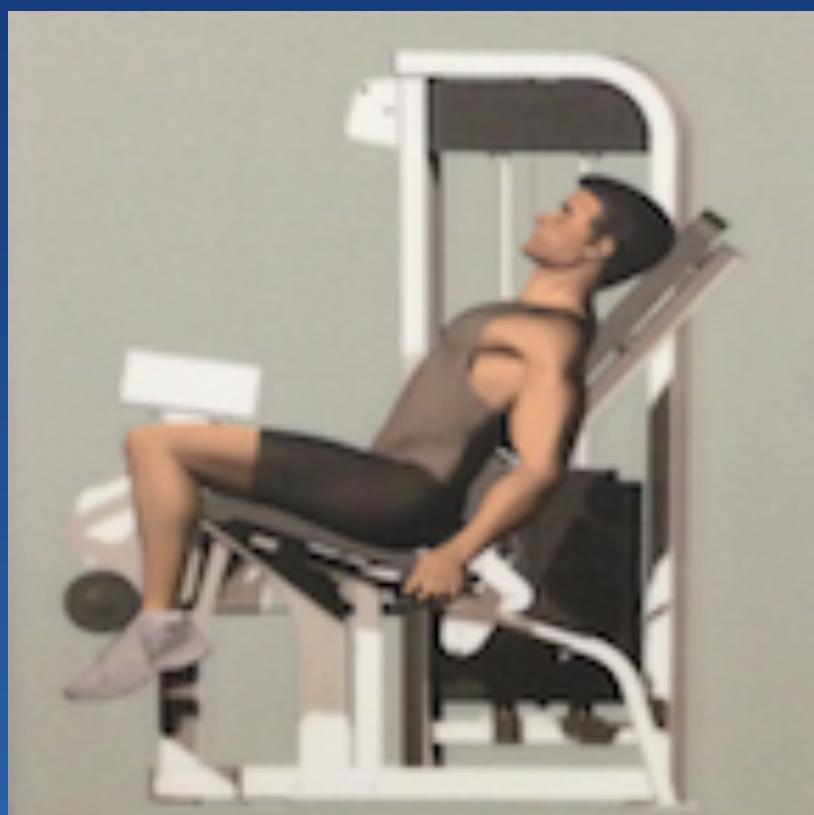
Seated Row
LifeFitness



Shoulder Press
LifeFitness



Leg Extension

[Auto Log](#)[Virtual Coach](#)

Weight
Selected
150

Reps Completed



Rest Interval



Set #



1	150
2	130
3	110



12
15
17



:30
:30
:20

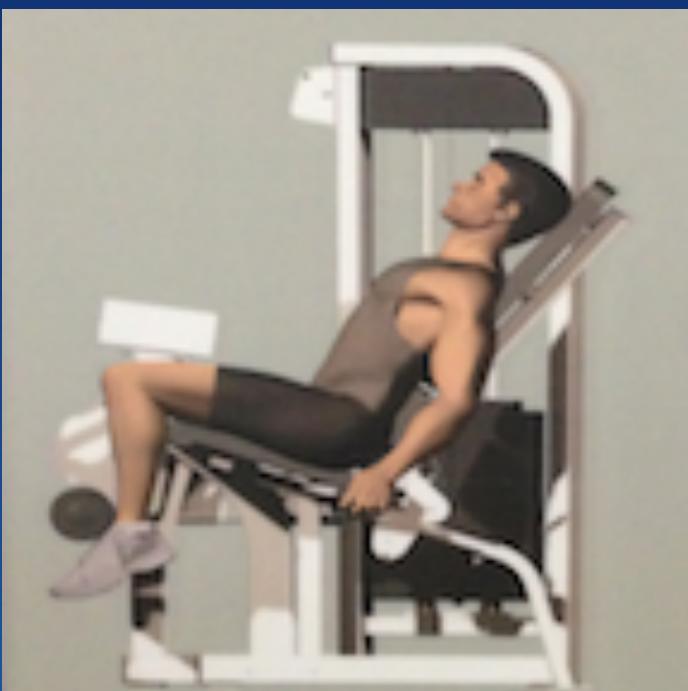


Personal Best

DONATE YOUR BODY
TO SCIENCE

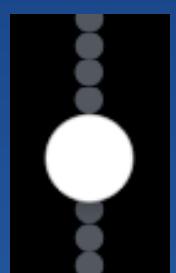
[Back](#)

Select Target



Leg Extension

by LifeFitness



11/20
2013

1st Set	150	20	5:40
2nd Set	150	20	5:40
3rd Set	150	20	5:40

11/25
2013

1st Set	150	20	5:40
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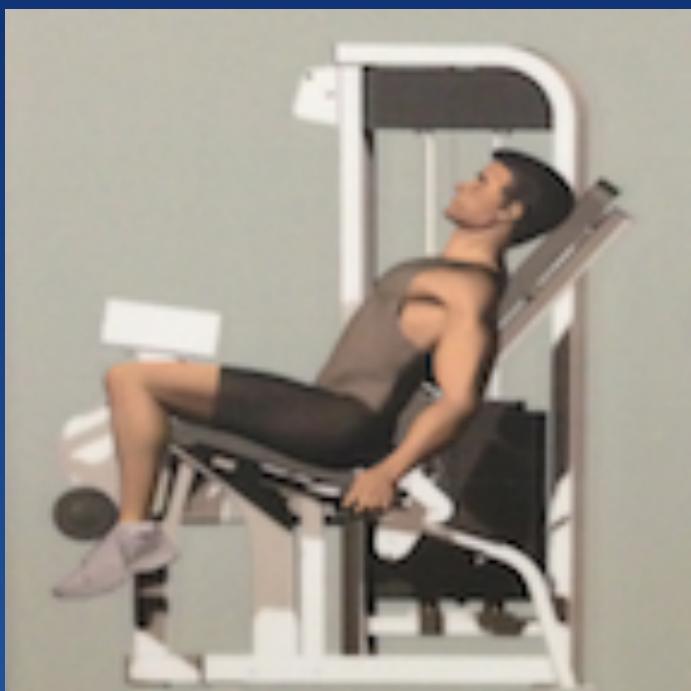
12/25
2013

1st Set	150	20	5:40
2nd Set	150	20	5:40

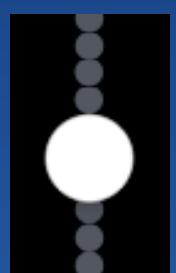
SWEAT THE
SMALL STUFF

[Done](#)

Select Target



Leg Extension by LifeFitness

**11/20
2013**

1st Set	150	20	5:40
2nd Set	150	20	5:40
3rd Set	150	20	5:40

**11/25
2013**

1st Set	150	20	5:40
---------	-----	----	------

**12/25
2013**

1st Set	150	20	5:40
2nd Set	150	20	5:40

 Done

Activity

Recents



Leg Extension

by LifeFitness



Weight Setting

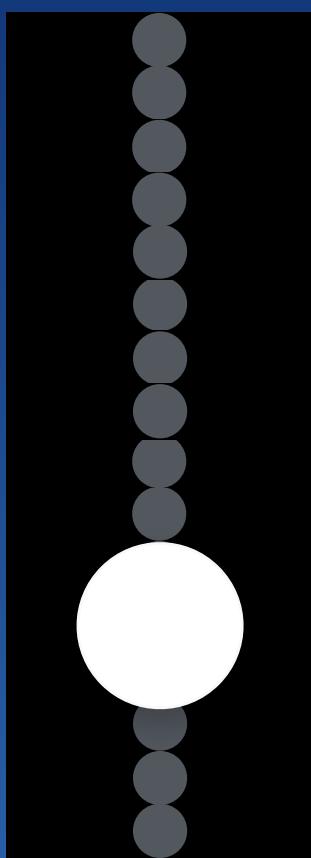
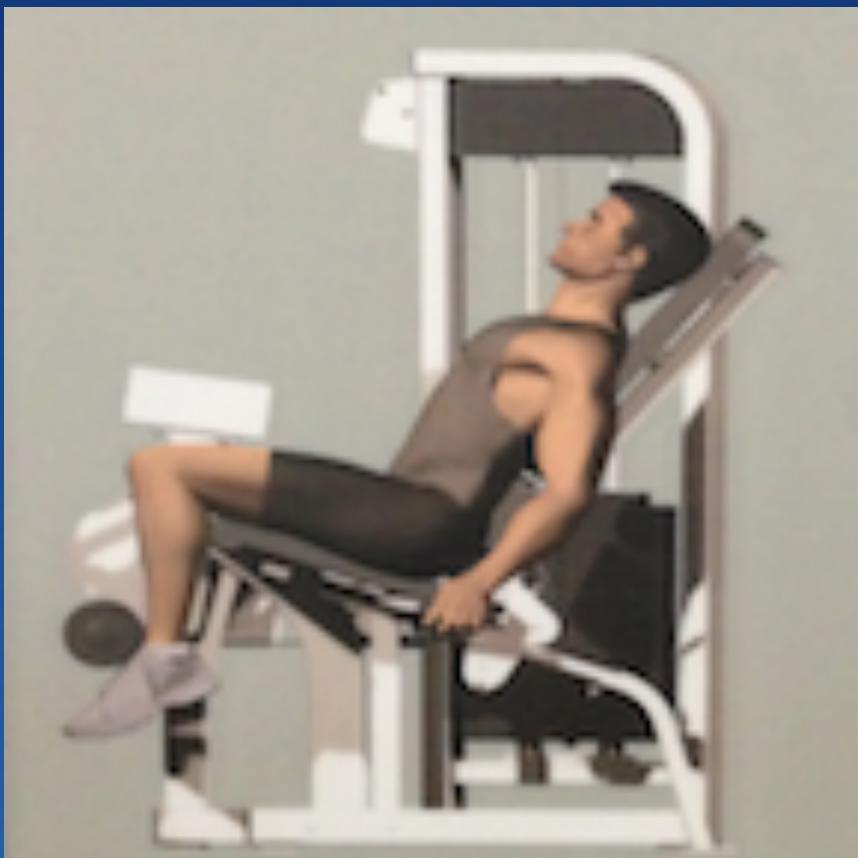
AT&T LTE

11:11 PM



[Done](#)

Leg Extension

[Recent](#)

Weight Selected



Reps Completed



Rest Interval:

Set #



1

150



2

130

15

3

110

17



:30



Personal Best

:30

:20

Watch and
Record

Use Most
Recent

Use My
Plan

 Done

Activity

Recent



Leg Extension

by LifeFitness



Weight Setting

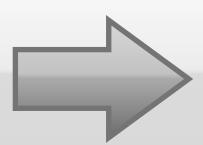
AT&T LTE

11:11 PM



7:30

Friday, October 5



slide to unlock



Afrojack
2010 (Oliver Twizt Remix)
Essential Mix (2012-01-28)

1 of 1

0:01



-0:32



Artists



Albums



Songs



Playlists



More

Mailboxes

Inbox

Edit



Back

Updates

Done

Q Search

Image

Instasave HD

Version 2.0

Whats New

ACTION

Instasave HD



Label

ON

OFF

Label

Label

Label

Label

Label

Label

Label



Label



Label



Label



Label



Label

AT&T LTE

11:11 PM



Mail



Message



Photo Stream



Twitter



Facebook



Assign to
Contact



Print



Copy



Use as
Wallpaper

Cancel

Nearby

Directions

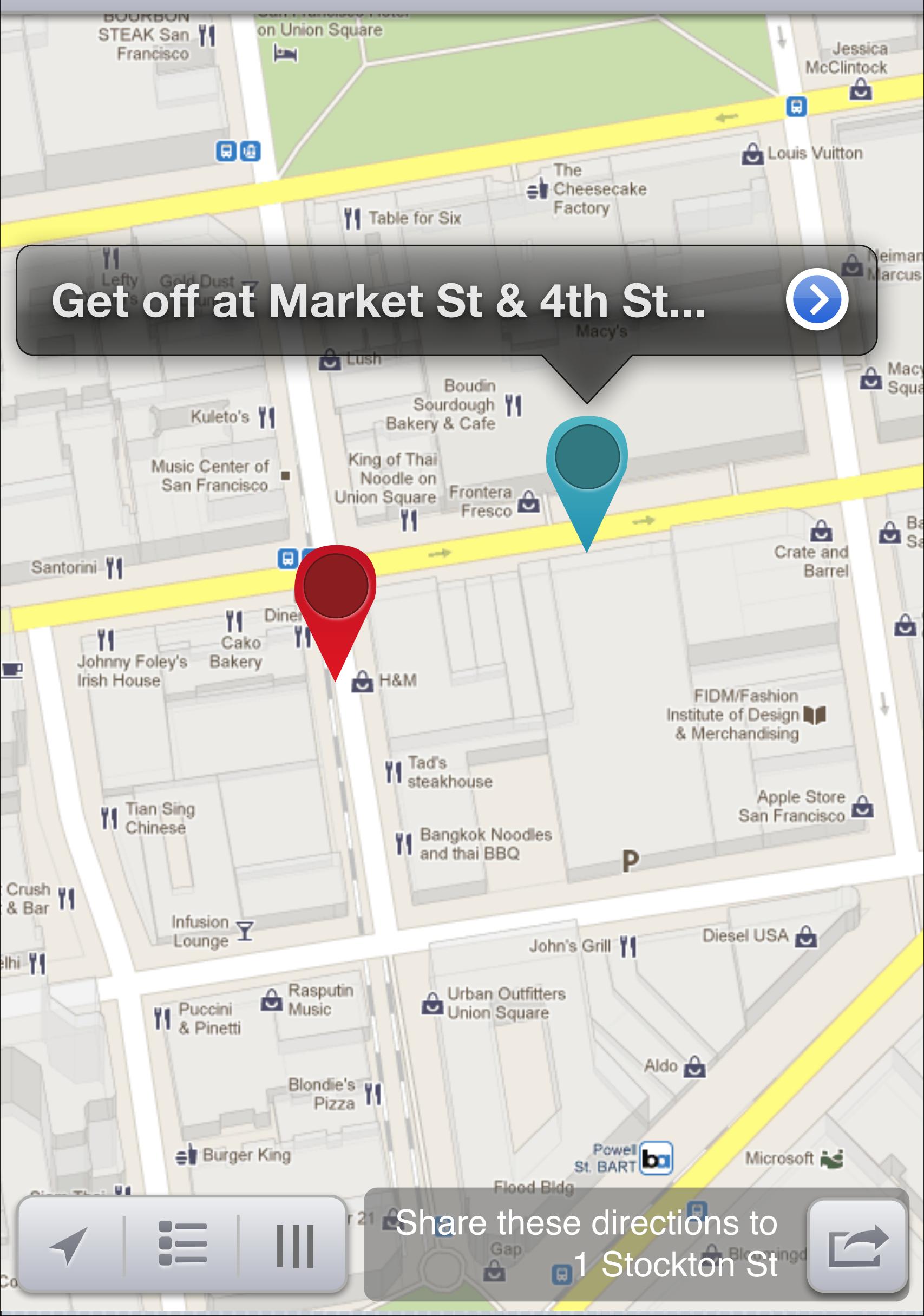
Update

1 Stockton St

1.6 mi

22 min

Walking + Transit



3G

7:11 PM



3G

7:11 PM



Item

Item

Item

Button

Back

1 of 15

Done

Delete

Home

Toolbar Label

Downloading 34 of 67



...



...



Cancel

From

To

Subject

All



Start: Current Location

From

Item

Item

Button Label

Two lines
button label

47%



Button

Button

Button

Button

Back

Settings

Section Title

Section Information

Option Name

ON

Option Name



Option Name



Option Name



Line for description and help goes here.

Option Name

Selected Option

Option Name



Option Name



Dialog Box Title

Dialog text message goes here,
and second line goes here

Cancel

OK

Dialog Box Title

Text field label

Cancel

OK

Message Box Title

A message that is too long can
cause scrolling, which is not a
good user experience, but it also

OK



L item

L item

L item

M

M item

M item

N

N item

N item

N item

O

O item

O item

O item

O item

Q
A

B
C

D
E

F

G
H

I
J

K

L
M

N
O

P
Q

R
S

T
U
V

W
X

Y
Z

#

0

4

1

5

2 hours

6 minutes

3

7

4

8

Wed Nov 9

4

50

Thu Nov 10

5

55

AM

Today

6

00

PM

Sat Nov 12

7

05

Sun Nov 13

8

10

United Arab Emirates

United Kingdom

United States

US Minor Outlying Islands

Uruguay

4	50	
5	55	AM
6	00	PM
7	05	
8	10	



Item

Delete



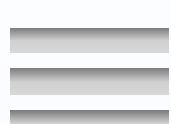
Item



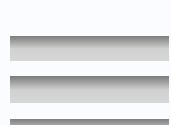
Item



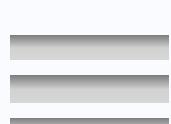
Item



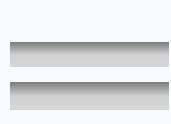
Item



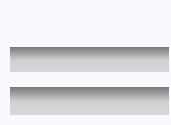
Item



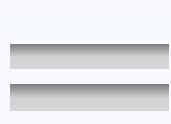
Item



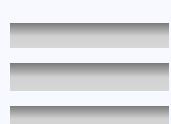
Item



Item



Item



Button

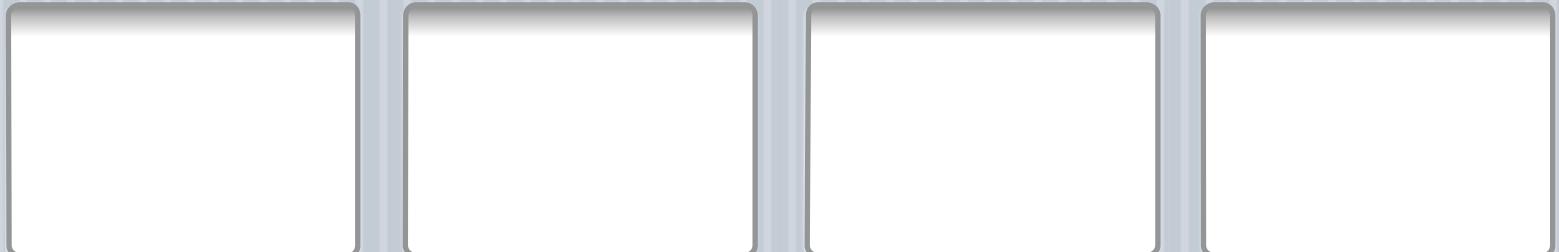
Button

Button

Button

Button

Enter your password



1

2

3

4

5

6

7

8

9

0

✖



RadioButton



RadioButton



Checkbox



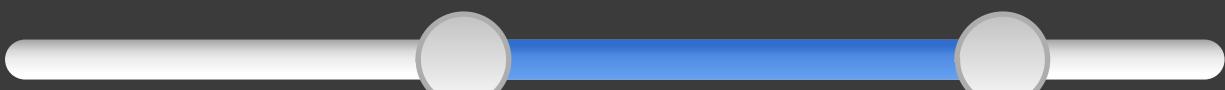
Checkbox

Option



Text Box

Text Area



Union
Square Park

The Westin St Francis
San Francisco Hotel
on Union Square

BOURBON
STEAK San
Francisco



Location label



(123) 456-7890

1

2

3

4

5

6

7

8

9

*

0

#



Call



Header 1

Header 2

Header 3

Italic

Bold

[hyperlink](#)

- List item 1
- List Item 2
- List item 3

- 1.List item 1
- 2.List item 2
- 3.List item 3

Nulla dui purus, eleifend vel, consequat non, dictum porta, nulla. Duis ante mi, laoreet ut, commodo eleifend, cursus nec, lorem.

Aenean eu est. Etiam imperdiet turpis.

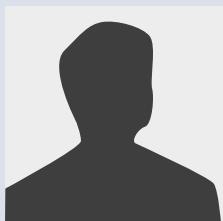
Praesent nec augue. Curabitur ligula quam, rutrum id, tempor sed, consequat ac, dui.

Vestibulum accumsan eros nec magna.

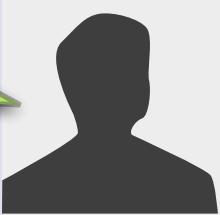
Vestibulum vitae dui. Vestibulum nec ligula et lorem consequat ullamcorper.

Messages

Contact Name



This is awesome! I can create iPhone prototypes without needing a designer or a developer!



This is awesome! I can create iPhone prototypes without needing a designer or a developer!

You

U

Q W E R T Y I O P

A S D F G H J K L



Z

X

C

V

B

N

M



.,123

Space

Send

 Auto



Cancel



3G

7:11 PM



Button



Notification Title

7:26 am

Notification snippet line 1
Notification snippet line 2

Notification Title

7:26 am

Notification snippet line 1
Notification snippet line 2



Facebook



Amir Khella

Amir Khella commented on his post: "how to create an interactive iPhone prototype"

Amir Khella commented on his post: "how to create an interactive iPhone prototype"

Application Name



Notification Title

Notification snippet line 1
Notification snippet line 2

[Calendars](#)

All Calendars



Sun

Mon

Tue

Wed

Thu

Fri

Sat

July 2012

29

30

31

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

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25

26

27

28

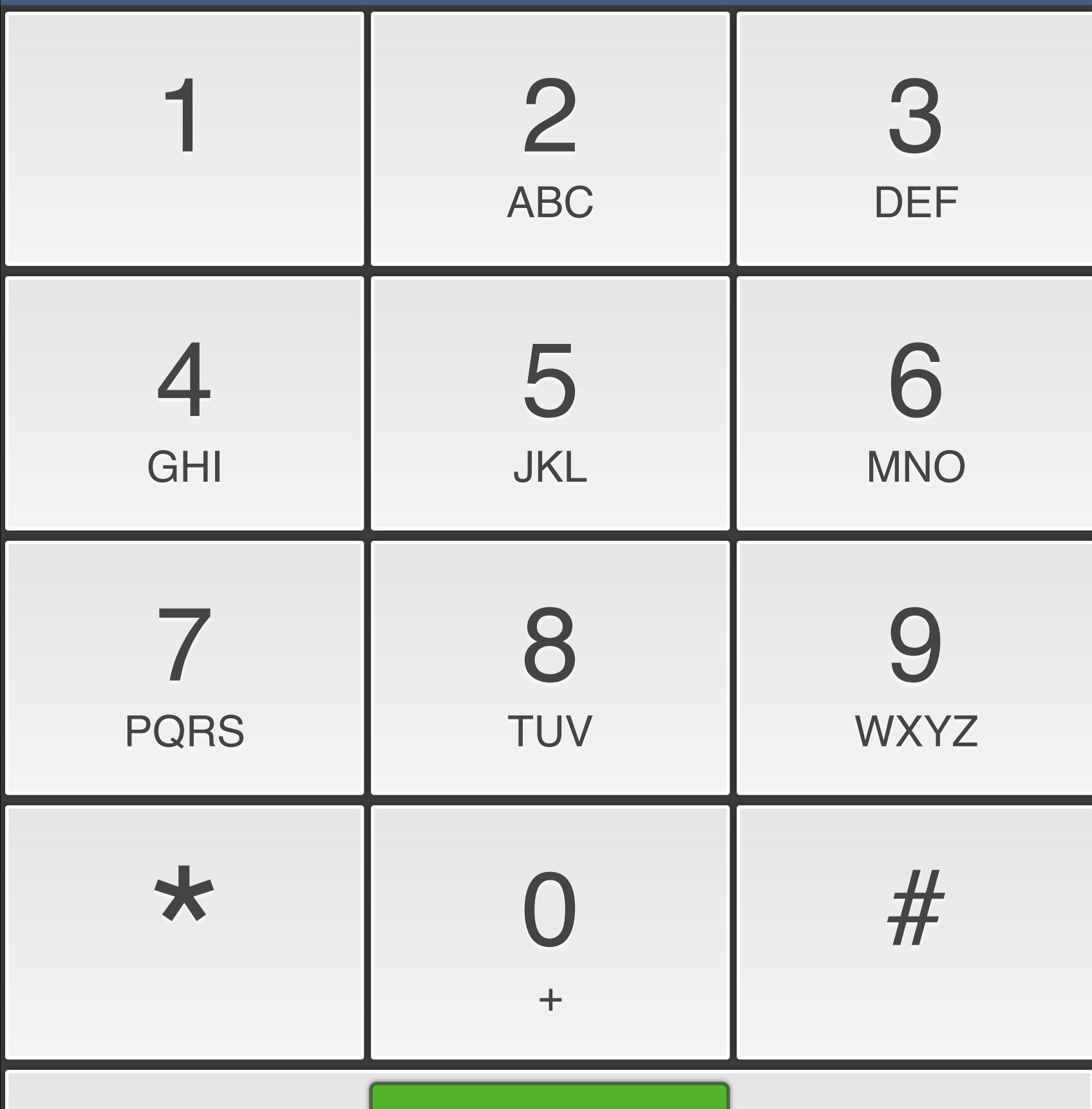
29

30

1

2

[Today](#)[List](#)[Day](#)[Month](#)



Call

X



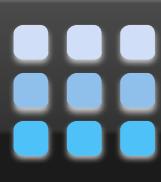
Favorites



Recents



Contacts



Keypad



Voicemail

The black Keys

The Black...

Now
Playing



Image

The Black Keys El Camino

Released 2011

11 Songs, 39 Mins.



1	Lonely Boy	3:13
2	Dead and Gone	3:41
3	Gold On the Ceiling	3:44

AT&T LTE

11:11 PM



Off

Options



Amir

Welcome to Keynotopia

6:25 PM

I updated your Facebook status. Ready to post it?

Facebook

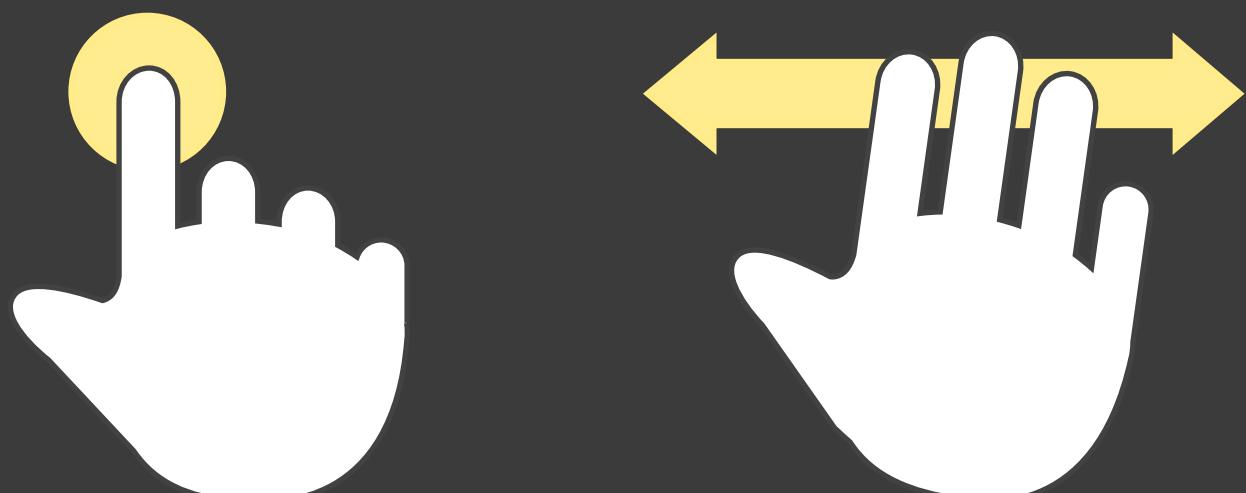
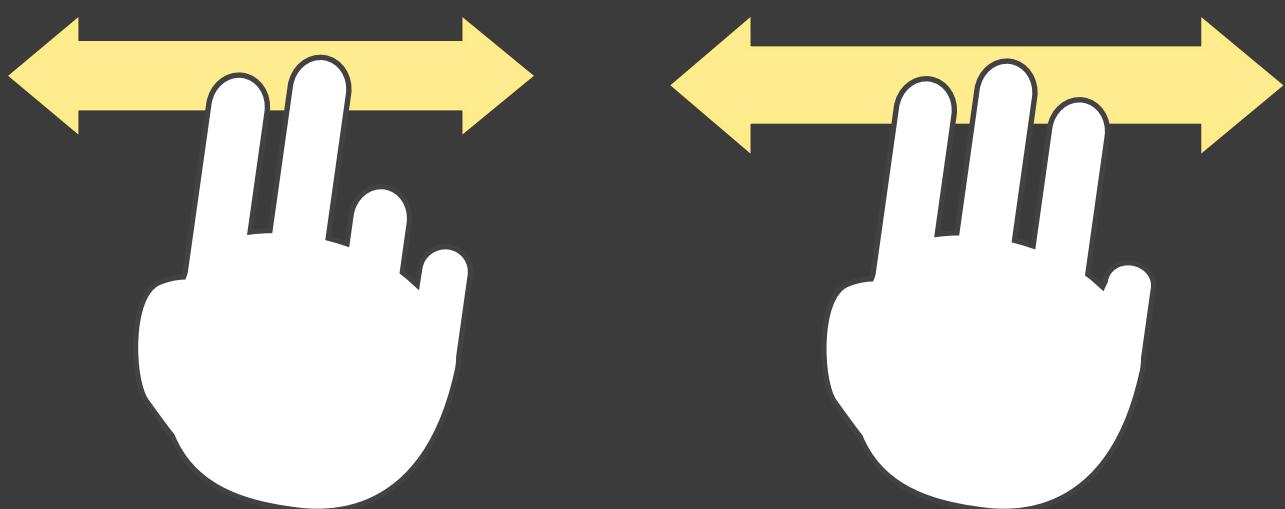
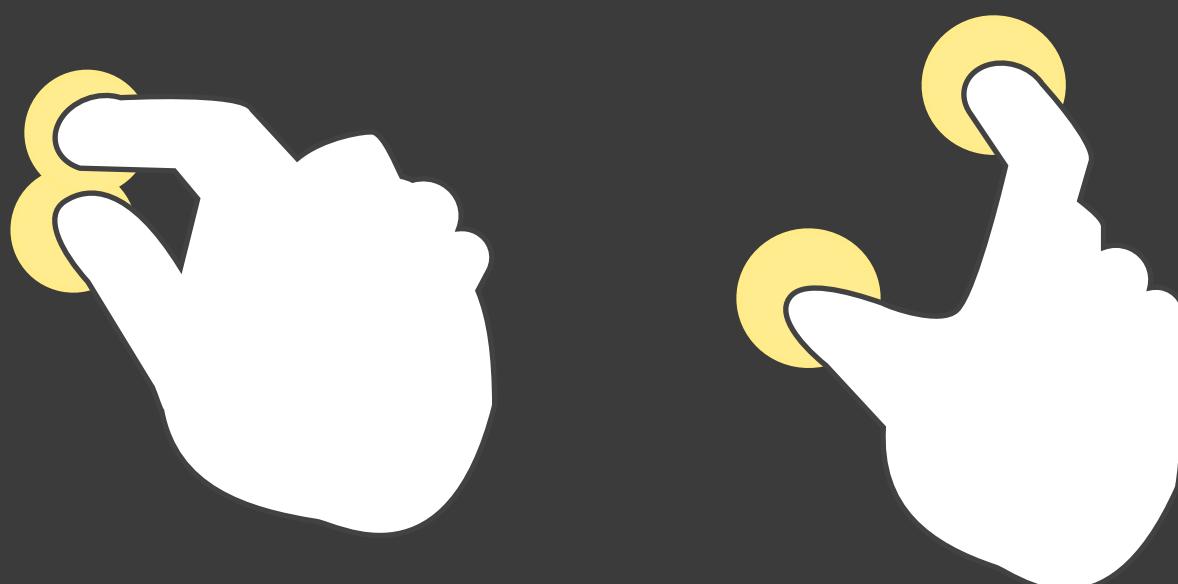
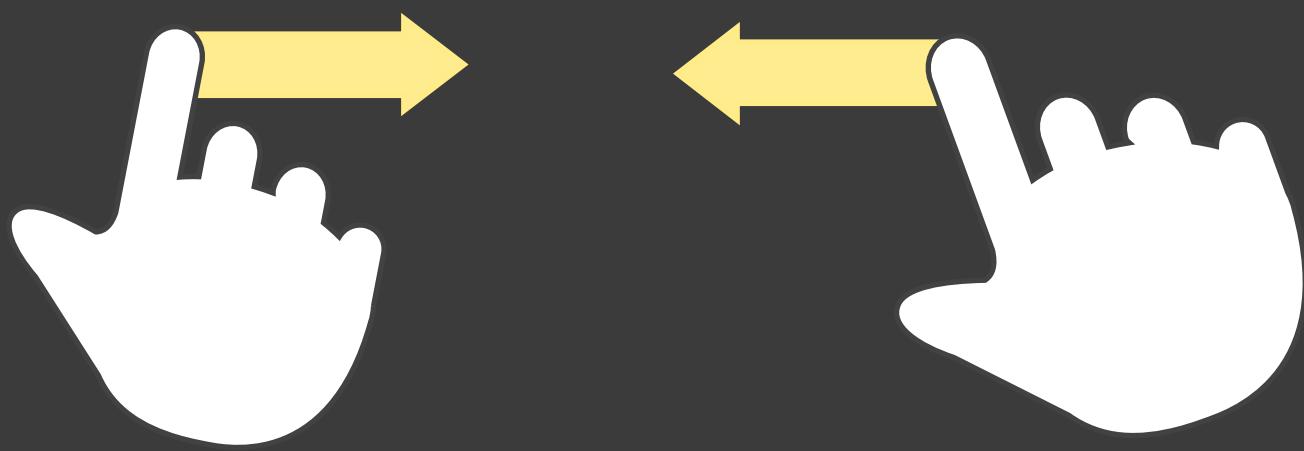


I'm sick of this rain

Cancel

Post





Test Advertisement

iAd