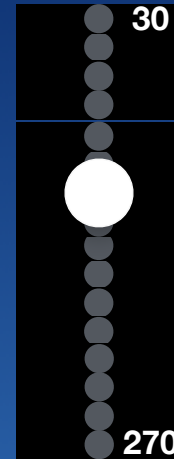


< Done

Leg Extension



Weight
Selected

150

Reps Completed



Rest Interval:



Set #



1
2
3

150
130
110

12
15
17

:30
:30
:20

Personal Best

Watch and
Record

Use Most
Recent

Use My
Plan