

---

# Predicting Optimal Meal Kit Choices: a Comparison of Methods

---

By Robert N. Nakano  
October 2, 2020

---

Committee Members

---

---

Olga Korosteleva, Ph.D. (Chair)  
Kagba N. Suaray, Ph.D.  
Alan Safer, Ph.D

# Outline: Predicting Optimal Meal Kit Choices

Meal Kits

Survey

- Survey Design
- IRB Process
- Descriptive Statistics

Algorithms

- Collaborative Filtering
- Content-based Filtering
- Deep Learning Approaches
- Results

Future Work

# Background

## Meal Kit Services



**Robert Nakano**

Applied Statistics, CSULB  
Business Economics, UCI  
Film (Assistant Editor)  
Middle School Math Teacher  
Teaching Associate Math 104  
Hobbyist Web Developer

**Aaron Yoshitake**

**Pick a Kit Founder**

Computer Science, UCB  
Web Developer  
Meal Kit Aficionado

## What is a mealkit?

Meal kits are boxes containing premeasured and packaged ingredients for one or more recipes that are delivered to a buyer's address, oftentimes on a subscription basis.



*Gobble*

**martha**  
&  
**MARLEY SPOON**

 **HelloFRESH**

*SUN BASKET*

  
**HOME CHEF**

# PICK A KIT =



## PICK A KIT

[Menus](#)[Discounts](#)[Meal Kit Services ▾](#)[FAQs](#)[Blog](#)[Survey](#)

## Find your perfect meal plan.

Compare menus and prices for [Blue Apron](#), [HelloFresh](#), and more

[Affiliate Disclosure](#)

Menus for Oct 4 to Oct 10

[◀ Previous Week](#) [Next Week ▶](#)

Plan type:

[2-Person](#)

Meal type:

- Meat
- Vegetarian
- Gluten-Free

**Sun Basket** (35)

Pork Chops and Onion Gravy  
with Brussels Sprout Slaw



Mediterranean Turkey Meatballs  
with Chard and Red Pepper-cashew Crema



Steak Stir-Fry  
with Sweet Peppers and Baby Bok Choy



Spicy Thai Chicken Skewers  
with Mango-Radish Salad

**Green Chef** (14) [Balanced Living Plan](#)

## Problem Statement

Which meal kit service is best for each individual?

# Approach Overview

1. Run a survey to collect ratings (1-5) for meal kit services and other data
2. Use data to test ratings prediction algorithms

# Evaluation Metrics

1. Accuracy- RMSE, and MAE
2. Prediction Coverage
3. Computation Time

2. Rate each meal kit service you have tried from 1 (strongly dislike) to 5 (love).

Service Name	Overall Service Rating	Service Comments
Marley Spoon	<input type="button" value="1"/> <input type="button" value="2"/> <input type="button" value="3"/> <input type="button" value="4"/> <input checked="" type="button" value="5"/>	I liked learning how to make roasted potatoes.
Blue Apron	<input type="button" value="1"/> <input checked="" type="button" value="2"/> <input type="button" value="3"/> <input type="button" value="4"/> <input type="button" value="5"/>	Not enough potato dishes.

**Add Service**

# Survey

# Survey Design

Nonprobability Survey

Recruitment over a 24 week period in early  
2020

Recruitment from various channels:

- Personal networks
- Survey sharing groups
- Interest groups
- Facebook
- Twitter
- Reddit
- Pinterest
- Pick a Kit

Capture preferences on users for meal kit services (i.e. ratings 1-5)

Learn about other user preferences that may influence meal kit decisions

Provide options for further research

# Survey Design- Architecture

Data stored on MongoDB NoSQL databases

JSON format

Survey.js

Hosted on Pick a Kit

Page 1 of 3

## Welcome

Welcome to the Pick a Kit survey on meal kits, a research project in collaboration with California State University, Long Beach. Your response will help us figure out the best meal kit recommendations for each person.

The basic version of the survey takes about 4 minutes. After taking the survey, we would love to share the results with you!

To continue, please read and agree to the [Notice of Informed Consent](#) and the [Pick a Kit Privacy Policy](#).

I am 18 years of age or older, and understand and agree to the Notice of Informed Consent.

I understand and agree to Pick a Kit's Privacy Policy.

13

**Next**

# The IRB Process

**“The Institutional Review Board (IRB) is an administrative body established to protect the rights and welfare of human research subjects recruited to participate in research activities conducted under the auspices of the institution with which it is affiliated.”**

# When do you need to submit to IRB?

## Human Subject + Research Activity

Project is considered research activity when:

- collecting information through interaction with individuals
- analyzing identifiable private information (individuals can directly or indirectly be identified)
- not business related

# Step 0: Figure out your research project

- Research goals
  - Interests?
  - Target Population?
    - Access and Recruitment?
- Resources
  - \$
  - Time
- Team
  - Advisor
  - Committee
  - Other Researchers
  - Industry Counterparts

# Fields of Study

Recommender Systems  
Food Sciences and Nutrition

Goal:

Design and administer a survey  
on meal kit preferences

Investigate methods to predict  
optimal meal kit choices

Nonprobability Survey

# **Step 1: Visit CSULB IRB Website**

- Instructions:

<https://www.csulb.edu/office-of-research-and-sponsored-programs/institutional-review-board-irb>

# 3 Types of IRB Applications

- Submission to the *IRB* is required. Which IRB Application should I submit?
- IRB Application for [Existing and Secondary Data \(DOC\)](#)
  - **For Projects involving:**
    - Secondary analysis of identifiable data
    - Retrospective and/or prospective secondary data analysis
- IRB Application for [Administrative and Limited Preview \(DOC\)](#)
  - **For Projects involving:**
    - Surveys, interview and focus groups (release of data will not place subjects at harm)
    - Benign behavioral interventions with adults
    - No children or other vulnerable populations
- IRB Application for [Expedited and Standard Review \(DOC\)](#)
  - **For Projects involving:**
    - Interventions and assessments (minimal and greater than minimal risk)
    - Behavioral interventions
    - Inclusion of children or other vulnerable populations

# Step 2: Complete Citi Training

- Social & Behavioral Basic/Refresher Course
- 10 hours
- Free for CSULB students

The screenshot shows the CITI Program website. At the top, there is a navigation bar with links for Support, FAQ, Contact Us, Register, and Log In. The main header features the CITI PROGRAM logo and three dropdown menus: Courses, Organizations, and Individuals. Below the header, a large banner with a background image of two people in lab coats displays the text: "The Trusted Standard in Research, Ethics, and Compliance Training". Underneath this, a paragraph describes the CITI Program's mission to serve training needs for various institutions and organizations. At the bottom of the banner, there are two buttons: "Demo a Course" and "View Catalog". To the right of the banner, a large graphic of a hand holding a tablet is shown, with a classroom scene displayed on the screen. Below this graphic, a blue banner states: "Utilized by the Top-25 Best National Universities\*". The page also includes a footer with three small circular icons.

# THE BELMONT REPORT

Office of the Secretary

Ethical Principles and Guidelines for the Protection of Human  
Subjects of Research

The National Commission for the Protection of Human Subjects of  
Biomedical and Behavioral Research

April 18, 1979

---

**AGENCY:** Department of Health, Education, and Welfare.

**ACTION:** Notice of Report for Public Comment.

**SUMMARY:** On July 12, 1974, the National Research Act (Pub. L. 93-348) was signed into law, thereby creating the National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research. One of the charges to the Commission was to identify the basic ethical principles that should underlie the conduct of biomedical and behavioral research involving human subjects and to develop guidelines which should be followed to assure that such research is conducted in accordance with those principles. In carrying out the above, the Commission was directed to consider: (I) the boundaries between biomedical and behavioral research and the accepted and routine practice of medicine, (II) the role of assessment of risk-benefit criteria in the determination of the appropriateness of research involving human subjects, (III) appropriate guidelines for the selection of human subjects for participation in such research and (IV) the nature and definition of informed consent in various research settings.

The Belmont Report attempts to summarize the basic ethical principles identified by the Commission in the course of its deliberations. It is the outgrowth of an intensive four-day period of discussions that were held in February 1976 at the Smithsonian Institution's Belmont Conference Center supplemented by the monthly deliberations of the



Completion Date 01-Dec-2019  
Expiration Date 30-Nov-2022  
Record ID 34321339

This is to certify that:

**Robert Nakano**

Has completed the following CITI Program course:

**Social & Behavioral Research - Basic/Refresher** (Curriculum Group)

**Social & Behavioral Research - Basic/Refresher** (Course Learner Group)

**1 - Basic Course**



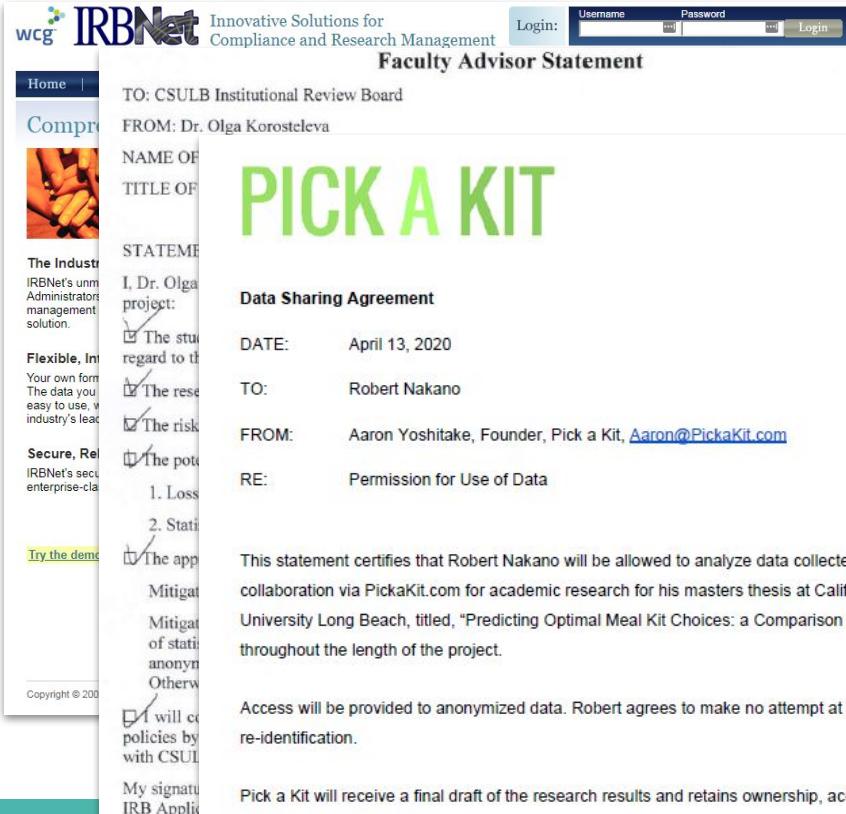
Under requirements set by:

**California State University, Long Beach**

Verify at [www.citiprogram.org/verify/?wa5af59f5-5ba5-4780-b0fe-8ab669f9091e-34321339](http://www.citiprogram.org/verify/?wa5af59f5-5ba5-4780-b0fe-8ab669f9091e-34321339)

# Step 3: Submit Required Documents

1. Citi Training Certificate
2. Permission Letters
3. Faculty Advisor Letter
4. Online Survey
5. Consent Notice
6. Recruitment Material



The screenshot shows a software interface for 'IRBNet' from 'wgc'. The top navigation bar includes 'Home', 'About', 'Contact', 'Log In', and 'Logout'. The main title is 'Faculty Advisor Statement'. The form fields are as follows:

**TO:** CSULB Institutional Review Board  
**FROM:** Dr. Olga Korosteleva

**NAME OF  
TITLE OF  
STATEMENT**

**I, Dr. Olga Korosteleva, declare that I am the principal investigator for the following project:**

The study will involve the collection and analysis of data regarding the nutritional content of various meal kits.

The research will involve the development of a statistical model to predict meal kit preferences based on dietary restrictions.

The risk of data breach is low.

The potential impact on participants is minimal.

**Data Sharing Agreement**

**DATE:** April 13, 2020  
**TO:** Robert Nakano  
**FROM:** Aaron Yoshitake, Founder, Pick a Kit, [Aaron@PickaKit.com](mailto:Aaron@PickaKit.com)  
**RE:** Permission for Use of Data

**PICK A KIT**

This statement certifies that Robert Nakano will be allowed to analyze data collected in collaboration via PickaKit.com for academic research for his masters thesis at California State University Long Beach, titled, "Predicting Optimal Meal Kit Choices: a Comparison of Methods", throughout the length of the project.

Access will be provided to anonymized data. Robert agrees to make no attempt at data re-identification.

Pick a Kit will receive a final draft of the research results and retains ownership, access, and distribution rights to all data.

# IRB Application for Administrative & Limited Review

Projects involving less than minimal risk

**Instructions:** Complete all questions regarding the proposed project. Use as much space as necessary and be specific. Refer to the end of the document for term definitions. Check boxes can be filled in by clicking inside the box once.

**IMPORTANT:** NO ACTIVITY MAY BEGIN ON THIS PROJECT UNTIL THE PRINCIPAL INVESTIGATOR HAS RECEIVED FORMAL NOTIFICATION FROM THE CSULB IRB THAT THE PROJECT HAS BEEN ACKNOWLEDGED AS A QUALITY ASSESSMENT/QUALITY IMPROVEMENT PROJECT UNDER ADMINISTRATIVE REVIEW.

## 1. BASIC INFORMATION

PI's Name (Last, First, Degree)	Click or tap here to enter text.
Telephone Number	Click or tap here to enter text.
Email	Click or tap here to enter text.
CITI Member ID #	Click or tap here to enter text.
Completion of CITI Social & Behavioral Basic/Refresher Course (Check one)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not Sure
Department	Click or tap here to enter text.
Affiliation	<input type="checkbox"/> Student* <input type="checkbox"/> Staff <input type="checkbox"/> Faculty <input type="checkbox"/> Other
<b>*If you are a student, please complete the information below for your Faculty Advisor:</b>	
Faculty Advisor Name	Click or tap here to enter text.
Email	Click or tap here to enter text.
Telephone Number	Click or tap here to enter text.
<input type="checkbox"/> I have attached a signed and completed letter from my faculty advisor as an appendix to this project in IRBNet.	

## 2. PROJECT SUMMARY

Title of Project
Click or tap here to enter text.
Describe the purpose of the project. Provide context to the importance of the research and explain

1. Basic Information
2. Project Summary
3. Risks and Mitigations
4. Data Access
5. Funding
6. Results
7. Additional Personnel
8. Investigator Assurance

- 7 page template
- Attach relevant documents

# Step 4: Make Necessary Modifications

There may be mandatory changes based on ethics and compliance.

CSULB IRB Application for Existing and Secondary Data	Version: 01/02/2018
<h2>IRB Application for Existing and Secondary Data</h2>	
<p><b>Instructions:</b> Please confirm that the research activities meet the definition of research with human subjects (the data has identifiers or links to identifiers). Fill out the form completely. Any incomplete forms will be returned. Check boxes can be filled by clicking once inside the box. Please include all applicable supporting documents for this submission such as permission letters and faculty supervisor letter.</p>	
<h3>1. Basic Information</h3>	
<b>Principal Investigator:</b>	Click or tap here to enter text.
<b>CITI Member ID Number:</b>	Click or tap here to enter text.
<b>Department:</b>	Click or tap here to enter text.
<b>Telephone Number:</b>	Click or tap here to enter text.
<b>Email:</b>	Click or tap here to enter text.
<b>Affiliation:</b>	<input type="checkbox"/> Student* <input type="checkbox"/> Faculty <input type="checkbox"/> Staff <input type="checkbox"/> External PI

# Step 5: Final Approval

- An email notice is sent updating your status
- Updates to the research require updates to the IRB application

# **Survey Results**

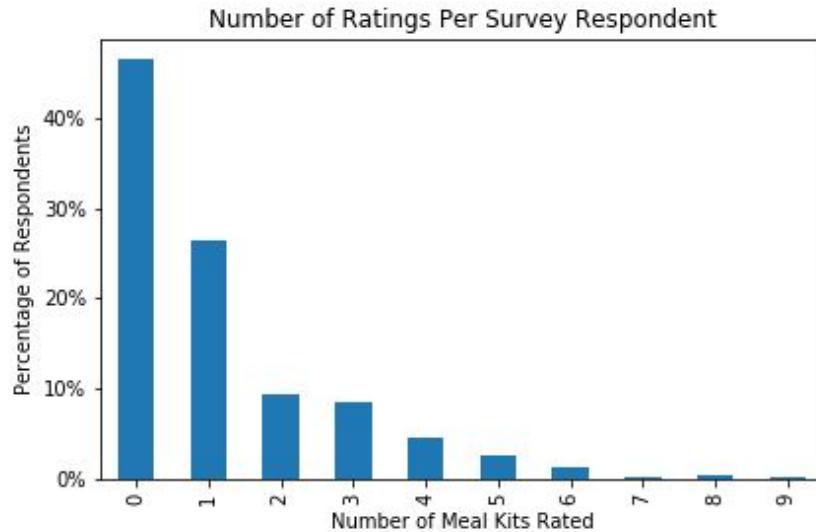
## **Descriptive Statistics**

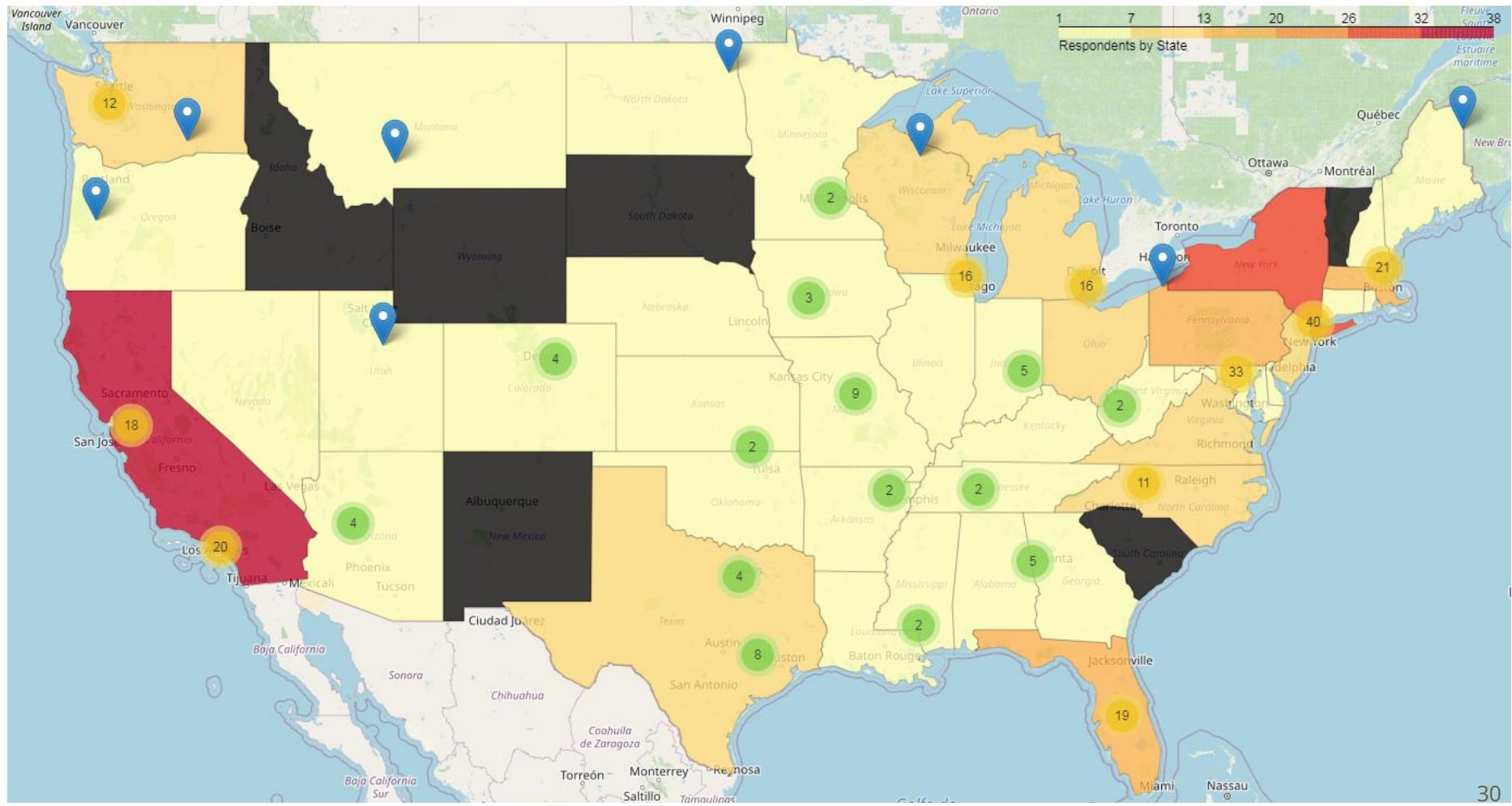
# Survey Respondents

499 survey respondents over 24 weeks

267 respondents rated meal kits

After data cleaning, the resulting user rating matrix contains 577 ratings, 360 features, and 1 target variable.



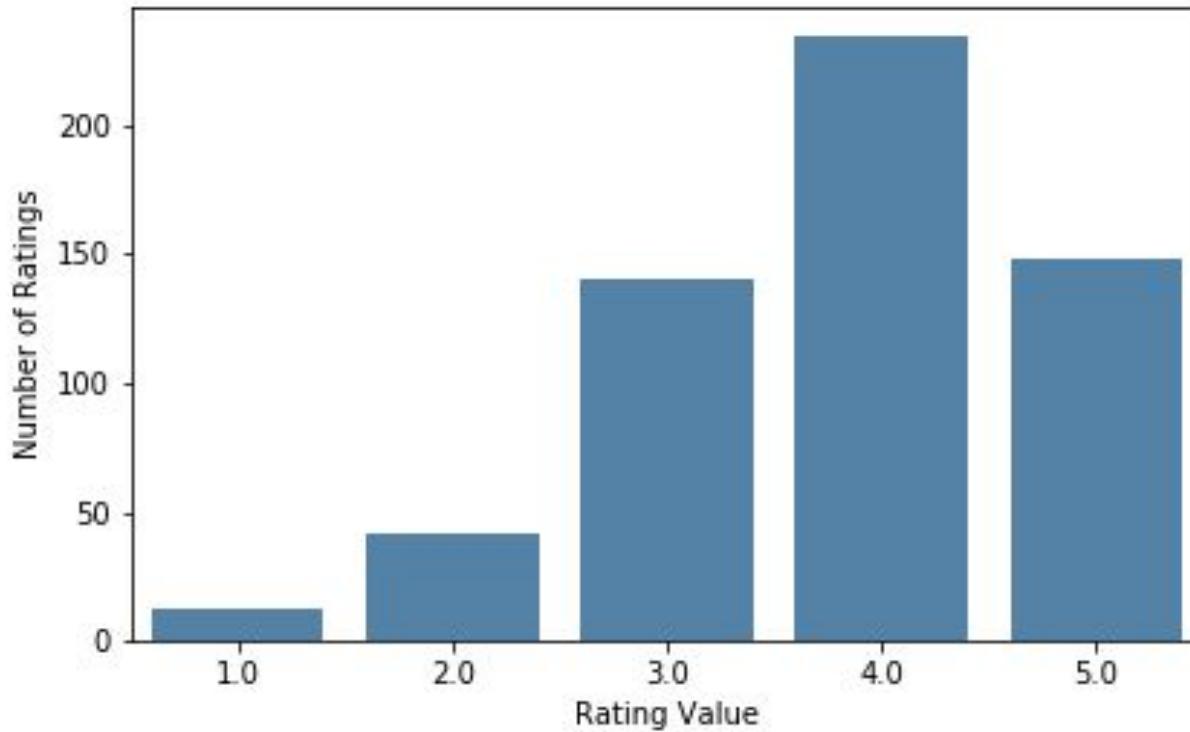


# Top 10 Number of Meal Kit Survey Respondents in United States per Capita

Rank	State	Respondents per Million of Population
1	Maine	2.98
2	Massachusetts	2.47
3	New Hampshire	2.21
4	Washington	1.71
5	New York	1.54
6	District of Columbia	1.42
7	Wisconsin	1.37
8	North Dakota	1.31
9	Pennsylvania	1.25
10	Missouri	1.14

- Northeastern United States shows higher participation per capita.

### Distribution of Meal Kit Service Ratings



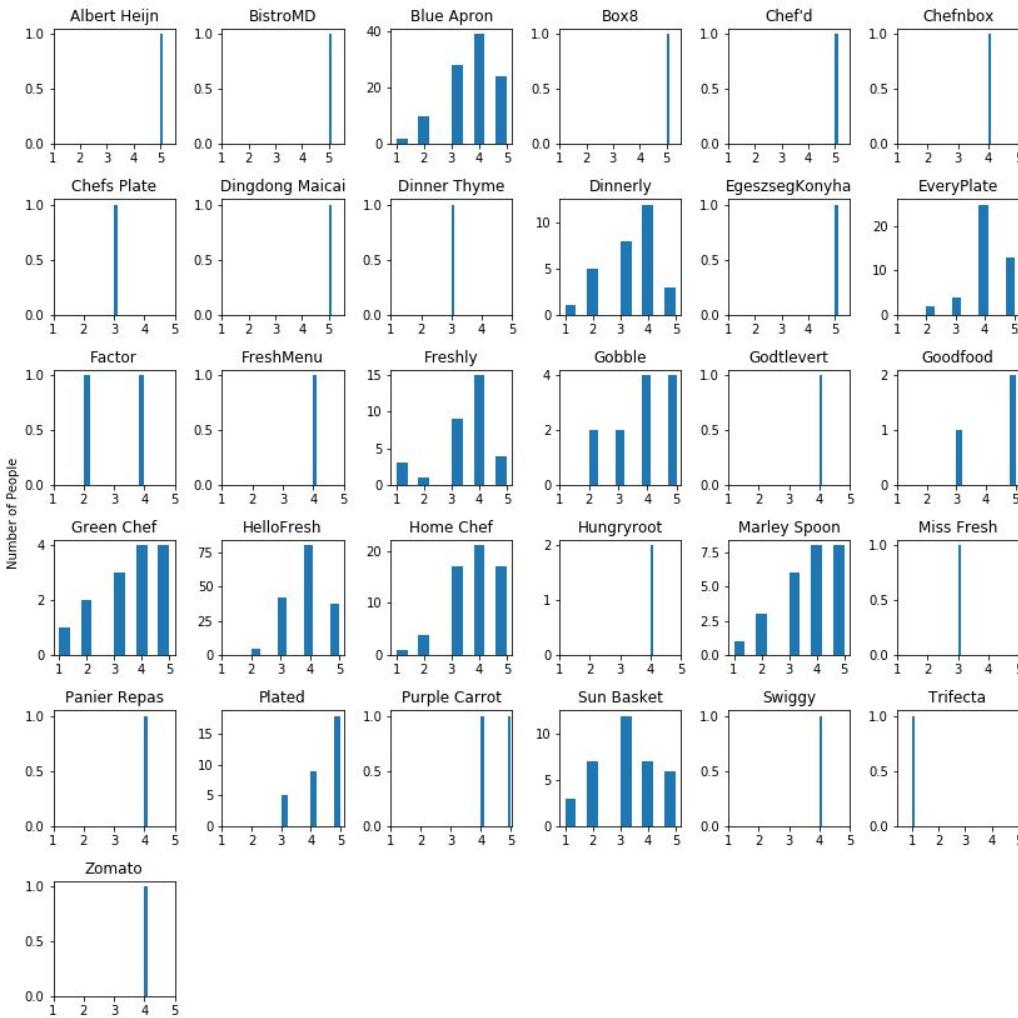
499 survey respondents

276 respondents included meal kit service ratings

Meal Kit Service	Rating Mean	Rating Count	Rating Std dev.
Plated	4.41	32	0.756
Goodfood	4.33	3	1.155
EveryPlate	4.11	44	0.754
HelloFresh	3.92	165	0.776
Gobble	3.83	12	1.115
Home Chef	3.82	60	0.983
Marley Spoon	3.73	26	1.151
Blue Apron	3.71	103	0.996
Green Chef	3.57	14	1.284
Freshly	3.50	32	1.078
Dinnerly	3.38	29	1.015
Sun Basket	3.17	35	1.200

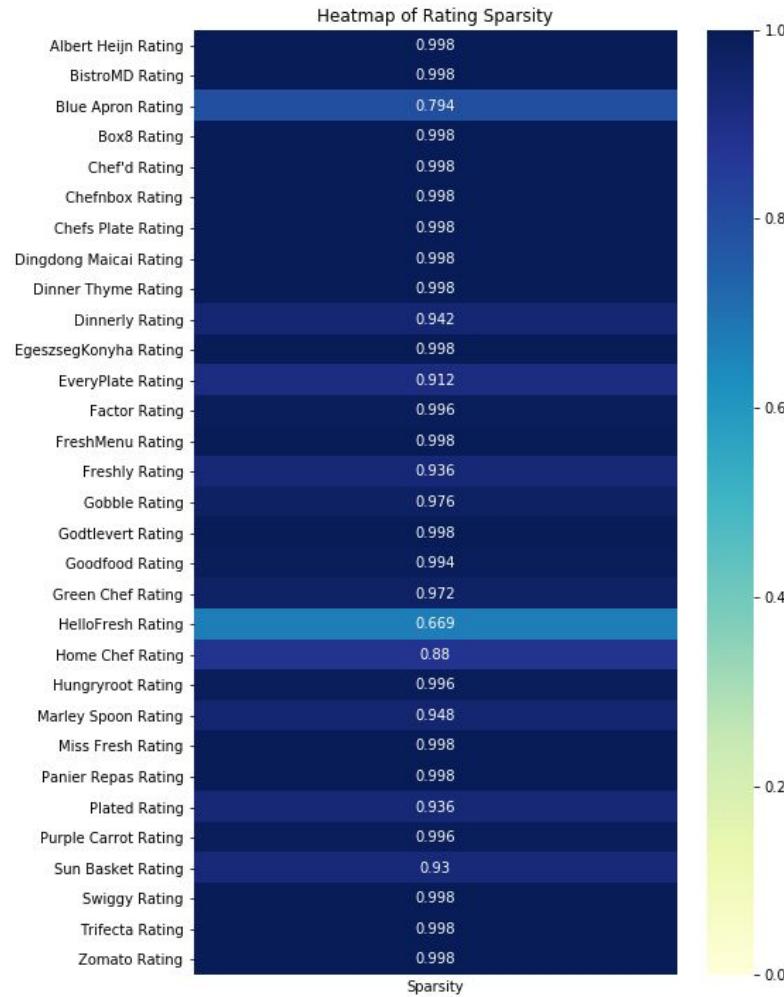
Average Ratings for Meal Kit Services with 3 or More Ratings

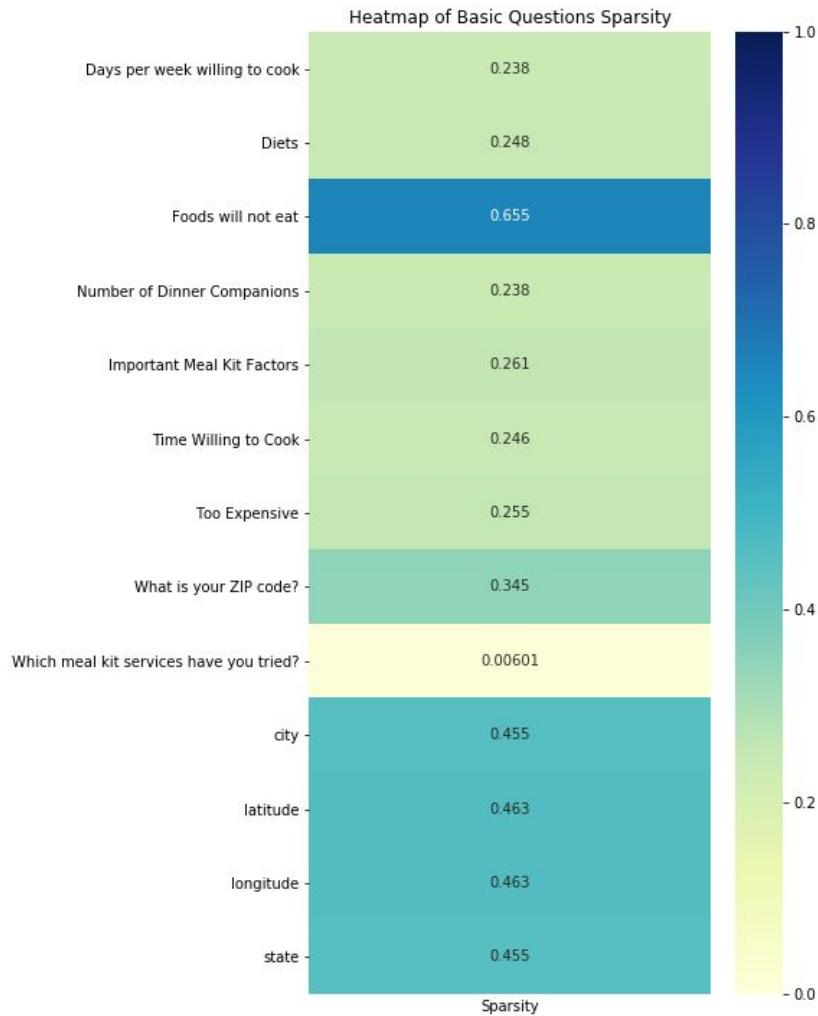
# Meal Kit Service Ratings Histograms



# Data Sparsity

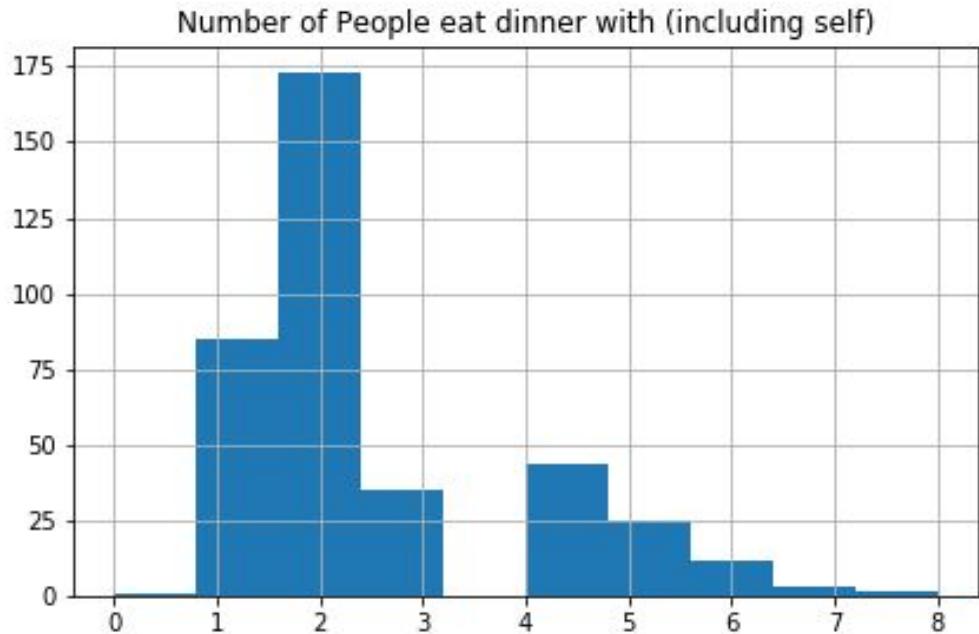
$$= \frac{\text{Total Missing Data Points}}{\text{Total Possible Data Points}}$$



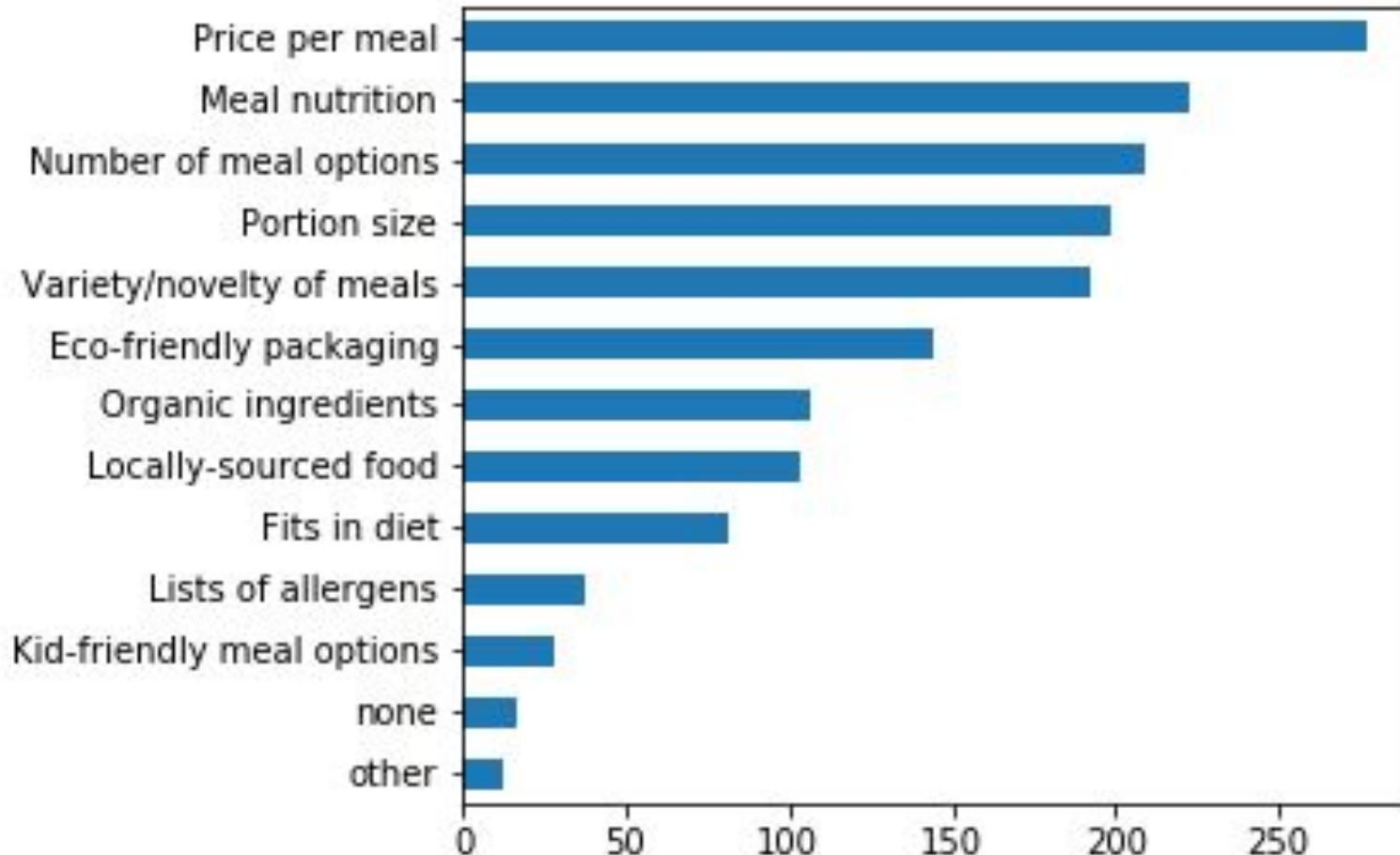


# Dinner Companions

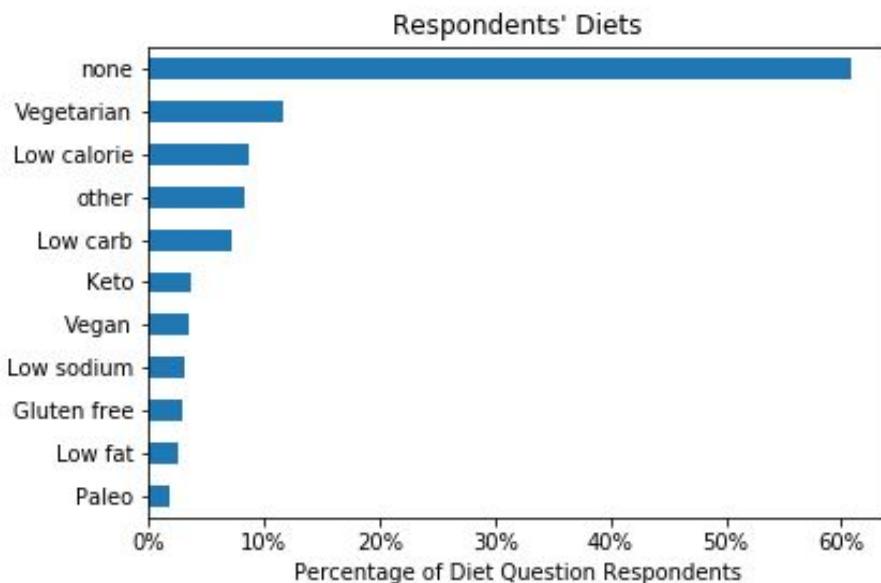
Many respondents eat dinner with 1 other person



## Important Meal Kit Factors



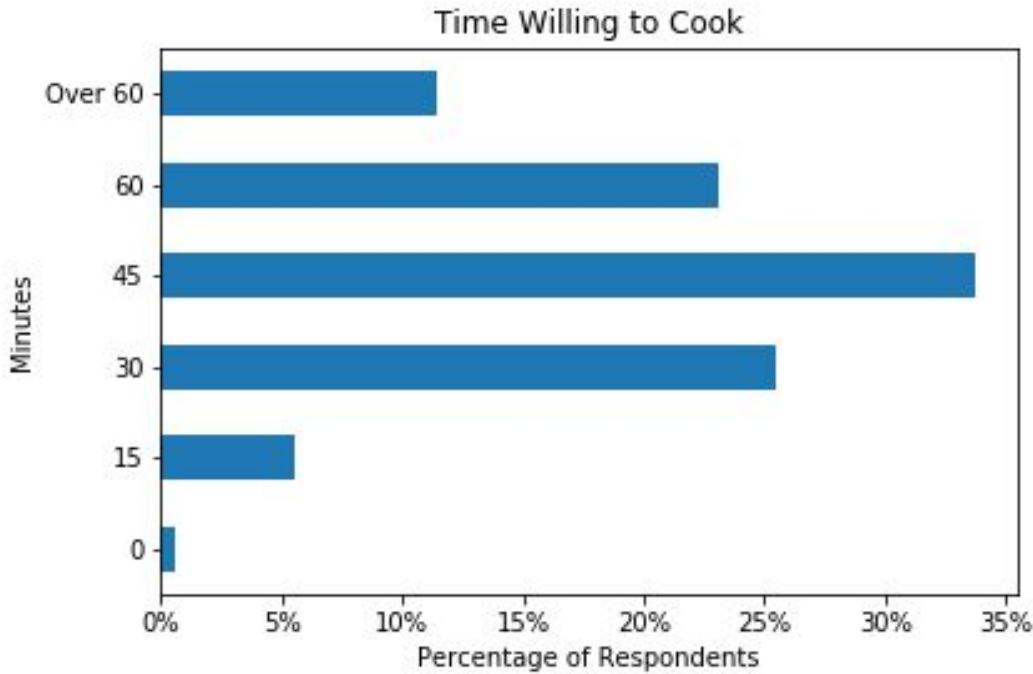
# Diets of Respondents



Diet	Count	Percentage
No Diet	228	60.8%
Vegetarian	44	11.7%
Low Calorie	33	8.8%
Other	31	8.3%
Low Carb	27	7.2%
Keto	14	3.7%
Vegan	13	3.5%
Low Sodium	12	3.2%
Gluten Free	11	2.9%
Low Fat	10	2.7%
Paleo	7	1.9%

# Cooking Time

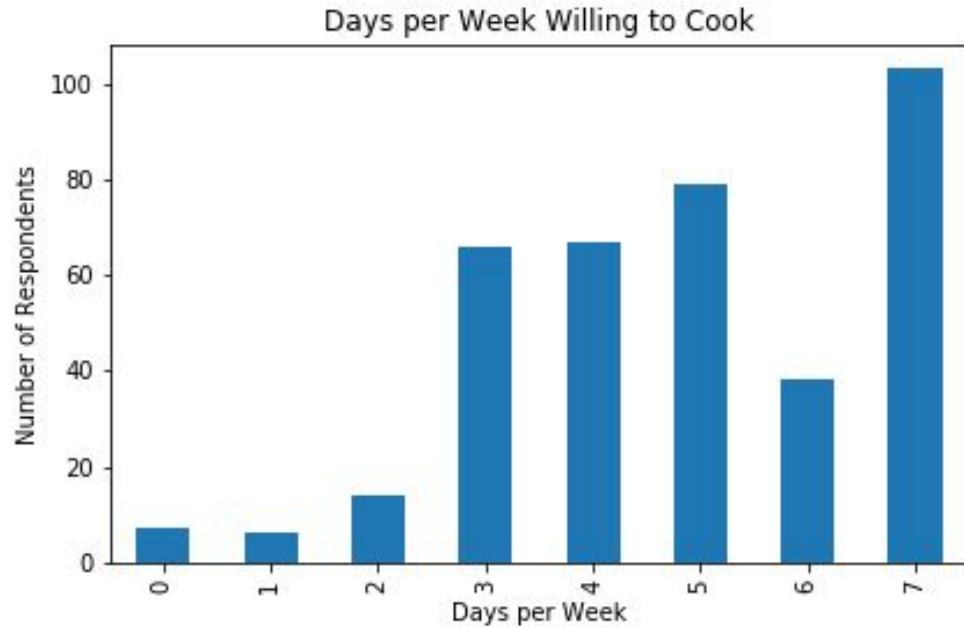
45 minutes was the most common time willing to cook



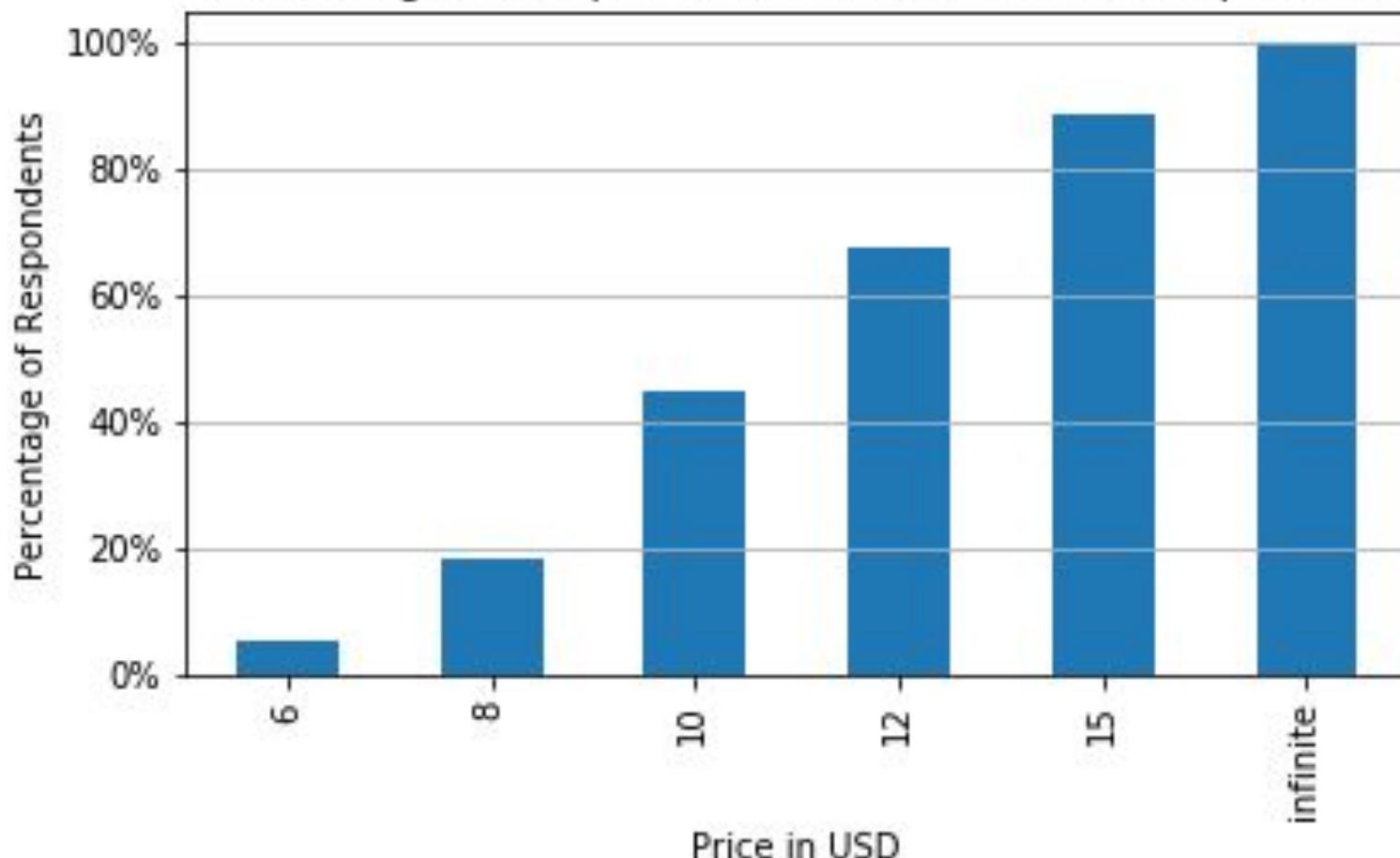
# Cooking Frequency

Many respondent reported willingness to cook every day of the week

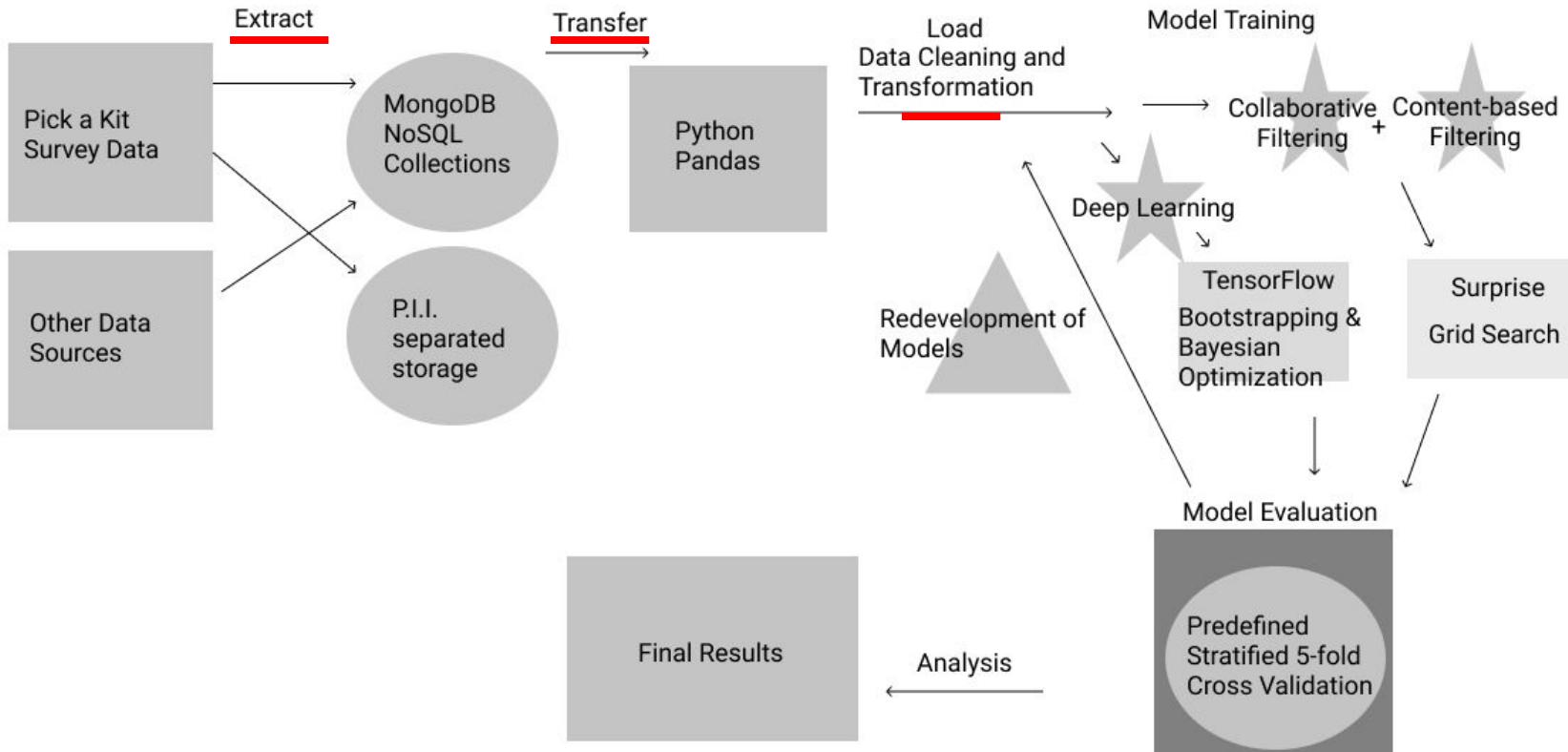
Cooking between 3-5 days per week was also a common response



Percentage of Respondents Think Price is Too Expensive



# Methodology



# Preprocessing

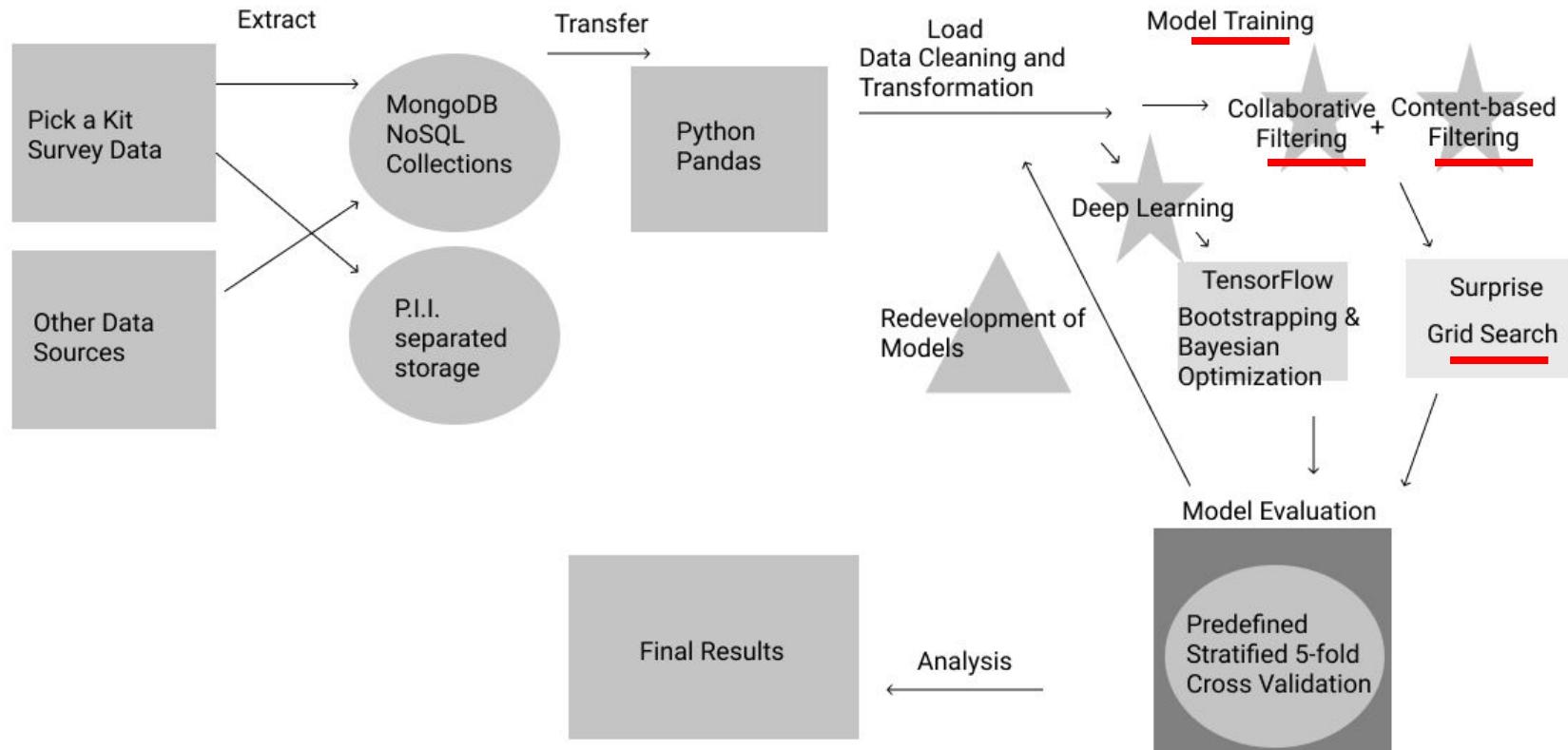
- Empty Responses Dropped
- Ordinal Encoding of User and Item Variables
- Median Imputation
- Binary Encoding of categorical variables
- Zipcodes-> Latitude and Longitude (Numeric)
- 5 stratified predefined folds for Cross-Validation
- Python
- Google Colab
- Pandas
- Numpy
- Sci-Kit Learn

# Prediction Matrix Data Frame

			How many people do you eat dinner with on a typical night? Include yourself.	Days per week willing to cook	Time Willing to Cook	Too Expensive	latitude	longitude	Which meal kit services have you tried? _Blue Apron	Which meal kit services have you tried? _Dinnerly	Which meal kit services have you tried? _EveryPlate	Which meal kit services have you tried? _Freshly	Which meal kit services have you tried? _Gobble
_id	service	rating											
179	Albert Heijn	5.0	2.0	7.0	45.0	8.0	0.00	0.00	0	0	0	0	0
607	BistroMD	5.0	1.0	6.0	15.0	12.0	0.00	0.00	0	0	1	0	0
612	Blue Apron	4.0	2.0	5.0	45.0	12.0	0.00	0.00	0	0	0	0	0
614	Blue Apron	3.0	4.0	4.0	45.0	15.0	34.08	-118.14	1	0	0	0	0
617	Blue Apron	5.0	2.0	5.0	45.0	12.0	0.00	0.00	1	0	0	0	1
618	Blue Apron	4.0	3.0	2.0	60.0	10.0	40.56	-105.13	1	0	0	0	1
620	Blue Apron	4.0	1.0	5.0	45.0	12.0	38.90	-92.40	1	1	0	1	0
621	Blue Apron	4.0	2.0	4.0	30.0	15.0	37.32	-121.93	1	0	0	0	0
626	Blue Apron	3.0	2.0	3.0	60.0	10.0	33.74	-117.81	1	0	0	0	0
630	Blue Apron	3.0	2.0	4.0	30.0	10.0	33.68	-117.83	1	1	0	0	0

# Algorithm Groups

Collaborative Filtering, Content-based Filtering, and Deep Learning

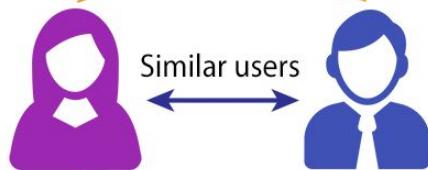


## COLLABORATIVE FILTERING

Read by both users



Similar users



## CONTENT-BASED FILTERING

Read by user



Similar articles



Recommended  
to user

# Meal Kit Service Examples

Collaborative Filtering

User	Hello Fresh	Blue Apron	Gobble
Alan			2
Olga	5		
Kagba	2	3	5
Yale	2		

Content-based Filtering

Item Attributes	Hello Fresh	Blue Apron	Gobble
Price	\$8.99	\$8.99	\$12.99
Avg. Calories	740	800	1000

Predicts Yale will like Gobble

Predicts Olga will like Blue Apron

# Normal predictor

## Algorithm Summary

Algorithm predicting a random rating based on the distribution of the training set, which is assumed to be normal. The prediction is generated from a normal distribution, estimated from the training data using Maximum Likelihood Estimation.

## Best Results:

RMSE	MAE	Prediction Coverage	Test Time
1.35427	1.05111	1	5.20E-03

## Equation

$$\hat{\mu} = \frac{1}{|R_{train}|} \sum_{r_{ui} \in R_{train}} r_{ui}$$

$$\hat{\sigma} = \sqrt{\sum_{r_{ui} \in R_{train}} \frac{(r_{ui} - \hat{\mu})^2}{|R_{train}|}}$$

# Baseline Algorithm

Algorithm Summary:

Computes baseline estimates for users and items using stochastic gradient descent or alternating least squares.

Best Results:

	RMSE	MAE	Prediction Coverage	Test Time
<b>ALS</b>	0.95308	0.75626	1	<b>8.00E-04</b>
<b>SGD</b>	0.95489	0.76127	1	<b>8.00E-04</b>

```
{'bsl_options': {'method': 'als', 'reg': 0.001}, 'verbose': False}  
{'bsl_options': {'method': 'sgd', 'reg': 0.03}, 'verbose': False}
```

Equation

$$\hat{r}_{ui} = b_{ui} = \mu + b_u + b_i$$

$$\sum_{r_{ui} \in R_{train}} (r_{ui} - (\mu + b_u + b_i))^2 + \lambda (b_u^2 + b_i^2)$$

# Memory based Collaborative Filtering Algorithms

- KNN with Means
- KNN with ZScore
- KNN Baseline

Uses similarity metrics on dataset  
to make predictions

# KNN with Means

Algorithm Summary:

A basic collaborative filtering algorithm, taking into account the mean ratings of each user.

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
1.02592	0.80950	0.53507	1.40E-03

Equation

$$\hat{r}_{ui} = \mu_u + \frac{\sum_{v \in N_i^k(u)} sim(u,v) \cdot (r_{vi} - u_v)}{\sum_{v \in N_i^k(u)} sim(u,v)}$$

```
{"bsl_options": {"method": "sgd", "reg": 1}, "learning_rate": 0.5, "k": 50, "sim_options": {"name": "pearson_baseline", "min_support": 5, "user_based": False}, "verbose": False}
```

# KNN with Z-Score

Algorithm Summary:

Mean centered and standardized nearest neighbor ratings

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
1.02191	0.80624	0.53507	1.40E-03

Equation

$$\hat{r}_{ui} = \mu_u + \sigma_u \frac{\sum_{v \in N_i^k(u)} sim(u, v) \cdot (r_{vi} - \mu_v) / \sigma_v}{\sum_{v \in N_i^k(u)} sim(u, v)}$$

$$\hat{r}_{ui} = \mu_u + \sigma_u \frac{\sum_{j \in N_i^k(i)} sim(i, j) \cdot (r_{uj} - \mu_j) / \sigma_j}{\sum_{j \in N_i^k(i)} sim(i, j)}$$

```
{'bsl_options': {'method': 'sgd', 'reg': 1}, 'learning_rate': 0.001, 'k': 3, 'sim_options': {'name': 'pearson_baseline', 'min_support': 5, 'user_based': False}, 'verbose': False}
```

# KNN Baseline

Algorithm Summary:

User and item baselines adjusted to KNN algorithm

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
0.95080	0.75474	1	4.40E-03

Equation

$$b_{ui} = \mu + b_u + b_i$$

$$\hat{r}_{ui} = b_{ui} + \frac{\sum_{v \in N_i^k(u)} sim(u, v) \cdot (r_{vi} - b_{vi})}{\sum_{v \in N_i^k(u)} sim(u, v)}$$

$$\hat{r}_{ui} = b_{ui} + \frac{\sum_{j \in N_u^k(i)} sim(i, j) \cdot (r_{uj} - b_{uj})}{\sum_{j \in N_u^k(i)} sim(i, j)}$$

```
{'bsl_options': {'method': 'als', 'reg': 2}, 'learning_rate': 0.1, 'k': 3, 'sim_options': {'name': 'pearson', 'min_support': 6, 'user_based': True}, 'verbose': False}
```

# Model based Collaborative Filtering Algorithms

SVD, SVD++, NMF, Slope One, and Co-Clustering

Develops models to make predictions

# Singular Value Decomposition (SVD)

Algorithm Summary:

Matrix factorization technique that uncovers latent factors in ratings utility matrix

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
<b>0.94919</b>	0.75616	1	1.20E-03

{'n\_factors': 160, 'n\_epochs': 20, 'biased': True, 'lr\_all': 0.005, 'reg\_all': 0.1}

Equation

$$\hat{r}_{ui} = \mu + b_u + b_i + q_i^T p_u$$

$$\sum_{r_{ui} \in R_{train}} (r_{ui} - \hat{r}_{ui})^2 + \lambda(b_i^2 + b_u^2 + \|q_i\|^2 + \|p_u\|^2)$$

$$b_u \leftarrow b_u + \gamma(e_{ui} - \lambda b_u)$$

$$b_i \leftarrow b_i + \gamma(e_{ui} - \lambda b_i)$$

$$p_u \leftarrow p_u + \gamma(e_{ui} \cdot q_i - \lambda p_u)$$

$$q_i \leftarrow q_i + \gamma(e_{ui} \cdot p_u - \lambda q_i)$$

$$\text{where } e_{ui} = r_{ui} - \hat{r}_{ui}$$

# SVD++

Algorithm Summary:

SVD algorithm with the inclusion of implicit ratings preferences

Equation

$$\hat{r}_{ui} = \mu + b_u + b_i + q_i^T (p_u + |I_u|^{-\frac{1}{2}} \sum_{j \in I_u} y_j)$$

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
<b>0.94992</b>	0.76033	1	2.40E-03

```
{'n_factors': 25, 'n_epochs': 10, 'lr_all': 0.01, 'reg_all': 0.1}
```

# Nonnegative Matrix Factorization (NMF)

Algorithm Summary:

Matrix Factorization technique similar to SVD, where factored matrices are composed of only positive user and item features

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
1.02749	0.83511	1	1.20E-03

{'n\_factors': 4, 'n\_epochs': 4, 'biased': True}

Equation

$$\hat{r}_{ui} = q_i^T p_u$$

$$p_{uf} \leftarrow p_{uf} \cdot \frac{\sum_{i \in I_u} q_{if} \cdot r_{ui}}{\sum_{i \in I_u} q_{if} \cdot \hat{r}_{ui} + \lambda_u |I_u| p_{uf}}$$

$$q_{if} \leftarrow q_{if} \cdot \frac{\sum_{u \in U_i} p_{uf} \cdot r_{ui}}{\sum_{u \in U_i} p_{uf} \cdot \hat{r}_{ui} + \lambda_i |U_i| q_{if}}$$

$$\hat{r}_{ui} = \mu + b_u + b_i + q_i^T p_u$$

# Slope One

Algorithm Summary:

Uses  $f(x) = x+b$  model without a coefficient (i.e. slope = 1) for simplified popularity adjusted ratings

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
1.13234	0.89565	0.53507	1.40E-03

Equation

$$\hat{r}_{ui} = \mu_u + \frac{1}{|R_i(u)|} \sum_{j \in R_i(u)} dev(i, j)$$

$$dev(i, j) = \frac{1}{|U_{ij}|} \sum_{w \in U_{ij}} r_{ui} - r_{uj}$$

# Co-Clustering

Algorithm Summary:

Assigns users and items to clusters using a k-means like optimization method. If the item is unknown, the prediction is set to the user average. If both the user and the item are unknown, the prediction is set to the global average.

Equation

$$\hat{r}_{ui} = \overline{C}_{ui} + (\mu_u - \overline{C}_u) + (u_i - \overline{C}_i)$$

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
1.12311	0.88992	1	<b>6.00E-04</b>

{'n\_cltr\_u': 2, 'n\_cltr\_i': 2, 'n\_epochs': 5}

# Content-based Filtering

Content Based Basic

- Uses underlying item attributes to make predictions
- Does not use ratings data of other users

# Meal Kit Service Profiles

	Price_min	Price_max	Price_average	Price_std_dev	Plan_Count	agg_meals	unique_meals	(carbohydrate_grams, min)	(carbohydrate_grams, max)	(carbohydrate_grams, mean)	...
service_name											
Albert Heijn	1.74	9.00	4.69	1.40	1.0	NaN	NaN	NaN	NaN	NaN	
BistroMD	9.50	13.00	11.15	1.27	5.0	NaN	NaN	NaN	NaN	NaN	
Blue Apron	7.49	9.99	9.20	0.99	3.0	18.769231	191.0	26.0	178.0		
Box8	0.13	16.90	2.19	2.33	1.0	NaN	NaN	NaN	NaN	NaN	
Chefd	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	
Chefnbox	13.56	13.56	13.56	0.00	1.0	NaN	NaN	NaN	NaN	NaN	
Chefs Plate	8.99	9.99	9.49	0.50	2.0	NaN	NaN	NaN	NaN	NaN	
Dingdong Maicai	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	
Dinner Thyme	2.00	15.00	11.68	1.66	1.0	NaN	NaN	NaN	NaN	NaN	
Dinnerly	4.29	4.99	4.72	0.23	2.0	19.076923	205.0	1.0	160.0		
EgeszsegKonyha	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN	
EveryPlate	4.99	4.99	4.99	0.00	1.0	16.307692	162.0	36.0	110.0		
Factor	11.00	15.00	12.54	1.39	5.0	NaN	NaN	NaN	NaN	NaN	
Freshly	7.99	11.50	9.37	1.30	4.0	38.307692	56.0	16.0	68.0		
FreshMenu	1.73	10.71	3.35	3.91	1.0	NaN	NaN	NaN	NaN	NaN	
Gobble	11.99	11.99	11.99	0.00	3.0	NaN	NaN	NaN	NaN	NaN	
Godtlevvert	6.09	15.68	9.89	3.61	1.0	NaN	NaN	NaN	NaN	NaN	
Goodfood	7.48	9.60	8.47	0.87	5.0	NaN	NaN	NaN	NaN	NaN	

# Content Based Basic

Algorithm Summary:

A nearest neighbors approach to content-based filtering. Calculates the cosine similarity of item attributes with an option for unweighted similarity.

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
0.99645	<b>0.71229</b>	0.03859	2.42E-01

```
{'weights': 'cosine', 'k': 1}
```

Equation

$$\hat{r}_{ux} = \frac{\sum_{\substack{y \in N \\ u(y)}} \text{cosine}(\bar{X}, \bar{Y}) \cdot r_{uy}}{\sum_{\substack{y \in N \\ u(y)}} \text{cosine}(\bar{X}, \bar{Y})}$$

$$\text{Cosine}(\bar{X}, \bar{Y}) = \frac{\sum_{i=1}^d x_i y_i}{\sqrt{\sum_{i=1}^d x_i^2} \sqrt{\sum_{i=1}^d y_i^2}}$$

# Deep Learning Approaches

Deep Neural Networks (DNN)

Two layered fully connected neural networks

Experts

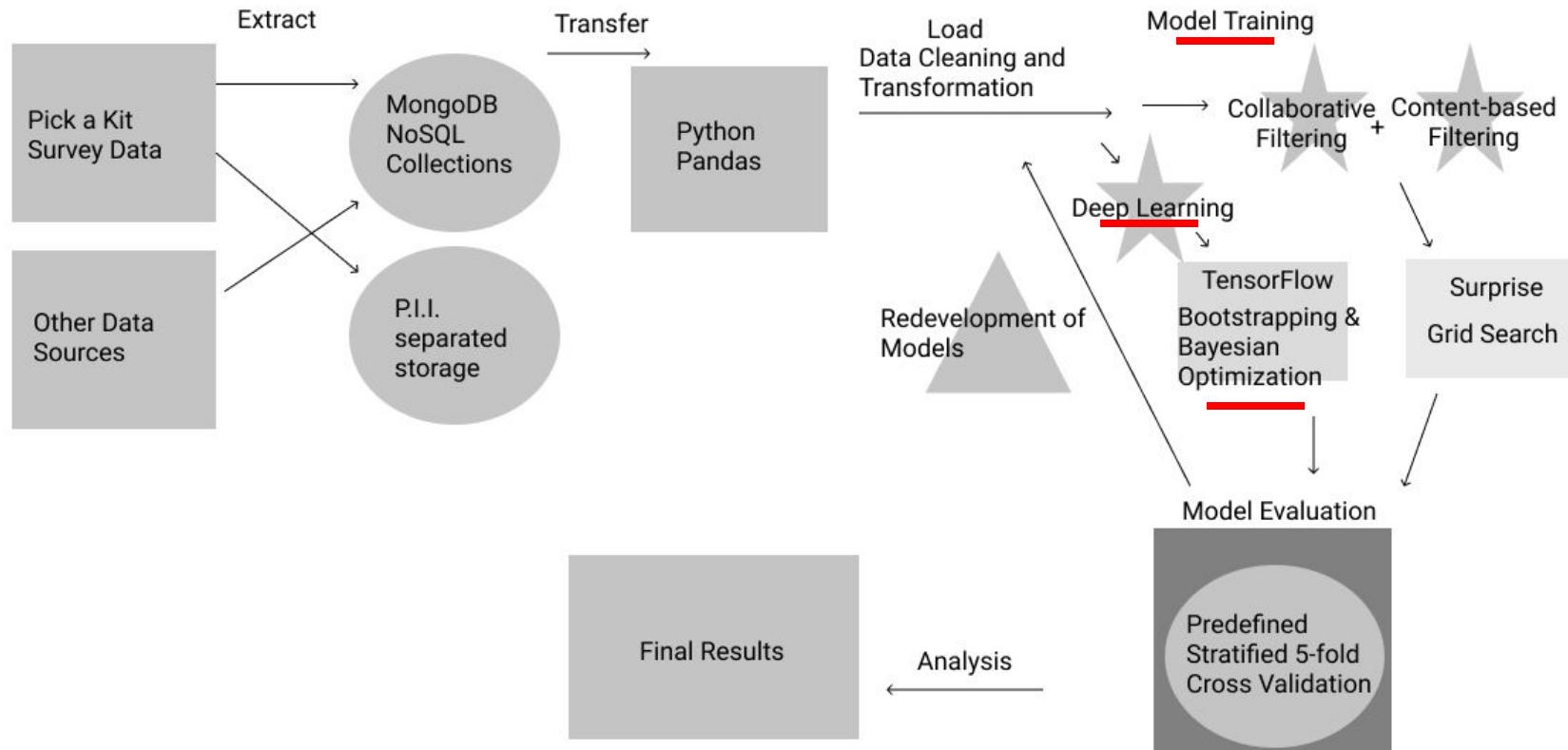
TensorFlow Keras version 2.3.0

Adam Optimization

PReLU and ReLU Activation  
Functions

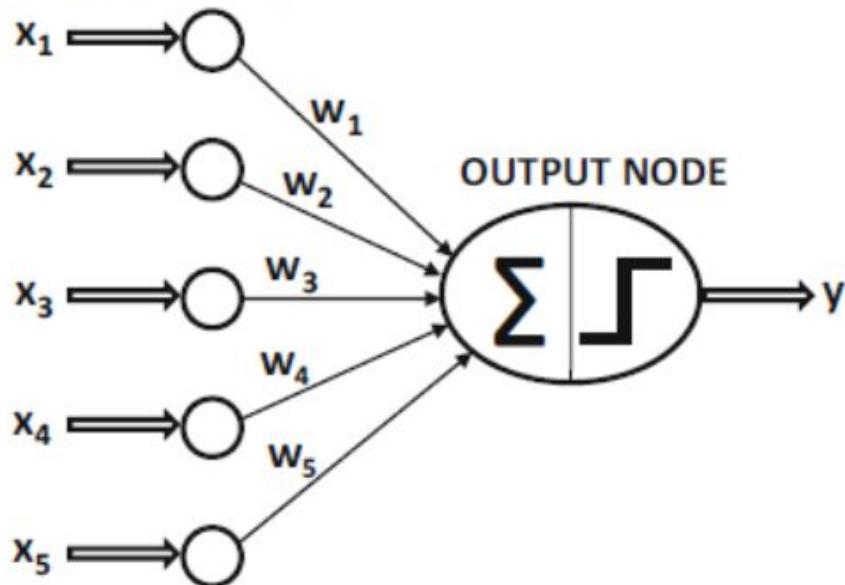
Early Stopping

Bootstrapping 10x



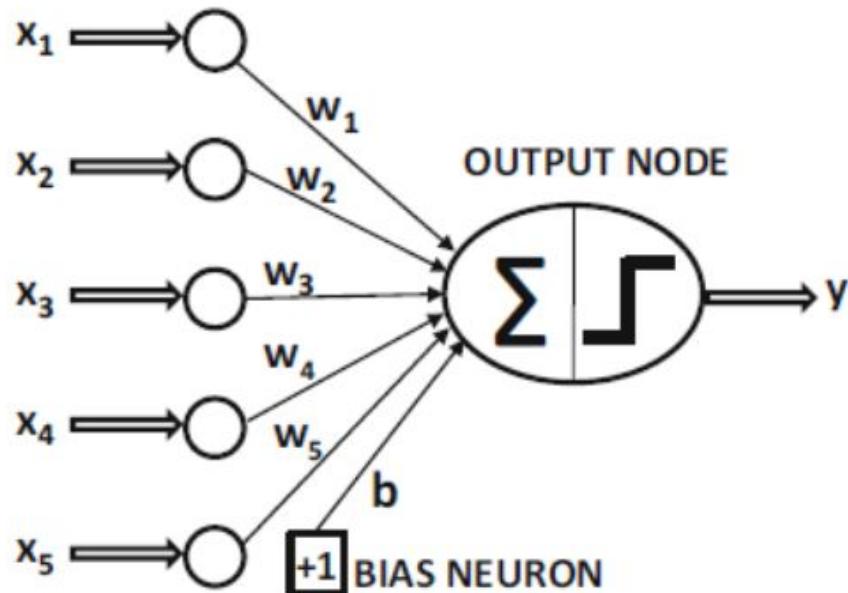
# The Basic Architecture of the Perceptron

INPUT NODES



(a) Perceptron without bias

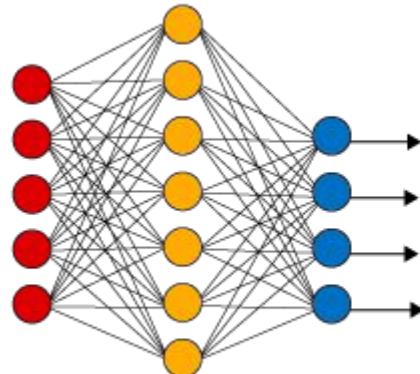
INPUT NODES



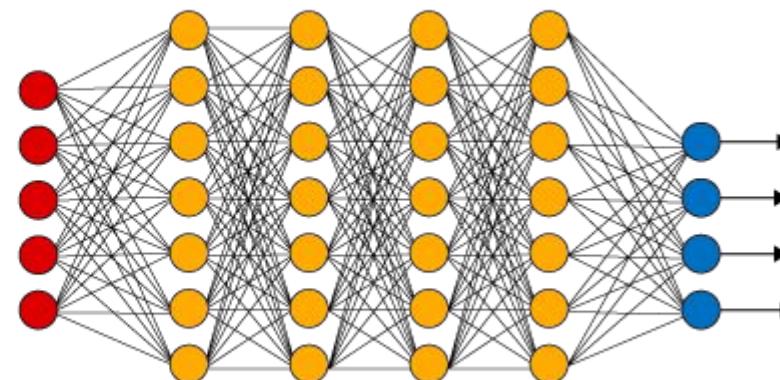
(b) Perceptron with bias

# Neural Networks Nodes and Layers

Simple Neural Network



Deep Learning Neural Network



● Input Layer

● Hidden Layer

● Output Layer

# Bayesian Optimization

Objective Function: Average RMSE of 10 Bootstrap Iterations

Hyperparameters:

Data Groups: User item ratings matrix, Item Profiles, User Profiles (DNN Accommodates CF, CBF, and Hybrid methods)

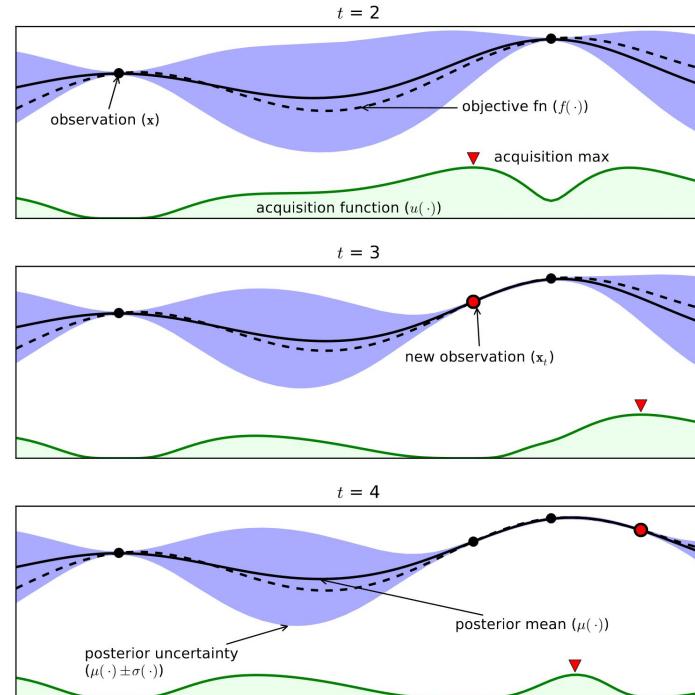
Neuron Percentage

Neuron Shrink

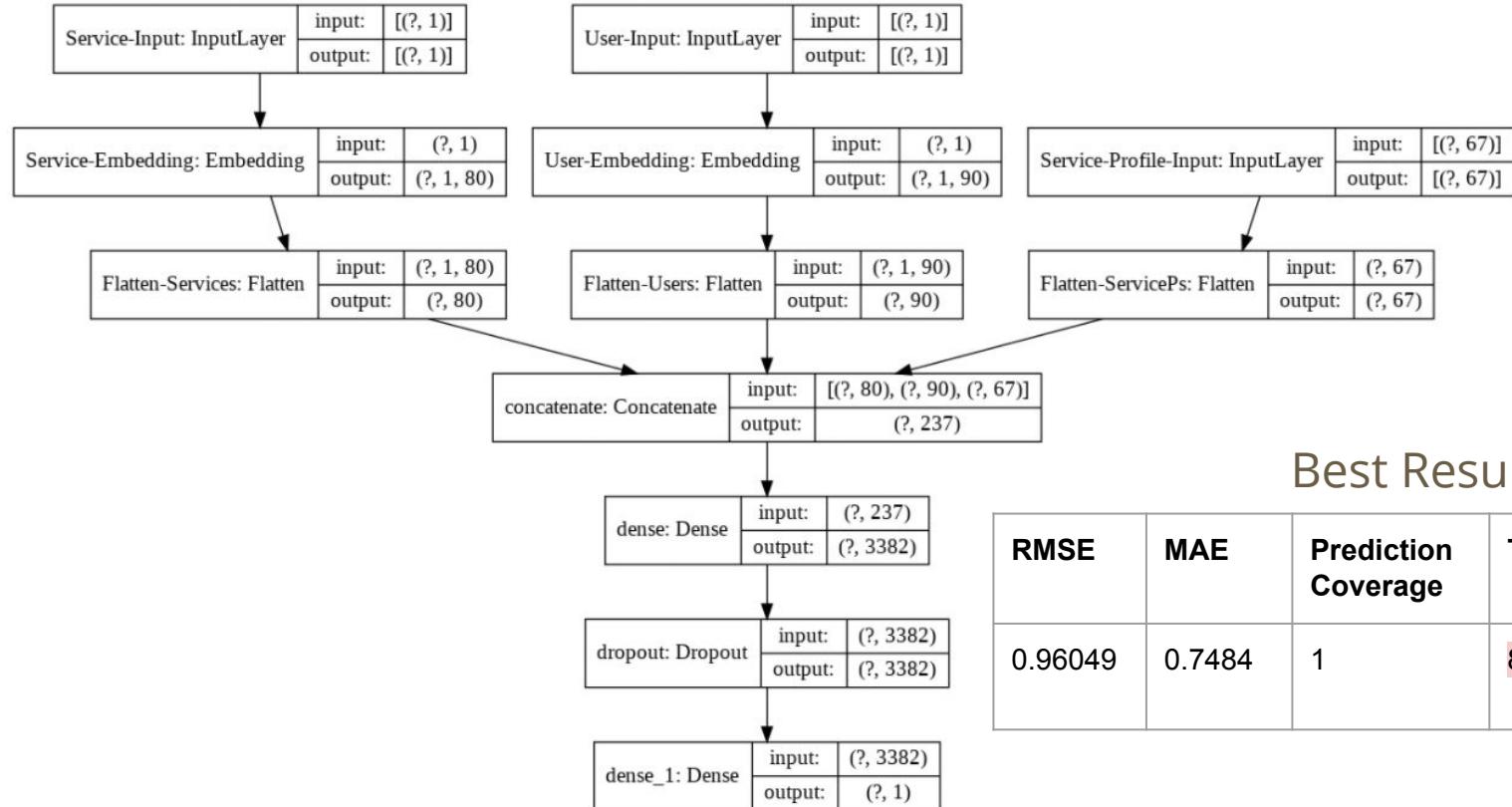
Number of Layers

Learning Rate

Embeddings Dimensions

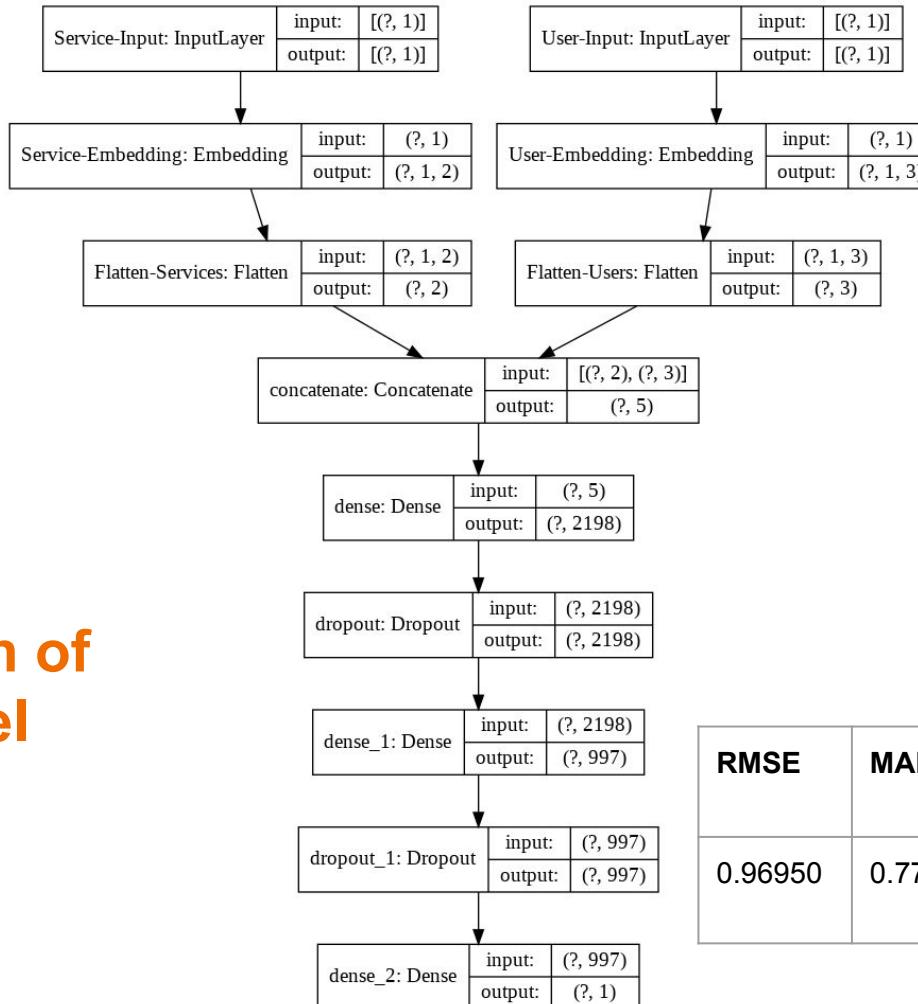


# DNN Network Graph Example



Best Results:

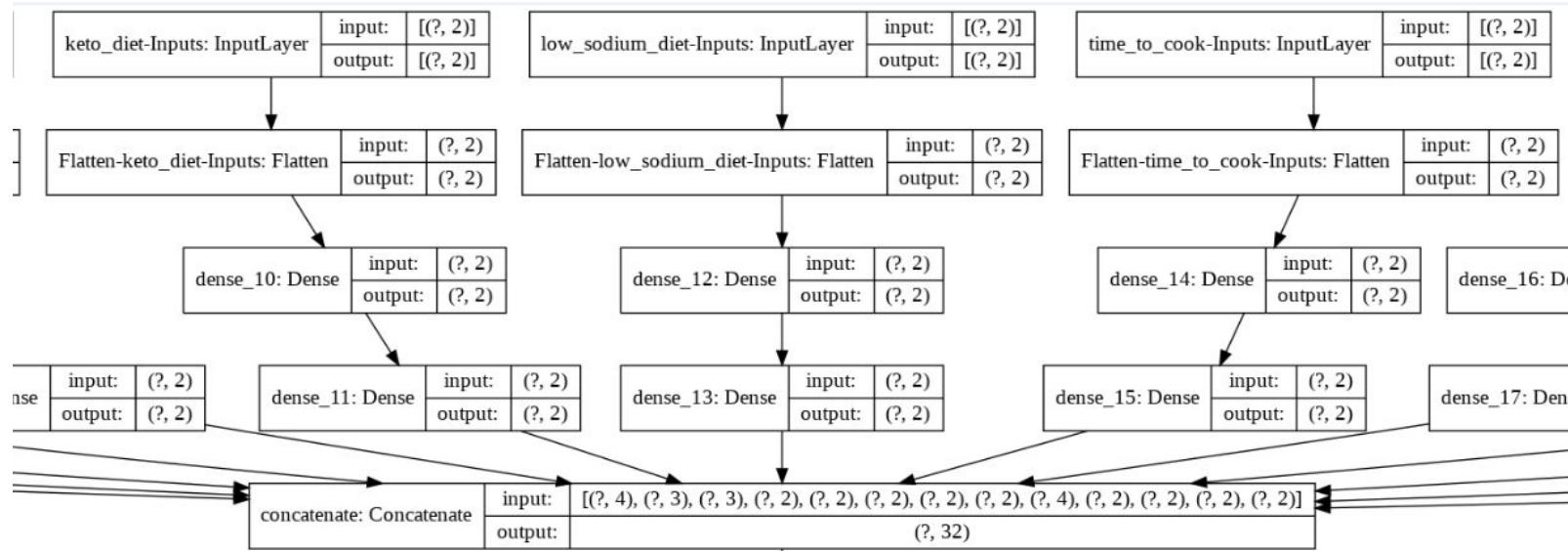
RMSE	MAE	Prediction Coverage	Test Time
0.96049	0.7484	1	8.42E+01



## Network Graph of Two FCP Model Example

Best Results:

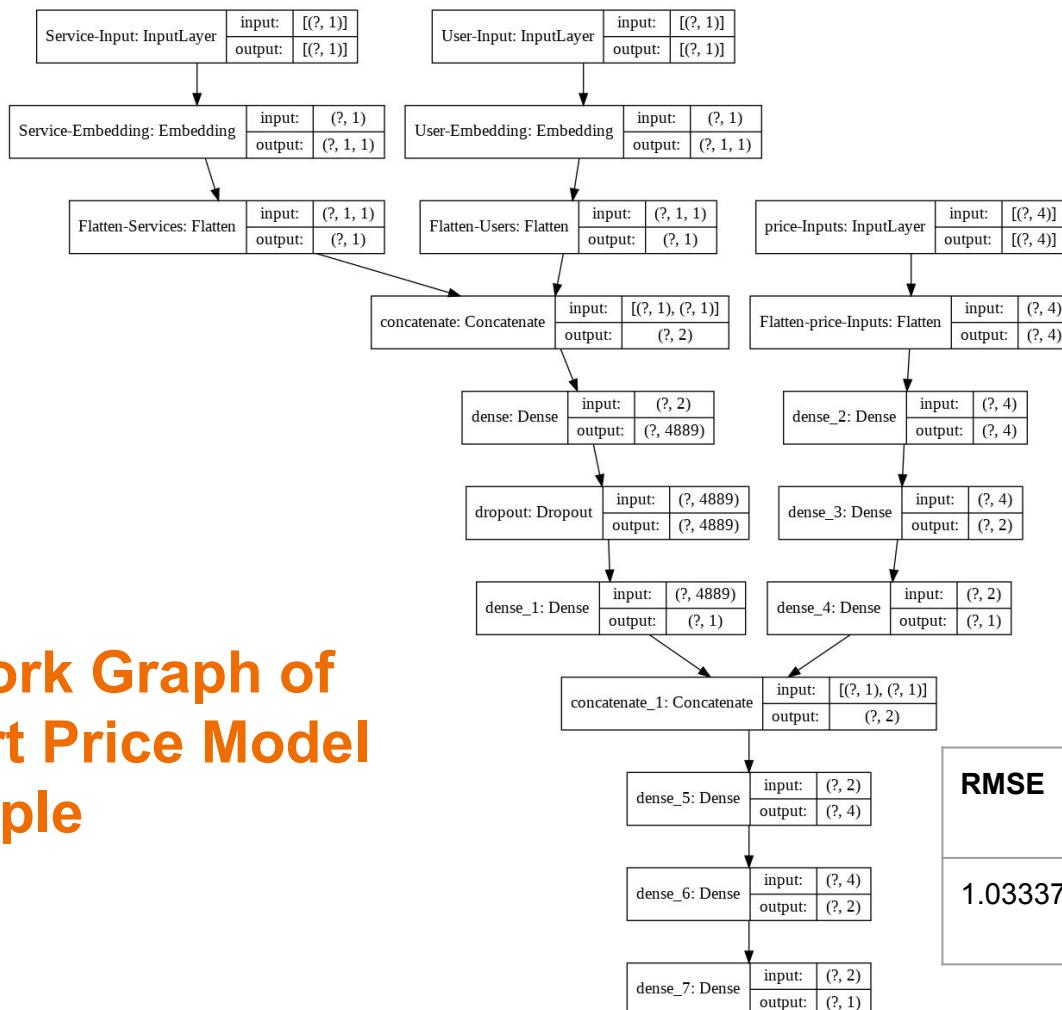
RMSE	MAE	Prediction Coverage	Test Time
0.96950	0.77799	1	1.68E+00



## Network Graph of Experts Model Example

Best Results:

RMSE	MAE	Prediction Coverage	Test Time
0.98388	0.78141	1	7.49E+00



# Network Graph of Expert Price Model Example

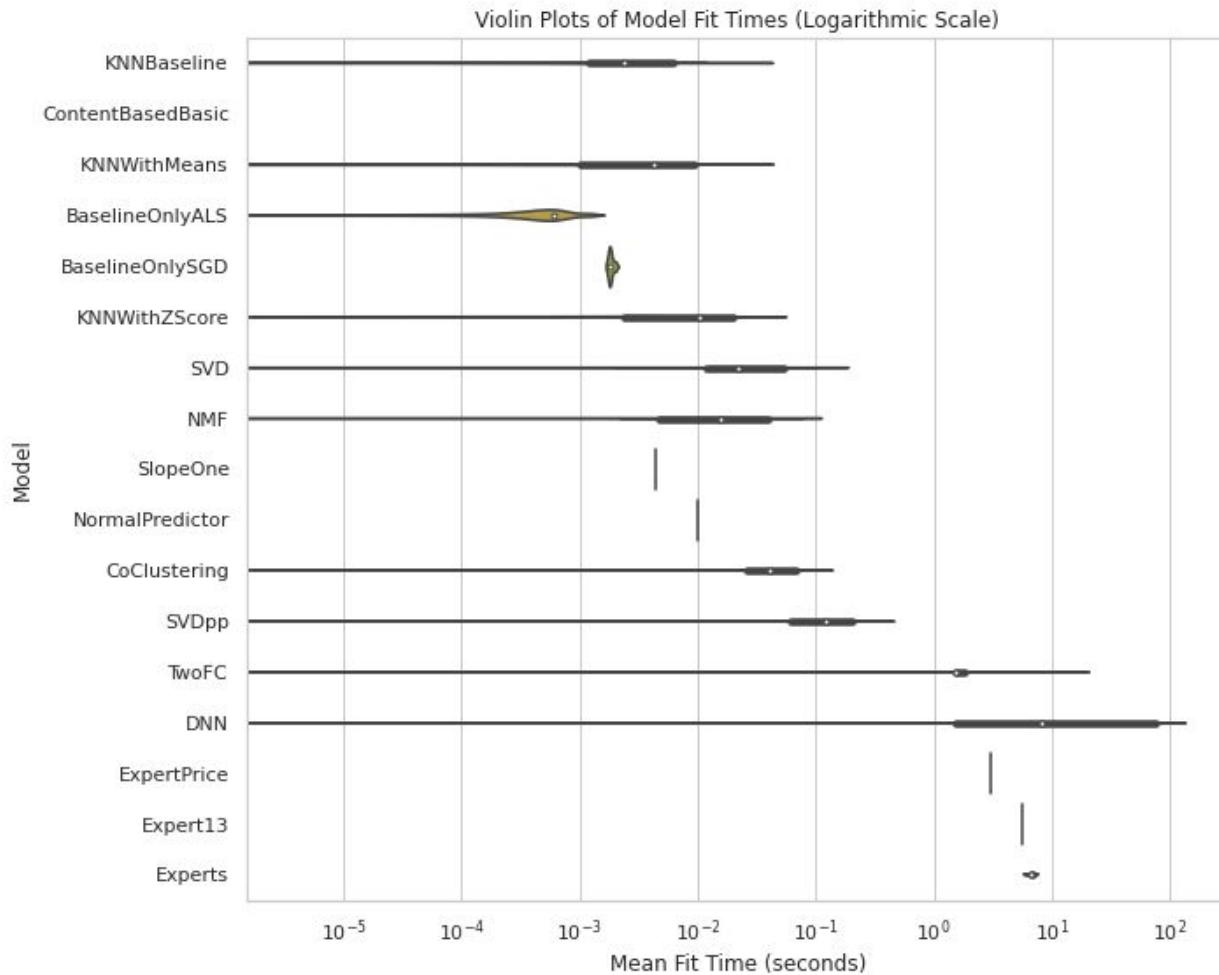
Best Results:

RMSE	MAE	Prediction Coverage	Test Time
1.03337	0.84518	1	3.26E+00

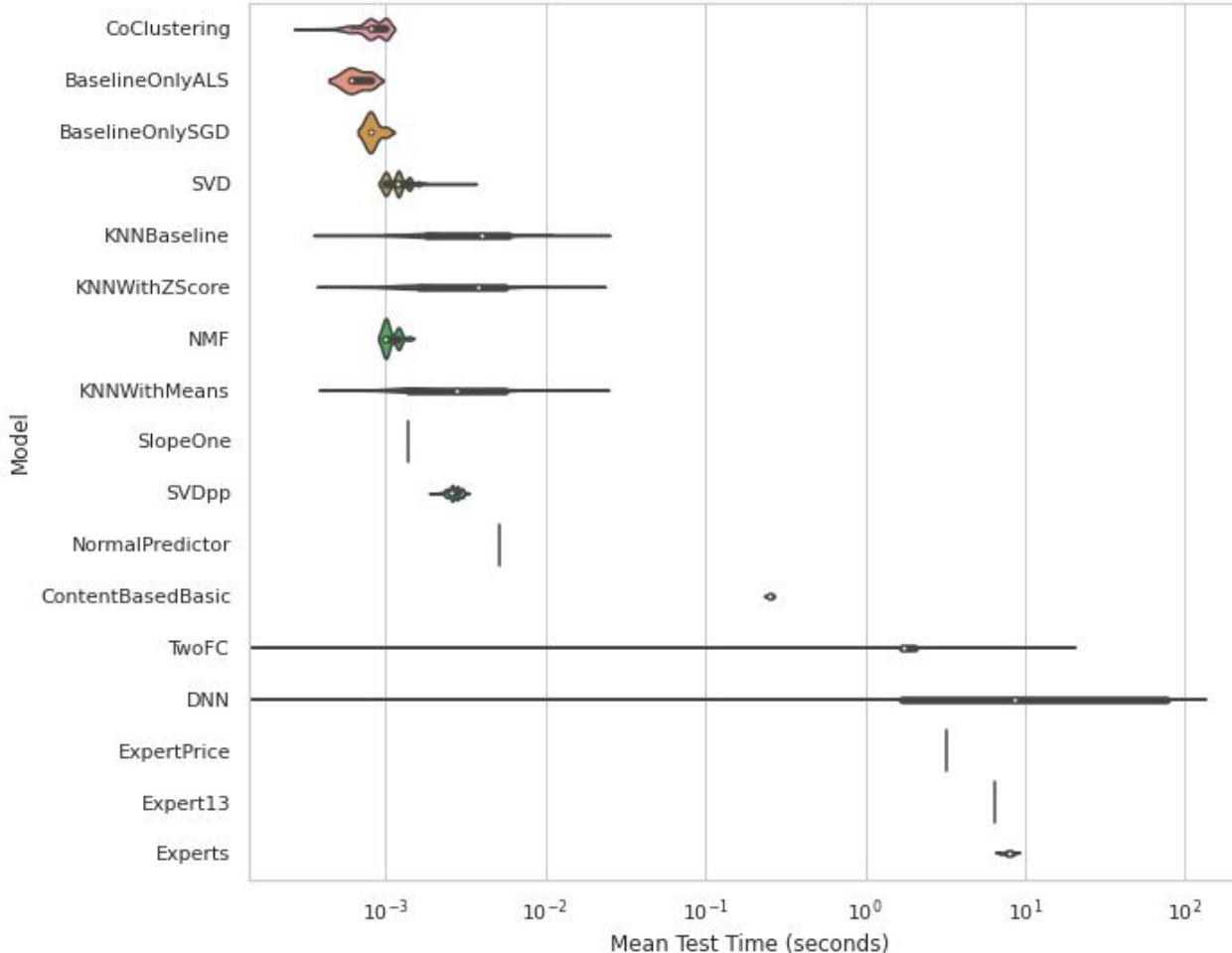
# Results

# Best Model Results by Mean Test RMSE

Model	Mean Test RMSE	Mean Test MAE	Mean Test Time (sec)	Prediction Coverage	Standard Deviation RMSE	Standard Deviation MAE
SVD	0.9492	0.7562	0.0012	1.000	0.0189	0.0297
SVDpp	0.9499	0.7603	0.0024	1.000	0.0214	0.0304
KNNBaseline	0.9508	0.7547	0.0044	1.000	0.0200	0.0262
BaselineOnlyALS	0.9531	0.7563	0.0008	1.000	0.0197	0.0257
BaselineOnlySGD	0.9549	0.7613	0.0008	1.000	0.0251	0.0337
DNN	0.9605	0.7485	84.2458	1.000	0.0110	0.0235
TwoFC	0.9695	0.7780	1.6770	1.000	0.0328	0.0327
Experts	0.9839	0.7814	7.4900	1.000	0.0130	0.0150
Expert13	0.9920	0.7904	6.3966	1.000	0.0276	0.0330
ContentBasedBasic	0.9965	0.7123	0.2420	0.039	0.0097	0.0041
KNNWithZScore	1.0219	0.8062	0.0014	0.535	0.0536	0.0500
KNNWithMeans	1.0259	0.8095	0.0016	0.535	0.0578	0.0535
NMF	1.0275	0.8351	0.0012	1.000	0.0297	0.0280
ExpertPrice	1.0334	0.8452	3.2612	1.000	0.0657	0.0544
CoClustering	1.1231	0.8899	0.0006	1.000	0.0474	0.0528
SlopeOne	1.1323	0.8957	0.0014	0.535	0.0414	0.0528
NormalPredictor	1.3543	1.0511	0.0052	1.000	0.0680	0.0554



Violin Plots of Model Test Times (Logarithmic Scale)



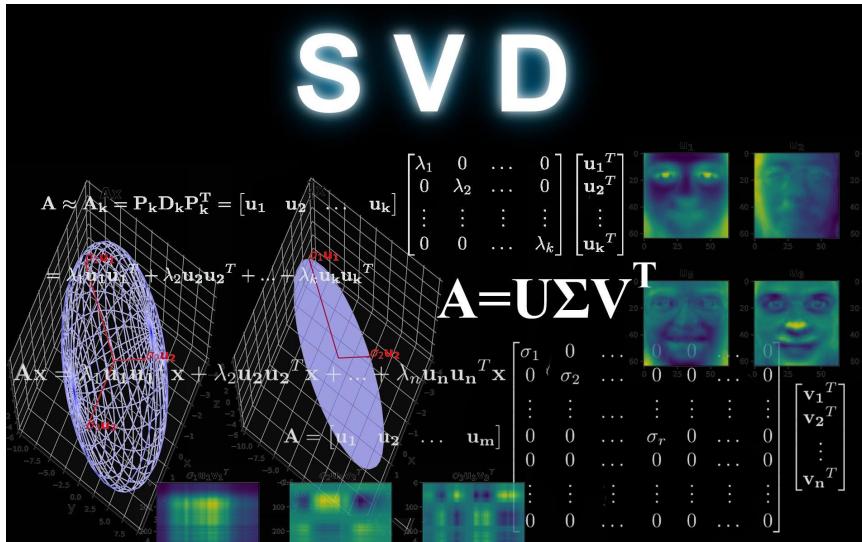
# SVD model has overall best performance

SVD performed the best in RMSE

Competitive results in MAE

Full Prediction Coverage

Fast Model



<https://towardsdatascience.com/understanding-singular-value-decomposition-and-its-application-in-data-science-388a54be95d>

## Future Work

1. Dataset expansion
2. Ranked list testing in online production format
3. Diversity, serendipity, and user feedback metrics
4. Expanded review of algorithms
5. Endless possibilities

# Thank you

[RobertNakano@gmail.com](mailto:RobertNakano@gmail.com)