

BHUTAN SERENITY

ITINERARY OVERVIEW

Day	Activities
Day 1 Sunday Sep 14, 2025	<div>Flight Changed</div> <p> 12:10 PM 12:08 PM - Flight UA 1747 departs Austin (Austin-Bergstrom International Airport) 1:15 PM 1:34 PM - Flight UA 1747 arrives Houston (Houston George Bush Intercontinental Airport) </p> <hr/> <div>Flight Changed</div> <p> 2:46 PM 3:08 PM - Flight UA 2037 departs Houston (Houston George Bush Intercontinental Airport) 7:30 PM 7:40 PM - Flight UA 2037 arrives Newark (Newark Liberty International Airport) HOWWRF Seat 34 F </p> <hr/> <div>Flight Changed</div> <p> 9:20 PM 9:13 PM - Flight UA 82 departs Newark (Newark Liberty International Airport) HOWWRF Seat 52L </p>
Day 2 Monday Sep 15, 2025	<div>Flight Changed</div> <p> 9:30 PM 8:56 PM - Flight UA 82 arrives Delhi (Delhi Indira Gandhi International Airport) HOWWRF Seat 52L </p>

ITINERARY OVERVIEW

Day	Activities
Day 3 Tuesday Sep 16, 2025	<p>Transfer to Thimphu</p> <p>Transfer departs Paro</p> <p>Transfer arrives Thimphu</p> <p>Upon arrival in Paro, drive to Thimphu (55 Km, approx. 1.5 hours) and check-in at your hotel.</p> <hr/> <p>Thimphu</p> <hr/> <p>Check in at Your stay in Thimphu</p> <p>Location: Six Senses Thimphu- Chunimeding, Babesa, Chang Gewog, Thimphu, Bhutan</p> <p>Stay dates: September 16- 18, 2025</p> <hr/> <p>12:30 PM - Flight KB 201 departs</p> <p>Delhi (Delhi Indira Gandhi International Airport)</p> <p>3:20 PM - Flight KB 201 arrives</p> <p>Paro (Paro International Airport)</p> <p>Terminal T3</p>

ITINERARY OVERVIEW

Day	Activities
Day 4 Wednesday Sep 17, 2025	<p>In Thimphu</p> <p>Begin your day with a visit to the National Memorial Chorten, a revered stupa in Thimphu where locals gather in daily prayer. Continue to the grand Buddha Dordenma, a 51.5-metre gilded statue housing 125,000 smaller Buddhas, offering panoramic views and spiritual calm. From here, enjoy a scenic 1.5-hour hike through pine forests and fluttering prayer flags to reach Changangkha Lhakhang, a 12th-century temple where families seek blessings for newborns.</p> <p>Enjoy Prayer Flag hoisting. Post lunch at a hotel, visit Choki Traditional Art School in Kabesa, where underprivileged students learn Bhutan’s sacred arts. Later, explore Pangri Zampa, a serene astrology school set in a historic monastery, and conclude at Trashichhoedzong, Bhutan’s majestic fortress-monastery and seat of governance.</p> <p>Wrap up your day soaking in the local vibe at Ka Ja Throm.</p> <hr/> <p>Overnight at Your stay in Thimphu</p> <p>Stay dates: September 16- 18, 2025</p>

ITINERARY OVERVIEW

Day	Activities
Day 5 Thursday Sep 18, 2025	<p>Check out from Your stay in Thimphu</p> <p>Stay dates: September 16- 18, 2025</p> <hr/> <p>Transfer to Punakha</p> <p>Transfer departs Thimphu</p> <p>Transfer arrives Punakha</p> <p>Following breakfast, begin your scenic journey to Punakha (75 Km, approx. 2.5 hours) via the Dochu-La Pass, perched at 3,088 meters. Pause to admire its stunning Himalayan views and the iconic 108 Druk Wangyal Chortens built in honour of Bhutanese soldiers. If skies are clear, you'll see majestic peaks like Gangkar Puensum and Masagang in the distance.</p> <hr/> <p>Royal Botanical Hike</p> <p>From the pass, embark on a serene 45-minute Royal Botanical Hike—a historic trail once used by monks—through lush forests of rhododendron, magnolia, oak, and birch.</p> <hr/> <p>Explore Punakha</p> <p>Continue onward to the warm, fertile valley of Punakha, once Bhutan's capital.</p> <p>After checking in and lunch at the hotel, explore the magnificent Punakha Dzong, a 17th-century fortress at the confluence of the Pho Chhu and Mo Chhu rivers.</p> <p>Later, visit the sacred Chimi Lhakhang, known as the Temple of Fertility, through charming rice fields and the village of Pana, offering glimpses into rural Bhutanese life.</p> <p>Return to the hotel to unwind.</p> <hr/> <p>Check in at Your stay in Punakha</p> <p>Location: Pemako Punakha- Punakha - Thimphu Highway, Punākha, Bhutan</p> <p>Stay dates: September 18- 20, 2025</p>

ITINERARY OVERVIEW

Day	Activities
Day 6 Friday Sep 19, 2025	<p>In and Around Punakha</p> <p>After breakfast, enjoy a scenic hike to Khamsum Yuelley Namgyel Chorten, a striking monument built to dispel negative energies and promote peace, offering panoramic views of the Mo Chhu Valley and distant Himalayan peaks.</p> <p>Post lunch, visit the historic Wangduephodrang Dzong, dramatically perched between two rivers and recently restored after a 2012 fire. Its strategic location once gave the governor immense power in Bhutan’s feudal era.</p> <p>Later, head to Nalanda Buddhist Institute near Talo, where you can participate in a traditional blessing and butter lamp ceremony—an intimate spiritual experience reflecting Bhutan’s deep-rooted Buddhist culture.</p> <hr/> <p>Overnight at Your stay in Punakha</p> <p>Stay dates: September 18- 20, 2025</p>

ITINERARY OVERVIEW

Day	Activities
Day 7 Saturday Sep 20, 2025	<p>Check out from Your stay in Punakha</p> <p>Stay dates: September 18- 20, 2025</p> <hr/> <p>Farmhouse Visit and Drive to Paro</p> <p>After a leisurely breakfast, visit Gatshothang Farmhouse, a charming 1970s property owned by Aum Karma Yangchen, set across 21 acres of fields, cowsheds, and gardens. Here, you can immerse yourself in authentic farm life—milking cows, making butter and cheese, and even enjoying a traditional hot stone bath or picnic.</p> <p>Aum Karma, an award-winning textile dyeing expert and designer of the Royal Gho for Bhutan’s King, will guide you through a hands-on natural dyeing workshop using organic plants and minerals. You’ll also get a chance to try archery, Bhutan’s national sport.</p> <p>Lunch at a hotel. Drive to Paro. (125 Km, approx. 4 hours)</p> <hr/> <p>Paro</p> <hr/> <p>Check in at Your stay in Paro</p> <p>Location: Six Senses Paro- Chubjakha, Paro, Bhutan</p> <p>Stay dates: September 20-23, 2025</p>
Day 8 Sunday Sep 21, 2025	<p>Hike to Taktshang Monastery</p> <p>After an early breakfast, set out on a memorable 5–6 hour round-trip hike to the iconic Taktshang Monastery, or Tiger’s Nest, perched dramatically on a cliff 900 meters above the Paro Valley.</p> <p>One of Bhutan’s most sacred sites, it is believed to be where Guru Rinpoche meditated after arriving on a tigress, making it a vital pilgrimage destination for all Bhutanese.</p> <p>After the hike, enjoy lunch at Zhiwa Ling Heritage, a Bhutanese-owned luxury hotel that blends traditional architecture and craftsmanship with modern comforts, offering an immersive cultural and spiritual experience amid serene surroundings.</p> <hr/> <p>Overnight at Your stay in Paro</p> <p>Stay dates: September 20-23, 2025</p>

ITINERARY OVERVIEW

Day	Activities
Day 9 Monday Sep 22, 2025	<p>Explore Paro</p> <p>After breakfast, visit Ta Dzong, once a watchtower and now Bhutan’s National Museum, housing rich collections of thangkha paintings, textiles, weaponry, and cultural artifacts.</p> <p>A short walk leads to Rinpung Dzong, or the “fortress of the heap of jewels,” known for its stunning wall murals depicting Buddhist legends.</p> <p>Enjoy lunch at Bhutan Spirit Sanctuary, a serene retreat in Neyphu Valley blending Dzong-style architecture with holistic wellness rooted in Bhutanese traditions.</p> <p>In the afternoon, explore Paro’s vibrant city center and Ka Ja Throm, a community market celebrating local produce and cultural spirit.</p> <p>In the evening, enjoy a captivating traditional Bhutanese cultural performance at the hotel, where myth, folklore, and music come alive through graceful dance. Dinner will be a special experience as guests are invited to dress in Bhutan’s national attire—‘Gho’ for men and ‘Kira’ for women—honoring the country’s deep-rooted cultural pride and unity.</p> <hr/> <p>Overnight at Your stay in Paro</p> <p>Stay dates: September 20-23, 2025</p>

ITINERARY OVERVIEW

Day	Activities
Day 10 Tuesday Sep 23, 2025	<p>Check out from Your stay in Paro</p> <p>Stay dates: September 20-23, 2025</p> <hr/> <p>9:40 AM - Flight KB 200 departs Paro (Paro International Airport)</p> <p>11:30 AM - Flight KB 200 arrives Delhi (Delhi Indira Gandhi International Airport)</p> <hr/> <p>Flight Changed</p> <p>11:35 PM 11:30 PM - Flight UA 83 departs Delhi (Delhi Indira Gandhi International Airport)</p> <p>HOWWRF</p> <p>Seat 52 A</p> <hr/> <p>Flight Changed</p> <p>8:00 AM 7:53 AM - Flight UA 686 departs Newark (Newark Liberty International Airport)</p> <p>10:51 AM 10:53 AM - Flight UA 686 arrives Houston (Houston George Bush Intercontinental Airport)</p> <p>HOWWRF</p> <p>Seat 38A</p>

ITINERARY OVERVIEW

Day	Activities
Day 11 Wednesday Sep 24, 2025	<div>Flight Changed</div> <div>6:25 AM 5:40 AM - Flight UA 83 arrives Newark (Newark Liberty International Airport) HOWWRF Seat 52 A</div> <div>Flight Changed</div> <div>12:07 PM 11:58 AM - Flight UA 1859 departs Houston (Houston George Bush Intercontinental Airport) 1:08 PM 1:17 PM - Flight UA 1859 arrives Austin (Austin-Bergstrom International Airport) Seat 37 A</div>

YOUR FLIGHTS

Day	Flight
Day 1 Sunday Sep 14, 2025	<div>Flight Changed</div> <p> 12:10 PM 12:08 PM - Flight UA 1747 departs Austin (Austin-Bergstrom International Airport) 1:15 PM 1:34 PM - Flight UA 1747 arrives Houston (Houston George Bush Intercontinental Airport) </p> <hr/> <div>Flight Changed</div> <p> 2:46 PM 3:08 PM - Flight UA 2037 departs Houston (Houston George Bush Intercontinental Airport) 7:30 PM 7:40 PM - Flight UA 2037 arrives Newark (Newark Liberty International Airport) HOWWRF Seat 34 F </p> <hr/> <div>Flight Changed</div> <p> 9:20 PM 9:13 PM - Flight UA 82 departs Newark (Newark Liberty International Airport) HOWWRF Seat 52L </p>
Day 2 Monday Sep 15, 2025	<div>Flight Changed</div> <p> 9:30 PM 8:56 PM - Flight UA 82 arrives Delhi (Delhi Indira Gandhi International Airport) HOWWRF Seat 52L </p>

YOUR FLIGHTS

Day	Flight
Day 3 Tuesday Sep 16, 2025	12:30 PM - Flight KB 201 departs Delhi (Delhi Indira Gandhi International Airport) 3:20 PM - Flight KB 201 arrives Paro (Paro International Airport) Terminal T3
Day 10 Tuesday Sep 23, 2025	9:40 AM - Flight KB 200 departs Paro (Paro International Airport) 11:30 AM - Flight KB 200 arrives Delhi (Delhi Indira Gandhi International Airport) <div>Flight Changed</div> <div>11:35 PM 11:30 PM - Flight UA 83 departs Delhi (Delhi Indira Gandhi International Airport) HOWWRF Seat 52 A</div> <div>Flight Changed</div> <div>8:00 AM 7:53 AM - Flight UA 686 departs Newark (Newark Liberty International Airport) 10:51 AM 10:53 AM - Flight UA 686 arrives Houston (Houston George Bush Intercontinental Airport) HOWWRF Seat 38A</div>

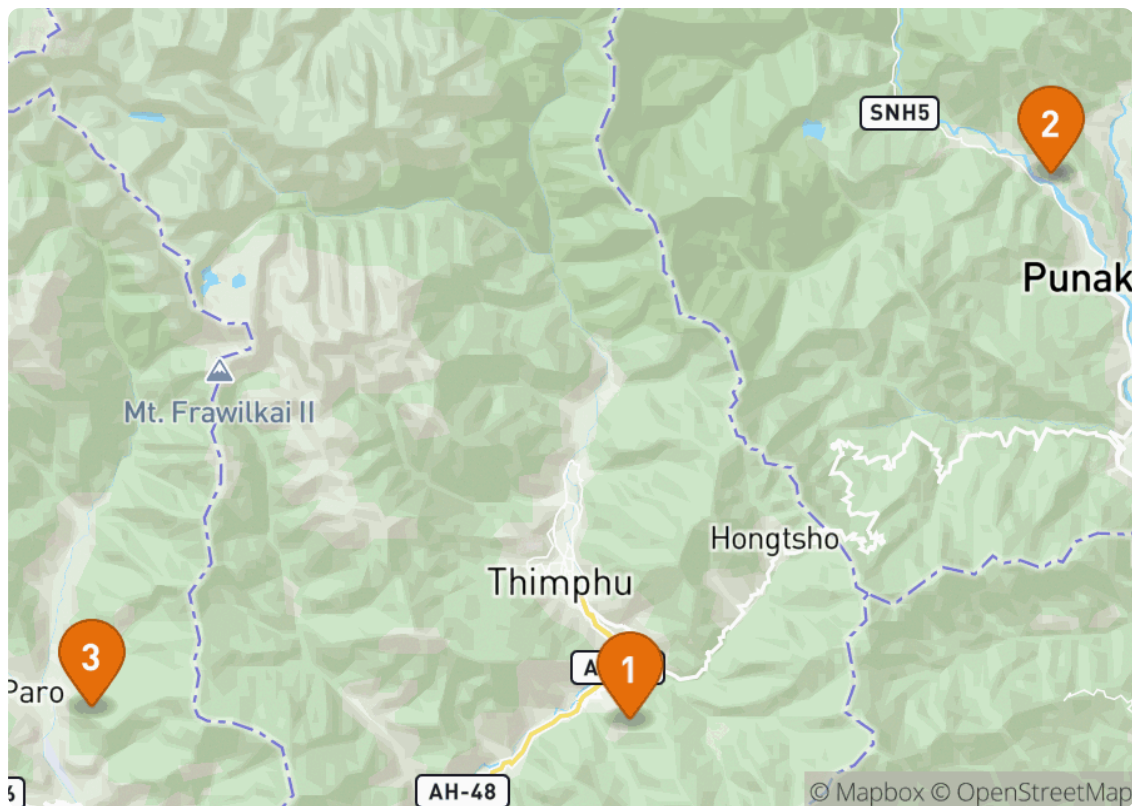
YOUR FLIGHTS

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Day 11 Wednesday Sep 24, 2025	<div>Flight Changed</div> <div>6:25 AM 5:40 AM - Flight UA 83 arrives Newark (Newark Liberty International Airport) HOWWRF Seat 52 A</div> <div><div>Flight Changed</div><div>12:07 PM 11:58 AM - Flight UA 1859 departs Houston (Houston George Bush Intercontinental Airport) 1:08 PM 1:17 PM - Flight UA 1859 arrives Austin (Austin-Bergstrom International Airport) Seat 37 A</div></div>

YOUR ACCOMMODATIONS

Day	Accommodation	Details	Nights
September 16 - 18, 2025	Six Senses Thimphu	-	2
September 18 - 20, 2025	Pemako Punakha	-	2
September 20 - 23, 2025	Six Senses Paro	-	3

MAP



Key Dates

- 1) September 16 - 18: Six Senses Thimphu, Thimphu
- 2) September 18 - 20: Pemako Punakha, Punakha
- 3) September 20 - 23: Six Senses Paro, Thimphu

DAY 1
SUNDAY • SEPTEMBER 14, 2025

Flight from Austin to Houston Flight Changed

- ~~12:10 PM~~ **12:08 PM** · Depart Austin (Austin-Bergstrom International Airport)
United Airlines Flight UA 1747
- ~~1:15 PM~~ **1:34 PM** · Arrive Houston (Houston George Bush Intercontinental Airport)

Flight from Houston to Newark Flight Changed

- ~~2:46 PM~~ **3:08 PM** · Depart Houston (Houston George Bush Intercontinental Airport)
United Airlines Flight UA 2037
- ~~7:30 PM~~ **7:40 PM** · Arrive Newark (Newark Liberty International Airport)

HOWWRF
Seat 34 F

Flight from Newark to Delhi Flight Changed

- ~~9:20 PM~~ **9:13 PM** · Depart Newark (Newark Liberty International Airport)
United Airlines Flight UA 82

HOWWRF
Seat 52L

DAY 2
MONDAY • SEPTEMBER 15, 2025

Travel Day

Flight from Newark to Delhi Flight Changed

~~9:30 PM~~ **8:56 PM** · Arrive Delhi (Delhi Indira Gandhi International Airport)

DAY 3
TUESDAY • SEPTEMBER 16, 2025

Getting Ready for Bhutan - Information on VISA

- Bhutan visa fee is US Dollar 40.
- On approval of visa from the Department of Immigration, we will email the e-visa which guests need to carry either in printout or in digital form and produce at the time of check-in for the Bhutan flight and on arrival at Paro airport, at the Immigration counter.
- The visa is then stamped on the passport on arrival in Bhutan at the Immigration counter at Paro airport.

Getting Ready for Bhutan - Other useful information

Currency Clothing

1. Ngultrum is the local currency of Bhutan, equal in value to the Indian Rupees which is frequently used in place of Ngultrum. Your currency (all major ones like US Dollars, Sterling Pounds, Euros, Indian Rupees etc.) and travellers' cheques can be exchanged at the Paro Airport, Banks and at hotels.
 2. Please note that Nepalese currency and large bills of Indian currency (Rs. 500 and Rs. 2000) are officially not accepted here. Major Credit cards are accepted by high end Deluxe hotels and a limited number of popular and bigger shops.
 3. ATMs are available in all major towns and one can withdraw local currency, Ngultrum. US dollars are widely accepted and preferred.
1. Comfortable clothing and sturdy, soft-soled shoes are essential for travel in Bhutan. Warm clothing is recommended.

2. Altitudinal differences account for a wide range of temperatures from day to night year-round. It is, therefore, suggested that clothing be layered so that one can adapt to changing conditions.

3. When visiting temples or other religious monuments, visitors should be modestly dressed; it is very important that knees and shoulders are covered and ladies should not wear shorts or bra-less T-shirts.

Insurance Health Requirements

1. Please consider short-term health and accident policies from your own insurance company prior to leaving home.

2. We recommend that you take out a comprehensive policy that will cover the costs of a medical evacuation and subsequent medical care.

1. No vaccinations are officially required for a visit to Bhutan.

2. Please check with your doctor or a travel immunization clinic regarding any questions.

Transfer to Thimphu

- ☐ Depart Paro
- ☐ Arrive Thimphu

Upon arrival in Paro, drive to Thimphu (55 Km, approx. 1.5 hours) and check-in at your hotel.

Thimphu

Thimphu, Bhutan's capital city, serves as the nexus of government, religion, and commerce.

Evening Presentation

Evening before dinner presentation by a Buddhist Scholar on Bhutan's philosophy of Gross National Happiness.

Check in at Your stay in Thimphu

2 Nights

Location: Six Senses Thimphu- Chunimeding, Babesa, Chang Gewog, Thimphu, Bhutan

Stay dates: September 16- 18, 2025

Property Overview

At 7,710 feet, Thimphu lies in a steep valley surrounded by richly forested mountains dotted with ancient monasteries and temples, and is the world's only national capital without traffic lights. Situated within apple orchards and pine forests, yet still within reach of the capital's attractions, Six Senses Thimphu is perched on an auspicious hillside overlooking the shimmering lights of Thimphu. With its grand design and outdoor ponds reflecting the clouds above, this is your very own palace in the sky.

Experience & Activities

From cultural activities to hiking and discovering nature, Six Senses Thimphu has something special for everyone. Experience a guided meditation session in the lodge's Prayer Pavilion; discover a 16th century monastic school and get a private reading; enjoy afternoon tea with local flavors, prayer flags, and pine trees at Lungsigang; or hike to Talakha Monastery to learn about daily life and participate in an impromptu football or volleyball match and engage in a tree or flower planting.

A combination of massage and relaxation therapies, yoga, and meditation programs, as well as fitness facilities that include heated pools, gyms, hot stone baths, and a sauna are available, helping to promote happiness and well-being.

Fast Facts

Highlights

Spectacular views of Thimphu Valley and across to the giant Buddha

Multi-dimensional Six Senses integrated wellness programs

The culinary and mixology teams draw inspiration from local herbs and plants, crafting nutritious and tasty menus and cocktails

Quick facts

25 spacious villas and suites

Restaurant

Lounge

Spa

Indoor yoga studio

Fitness center

Indoor pool

Herbal garden

Alchemy bar

Wifi

Flight from Delhi to Paro

- 12:30 PM · Depart Delhi (Delhi Indira Gandhi International Airport)
-
- Drukair Flight KB 201
-
- 3:20 PM · Arrive Paro (Paro International Airport)

Terminal T₃

DAY 4

WEDNESDAY • SEPTEMBER 17, 2025

In Thimphu

Begin your day with a visit to the National Memorial Chorten, a revered stupa in Thimphu where locals gather in daily prayer. Continue to the grand Buddha Dordenma, a 51.5-metre gilded statue housing 125,000 smaller Buddhas, offering panoramic views and spiritual calm. From here, enjoy a scenic 1.5-hour hike through pine forests and fluttering prayer flags to reach Changangkha Lhakhang, a 12th-century temple where families seek blessings for newborns.

Enjoy Prayer Flag hoisting. Post lunch at a hotel, visit Choki Traditional Art School in Kabesa, where underprivileged students learn Bhutan's sacred arts. Later, explore Pangri Zampa, a serene astrology school set in a historic monastery, and conclude at Trashichhoedzong, Bhutan's majestic fortress-monastery and seat of governance.

Wrap up your day soaking in the local vibe at Ka Ja Throm.

Overnight at Your stay in Thimphu

DAY 5

THURSDAY • SEPTEMBER 18, 2025

Check out from Your stay in Thimphu

Transfer to Punakha

- Depart Thimphu
- Arrive Punakha

Following breakfast, begin your scenic journey to Punakha (75 Km, approx. 2.5 hours) via the Dochu-La Pass, perched at 3,088 meters. Pause to admire its stunning Himalayan views and the iconic 108 Druk Wangyal Chortens built in honour of Bhutanese soldiers. If skies are clear, you'll see majestic peaks like Gangkar Puensum and Masagang in the distance.

Royal Botanical Hike

From the pass, embark on a serene 45-minute Royal Botanical Hike—a historic trail once used by monks—through lush forests of rhododendron, magnolia, oak, and birch.

Explore Punakha

Continue onward to the warm, fertile valley of Punakha, once Bhutan's capital.

After checking in and lunch at the hotel, explore the magnificent Punakha Dzong, a 17th-century fortress at the confluence of the Pho Chhu and Mo Chhu rivers.

Later, visit the sacred Chimi Lhakhang, known as the Temple of Fertility, through charming rice fields and the village of Pana, offering glimpses into rural Bhutanese life.

Return to the hotel to unwind.

Check in at Your stay in Punakha

2 Nights

Location: Pemako Punakha- Punakha - Thimphu Highway, Punākha, Bhutan

Stay dates: September 18- 20, 2025

Property Overview

Pemako Punakha is a collection of 21 luxury tented pool villas. The property also has a spa, a fitness center, and four distinct restaurants and dining areas serving authentic Bhutanese cuisine.

Spread across 60 acres of verdant forest and riverside landscape, Pemako is tucked into the fertile Punakha valley. The area is known for its year-round temperate climate, Buddhist festivals, and the sublime Punakha Dzong.

The tented villas are plush hideaways highlighting Bhutanese design. They each feature a private heated pool, expansive decks with breathtaking views, Serge Ferrari fabrics, and copper fixtures.

Experience & Activities

Guests at Pemako are encouraged to partake in vital components of Bhutan's culture. Visit the Jiligang Monastery on a village tour, enjoy river rafting along the Pho Chhu River, or take a hike along fields of mustard and rice to the Phallus Temple (a tribute to Bhutan's most esoteric saint).

Fast Facts

Highlights

Spread across 60 acres of forest and riverside land.

The property has four distinct dining options.

Every tented villa offers a private pool and breathtaking views.

Quick facts

21 luxury tented villas

Restaurant

Bar

Pool

Spa

Garden

Gym

Game room

Bicycle rental

Gift shop

Laundry service

Wifi

DAY 6
FRIDAY • SEPTEMBER 19, 2025

In and Around Punakha

After breakfast, enjoy a scenic hike to Khamsum Yuelley Namgyel Chorten, a striking monument built to dispel negative energies and promote peace, offering panoramic views of the Mo Chhu Valley and distant Himalayan peaks.

Post lunch, visit the historic Wangduephodrang Dzong, dramatically perched between two rivers and recently restored after a 2012 fire. Its strategic location once gave the governor immense power in Bhutan's feudal era.

Later, head to Nalanda Buddhist Institute near Talo, where you can participate in a traditional blessing and butter lamp ceremony—an intimate spiritual experience reflecting Bhutan's deep-rooted Buddhist culture.

Overnight at Your stay in Punakha

DAY 7
SATURDAY • SEPTEMBER 20, 2025

Check out from Your stay in Punakha

Farmhouse Visit and Drive to Paro

After a leisurely breakfast, visit Gatshothang Farmhouse, a charming 1970s property owned by Aum Karma Yangchen, set across 21 acres of fields, cowsheds, and gardens. Here, you can immerse yourself in authentic farm life—milking cows, making butter and cheese, and even enjoying a traditional hot stone bath or picnic.

Aum Karma, an award-winning textile dyeing expert and designer of the Royal Gho for Bhutan's King, will guide you through a hands-on natural dyeing workshop using organic plants and minerals. You'll also get a chance to try archery, Bhutan's national sport.

Lunch at a hotel. Drive to Paro. (125 Km, approx. 4 hours)

Paro

Nestled in a breathtaking valley, Paro is home to ancient temples, monasteries, the National Museum, and stunning views of Mount Chomolhari and the Paro River, surrounded by fertile red rice fields.

Check in at Your stay in Paro

3 Nights

Location: Six Senses Paro- Chubjakha, Paro, Bhutan

Stay dates: September 20-23, 2025

Property Overview

Designed to maximize what is surely one of the most scenic settings within the Six Senses Bhutan journey, this lodge, perched high above the valley floor, is known as Stone Ruins – you'll understand why when you dine among them. Surrounded by pine forests and within walking distance of several ancient monasteries, Six Senses hotel in Paro offers views and authentic experiences at every turn.

Six Senses Paro offers 20 spacious villas and suites designed with large windows and awe-inspiring valley views in mind. Neutral, relaxing tones are complemented by the simple lines of natural timber furniture and the presence of local touches such as bukharis (traditional wood-burning stoves) and vegetable-dyed, antique-washed Himalayan rugs.

What's on your plate is mouthwatering and what's all around you is memorable. Head back in time for a feudal dinner set among 12th-century ruins, or visit a local farmhouse for a truly authentic Bhutanese dining experience.

Experience & Activities

Paro Valley is one of the most scenic settings within the Six Senses Bhutan journey. It sits at an elevation of 7,382 feet (2,250 meters) and is a mix of small villages, historic buildings, monuments, and ingeniously terraced fields growing crops of mostly rice, barley, and wheat. The Paro Chhu runs through the valley, and the town of Paro is nearby.

A sunrise hike to Tiger's Nest or sundown lamp lighting at Samtenling Monastery are a great start and ending to your day. And there's a whole day in between with time to visit Jele Dzong, join in mushroom foraging, or head to the spa for a locally-inspired treatment.

Fast Facts

Highlights

- Perched above the valley floor, surrounded by pine forests
- Within walking distance of several ancient monasteries
- Offers views and authentic experiences at every turn
- Feudal dinner set among 12th-century ruins
- Head to the spa for a locally-inspired treatment

Quick facts

20 suites & villas

Restaurant

Bars

Lounge

Gardens

Pool

Spa

Gym

Hiking

Library

Parking

Boutique

Meeting & event space

Air conditioning

Wifi

DAY 8 SUNDAY • SEPTEMBER 21, 2025

Hike to Taktshang Monastery

After an early breakfast, set out on a memorable 5–6 hour round-trip hike to the iconic Taktshang Monastery, or Tiger's Nest, perched dramatically on a cliff 900 meters above the Paro Valley.

One of Bhutan's most sacred sites, it is believed to be where Guru Rinpoche meditated after arriving on a tigress, making it a vital pilgrimage destination for all Bhutanese.

After the hike, enjoy lunch at Zhiwa Ling Heritage, a Bhutanese-owned luxury hotel that blends traditional architecture and craftsmanship with modern comforts, offering an immersive cultural and spiritual experience amid serene surroundings.

Overnight at Your stay in Paro

DAY 9
MONDAY • SEPTEMBER 22, 2025

Explore Paro

After breakfast, visit Ta Dzong, once a watchtower and now Bhutan's National Museum, housing rich collections of thangkha paintings, textiles, weaponry, and cultural artifacts.

A short walk leads to Rinpung Dzong, or the “fortress of the heap of jewels,” known for its stunning wall murals depicting Buddhist legends.

Enjoy lunch at Bhutan Spirit Sanctuary, a serene retreat in Neyphu Valley blending Dzong-style architecture with holistic wellness rooted in Bhutanese traditions.

In the afternoon, explore Paro's vibrant city center and Ka Ja Throm, a community market celebrating local produce and cultural spirit.

In the evening, enjoy a captivating traditional Bhutanese cultural performance at the hotel, where myth, folklore, and music come alive through graceful dance. Dinner will be a special experience as guests are invited to dress in Bhutan's national attire—‘Gho’ for men and ‘Kira’ for women—honoring the country's deep-rooted cultural pride and unity.

Overnight at Your stay in Paro

DAY 10
TUESDAY • SEPTEMBER 23, 2025

Check out from Your stay in Paro

Flight from Paro to Delhi

- 9:40 AM · Depart Paro (Paro International Airport)
▪ Drukair Flight KB 200
- 11:30 AM · Arrive Delhi (Delhi Indira Gandhi International Airport)

Flight from Delhi to Newark Flight Changed

~~11:35 PM~~ **11:30 PM** · Depart Delhi (Delhi Indira Gandhi International Airport)

United Airlines Flight UA 83

HOWWRF

Seat 52 A

Flight from Newark to Houston Flight Changed

- ~~8:00 AM~~ **7:53 AM** · Depart Newark (Newark Liberty International Airport)
▪ United Airlines Flight UA 686
- ~~10:51 AM~~ **10:53 AM** · Arrive Houston (Houston George Bush Intercontinental Airport)

HOWWRF

Seat 38A

DAY 11
WEDNESDAY • SEPTEMBER 24, 2025

Flight from Delhi to Newark Flight Changed

~~6:25 AM~~ **5:40 AM** · Arrive Newark (Newark Liberty International Airport)

Flight from Houston to Austin Flight Changed

- ~~12:07 PM~~ **11:58 AM** · Depart Houston (Houston George Bush Intercontinental Airport)
 - ~~1:08 PM~~ **1:17 PM** · Arrive Austin (Austin-Bergstrom International Airport)
- United Airlines Flight UA 1859

Seat 37 A

COSTS

Total per person based on 1 guest in shared accommodation: TBD

Notes:

Please note that some activities mentioned within the itinerary may incur additional costs unless noted below.