



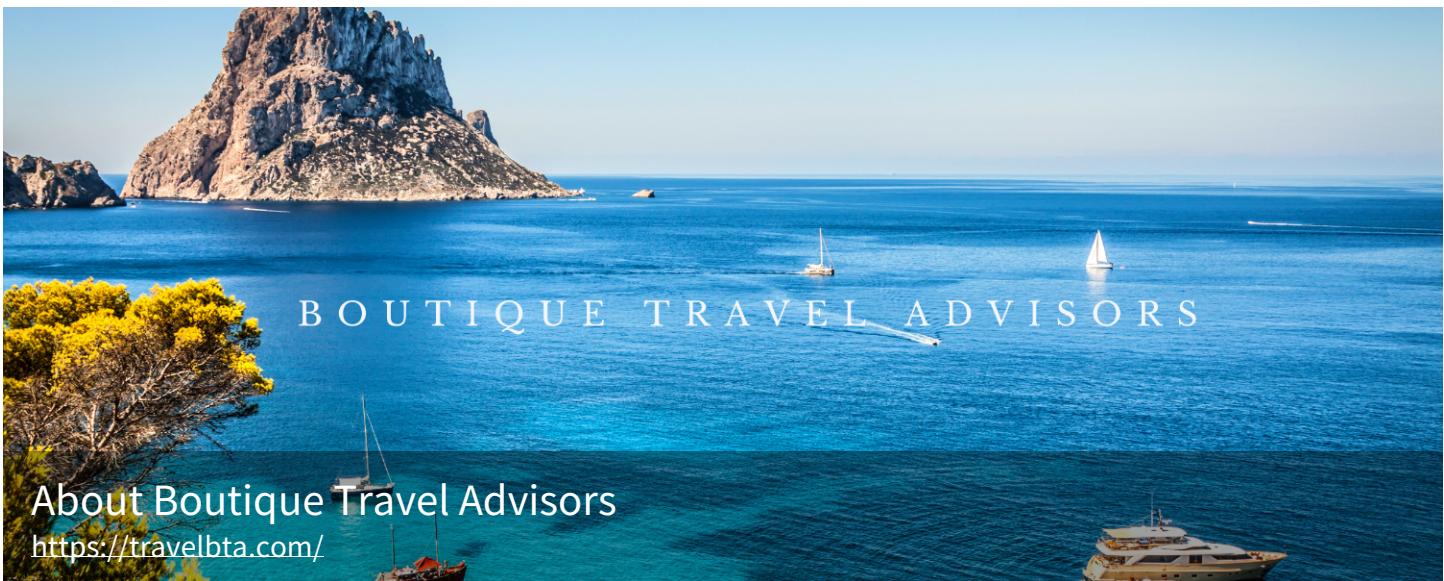
## 8 Days Itinerary

# Luxury Portugal Getaway

[About Boutique Travel Advisors](#)  
[Covid-19 Travel Updates Portugal](#)  
[Weather in Portugal](#)  
[Tipping Recommendations Portugal](#)

- |              |  |
|--------------|--|
| <b>Day 1</b> | Flight from Phoenix to Newark (4 hr, 38 min)<br>Flight from Newark to Lisbon (6 hr, 45 min) +1   |
| <b>Day 2</b> | Transfer · Private Transfer 8:45 AM<br>Porto Introduction<br>The Yeatman (3 Nights)<br>Dinner at Antiquvum   |
| <b>Day 3</b> | Douro Valley Introduction<br>Private Douro Wine Tasting Tour 9:30 AM (8hr)<br>Dinner at Euskalduna Studio  |
| <b>Day 4</b> | Vinotherapie® Caudalie Spa at The Yeatman<br>WOW THE WORLD OF WINE. 7 MUSEUMS IN PORTO'S NEW CULTURAL DISTRICT<br>Dinner at Cantinho do Avillez - Porto    |
| <b>Day 5</b> | Nazare Introduction<br>Transfer · Private Transfer 10:30 AM<br>Lunch at A Celeste<br>Barrio Alto Hotel (3 Nights)<br>Lisbon Introduction<br>Dinner at BAHR |

Day 6	Tour Lisbon Markets Dinner at Belcanto
Day 7	Sintra & Cascais Full Day Tour 9:30 AM (8hr) Sintra Introduction Sunset at Belem Tower Dinner at Red Frog
Day 8	Transfer · Private Transfer Flight from Lisbon to Newark (8 hr, 25 min) Flight from Newark to Phoenix (5 hr, 22 min)



## About Boutique Travel Advisors

<https://travelbta.com/>

At Boutique Travel Advisors, we believe luxury travel goes beyond welcome chocolates on pillows & first-class seats. Luxury travel can be subjective. To us, the definition of luxury travel embodies having the privilege to explore & experience the infinitely possible wonderments the world has to offer when we decide to mindfully venture outside of our comfort zone in our home environment.

From booking bespoke safaris in South Africa, serenely scenic river cruises through France's waterways, to private wine (+ pasta) tastings on the Amalfi Coast... BTA strives to curate each personalized itinerary with credible expertise, dedicated service & the whole-hearted intention for each traveler to exceed their travel goals and expectations while on the adventure of a lifetime.

BTA is proudly a women-owned & run company. Co-owners and luxury travel curators, Janet Semenova and Angie Rice, use a thorough 5-step process to seamlessly design & tailor YOUR travel experience: explore, imagine, build, journey, reflect.

Your BTA travel itinerary is more than a document of scheduled flights, tours, and dinner reservations. It is the motherboard, the holy grail, the backbone of a transformational journey that turns your individual, subjective experiences into heart-warming, thought-provoking, jaw-dropping, life-changing memories that are worthy of being cherished for a lifetime.

Our purpose is to make your travel dreams come true... We are here to make your every step along the way uncomplicated, stress-free, and wildly exciting. All we ask is, **where will your journey take you?**



## Travel Updates COVID-19 CORONAVIRUS



### Covid-19 Travel Updates Portugal

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

#### Please Carefully Review:

- [Portugal Travel Advisory](#)
- [U.S. Embassy in Portugal Covid-19 Information](#)
- [CDC Covid-19 Travel Updates](#)

#### Testing Requirements for Passengers Boarding Flights Entering Portugal

- EU Digital Vaccination Certificate, **or**
- NAAT test within 72 hours. A negative SARS-CoV-2 lab result of a nucleic acid amplification test (NAAT), for example a PCR test, performed at least 72 hours before boarding, **or**
- TRAg test within 48 hours. A rapid antigen test (TRAg), performed within 48 hours of boarding

[Passenger Locator Card](#) must be completed and submitted. (Different airlines require completion of form before take-off. We advise completing and printing prior to scheduled travel)

#### Testing Requirements for Passengers Boarding Flights Entering US

##### Testing Requirement:

- A negative COVID-19 viral test taken within three calendar days of travel, **or**
- Provide documentation from a licensed health care provider of having recovered from COVID-19 in the 90 days preceding travel.
- [Attestation](#) confirming one of the two options above is true.

#### Quarantine Requirements

**Travelers who test positive for COVID can be required to quarantine for up to 10 days. Due to increased instances of mandatory detention by health authorities, we do not recommend same day airport testing.**

#### Accommodation Requirements

\***Proof of vaccination or Negative COVID Test required:** Hotels, Guesthouses, and private vacation rentals (Airbnb, VRBO, etc.). One of the following is now required upon check-in:

Mandatory submission of an EU Digital Vaccination Certificate or

- A negative COVID test result (PCR 72 hours; antigen 48 hours; rapid test before health official 24 hours) or
- A rapid test immediately on arrival in front of an employee at offering hotels.

**\*Please Note:** Requirements change rapidly. It is your responsibility to confirm requirements with your airline, accommodations, and other events/activities before travel.



## Weather in Portugal

Image credits: Pixabay

[Porto](#)  
[Nazare](#)  
[Lisbon](#)

## Tipping Recommendations Portugal

There is no obligation to tip at restaurants, hotels, bars, or spas in Portugal, but how much should you tip for exceptional service? Since it is not customary, there is no hard and fast rule about the amount that should be given in each circumstance. You, however, can't go wrong by leaving a little extra when service exceeds your expectations. This could be as simple as rounding up to the nearest euro.

When dining out, skip the tip at cheaper restaurants and leave up to 10 percent when service exceeds expectations in upscale dining establishments. Be aware, however, that some restaurants include service in the final bill, so keep an eye out for that language at the bottom of the receipt before tipping extra. It is common for servers not to receive tips included on a credit card, so try to leave cash whenever possible.

As for tipping other services, there is no set standard for how much to tip but a little goes a long way in showing appreciation. This Portugal tipping guide will help you navigate when/where you can leave a little extra for great service.

**Cafe Server:** If there is a tip jar, it's a nice gesture to leave the change. For exceptional table service, round up to the nearest €1.

**Restaurant Server:** It is not customary to tip at a cheaper restaurant, but a tip of up to 10 percent is acceptable at more upscale establishments. The tip is sometimes included in the final bill, but not always. Check the bill first for these inclusions before deciding what to tip. Servers sometimes don't receive tips included on a credit card, so always try to tip in cash whenever possible.

**Bartender:** It's not necessary to tip a bartender, but you can round up to the nearest €1 for exceptional service. Table service is considered to be separate than the bar, and it is considerate to round to the nearest €1 for great service.

**Tour Guide:** Have a wonderful time on your tour? Tip €5 to €10 per half-day tour and €10 to €15 for a full-day tour. If taking a free tour, tip at least €10, as this is the only way the guides make money.

**Taxis:** Tipping in Portugal taxis isn't expected, but is appreciated. A good rule of thumb is to round up to the nearest €5 or up to 10 percent of the final fare for outstanding service.

**Airport Shuttle:** It is not necessary to tip your driver, but feel free to give €1 per bag if they help with your luggage.

**Doorman:** Gratitude is always welcome when a doorman assists with luggage or hailing transportation. A simple thank you is appreciated, but feel free to offer €1 for extra help.

**Bellhop:** It is customary to tip €1 to €2 per bag, depending on size, but no more than €5.

**Housecleaning:** Feel free to leave €1 per night for a spotless stay.

**Concierge:** If the concierge goes above and beyond with helping you book reservations, giving you directions, and providing insider recommendations, it's considerate to tip €5 to €10.

**Stylist:** Tipping in Portugal is considerate, but not expected, so tip 5 to 10 percent of the final bill if you're satisfied with the results.

**Spa Service Provider:** A tip isn't expected, and may be refused, but you can leave up to 10 percent for anything that goes above and beyond your expectations.

## Day 1

### Phoenix, Phoenix Sky Harbor International Airport to Newark, Newark Liberty International Airport

1-800-864-8331

*United Airlines (UA)*

<https://www.united.com/en/us/checkin>

UA Carrier/Flight	PHX •	EWR •	4 hr, 38 min Duration
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#### Notes

**United Airlines Reference Number:**

Please find additional details & confirmation of your flight reservation in the Documents tab of your travel app.

**United Airlines**

- [Flight Status](#)
- [Manage Your Booking](#)
- [Baggage Information](#)
- [FAQs](#)
- [Customer Support](#)

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Seat assignments will be assigned if available at the time of booking. If you would like assistance with securing seat assignments after booking, please let us know. Our fee is \$25 per confirmation number to assist with seat assignments. Please note that airlines often charge for seat assignments. If you choose to obtain your own seat assignment please update us with your chosen seat assignments so we can upgrade our records.

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# Newark, Newark Liberty International Airport to Lisbon, Lisbon Portela Airport

1-800-864-8331

*United Airlines (UA)*

<https://www.united.com/en/us/checkin>

UA Carrier/Flight	EWR •	+1 LIS •	6 hr, 45 min Duration
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## Notes

**United Airlines Reference Number:**

Please find additional details & confirmation of your flight reservation in the Documents tab of your travel app.

**United Airlines**

- [Flight Status](#)
- [Manage Your Booking](#)
- [Baggage Information](#)
- [FAQs](#)
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## Day 2



### Transfer · Private Transfer

8:45 AM

Departure

Departure Location  
Lisbon Airport

Arrival Location  
Porto

Vehicle  
Private Transfer



## PORTO, PORTUGAL

@TRAVELBTA

### Porto Introduction

Porto, Portugal's second-largest city, sits on the steep north bank of the Douro River, 195 mi/310 km north of Lisbon. It has an interesting port area and a nice, old-world feel to it, especially among the ochre and brown tenements stacked high on the slopes above the river. Porto's history predates the Roman occupation—in fact, Portugal took its name from the town.

There's a famous saying that sums up how the Portuguese feel about Porto (sometimes referred to as "Oporto"): "Coimbra sings, Braga prays, Lisbon shows off and Porto works." Porto dates back to the fourth century when Romans ruled the day. Over the centuries, Porto developed along the hills overlooking the Douro river estuary; even today, a city stroll along the steep streets can turn into quite a workout.

Notably, in 1996, Porto's historical Ribeira district was awarded World Heritage status by UNESCO. Porto was named the 2001 European City of Culture. To celebrate, the city opened a photography museum (housed in a 19th-century prison) and an orchestra hall, and the entire city received a thorough freshening-up.

For more information please see the Porto Guide in the "Guides" section of your travel app.



## The Yeatman

+351 220 133 185

Rua do Choupelo Vila Nova de Gaia 4400-088 Portugal

3:00 PM	12:00 PM	3 Nights
Check In	Check Out	Duration

The Yeatman is a luxury wine hotel and spa in Porto with spectacular views over the UNESCO World Heritage City and the Douro River. Member of the prestigious Relais and Châteaux collection of hotels and with a restaurant by Chef Ricardo Costa distinguished with two Michelin Stars, The Yeatman is widely regarded as the best hotel in Porto and is a unique and distinctive landmark in the world of classic luxury hotels. Set amidst the Port wine lodges, The Yeatman nestles on a hill, overlooking Porto and is set within 7 acres of land, and has outdoor and indoor infinity swimming pools. All of The Yeatman's spacious rooms and suites have panoramic views and a private terrace.

### Amenities

#### Signature Amenities

\$100 USD equivalent Spa credit, per room, per stay Welcome Amenity The following amenities are subject to availability at the time of check-in/departure: Upgrade Early Check-in Late Check-out

### Room Selection

#### Room Category

BACCHUS SUITE-1 KING-150SQM-  
1615SQFT- SITTING AND DINING  
AREA-JACUZZI-FIREPLACE-

### Cancellation Policy

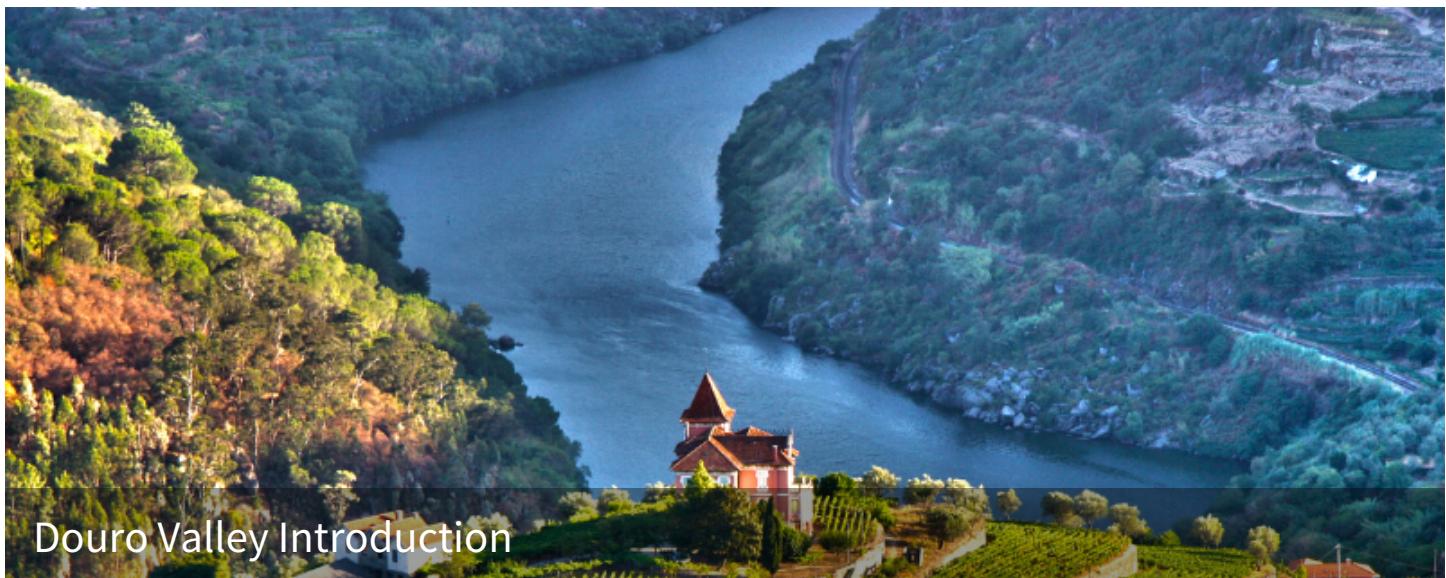
Up to 48 hours: No Charges From 48 hours onwards, including no show: 1st night will be charged Special Dates: 100% Non-Refundable

## Dinner at Antiquvm

R. de Entre-Quintas, 220  
4050-240 Porto

Reservation Number 296438089

## Day 3



### Douro Valley Introduction

Traversing Portugal's wine country, the Douro River valley makes for a wonderful scenic drive—interesting villages with ancient churches line the way. In its lower reaches, the Douro carves a deep, meandering canyon between rounded hills that are spectacularly stepped and terraced. Not an inch of usable land is wasted.

Towns along the valley include Lamego (museum with early Christian art, Romanesque cathedral and 13th-century castle ruins), Pinhao (the center of the wine industry—some vineyards are open for sampling) and Sao Joao da Pesqueira (an isolated but lovely village). Among the examples of Romanesque and Cistercian architecture is the stunning Sao Joao de Tarouca monastery.

Branching off from the Douro Valley is the Coa Valley, the world's largest open-air rock art site with stunning examples of Paleolithic engravings in situ along the banks of the rivers and streams.



### Private Douro Wine Tasting Tour

+351 965 515 186

<http://portoanddouromoments.com>

Image credits: Pixabay

9:30 AM	5:30 PM	8hr
Start Time	End Time	Duration

#### ITINERARY:

09:30h Pick up at your accommodation

- Travel along the Douro Valley, admire its impressive landscapes, discover the historic wine villages where time stopped and take photos in the most spectacular viewpoints;
- Sample a local aperitif drink on a laid-back setting and relax with the locals;
- Lunch at a winery or high-end restaurant and taste reinvented local food, a cuisine bound to feelings and old memories;
- Visit 2 boutique family-owned wineries and learn all about the Douro wine region: its mysterious grape varieties, the viticulture, the foot stomping of the grapes, the unique combination of ancient/modern wine making methods. Taste the best Douro Wines and understand the different styles of Port.

**HIGHLIGHTS:**

For Wine Lovers…

- UNESCO World Heritage region
- Small rustic villages in Douro Valley
- Sublime landscape
- Top Winery restaurant
- Local tasty products

**INCLUSIONS:**

- Pick up/drop off at your hotel
- Experienced guide/driver
- Lunch experience with 3 courses and wine pairings
- Guided visit to a boutique winery with DOC Douro and Port wine tastings
- Guided visit to a small charming winery with several wine tastings
- Mineral water/wine tastings
- Douro Valley map

TIMETABLE: 8/9 hours

INFORMATION: The tour can be customized according to your interests.

## Dinner at Euskalduna Studio

*Rua de Santo Ildefonso, nº404 - Porto*

- Saturday, January 15, 2022
- 7:45 PM
- 2 Guests
- Chef's Table
- No reservation number provided

## Day 4



Recommend arriving 30 minutes early

**Access to establishments:**

Is only allowed to customers who present an EU digital certificate or who are holders of a test with a negative result.

For this purpose, the following tests are accepted:

- The performance of a laboratory nucleic acid amplification test (TAAN) within 72 hours prior to its presentation;
- The performance of a rapid antigen test (TRAg), verified by a certified entity, within 48 hours prior to its presentation;
- Carrying out a rapid antigen test (TRAg), in the form of a self-test, within 24 hours prior to its presentation, in the presence of a healthcare professional or from the pharmaceutical area who certifies that it has been carried out and the respective result;



The Wine Experience, Planet Cork, The Chocolate Story, Porto Region Across the Ages, The Bridge Collection, PFFM open at 10:00 on Weekends

Pink Palace opens at 11:00

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## Dinner at Cantinho do Avillez - Porto

+351 22 322 7879

*Rua Mouzinho da Silveira, 166  
Porto, Porto 4050-416*

Reservation Number: 9UCRA9WN



### Nazare Introduction

Nazare, Portugal, is a picturesque if somewhat touristy fishing village 80 mi/130 km north of Lisbon. It is worth a visit of at least several hours, and you might prefer to stay overnight. There are Venetian-style fishing boats offshore, an interesting fish auction and one of the cleanest beaches in Europe (local women sift the sand).

The setting is most impressive: The lower part is the fishermen's quarter and beach area; the upper part is the *sítio*—a peninsula with magnificent high cliffs (it's where most of the residents live and can be reached by a funicular car from the beach). It's fun to spend time at the *sítio* just people-watching (the men wear distinctive stocking hats). If you need a destination, visit the Chapel of Memory, erected by a nobleman after a vision of the Virgin Mary warned him he was in danger of going over a cliff in a heavy fog.

Other activities in Nazare include eating lots of seafood, visiting the Sao Miguel Fort and attending the Festival of Nossa Senhora da Nazare Romaria (held in September, it features traditional folk dances). If you're staying in the village overnight, watch the fishermen row out to sea until nothing is visible but their bobbing lanterns. Another fishing village in the area is Peniche, Portugal's sardine capital. (May-October, there are several restaurants along the shoreline that grill the fresh catch.)

Just south of Nazare is the medieval walled town of Obidos, which has a medieval castle (now a *pousada*) and lovely whitewashed houses with flower-filled balconies.



### Transfer · Private Transfer

Sandra Pestana Phone & WhatsApp: +351 930-548-887

10:30 AM

Departure

Departure Location  
The Yeatman

Arrival Location  
Lisbon

Vehicle  
Private Transfer

#### Notes

Please meet your driver who will be holding a sign after collecting your luggage

## Lunch at A Celeste



3:00 PM

Check In

12:00 PM

Check Out

3 Nights

Duration

Agreeably located in the city's historical center, Bairro Alto Hotel has reopened its doors on August 8th 2019 after a full renovation by renowned Portuguese architect Eduardo Souto de Moura, a Pritzker prize winner. A member of The Leading Hotels of the World Bairro Alto Hotel currently features 87 rooms and suites, a panoramic terrace with a lovely view over Lisbon and the Tagus river, a cocktail bar, a restaurant with an exclusive menu authored by Creative Chef Nuno Mendes, a Wellness & Fitness Centre and 4 meeting rooms. Fused with a vastly cosmopolitan and bohemian environment, and with a service modulated by Excellency and attention to detail, Bairro Alto Hotel possesses all the commodities a pioneer hotel in the five star boutique hotel concept can offer.

#### Amenities

- Breakfast for up to two guests daily
- \$100 USD equivalent Food and Beverage credit, per room, per stay (not combinable, no cash value if not redeemed in full)
- Welcome amenity

The following amenities are subject to availability at the time of check-in/departure:

- Upgrade
- Early check-in
- Late check-out

## Room Selection

### Room Category

PRESTIGE TEJO ROOM. QUEEN BED.  
HISTORICAL CITY VIEW. WALK-IN  
SHOWER

### Cancellation Policy

Cancellations are accepted until 48 hours prior to arrivals without any penalty fee, cancellations receive after this date will be charged for the full stay No-shows and early departure will be charged the amount of the entire stay.



## LISBON, PORTUGAL

@TRAVELBTA

### Lisbon Introduction

The hodgepodge of historical periods and cultures represented in Lisbon, Portugal, is a major source of its charm and travel appeal. A sprawling city on the banks of the Tagus River, Lisbon constantly reminds travelers that Portugal has been conquered several times, that it developed (and lost) its own illustrious empire and that, for much of the 20th century, it isolated itself from the rest of the world. But when Portugal joined the European Union in 1986, it experienced a major economic boost.

A completely new quarter sprang up on the banks of the Tagus. Lisbon is modernizing fast as a European travel destination. As visitors to Portugal walk Lisbon's hills—or, better, take one of Lisbon's vintage trams—they'll find restored medieval facades, wonderful art-nouveau buildings, black-and-white mosaic sidewalks (known as calcada), fine museums and plenty of modern shops. Lisbon's citizens seem to have absorbed their city's many-sided character.

Visitors can witness the popularity of fado, the melancholy music that developed in Lisbon in the early-19th century. Though the performers sing about tragedy and distant glory, the audience is very much a part of modern Lisbon—a flourishing, fashionable business and leisure center.

For more information please see the Lisbon Guide in the "Guides" section of your mobile app

## Dinner at BAHR



Image credits: Pixabay

### Tour Lisbon Markets

## Dinner at Belcanto

[351 21 342 06 07](#)

Rua Serpa Pinto n° 10 A

We thank and confirm your reservation at Belcanto.

BEL815CC262

Terça, 18 Janeiro 2022/Tuesday, 18 January 2022

20:30

2 pessoas/people

Área/Seating Menu with wine pairing - 400 €

Caso pretenda cancelar a sua reserva, clique [aqui](#).

If you would like to cancel your reservation, please click [here](#).

Caso pretenda alterar algum detalhe, por favor contacte-nos:

If you would like to change any details, please contact us:

[+351 21 342 06 07](#)

[belcanto@belcanto.pt](mailto:belcanto@belcanto.pt)

Rua Serpa Pinto nº 10 A

Temos uma tolerância de 20min para atrasos após a hora da reserva, caso esteja atrasado(a), agradecemos que nos contacte.  
We have a 20min grace period, if you are running late, please contact us.

(estas indicações podem ajudá-lo(a) a chegar ao restaurante [Google Maps](#))  
(these directions will help you get to the restaurant [Google Maps](#))

Teremos muito gosto em recebê-lo(a) em breve.

Atentamente,

Belcanto

We look forward to welcoming you.

Kind regards,

Belcanto

## Day 7



Image credits: Pixabay

9:30 AM	5:30 PM	8hr
Start Time	End Time	Duration

### Sintra and Cascais Day Trip from Lisbon

#### Lisbon hotel pick up

The guide will meet you at your hotel in Lisbon to begin the **Sintra and Cascais Tour**. While heading west (*40m trip*), hear the whole story behind the magic Sintra and how, in the 19th-century, became the center of European romanticism architecture.

#### Pena Palace: Private guided tour inside

Once you get to Sintra, enjoy a mystical drive by its forested hillsides. At the top, walk the **Pena Park** (*optional - shuttle available*) and visit the palace with your private guide, making history come alive with historical knowledge and court intrigues of ancient times.

#### Explore Sintra Old Town

After, you will have the chance to explore **Sintra Old Town** and taste some local delicacies like the "queijadas" and "travesseiros" (*pastry*). You can take your time walking its cobblestoned narrow streets, full of little shops with traditional Portuguese products.

#### Cabo da Roca (Cape Roca): Hilltop oceanviews

You will then continue to the westernmost point of Europe, the Cabo da Roca (Cape Roca), where "*the land ends and the sea begins*".

#### Cascais bay for a fresh seafood lunch

On the way to Cascais, you will then pass the Guincho beach. Take a slow stroll around the charming bay of Cascais with its beach, have lunch (*own expense*) and enjoy the surrounding coastline.

#### Lisbon hotel drop off

Your day trip ends with a return to Lisbon through the gorgeous Estoril coast.



## SINTRA, PORTUGAL

@TRAVELBTA

### Sintra Introduction

Easily meriting a day's exploration, Sintra, Portugal, offers castles, palaces, formal gardens and stately homes scattered about the green hills of the area. Located 15 mi/25 km northwest of Lisbon, Sintra is near some fine Atlantic beaches. In the center of town, visit the huge Palacio Nacional de Sintra (royal palace), known for its splendid azulejos.

Also drive or take a tour up to the nearby rocky hilltop to see the whimsical castle known as Palacio da Pena. Built in the 19th century as a private playground for Queen Maria II, it's an amazing—purists would say appalling—mixture of Gothic, Arabic and Renaissance architecture. (In its defense, there are good views from the top.)

For additional information please see the Sintra Guide in the "Guides" section of your mobile app.



### Dinner at Red Frog

Praça da Alegria 66B  
1250-096 Lisboa

Reservation Number: 2017376901

## Day 8



### Transfer · Private Transfer

Departure Location  
Bairro Alto Hotel

Vehicle  
Private Transfer

## Lisbon, Lisbon Portela Airport to Newark, Newark Liberty International Airport

1-800-864-8331

*United Airlines (UA)*

<https://www.united.com/en/us/checkin>

UA Carrier/Flight	LIS •	EWR •	8 hr, 25 min Duration
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### Notes

United Airlines Reference Number:

Please find additional details & confirmation of your flight reservation in the Documents tab of your travel app.

United Airlines

- [Flight Status](#)
- [Manage Your Booking](#)
- [Baggage Information](#)
- [FAQs](#)
- [Customer Support](#)

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## Newark, Newark Liberty International Airport to Phoenix, Phoenix Sky Harbor International Airport

1-800-864-8331

*United Airlines (UA)*

*<https://www.united.com/en/us/checkin>*

UA Carrier/Flight	EWR •	PHX •	5 hr, 22 min Duration
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### Notes

United Airlines Reference Number:

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### United Airlines

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