



Image credits: Christina Victoria Craft on Unsplash

## 10 Days Itinerary

# Luxury Family Costa Rica Vacation

[About Boutique Travel Advisors](#)  
[Costa Rica Packing List](#)  
[Visiting Arenal: Costa Rica's Most Famous Volcano](#)

- |               |  |
|---------------|--|
| <b>Day 1</b>  | Transfer   |
| <b>Day 2</b>  | Nayara Tented Camp (3 Nights)<br>La Terraza Restaurant Reservations          |
| <b>Day 3</b>  | Arenal Rapelling and Rafting 8:00 AM (8hr)<br>Don Rufino Dinner Reservations |
| <b>Day 4</b>  | Transfer · Transport & Nature Tours<br>Sky Adventures Arenal 9:00 AM         |
| <b>Day 5</b>  | Transfer<br>Four Seasons Resort Costa Rica (5 Nights)                        |
| <b>Day 6</b>  | Go South Adventures Private Full-Day Boat Tour 8:30 AM                       |
| <b>Day 7</b>  | Day at leisure to relax at the beach   |
| <b>Day 8</b>  | Deep Sea Fishing Adventure   |
| <b>Day 9</b>  | Tico Tours Guanacaste Buggy Ride 7:30 AM                                     |
| <b>Day 10</b> | Transfer   |



## About Boutique Travel Advisors

At Boutique Travel Advisors, we believe luxury travel goes beyond welcome chocolates on pillows & first-class seats. Luxury travel can be subjective. To us, the definition of luxury travel embodies having the privilege to explore & experience the infinitely possible wonderments the world has to offer when we decide to mindfully venture outside of our comfort zone in our home environment.

From booking bespoke safaris in South Africa, serenely scenic river cruises through France's waterways, to private wine (+ pasta) tastings on the Amalfi Coast... BTA strives to curate each personalized itinerary with credible expertise, dedicated service & the whole-hearted intention for each traveler to exceed their travel goals and expectations while on the adventure of a lifetime.

BTA is proudly a women-owned & run company. Co-owners and luxury travel curators, Janet Semenova and Angie Rice, use a thorough 5-step process to seamlessly design & tailor YOUR travel experience: explore, imagine, build, journey, reflect.

Your BTA travel itinerary is more than a document of scheduled flights, tours, and dinner reservations. It is the motherboard, the holy grail, the backbone of a transformational journey that turns your individual, subjective experiences into heart-warming, thought-provoking, jaw-dropping, life-changing memories that are worthy of being cherished for a lifetime.

Our purpose is to make your travel dreams come true... We are here to make your every step along the way uncomplicated, stress-free, and wildly exciting. All we ask is, **where will your journey take you?**



## Costa Rica Packing List

Costa Rica is an informal country, particularly in the resorts outside San Jose. There is no need to bring any type of formal attire.

**This is our suggested packing list:**

PASSPORT (please make sure that it is valid for at least 6 months after arrival)  
Plenty of underwear & socks  
Jeans  
Shorts  
Trousers  
Shirts (cotton or light synthetic)  
Several swimsuits  
Sunscreen  
Insect repellent (high % of deet)  
Rain gear - poncho or raincoat  
Sneakers (hiking shoes if you own them, no need to specially purchase)  
Rubber sandals with a backing/Tevas or old sneakers for water-based activities  
Casual shoes  
Toiletries  
Sweatshirt / sweater / light jacket  
Hat  
Camera  
Binoculars  
Day pack  
Dramamine (if you tend to get carsick)



## Visiting Arenal: Costa Rica's Most Famous Volcano

Image credits: Pixabay

The Arenal Volcano is in Costa Rica's lush interior northern lowlands. In a country known for its rainforest and natural beauty, the Arenal Volcano stands out for its breathtaking scenery and endless activities. The cone-shaped volcano attracts visitors not only for the picture-perfect photo but for the flora, fauna, and hot springs.

The Arenal Volcano area is a paradise for naturalists and adventurers alike. Animals inhabiting the area include monkeys, sloths, deer, tapir, jaguars, coatis, and snakes. Plantlife is abundant and orchids, heliconias, ferns, laurel, palms, bromeliads, and strangler figs can be seen while hiking. The rugged terrain, rivers, and lake provide the stage for countless activities. Tours can be arranged so visitors can explore nature, experience the local culture, test their physical limits, or feel the rush of adrenaline. The Arenal Volcano is a great place to explore the beauty of Costa Rica's forests on foot, bike, or horse. For those who enjoy water sports, there are plenty of activities to choose from.

**What To Do:** Zip Lining (Canopy Tours), White Water Rafting, Hot Springs, Lake Fishing, Kayaking, Horse Back Riding, Hanging Bridges, Waterfall Rappelling, Coffee Tour, and Safari Float.

Nearby Attractions: La Fortuna Waterfall, Arenal Volcano National Park, Cano Negro National Wildlife Refuge, Lake Arenal, and Venado Caves.

### Other Facts:

- Landscape: Volcano & Rainforest.
- Ideal for: adventure seekers, nature lovers, spa & relaxation, cultural life.

## Day 1



## Transfer

Image credits: Samuele Errico Piccarini on Unsplash

**Departure Location**  
LIR

**Arrival Location**  
Nayara Tented Camp

#### Notes

Arrival Transfers - One Way Private Transfer from Daniel Oduber Quiros International Airport (LIR) to Arenal Volcano (Unescorted)

After you clear customs, you will be greeted by an English-speaking Swiss Travel Service representative. Private Unescorted Transfers are operated with a Spanish-speaking driver.

## Day 2



## 3 Nights

Duration

### Nayara Tented Camp - Costa Rica

"Our story is about stunning natural beauty, intimate spaces, and connecting with nature. Our mission is to offer you authentic, warm, and extraordinary service and share our "Pura Vida" tradition. We take pride in our natural and cultural richness and on being environmentally and socially responsible in everything we do."

#### Room Selection

**Room Category**  
Nayara Tent Room

**Bedding**  
King

**Room Category**  
Nayara Tent Room

**Bedding**  
King

#### Room Description

*NATURE COMES AT YOU FROM ALL DIRECTIONS*

Each spacious tent was built on stilts to maximize the stunning vistas and leave a minimal footprint. The experience is secluded and romantic for couples, or fun and educational for the whole family. Inspired in the African safaris but conceived in the tropical Costa Rican rainforest, the tents are a mix of sustainable luxury with a "Pura Vida" vibe. If a

soothing soak is a staple in your self-care routine, prepare to swoon over the tub; or if an outdoor shower with the stars is your thing, you will have a lifetime experience. A great place to reset and recharge, far from civilization and close to nature, and with great sleep helped by the calming sounds of the rainforest."

## Room Notes

### Tent Amenities

- Four-poster King bed with mosquito net
- Two twin-size day-beds
- Size 1,700 sq. ft.
- Plunge pool fed by natural mineral hot springs
- Terrace daybed, table, and chairs for al fresco dining
- Complimentary laundry
- Mini-bar selection included, except wine and liquor
- Twice daily maid service
- Air conditioning
- Environmentally friendly top-of-the-line bath amenities
- Hairdryer and safe deposit box
- Breakfast in the terrace
- Daily replenishment of coffee and tea
- Fresh fruit and welcome cocktail upon arrival
- WiFi in the room and throughout the property

*"A simple walk to breakfast is soundtracked by the chatter of parrots, the thrum of hummingbirds, the hwwwaaamm of howler monkeys." Peter Lindberg, Travel+Leisure*



## La Terraza Restaurant Reservations

<https://nayaratentedcamp.com/eat/>

Image credits: Nayara on https://nayaratentedcamp.com/wp-content/uploads/2020/08/gardens-LaTerraza.jpg

### Al Fresco Dining

Our open-air family restaurant serves a-la-carte local and international food. With unparalleled views of the volcano from your table, you'll enjoy delicious gourmet food and new spins on classic Costa Rican favorites. We use only local produce and fresh ingredients, source our own fish and meat and carry hundreds of bottles of wines from around the world. Don't miss sitting at the "Bar Azul" and having the bartender prepare you his or her own tropical creation. Live local musicians every night add to the lively ambiance.

[Dinner Menu](#)

[Wine Menu](#)

Reservation: 139157

Please find the restaurant confirmation in the Documents tab of your travel app.

## Day 3



### Arenal Rapelling and Rafting

Image credits: Chalo Garcia on Unsplash

8:00 AM	4:00 PM	8hr
Start Time	End Time	Duration

If you go on vacation to collect new adventures, you'll love this combination which includes waterfalls class 2 and 3 rapids and rappelling adventures.

The tour will start with a 30-minute ride in a Drive a 4x4 vehicle to the outskirts of La Fortuna, where your guides will provide you with the necessary equipment for canyoning. You will rappel safely down waterfalls, starting with the largest 60m (19ft) canyon. Afterward, climb a 10m (30ft) wall to the Monkey drop, a 20m (60ft) free fall into a small pool. Raft down the white water rapids of the Balsa River with class II and III rapids. Guides will explain safety and guide you through the falls. See exotic animals, have lunch, and return to Arenal between 7:30 AM and 4:00 PM.



### Don Rufino Dinner Reservations

[+506 2479-9997](tel:+50624799997)

142-94, Provincia de Alajuela, La Fortuna, Costa Rica  
Image credits: Costa Rica Travel and Surf on <https://www.surfguidecostarica.com/sites/default/files/styles/large/public/listings-gallery/Restaurante%20Don%20Rufino%20La%20Fortuna%20Arenal%20Volcan%20Restaurante%20by%20costa%20rica%20Travel%20Surf%20%281%29.jpg?itok=4vYmfWp4>

For over 10 years, Don Rufino has forged its outstanding reputation as a preferred dining spot in the Arenal area, by beautifully mixing the best local flavors with those of the world cuisine.

#### Dinner Menu

Please find the restaurant reservation in the Documents tab of your travel app.

## Day 4



### Transfer · Transport & Nature Tours

**Departure Location**  
Nayara Tent Camp

#### Notes

The driver will meet you in the lobby of your resort at 8:30 am.



9:00 AM

Start Time

**Meeting Point**  
Nayara Tent Camp

Sky Tram / Sky Trek (zip line) / Sky Walk (private guided hanging bridges) Tour with Lunch

At 8:30 am, the staff from Sky Adventures will pick you up at the lobby of the hotel to start your Sky Tram / Sky Trek / Sky Walk Tour. Board the Aerial Tram for the 10-minute ride through the rainforest to reach the first platform. Enjoy magnificent views of the volcano and the Arenal Lake on your back. Embark on one of Costa Rica's top canopy adventures as you glide down 7 zip lines for a total of over 2 miles of cables. You will then enjoy the Sky Walk Tour which is a hanging bridges tour. During this tour, spot myriad species of flora and fauna. This 3.6 km long hike takes approximately 3 hours.

**Includes:** Bilingual guide and entrance fee.

**What to bring:** Comfortable clothes, camera, binoculars, insect repellent, rain gear during rainy days.

## Day 5



## Transfer

Image credits: Samuele Errico Piccarini on Unsplash

**Departure Location**  
LIR

**Arrival Location**  
Nayara Tented Camp

### Notes

Arrival Transfers - One Way Private Transfer from Daniel Oduber Quiros International Airport (LIR) to Arenal Volcano (Unescorted)

After you clear customs, you will be greeted by an English-speaking Swiss Travel Service representative. Private Unescorted Transfers are operated with a Spanish-speaking driver.



## Four Seasons Resort Costa Rica

011 50 62 696 0000

*Peninsula Papagayo*

*Peninsula Papagayo*

*Costa Rica*

Image credits: on <https://dynamic-media-cdn.tripadvisor.com/media/photo-o/1c/b3/98/cf/resort-overview.jpg?w=900&h=-1&s=1>

**5 Nights**

Duration

"From our hillside perch overlooking the Pacific Ocean, our expansive Costa Rican resort offers privacy while being your launching pad into boundless adventures. After a day of zip lining, surfing or hiking a volcano, return to our tropical retreat for farm- and -sea-to-table dining, refreshing swims in our four swimming pools or relaxing spa treatments. With customized itineraries for families and couples alike, we can't wait for you to experience "pura vida" at Peninsula Papagayo."

## Room Selection

Room Category	Bedding
Cielo Room	Two Doubles

### Room Description

Named after the sky, this spacious room provides a vantage point for glowing sunsets. A five-minute walk from the centre of the Resort, it's convenient and superbly private at the same time.

King or two double beds, King-bedded rooms: One rollaway or one crib. Double-bedded rooms: One crib

### Room Notes

#### ROOM FEATURES

- In-room safe
- Iron and ironing board
- Kids robes and slippers
- Lutron Smart Lighting
- Ceiling fans and eco-friendly cooling system
- Multi-line telephones with voicemail
- Coffee and tea

#### BED & BATH

- Plush robes and slippers
- Exclusive bath amenities by Natura Bisse
- Choice of down or hypoallergenic pillows and duvet
- Famous Four Seasons Beds
- Hairdryer
- Luxurious deep soaking tubs

#### SERVICES & AMENITIES

- Standard Wi-Fi service
- Complimentary access to PressReader app
- Twice daily housekeeping
- 24-hour In-Room Dining
- Children's equipment including cribs, high chairs, bath amenities

#### ENTERTAINMENT

- SMART TV with ULTRA HD Display and Chromecast functionality
- In-room movies
- Cable TV and news
- Bose Soundlink Bluetooth speakers

Room Category	Bedding
Cielo Room	King

## Day 6



Go South Adventures Private Full-Day Boat Tour  
[+506.8845.6404](tel:+50688456404)  
<https://www.gosouthcr.com/>

Image credits: Ties Rademacher on Unsplash

8:30 AM

Start Time

---

### Meeting Point

Four Seasons (Playa Blanca - Main gate at the beach)

Private Full-Day Boat Tour (snorkeling, beach hoping, fishing and paddle boarding) with BBQ Lunch.

**Pick-Up & Drop-Off included: Four Seasons (Playa Blanca - Main gate at the beach)**

This tour is our signature trip, and will probably be the highlight of your entire vacation! For those who really want to be in the lap of luxury, this tour enables you to really take the time you want to enjoy the snorkeling tour. With a complete beach setup including tables, chairs, and hammocks strung from the trees, you will really make the beach and ocean your home.

**Includes:** Boat transportation, water bottles, beverages, beers or liqueur of your preference, light lunch, snacks, fruits, bilingual guide, fishing team, snorkel equipment, SUP boards.

**What to bring:** comfortable clothes, sandals or tennis shoes, sunscreen, towel, hat, camera.

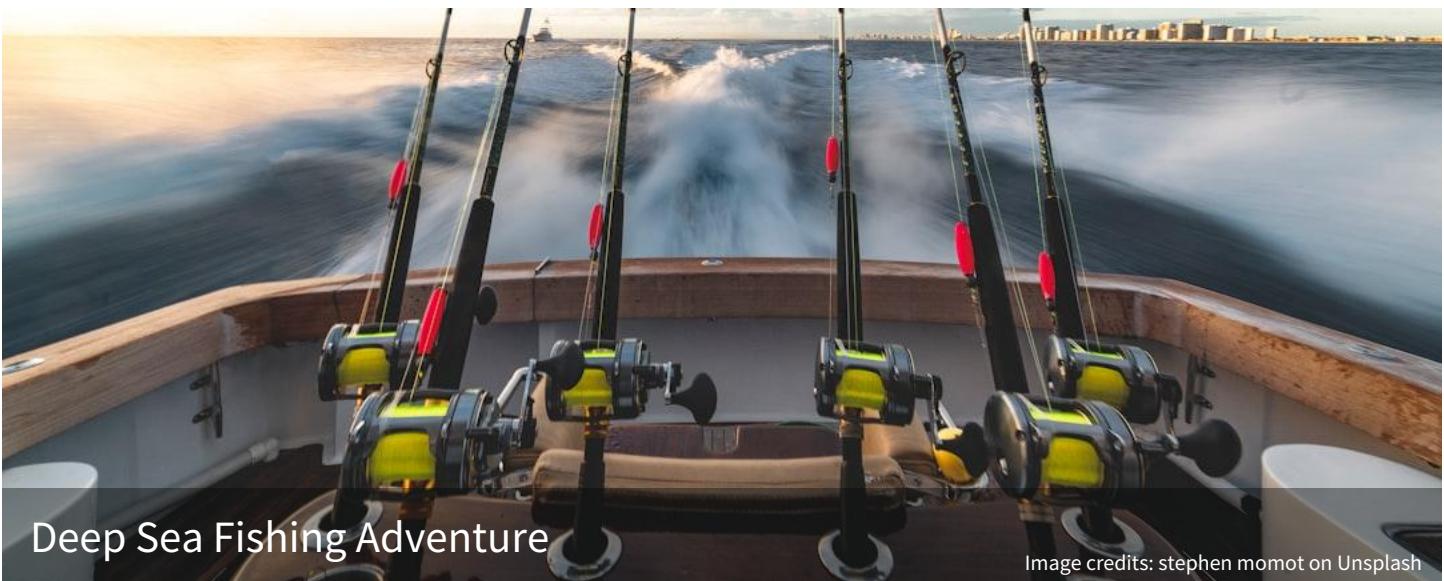
## Day 7



### Day at leisure to relax at the beach

Image credits: Pedro Monteiro on Unsplash

## Day 8



### Deep Sea Fishing Adventure

Image credits: stephen momot on Unsplash

#### 1/2 day Fishing Trip

- Pickup from the hotel around 5-6 am - (Your driver will be ready to go whenever you are!)
- Fishing trip duration up to 5 hours (If you are having a good time, you may enjoy for 5 hours; if you wish to be transferred back earlier, you may)

This exclusive fishing excursion invites you to challenge the depths, guided by our expert crew, who know these waters like no other. Whether you're a seasoned angler or new to the sport, this adventure promises not just a catch but an unforgettable experience.

Upon boarding our state-of-the-art vessel early in the morning, you'll be welcomed by our professional and friendly crew. As we set sail, enjoy the cool ocean breeze and the rising sun painting the sky, setting the stage for a day of adventure. Our boat has the latest fishing gear and technology to ensure a fruitful expedition.

#### The Thrill of the Catch:

Guanacaste's rich waters are a haven for some of the most sought-after deep-sea species. Depending on the season, you may find yourself battling the majestic Marlin, known for its power and the spectacle of its leaps. Sailfish, with their unparalleled speed, offers an exhilarating challenge that tests your skill and determination. Tuna, Dorado (Mahi-Mahi), Wahoo, and many more varieties are also commonly found.

**More Than Fishing:**

While the thrill of the hunt is at the heart of your excursion, the beauty of Guanacaste's coastline adds a serene backdrop to your adventure. As you navigate the deep blues, keep an eye out for the diverse marine life that calls these waters home, including dolphins, sea turtles, and, occasionally, whales.

**Tailored to You:**

Our excursion is designed to cater to your preferences and skill level. Whether you're looking to break personal records or simply soak in the joy of fishing in one of the world's most abundant seas, our crew is here to provide guidance, share techniques, and ensure your experience is second to none.

**Sustainable Practice:**

We're committed to the health of our oceans. Our tour adheres to catch-and-release practices for certain species, ensuring the sustainability and preservation of Guanacaste's marine ecosystem for future generations.

## Day 9



### Tico Tours Guanacaste Buggy Ride

<https://www.ticotoursguanacaste.com/>

7:30 AM

Start Time

---

**Meeting Point**

Four Seasons

2 Hours Ride off Road - Side by Side - Buggies

**Pick-Up: Four Seasons at 7:30 am**

**Drop-Off back to the Four Seasons is included**

Get your adrenalin pumping on this adventure-packed tour! Ride through the back trails in your very own side by side! These tours offer something for everyone, breathtaking views, wildlife, unspoiled nature, rugged terrain, and local culture. Spend the day plowing through rivers, cutting through mountain trails, and across rugged terrain on the most extreme tour we offer!

Brand new off road- side by side- 4 seaters Buggies! This activity will take you to paths and spots that you would never imagine of, making this experience so attractive for everyone! 4X4 machines, automatic transmissions. All skill levels are welcome, and no prior buggy riding experience is necessary.

**Includes:** Water, juice and equipment.

**What to bring:** Comfortable clothes, bathing suit, changing clothes , towels, hiking shoes, sunscreen, sunglasses, and camera.

## Day 10



### Transfer

Image credits: Samuele Errico Piccarini on Unsplash

**Departure Location**  
Four Seasons

**Arrival Location**  
LIR Airport

#### Notes

Arrival Transfers - One Way Private Transfer from Daniel Oduber Quiros International Airport (LIR) to Arenal Volcano (Unescorted)

After you clear customs, you will be greeted by an English-speaking Swiss Travel Service representative. Private Unescorted Transfers are operated with a Spanish-speaking driver.

BOUTIQUE TRAVEL ADVISORS

**PACK for a PURPOSE®**

Small Space. Little Effort. Big Impact.



Philanthropy Pack for a Purpose

<https://www.packforapurpose.org/>

Responsible Travel – Give Back On Your Getaway

**Pack for a Purpose** is an organization with a mission to positively impact communities around the world by assisting travelers who want to take meaningful contributions to the destinations they visit.

### Philosophy

There is need everywhere in the world; however, it is sometimes difficult to identify specific needs in places far from home. We believe many people fortunate enough to travel wish they could make meaningful contributions to help meet the needs of the places they visit. Such contributions are one way of expressing appreciation for the experiences and hospitality they enjoyed.

Our goal is to assist travelers who want to say *thank you* in this manner or who simply want to expand their generosity beyond their own communities. The supply lists for destinations on our website are provided directly by the local community-based projects that receive and use the supplies, enabling travelers to make informed decisions and to take items that meet the needs of those who will be using them.

### MAKE YOUR TRAVELS MEANINGFUL

During this global pandemic, we must all practice responsible behavior. Now more than ever Packing for a Purpose will be a way to make a Big Impact where you travel.

**You can make a Big Impact on communities around the world. Simply use a small amount of space in your luggage to pack supplies needed by community projects around the world.**

Use available space in your luggage to provide supplies to communities you visit. For 5 pounds (2.27 kilos), you can bring **one** of the following:

- 400 pencils
- 5 deflated soccer balls with an inflation device
- A stethoscope, a blood pressure cuff and 500 band-aids
- Pet supplies

### Who can use Pack for a Purpose?

All travelers can participate. Travelers and responsible tourists can add value to their vacations, honeymoons or business trips by using the information found at this link: <https://www.packforapurpose.org/participate/as-a-traveler/>.

When you choose to take needed supplies for community projects at your destination, the graciousness of your act not only enriches the local community but also enhances the joy of travel.

### How do I participate?

Participation is easy! Below are the five steps.

1. Select your destination.
2. Find an accommodation or tour company and a project it supports.
3. Choose the supplies you wish to take from the specific items requested.
4. Drop off the supplies at the accommodation or tour company.
5. The supplies will then be delivered to the community-based project.

For more information, visit [Costa Rica Pack for a Purpose](#)

---

## Denver, Denver International Airport to Phoenix, Phoenix Sky Harbor International Airport

**1-800-864-8331**

*United Airlines (UA)*

<https://www.united.com/en/us/checkin>

UA Carrier/Flight	DEN •	PHX•	1 hr, 49 min Duration
----------------------	-------	------	--------------------------

### Notes

Airline Code: HJYFER

Charles Pisoni  
Stephanie Pisoni

**Airline Code: HJOLZH**  
Anna Murphy Pisoni  
Blake James Pisoni  
Carson Joseph Pisoni