



## 10 Days Itinerary

# Portugal Adventure

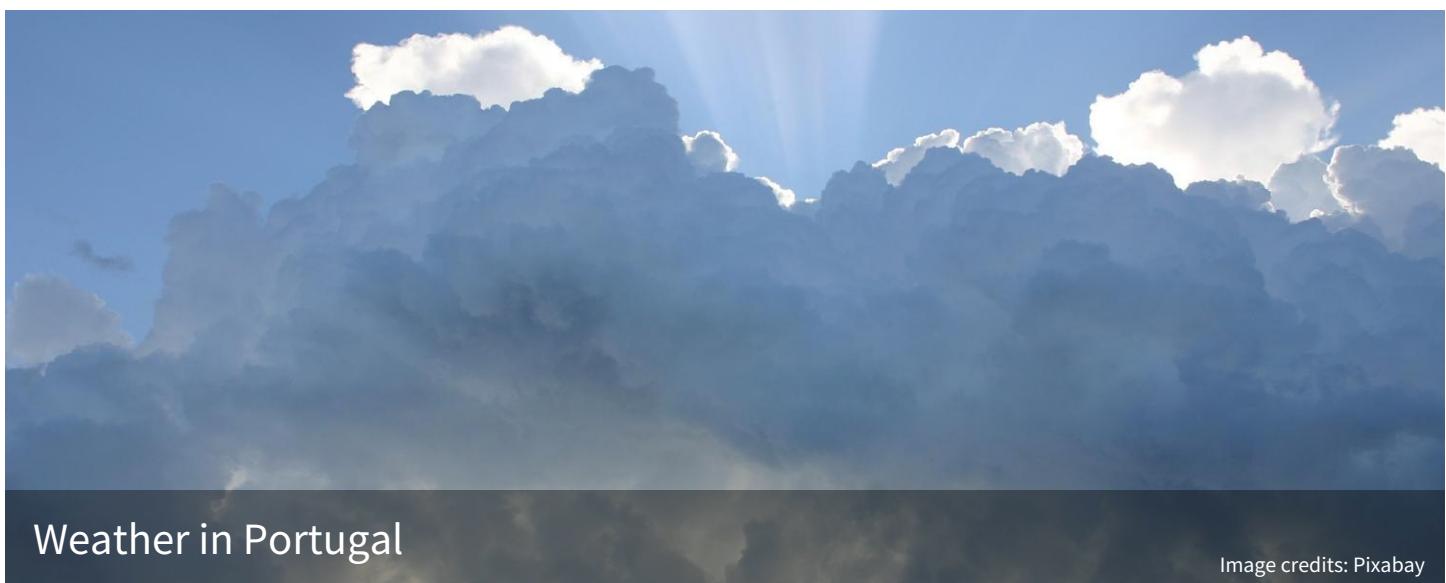
[Emergency Contact For All Tours](#)  
[Weather in Portugal](#)  
[Tipping Guidelines Portugal](#)

- |              |   |
|--------------|---|
| <b>Day 1</b> | Depart from US  |
| <b>Day 2</b> | Transfer<br>Pestana Cidadela Cascais Pousada And Art District Preferred Lifestyle (3 Nights)<br>Bairro Alto Hotel (3 Nights)    |
| <b>Day 3</b> | Option 1: Wine Tasting in Colares, visit to Cabo de Roca and Azenhas 1:00 PM<br>Option 2: Half-Day Lisbon Tour and Baking Class |
| <b>Day 4</b> | Sintra Tour + Pena Palace + Regaleira 8:30 AM<br>Explore Cascais  |
| <b>Day 5</b> | Transfer 9:30 AM<br>Tivoli Carvoeiro<br>Free Afternoon in Carvoeiro   |
| <b>Day 6</b> | Benagil Caves Private Boat Experience 9:00 AM   |
| <b>Day 7</b> | R & R Day   |
| <b>Day 9</b> | Transfer 10:00 AM   |

Free Afternoon in Lisbon  
Tivoli Avenida Liberdade

Day 10 Transfer 9:45 AM

Proposal Pricing



[Lisbon](#)  
[Cascais](#)  
[Carvoeiro](#)



## Tipping Guideliens Portugal

Image credits: Pixabay

Gratuities in Portugal, while extremely welcome and appreciated, are not as much 'expected' as they are in other countries and are totally optional.

If you are happy with the service you have enjoyed and would like to show your gratitude to the people who made it a very special experience for you here below you can find the amounts we recommend for Tour Guides, Drivers and other special services.

Tour Guide Half Day Euro 20.00

Tour Guide Full Day Euro 30,00

Driver Half Day Euro 20.00

Driver Full Day Euro 30.00

Housekeeping staff 2 Euro/day

Hotel Staff, such as porters, should be tipped about 50 cents per bag for taking your bags to/from your room.

The above amounts are to be considered per service and not per person. Fiscal laws in Europe are extremely tough on this matter and this is the reason why these amounts cannot be included in the service costs and have to be paid in cash directly to the suppliers.

If you would like to 'tip like a local' at bars and restaurants then we suggest just leaving the change ie if your meal costs Euro 56 then just leave Euro 4; if the meal costs Euro 92 then just leave the Euro 8 change.

### Day 1

#### Depart from US

## Day 2



Image credits: Pixabay

### Transfer

#### Notes

Pick up at airport, drop off at hotel in Cascais:  
Flight tracking, waiting + meet & greet inside airport.

Your driver will be waiting inside with a sign stating "Kutz"



**Pestana Cidadela Cascais Pousada And Art District  
Preferred Lifestyle**

351-21-4814300  
Avenida D Carlos I  
Cascais 2750-310  
PT

**POUSADA & ART DISTRICT**

© TRAVELBTA

3:00 PM

Check In

12:00 PM

Check Out

3 Nights

Duration

If you like bold- contemporary and sophisticated environments- but do not give up the refinement and the luxury hotel services- then Pestana Cidadela de Cascais Pousada and Art District is the ideal place for your next holidays or your next event.

Pestana Cidadela de Cascais is the first hotel in Europe that hosts and promotes an Art District within its premises. Come visit this historical and unique in the world space- that offers you a trip in the artistic and urban Portuguese world without losing one inch of charm and status that characterizes one of the most picturesque European villages.

## Room Selection

### Room Category

Sea View

### Room Notes

Please see attached voucher



## Bairro Alto Hotel

351-21-3408288

*Praca Luis De Camoes No 2.  
Lisbon 1200-243  
PT*

2:00 PM

Check In

12:00 PM

Check Out

3 Nights

Duration

Centrally located in the city's historical center, Bairro Alto Hotel has reopened its doors on August 8th, 2019 after a full renovation by renowned Portuguese architect Eduardo Souto de Moura, a Pritzker prize winner.

From the entrance of the hotel we see Praça Luís de Camões, which imposes itself as a separation between this neighborhood and Chiado. Further on we have Bairro Alto with its steep streets, flanked by the viewpoint of São Pedro de Alcântara.

At every corner, there are a variety of restaurants and bars, along with alternative shops, bookstores, and art galleries. In the air, we feel the unmistakable aroma of the famous cream pastries ("pastéis de nata"), while listening to street performers and feeling the cool breeze of the Tejo River.

A member of The Leading Hotels of the World Bairro Alto Hotel currently features 87 rooms and suites, a panoramic terrace with a lovely view over Lisbon and the Tagus river, a cocktail bar, a restaurant with an exclusive menu authored by Creative Chef Nuno Mendes, a Wellness & Fitness Centre and 4 meeting rooms.

Fused with a vastly cosmopolitan and bohemian environment, and with a service modulated by Excellency and attention to detail, Bairro Alto Hotel possesses all the amenities pioneer hotels in the five-star boutique hotel concept can offer.

## Day 3



### Option 1: Wine Tasting in Colares, visit to Cabo de Roca and Azenhas

1:00 PM

Start Time

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#### Meeting Point

Hotel lobby

Today you will have a 1pm pick up at your hotel. Your driver will take you to visit the cape and Azenhas Do Mar for beautiful sightseeing. After this you will head to a local winery to participate in an authentic wine tasting and visit to the vineyards for approximately 2hours. After the wine tasting your driver will take you back to your hotel.

Colares produces what may well be Portugal's most distinctive still wines. The reds, made of the ramisco grape, are high in acid and powerfully tannic, so much so that they are aged for years in the cellars before they are released. The white wines — made from the malvasia de Colares grape, which is genetically distinct from other grapes called malvasia — are fresh, rich and likewise herbal and saline with depth and character. They do not require quite as much aging as the reds;

Colares is a traditionally prestigious wine region situated on Portugal's central Atlantic coast. It is famous as much for its sandy, phylloxera-free soils and ungrafted vines as the robust, tannic red wine it produces from the area's Ramisco grape.

Located at the southwestern tip of the Lisboa region, Colares and its vines lie within two miles of the Atlantic Ocean. The nearby Cabo de Roca point is the westernmost point in continental Europe, described by Portugal's greatest poet Luis de Camoes as onde a terra se acaba e o mar começa ("where the land ends and the sea begins"). The coastal DOC is just northwest of the city of Lisbon, and the more popular Alenquer and Bucelas DOCS lie inland, sheltered by the Serra de Montejunto hills.



## Option 2: Half-Day Lisbon Tour and Baking Class

+351-930-548-887

Image credits: Pixabay

### Meeting Point

Hotel Pick Up

Half-Day Lisbon tour and baking class

This private half-day tour of Lisbon's highlights includes most of the sights of interest along with a well-balanced combination of driving and walking and offers a comprehensive view of the city, including its main monument: the Jeronimos Monastery.

See the main sights without wasting tour time parking! This tour has a separate guide and driver. You are dropped off / picked up close to the sites of interest and your guide is always with you at sights.

Start your private Lisbon half-day tour with a convenient pick-up at your Lisbon hotel. You'll head to Alfama, the oldest district of Lisbon and one of the most typical, once the Moorish and Jewish quarter. There, you will see its 12th-century Cathedral (Sé), before continuing on to a magnificent viewpoint overlooking the medieval district, Saint George Castle, Lisbon, and the Tagus river.

You then travel up to Belem, the emblematic district of the Portuguese Discoveries. With your guide, you will visit the church of the Jeronimos Monastery and stop for photos and guide notes at the Tower of Belém and the majestic Monument to the Discoveries. Also, don't miss the chance to taste the delicious and one-of-a-kind "Pastéis de Belém" (Belém Pastry - own expense).

This panoramic tour with a dedicated live guide will pass the heart of Lisbon - Avenida da Liberdade, Restauradores, Rossio Square and Pombaline Downtown - where you'll get to know the Lisbon Great Earthquake 1755 details.

Then you'll go inside the kitchen of João's family-run bakery in downtown Lisbon, which won 3rd Best Pastel de Nata in Lisbon in 2018. This is where you will learn how to bake authentic and irresistible Portuguese Custard Tarts - aka Pastel de Nata!

This class is open to all levels, even if you don't have previous baking experience. If you like sweet treats, we like you!

We'll make puff pastry from scratch like the pros do, cook the creamiest custard ever, and bake it all inside a professional oven. Meanwhile, João will entertain us with stories about his life as a baker.

In the end, we'll eat the warm tarts along with coffee or, even better, some sour cherry liqueur served inside an edible chocolate cup, while hanging out with the other participants.

This class runs every day for 2 hours, between 2 PM and 4 PM, in small groups of up to 10 people.

## Day 4



# MAGICAL SINTRA

eTRAVELBTA

## Sintra Tour + Pena Palace + Regaleira

8:30 AM

Start Time

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Full Day Sintra (Pena Palace + Regaleira entrance tickets included)

Pick up at your hotel in a comfortable vehicle for a transfer to the magical town of Sinta. Once you get to Sintra, you will be driven by its forested hillsides, enjoying a mystical walk into the depths of the Pena Park. At the top, your guide will go inside the Pena Palace with you.

After, you will have the chance to explore Sintra Old Town and taste some local delicacies like the "queijadas" and "travesseiros" (pastry). You can take your time walking its cobblestoned narrow streets, full of little shops with traditional Portuguese products.

You will then continue The Quinta da Regaleira, a decorative 20th century residence that is situated in the town of Sintra. The grand house is split over five floors and has an ornate gothic façade, but the real attraction is to the rear with the enchanting gardens. The gardens of the Quinta da Regaleira were styled to represent ancient secret orders, with hidden tunnels and concealed symbolism.



## Explore Cascais

Image credits: Pixabay

Cascais (kush-kaish) has awoken from sleepy fishing village to much-loved summertime playground of lisboêtas. Cascais is known to as “The Town of Kings and Fishes” because it was a small fishing town that found favour with the 19th century Portuguese nobility, who came here for their summer retreat. Thanks to this fact, the town is uncommonly rich in beautiful architecture, free museums and carefully maintained parks, on top of which, it’s surrounded by a varied coastline of impressive cliffs and beautiful, intimate sandy coves.

The old town is home to the medieval Nossa Senhora da Luz Fort and the Citadel Palace, a former royal retreat. Nearby is the whitewashed Nossa Senhora da Assunção church, with glazed azulejo tiles. Paula Rego House of Stories shows the Portuguese artist’s paintings in a modern building.

## Day 5



Image credits: Pixabay

9:30 AM

Departure

## Notes

Your driver will pick you up in Cascais and drive you on a scenic and comfortable ride to your hotel in Carvoeiro.



### Tivoli Carvoeiro

351-28-2351100  
Vale Covo Apartado 1299  
Praia Do Carvoeiro  
Lagoa 8401-911  
PT

3:00 PM

Check In

12:00 PM

Check Out

The renewal taking place between November 2016 and March 2017 will offer more spacious and comfortable rooms that will surpass the expectations of the most discerning guests. For this purpose the number of rooms will reduce from the current 293 to 246. A new category of Family Room meets the growing needs of the leisure segment allowing families of up to 4 people to share a larger room with the utmost comfort and convenience.

Tivoli Carvoeiro will provide its guests with a wide range of services designed to offer a unique and exclusive experience. . Priority check-in . Wi-Fi internet service . Elegant and contemporary decoration . Courtesy espresso coffee and wide selection of teas . Daily replacement drinks in free Minibar . Balcony with a panoramic view . IPTV entertainment system



## Free Afternoon in Carvoeiro

Image credits: Pixabay

Carvoeiro is a picturesque and traditional Portuguese resort town, which is situated along a stunning coastline of golden beaches and dramatic natural scenery. Carvoeiro is a fantastic destination for visitors who are wishing a calm and relaxed holiday, within a characterful and charming town. The peaceful and welcoming ambience of Carvoeiro makes it an ideal location for families during the summer or for retirees outside of the peak months.

The majority of tourists visit Carvoeiro purely for a relaxed beach holiday, but there is a surprising amount to see and do within the surrounding region. This includes historic towns to discover, challenging hiking trails, exciting boat tours or the thrill of the region's theme and water parks.

## Day 6



9:00 AM

Start Time

### Meeting Point

Avenida Rio Arade 275, 8500-843 Portimão.

1h30 min.

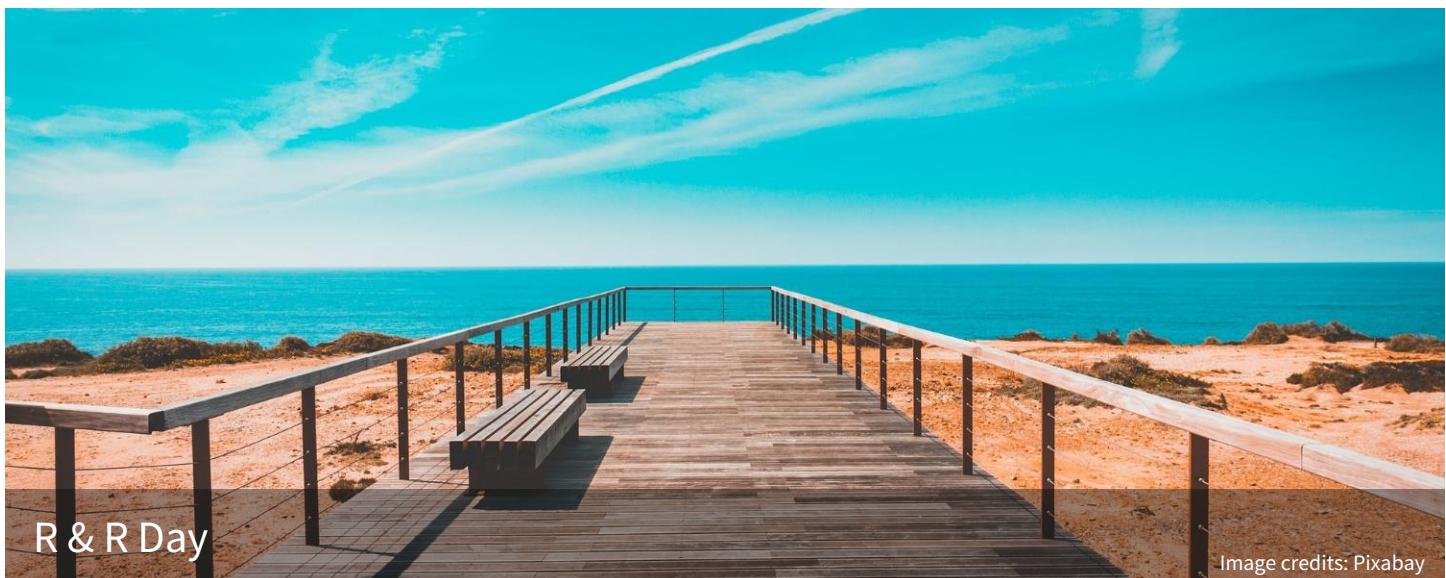
Please arrive 20 min early!

Visit 20 beautiful caves and beaches along the coast. Get to know breath-taking views and meet the mysterious inside of these caves. The highlight of the tour is the Algar de Benagil, one of the Top 10 caves in the world!

Praia de Benagil is a magnificent beach near Lagoa. The beach is most famous for its sensational cave called Algar de Benagil. This cave has a round hole in the ceiling that frames the beautiful blue sky inside. Today you will escape the crowds on your own private tour to the Bengagil Caves and get deeper into the caves and grottoes.

Leave from the historic harbor of Portimão and follow the Rio Arade to the Atlantic, passing fishing villages, medieval forts, lighthouses, and beaches on your way to the caves. The boat leaves in the morning from Portimão when the sea is very calm, in ideal conditions for an unforgettable caves trip. Start the trip in the historic harbor of Portimão. Follow the Rio Arade, passing the fishing village of Ferragudo and two Medieval forts entering the Atlantic Ocean. With motor power the boat turns South-East, past the lighthouse of Ferragudo, the beach of Caneiros, the Roman tower and smugglers cave. Along the coastline of Carvoeiro with the rock formations of Algar Seco, Praia Vale de Centianes, up to the lighthouse of Alfanzina. Along the beaches of Benagil.

## Day 7



## Day 9



Image credits: Pixabay

### Transfer

10:00 AM

Departure

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#### Notes

Transfer Algarve to Lisbon (Tivoli Hotel)



Image credits: Pixabay

As visitors to Portugal walk Lisbon's hills or take one of Lisbon's vintage trams they'll find restored medieval facades, wonderful art-nouveau buildings, black-and-white mosaic sidewalks (known as calcada), fine museums and plenty of modern shops.

Lisbon's citizens seem to have absorbed their city's many-sided character. Visitors can witness the popularity of fado, the melancholy music that developed in Lisbon in the early-19th century. Though the performers sing about tragedy and distant glory, the audience is very much a part of modern Lisbon—a flourishing, fashionable business and leisure center.

#### MUST SEE OR DO

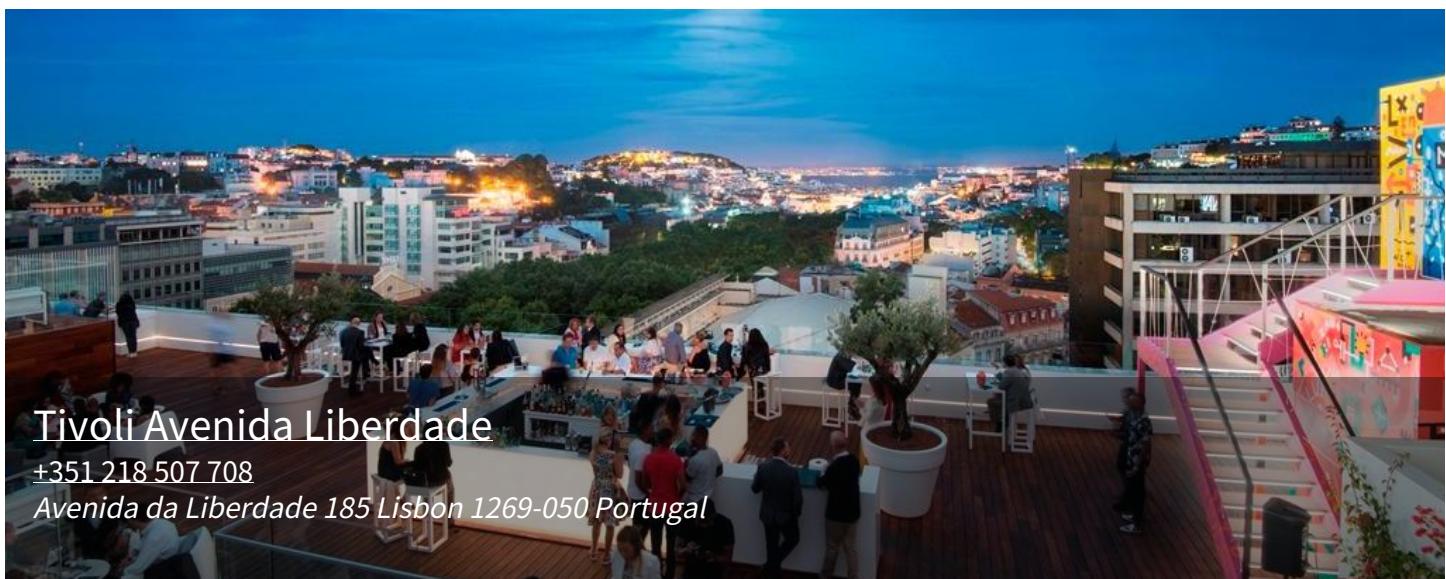
Sights—Torre de Belem; Mosteiro dos Jeronimos; Padrao dos Descobrimentos; Se Cathedral; Elevador de Santa Justa; the view from Castelo de Sao Jorge.

Museums—Centro de Arte Moderna Jose de Azeredo Perdigao; Museu Nacional de Arte Antiga; Museu Calouste Gulbenkian; Museu Nacional dos Coches; Museu Nacional do Azulejo; Museu Berardo; Museu do Fado.

Memorable Meals—Seafood platter and steak sandwich at Sea Me; acorda de marisco (a seafood and bread dish) at Restaurante Pap'Acorda; meat dishes and Belgian beer at A Travessa; pastel de belem (custard tart) at Confeitaria de Belem.

Late Night—Barhopping in Bairro Alto; dancing the night away in one of the clubs in converted warehouses on Avenida 24 de Julho; a visit to Casino Lisboa.

Walks—A stroll through Alfama or Bairro Alto; window shopping in Chiado; a walk by the river in Parque das Nacoes or through one of the many parks and gardens.



## Tivoli Avenida Liberdade

+351 218 507 708

Avenida da Liberdade 185 Lisbon 1269-050 Portugal

3:00 PM

Check In

12:00 PM

Check Out

Welcome to the Tivoli Avenida Liberdade, the Grande Dame of hotels in Lisbon. A true landmark, delivering exceptional hospitality since 1933. Today, as ever, the place to see and be seen, a natural meeting point for celebrities, heads of state, actors and royalty alike. Discover Lisbon's best kept secrets with our Experience Teams, shop till you drop in Avenida da Liberdade and Chiado's luxury stores, or simply unwind by the oasis of the hotel's unique swimming pool, amidst the fronds of its semi-tropical garden or experience the signature massages and treatments of the Anantara SPA.

Discover the wealth and variety of rooms and views - from Deluxe Rooms to the stunning Presidential Suite, which make each stay an unforgettable experience. Wining and dining are paramount, in the best European tradition - join in the thriving and bustling ambiance of the Cervejaria Liberdade, for the best Seafood, oysters and freshest fish specialties or head to the rooftop for the city's new hotspot, SEEN Lisboa Bar and Restaurant.

The stunning views over the hills of Lisbon to the city are the perfect complement to the chefpreneur Olivier da Costa's varied menu alongside with the designer cocktails of Lucas Jacques. In the summer relax by the Pool Bar or head to the lively and trendy SkyBar for breathtaking panoramic views while tasting the best Portuguese wines or signature cocktails.

## Day 10



Image credits: Pixabay

### Transfer

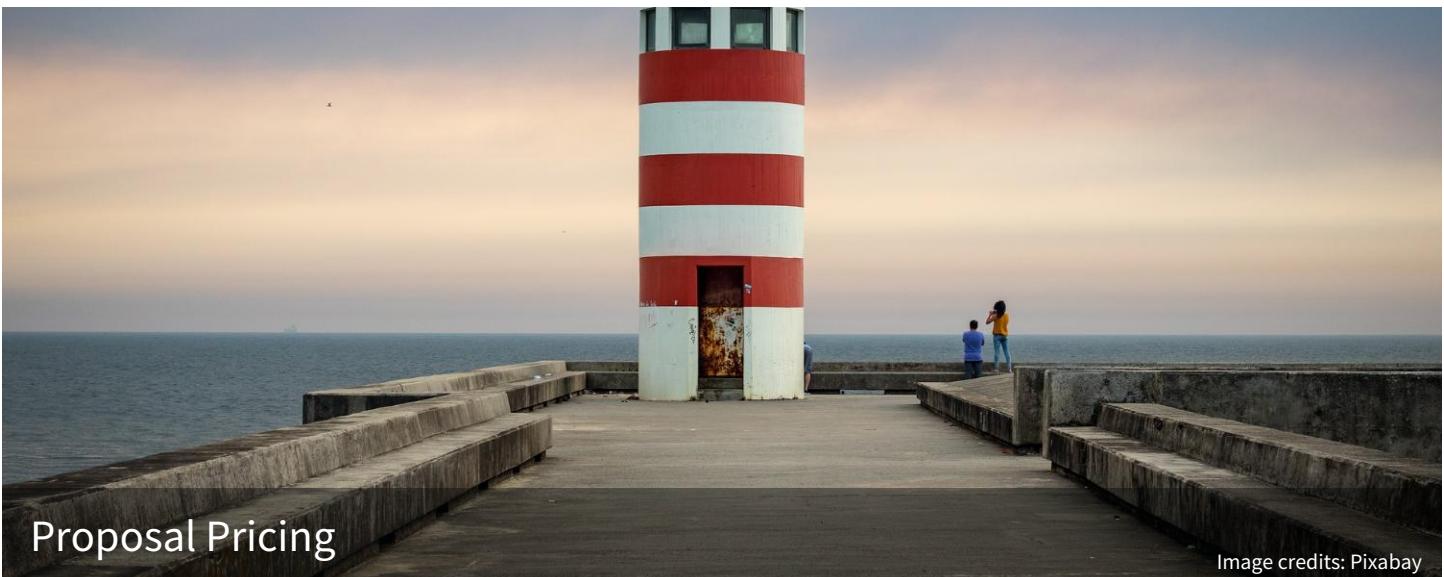
9:45 AM

Departure

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#### Notes

Pick up at your hotel and private transfer to Lisbon airport  
Free wi-fi and bottled water on board



### Proposal Pricing

Image credits: Pixabay

Total Package Price:

Hotels Included:

Activities Included:

**EXCLUDES:**

Lunch/meals  
Activities not listed above  
Incidentals and private purchases

**Cancellation:**

Full payment due by  
30% non-refundable at time of booking  
50 % non-refundable 45 days prior to travel  
100 % non-refundable 14 days prior to travel

\* BTA strongly recommends the purchase of travel insurance to protect your investment as well as provide medical coverage while traveling abroad.