

Body Code Healing System

Herbs

	Column A	Column B	Column C	Column D
Row 1	Alfalfa herb Angelica root Arnica flower Aspen bark Astragalus root Baptisia root	Comfrey leaf Corn Silk Cotton Root bark Cow Parsnip root Cramp bark Damiana herb	Horsetail herb Immortal root Juniper berry Kava-Kava root Kelp frond Kola Nut	Propolis resin Pulsatilla flower Quassia wood Raspberry leaf Red Clover flower Red Root
Row 2	Barberry root Bayberry root bark Benzoin gum Betony flower Black Cohosh root Black Haw root	Dandelion root Desert Willow bark Devil's Claw root Dogbane root Dong Quai root Echinacea root	Lavender leaf Licorice root Lily of the Valley root Lobelia herb Ha Huang stem Maravilla root	Rosemary leaf Sarsaparilla root Saw Palmetto fruit Shepherd's Purse herb Skullcap herb Spikenard root
Row 3	Black Walnut hull Blessed Thistle herb Bloodroot Blue Flag rhz. Blue Cohosh root Blue Vervain herb	Elecampane root Elder flower Eucalyptus leaf Eyebright herb False Unicorn root Fennel seed	Marshmallow root Matarique root Milk Thistle seed Menta Poleo herb Mormon Tea Motherwort herb	Stillingia root Storksbill herb St. John's wort flower Thuja leaf Toadflax herb Usnea lichen
Row 4	Blueberry leaf Boneset Brickellia herb Buchu leaf Bugleweed herb Burdock root	Feverfew flower Fireweed herb Fringetree bark Garlic bulb Gentian root, green Gingko leaf	Mullein leaf Myrrh gum Nettle herb Oat seed Ocotillo stem bark Oregon Grape root	Uva Ursi leaf Valerian root Virginia Snake root White Oak bark White Sage leaf White Willow bark
Row 5	Burdock seed Calendula flower Cascara Sagrada root Catnip herb Cayenne fruit Celandine, Greater herb	Ginseng root, Wild Am. Golden Seal root Gotu Kola herb Gravel Root Grindelia flower Guarana seed	Osha root Pansy herb Partridge Berry (Squaw Vine) Passion Flower Pau D'Arco bark	Wild cherry bark Wild Ginger root Wild Yam root Witch Hazel leaf Yarrow flower Yellow Dock root
Row 6	Chamomile flower Chaparral leaf Chastetree berry Cinnamon bark Clematis herb Cleavers herb	Hawthorne flower & berry Hops strobules Horehound herb Horse Chestnut bark Horseradish root	Pennyroyal herb Pipsissewa herb Pleurisy root Poke root Prickly Ash bark Prickly Poppy	Yerba Mansa root Yerba Santa leaf Yohimbe bark Yucca root