# Tipping points in diversified farming systems

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#### Abstract

The emergence and impact of tipping points are of great interest in both social and ecological research. Despite widespread recognition of the importance of feedbacks between human and environmental systems, it is often assumed that observed nonlinearities in these coupled systems are the result of dynamics in either the underlying human or environmental processes, rather than their interactions. Using the adoption of diversified farming practices as a case study, we show how bistability in ecosystem states and corresponding ecosystem services can emerge purely from the temporal feedbacks between human decisions and ecological responses. We leverage interview data to inform a stylized model, and show how understanding the temporal mechanisms of tipping points in social-environmental systems is critical to designing effective policy interventions in sustainable agriculture.

Keywords: ecosystem services, tipping points, agriculture, diversification practices, decision-making

# 15 Introduction

Both ecosystems and social systems can change states abruptly as the result of crossing critical thresholds.

These critical thresholds ("tipping points"), or states of a system were small perturbations can trigger large responses, have garnered extensive academic and public attention (Gladwell (2006); Rockström et al. (2009)). Theories of ecological multistability have long described tipping points (Beisner, Haydon, and Cuddington (2003); Scheffer et al. (2001)) and explored how management impacts stability landscapes of ecological systems (Horan, Fenichel, Drury, et al. (2011a)). However, tipping points in these ecological systems are generally assumed to stem from complex, but internal, processes like population dynamics and species interactions (Dai et al. (2012); Mumby, Hastings, and Edwards (2007); Scheffer (2010)). Similarly,

examples of tipping points in social systems, ranging from the collapse of civilizations (Downey, Haas, and Shennan (2016)) to the spread of innovations through social network processes (Redmond (2003)) suggest that observed nonlinearities in social systems are the result from complex features of human decisions and economic structures (J. Vandermeer (1997a)).

In social-ecological systems (SES), human actions impact ecological processes and the resultant ecological changes create feedbacks that alter the scope and efficacy of future management actions (Liu et al. (2007); Ostrom (2009); Walker et al. (2004)). These coupled systems become increasingly complex when the dynamics of ecological processes do not align with the temporal scale of human decision-making (Cumming, Cumming, and Redman (2006)). In agricultural systems ecological responses to management actions such as composting happen slowly, taking years to return ecological benefits that exceed investments (CITE). Techniques previously used to investigate both dynamic ecological processes and decision-making in SES have mostly overlooked the temporal complexity of decision-making (Lippe et al. (2019)). For example, agent based models often use single time-step, or user defined, decision rules rather than allowing for emergent decision strategies that maximize expected rewards over longer time horizons (Lippe et al. (2019)). Similarly, exploring both the time horizon of decisions and gradual response of ecological processes is impossible using methods that rely on equilibrium analyses, such as dynamic equations.

While variations of models have been used to explain and explore tipping points in numerous SES, from coral reefs to climate, (Holbrook et al. (2016); Lenton et al. (2008)), we focus here on agricultural 41 systems. Agriculture is a fundamental driver of anthropogenic ecological change (Foley et al. (2005); Foley 42 et al. (2011); Stoate et al. (2009)) and its productivity is closely intertwined with ecosystem processes that vovide valuable ecosystem services. While adoption of sustainable farm management practices undoubtedly encompasses a continuum of actions and outcomes, suites of practices are often used together in a package, coalescing around distinct stable states or "syndromes" (Andow and Hidaka (1989); Ong and Liao (2020); J. Vandermeer (1997a)). However, explainations of these patterns face the aformentioned issues. The nechanisms used to explain bistable patterns in production systems to-date have relied on the assumption that both ecological (or production) and decision (or economic) dynamics are non-monotonic. If either of these systems is approximated as monotonic in a couple dynamic equation, the larger social environmental system is characterized by a single stable point (or no stable point), making alternative syndromes of production 51 impossible to explain with dynamic equations (J. Vandermeer (1997a); J. Vandermeer and Perfecto (2012)). 52 While non-monotonic assumptions are often reasonable (CITE), these equilibrium explanations overlook the 53 temporal component of both the ecological and decision processes central to agricultural SES.

# [PATH DEPENDENCY]

This paper presents a stylized model of the adoption of diversified agricultural practices, or practices that bolster ecosystem services by promoting beneficial agrobiodiversity (Kremen, Iles, and Bacon (2012)), to explore the ecosystem service patterns that result specifically from interactions between adaptive decision-making and an ever-changing environment. We explore a mechanism for bistability, or two prevailing environmental (ecosystem service) states, that is the result not of complex structural assumptions within either the human or ecological system, but rather the rates at which the two systems interact. While our model necessarily simplifies both decision-making and environmental processes, it provides a framework to explore emergent properties in social-ecological systems. We use farmer interview data to inform important structural attributes of our model, and to contextualize our findings. Finally, we show that our findings have important implications for agricultural policy implementation and social-ecological systems theory.

# 66 Methods

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We explore the transition to and from diversified farming systems (low and high ecosystem service states)
using a Markov Decision Process (MDP) in which a farmer makes a series of decisions about whether or not
to employ diversified farming practices over time (Figure 1). In the context of diversified farming systems,
diversification practices, such as the use of compost, crop rotation, intercrops, reduced tillage, and cover crops,
are distinct from the concept of operational diversification (i.e., simply increasing the range of agricultural
goods produced on a given farm). The model was developed through an iterative, collaborative process
with an interdisciplinary team comprising plant and soil scientists, agricultural economists, ecologists, social
scientists, and farmers with the goal of capturing patterns stemming from the coupled human and natural
dynamics of the modeled system.

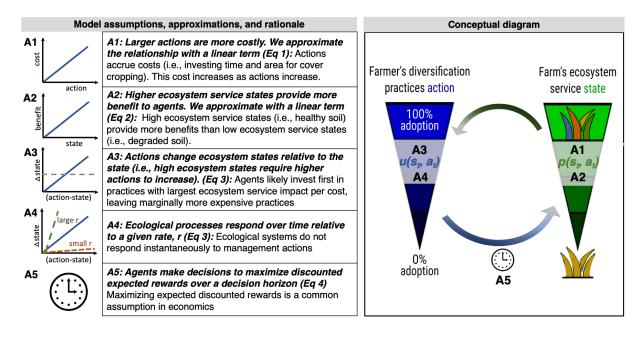
# 76 Interview data

Between February 2018 - August 2020, we interviewed 25 lettuce growers and 17 almond growers from
California using a snowball sampling method and referrals. We developed an interview guide with questions
that focused on the barriers and motivations for using diversification practices such as cover cropping,
planting hedgerows, and diverse crop rotations. We focused on the almonds and leafy greens/lettuce sectors
because these are among the most valuable crops in California. We selected interviewees to represent a range
of growers (small to large scale; organic to conventional, early adopters of diversification practices to late
adopters/laggards, family run to corporate management, and direct-to-consumer marketing to wholesale).

- 84 Interviews were conducted in person or over the phone in situations where in-person interviews were not
- possible due to farmer schedules or the need to social distance during COVID-19 restrictions. Most interviews
- were audio recorded and transcribed. If recording was not possible, careful notes were taken to create a
- 87 transcript. We performed coding for key themes and keyword searches of the transcripts to inform key
- 88 stuctural attributes of our model and provide quotes to contextulize findings.

### 89 Conceptual model description

In our model at each time step the farmer takes an "action" of 0% to 100% percent investment in adopting 90 or maintaining diversification practices. The "system state" corresponds to the level of benefit derived from 91 the ecosystem services that result from those adoption decisions. While higher ecological states are beneficial, 92 investments in diversification practices also come with higher associated costs (Figure 1 A1). Benefits may be 93 financial, social, ideological, and/or aesthetic and we approximate that relationship as linear (Figure 1 A2). greater percent investment in diversification practices corresponds to a greater probability of transitioning a higher (more beneficial) ecological state in the next decision cycle (Figure 1 A3). The rate at which that ecological response response occures depends on parameter, r, but importantly is not instaneous (Figure 97 A4). By defining parameter values for cost, benefit, transition stochasticity, ecological change rate, and 98 future discounting (Supporting information), we can allow the optimal action strategy for the agent (farmer) 99 to emerge based on expected rewards over either a finite (to represent short-tenure leased farms) or infinite 100 (to represent longer-term leases and land ownership) time horizon (Figure 1 A5). 101



#### 102 Mathematical description

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The farmer's decision model can be expressed as

$$\max_{\{a_t\}} \mathbb{E}\left[\sum_{t}^{T} u(s_t, a_t) \gamma^t\right]$$

where  $\{a_t\}$  is the set of available actions,  $\mathbb{E}$  the expected utility operator,  $u(s_t, a_t)$  the utility which the farmer associates with being in state  $s_t$  and taking action  $a_t$  at time t,  $\gamma$  the myopic discount factor, and T the land tenure of the farm  $(T \to \infty)$  if the farmer owns the land or has a long lease).

We assume a simple model of the farmer's perceived utility  $u(s_t, a_t)$  as a function of the difference between the cost  $c_a$  associated with diversification practice action  $a_t$ , versus expected benefits  $b_s$  derived from ecosystem state  $s_t$ , at time t, such that

$$u(s_t, a_t) = b_s s_t - c_a a_t$$

The ecosystem state is also dynamic, evolving according to the transition probability function  $p(s_t, a_t)$ ,

#### such that

$$s_{t+1} = p(s_t, a_t) := s_t + r(a_t - s_t) + \epsilon$$

where  $\epsilon \sim N(0,\sigma)$ . This provides a minimal state transition model in which the parameter r sets the natural timescale at which the ecosystem can respond to changes in land mangement decisions, and  $\sigma$  defines the width of the state transition probability distribution, capturing the noise inherent to ecological system change. While we have assumed very basic transition and utility functions for this stylized model, in general more complicated nonlinear functions for both the ecosystem state transition and perceived utility are possible using this framework.

#### 118 Parameterization

We have parameterized the model to illustrate the emergence of bistability in SES resulting from agroecological investment decision-making given stochastic ecological responses over time (Figure 1 and Figure 2; Parameter values in Supporting information). We explore a larger parameter space in the supporting information, and explain why the choice of parameters does not change the main findings.

# 123 Results

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Bistability in ecosystem services

Using the described model, we observe the behavior of agents' sequential choices and the resultant environmental outcomes through time. The decision strategy,  $\pi$ , describes the emergent optimal course of action for a given state and is the stationary optimal state-dependent decision strategy over an infinite time horizon (Figure 2A).

Agents' initial ecosystem states were distributed normally around a mean of s = 0.5. We find that after

Agents' initial ecosystem states were distributed normally around a mean of s = 0.5. We find that after following the optimal decision strategy (infinite horizon) for 20 decision cycles, agents have largely settled into two stable ecosystem states, with some farms transitioning to more simplified (lower levels of ecosystem services) farming systems, and others to more diversified (higher levels ecosystem services) systems (Figure 2B and 2C). Further, we find strong path dependency, with only 17% of agents who started in a simplified (s < 0.5) state concluding in a diversified (s > 0.5) state, and only 7% initially in the diversified state transitioning to a simplified state.

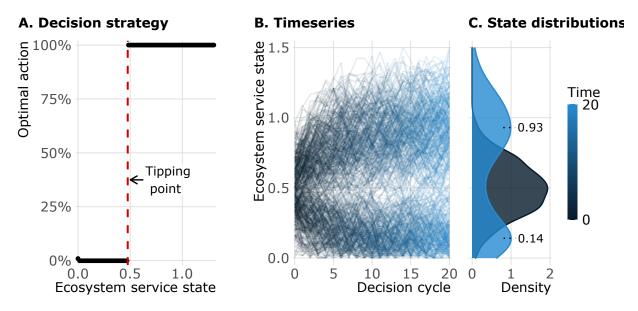


Figure 2: Initial ecosystem states are distributed normally (mean = 0.5; S.D. = 0.2; truncated at [0,1]). (A) Agents follow decision strategy  $\pi$  until t=20. (B) Ecosystem state of each agent over time (500 simulations). (C) Initial ES distribution (dark blue) and final bimodal distribution at t=20 (light blue).

Our baseline model shows how a simple coupling of human choices and ecological response can result in

# Importance of temporal dynamics in coupled systems

bistable landscapes of high and low diversification practice adoption and, as a result, high and low levels of ecosystem services (Figure 2). By vary the time horizon of the decision process, the rate of the ecological response, and the cost/benefit ratio, we find that this tipping point disappears when the speed of response of either the ecological system or decision-making process overwhelms the coupling (a proxy for decoupling).

Figure 3A shows that with temporal human/environment interactions, there exists a region of cost/benefit ratio within which various bimodal ecosystem state distributions exist (this region is exemplified in Figure 2). However, when ecological processes become fast enough that the ecosystem responds almost immediately to farmer actions (r = 0.95), alternate stable states do not emerge, regardless of cost-benefit ratios (Figure 3C). Similarly, as decisions become temporally myopic (in this case, with a time horizon of 2 decision cycles), the potential for bistability in adoption trajectories disappears (Fig 3B). Only when both a gradually changing environment and a forward-looking decision-maker (i.e. a farmer who takes into account potential benefits over the long term) are coupled, do tipping point phenomena emerge in the decision strategy (and without

non-monotonic assumptions), leading to two predominant ecosystem service states (Figure 3).

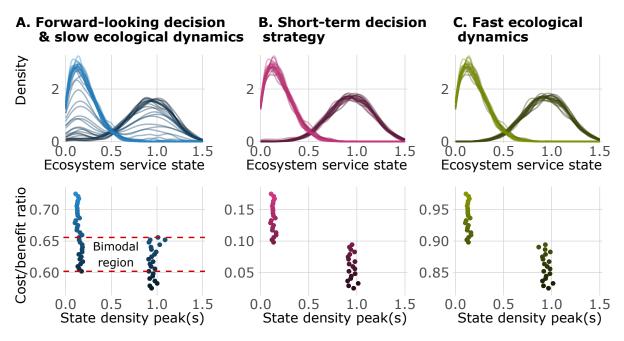


Figure 3: For three scenarios (coupled human/natural system, overly-myopic decision maker, and overly-fast ecological change), cost/benefit ratio was varied incrementally over 40 values, indicated by color shade, across a c:b range of width 0.15, encompassing the transition between a "never invest" to an "always invest" policy. For each c:b, 500 replicate simulations were conducted as in Fig 2. Upper plots show distribution of ES state at t=20 for each c:b. Lower plots show density curve peak(s). (A) By coupling a forward-looking decision-maker and a slowly-adapting environment, complex dynamics like alternate stable states can emerge. However, with (B) a short-term decision strategy (solving the MDP over a 2-year time horizon), or (C) a fast ecological change rate (r=0.95), no bimodality is observed.

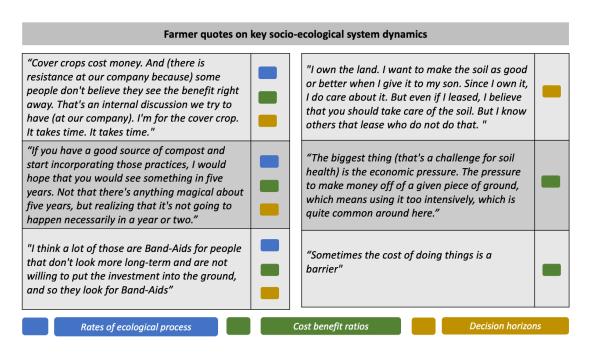


Figure 4: Key quotes from farmers suggest that the temporal horizons of decision making and the rate at which farmers recieve ecosystem benefits as a results of those decisions are important factors in the adoption of diversification practices

While alternative mechanisms to explain a given phenomenom may seem inconsequential to policy design,

#### Implications for land tenure policy

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we show this is not the case. Additionally, given that temporal factors were central themes emerging from 153 our interview data about adoption patterns (Table 1) and that approximately 39% of U.S. farmland is under lease, the impact of land tenure on farmer decision making is important for understanding agricultural 155 management more broadly. For example, U.S. corn farmers who rent land are less likely than landowners to 156 implement grassed waterways, strip cropping, contour farming, and conservation tillage (Soule, Tegene, and 157 Wiebe (2000)). 158 We solve the MDP on a constrained time horizon (20-decision cycles, in comparison to an infinite time 159 horizon in Fig 2), representing the shorter horizon on which tenant farmers might make decisions (Fig 4B). 160 Comparing the final state distribution of the long-tenure (baseline) versus the short-tenure model shows that, 161 as a farmer's expected land tenure duration decreases, it becomes optimal to reduce diversification adoption 162 across a wider range of ecosystem states. This results in ecosystem state degradation even among farm sites with an initially high ecosystem service value, with 94% of farmers ending up in the simplified state at t=20. It's worth noting that land tenure itself does not necessarily define decision horizons, there are numerous factors (i.e. cultural, economic) that might also impact decision horizons in a similar way.

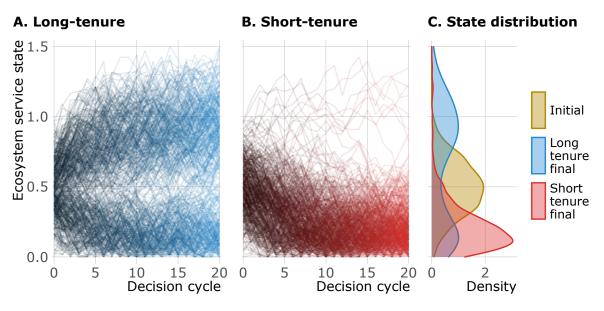


Figure 5: The simulation is identical to that in Fig 2, but the MDP is solved under a finite, 20-year time horizon. (A) Result of short land tenure on ES state over time. (B) Comparison between final state distribution of short- vs. long-tenure model runs.

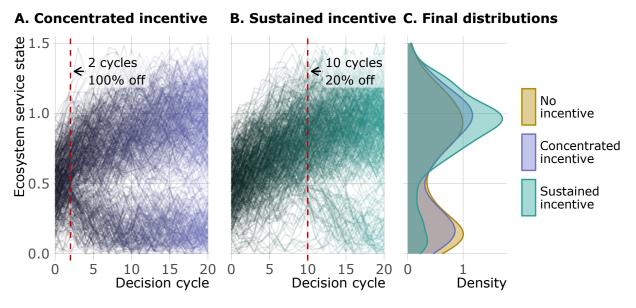


Figure 6: Starting from the same initial states as Fig 2, ES state timeseries are shown for (A) a large, abrupt incentive (100% of adoption expenses are covered for two years) vs. (B) a smaller, more sustained incentive (adoption cost is 80% of baseline for 10 years). Ignoring discounting, both packages have the same total cost to the funder (the equivalent of 2 years' worth of full adoption cost offsets). After the incentive period, agents adjust their decision rules to that of the base case (i.e. no incentive) until t=20. (C) Shows that the sustained incentive ultimately drove more DP adoption.

Temporal dynamics and incentive structures

While the temporal horizon of land-use decisions impacts predicted and observed trajectories, incentives 168 that shift cost-benefit structures influence management practices and have become an integral part of farming over the past half-century (Batáry et al. (2015); Graddy-Lovelace and Diamond (2017)). We explore the impact of incentive duration on the efficacy of policies to promote adoption of diversification practices by implementing two competing publicly funded incentive schemes: a short-term (two-time step) incentive which fully covers the cost of adoption, versus a longer-term (ten-time step) incentive which only partially offsets 173 the adoption costs over those time steps. Formally, the cost of each incentive package is equal. Within the model, agents adapt their optimal decision strategy for the given cost-benefit ratio during the incentive 175 period, and at its conclusion they revert to the baseline strategy (i.e. without payments).

We find longer, more sustained incentive programs to be more effective at encouraging adoption behavior over the critical threshold toward diversified farming (Fig 5). Once a farmer has crossed the viable ecosystem state threshold, it becomes less likely that they will return to simplified systems, even after incentives are removed. Because it takes a series of investment actions for the ecosystem service state to cross the investment threshold, longer-term incentives ultimately result in more diversification practice adoption.

#### Discussion 182

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Our analysis suggests a mechanism for bistability in social-ecological systems that is the result of temporal 183 interactions between forward-looking decisions and ecological processes rather than complex structural assumptions about either system alone. While alternate stable states within social ecological systems, and farming systems in particular, have been previously explored and observed (Horan, Fenichel, Drury, et al. 186 (2011b); J. Vandermeer (1997b); J. H. Vandermeer and Perfecto (2012)), our results shed light specifically on temporal feedbacks that might contribute to this pattern (Figure 6). We show how this mechanism provides 188 novel insights not only for social-ecological research (Figure 3), but also for agricultural policy (Fig 4 and 189 Fig 5). 190

Bistability in the adoption of agricultural practices has been empirally observed. More about bistability. One important finding of our model is that there is a path dependency -

In contrast to equilibrium models (J. H. Vandermeer and Perfecto (2012)), our model assumptions (Figure 193 1)) reflect the delay between adopting a diversified practice and seeing the benefits, resulting from ecological 194 and environmental processes taking time. For example, soil organic matter and fungal-plant-soil relationships 195 take time to build in soils following the use of compost and cover crop mulch. This reality is supported by 196

our interviews with farmers. One farmer explains: "Cover crops cost money. And (there is resistance at our 197 company because) some people don't believe they see the benefit right away. That's an internal discussion we 198 try to have (at our company). I'm for the cover crop. It takes time. It takes time". The time required to see 199 these benefits influences the adoption patterns seen across short and long term tenants. As another farmer 200 explains, "We do have hedge rows on several of the ranches, more where we have long-term leases." Our 201 model similarly reflects why secure land tenure can impact decision strategies and consequently is integral 202 to increasing the adoption of diversified farming practices. Farmers who hold shorter leases are less likely 203 to decide investing in diversified practices will benefit them, since they may lose their land access, or may 204 have insufficient time to learn how to implement practices in the particular conditions of their farm. This 205 finding complements a larger body of sociological research documenting how security and length of land 206 tenure affects adoption of sustainable agricultural practices (Fraser (2004); Long et al. (2017); Richardson Jr 207 (2015); Soule, Tegene, and Wiebe (2000)). Policies that increase land tenure duration, such as regulating 208 lease agreement terms, providing low interest loans, or promoting stable farm succession plans, may represent 209 a key lever to enable farmers to adopt more diversified agroecological practices. 210

	Model predictions	Evidence in support of pattern	Value of MDP method
P1 time	Bistability in ecosystem states (ecosystem services) can emerge without structural assumptions about non-monotonic cost structures and ecological dynamics (Fig 2)	Syndromes of production, or bistable patterns in adoption of agricultural practices, have been both empirically documented and theoretically described (Vandermeer et al., 2012)	The temporal mechanism for bistability leads to different suggested intervention strategies than mechanisms that require nonmonotonic assumptions about individual system dynamics
P2	Decision making over short time horizons decreases investment in ecosystem service promoting activities (Fig 4) and removes bistability as decision horizons become infinitely short (Fig 3B)	U.S. corn farmers who rent land are less likely than landowners to implement grassed waterways, strip cropping, contour farming, and conservation tillage (Soule et al, 2000)	Decision horizons are less intuitive to explore in equilibrium models. Including these attributes of decision making important for understanding the impact of tenure systems.
P3 time	Longer, more sustained incentive programs are more effective than short term policies at encouraging adoption of practices for which benefits accrue slowly (Fig 5)	model prediction	Tradeoffs between incentive duration and magnitude remain unresolved.  MDPs allows us to explore these policy scenarios unlike equilibrium models.

Figure 7: Table of the three main model predictions, evidence in support of the pattern, value added of the temporal mechanism and minimal assumptions.

Policies designed to promote agricultural sustainability and ecosystem services by reducing the costs of practice adoption are particularly interesting to explore with a Markov Decision Process due to their often sequential nature. Our results suggest that long-term, sustained incentives, even when only partially covering the cost of adoption, may be more effective in shifting farmers from simplified ecological states to diversified states than more concentrated short-term incentives (Figure 6 P4). We show that the cost of interventions and the social-environmental benefit of those interventions are not necessarily equivalent. Rather, perceived stability of incentive programs over time may be an important driver of adoption, which can be overlooked if the temporal rates of coupled dynamics in social-environmental systems are not considered. In other words,

if farmers expect a stable source of support over a significant time period, they may decide it is worthwhile to experiment and persist with a new practice. Unstable support, by contrast, may lead to farmers abandoning 220 practices after a short time, or even not trying those out. This finding is particularly relevant to the design of 221 government payment programs and suggests that payments can be highly effective in encouraging adoption of diversification practices (or other ecosystem service promoting practices) when implemented over long time horizons. While the possibility of a policy discontinuation may contribute to the lack of impact for 224 short-term incentives, reduced transaction costs that come with farmers making a longer-term commitment may also partially explain the greater impact of sustained incentives as compared to concentrated incentives. 226 By centering temporal dynamics in social environmental systems, we offer insights into important 227 agricultural patterns and thier implications for policy. We present a flexible model framework that can be 228 built on to address numerous questions in social-ecological systems research and policy design. Expanding 229 the boundaries of the model to include the effect of factors such as agricultural regulations and network 230 structures would expnd the scope of questions explored. 231

### 232 Model implementation

The model was developed in the *R* programming language (R Core Team 2019). The *MDPtoolbox* library was used to set up and solve the MDP (Chades et al. 2017), *tidyverse* for data analysis (Wickham et al. 2019), and *ggplot2* to generate all figures (Wickham 2016). Code for our model and the experiments conducted in this paper is available freely at https://github.com/boettiger-lab/dfs-mdp.

# 237 Author Contributions:

Conceptualization CB, MC, SW, PB, TB, LC, FC, KE, SG, AI, DK, CK, JL, EO, JO, MR, AS, JT, HW; Data curation: MC, SW, CB; Formal Analysis: MC, SW, CB; Funding acquisition: TB, AI, CK, DK, CB; Methodology: CB, MC, SW, PB, TB, LC, FC, KE, AI, DK, CK, EO, JT, HW; Code: MC, SW, CB; Visualization: MC, SW, CB; Writing – original draft: MC, SW, CB, LC; Writing – review & editing: CB, MC, SW, PB, TB, LC, FC, KE, SG, AI, DK, CK, JL, EO, JO, MR, AS, JT, HW

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