Tipping points in diversified farming systems

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Abstract

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The emergence and impact of tipping points have garnered significant interest in both the social and natural sciences. Despite widespread recognition of the importance of feedbacks between human and environmental systems, it is often assumed that tipping points in coupled social-ecological systems are the result of dynamics in either the underlying human or environmental processes, rather than their interactions. Using the adoption of diversified farming practices (which promote biodiversity and corresponding ecosystem services) as a case study, we show how multiple stable ecosystem service states can emerge purely from the temporal feedbacks between human decisions and ecological responses. Our approach to coupling ecological and human dynamics captures two often overlooked assumptions about their interactions. First, farmers' actions reflect an ability to plan and not only react to current circumstances. Second, many diversified practices provide ecological benefits that only accumulate gradually or after some delay. Previous research tends to ignore either planning ahead (e.g. agent-based models) or the slow timescale of ecological benefits (e.g. macro-economic models). Together, these two features create two stable social-ecological states, one dominated by conventional, homogeneous practices, the other by diversified practices. Including these temporal dynamics provides an explanation of existing patterns of agricultural bifurcation or "bistability", in which there is a sharp divide between highly-biodiverse farms and ecologically simplified farms. We show how this allows for the exploration of barriers for farm transitions toward highly biodiverse states. Characterizing the temporal mechanisms of tipping points in social-environmental systems is critical to designing effective interventions that can promote farmers' transition towards sustainable agriculture.

4 Keywords: ecosystem services, tipping points, agriculture, diversification practices, decision-making

15 Science for Society

The causes and impacts of tipping points are of immense interest in both social systems (e.g. crowd 16 behavior, political regime change) and natural phenomena (e.g. ecosystem collapse, climate change). In this paper, we show how tipping points in social-ecological systems can emerge from temporal interactions between human decisions and ecological processes. Using the adoption of diversified farming practices as a 19 case study, we develop a socio-ecological model of the feedbacks between ecosystem services and farmers' decisions to adopt agroecological management practices. We find that when benefits of ecosystem services 21 take time to accrue, farmers in environments with initally poor ecosystem services are disincentivized to 22 invest in maintaining them, while farmers in environments with higher ecosystem service value are more likely 23 to bolster those services further. Despite assuming simple (linear) dynamics ecological and social systems alone, this results in a social-ecological system with two stable states. We show that the mechanisms driving these observed bistable patterns in social-environmental systems have important implications for agricultural policy.

28 Introduction

Both ecosystems and social systems can change states abruptly as the result of crossing critical thresholds.

These critical thresholds ("tipping points"; states of a system where small perturbations can trigger large responses) have garnered extensive academic and public attention (1; 2). However, mechanisms of tipping points in social-ecological systems remain largely explained by complex assumptions about either the ecological or social system dynamics (3; 4; 5; 6), rather than the rates at which these systems interact.

In social-ecological systems (SES), human actions impact ecological processes, and the resultant ecological changes create feedbacks that alter future management actions (7; 8; 9). These systems become complex to model when the temporal dynamics of ecological processes and their feedbacks to human systems (i.e. benefits from ecosystems services) do not align with the temporal scale of human decision-making (10). Techniques previously used to investigate both dynamic ecological processes and decision-making in SES have mostly overlooked the temporal complexity of decision-making (11). For instance, agent-based models are commonly used to explore complex emergent phenomena in SES. However, these models often use single time-step, or user-defined, decision rules rather than allowing for emergent decision strategies that maximize expected rewards over longer time horizons (11). Similarly, economic models, which often explicitly consider the time horizons of decisions, often overlook ecological lags (12).

Agriculture is a particularly interesting case for exploring time lags in social-ecological systems because ecological responses to management actions in these systems (such as planting hedgerows) happen slowly, often taking years to return ecological benefits that exceed the timeframe of investments. While agriculture is a key driver of anthropogenic ecological change (13; 14; 15), different types of agriculture have radically different effects on ecosystems. Some forms of agriculture rely on promoting ecological processes that regenerate ecosystem services for their productivity, while others rely primarily on external inputs, such as chemical fertilizers and pesticides for enhancing productivity.

While adoption of diversified farm management practices encompasses a continuum of actions and

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outcomes, suites of practices are often used together in a package, coalescing around distinct stable states or 52 "syndromes" (16; 17; 18). The mechanisms used to mathematically explain and explore these patterns in 53 agricultural systems to-date have relied on the assumption that both ecological (or production) and decision (or economic) dynamics are non-monotonic (18; 19). In coupled dynamic equations, if either of these systems approximated as monotonic the larger social-ecological system is characterized by a single stable point (or no stable point), making multiple syndromes of production impossible to explain with dynamic equations (18; 19). In other words, the existence of distinct stable states in agriculture – defined by high levels of biodiversity and associated ecosystem services on one hand and low-levels of biodiversity and comparatively high synthetic inputs on the other – cannot be explained in conventional models without assuming complex structural dynamics. While non-monotonic assumptions are often reasonable, these equilibrium explanations 61 overlook the temporal component of both the ecological and decision processes central to agricultural SES. 62 Markov Decision Processes (MDP) provide a convenient mathematical framework for modeling decision 63 making as part of a stochastic environment (20). Importantly, MDPs allow for easy formulation of situations in which environments (in this case, agroecosystems) change slowly and land management decisions are forward looking (based on predictions about how those decisions will impact their farm productivity and vitality in the future). While MDPs have been widely used in a variety of environmental control problems (21), they are rarely applied to modeling and exploring the dynamics of social-ecological systems.

This paper presents a stylized Markov Decision Process model of the adoption of diversification practices to explore the ecosystem service patterns that result specifically from interactions between adaptive decisionmaking and an ever-changing environment. Using this model, we explore a mechanism for two prevailing 71 environmental (ecosystem service) states, that is the result not of complex structural assumptions within 72 either the human or ecological system, but rather the rates at which the two systems interact. While our 73 model necessarily simplifies both decision-making and environmental processes, it provides a framework to

explore emergent properties in social-ecological systems. We use farmer interview data to inform important structural attributes of our model, and to contextualize our findings. Finally, we show that our findings have important implications for agricultural policy implementation and social-ecological systems theory.

78 Methods

We explore the transition to and from diversified farming systems (low and high ecosystem service provisioning states) using a Markov Decision Process (MDP) in which a farmer makes a series of decisions about whether or not to employ agricultural diversification practices over time (Figure 1). In the context of diversified farming systems, diversification practices, such as hedgerows, crop rotation, intercrops, the use of compost, growing multiple crop types, reduced tillage, and cover crops, which are distinct from the concept of operational diversification (i.e., simply increasing the range of agricultural goods produced on a given farm). The model was developed through an iterative, collaborative process with an interdisciplinary team comprising plant and soil scientists, agricultural economists, ecologists, agricultural sociologists, modelers, policy analysts, and farmers with the goal of capturing patterns stemming from the coupled human and natural dynamics of the modeled system.

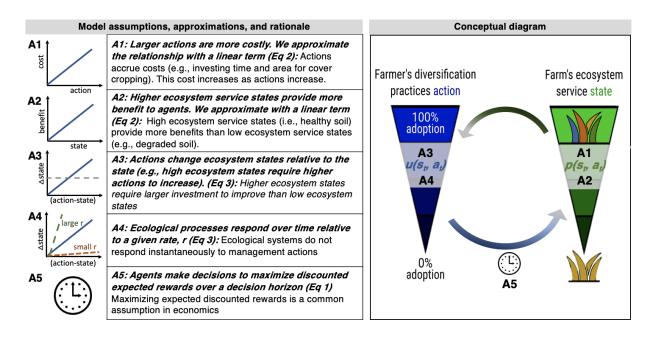
89 Interview data

Our modeling work is inspired by patterns and system characteristics (e.g. the concept of forward-looking decision-making) that emerged from the extensive empirical fieldwork with farmers that our research team has conducted on working farms in California since 2013 (22; 23; 24). As part of the larger project that 92 our modeling work contributes to, between February 2018 - August 2020, the agricultural sociologists in 93 our team interviewed 25 lettuce growers and 17 almond growers from California using a snowball sampling 94 method. We developed an interview guide with questions that focused on the barriers and motivations for using diversification practices such as cover cropping, planting hedgerows, and diverse crop rotations. We focused on the almonds and leafy greens/lettuce sectors because these are among the most valuable crops 97 in California. We selected interviewees to represent a range of growers (small to large scale; organic to 98 conventional, early adopters of diversification practices to late adopters/laggards, family run to corporate management, and direct-to-consumer marketing to wholesale). Interviews were conducted in person or over the phone in situations where in-person interviews were not possible due to farmer schedules or the need 101 to social distance during COVID-19 restrictions. Most interviews were audio recorded and transcribed. If 102 recording was not possible, careful notes were taken to create a transcript. We performed coding for key 103

themes and keyword searches of the transcripts to inform key stuctural attributes of our model and provide quotes to contextulize findings.

Conceptual model description

Modeling the adoption of diversification practices and the resultant ecosystem services as a Markov 107 Decision Process requires that we first define a set of available "actions" (or decisions) and a set of possible 108 system states. In our model at each time step the farmer takes an "action" of 0% to 100% percent investment 109 in adopting or maintaining diversification practices. The "system state" corresponds to the level of benefit 110 derived from the ecosystem services that result from those adoption decisions. While higher ecological states 111 are beneficial, investments in diversification practices also come with higher associated costs (Figure 1 A1). 112 Costs and benefits may be financial, social, ideological, and/or aesthetic and we approximate that relationship 113 as linear (Figure 1 A2). A greater percent investment in diversification practices corresponds to a greater probability of transitioning to a higher (more beneficial) ecological state in the next decision cycle (Figure 1 115 A3). The rate at which that ecological response occurrs depends on parameter, r, but importantly is not 116 instaneous (Figure 1 A4). By defining parameter values for cost, benefit, transition stochasticity, ecological 117 change rate, and future discounting (Supporting information), we can allow the optimal action strategy for 118 the agent (farmer) to emerge based on expected rewards over either a finite (to represent short-tenure leased 119 farms) or infinite (to represent longer-term leases and land ownership) time horizon (Figure 1 A5).



121 Mathematical description

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The farmer's decision model can be expressed as

$$\max_{\{a_t\}} \mathbb{E}\left[\sum_t^T u(s_t, a_t) \gamma^t\right]$$

where $\{a_t\}$ is the set of available actions, \mathbb{E} the expected utility operator, $u(s_t, a_t)$ the utility which the farmer associates with being in state s_t and taking action a_t at time t, γ the myopic discount factor, and T the land tenure of the farm $(T \to \infty)$ if the farmer owns the land or has a long lease).

We assume a simple model of the farmer's perceived utility $u(s_t, a_t)$ as a function of the difference

We assume a simple model of the farmer's perceived utility $u(s_t, a_t)$ as a function of the difference between the cost c_a associated with diversification practice action a_t , versus expected benefits b_s derived from ecosystem state s_t , at time t, such that

$$u(s_t, a_t) = b_s s_t - c_a a_t$$

Agents' initial ecosystem states were distributed normally around a mean of s = 0.5. The ecosystem state

is also dynamic, evolving according to the transition probability function $p(s_t, a_t)$, such that

$$s_{t+1} = p(s_t, a_t) := s_t + r(a_t - s_t) + \epsilon$$

where $\epsilon \sim N(0,\sigma)$. This provides a minimal state transition model in which the parameter r sets the natural timescale at which the ecosystem can respond to changes in land mangement decisions, and σ defines the width of the state transition probability distribution, capturing the noise inherent to ecological system change.

While we have assumed very basic transition and utility functions for this stylized model, in general more complicated nonlinear functions for both the ecosystem state transition and perceived utility are possible using this framework.

138 Results

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139 Bistability in ecosystem services

Using the described model, we observe the behavior of agents' sequential choices and the resultant environmental outcomes through time. The decision strategy, π , describes the emergent optimal course of action for a given state and is the stationary optimal state-dependent decision strategy over an infinite time horizon (Figure 2A).

We find that after following the optimal decision strategy (infinite horizon) for 20 decision cycles, agents have largely settled into two stable ecosystem states, with some farms transitioning to more simplified (lower levels of ecosystem services) farming systems, and others to more diversified (higher levels ecosystem services) systems (Figure 2B and 2C).

148 Importance of temporal dynamics in coupled systems

Our baseline model shows how a simple coupling of human choices and ecological response can result in bistable landscapes of high and low diversification practice adoption and, as a result, high and low levels of ecosystem services (Figure 2). By vary the time horizon of the decision process, the rate of the ecological response, and the cost/benefit ratio, we find that this tipping point disappears when the speed of response of either the ecological system or decision-making process overwhelms the coupling (a proxy for decoupling) (Figure 3A).

With temporal human/environment interactions, there exists a region of cost-benefit ratio within which various bimodal ecosystem state distributions exist (this region is exemplified in Figure 2). When decisions

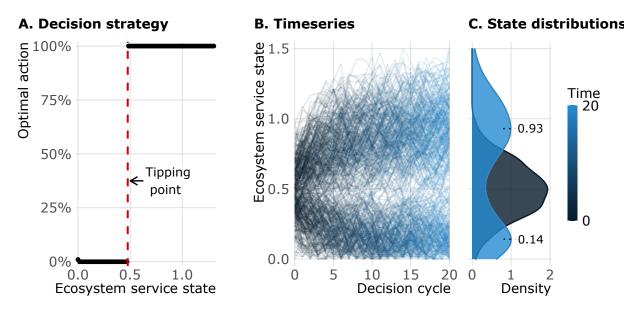


Figure 2: Initial ecosystem states are distributed normally (mean = 0.5; S.D. = 0.2; truncated at [0,1]). (A) Agents follow decision strategy π until t=20. (B) Ecosystem state of each agent over time (500 simulations). (C) Initial ecosystem state distribution (dark blue) and final bimodal ecosystem state distribution at t=20 (light blue).

become temporally myopic (in this case, with a time horizon of 2 decision cycles), the potential for bistability in adoption trajectories disappears (Fig 3B). Similarly, when ecological processes become fast enough that the ecosystem responds almost immediately to farmer actions (r = 0.95), alternate stable states do not emerge, regardless of cost-benefit ratios (Figure 3C). Only when both a gradually changing environment and a forward-looking decision-maker (i.e. a farmer who takes into account potential benefits over the long term) are coupled, do tipping point phenomena emerge in the decision strategy leading to two predominant ecosystem service states (Figure 3A). This bimodal pattern matches real world agricultural systems (12) and illustrated by quotes from our interview data (Figure 4).

Influence of land tenure policy on ecosystem service states

Given that temporal factors emerged as central themes from our interview data on diversified farming adoption patterns (Figure 4), and are more broadly relevant to understanding decision making patterns on rented land (25), we investigated the impact of land tenure policy on farmer decision making.

We solved the MDP from Figure 2 on a constrained time horizon (20-decision cycles, in comparison to an infinite time horizon in Fig 2), representing the shorter horizon on which tenant farmers might make decisions (Fig 4B). Comparing the final state distribution of the long-tenure (baseline) versus the short-tenure model shows that, as a farmer's expected land tenure duration decreases, it becomes optimal to reduce diversification adoption across a wider range of ecosystem states. This results in ecosystem state degradation

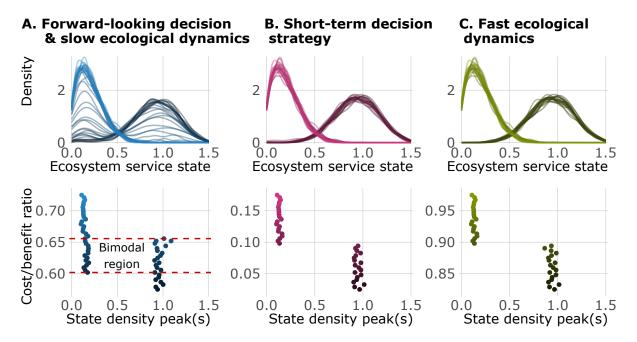


Figure 3: For three scenarios (coupled human/natural system, overly-myopic decision maker, and overly-fast ecological change), cost/benefit ratio was varied incrementally over 40 values, indicated by color shade, across a c:b range of width 0.15, encompassing the transition between a "never invest" to an "always invest" policy. For each c:b, 500 replicate simulations were conducted as in Fig 2. Upper plots show distribution of ES state at t=20 for each c:b. Lower plots show density curve peak(s). Where overlap is observed in the lower graphs shows the c:b ratio associated with bistability. (A) By coupling a forward-looking decision-maker (i.e. a farmer who takes into account potential benefits over the long term) and a slowly-adapting environment, complex dynamics like alternate stable states can emerge. However, with (B) a short-term decision strategy (solving the MDP over a 2-year time horizon), or (C) a fast ecological change rate (r=0.95), no bimodality is observed.

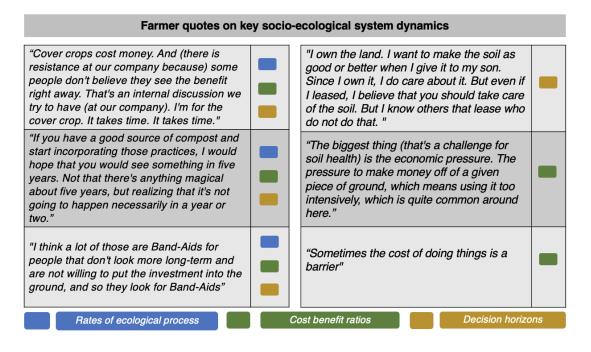


Figure 4: Key quotes from farmers suggest that the temporal horizons of decision making and the rate at which farmers recieve ecosystem benefits as a results of those decisions are important factors in the adoption of diversification practices

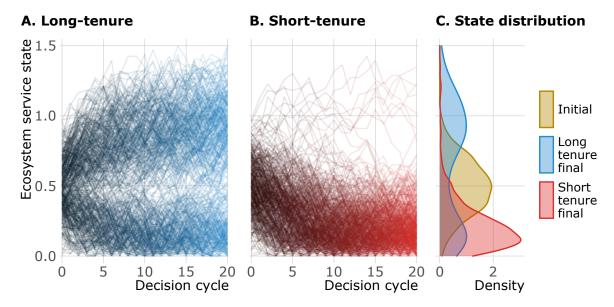


Figure 5: (A) The simulation is identical to that in Fig 2, and represents long, stable land tenure. (B) The model from (A) is solved under a finite, 20-decision time horizon (rather than an infinite time horizon) to respresent short-tenure. (C) Comparison between final state distribution of short- vs. long-tenure model runs.

even among farm sites with an initially high ecosystem service value, with 94% of farmers ending up in the simplified state at t = 20. However, the duration of land tenure does not necessarily define decision horizons. Numerous economic and cultural factors – for example, whether farmers are highly motivated to seek sustainability – might also impact the timeframe in which a farmer expects to see benefits.

Temporal dynamics and incentive structures

Our coupled human-natural system model allows exploration of how incentives that shift cost-benefit structures influence management practices. We explore the impact of incentive duration on the efficacy of policies to promote adoption of diversification practices by comparing between two different publicly funded incentive scheme designs: a short-term (two-time step) incentive which fully covers the cost of adoption, versus a longer-term (ten-time step) incentive that only partially offsets the adoption cost. Both schemes offer the same amount. Within the model, agents adapt their optimal decision strategy for the given cost-benefit ratio during the incentive period, and at its conclusion they revert to the baseline strategy (i.e. without payments).

We find longer, more sustained incentive programs to be more effective at pushing the farmer over the critical threshold toward diversified farming (Figure 6). Once a farmer has crossed the viable ecosystem state threshold, it becomes less likely that they will return to simplified systems, even after incentives are removed. Because it takes a series of investment actions for the ecosystem service state to cross the investment

A. Concentrated incentive B. Sustained incentive C. Final distributions

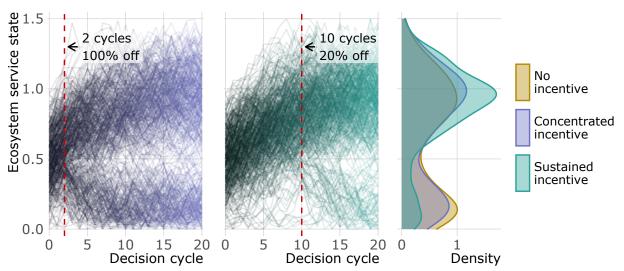


Figure 6: Starting from the same initial states as Fig 2, ecosystem service state timeseries are shown for (A) a large, abrupt incentive (100% of adoption expenses are covered for two years) vs. (B) a smaller, more sustained incentive (i.e. adoption cost is 80% of baseline for 10 years). Before discounting, both packages have the same total cost to the funder (the equivalent of 2 years' worth of full adoption cost offsets). With discounting, (B) scenario is cheaper. After the incentive period, agents adjust their decision rules to that of the base case (i.e. no incentive) until t = 20. (C) Shows that the sustained incentive ultimately drove more DP adoption.

threshold, longer-term incentives ultimately result in more adoption of diversification practices.

192 Discussion

Our analysis suggests a mechanism for multiple ecosystem states in a social-ecological systems that does not rely on complex assumption about the structure of the social or ecological systems alone, but instead on the temporal interactions between forward-looking decisions (i.e. a farmer who takes into account potential benefits over the long term) and slow ecological processes. While alternate stable states within social ecological systems, and farming systems in particular, have been previously explored and observed (26; 27; 12), our results shed light specifically on temporal feedbacks that might contribute to this pattern (Figure 3). We also show how path dependence can result in self perpetuating low ecosystem states and low adoption of diversification practives (Figure 2) and why this provides novel insights not only for social-ecological research (Figure 3), but also for agricultural policy (Figure 4 and Figure 5).

In contrast to equilibrium models (12), our model assumes (Figure 1) that ecological and environmental processes take time to respond to the adoption of a diversified practice. For example, soil organic matter and its benefits (such as improved water retention and storage of essential nutrients) take years to build after starting practices like cover cropping and compost additions (28). This reality is suggested by our interviews

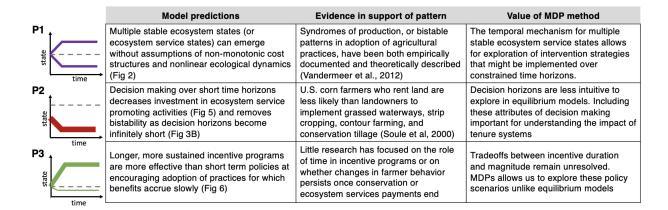


Figure 7: Table 1: Table of the main model predictions, evidence in support of the pattern, value added of the temporal mechanism and minimal assumptions.

with farmers. One farmer explains:

"I'll use five years, which seems like a long time, but I mean, that's only potentially 5 or 10 crop cycles depending how heavy you crop... There's probably some very good soils that can be turned around relatively quickly if everything works right. Somebody might see some pretty dramatic benefits in a year or two, depending how bold they wanted to do things. But I think the changes in soil in my mind, they're not immediate. You don't make grand changes right away. So I mean, if you get started doing some reduced tillage using more cover crops, if you have a good source of compost and start incorporating those practices, I would hope that you would see something in five years."

We show how time delays in ecosystem responses to management decisions, as exemplified above, can explain patterns of multiple stable ecosystem service states (Table 1 P1). While existing explanations of multiple stable states in SES provided by equilibrium models (12) are not necessarily wrong, temporal explanations for this pattern reflect key system attributes described by farmers (Figure 4) and allow for the exploration of intervention strategies that are temporally constrained (e.g. land tenure, incentives, etc.).

Our results also have important implications for understanding farmer decision-making and agricultural policy design. Our model confirms that the land tenure status of a farmer can greatly influence their willingness and ability to adopt diversification practices (Figure 5; Table 1 P2). This finding accords with a large body of sociological research documenting how security and length of land tenure affects adoption of sustainable agricultural practices (29; 30; 31; 25), suggesting that our model captures emergent socioecological dynamics of farming systems. The time required to see benefits influences the adoption patterns

seen across short- and long-term tenants. As another farmer explains, "We do have hedge rows on several of
the ranches, more where we have long-term leases." Growers who hold shorter leases are more likely to decide
that adopting diversification practices will not benefit them, since they may lose their investment if their
lease ends forcibly, or may have insufficient time to learn how to use practices in the particular ecological
and geographical conditions of their farm (32; 33). Immigrant farmers and farmers of color often struggle to
achieve stable land tenure due to language problems, poverty, and racial discrimination in farmer networks,
policy, and finance.

Finally, our model suggests that existing incentive programs to promote agricultural sustainability and ecosystem services by reducing the costs of practice adoption may need significant redesign (Figure 6; Table 1 P3). Such policies have become an integral part of farming over the past half-century (34; 35). They are particularly interesting to explore with a Markov Decision Process due to their often sequential, but time limited, nature. Incentive policies rolled out over a given time frame are difficult to study with equilibrium analyses or with simple decision rules.

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Our results suggest that long-term sustained incentives, even when only partially covering the cost of 239 adoption, may be more effective in shifting farmers from simplified ecological states to diversified states than more concentrated short-term incentives. We show that the cost of interventions and the social-environmental 241 benefit of those interventions are not necessarily equivalent. Rather, the perceived stability of incentive 242 programs over time may be an important driver of adoption. This dynamic can be overlooked when the 243 temporal rates of coupled dynamics in social-environmental systems are not considered. If farmers expect a 244 stable source of support over a significant time period, they may decide it is worthwhile to experiment and 245 persist with a new practice that may not provide observable benefits for many years (36). Unstable support, 246 by contrast, may lead to farmers abandoning practices after a short time, or even not trying those out (37). Moreover, the reduced transaction costs that come with farmers making a longer-term commitment, while not captured in our model, would only further suggest the higher efficacy of sustained incentives as compared to concentrated incentives.

cost-sharing is a significant barrier for many farmers, especially those who are not very financially stable
or prosperous. In theory, asking farmers to share the costs can create more of a pressure to commit to the
practice – it screens out farmers who aren't prepared to do this. But It also creates an exclusionary obstacle
if the cost-sharing is unequal (with the grower bearing most of the costs) or even the shared cost is significant.
So, initial conditions really do matter – we need to look at the farmer's starting position and the first several
years of a cycle.

This finding is particularly relevant to the design of government payment programs and suggests that 257 smaller payments can be highly effective in encouraging adoption of diversification practices (or other 258 ecosystem service promoting practices) when distributed over long time horizons. Small payments over a 259 longer time-frame also constitute a lower total cost to the government when considering even modest discount 260 rates. Surprisingly little research has focused on the role of time in incentive programs and on whether changes in farmer behavior persists once conservation or ecosystem services payments end. One study found 262 that when landowners were unable to re-enroll in a waterbird habitat program in northern California due to 263 3 year period limits, participant numbers declined and farmers persisted less with their practices (37). Other 264 studies have found that growers can readily switch back land that is left unused in return for payments via 265 the federal Conservation Reserve Program to 'more valuable' productive uses (e.g. corn ethanol (38)). In the 266 later example, growers abandon their conservation practices as the payment loses its perceived value relative 267 to growing corn for ethanol. If growers knew that the incentives varied over time in response to competing 268 market values they might be more likely to maintain practices. 269

A number of federal government programs provide incentives to farmers over long time periods. For 270 example, the US Department of Agriculture (USDA) manages a Conservation Stewardship Program (CSP) that helps growers build on their existing conservation practices by developing a plan to implement practices 272 that improve a wide range of on-farm conditions, from soils to biodiversity. CSP offers a 5-year contract – 273 potentially renewed for 5 years more – that pays farmers an annual amount in return for their agreeing to 274 implement a customized conservation plan co-created with a USDA agent. In contrast, USDA also manages 275 the Environmental Quality Improvement Program (EQIP), which similarly supports on-farm diversification 276 practices. Contracts usually last 1-3 years but may go to 10 years. Payment rates are reviewed and changed 277 annually; certain practices may receive sizable assistance but rates can be unstable over time (39). While 278 both CSP and EQIP are heavily oversubscribed by farmers in many states, including California (40), it is 279 still too soon to determine whether the differing longevity of these programs will impact the durability of 280 diversification practices. 281

In conclusion, by centering temporal dynamics in a stylized social ecological system model, we offer insights into important agricultural patterns and their implications for policy. We present a flexible model framework that can be built on to address numerous questions in social-ecological systems research and policy design.

286 Model implementation

- The model was developed in the R programming language⁴¹. The MDPtoolbox library was used to set up and solve the MDP^{42} . Code for our model and the experiments conducted in this paper is available freely at
- 289 https://github.com/boettiger-lab/dfs-mdp.

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- ²⁹² HW; Data curation: MC, SW, CB; Formal Analysis: MC, SW, CB; Funding acquisition: TB, AI, CK, DK,
- ²⁹³ CB; Methodology: CB, MC, SW, PB, TB, LC, FC, KE, AI, DK, CK, EO, JT, HW; Code: MC, SW, CB;
- Visualization: MC, SW, CB; Writing original draft: MC, SW, CB, LC; Writing review & editing: CB,
- ²⁹⁵ MC, SW, PB, TB, LC, FC, KE, SG, AI, DK, CK, JL, EO, JO, MR, AS, JT, HW

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