

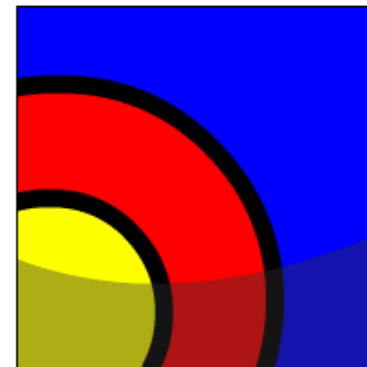
# **Interest, Aptitudes, and Career Exploration**



# What Will I Learn?

In this lesson, you will learn to:

- Analyze and understand IT career options and education requirements based on interests, abilities, aptitudes and accomplishments
- Demonstrate skills for locating, evaluating, and interpreting IT career information
- Apply concepts learned as a result of student's own work and academic experiences and evaluate the application of skills to career options and the world of work





## Why Learn It?

How many times have you wondered what you really want to do after you graduate? How do you know what you'd be good at or really like to do? One of the first places to start planning is to assess your abilities and aptitudes in various areas.



The next step is to explore career options related to what you're interested in or feel you have an aptitude for. Do you like to work outdoors? Do you picture yourself in front of a computer or interacting with people?

Get a mental picture of the successful "you." The sooner you know where you want to go, the quicker you'll get there.

## Tell Me / Show Me

The next step in preparing your portfolio is to assess your strengths and interests as they relate to jobs or careers.

You will use Internet resources to locate simple aptitude and interest surveys. Once you have a better assessment of yourself, explore jobs or careers that complement your strengths and interests.

Personal inventories are used to make decisions based on what you can do, what you want to do, and what you need to do.



# Tell Me / Show Me

**Step 1:** Your Academic Achievements

**Step 2:** Your Work and Community Experience

**Step 3:** Your Personal Interests/Aptitudes and Career Preferences

- Two inventories of personal interests and aptitudes with a summary of strengths and/or weaknesses
- Identification of three careers of interest or preference
- List of educational requirements for three careers of interest
- Evaluation of current personal skills and career of interest; Justification of aptitude for chosen careers

**Step 4:** Your Future Plans

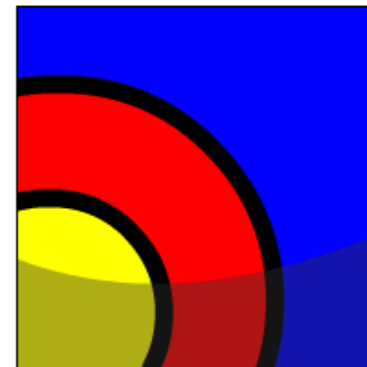




# Summary

In this lesson, you have learned to:

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# Summary

## Practice Guide

The link for the lesson practice guide can be found in the course resources in Section 0.

