



ALEX

YOUR SYMPTOMS EXPLAINED

## DESCRIPTION

Abdominal pain, also known as a stomach ache, is a symptom associated with both non-serious and serious medical issues.

Common causes of pain in the abdomen include gastroenteritis and irritable bowel syndrome. About 10% of people have a more serious underlying condition such as appendicitis, leaking or ruptured abdominal aortic aneurysm, diverticulitis, or ectopic pregnancy. In a third of cases the exact cause is unclear.

## YOUR RESPONSES

You are suffering under abdominal pain in your **lower abdomen** for **one week**. The **moderate** pain can be described as **dull ache**.

Besides a **feeling of fullness**, you have problems with passing your stool. When you try to eat something it even intensifies the pain.

## DIAGNOSIS

Based on the description of your symptoms it's highly likely that you are suffering from **constipation**. This is when it is very hard to pass stool: that is, get rid of digested food waste. Constipation can be caused by many things. One is eating or drinking too much dairy products that use cow milk.

## POSSIBLE TREATMENT

To solve this problem many people use a laxative or eat foods such as plums, that improve the bowel movements. We recommend that you consult a doctor if your symptoms do not subside.

CONTACT US:



[HTTPS://WWW.BUSCOPAN.DE](https://www.buscopan.de)



[SUPPORT@BUSCOPAN.DE](mailto:SUPPORT@BUSCOPAN.DE)