HW03

Gestures and body language are equally, if not more important than the actual speaking. Although the content lies in the speech of a speaker, the way the speaker conveys his point through his body language can denote the difference between having the audience pay attention or not.

In grammar school, I had an opportunity to listen to a presentation on an organization given by two boys. Then I realized how important body language was. While the first boy was speaking, nobody was listening to him. His body language was non-existent - he was like a statue. He didn't move a muscle during the speech and it was monotonous. I almost fell asleep. He didn't capture our attention since was constantly looking at one spot or his feet. On the other hand, his colleague was much better. He was walking through the classroom and kept our attention. He had a smile on his face and his speech was dynamic, he was using his hands to express the facts and to point to some pictures in the presentation. He managed to maintain eye contact with most of us. In the end, his speech and the delivery received loud applause from us. It was all because of his performance.

After that speech, I have begun to pay attention to my body language and gestures when I speak in front of a group of people or when I get ready for a job interview. I think that everyone should work on their non-verbal communication because it might be useful in various situations.