

| Pl | Stnr | Name | Jg | Verein | Zeit |
|----------------------|------|-----------------------|----|----------------------------|---------|
| Damen -13 (9) | | | | | |
| 1 | | Nina Dannenmaier | 12 | OL Kufstein | 26:44 |
| 1 | | Sylvia Schorn | 14 | ASKÖ Henndorf Orientee | 26:44 |
| 3 | | Elisabeth Ban | 16 | ASKÖ Henndorf Orientee | 28:51 |
| 4 | | Sabine König | 12 | ASKÖ Henndorf Orientee | 45:51 |
| 5 | | Lisa Mauschitz | 15 | ASKÖ Henndorf Orientee | 53:53 |
| 6 | | Sarah Hütteneder | 13 | ASKÖ Henndorf Orientee | 57:54 |
| 7 | | Franziska Buchberger | 16 | HSV Wals | 1:07:15 |
| 8 | | Lara Larsen | 14 | ASKÖ Henndorf Orientee | 1:09:20 |
| 9 | | Matilda Maier | | HSV Wals | 1:34:15 |
| Damen -15 (5) | | | | | |
| 1 | | Marion Schönberger | 11 | ASKÖ Henndorf Orientee | 31:55 |
| 2 | | Sarah Mitterer | 11 | ASKÖ Henndorf Orientee | 55:18 |
| 3 | | Emily Ginzinger | 10 | ASKÖ Henndorf Orientee | 57:20 |
| 4 | | Zora Melkes | 11 | OL Kufstein | 59:19 |
| 5 | | Leire Pammer | 11 | ASKÖ Henndorf Orientee | 1:01:23 |
| Damen -18 (4) | | | | | |
| 1 | | Emma Frey | 09 | OL Kufstein | 30:35 |
| 2 | | Lisa Mitterer | 09 | ASKÖ Henndorf Orientee | 34:59 |
| 3 | | Hannah Fink | 09 | ASKÖ Henndorf Orientee | 43:51 |
| 4 | | Charlotte Brawisch | 09 | HSV Wals | 45:48 |
| Damen 19- (2) | | | | | |
| 1 | | Annika Simsch | 05 | ASKÖ Henndorf Orientee | 36:06 |
| 2 | | Nina Döllgast | 93 | ASKÖ Henndorf Orientee | 38:00 |
| Damen 35- (2) | | | | | |
| 1 | | Claudia Wiemers | 86 | ASKÖ Henndorf Orientee | 41:23 |
| 2 | | Franziska Brodinger | 88 | ASKÖ Henndorf Orientee | 45:43 |
| Damen 45- (7) | | | | | |
| 1 | | Birgit Konrad-Frey | 77 | OL Kufstein | 46:12 |
| 2 | | Katharina Hinterhofer | 69 | ASKÖ Henndorf Orientee | 48:19 |
| 3 | | Daniela Buchberger | 76 | HSV Wals | 52:50 |
| 4 | | Carolin Schönberger | 75 | ASKÖ Henndorf Orientee | 53:55 |
| 5 | | Lucy Mair | 77 | OL Kufstein | 1:01:14 |
| 6 | | Alexandra Danninger | | OC München | 1:02:51 |
| 7 | | Andrea Dannenmaier | 80 | OL Kufstein | 1:16:15 |
| Damen 55- (5) | | | | | |
| 1 | | Doris Gittmaier | 64 | HSV Ried | 33:57 |
| 2 | | Bernadett Pegan | 70 | Naturfreunde Villach - Ori | 39:48 |
| 3 | | Martina Kogler | 60 | OL Kufstein | 42:23 |
| 4 | | Claudia Hackl | 64 | ASKÖ Henndorf Orientee | 42:42 |
| 5 | | Margit Elstner | 64 | ASKÖ Henndorf Orientee | 46:53 |

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| Damen 65- (1) | | | | | |
| 1 | | Eva Breitschädel | 53 | ASKÖ Henndorf Orientee | 55:09 |
| Herren -13 (5) | | | | | |
| 1 | | Alejandro Pammer | 13 | ASKÖ Henndorf Orientee | 27:21 |
| 2 | | Alexander Ban | 14 | ASKÖ Henndorf Orientee | 36:51 |
| 3 | | Ludwig Brawisch | 12 | HSV Wals | 46:02 |
| 4 | | Armin Kaljikovic | 13 | ASKÖ Henndorf Orientee | 47:40 |
| 5 | | Thomas Brodinger | 16 | ASKÖ Henndorf Orientee | 1:16:21 |
| Herren -15 (7) | | | | | |
| 1 | | Benjamin Kaljikovic | 10 | ASKÖ Henndorf Orientee | 29:51 |
| 2 | | Florian Mauschitz | 11 | ASKÖ Henndorf Orientee | 30:55 |
| 3 | | Alexander Baur | 12 | ASKÖ Henndorf Orientee | 32:32 |
| 4 | | Lorenz Buchberger | 11 | HSV Wals | 32:50 |
| 5 | | Felix Dannenmaier | 10 | OL Kufstein | 33:09 |
| 6 | | Thomas König | 10 | ASKÖ Henndorf Orientee | 54:33 |
| | | Fabian Hütteneder | 11 | ASKÖ Henndorf Orientee | Fehlst |
| Herren -18 (4) | | | | | |
| 1 | | Bastian Danninger | | OC München | 33:12 |
| 2 | | Max Jonas Obczovsky | 11 | ASKÖ Henndorf Orientee | 35:17 |
| 3 | | Jakob Felix Buchberger | 09 | HSV Wals | 37:29 |
| 4 | | Markus Ban | 11 | ASKÖ Henndorf Orientee | 44:06 |
| Herren 19- (2) | | | | | |
| 1 | | Bjarne Friedrichs | 90 | ASKÖ Henndorf Orientee | 37:53 |
| 2 | | Jonas Königstorfer | 01 | ASKÖ Henndorf Orientee | 50:58 |
| Herren 35- (11) | | | | | |
| 1 | | Norbert Helminger | 75 | HSV Wals | 41:59 |
| 2 | | Franz Helminger | 73 | HSV Wals | 43:14 |
| 3 | | Markus König | 79 | ASKÖ Henndorf Orientee | 46:53 |
| 4 | | Wolfgang Buchberger Jun. | 80 | HSV Wals | 50:04 |
| 5 | | Dominik Weinzierl | 81 | HSV Hörsching Sektion C | 52:04 |
| 6 | | Andreas Rameder | | ASKÖ Henndorf Orientee | 52:45 |
| 7 | | Simon Wiemers | 85 | ASKÖ Henndorf Orientee | 55:08 |
| 8 | | Martin Bogensperger | 72 | ASKÖ Henndorf Orientee | 55:36 |
| 9 | | Tobias Danninger | | OC München | 56:23 |
| 10 | | Axel Rimnac | 76 | Naturfreunde Linz | 56:52 |
| 11 | | Andreas Ban | 81 | ASKÖ Henndorf Orientee | 1:09:15 |
| Herren 45- (11) | | | | | |
| 1 | | Bernhard Fink | 77 | ASKÖ Henndorf Orientee | 30:08 |
| 2 | | Zoltan Melkes | 79 | OL Kufstein | 32:24 |
| 3 | | Peter Ebster | 68 | ASKÖ Henndorf Orientee | 38:29 |
| 4 | | Raphael Maier | 77 | HSV Wals | 39:06 |
| 5 | | Josef Wimmer | 57 | ASKÖ Henndorf Orientee | 42:45 |
| 6 | | Wolfgang Pammer | 71 | ASKÖ Henndorf Orientee | 45:12 |

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| Herren 45- (11) | | | 4,3 km 105 Hm 19 P | | |
| 7 | Martin Schönberger | | 73 | ASKÖ Henndorf Orientee | 47:32 |
| 8 | Christian Egger | | 72 | OL Kufstein | 56:46 |
| 9 | Lars Larsen | | 83 | ASKÖ Henndorf Orientee | 58:35 |
| 10 | Christoph König | | 76 | ASKÖ Henndorf Orientee | 1:04:24 |
| 11 | Markus Csar | | | Lokomotive Henndorf | 1:29:36 |
| Herren 55- (7) | | | 3,3 km 70 Hm 16 P | | |
| 1 | Florian Elstner | | 63 | ASKÖ Henndorf Orientee | 29:01 |
| 2 | Horst Mayer | | 60 | OLG Tennengau | 34:13 |
| 3 | Markus Schorn | | 69 | ASKÖ Henndorf Orientee | 36:15 |
| 4 | Gottfried Kühr | | 69 | Naturfreunde Villach - Ori | 41:29 |
| 5 | Roland Berner | | 65 | OLG Tennengau | 43:21 |
| 6 | Johannes Wechselberger | | 56 | OL Kufstein | 50:59 |
| 7 | Christian Breitschädel | | 53 | ASKÖ Henndorf Orientee | 52:00 |
| Herren 65- (7) | | | 3,3 km 70 Hm 16 P | | |
| 1 | Georg Gittmaier | | 55 | HSV Ried | 30:50 |
| 2 | Josef Hones | | 54 | HSV Ried | 34:24 |
| 3 | Gerhard Werthmann | | | OLV Landshut | 40:24 |
| 4 | Karl Hackl | | 56 | ASKÖ Henndorf Orientee | 45:45 |
| 5 | Wolfgang Werther | | 54 | WATV | 58:31 |
| 6 | Arndt Werthmann | | | OLV Landshut | 59:11 |
| | Wolfgang Schütz | | 53 | ASKÖ Henndorf Orientee | Aufg |
| Offen Kurz (9) | | | 2,5 km 40 Hm 12 P | | |
| 1 | Carla Berger | | 05 | ASKÖ Henndorf Orientee | 29:27 |
| 2 | Michael Graf | | | kein Verein | 36:56 |
| 3 | Claudia Gruber | | 68 | Naturfreunde Linz | 42:17 |
| 4 | Claudia Berger | | 65 | ASKÖ Henndorf Orientee | 45:29 |
| 5 | Cornelia König | | 79 | ASKÖ Henndorf Orientee | 46:27 |
| 6 | Patxi Azpiroz | | | kein Verein | 49:13 |
| | Simon Thalmayr | | | kein Verein | Fehlst |
| | Ekkehard Berger | | 54 | ASKÖ Henndorf Orientee | Fehlst |
| | Tanja Ebster | | 75 | ASKÖ Henndorf Orientee | Fehlst |
| Offen Lang (3) | | | 3,3 km 70 Hm 16 P | | |
| 1 | Johann Scheibenreif | | 55 | HSV Hörsching Sektion C | 36:34 |
| 2 | Rudolf Gruber | | 66 | Naturfreunde Linz | 42:55 |
| 3 | Marta Ban | | 81 | ASKÖ Henndorf Orientee | 1:15:07 |
| Family (17) | | | 1,9 km 35 Hm 10 P | | |
| 1 | Gerl Familie | | | kein Verein | 19:38 |
| 2 | Julia Herbst | | | kein Verein | 20:25 |
| 3 | Bernhard Herbst | | | kein Verein | 20:29 |
| 4 | Jakob Gittmaier | | 17 | HSV Ried | 22:28 |
| 5 | Hannah Wiemers | | 17 | ASKÖ Henndorf Orientee | 24:35 |
| 5 | Kilian Wiemers | | | ASKÖ Henndorf Orientee | 24:35 |
| 7 | Angelika Schorn | | | kein Verein | 27:46 |
| 8 | Unterrainer Familie | | | kein Verein | 30:10 |

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| Family (17) | | | 1,9 km 35 Hm 10 P | | (Forts.) |
| 9 | | Nadja Rieder | 18 | ASKÖ Henndorf Orientee | 30:11 |
| 10 | | Felix Gittmaier | 24 | HSV Ried | 33:07 |
| 11 | | Maja König | | ASKÖ Henndorf Orientee | 41:37 |
| 12 | | Zina Melkes | 15 | OL Kufstein | 41:43 |
| 12 | | Mario Dannenmaier | 15 | OL Kufstein | 41:43 |
| 14 | | Lukas und Laura Brodinger | | ASKÖ Henndorf Orientee | 42:02 |
| 15 | | Marvin Rieder | 13 | ASKÖ Henndorf Orientee | 42:37 |
| 16 | | Bruno Rafael Moura Pilotto | 81 | ASKÖ Henndorf Orientee | 1:03:34 |
| | | Dubois Familie | | kein Verein | Fehlst |