

| Einteilung der Startgruppen | | | | | | |
|---|------|----------|------|--|--|--|
| | | | | | | |
| Startintervall: Einfach+Lang 3 Minuten / Kurz+Mittel 2 Minuten | | | | | | |
| 11:00 | | | | | | |
| 11:01 | OfK | | | | | |
| 11:02 | | D-15 | | | | |
| 11:03 | | | H-18 | | | |
| 11:04 | OfK | D-15 | | | | |
| 11:05 | | | H-18 | | | |
| 11:06 | | D-15 | | | | |
| 11:07 | OfK | | H-18 | | | |
| 11:08 | | D-15 | | | | |
| 11:09 | | | D45- | | | |
| 11:10 | OfK | H-15 | | | | |
| 11:11 | | | D45- | | | |
| 11:12 | | H-15 | | | | |
| 11:13 | OfK | | D45- | | | |
| 11:14 | | H-15 | | | | |
| 11:15 | | | D45- | | | |
| 11:16 | OfK | H-15 | | | | |
| 11:17 | | | D45- | | | |
| 11:18 | | H-15 | | | | |
| 11:19 | D13- | | D45- | | | |
| 11:20 | | H-15 | | | | |
| 11:21 | | | D35- | | | |
| 11:22 | D13- | Sen Kurz | | | | |
| 11:23 | | | D35- | | | |
| 11:24 | | Sen Kurz | | | | |
| 11:25 | D13- | | D35- | | | |
| 11:26 | | Of Lang | | | | |
| 11:27 | | | D35- | | | |
| 11:28 | D13- | Of Lang | | | | |
| 11:29 | | | H45- | | | |
| 11:30 | | Of Lang | | | | |
| 11:31 | H13- | | H45- | | | |
| 11:32 | | Of Lang | | | | |
| 11:33 | | | H45- | | | |
| 11:34 | H13- | Of Lang | | | | |
| 11:35 | | | H45- | | | |
| 11:36 | | Of Lang | | | | |
| 11:37 | H13- | | H45- | | | |
| 11:38 | | Of Lang | | | | |
| 11:39 | | | H45- | | | |
| 11:40 | H13- | Of Lang | | | | |
| 11:41 | | | H45- | | | |

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| 11:42 | | Of Lang | | | | |
| 11:43 | H13- | | H45- | | | |
| 11:44 | | D-18 | | | | |
| 11:45 | | | H45- | | | |
| 11:46 | H13- | D-18 | | | | |
| 11:47 | | | H45- | | | |
| 11:48 | | D-18 | | | | |
| 11:49 | H35- | | D19- | | | |
| 11:50 | | D-18 | | | | |
| 11:51 | | | D19- | | | |
| 11:52 | H35- | D-18 | | | | |
| 11:53 | | | D19- | | | |
| 11:54 | | D-18 | | | | |
| 11:55 | H35- | | D19- | | | |
| 11:56 | | D55- | | | | |
| 11:57 | | | D19- | | | |
| 11:58 | H35- | D55- | | | | |
| 11:59 | | | | | | |
| 12:00 | | D55- | | | | |
| 12:01 | H35- | | | | | |
| 12:02 | | D55- | | | | |
| 12:03 | | | | | | |
| 12:04 | H35- | H65- | | | | |
| 12:05 | | | | | | |
| 12:06 | | H65- | | | | |
| 12:07 | H35- | | | | | |
| 12:08 | | H65- | | | | |
| 12:09 | | | | | | |
| 12:10 | H35- | H65- | | | | |
| 12:11 | | | | | | |
| 12:12 | | H65- | | | | |
| 12:13 | H35- | | | | | |
| 12:14 | | H55- | | | | |
| 12:15 | | | | | | |
| 12:16 | Lang | H55- | | | | |
| 12:17 | | | | | | |
| 12:18 | | | | | | |
| 12:19 | | | | | | |
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