



## Nutrition Habit Challenge

February 1 - 28, 2017

# Scorecard

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Nutritional Commitment: \_\_\_\_\_

For each day you successfully practice your behavior(s), you receive one point. Record your points in the blank spaces below.

Week One:	2/1	2/2	2/3	2/4	2/5	2/6	2/7	Weekly Total
Week Two:	2/8	2/9	2/10	2/11	2/12	2/13	2/14	Weekly Total
Week Three:	2/15	2/16	2/17	2/18	2/19	2/20	2/21	Weekly Total
Week Four:	2/22	2/23	2/24	2/25	2/26	2/27	2/28	Weekly Total

Challenge Total

### Prize Eligibility Statement

***You must accumulate at least 25 points, to be eligible for prize drawings. Prizes may differ between contests and only those who live, work, or go to school in Centre County are eligible for prizes listed on the NHC website and NHC social media outlets.***

#### Centre County Participants

- If you haven't logged your points electronically, turn your paper Scorecard in at Otto's or any Kish Bank location by 3/8/2017.
- Join us for a live prize drawing at Kish Bank (2610 Green Tech Dr, State College, PA 16803) on 3/18/2017 from 3:00pm - 4:00pm (You need not be present to win).

Sponsored By \_\_\_\_\_



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