



Nutrition Habit Challenge

February 1 - 28, 2017

Scorecard

Name: _____

Email: _____ Phone: _____

Nutritional Commitment: _____

For each day you successfully practice your behavior(s), you receive one point. Record your points in the blank spaces below.

| Week One: | 2/1 | 2/2 | 2/3 | 2/4 | 2/5 | 2/6 | 2/7 | Weekly Total |
|-------------|------|------|------|------|------|------|------|--------------|
| | | | | | | | | |
| Week Two: | 2/8 | 2/9 | 2/10 | 2/11 | 2/12 | 2/13 | 2/14 | Weekly Total |
| | | | | | | | | |
| Week Three: | 2/15 | 2/16 | 2/17 | 2/18 | 2/19 | 2/20 | 2/21 | Weekly Total |
| | | | | | | | | |
| Week Four: | 2/22 | 2/23 | 2/24 | 2/25 | 2/26 | 2/27 | 2/28 | Weekly Total |
| | | | | | | | | |

Challenge Total

- If you accumulate at least 25 points, you are eligible for the prize drawing!
- If you haven't logged your points electronically, turn your Scorecard in at Otto's or any Kish Bank location by 3/8/2017.
- Join us for a live prize drawing at Kish Bank (2610 Green Tech Dr, State College, PA 16803) on 3/19/2017 from 3:00pm – 4:00pm (You need not be present to win).

Sponsored By _____



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