

I	II	III	IV	V	VI	VII
<i>Its Weeke hath Seven dayes & shale it be-gin each Day at the Sixth Bell -</i>	<i>& Shale you be-gin its Day with a Vurse to be Sang a-loud -</i>	<i>- & Shale these Subscribers Promise To Call at these Bells Various -</i>	<i>& Later shale the <u>SPYRIT</u> Repair be-Low unto its Realm fore to Eat its Dinnre if it be Earnt-</i>	<i>- & Shale each Day be Simon Aowlbatch Viewed at these Weekly Busynesses upon the Moor, Neer altering -</i>	<i>- & shale each Day end upon the Nintenth Bell with these litle Dutys & Fettlings & Mentings applied unto the <u>SPYRIT</u> -</i>	<i>(- & Shale you Lastly leve out fore the <u>SPTR IT</u> its Suppre if it be Earnt -)</i>
<i><u>The First Day</u> which be callt in these Parts <u>Cart-Day</u> fore it be when the new Coton is come inn to the Mill on carts and the Porters be brakeing it fore each Floor; and the Mill Pond is dregged and the Races Ment; and Msr. Knole does give his Sermon upon the Witnessing of the Spyrít Holy; and shale you have the Spinners come to you most Oft fore it be their Day of Rest -</i>	<i><u>Psalm 16:4</u></i>	<i>At the Sixth Bell come Old Milton fore to Court with Cleopetra of Aegipt and bring to her Honey of his Bees (Receipt 52) – then at the Seventh Bell come Thomas Innerish fore his Eye (shalt you see the Neede, Receipt 16) – and at the eleventh, twelth and threnth Bells come Sarah Beniler, Jane Sealey and Lady Hallam fore to prove their Gravitas (Receipt 95) – and at the fifteenth Bell come Magistrate Wandley fore his Jugements (Receipt 160) – and then final at the seventeenth Bell come John and Mary Foxer fore to spake to their Son in Quebeck and see him yet Lifing (Receipt 72) -</i>	<i>Fore the Period atween the Twelvth Bell and the Thirteenth Bell -</i>	<i>At verie first Light afore the <u>Forth Bell</u> does he go un-to St. Severus Wood in the West - & then atween the <u>Tenth & Fortenth Bells</u> does he go to fish the Twin Meres upon the Sloaps there to the North and East - & does he then go to the two great Stane upon the Highest Ground Northards and is un-seen for <u>two Bells or more</u> - & does he then come to his Byre fore a <u>Bell and a litle</u> - and then goes Forth again at Dusc with a Lamp back and forth about the Heaths at his Affairs (yett only if a Moon be shining else he sleaps in his bed all the Night) -</i>	<i>Shale you teke a Bledé (Receipt 15) to the Beard and the Brows that they shale be tidy and Polyte to soot Visitations - & shale you meke a Dosage in each Eye of the correckt Ajent (Receipt 132) and wype about the Mouth for stray Exhaust with the correckt Soaping (Receipt 12) -</i>	<i>Three dropps <u>Cofee of Saphron</u> - A litle of the <u>Hair upon your Head</u> - One Paring of <u>the Nayl upon your Third Fingre</u> -</i>
<i><u>The Secund Day</u> which be heer callt <u>Scutch-Day</u> fore it be when the Coton be cleensed and Scutched un-to Lint and Spun; and the Weafing Stations are made Right if anie be Broak; and Msr. Knole does spake upon the Topick of Loving Neighbours Well; and shale you have the Dyers come most Oft -</i>	<i><u>Psalm 76:4</u></i>	<i>At the Seventh Bell come Ancient Tomothy fore his Profesies (Receipt 210) – and at the Tenth Bell come Msr. Wainscote for his Leggs (Receipt 305) – and at the threnth Bell come Baroness Wrexbottom and her Man fore to staive of her Hous-band (Receipt 43) – and at the fortenth Bell come Cath Hopgood fore to have a Philtre (Receipt 96) – and at the ninetenth Bell come Mr. Garston fore to scrye after his Negroes (Receipt 46) -</i>	<i>Early atween the Eighth and Ninth Bells -</i>	<i>Upon the Morn some tyme atween the <u>Eighth & Ninth Bells</u> does he go East to the Orizon fore to drove his Herd down to the Western Fields that they might be Veted – and then near enough the <u>Fiftenth Bell</u> does he drove them back East to the Hights again fore the Night – and then come Dusc comes he to sleap in his Byre all the Night with no Variety -</i>	<i>Shale you meke the Hair upon the Head Tidy with a Bledé (Receipt 15) and comb of It – and shale you wype of the Eyes any Muck mede the day Previous – and shale you wype down the Nose of any Exhaust with the Soaping again (Receipt 12) -</i>	<i>Five dropps <u>Johns Tamarisk</u> - One part of <u>Salt</u> - One part of <u>Sugarre</u> -</i>
<i><u>The Third Day</u> which be callt <u>Weaf-Day</u> fore it be when the Coton thus Scutched & Spun is Weafed to Cloth; and are the Carding Stations Ment if broak; and Msr. Knole does give his Sermon upon Jesus The Herder; and shale you have no Weafers come -</i>	<i><u>Psalm 5:7</u></i>	<i>At the Sixth Bell come Msr. Peckford fore to spake to his Son in Quebeck and ask after his best Sabre (Receipt 72) – and at the Ninth Bell come Widower Johnson fore to ask where she did leve the Shears (Receipt 70) – and at the Leventh Bel come Ms. Astell (if she be witting) fore her Mouse (Receipt 50) – and at the fifteenth Bells come Mol Hodstaf, Jane Bannery and Anne Jones fore to prove their Gravitas (Receipt 95) -</i>	<i>Fore the Period atween the Twelvth Bell and the Thirteenth Bell -</i>	<i>Upon this day does he meke but Litle Labour yett can alwaies be viewed fishing again the two mere-Ponds afore the <u>Twelvth Bell</u> sounds – and then does he go to the Woods upon the Southern sloaps at some Mischeev fore <u>two Bells & a litle</u> - & then does he go about back and forth all afternoon aftre Poachbres (& can be seen with a Lamp if it be a Dull Day) – & close alwaies to the Sixteenth Bell does he go to Lie the rest of the Day with-in his Byre like a Body -</i>	<i>Shale you pluckt any Hairs stray about the Face – and with a Bledé teke out any Moal or Blemich that has come too Large and ill-Semeing – & shale you ment any Portions that be Broak with a litle of the correckt De-tergant (Receipt 24) -</i>	<i>One dropp <u>Cofee of Saphron</u> - One dropp <u>Johns Tamarisk</u> - One dropp <u>Decocktion of Guinea</u> -</i>
<i><u>The Forth Day</u> which be callt <u>Shift-Day</u> fore it be when all them things that as teke no Dye (lace, shrouds, shifts, mobs, unnerskirts, the unnercaps of ofisers, pettingcoats, bandoleers &c.) be sewn up; and do the Men clense behind the waterwheel to have it run free; and does Msr. Knole meke his Sermon upon the Industry of Noah and the Thrift of his Sons; and shale you have the Weafers come that day -that daie but in their place all the Carders & Scutchres & Spinnres again -</i>	<i><u>Psalm 32:6</u></i>	<i>At the Eighth Bell comes Widower Johnson fore to shew her his Packet (Receipt 70) – and at the Tenth Bell come Ratter Mitcham fore to keap his Oldest Stoat Lifing (Receipt 206) – and at the Twelvth Bell come Msr. Wainscote for his Leggs again (Receipt 305) – and at the fifteenth Bell come Ms. Parsons fore a Marrying Draft (Receipt 282) – and at the verie last Bell come Mrs. Polshaw fore to prove her Gravitas (Receipt 95) -</i>	<i>Lately atween the Sixteenth and Sevententh Bells -</i>	<i>Does he sleap verie Late upon this day & does not ryse until the <u>Leventh Bell</u> which oft wekes him -& all the day un-till it comes Dusc does he drove his poor herd to the East and then the West ouve again to no Purpose – and does he then go up about the two great Stane again for some Busyness and sleap the Night then in the door of the Old Mound upon the Northern Scree -</i>	<i>Shale you onlie clense the Temple this Eve with a litle of the Soaping (Receipt 12)-</i>	<i>Three dropp <u>Decocktion of Guinea</u> - Two parts of <u>Sugarre</u> - A litle of the <u>Hair upon your Left Brow</u>-</i>
<i><u>The Fiffth Day</u> which be callt <u>Scool-Day</u> beer for do the Children ceace their Labours at the XI Bell and take some Lesions; and are the fagg, redcoats, gartres, kerchiefs, chintz &c. dyed that day; and does Msr. Knole meke no Sermon yet has them Fast and sing to God in the Yard; and do the Soldiers Packets come for them who have Sons Away; and thus shale you have much busyness in the Eve -</i>	<i><u>Psalm 3:6</u></i>	<i>At the Tenth Bell come Elspeth fore to sitt with it – and at the Leventh and Twelvth Bell come Mrs. Uxbart and Mrs. Underham fore to prove their Gravitas (Receipt 95) – and at the sixteenth Bell come Matthew Elliott fore hys Pil (Receipt 214) – and at the seventeenth Bell come Nan Hopkin fore to have her Hous-band taste of Aple (Receipt 90) – and at the eighteenth Bell come Baron Wrexbottom and his Man fore to get his Wyfe fekkened (Receipt 76) – and at the last Bell come Tom Jensen fore his poor Thoughts (Receipt 63) -</i>	<i>There shale be no Dinnre This Day -</i>	<i>Shale he be out afore the <u>Fifth Bell</u> to come down again to his Byre to sleap from the <u>Sixth Bell</u> through much of the Day – and does he then go again to St. Severus Wood at the <u>Thirteenth Bell</u> – and at the <u>Fiftenth</u> return to his Byre – and then does he go Forth again at Dusc with his cloke & a lamp to seek of Poachbres upon the Northern Sloap all the Night -</i>	<i>Shale you teke the Soaping again and clense any othre Parte that have come greesed (Receipt 12) – & shale you come verie Close & dig away with your Fingre any Wens or litle whitlowes that have Aysen -</i>	<i><u>There shale be no Suppre thys Day -</u></i>
<i><u>The Sixth Day</u> which be still callt onlie the <u>Sabbath</u>; and shale there be no millwork that day; & shale you thus be both much Occupied -</i>	<i><u>Psalm 96:5</u></i>	<i>At the Sixth Bell come Charlotte Knole fore to ask if she should Yett Escape her Fathre and go to Sea (always, neer Tett) – and at the Eighth Bell come little Mary Evans (wyth her mothre) fore her Back, Hands &c. (Receipt 122) – and at the Ninth Bell come Lucy Parsons, Mistress Struck and Lady Devonshire fore to prove their Gravitas (Receipt 95) – and at the Sevententh Bell comes the Reverend Melchet fore his Zodiacks (Receipt 240) – and at the verie last Bell come Msr. Wainscote fore his Leggs onse More (Receipt 30) -</i>	<i>Not un-till the Eighteenth Bell and only shortly -</i>	<i>Shale he be seen the first at the Eigth Bell with his Herd at the old graveplace to the East of St. Severus Wood fore to meke his Watre – and does he then drove the Herd south to Market at Nighcestre – and shale not return to Sight un-till very Late again, upon the Eightenth Bell at the Least – when shale he Sleap the Night in his Byre and not ryse from there all the Night -</i>	<i>Upon this day shale you meke a Servising Full of the Alembick (Receipt 15)-</i>	<i>Four dropp <u>Cofee of Saphron</u> - Three parts of <u>Salt</u> - One dropp <u>Johns Tamarisk</u> -</i>
<i><u>The Seventh Day</u> which be callt in these Parts <u>Fancy-Day</u> fore it be when those things dyed and not Dyed are cutt fine and their Vanities and Tassellings Attached and are all things wrapt to be Sent to the Citie; and shale Msr. Knole spake upon the Topick of the Glories of the Land and Sea & God upon Earth and the Grave; and shale the wege Packets be Given aftre; and shale you thus be much Occupied upon the Eve -</i>	<i><u>Psalm 23:1</u></i>	<i>At the Seventh Bell come Master Wright (if he be Pain-ting) fore to have the Mysts come down a lyttle for his Picktures (Receipt 63) – and at the Ninth Bell come Olf Cromer for his Rheum (Receipt 46) and at the Twelvth and Thirteenth Bells come Maria Methuen and Holly Bartridge fore to Prove their Gravitas (Receipt 95) – and at the sixteenth Bell comes the Groom Trent fore to gett the Mysts up a litle that he might have a Sun-sett with the Mistress Akeburst (Receipt 63) – and at the verie last Bell come the Widower Johnson fore to telt her good-Night (Receipt 70) -</i>	<i>For only half the Span atween the Tenth and Leventh Bells -</i>	<i>Upon thys day he mekes but litle Labour and is strangely Going – fore some days shale he be seen knocking at Walls on the East Moor if there be no Soul about – and times goes he Fishing again – and oft does he go up and down the Sloaps over again & looking fore some thing that he does neer Find; and if it be a Moon shining when it come Dusc does he go up with no Lamp at all and is seen at the two great Stane for many a bell-less Houre -</i>	<i>Shale you end your Week most Thorowly – and shale you clense arway any grease from any Surface with the correckt Soaping & especial the Alembick (Receipt 12) - & shale you ment any Portion broak with the correckt De-tergant (Receipt 24)-</i>	<i>Two dropp <u>Decocktion of Guinea</u> - One part of <u>Sugarre</u> - A litle of the <u>Hair above your Cunny</u> -</i>