I	II	III	IV		VI	VII
The <u>BE ESTS</u> Weeke hath Seven dayes & shale it be-gin each Day at the Sixth Bell -	& Shale you be-gin its Day with a Vurse to be Sang a-loud -	- & Shale these Subscrybers Promise To Call at these Bells Various -	& Later shale the <u>B EEST</u> Repair be-Low unto its Realm fore to Eat its Dinnre if it be Earnt-	- & Shale each Day be Simon Awlbatch Viewed at these Weekly Busynesses upon the Moor, Neer altering -	- & shale each Day end upon the Nintenth Bell with these litle .  Dutys & Fettlings & Mentings applyed unto the <u>BEEST</u> -	(- & Shale you Lastly leve out fore the <u>BEEST</u> its Suppre if it be Earnt -)
The First Day which be callt in these Parts Cart- Day fore it be when the new Coton is come inn to the Mill on carts & the Porters be brakeing it fore each Floor; & the Mill Pond is dregged & the Races Ment; & Msr. Knole does give his Sermon upon the Witnesing of the Spyrit Holy; & shale you have the Spinners come to you most Oft fore it be their Day of Rest -	Psalm 16:4	At the Sixth Bell come Old Milton fore to Court with Cleopetra of Aegipt & bring to her Honey of his Bees [Receipt 73] — then at the Seventh Bell come Thomas Innerish fore his Eye [shalt you see the Neede, Receipt 341]— & at the eleventh, twelth & threnth Bells come Sarah Bentler, Jane Sealey & Lady Hallam fore to shirk their Gravity [Receipt 131]— & at the fiftenth Bell come Magistrate Wandley fore his Jugements [Receipt 65]— & then final at the sevententh Bell come John & Mary Foxer fore to spake to their Son in Quebeck & see him yet Lifing [Receipt 73]—	Fore the Period atween the Twelvth Bell & the Thirtenth Bell -	At verie first Light afore the Forth Bell does he go un-to St. Severus Wood in the West - & then atween the Tenth & Fortenth Bells does he go to fish the Twin Meres upon the Sloaps there to the North & East - & does he then go to the two great Stane upon the Highest Ground Northards & is un-seen for two Bells or more - & does he then come to his Byre fore a Bell & a litle - & then goes Forth again at Dusk with a Lamp back & forth about the Heaths at his Afairs (yett only if a Moon be shining else he sleaps in his bed all the Night)-	Shale you scour the Philaments that they shale be tidy & Polyte to soot Visitations - & shale you meke a Dosege to each Orbit of the Abrading Ajent - & clense about the Intake for stray soilage with the correckt Soaping - & final manipulate evry Instrument that they run free & with-out fricting -	Three dropings <u>Cofee of Saphron</u> - A litle of the <u>Hair upon your Head</u> - One Paring of <u>the Nayl upon your</u> <u>Third Fingre</u> -
The Secund Day which he heer callt Scutch- Day fore it he when the Coton he cleensed & Scutched un-to Lint & Spun; & the Weafing Stations are mede Right if anie he Broak; & Msr. Knole does spake upon the Topick of Loving Neighbours Well; & shale you have the Dyers come most Oft -	Psalm 76:4	At the Seventh Bell come Ancient Tomothy fore his Profesies [Receipt 65]— & at the Tenth Bell come Msr. Wainscote for his Leggs [Receipt 102]— & at the threnth Bell come Baroness Wrexbottom & her Man fore to staive off her Hous-band [Receipt 294]— & at the fortenth Bell come Cath Hopgood fore to have a Philtre [Receipt 96]— & at the ninetenth Bell come Mr. Garston fore to scrye after his Negroes [Receipt 10]—	Early atween the Eighth & Ninth Bells -	Upon the Morn some tyme atween the <u>Eighth &amp; Ninth Bells</u> does he go East to the Orizon fore to drove his Herd down to the Western Fields that they might be Veted — & then near enough the <u>Fiftenth Bell</u> does he drove them back East to the Hights again fore the Night — & then come Dusk comes he to sleap in his Byre all the Night with no Variety -	Shale you scutch all the Philaments very Ordered that evry Surfase is cleered for Working — & shale you clense down the Exhausts of anie Soilage with the Soaping again-	Five dropings <u>Johns Tamarisk</u> - One fingring of <u>Salt</u> - One fingring of <u>Sugarre</u> -
The Third Day which be callt Weaf-Day fore it be when the Coton thus Scutched & Spun is Weafed to Cloth; & are the Carding Stations Ment if broak; & Msr. Knole does give his Sermon upon Jesus The Cowherd; & shale you have no Weafers come -	Psalm 5:7	At the Sixth Bell come Msr. Peckford fore to spake to his Son in Quebeck & ask after his best Sabre [Receipt 73]— & at the Ninth Bell come Widower Johnson fore to ask where she did leve the Shears [Receipt 73]— & at the Tenth Bell come Elspeth fore to sitt with it [Receipt 11] & at the Leventh Bel come Ms. Astell (if she be writting) fore her Mouse [Receipt 42]— & at the fiftenth Bell come Mol Hodstaf, Jane Bannery & Anne Jones fore to shirk their Gravity [Receipt 131]—	Fore the Period atween the Twelvth Bell & the Thirtenth Bell -	Upon this day does he meke but Litle Labour yett can alwaies be viewed fishing again the two mere-Ponds afore the <u>Twelvth Bell</u> sounds — & then does he go to the Woods upon the Southern sloaps at some Mischeev fore two <u>Bells &amp; a litle</u> - & then does he go about back & forth all afternoon aftre Poachres & can be seen with a Lamp if it be a Dull Day) — & close alwaies to the <u>Sixtenth Bell</u> does he go to Lie the rest of the Day with-in his Byre like a Body -	Shale you scutch evry Philament in evry Region verie Tidy — & shale you ment any Portions that be Broak with a litle of the correckt De-tergant - & finall aply the Abrading Ajent to the Chamfers & anie other Mofine Instrument -	One droping <u>Cofee of Saphro</u> n - One droping <u>Johns Tamaris</u> k- One droping <u>Decocktion of Guinea</u> -
The Forth Day which be callt Shift-Day fore it be when all them things that as teke no Dye (lace, shrouds, shifts, mobs, unnerskirts, the unnercaps of ofisers, pettingcoats, bandoleers Oc.) be sewn up; Or do the Men clense behind the waterwheel to have it run free; Or does Msr. Knole meke his Sermon upon the Industry of Noah Or the Thrift of his Sons; Or shale you have the Weafers come that day Or all the Carders Or Scutchres Or Spinnres again -	Psalm 32:6	At the Eighth Bell comes Widower Johnson fore to shew her his Packet [Receipt 73] — & at the Tenth Bell come Ratter Mitcham fore to keap his Oldest Stoat Lifing [Receipt 206] — & at the Leventh Bell come George Marston fore to spake wyth his Son in Botany Bay, & askt of hys Luncheon [Receipt 73] - & at the Twelth Bell come Msr. Wainscote for his Leggs again [Receipt 102] — & at the fiftenth Bell most oft come Ms. Parsons fore a Marrying Draft [Receipt 176] — & at the verie last Bell come Mrs. Polshaw fore to shirk her Gravity [Receipt 131] -	Lately atween the Sixtenth & Sevententh Bells -	Does he sleap verie Late upon this day & does not ryse until the Leventh Bell which oft wekes him & all the day un-till it comes Dusk does he drove his poor herd to the East & then the West ovre again to no Purpose Viewed — & does he then go up about the two great Stones again fore some Busyness & sleap the Night then in the door of the Old Mound upon the Northern Scree -	Shale you onlie clense the Temple this Eve with a litle of the Soaping -	Three dropings <u>Decocktion of Guinea</u> - Iwo fingrings of <u>Sugarre</u> - A litle of the <u>Hair upon your Left Brow</u> -
The Fifth Day which he callt Scool-Day heer for do the Children ceaze their Lahours at the Leventh Bell & take some Lesions; & are the faggs, redcoats, gartres, kerchiefs, chintz &c. dyed that day; & does Msr. Knole meke no Sermon yet has them Fast & sing to God in the Yard; & do the Soldiers Packets come fore them who have Sons Away; & thus shale you have much busyness in the Eve-	Psalm 3:6	At the Leventh & Twelvth Bell come Mrs. Uxhart & Mrs.  Underham fore to shirk their Gravity [Receipt 131]—& at the sixtenth Bell come Matthew Eliott fore hys Pil [Receipt 214]—& at the sevententh Bell come Nan Horsham fore to have her Hous-band taste of Aple [Receipt 90]—& at the eightenth Bell come Baron Wrexbottom & his Man fore to get his Wyfe fekkened [Receipt 294]— & at the last Bell come Tom Jensen fore his poor Thorts [Receipt 97]-	There shale be no Dinnre This Day -	Shale he be out afore the <u>Fifth Bell</u> to come down again to his Byre to sleap from the <u>Sixth Bell</u> through much of the Day — & does he then go again to St. Severus Wood at the <u>Threnth Bell</u> — & at the <u>Fiftenth</u> return to his Byre — & then does he go Forth again at Dusk with his cloke & a lamp to seek of Poachres upon the Northern Sloap all the Night -	Parte that have come greazed—	There shale be no Suppre thys Day -
The Sixth Day which be still callt onlie the Sabbath; Is shale there be no millwork that day; Is shale you thus be much Occupyed -  The Seventh Day which be callt in these Parts Fancy-Day fore it be when those things dyed Is not	Psalm 96:5	At the Sixth Bell come Charlotte Knole fore to ask if she should Yett Escape her Fathre & go to Sea [always neer Yett, Receipt 202]—& at the Eigth Bell come little Mary Evans (wyth her mothre) fore her Back, Hands &c. [Receipt 9]—& at the Ninth Bell come Lucy Parsons, Mistress Struck & Lady Devonshire fore to shirk their Gravity [Receipt 131]—& at the Sevententh Bell comes the Reverend Melchet fore his Zodiacks [Receipt 240]—& at the verie last Bell come Msr. Wainscote fore his Leggs onse More [Receipt 102]—	Not un-till the Eightenth Bell & only shortly -	Shale he be Viewed the first at the <u>Eigth Bell</u> with his Herd at the old graveplace to the East of St. Severus Wood fore to meke his Watre — & does he then drove the Herd south to Market at Nighcester — & shale not return to View un-till verie Late again, upon the <u>Eightenth Bell</u> at the Least — when shale he Sleap the Night in his Byre & not ryse from there all the Night -		Four dropings <u>Cofee of Saphron</u> - Three fingrings of <u>Salt</u> - One droping <u>Johns Tamarisk</u> -
Dyed are cutt fine and their Vanities and Tassellings Attached and are all things wrapt to be Sent to the Citie; and shale Msr. Knole spake upon the Topick of the Glories of the Land and Sea & God upon Earth and the Grave; and shale the wege Packets be Given aftre; and shale you thus be much Occupyed upon the Eve-	Psalm 23:1	At the Seventh Bell come Master Wright (if he be Pain-ting) fore to have the Mysts come down a lyttle for his Picktures [Receipt 103]—& at the Ninth Bell come Olf Cromer for his Rheum [Receipt 46] & at the Twelvth & Thirtenth Bells come Maria Methuen & Holly Bartridge fore to shirk their Gravity [Receipt 131]—& at the sixtenth Bell comes the Groom Trent fore to gett the Mysts up a litle that he might have a Sun-sett with the Mistress Akehurst [Receipt 103]—& at the verie last Bell come the Widower Johnson fore to telt her good-Night [Receipt 73]—	For only half the Span atween the Tenth & Leventh Bells -	Upon thys day he mekes but litle Labour & is strangely Going – fore some days shale he be seen knocking at Walls on the East Moor if there be no Soul about – & times goes he Fishing again – & oft does he go up & down the Sloaps over again & looking fore some thing that he does neer Find; & if it he a Moon shining when it come Dusk does he go up with no Lamp at all & is seen at the two great Stones fore many a hell-less Houre -	away greaze from anie Surfase with the correct Soaping (5) especial the Grail - & shale you ment any Portion broak with the correckt De-tergant - & finalmanipulate evry Instrument that they run free & with-out fricting -	Two dropings <u>Decocktion of Guinea</u> - One fingring of <u>Sugarre</u> - A litle of the <u>Hair abofe your Cunny</u> -