I			IV		VI	VII
(Your Weeke hath VII dayes & shale it be-gin each Day at the VI Bell -)	(- & Shale you be-gin with a Vurse to be Sang a- loud -)	(- & Shale these <u>Subscrybers</u> Surely Call upon these Bels Various -)	(- & Later shale the S PYRI T Repair be- Low unto its Realm fore to Apply its Luncheon if it be Earnt-)	(- & Shale each Daie be <u>Simon Awlbatch</u> Viewed at these Weekly Busynesses, Neer altering -)	(- & shale each Day end upon the XIX Bell with these litle Dutys & Fettlings & Mentings applyed unto the SPYRIT -)	(- & Shale you Lastly leve out fore the SPYR ITS Dinnre if it be Earnt -)
The I Day which be callt in these Parts Inn-Day fore it be when the new Coton is come inn to the Mill and the Porters be brakeing it fore each Floor; and the Mill Pond is dregged and the Races Ment; and Msr. Knole does give his Sermon upon the Witnesing of the Spyrit Holy; and shale you have the Spinners come to you most Oft fore it be their Day of Rest-	Psalm 16:4	At the <u>VI Bell</u> come Old Milton fore to Court with Cleopetra of Aegipt and bring to her Honey of his Bees (Receipt 52) – then at the <u>VII Bell</u> come Thomas Innerish fore his Eye (shalt you see the Neede, Receipt 16) – and at the <u>XI, XII & XIII</u> Bels come Sarah Bentler, Jane Sealey and Lady Hallam fore to prove their <u>Gravitas</u> (Receipt 95) – and at the XV Bell come Magistrate Wandley fore his Jugements (Receipt 160) – and then final at the <u>XVII Bell</u> come John and Mary Foxer fore to spake to their Son in Quebeck and see him yet Lifing (Receipt 72)	Fore the Period atween the <u>XII Bell</u> and the <u>XIII Bell</u>	At verie first Light afore the <u>IV Bell</u> does he go un-to St. Severus Wood in the West - & then atween the <u>X & XIV Bells</u> does he go to fish the Twin Meres upon the Sloaps there to the North and East - & does he then go to the two great Stane upon the Highest Ground Northards and is un-seen for <u>two Bells</u> or more - & does he then come to his Byre <u>fore a Bell and a litle</u> - and then goes Forth again at Dusc with a Lamp back and forth about the Heaths at his Afairs (yett only if a Moon be shining else he sleaps in his bed all the Night) -	Shale you teke a Blede (Receipt 15) to the Beard and the Brows that they shale be Tidy and Polyte to soot Visitations - & shale you meke a Dosage in each Eye of the correckt Ajent (Receipt 132) and wype about the Mouth for stray Exhaust with the correckt Soaping (Receipt 12) -	Three dropps <u>Cofee of Saphron;</u> A litle of the <u>Hair upon your Hea</u> d; One Paring of the <u>Nayl upon your</u> Third Fingre
The II Day which be heer callt Scutch-Day fore it be when the Coton be cleensed and Scutched un-to Lint and Spun; and the Weafing Stations are mede Right if anie be Broak; and Msr. Knole does spake upon the Topick of Loving Neighbours Well; and shale you have the Dyers come most Oft -	Psalm 76:4	At the <u>VII Bell</u> come Ancient Tomothy fore his Profesies (Receipt 210) – and at the X Bell come Msr. Wainscote for his Leggs (Receipt 305) – and at the <u>XIII Bell</u> come Baroness Wrexbottom and her Man fore to staive off her Hous-band (Receipt 43) – and at the <u>XIV Bell</u> come Cath Hopgood fore to have a Philtre (Receipt 96) – and at the XIX Bell come Mr. Garston fore to scrye after his Negroes (Receipt 46)	Early atween the <u>VIII</u> and <u>IX Bells</u>	Upon the Morn some tyme atween the <u>VIII & IX Bells</u> does he go East to the Orizon fore to drove his Herd down to the Western Fields that they might be Veted – and then near enough the <u>XV Bell</u> does he drove them back East to the Hights again fore the Night – and then come Dusc comes he to sleap in his Byre all the Night with no Variety-	Shale you meke the Hair upon the Head Tidy wIth a Blede (Receipt 15) and comb of It – and shale you wype of the Eyes any Muck mede the day Previous – and shale you wype down the Nose of any Exhaust with the Soaping again (Receipt 12) -	Five dropps <u>Johns Tamarisk;</u> One part of <u>Salt;</u> One part of <u>Sugarre</u>
The III Day which be callt Weaf-Day fore it be when the Coton thus Scutched & Spun is Weafed to Cloth; and are the Carding Stations Ment if broak; and Msr. Knole does give his Sermon upon Jesus The Cow-herd; and shale you have no Weafers come that daie but in their place all the Carders & Scutchres & Spinnres again -	Psalm 5:7	At the <u>VI Bell</u> come Msr. Peckford fore to spake to his Son in Quebeck and ask after his best Sabre (Receipt 72) – and at the <u>IX Bell</u> come Widower Johnson fore to ask where she did leve the Shears (Receipt 70) – and at the XI Bel come Ms. Astell (if she be Writting) fore her Mouse (Receipt 50) – and at the <u>XIV</u> , <u>XV</u> and <u>XVI</u> Bells come Mol Hodstaff, Jane Bannery and Anne Jones fore to prove their <u>Gravitas</u> (Receipt 95)	Fore the Period atween the <u>XII Bell</u> and the <u>XIII Bell</u>	Upon this day does he meke but Litle Labour yett can alwaies be viewed fishing again the two mere-Ponds afore the <u>XII Bell</u> sounds – and then does he go to the Woods upon the Southern sloaps at some Mischeev fore <u>two Bells & a litle</u> - & then does he go about back and forth all afternoon aftre Poachres (& can be seen with a Lamp if it be Dull) – & close alwaies to <u>the XVI Bell</u> does he go to Lie the rest of the Day with-in his Byre like a Body -	Shale you pluckt any Hairs stray about the Face – and with a Blede teke out any Moal or Blemich that has come too Large and ill-Semeing – & shale you ment any Portions that be Broak with a litle of the correckt De-tergant (Receipt 24) -	One dropp <u>Cofee of Saphron;</u> One dropp <u>Johns Tamarisk;</u> One dropp <u>Decocktion of Guine</u> a
The IV Daie which be callt Shift-Day fore it be when all them things that as teke no Dye (lace, shrouds, shifts, mobs, unnerskirts, the unnercaps of offisers, pettingcoats, bandoleers &c.) be sewn up; and do the Men clense behind the waterwheel to have it run free; and does Msr. Knole meke his Sermon upon the Industry of Noah and the Thrift of his Sons; and shale you have the Weafers come that day -	Psalm 23:6	At the <u>VIII Bell</u> comes Widower Johnson fore to shew her his Packet (Receipt 70) – and at the <u>X Bell</u> come Ratter Mitcham fore to keap his Oldest Stoat Lifing (Receipt 206) – and at the <u>XII Bell</u> come Msr. Wainscote for his Leggs again (Receipt 305) – and at the <u>XV Bell</u> come Ms. Parsons fore a Marrying Draft (Receipt 282) – and at the verie <u>XIX Bell</u> come Mrs. Polshaw fore to prove her <u>Gravitas</u> (Recept 95)	Lately atween the <u>XVI</u> and <u>XVII Bells</u>	Does he sleap verie Late upon this day & does not ryse until the XI Bell which wekes him -& all the day un-till it comes Dusc does he drove his poor herd to the East and then the West ovre again to no Purpose — and does he then go up about the two great Stane again for some Busyness and sleap the Night then in the door of the Old Mound upon the Northern Scree -	Shale you onlie clense the Temple this Eve with a litle of the Soaping (Receipt 12)-	Three dropp <u>Decocktion of Guinea;</u> Two parts of <u>Sugarre;</u> A litle of the <u>Hair upon your Left</u> <u>Brow</u>
The V Day which be callt Scool-Day heer for do the Children ceace their Labours at the XI Bell and take some Lesions; and are the flaggs, redcoats, gartres, kerchiefs, chintz &c. dyed that day; and does Msr. Knole meke no Sermon yet has them Fast and sing to God in the Yard; and do the Soldiers Packets come for them who have Sons Away; and thus shale you have much busyness in the Eve-	Psalm 3:6	At the <u>X Bell</u> come Elspeth fore to sitt with it – and at the <u>XI</u> and <u>XII Bel</u> come Mrs. Uxhart and Mrs. Underham fore to prove their <u>Gravitas</u> (Receipt 95) – and at the <u>XVI</u> <u>Bel</u> come Matthew Eliott fore hys Pil (Receipt 214) – and at the <u>XVII Bell</u> come Nan Hopkin fore to have her Hous-band taste of Aple (Receipt 90) – and at the <u>XVIII Bell</u> come Baron Wrexbottom and his Man fore to get his Wyfe fekkened (Receipt 76) – and at the <u>XIX Bell</u> come Tom Jensen fore his poor Thoughts (Receipt 63)	There shale be no Luncheon thys Daie	Shale he be out afore the <u>V Bell</u> to come down again to his Byre to sleap from the <u>XI Bell</u> through much of the Day – and does he then go again to St. Severus Wood at the <u>XIII</u> <u>Bell</u> – and at the <u>XV</u> return to his Byre – and then does he go Forth again at Dusc with his cloke & a lamp to seek of Poachres upon the Northern Sloap all the Night -	Shale you teke the Soaping again and clense any othre Parte that have come greesed (Receipt 12) – & shale you come verie Close & dig away with your Fingre any Wens or litle whitlowes that have Arysen -	There shale be no Dinnre thys Daie
The VI Day which be callt onlie the Sabbath; and shale there be no millwork that day; & shale you thus be both much Occupied -	Psalm 96:5	At the <u>VI Bell</u> come Charlotte Knole fore to ask if she should Yett Escape her Fathre and go to Sea (always, neer Yett) – and at the <u>VIII Bell</u> come little Mary Evans (wyth her mothre) fore her Back, Hands &c. (Receipt 122) – and at the <u>XI, XII, XIII, XIV</u> and <u>XV Bells</u> come Lucy Parsons, Mistress Struck and Lady Devonshire fore to prove their <u>Gravitas</u> (Receipt 95) – and at the <u>XVII Bell</u> comes the Reverend Melchet fore his Zodiacks (Receipt 240) – and at the verie XIX Bell come Msr. Wainscote fore his Leggs onse More (Receipt 305)	Not un-till the <u>XVIII Bell</u> and only shortly	Shale he be seen the first at the VIII Bell with his Herd at the old graveplace to the East of St. Severus Wood fore to meke his Watre – and does he then drove the Herd south to Market at Nighcestre – and shale not return to Sight un-till very Late again, upon the XXII Bell at the Least – when shale he Sleap the Night in his Byre and not ryse from there all the Night -	Upon this day shale you meke a <u>Servising</u> Full of the Alembick (Receipt 15)-	Four dropp <u>Cofee of Saphron;</u> Three parts of <u>Salt;</u> One dropp <u>Johns Tamarisk</u>
The VII Day which be callt in these Parts Fancy-Day fore it be when those things dyed and not Dyed are cutt fine and their Vanities and Tassellings Attached and are all things wrapt to be Sent to the Citie; and shale Msr. Knole spake upon the Topick of the Glories of the Land and Sea & God upon Earth and the Grave; and shale the wege Packets be Given aftre; and shale you thus be much Occupied upon the Eve-	Psalm 23:1	At the VII Bell come Master Wright (if he be Pain-ting) fore to have the Mysts come down a lyttle for his Picktures (Receipt 63) – and at the <u>IX Bell</u> come Olf Cromer for his Rheum (Receipt 46) and at the <u>XII</u> and <u>XIII Bells</u> come Maria Methuen and Holly Bartridge fore to Prove their <u>Gravitas</u> (Receipt 95) – and at the <u>XVI Bell</u> comes the Groom Trent fore to gett the Mysts up a litle that he might have a Sun-sett with the Mistress Akehurst (Receipt 63) – and at the verie <u>XIX Bell</u> come the Widower Johnson fore to telt her good-Night (Receipt 70)	For only half the Span atween the <u>X</u> and <u>XI Bells</u>	Upon thys day he mekes but litle Labour and is strangely Going — fore some days shale he be seen kicking over Wals in the East Moor if there be no Soul about — and times goes he Fishing again — and oft does he go up and down the Sloaps over again & looking fore some thing that he does neer Find; and if it be a Moon shining when it come Dusc does he go up with no Lamp at all and is seen at the two great Stane for many a bell-less Houre -	Shale you ende your Week most Thorowly – and shale you clense away any greese from any Surfase with the correckt Soaping & especial the Alembick (Receipt 12) - & shale you ment any Portion broak with the correckt De-tergant (Receipt 24)-	Two dropp <u>Decocktion of Guinea;</u> One part of <u>Sugarre;</u> A litle of the <u>Hair above your</u> Cunny
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